

RIDE

RIDE2023



The greater Mt. Mansfield area . Stowe, Waterbury, Morrisville and beyond

RIDE IS A SPECIAL SUPPLEMENT TO THE STOWE REPORTER

People, passion drive mission of Stowe Trails Partnership



Lucy Nersesian

Lucy Nersesian

I moved here from New York City in fall 2012, and one of the things on my Vermont bucket list was to learn how to ride a mountain bike. It was literally a combination of being terrified — the intimidation factor was real — and excitement. I felt like a little kid.

A friend took me out for my first ride in the early summer of 2014, and then I started attending group rides that Stowe Mountain Bike Club hosted every week. In no time, I was beyond hooked and wanted everyone to know how much fun it was and that anyone could do it. Due to my enthusiasm, or maybe because I was game for anything, I was invited to join the club's board of directors and attended my first meeting that fall.

My most vivid memory from that meeting was coming home afterward in a combination of shock and disbelief and telling my partner, "I had no idea how much was involved in mountain biking." (If you know me well, you can add in the color commentary that I'm omitting here!)

At the time, the board was a small, scrappy group of folks who were beyond passionate about this sport, and wanted to

not only help others enjoy it but also improve the overall experience for everyone. They processed memberships, built and fixed trails, created marketing materials, hosted events and dealt with the meaty stuff that no one realized was necessary — things like budgets, insurance and legal agreements.

Since that first meeting, there have been more milestones than I can recall. We rebranded to become the Stowe Trails Partnership so that we could be more inclusive of all trail users. Our membership numbers have increased significantly. There are more trails — and better trails — that appeal to all levels of users. As the sport has grown in Stowe, there are now entire programs devoted to kids on bikes, and you can take your pick from multiple group rides that occur weekly.

So much has evolved since I joined the board, but the one thing that has remained constant. The passion of the people behind it all. While we have a fantastic executive director and an incredibly hard-working paid trail crew, Stowe Trails Partnership is still run mostly by volunteers and a lot of the heavy lifting is still done by those who give their time for free. Whether it's building relationships with the community, driving fundraising efforts, donating time for events, or doing so much of the hard work that's involved in keeping trails in tip-top shape, the network of helpers is the backbone of how and why Stowe Trails Partnership has gotten to where it is today.

Our goal is to spend as much of our time and money on the trails, but there is an unending amount of work that supports

that goal. We have a long-term strategic plan that maps out our ideal future for the network, but it's not just shoveling in the dirt anymore. The process for building a new trail can include things like landowner agreements, easements, fundraising and, of course, ensuring the trail fits with our long-term goals. In addition, initiatives like hosting events and doing community outreach are also key components of our organization's mission that require a significant amount of time and energy. The more help we have, the more we can accomplish — and we have a lot we want to accomplish.

If you enjoy our trails in any capacity, I hope you'll consider joining as a member. Membership funds directly support the work we do, and we have non-mountain bike memberships too! However, if you're interested to see the inner workings of our organization, I invite you to come to a board meeting. They are open to the public and you'll get a first-hand look at the behind-the-scenes details.

If you have the time, we'd love to have you volunteer, whether for one event, for a few hours a month or as a full-time committee member. There is more than enough work to be done. You don't need to be an expert mountain biker; enthusiasm and being game for anything are pretty much the only requirements.

Thanks, as always, to the community for your support. We are here because of you, and for you. See you on the trails.

Lucy Nersesian is president of Stowe Trails Partnership.

Stowe
MTB DEMO CENTER

**MOUNTAIN BIKES
FOR DEMO/RENTAL**

FROM RUGGED HARDTAILS
TO CARBON FRAME FULL
SUSPENSION ENDURO BIKES

SIZES AND PRICES
TO FIT EVERYONE

MOUNTAINOPS
OUTDOOR GEAR

4081 MOUNTAIN ROAD
STOWE, VT
802-253-4531
MOUNTAINOPSVT.COM

TIER SCOTT devinci



JOIN OR RENEW your membership with Stowe Trails Partnership, which would not exist without its members. Whether you are a mountain biker, dog walker or another type of trail user, membership dues are crucial to the trails that the group maintains and builds. It's easy to sign up or renew at stowetrails.org.

RIDE WITH GRATITUDE

RESPECT THIS GIFT

Riding trails on public or private lands is a gift, not a right. That hiker we just passed? She might own the land we're riding on. With every ride, let's remember to be grateful for the landowners and others who make it possible.

PROTECT NATURE

Enjoy nature, don't ruin it. Keep on the trails. Erosion is our single highest impact when we're out riding. Skidding causes erosion. Cutting corners can cut off access. Riding muddy trails messes it up for everyone. If we see animals, don't bother them, remember them. Pick up trash, pack it out, carpool here and back.

CARE FOR OTHERS

We share the trails with others, and they have the same rights and responsibilities as each of us. If someone needs help, we help. If someone needs encouragement, we share our enthusiasm. And if it's going to make the situation better, we dismount. Be nice, yield to others, and give a smile.

BE THE EXAMPLE

Being aggressive has no place in mountain biking. We know our limits, and we ride within them. Beyond the ride, let's park where we're supposed to, keep the tunes to a dull roar, and leave the IPAs for après somewhere else. Reckless behavior? A simple, polite call out will do.



GORDON MILLER

2023 RIDE

Publisher | Greg Popa
Editor | Greg Popa
Art Director | Katerina Hrdlicka

— Contributing writers —

Aaron Calvin • Kate Carter • Liberty Darr • Tommy Gardner • Leslie Gauff
Carolyn Lawrence • Lucy Nersesian • Greg Popa

— Ad design —

Katerina Hrdlicka

— Sales —

Patrick Immordino • Mike Kitchen • Bryan Meszkat

— Contributing photographers —

Darren Benz • Jeremy Knoll • Gordon Miller • Chuck Waskuch
Stowe Trails Partnership members • Green Mountain Adaptive Ski and Sports

— On our cover —

Darren Benz

RIDE is published by Vermont Community Newspaper Group LLC and the Stowe Reporter, in conjunction with Stowe Trails Partnership, P.O. Box 3722, Stowe, VT 05672
802-585-1001 • info@stowetrails.org • stowetrails.org
To report trail issues, stewardship@stowetrails.org

Stowe Reporter, 49 School St., Stowe VT 05672 • 802-253-2101 • vtcng.com

PAIN RELIEF

with

arnica



I'm obsessed with your arnica cream. It's just amazing... it helps more than anything. My husband swears by it for before and after work outs. I send it to everyone!

- Natalie D.

massage oil • lotion • bath salt • body rub
cream • salve + CBD infused arnica products

BODY LOUNGE
luxury bath & body

802-253-7333 | [f](#) [@](#) | bodyloungevt.com
1799 Mountain Road, Stowe, VT 05672

Welcome to Stowe Trails Partnership



Carolyn Lawrence

Carolyn Lawrence

Welcome to trail season. Carolyn here from Stowe Trails Partnership. It's hard to believe I've been the executive director for more than a year now — time flies when you're having fun. It's been an honor working with the board of directors and other staff to maintain and enhance the 38 miles of trails that are so well-loved in this community, and I look forward to another great year of working with this organization.

I love this time of year when everyone is outside and enjoying themselves. One of my favorite things is hearing folks hoot and holler with joy on the trails when I'm on a ride or a run. Seeing people have fun on the trails that we work so hard to maintain is the greatest reward of working with Stowe Trails Partnership, and I'm blown away by the outdoor recreation community in Stowe.

Mountain biking specifically has become more ingrained in the culture over the last decade and it's amazing seeing the bikes all over town, whether its families riding on the Stowe Recreation Path, folks with bikes on their cars ready for an after-work ride, or groups of friends enjoying a post-ride meal at one of the local businesses.

The Bureau of Economic Analysis released new data supporting the evidence that Vermont has become quite the destination for outdoor recreation: The contribution of Vermont's outdoor recreation to the state's gross domestic product was 4.1 percent in 2021. This means Vermont had the third highest value of outdoor recreation as

a share of GDP, just behind Hawaii (4.8 percent) and Montana (4.4 percent). It's uplifting to see outdoor recreation contributing so positively to Vermont's economy, and Stowe is no exception.

We work closely with over 80 businesses through our sponsorship program. Their support is crucial to the success of our organization, and we are grateful to all of them for recognizing the economic value the trails bring to town. We love pointing our members and visitors in the direction of the local bike shops, restaurants, hotels and other businesses that support outdoor recreation. If you love riding in Stowe, we strongly encourage you to support these local businesses at their brick-and-mortar locations, or through their websites.

Our work would not be possible without our other community partnerships. We are where we are today thanks to our relationships with the town of Stowe, Stowe Land Trust, Trapp Family Lodge, private landowners and our members and volunteers.

