## od for Friends DRIV

Watauga County Parks and Recreation is teaming up with Hospitality House, Casting Bread and Hunger & Coalition to collect food Health items for our community friends in need. During this winter season and this COVID-19 challenging time, we could all use a helping hand.

Please drop your items off at the new Watauga Community **Recreation Center between 8 a.m. and 5 p.m. Monday** through Friday.

DRIVE DATES: Monday, January 11th—Friday, February 12th

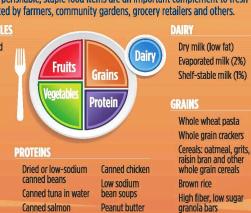
Delivery Date to Food Pantries by Valentine's Day, 2021

## SUPPORT HEALTHY AND HUNG Donations of non-perishable, staple food items are an important complement to fresh

produce donated by farmers, community gardens, grocery retailers and others.

## **FRUITS & VEGETABLES**

Low sodium canned vegetables **Diced tomatoes Tomato sauce** Canned fruit in juice, water or light syrup Unsweetened apple sauce Shelf-stable fruit cups in juice Raisins



Increase Food Security

ΔSTING



