



Ask Jessica

Q: As a hunter, how do I best protect my hearing from damage?

A: Bow hunting is of course your most quiet option, but if you shoot firearms you need hearing protection. Choosing the best protection depends on how long you will be exposed to the noise and the volume of your gunfire. When you're sighting in a high powered rifle and plan to be firing many target shots, you need maximum protection. Custom earplugs combined with a fresh set of earmuffs provide safe exposure levels in most cases.

**Call today for your appt. (304) 842-9229
and free hearing aid trial.**

Dr. Jessica Orrahood, Au.D.

**As always, Golden Rule - Do unto others,
as you would have them do unto you - service.**

Dr. Jessica Orrahood
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THIS SOUND CHANGES EVERYTHING