The town owns the land that Cady Hill's trails are on, and Stowe Land Trust holds an easement for the property. Similar to the Cady Hill arrangement, Trapp Family Lodge owns the land that Adams Camp's trails run through, and Stowe Land Trust holds the easements for those parcels as well. To ensure we are aligned on trail projects and priorities, Stowe Trails Partnership meets with town officials, land trust and Trapps throughout the year.

These behind-the-scenes relationships are critical to keeping access to the trails open for everyone year-round and ensuring we

are managing the trails effectively. These stakeholders help us to both keep the balance between developing great trails while protecting the habitats in which the trails are built and educate all who enjoy the trails about the importance of stewardship.

Speaking of all who enjoy the trails, we are grateful to each one of you who sign on to be a member. You are who we are here to serve, and we are thrilled to steward the trails that connect you with outdoor recreation and the natural world. Membership dues from all trail users are essential to helping us continue maintaining and enhancing the trails.

The trails in Stowe saw more than 100,000 uses in 2022, and our trail crew and volunteers put over 2,500 hours into the trails in 2022. This coupled with the \$110,000 we invested in the trails —largely from those dues! — has allowed us to keep them in great shape, but we need your continued support for 2023. This year's membership dues will allow us to continue maintaining the trails and pursue exciting projects on the horizon including refurbishing Shredder, building more trails to spread out user traffic, and more.

By supporting Stowe Trails Partnership, you help ensure that we can maintain and grow our network of trails, a resource that continues to add to the health, vitality and economic vibrancy in our community.

Thank you for supporting Stowe Trails Partnership. I look forward to seeing you on the trails.

Carolyn Lawrence is executive director of Stowe Trails Partnership



Burlington Area Newspaper Group

GET MORE BANG FOR YOUR BUCK!

7 PAPERS. 1 AD PURCHASE. BEST WEEKLY CIRCULATION.

The Burlington Area Newspaper Group (BANG) is an advertising partnership between **seven local newspapers**, allowing businesses to reach **more than 100,000 readers** in northern Vermont's thriving communities.

Learn how BANG can work for you.

bangvt.com

(802) 253-2101
sales@stowereporter.com

RIDE



Trapp Family Lodge

Family fun and outdoor adventures await you across our 2,600 acres. Explore wooded trails on foot or bike, play 18-holes of disc golf, take a tour to learn about the von Trapp family history, how we brew our lagers, or discover how we make the best maple sugar! Enjoy Austrian-inspired food at the Bierhall, or in our main dining room, and enjoy handmade pastries at the Kaffeehaus!

We've got something for everyone!

Stowe, Vermont - www.Trappfamily.com - 800.826.7000





VERMONT ADAPTIVE SKI AND SPORTS

Leading by example

Stowe Trails Partnership sets accessibility standard

Aaron Calvin

Stowe Trails Partnership's collaboration with Vermont Adaptive Ski and Sports has not only made the mountain biking trails at Cady Hill Forest accessible to bikers of all abilities, but it's also become a case study for accessible biking in Vermont.

The ski and sports organization is well-known for its work helping people with disabilities access the state's plentiful skiing opportunities, but, as the name suggests, it also works to make many other sports activities in Vermont available to everyone, including mountain biking, where Vermont Adaptive facilitates individual and school coaching opportunities and provides bikes for anyone interested in trying them out.

The trail partnership was one of the first organizations Vermont Adaptive worked

with on an accessibility assessment at Cady Hill Forest in Stowe, which is already well-frequented by the state's mountain biking community.

Mountain bikes geared specifically toward disabled bikers are much wider than traditional mountain bikes and often have more wheels, making many trails unnavigable and too narrow.

"What would happen would be an adaptive bike could get up parts of the trail, and then they descend into other areas and then not be able to climb out because the access to those trails wasn't wide enough or couldn't accommodate the bikes, so we would go out and work with them as to how to make these trails work for everybody," Kim Jackson, communications director at adaptive ski and sports, said.

In 2022, the two groups comprehensively

analyzed Snake Trail, which connects with Florence. The result was a widening of the trail in places and some of its bridges.

Since then, adaptive ski and sports has gone on to work with other towns and forests. It has also started working with the Vermont Mountain Biking Association and towns have begun to seek them out for assessments rather than the other way around, and it all started in Stowe.

"This summer we have, I think, six or seven (towns) lined up to go out and assess trails in different parts of the state. Stowe Trails Partnership has kind of been that model and this is how that's developed. They've absolutely been receptive because they want everybody to be able to access trails as well," Jackson said.

Carolyn Lawrence, executive director at Stowe Trails Partnership, said, "It has been

an honor working with Vermont Adaptive, Vermont Mountain Bike Association and Kelly Brush Foundation to help ensure the trails in Cady Hill can accommodate for adaptive cyclists. As of 2023, all the recommended adaptive enhancements that came out of the assessment in 2022 have been implemented, and we hope to continue this work in our other networks moving forward."

Mountain biking in general has been on a meteoric rise in popularity over the past decade or so, and according to Jackson, the enthusiasm for the sport is shared among disabled athletes.

"It's a hot sport, whether you're somebody in a wheelchair or somebody with a disability that needs an adaptive bike, just the same as it is for anybody who is able-bodied and is out there riding," she said.

Indigenous People of Vermont and the land we ride on*

Leslie Gauff

Indigenous people and communities are alive and well today in Vermont, yet many in our local communities are unaware of their existence, history and contributions, our relationship to the land we reside on, and where we recreate.

In other states and countries heightened awareness has been achieved through the creation and dissemination of so-called land statements. Many organizations like The National Audubon Society have developed land statements to outwardly recognize and pay tribute to the original inhabitants and their territories.

Recognizing the land that was originally inhabited by Indigenous people in Vermont is an outward expression of gratitude and appreciation to those who were the original stewards of the lands we enjoy today.

Outdoor recreation and trail development throughout the state takes place on the original homeland of the following tribes who



Leslie Gauff

were recognized and acknowledged by the state of Vermont between 2011-2012:

- The Elnu Abenaki Tribe
- The Nulhegan Abenaki Tribe
- The Koasek Traditional Band of the Koas Abenaki Nation
- Abenaki Nation at Missisquoi

Stowe Trails Partnership's trail network, in particular, is located on lands of the Koas Abenaki Nation.

Native American tribes in Vermont have worked hard to preserve and cultivate their heritage and culture. We look forward to learning more about Vermont's Indigenous tribes in order to have a deeper understanding of them and their ongoing contributions to our communities.

For more information, you can visit the Tribes' websites. Leslie Gauff is on the board of Stowe Trails Partnership.

** This is a portion of what Vermont Mountain Bike Association will publish as a land statement.*

SOLAR POWER

Tasting Room & Art Gallery!
8 beers on tap
60+ Vermont Artists

ROCK ART 25th ANNIVERSARY BREWERY
1997 2022
Morrisville, VT

Grapefruit Radler
4.5% ALC/VOL
www.RockArtBrewery.com

The Forget-Me-Not Shop

ROUTE 15 • JOHNSON, VERMONT
(1.5 miles west of the village)
Open 7 Days a Week: 10AM-7PM

Famous Label, Off-Price Clothing for Men, Women and Teens

LAMOILLE VALLEY BIKE TOURS

TRAILSIDE BIKE CENTER

93 MILES OF ADVENTURE ON THE LAMOILLE VALLEY RAIL TRAIL!

EBIKE, GRAVEL & HYBRID BIKE RENTALS AND SALES!

19 CREAMERY ST. JOHNSON, VT 802-730-8161

LAMOILLEVALLEYBIKETOURS.COM

EBIKE TOURS!
-SELF GUIDED LOCAL TOURS
-GUIDED GROUP TOURS
-MULTI DAY BIKE TOURS
-BIKE & BREW TOURS
-EBIKES & BOATS-

NEW! RAIL TRAIL BIKE SHUTTLE! **BOOK ONLINE!**

Vermont's vast mountain bike trail network

RIDE staff

Witnessing the sheer ubiquity of mountain bikers whipping through the singletrack, powering through muddy back roads, getting tricky on pump tracks or bombing down snow-free ski resort trails, it might be easy to forget that, just 30 years ago, these knobby-tired riders were considered persona non grata at a lot of places now embracing the sport.

Sorry, powder hounds, but Stowe has long changed from being a ski town and is now a four-season play place, with summertime the busiest season of them all.

It could be argued that mountain biking over the past decade has brought as many outdoor recreationists to town as skiing. Plus, throw some fat tires on a bike and you can power through the snow, thus eliminating the need to garage your two wheels all winter, a versatility that cannot be said for winter sports — try donning your skis in July and tell us how that goes for you.

Mountain bikers of yore illicitly cut root-and-rock-filled trails through the area woods in the 1980s and '90s, laying the foundation for today's highly engineered — faster and safer — routes. Yesteryear's scofflaws are today's respected ambassadors to the woods.

