



# Joint pain or a sports injury SLOWING YOU DOWN?

The Vandalia Health Mon Stonewall Jackson Memorial Hospital Orthopedics team in Weston delivers expert, personalized care to help you move better and feel stronger—right here at home.

From fractures to joint replacements, our team treats a wide range of orthopedic conditions, including:

- Fractures and broken bones
- Arthritis and joint pain (knee, hip, shoulder)
- Knee ligament injuries (ACL, MCL, meniscus tears)
- Shoulder pain and tendon tears (rotator cuff, biceps, etc.)
- Carpal tunnel, trigger finger and hand conditions
- Tendon ruptures (Achilles, quadriceps, patellar)
- Joint dislocations and instability (shoulder, patella, elbow) and more



## Sports Medicine

Dr. Michael Johnson is a Family Medicine and Sports Medicine doctor at Vandalia Health Mon Stonewall Jackson Primary Care. He helps athletes and active people of all ages stay healthy and recover from injuries. He has special training in sports injuries and uses advanced treatments like ultrasound-guided joint injections to target pain and provide relief. Dr. Johnson also works with the Mon Health Orthopedics team, who take care of bones, joints, muscles and ligaments. Together, they help patients heal, manage long-term joint problems and get back to doing the activities they love.



Schedule with **Dr. Johnson** and our Orthopedics team today at [MonHealth.com/PrimaryCare](https://MonHealth.com/PrimaryCare) or visit [MonHealth.com/Ortho](https://MonHealth.com/Ortho) to learn more.

To learn more or schedule an appointment, visit [MonHealth.com/Ortho](https://MonHealth.com/Ortho)