



Heber-Overgaard Schools

"Home of the Mustangs"

P.O. Box 547 Heber, Arizona 85928

Phone 928-535-4622 Fax 928-535-5146

www.heberovergaardschools.org

March 19, 2020

Guidance for Parents/Families during school closure:

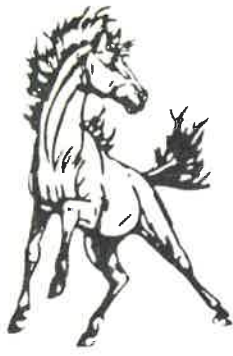
1. PLEASE don't expect your child(ren) to spend 6-8 hours per day doing school work at home. This is the LAST thing you want for your kids. It won't hurt for kids to sleep in (helps their immune system). Daily chores around the house can get them going for the day and awakens their brains. Discuss with them their learning for the day and what they want to work on.
2. If needed, create a daily routine - some children feel more comfortable with this approach. Our kids have been used to having a regiment each day and keeping somewhat of a schedule can be beneficial to them.
3. It's good for children to spend time outdoors. Enjoying the weather and doing activities outside can also be good for their immune system and helps boost their mental state as well. Riding bikes, neighborhood walks, etc can be great ways to get kids outdoors.
4. Children can easily spend 45 minutes to 1 hour a day reading.
5. Family activities like puzzles, chess, checkers, word search, board games, etc. are great ways to involve kids in activities that promote cognitive development.
6. Involve kids in the development of your weekly menu and use them to help cook family meals. Time around the dinner table is extremely beneficial for families.
7. This is a great time to reset and reconnect as families. Don't stress about things and let your children chill for a bit.

We are here to be a part of the solution and be a supportive partner to all of our families. Please feel free to contact teachers, office secretaries or the district office if you have any concerns or questions.

Ron Tenney
Superintendent

Reed Porter
Mogollon Jr/Sr HS

Jim Maner
MMP/CMS Principal



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Dear Parents & Students:

As many of you know our state Governor has closed all in schools in the state of Arizona through March 27th. This closure may extend longer depending on the spreading of the COVID-19.

Our goal as a District is to still offer instructional guidance and materials throughout this closure. Teachers & Staff will be gathering on Monday to begin the process of connecting remotely with their students.

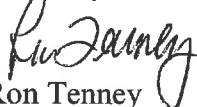
For those families/students that do not have access to the internet at home our Teachers will be putting together "packets" of instructional materials for all grade level students. These packets can be delivered via mail or parents can pick these up at each central office.

The Heber-Overgaard School District will also be providing Chromebooks that parents can check out to use at home if you need additional devices.



We will also be providing "FREE" school sack lunches starting on Tuesday, March 24th. These sack lunches will contain lunch for that day and breakfast for the next morning. These lunches can be picked up at the District Office in a drive-by service at the back entrance of the cafeteria from 10:00am till Noon from Tuesday, March 24th to Thursday, March 26th. All children and young adults 18 and under qualify for these lunches.

We will be posting daily updates on our school website and Facebook pages. Please check these sites daily. www.heberovergaardschools.org. You can call each central office at Mountain Meadows, Capps Middle School or Mogollon Jr/Sr High if you have any questions.


Sincerely,



Ron Tenney
Superintendent


Christen King
Board President

 
Craig Blackburn
Board Vice-President

Patti Weber
Board Member


Roger Owens
Board Member


Wendy Hall
Board Member