The sport is no longer an exclusive club, as kids, older adults and people with physical disabilities are all able to access the woods, whether it's through improvements in equipment or changes to land use policy.

Welcome to summer. Welcome to RIDE. And remember, be nice to each other.

ADAMS CAMP

Location: Stowe

Getting there: Just past the Matterhorn on Stowe's Mountain Road, up Ranch Brook Road. Follow doubletrack to parking area. Other access from Stowe High School and Brook Road.

Miles of trails: 14

Singletrack or doubletrack: Eclectic mix of doubletrack, singletrack and flow.

Maintained by: Stowe Trails Partnership

Shared use: Hiking, trail running, snowshoeing, Nordic

Description: A 513-acre conserved property with 7 MTB trails. The property sits next to the Ranch Valley, a historic winter recreation area. It provides access to private trails owned by Trapp Family Lodge that require a pass to ride. stowetrails.org.

CADY HILL FOREST

Location: Stowe

Getting there: On Mountain Road across from the Town and Country Resort, three-quarters of a mile from Route 100 in the cen-



BEN SEIFERT

ter of Stowe. A second access is through the Cady Hill Road substation.

Miles of trails: 11 miles

Maintained by: Stowe Trails Partnership

Shared use: Hiking, trail running

Description: 23 trails on 320 acres whose diverse terrain, great views, easy access from the town and Stowe Rec Path, catering to just about any skill level has made it the flagship trail network of the Stowe Trails Partnership and one of the most ridden trail networks in the Northeast. stowetrails.org.

STERLING FOREST

Location: Stowe

Getting there: At the end of Sterling Valley Road.

Miles of trails: 9 miles with 14 trails

Maintained by: Stowe Trails Partnership, others

Shared use: Hiking, trail running, snowshoeing, Nordic, backcountry, horse, snowmobiling

Description: Sterling trails are part of a giant swath of protected land — 1,530 acres — used by a variety of different outdoor enthusiasts. Unique among Stowe's trail networks due to its remote location and backcountry feel, the trails are challenging, and the setting offers a sense of isolation that can be hard to find these days. stowetrails.org.

LITTLE RIVER AND COTTONBROOK

Location: Stowe

Getting there: Head on Moscow Road towards Nebraska Valley Road in Stowe. When you reach the sharp bend after the turn to Trapp Hill Road take a left and you will see a parking area and trail kiosk on your

right. Parking is also available if you continue on the road on the left before you reach the red gate.

Trails: 4

Total vertical: 2,235 feet

Shared use: Dog walkers, hiking, trail running, horses, snowmobiles, snowshoe, backcountry and Nordic ski

Known for: Post bike swims, fat-bike friendly

Description: From the challenge of the grueling 9-mile Cotton Brook Road climb to farmhouses and orchards and a gentle afternoon stroll to Waterbury reservoir, this place has it all. Connects to trail network in Little River State Park. stowetrails.org and waterburytrails.com.

Continued on next page

PERRY HILL

Location: Waterbury

Getting there: River Road. A short distance to the trailhead from the parking area.

Miles of trails: 10 miles of intermediate to advanced, sometimes strenuous MTB trails with 16 trails and 831 feet of vertical

Maintained by: Waterbury Area Trails Alliance

Known for: S'Mores, a masterfully crafted flow trail, and Small Axe, WATA's longest trail.

Description: Dramatic downhill and arduous uphill. Some say these technical single-track downhills are the best in Vermont. A smorgasbord of options from rock challenges to masterfully crafted flow to rewarding climbs ... even family friendly. waterburytrails.com.

CADYS FALLS

Location: Morristown

Getting there: Duhamel Road, park on left just before the nursery.

Miles of trails: 29

Primary trail type: All mountain and downhill

Shared use: Hiking, trail running, backcountry, snowshoeing, horses

Description: Network entrance is on the right at the top of the road past the nursery. A downhill course, trails all end by dumping riders out on The Way Out. Some riders say trails aren't well marked, but it's hard to get lost. There's always The Way Out.

MOBBS FARM

Location: Jericho

Getting there: Parking area off Browns Trace Road.

Miles of trails: 48 trails, total of about 10 miles

Maintained by: Fellowship of the Wheel, Town of Jericho

Shared use: Hiking, trail running, horse, snowshoeing, Nordic, hunting.

Description: Some nice natural, mostly rake and ride trails. Offers a good variety of riding. Includes several rock ledges. Americana is characterized by steep ascents and descents, technical single track. Lots of different users here.

Apres bike: Secret swimming holes!

HINESBURG TOWN FOREST

Location: Hinesburg

Getting there: Three access points: Economou Road, Hayden Hill Road East, and Hayden Hill Road West.

Miles of trails: 18 miles of singletrack and 23 trails

Maintained by: Fellowship of the Wheel
Shared use: Hiking, snowshoeing, hunting, with occasional permitted use of ATVs and horses on the town-maintained Eagle Trail.

Description: 1,125-acre historic town forest. See old rock walls, foundations, wells, apple trees and other signs of a bygone era. Trails are primarily old-school rake-and-ride, and can be quite challenging. Limited options for beginner and intermediate riders.

Set in the middle of three contiguous networks, the Hinesburg Town Forest is an excellent jumping off point for some of the longest, most challenging rides in Vermont. "Head up and over to the incredible Carse Hills trails to the south or climb up to the Butternut Cabin at Sleepy Hollow to the north," say the Fellowship of the Wheel folks.

CARSE HILLS

Location: Hinesburg

Getting there: Access from Lincoln Hill Road, Big Hollow Road and Hollow Road.

Miles of trails: 10 miles

Highlights: Henry's Highlands, Preacher, Crucible, Pinner and Voodoo Child

Maintained by: Fellowship of the Wheel

Shared use: Hikers and trail runners.

Description: Some say Carse Hills offers some of the best singletrack in Vermont on land nestled between Lincoln Hill and Hollow Road. It features big climbs, large old growth trees, meadows with spectacular views and a classic ridgeline. A real gem for advanced riders. Nice combo of technical and flowy. Advanced trails incorporate freeride options such as rock faces, jumps and wooden features.

HOWE BLOCK:

CAMEL'S HUMP STATE FOREST

Location: Waitsfield

Getting there: Tucker Hill Road or American Flatbread parking lot

Miles of trails: 13 miles with 10 trails

Maintained by: Mad River Riders

Shared use: Hiking, e-biking, trail running, horse, snowshoeing, backcountry, Nordic

Description: Intermediate to expert with a combination of old-school rooty, rocky trails to more flowy, machine-made intermediate trails. Fun and popular. Lots of climbing means lots of fun on the way down.

KINGDOM TRAILS

Location: East Burke

Miles: 85 miles, 214 trails

Highest trailhead: 1,728 feet

Maintained by: Kingdom Trail Association

Shared use: Hiking, trail running, snowshoe

Description: Mostly singletrack, but some double and dirt too. Seventy-five percent of the trail is intermediate to black diamond. Trails for all ages and abilities, from technical single track to excavated flow trails, skills parks, pump tracks and mellow double track. The interconnected network allows riders to go from one end of other completely on trails with the village of East Burke at the heart. Parking options outlined on the website, kingdomtrails.org.

New this year: Two new trails get unrolled this summer, and the Moose Haven Connection is set for its final phase, allowing for an epic loop with virtually no road riding.

Other sources: trailforks.com, fotwheel.org, vmba.org, madriverriders.org

HITCHHIKER BIKE SHOP

Stowe's local bike shop. Your source for all of your gravel and MTB needs!

Offering quality sales, service, parts, clothing, and accessories.

Located near the Cady Hill trails at 394 Mountain Rd. in Stowe.

Rocky Mountain | Forbidden | Otso | Cervelo and more in stock now!

hitchhikerbikes.com | info@hitchhikerbikes.com | 802-585-3344 | [@hitchhikerbikeshop](https://www.instagram.com/hitchhikerbikeshop)





JEREMY KNOLL

In Search of Dragons

I. The Dragon

In literature, dragons are usually depicted as winged fire-breathing monsters who must be conquered or tamed. Through trials of strength and daring, a noble hero must face his fears to vanquish the beast lurking in some dark cave deep in the forest. In the best stories, the dragon becomes an ally of the hero; together they battle against evil.

So, when I first set eyes on the Jamis Dragon I now ride, I knew it was the bike for me. For years I had been a cyclist, pedaling away in the Flatlands. But I wanted to be a conqueror. I wanted to vanquish something.

"I think I have something for you," the guy at the local bike shop said, beckoning me to follow him. We walked, literally up a drawbridge, into a cavernous room filled with bikes. Evening light filtered through high windows, casting a golden glow on exposed timber beams, on brake levers and derailleurs and seat posts.

"This one," he said, "this one is for you."

