

City of Cheyenne
On Field Operation Plan for Practices
Operating in a COVID-19 Environment

The purpose of this plan is to move forward with athletics with a safety-first approach during COVID-19 restrictions and the easing of restrictions by Wyoming Gov Mark Gordon and State Health Officer Alexia Harrist.

Note: This plan will be updated as Gov. Gordon's health orders are eased.

Beginning Saturday May 9, 2020, athletic organization practices may begin with these restrictions:

- No more than 9 people (including coaches and players) allowed on any 1 field at a time, with different entrances and different exits required for groups. If adjacent field or batting cage is available, separate entrances/exits are required. No intermingling.
- Healthy participants only (coaches/players). No spectators/parents/media allowed in the facility.
- Players will stay more than 6 feet apart from each other
- No team water jugs: no sunflower seeds; bring your own drinks
- Dugouts, restrooms and locker rooms are closed
- No scrimmages/modified games allowed during this initial practice time
- No intermingling (cross-pollination) of players allowed as one group leaves the field and another enters (Recommendation: Allow 15-30 minutes of downtime to allow one group to leave before another one arrives)
- Required hand washing: Hand washing stations/ hand sanitizer stations will be available for players; each team will provide these stations at field.
- Equipment storage area cleaned after each practice by coach/board member
- Batting gloves required; bats cleaned after every practice
- Each player will have a batting helmet, and the helmet will be assigned to the player only. Helmet cleaning required after every practice by coach/board member.
- Practice balls cleaned after every practice
- Coaches/board members cleaning of all areas prior to and after practices

It's incumbent upon each of us to practice good hygiene before, at, and after practices. If you or anyone in your immediate family is diagnosed with COVID-19, a mandatory quarantine is necessary. It is also important that if you do not feel good or experience any signs of COVID-19 that you stay home and seek medical assistance. Anyone displaying symptoms of COVID-19 (stuffy nose, fever, cough, etc.) should not come to practice. Remember that safety is our No. 1 priority.

All will sign and date this document before starting practice. A signed copy should be sent to bhooper@cheyennecity.org and a responsible parent of each player. Coaches, take a photo of each parent-signed copy of this practice plan, and keep copies available.

(s) _____

Club/Organization President/Date

(s) _____

Manager/Head Coach/Date

(s) _____

Responsible Parent/Date