The bike was a deep metallic blue, chipped and scratched from what had come before. The wheels were enormous, wrapped in knobby studded tires. The pedals were huge flats. Nestled inside the downtube, against the blue paint, curled a small white dragon.

I counted out five hundred in twenties and led my dragon out the door.

Good rides can feel like heroic quests. Sometimes you control the dragon, bending its steel frame to your will over every rock and tree stump. Some days on the perfect flowy trail it even shows you its wings, launching you over the lip of a jump. You are a kid again, astride your imaginary dragon for a day of high adventure.

Some days it turns on you. Racing down some rocky trail, it exerts a will of its own and you find yourself struggling just to stay astride the beast. Some days it throws you to the ground and reminds you of the fire it carries, the hot friction of skin on rock.

II. The Village

It doesn't matter which trail network you seek out in Vermont; each one has a village, and all the villages share the same balance of stoicism and generosity.

As I wait anxiously for the Thursday night group ride to begin, I watch other riders tinker with their bikes, trading stories of last week's ride. One guy makes looping figure eights through the dirt lot where we wait. I knew I was outclassed: three 20-something mountain-bike guides from Killington, their mentor, one pro rider and the local bike tech who days earlier had recounted his 40-plus-mile-per-hour crash into a tree, grinning like my sons on Christmas morning.

The bike tech I have come to know

catches me staring apprehensively into the mountains where we will ride. "You'll be fine," he assures me. He knows I have been contemplating this ride for some time now while I honed my skills alone on easier, flowier, wider trails.

As the new guy, I am offered shotgun in one of the pickups while the others perch on the sides of the truck's bed. It is at once a kindness and a nod to the fact that I am softer than the others; they offer me the extra comfort of the seat because they know what I am in for.

Early into the ride, I do well in keeping up with the pack, and it seems everyone has some word of encouragement. Later, when my legs fatigue and the trail gets more challenging, people take turns dropping back with me. They dismount with me when I can't make it up the hill and tell stories while we walk. There isn't a moment of annoyance. They all seem content initiating another member into this strange little club of theirs.

This is the response I have encountered at Cady Hill in Stowe, at Kingdom Trails in East Burke, at Green Mountain Trails in Pittsfield. Everyone wants to share the joy of exploring Vermont's wild places on a bike.

The ride goes well, until it doesn't, and I launch right over my handlebars.

When I stand up, the front of my leg looks like an overripe melon that has been dropped, the soft tissue like so much rotten fruit. For an instant I panic, but I force a deep breath and inspect the wounds more closely. With blood running down my leg and into my shoe, covering my forearm and my wrist, I can see it. Mountain biking is in my blood; I can feel it coursing through my veins. I grin, get back on my bike and start pedaling. We still have a few miles to get back to the cars.

When the ride is over, I am invited to the back of the shop, where the shop's owner has built his own clay pizza oven. A party is wrapping up, and he has made extra pizza for those of us doing the ride this evening. Dizzy from my fall and trying to hide my pronounced limp, I walk over for a slice covered in homegrown veggies.

Maybe it's that the vegetables are grown just outside the shop, or maybe it is the conquest of riding away from my first crash, but the pizza redefines "best ever."

III. The Homecoming

When I climb out of the car back at home, I leave my bike on the rack. Tonight I will skip the ritual of wiping down of the drivetrain. My wife takes one look at me and says three things in rapid succession: Oh my god. Are you OK? You are never doing that ride again.

I smile at her, the glint in my eye saying

Continued on next page

I will be at it again soon. I grab a beer from the fridge — some local IPA, a double I imagine given the circumstances — and a bag of ice, and I head out to the porch to sit gingerly on one of our plastic Adirondack chairs and watch the sun dip down behind Old Sixty Hill.

I cannot stop grinning. It is one of the best evenings of my summer. Bloodied and battered, I just want more.

IV. The Quest

Maybe the books I was reading to my sons at bedtime were responsible. Perhaps it was just a longing to show my boys the right way to live. Perhaps it was just the animal side of human nature. I came to mountain biking in middle age because it offered adventure and had the potential to be dangerous. I came to mountain biking in middle age because I longed for a heroic quest but lived in suburban Jersey teaching high school English.

A close friend came to visit me recently. His marriage over, he was visiting for a chance to reconnect with the natural world, to get some fresh mountain air and clear his head. Naturally, I took him down to the local shop to rent a bike and brought him to my favorite trails.

It was just a weekend, but it was a respite. With rocks and roots to navigate, he temporarily forgot how his fairytale landscape had been turned to scorched earth.

Lungs and legs burning, he remembered the fire he had inside himself.

We live in a world that tries to tame our wild spirits. We walk from one controlled climate to another, pop Vitamin D beneath fluorescent lights, and too often fall victim to the belief that easy is an ideal worthy of aspiration. I long for something more challenging, something more primal.

I came to riding through the flat straight roads of Jersey where I first became a cyclist. I evolved to riding mountain passes in my new home. Finally, I found what I was looking for while riding an old dragon along mountain trails.

It is in my blood now. I dream about it some nights and find myself replaying my favorite trails in my head while my students write about the literature we study.

At bedtime, I tell my sons stories of adventure. I tell them of dragons. I whisper of the thrill that comes from flying.

Jeremy Knoll would always rather be outside than in, riding a bike instead of driving a car, and speaking his mind rather than holding his tongue.

When he is not shooting photos or writing, he is teaching high school English, and dreams of making photography a full-time gig.

Read his blog at onemansfield.blogspot.com, follow him on Instagram @jeremy.knoll, and see his photographs at jeremyknollportraits.shootproof.com.



Hand-Crafted
ORGANIC SPIRITS & WHISKEY

* MEET THE MAKERS *

COME IN TO EXPERIENCE A TASTING AND TOUR WITH
FOUNDERS, DISTILLERS TIM & HOWIE

THU-SUN • 12-5

171 WHISKEY RUN (ROUTE 100 TO GOELTZ ROAD) • PRIVATE TASTINGS BY APPT. 802-253-0064



Ready to ride?

bike apparel | service | sales | accessories | group rides



outdoor adventure gear, apparel, and events | 20 Langdon St. Montpelier, VT | onionriver.com | (802) 225-6736 | @onionriveroutdoors

CALENDAR

Stowe Trails partnership events stowetrails.org

July 29 — Velo Stowe
34.7-mile self-guided gravel ride around dirt roads of Stowe. Fundraiser for Stowe Trails Partnership. \$60 ticket includes meal and drink ticket, live music at Talta Lodge, in collaboration with Hitchhiker Bikes.

Oct. 14 — Leaf Blower
A day full of guided mountain bike rides, enjoying the fall foliage, eating great food, and more.

Other Vermont events

June 24 — Vermont Gran Fondo, Bristol
/vermontgranfondo.com
A single ride. Over 10,000 feet of climbing. Four gaps — Lincoln Gap, App Gap, Middlebury Gap, and Brandon Gap. PS: Gran fondo is Italian for “big ride.”

June 24 — Irreverent Road Ride 12.0,
Hinesburg / bikereg.com
Still irreverent, still not for everyone, still, as organizers say, “single most challenging dirt road ride ever offered for mass consumption.”

July 15 — The Dirty Project, Norwich /
bikereg.com
83 miles, 10,000 feet of climbing. Mostly gravel.

July 15 — Raid Lamoille, Craftsbury / grvl.net
Traverse some of the most sublime gravel in the Northeast, followed by a not-to-be-missed after party. 55- and 25-mile routes.

July 28 - 30 — Flow State, Ascutney
/flowstatemtbfestival.com
Three-day celebration of all things mountain biking on Ascutney’s 35-mile network of single-track. Demos, clinics, food and beer, music.

Aug. 5 — Kearsage Klassic, Warner, N.H.
/grvl.net
55- and 35-mile options plus an 85-mile route for the adventurous.

Aug. 27 — Race to the Top of Vermont, Stowe
/rttvt.com
Hikers, bikers and runners climb Mt. Mansfield on the historic 4.3-mile Toll Road — 2,564 feet of up.

Sept. 1 - 3 — Wilmington MTB Festival, NY
/wilmingtonmtbfestival.com
25-plus miles of Adirondack-style single track, group rides, shuttles, kids race, camping, music, food and beer.

Sept. 9 — Kelly Brush Ride, Middlebury
/kellybrushfoundation.org
Roll through any of the Kelly Brush Ride routes — 10, 20, 50, or 100 miles — with Green Mountain and Adirondack views at nearly every turn. Best of all, raise money for the Kelly Brush Foundation. New 32-mile gravel ride.

Sept. 10 — Cabot Ride the Ridges, Cabot
/ridetheridges.com
Two classic gravel-grinders — 100k (7,500 feet of elevation gain) and 60k routes (3,500 feet) —



COURTESY PHOTO

The Vermont Rare Gravel Ride is grassroots gravel at its finest.

as well as a challenging 30k and a family-friendly 10k.

Sept. 30 — Peacham Fall Fondo 2021, Peacham
/peachamfallfondo.com
50-mile community ride on Northeast Kingdom’s best gravel.

Sept. 30 — Vermont Rare, Peru /
vermontrare.org

42 miles. 4,000 feet of climbing. Mostly gravel.

Oct. 14 — Copley Gravel Grinder, Morristown
/bikereg.com

Three options: 50, 30 or 10-mile family fun ride.

Oct. 15 — The Hibernator, West Burke
/bikereg.com

Up and down and up and down on scenic dirt roads, class IV, trails, grassy farm fields and singletrack. 50k and 100k+ options. Gravel/cross rigs or a hard-tail mountain bikes. Blowdowns, cobbles, trenches and dismounts are not out of the question. “Undoubtedly one of the hardest events in Vermont,” say the Hibernator folks.

In the places you love most, Stowe Land Trust is there

Kristen Sharpless

If we haven't already met, I'd like to introduce you to your local land conservation organization: Stowe Land Trust.

The Stowe area community has been conserving the land and waters that make this place special for 36 years by supporting the work of Stowe Land Trust and its partners. Together, we have protected vital farm and forest land, rivers, wildlife habitat, and many of the public trails and lands riders like you love most, including Cady Hill and Adams Camp.

Thanks to the support of hundreds of people just like you, organizations like Stowe Land Trust and Stowe Trails Partnership protect and care for these beloved places — conserving them for future generations and maintaining first-class recreational trail networks for today and tomorrow. By being a member of these local nonprofits, you are helping to create a thriving Stowe area community, economy and environment.

You know that a ride at Cady Hill isn't just a ride. It's an opportunity to absorb the healing energy of the trees as you cruise downhill. To appreciate the birdsong as you catch your breath at the top of a climb. And to sim-

ply to get closer to the beauty of the natural world around you, as well as your friends and neighbors. Thanks to the conservation vision and efforts of those who acted more than 10 years ago, those experiences at Cady Hill, Adams Camp and other favorite places are safeguarded for everyone in our community — now and for generations to come.

We're helping to create a sustainable future for the Stowe region, and there's a place for everyone in the work ahead. Visit stowelandtrust.org to read our newly released strategic plan, outlining a bold vision for the next five years, including the development of an area-wide master trails and recreation plan, which will help build, maintain and grow Stowe's trail networks to meet emerging community needs.

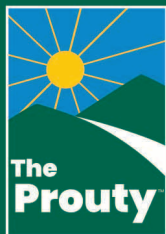
While you're there, visit our Explore Map to find your new favorite place to bike, hike, fish and more this summer. Become a member, make a donation or sign up to volunteer. Your support can make healthy access to the outdoors possible for everyone in our community.

Happy trails.

Kristen Sharpless is executive director of Stowe Land Trust.



STOWE LAND TRUST



Benefiting:
Friends of
Dartmouth
Cancer Center



Go all in to end cancer.



Bike • Walk • Row • Golf • Ultimate • Virtual • Volunteer

Join us this July!

Register today: **TheProuty.org**

info@TheProuty.org | 603-646-5500



COURTESY PHOTO

Guidelines for responsible trail riding

IMBA launched its Rules of the Trail in 1988 to educate mountain bikers and serve as a pro-bike advocacy tool, and these guidelines for trail behavior are now recognized around the world.

These guidelines for responsible riding have been adopted by land-management agencies nationwide. Riders' actions have critical impacts on the landscape, trails, animals and other trail users.

Keep in mind that conventions for yielding and passing may vary, depending on regional traditions, traffic conditions and the intended use of the trail.

Keep trails open by setting a good example of environmentally sound and socially responsible off-road cycling. Pledge to ride friendly, ride prepared, ride responsibly, ride lightly.

For more information, visit imba.com.

LEAVE NO TRACE

Be sensitive to the dirt beneath you. Respect your local trail builders and be a good steward of the physical environment. Keep singletrack single by staying on the trail. Stay on existing trails and don't create new ones. Don't cut switchbacks. Be sure to pack out at least as much as you pack in.

Do not ride muddy trails because it causes rutting, widening and maintenance headaches. Ride through standing water, not around it. Ride (or walk) technical features, not around them.

Practice leave no trace principles (Int.org/why/7-principles)

SHARE THE TRAIL

Most of the trails we ride are multi-use. Mountain bikers yield to horses and foot traffic, and descending riders yield to climbing riders. This yield triangle has been formally adopted by land managers since the late 1970s and is a significant reason why we have the access we do. There are some regional differences and unique rules on single-use, directional mountain bike trails — know the code where you ride. Be nice. Say hi!

RIDE OPEN, LEGAL TRAILS

Poaching trails, building illegal singletrack, or adding unauthorized trail features are detrimental to access. Poorly built features could also seriously injure other trail users. If you believe there aren't enough trails or variety near you, it's time to get involved. Your engagement will be welcomed because it takes a village to create, enhance and pro-

tect great places to ride.

Respect trail and road closures and find clarification if you are uncertain about the status of a trail. Do not trespass on private land. Obtain permits or other authorization as required. Be aware that bicycles may not be permitted in areas protected as state or federal wilderness.

RIDE IN CONTROL

Speed, inattentiveness, and rudeness are the primary sources of trail conflict among user groups. If you need to pass, slow down, ring a bell or verbally announce yourself, and wait until the other trail user is out of the path. Use extra caution around horses, which are unpredictable. Be extra aware when riding trails with poor sight lines and blind corners, and make sure you can hear what's going on around you.

Obey speed regulations and recommendations, and ride within your limits.

YIELD TO OTHERS

Cyclists should yield to all other trail users unless the trail is clearly signed for bike-only travel. Cyclists traveling downhill should yield to ones headed uphill unless the trail is clearly signed for one-way or downhill-only

traffic. Strive to make each pass a safe and courteous one.

MIND THE ANIMALS

When it comes to wildlife, live and let live. Animals are easily startled by an unannounced approach, a sudden movement or a loud noise. Give animals enough room and time to adjust to you. When passing horses, use special care and follow directions from the horseback riders and ask if you are uncertain. Running cattle and disturbing wildlife are serious offenses.

If you want to ride with your dog, first find out whether it's allowed by looking up the leash laws and trail restrictions. Be prepared to take care of your dog. Ensure your companion is obedient enough to not cause problems for you, other trail users or wild animals.

PLAN AHEAD

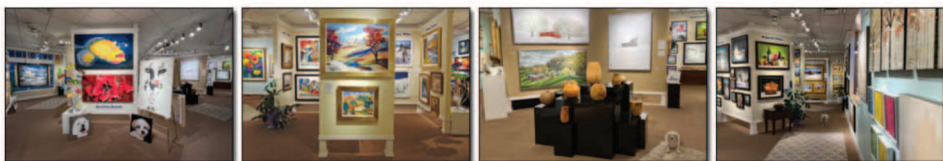
Know your equipment, your ability and the area in which you are riding — and prepare accordingly. Strive to be self-sufficient. Keep your equipment in good repair and carry necessary supplies for changes in weather or other conditions. Always wear a helmet and appropriate safety gear.

ROBERT PAUL GALLERIES

• American & European Fine Art •

CELEBRATING 34 YEARS OF EXCELLENCE

Heralded as one of the countries finest art galleries, we offer a truly outstanding selection of original paintings, sculpture, fine glass & porcelain and photography by locally, nationally and internationally acclaimed artists.



NEW LOCAL OWNERS! Photographer Jack Morris & Partner Alexandra Weathers



OPEN SEVEN DAYS A WEEK

Baggy Knees Shopping Center

394 Mountain Road, Stowe • 802.253.7282 • robertpaulgalleries.com



492 MOUNTAIN RD | 802.253.5100 | BENCHVT.COM | DINNER DAILY & LUNCH WEEKENDS

★ THE ★
RESERVOIR
Restaurant & Taproom
WATERBURY ★ VERMONT

HOME OF BIG TREE BEER | 40 DRAFTS | FULL MENU

1 S MAIN ST, WATERBURY VILLAGE | 802.244.7827 | WATERBURYRESERVOIR.COM



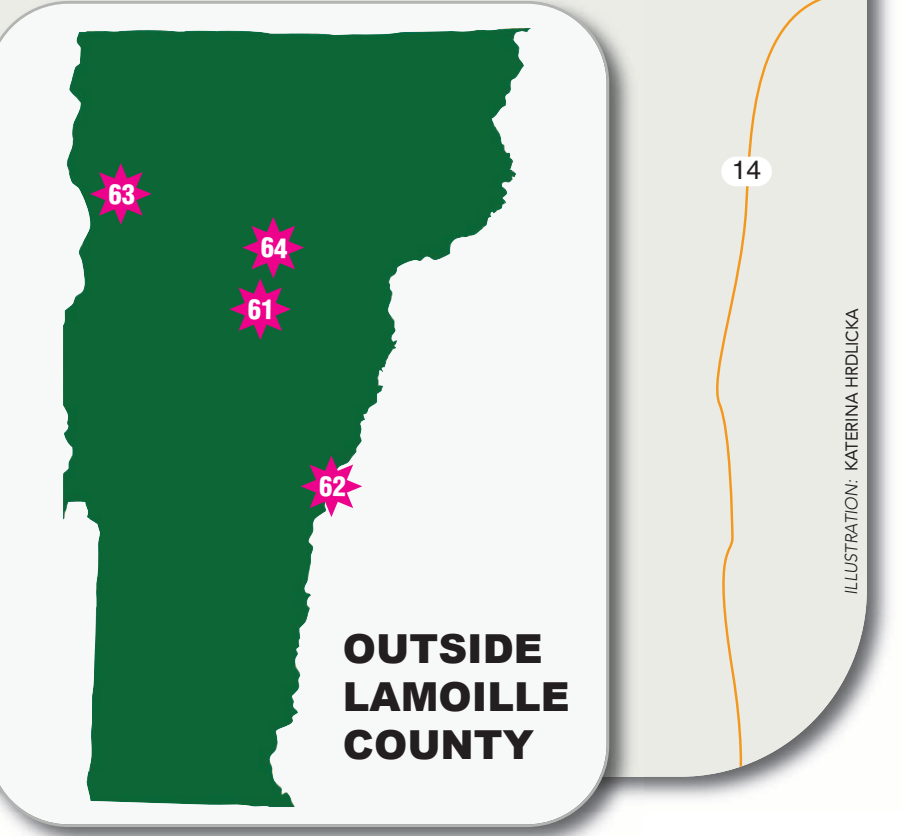
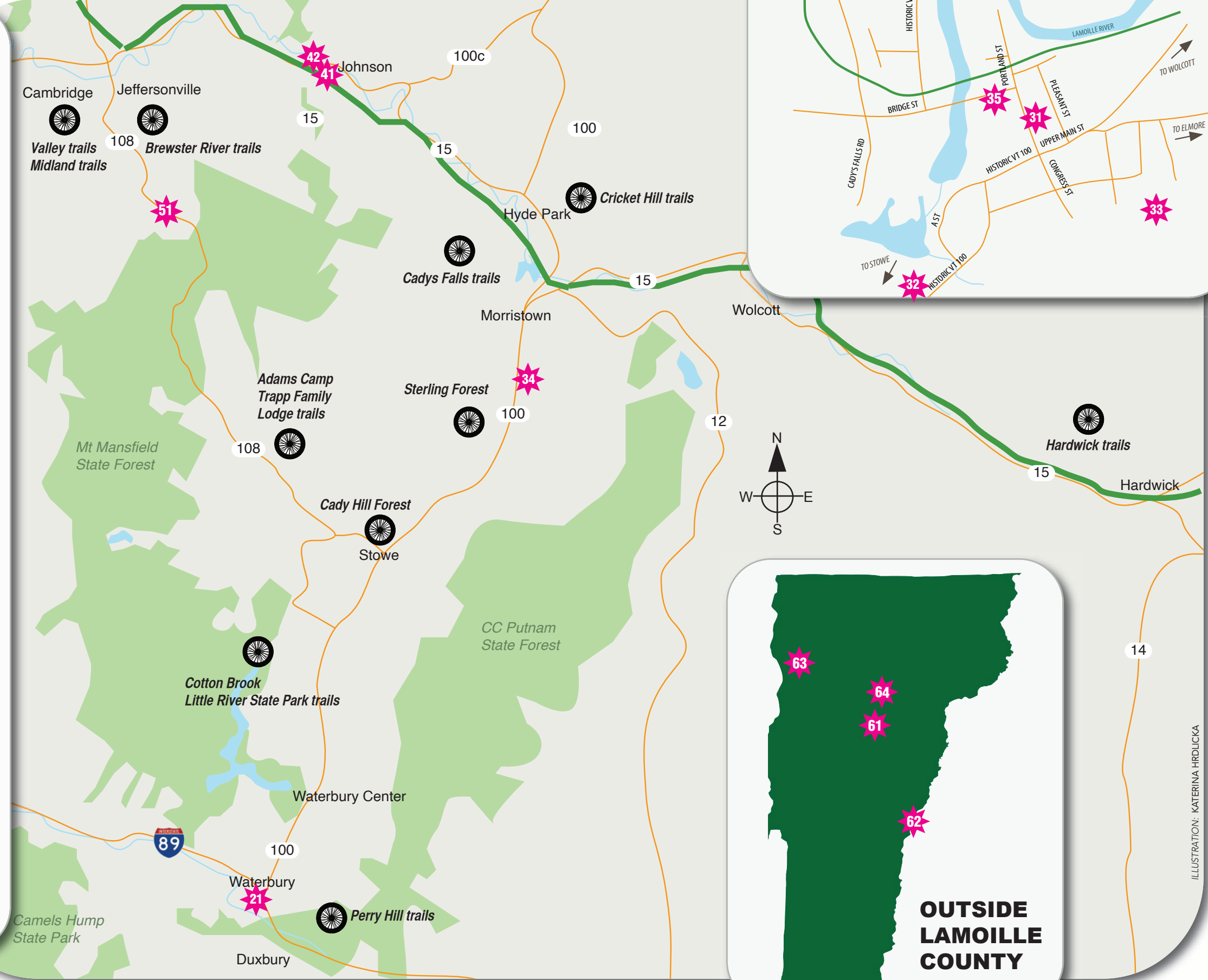
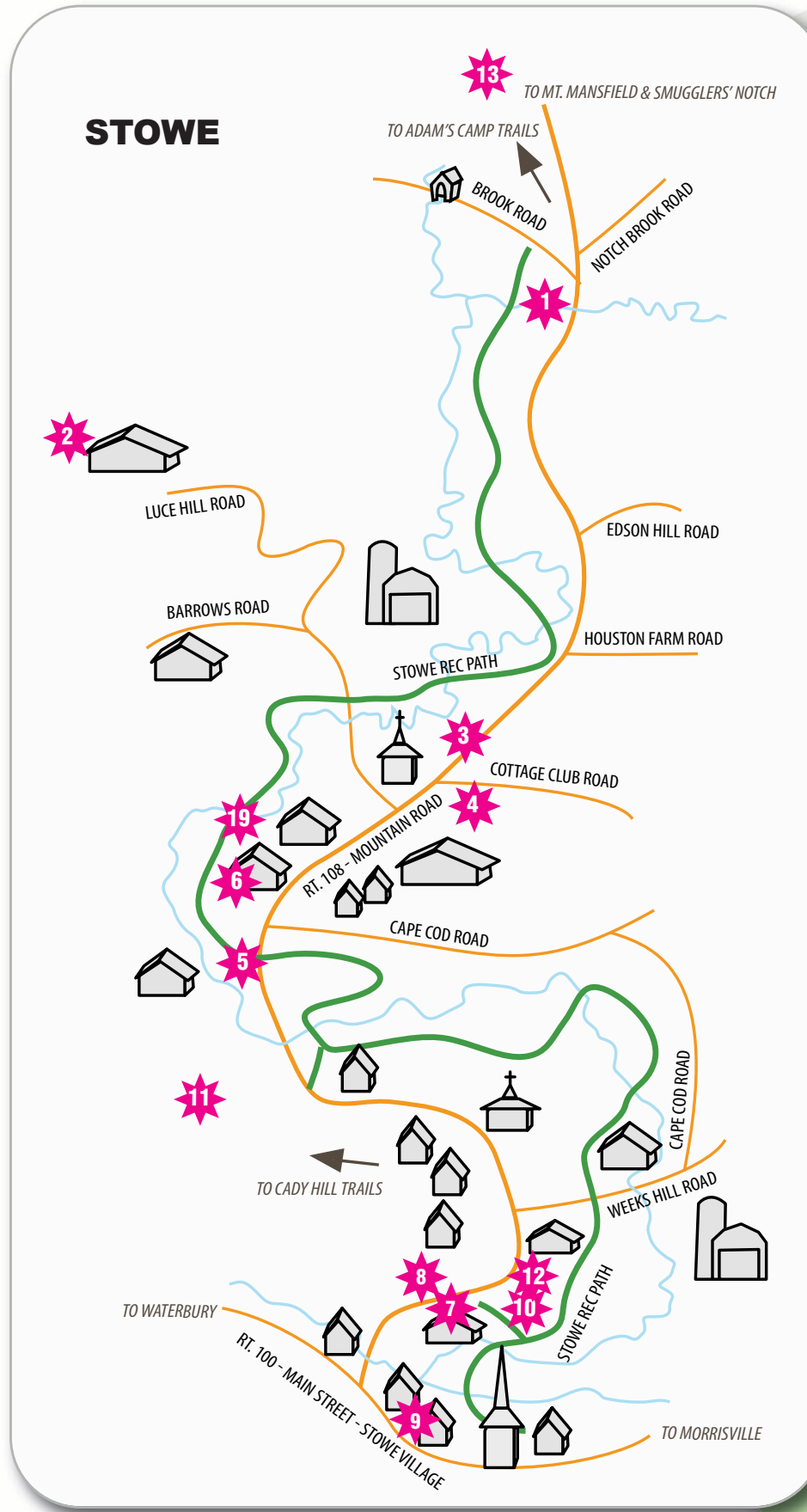
Thank **TRAILBUILDERS**
you & **VOLUNTEERS**

BEER GARDEN
WEDNESDAY - SUNDAY
11 - 6

RETAIL SALES
7 DAYS
11 - 6



LOCAL TRAILS & RIDE ADVERTISERS



MTB TRAIL LOCATOR

STOWE
Adams Camp
 Turn on to Ranch Brook Road and park in the designated area (road is class 4)
Cady Hill Forest
 Park across from Blessed Sacrament Church
Cotton Brook/Little River
 Park at the gate on Cotton Brook Road
Sterling Forest
 Take Sterling Valley Road to Sterling Gorge Road.
Trapp Family Lodge trails
 Located at Trapp Family Lodge

WATERBURY
Little River State Park trails
 Take Little River Road, just west of Waterbury village
Perry Hill trails - WATA
 Park at the lot on River Road, off S. Main Street

MORRISTOWN
Cadys Falls trails
 Parking area at the end of Duhamel Road

HYDE PARK
Cricket Hill trails
 Park at the lot on Cricket Hill or Lamoille Union High School, Route 15

HARDWICK
Hardwick trails
 Park at Hazen Union High School or Green Mountain Tech Center

CAMBRIDGE
Valley trails
 Park at Valley Dream Farm, Pleasant Valley Road
Midland trails
 Park at Brewster River Park, Canyon Road; or near the intersection of Cliff Reynolds and Edwards roads

JEFFERSONVILLE
Brewster River trails
 Intersection of Cliff Reynolds Road and Edwards Road

RIDE ADVERTISERS

STOWE	MORRISVILLE
1 Mountain Ops	31 Carlson Real Estate
2 Trapp Family Lodge	32 Rock Art Brewery
3 Edelweiss	33 Copley Hospital
4 Alchemist	34 Green Mountain Distillers
5 Stowe Sandwich Company	35 Chuck's Bikes
6 Body Lounge	
7 The Bench	JOHNSON
8 Mountain Road Outfitters	41 Lamoille Valley Bike Tours
9 Carlson Real Estate	42 Forget Me Not Shop
10 Hitchhikers Bikes	
11 Stowe Mt Bike Academy	JEFFERSONVILLE
12 World Famous Monkey House	51 Smugglers' Notch Resort
13 Catamount Trails Association	
	OUTSIDE LAMOILLE COUNTY
WATERBURY/WAITSFIELD	61 Onion River Outdoors
21 The Reservoir	62 The Prouty
	63 VT Regenerative Medicine
	64 Sunset Lake CBD

MAP LEGEND

- RIDE Advertisers
- Mountain Bike Trail
- Rail Trail - open
- Road



COURTESY PHOTO

From Swanton to St. J Lamoille Valley Rail Trail opens for business

Tommy Gardner and Kate Carter

The Lamoille Valley Rail Trail — all 93 miles of it — is now open for outdoor recreationists to traverse.

The Vermont Agency of Transportation officially completed the trail in March, except for the Fisher Bridge in Wolcott, which was expected to open by Memorial Day. This means that people can now walk, ride, ski or snowmobile, uninterrupted, between Swanton and St. Johnsbury.

“The AOT project team and our partners have worked especially hard in the past year to expedite the construction of the trail,” according to transportation secretary Joe Flynn.

It is the longest rail trail in New England.

The 93-mile trail follows the route of the Lamoille Valley Railroad, which was founded in 1877 and shut down in 1994. It was a

scenic train ride, dubbed “The Covered Bridge Line,” and leaf-peeper excursions for fall foliage viewing ran into the 1970s.

The Vermont Association of Snow Travelers acquired the right of way and was responsible for converting the railway into a trail. In 2020, the state took over responsibility for building—and funding—the rest. While the rail trail is closed to most motorized vehicles, snowmobiles are still allowed, a nod to the decades of work done by VAST.

All in all, the Lamoille Valley Rail Trail features five tunnels, 53 bridges, 96 crossings, and 525 culverts. It passes through five counties, 18 communities, and 36 total miles of it are adjacent to the Lamoille River.

Michelle Boomhower with the Vermont Agency of Transportation said by taking over management of the state’s four rail trails—the other three are the Beebe Spur along the eastern shore of Lake Memphremagog in

Newport; the Missisquoi Valley trail, which runs 26 miles between Richford and St. Albans; and the Delaware and Hudson in the south-central portion of Vermont—the state will ensure the trail’s existence far into the future, by making them part of the transportation agency’s annual budget.

According to transportation officials, U.S. Sen. Bernie Sanders, I-Vt., secured \$700,000 to improve amenities in towns along the trail. More than three-quarters of that money will pay for new picnic tables, portable toilets, bike facilities, and other features at the path’s trailhead on Robin Hood Drive in Swanton—near the rail trail’s western terminus—as well as at a trailhead in Greensboro.

The rest of that money will fund a study for a trailhead in Hyde Park; a study of parking and amenities in Sheldon; and a study of the need for more regional amenities in St.

Johnsbury, Danville, Cabot, Walden, Greensboro, and Hardwick.

MORE INFO: *More at lvrt.org*

Smooth cycling for everyone

Biking a harrowing run of singletrack can be exhilarating, but some people just prefer a casual walk, a flat run or a place to push the baby jogger.

Good news. Vermont has rejuvenated rail trails and rec paths throughout the state perfect for the more casual outdoors person. Rail trails have crushed stone gravel surfaces while the rec paths are paved. Check websites for interactive maps, access points and amenities to keep you refreshed along the way. This summer, make it a goal to do them all!

Continued on next page



GORDON MILLER

Stowe Rec Path

5.3 miles

The Stowe Recreation Path is an award-winning, internationally recognized greenway stretching from Stowe Village to Topnotch Resort on the Mountain Road, with numerous access points along the way.

The path crosses the West Branch of Little River several times on long, arching bridges designed specifically for the path. Views of Mount Mansfield are common, especially from the northern end. Access to restaurants, lodges, and local businesses make the bike path one of the most popular recreation assets in Stowe.

In the spring 2017, bike maintenance stations were installed at Lintilhac Park and

Chase Park. They have all the tools necessary to perform basic maintenance, from changing a flat to adjusting brakes and derailleurs.

MORE INFO: stowerec.org

Missisquoi Valley Rail Trail

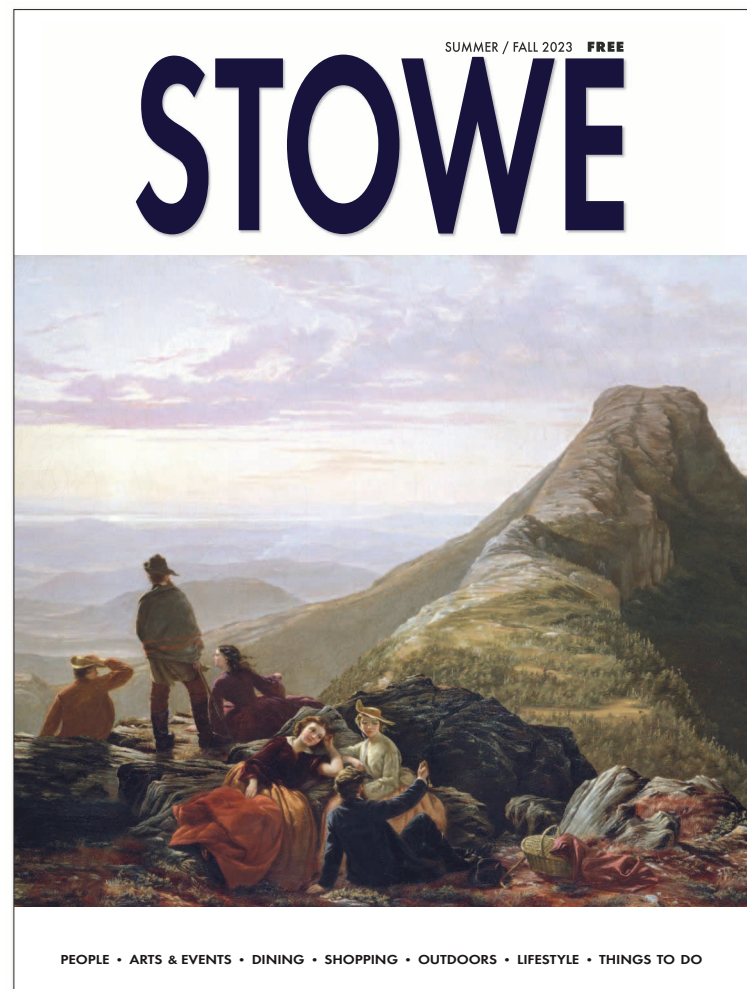
26.3 miles

This crushed-stone rail trail is one of the longer and more scenic in the state, passing through the heartland of dairy farms and cornfields of northwestern Vermont, from St. Albans to the Canadian border.

It follows the railbed of Central Vermont Railroad's Richford Branch, starting on the north side of Saint Albans

See 'Smooth cycling' on Page 26

just in time for the summer season...
stowe's only indispensable publication



available around town

49 school street, stowe

802.253.2101

E for Effort

Electric bikes make their way into the woods



LAMOILLE VALLEY BIKE TOURS

Tommy Gardner

There's a certain sense of hard-won pride in pain when it comes to many mountain bikers, where the pedal pushing slog up a long, winding climb is seen as the price one must pay to be able to experience the exhilaration of the downhill.

Electric bicycles are not only putting a dent in that borderline masochistic mindset, but they are making it possible for people who don't have the stamina or the physical ability needed to make a steep climb on their own power to access the trails along with everyone else.

The Stowe Trails Partnership is seeing to it that e-bikers also have their place in the woods and aren't simply relegated to the rec paths — which, to be clear, also offer innumerable adventures for riders of all stripes.

Carolyn Lawrence, the trails partnership's executive director, said the access organization — along with the Stowe Land Trust and Vermont Land Trust — last year conducted an electric bike study on the trails in Stowe's Sterling Forest, allowing certain e-bikes access.

Lawrence said the study, which wrapped up last October, indicated there were no bike accidents reported and the trail crews were unable to discern any negative environmental impacts.

"And we also had no user conflicts reported, which is awesome," she said, noting that is a significant finding, because a small segment of the hardcore mountain bike community doesn't take too kindly to people using e-bikes.

The Stowe Conservation Commission early this year recommended allowing certain electric bikes to access those Sterling Forest trails as well as the popular Cady Hill Network. The caveat, Lawrence said, is they must be Class 1 e-bikes, meaning the electric motors can only be pedal-assist models, not the kind that have a throttle.

E-bikes aren't cheating, as some in the mountain community might gripe. Instead, Lawrence said, they represent access, something that Stowe Trails Partnership has embraced since it changed its name from Stowe Mountain Bike Club in 2018. She said the organization has partnered with sports-access groups Vermont Adaptive and the Kelly Brush Foundation.

She said she has a friend in her early 30s who has Lyme disease and can still ride thanks to e-bikes, and she knows another 80-something with scoliosis who uses the bikes to "continue doing the things that he loves."

Evolving rides and riders

Over the past decade, electric bicycles have evolved from the big, heavy, bulky things one uses to get around city streets and putt along

Jim Rose, co-owner with wife Yva of Lamoille Valley Bike Tours in Johnson, has seen an evolution of electric cycles in the eight years the company has been renting them, but also an evolution in cyclists — to whit, there are a lot more of them. He estimated half the bikes he sees on the Lamoille Valley Rail Trail — the Roses' main customer base — are electric.

"Back then, when we first started, e-bikes were a new thing," he said.

Situated right off the rail trail in Johnson, near Old Mill Park, the e-bike center is centrally located on the 93-mile recreation path, which finally this year opened end to end between St. Johnsbury and Swanton. Before that, since 2016, the Lamoille County portion of the trail was only 17 miles long, a reasonable distance for one of the Roses' rental customers to tackle in their rental window, out and back.

Now, though, one could ride from Johnson either east or west for 30, 40 miles and many cyclists would rather catch a lift home. So, once again evolving as a company as the rail trail evolves to its full self, Lamoille Valley Bike Tours has launched a shuttle service to pick up and drop off riders anyway along the 93-mile trail.

The shuttle service runs Mondays, Wednesdays and Fridays. Rose said it invites folks coming to visit Vermont to plan ahead.

"They'll actually end up staying longer in the area, because they'll find a place to stay and then build day trips out of there," he said.

Rose said while most electric bikes are still used for low impact commuting and rec-path riding, the technology has advanced in the past decade as mountain bikers who may have turned their noses up as pedal assist acquiesce to the experience. Now, there are plenty of gravel bikes and fat-tire models that can handle burly back roads and technical trail riding.

"I'm a big mountain biker and I still want to be light and nimble and kind of flowy," he said. "But the technology is kind of trending towards that. All the bikes are kind of evolving towards just being a little more ergonomic and user friendly."



SEPTIC SYSTEMS

FOUNDATIONS

UNDERGROUND UTILITY INSTALLATION

DRIVEWAYS/ROADS

DRAINAGE ISSUES

PONDS

RECREATIONAL TRAILS

MARTIN WERTH
LANDSCAPING AND
EXCAVATING, INC.

802.777.0169
mwyarddoctor@gmail.com

— PROVIDING QUALITY WORK FOR OVER 30 YEARS —

IT WON'T BE EASY
BUT THAT'S
THE POINT!



NORTHEAST DELTA
DENTAL RACE TO THE
TOP OF VERMONT

RUN, BIKE, OR HIKE
VERMONT'S HIGHEST PEAK

SAVE 20% ON REGISTRATION USING CODE: 23RIDE20

SUNDAY, AUGUST 27TH - STOWE, VT
WWW.RTTTOVT.COM

 **DELTA DENTAL**[®]



STOWE TRAILS PARTNERSHIP

Trail work by dedicated Stowe Trails Partnership volunteers.

Stowe Trails Partnership What's new?

Stowe Trails Partnership manages three distinct trail pods: Cady Hill Forest, Adams Camp and Sterling Forest, in addition to several connector trails, including Alex's Trail in Dumont Meadow. Many of the trails are situated on lands permanently protected under conservation easements held by the Stowe Land Trust and owned by the town of Stowe and Trapp Family Lodge.

This unique arrangement means that the lands on which Stowe's trails are located are protected in perpetuity and, provided Stowe Trails Partnership as trail manager upholds its end of the bargain, the trails are as well.

Consequently, the Stowe Land Trust can focus on land conservation and habitat protection, while we are able to direct efforts to increase recreational opportunities, protect the trails and ensure a safe, enjoyable experience for mountain bikers, hikers, runners, dog walkers, Nordic skiers and everyone else who enjoys Stowe's trails.

We rely on partnerships with the town, land trust and Trapps for most of the trails in the Stowe network, along with multiple private landowners who generously allow year-round use of their properties.

We also work with over 80 businesses in Lamoille and Washington counties. These businesses support Stowe Trails because they understand that the trails are more than just a place to ride bikes. They're a galvanizing force for the community, a place where friendships are forged, a place where kids can explore and where we can all escape for a few minutes of tranquility. Without these partners, Stowe's trails would quite literally not be what they are.

What's new for 2023?

Velo Stowe

Join Stowe Trails Partnership, Talta Lodge and Hitchhiker Bike Shop on Saturday, July

29, for a brand-new community gravel ride event, Velo Stowe. This self-guided 34.7-mile gravel ride is a fundraiser for the partnership. After the ride, the lodge hosts a party with food, beverages, live music and fun. Presale tickets are \$60 and include a meal and drink ticket. Day-of ticket sales are \$75.

Cady Hill updates

With funding from Press Forward PR through a Vermont Mountain Bike Association Naming Grant, Stowe Trails hired Mus Mountain Works to show the trails in Cady Hill some love. New soil was added to Cady Hill Connector to help address chronic wet spots, and the crew built up eroded berms and tabletop jumps on Florence and fixed some eroded corners on Snake.

Sterling Connector

The Sterling Connector trail will be new single track that would connect Adams Camp to Sterling Forest. This long-term project is broken up into three phases and Stowe Trails Partnership is currently working with generous landowners to explore new possibilities for the trail corridor for Phase 1.

Survey results

Each year, Stowe Trails Partnership releases a public survey to gather feedback about the trails and its work. The survey responses help guide the organization. The data is used to learn more about members, help determine new projects to pursue and accept feedback about improvements.

Go to stowetrails.org/2022-trail-survey-results to learn about this year's survey results.

**DON'T THROW AWAY...
RECYCLE FOR ANOTHER DAY.**



RIDE



STOWE TRAILS PARTNERSHIP

Participants of the Critical Mass Ride during the 10-year Cady Hill celebration in 2022.

Smuggs MTB trails and Skills Park included in Daycation. **Starting at \$35/day.**
Vermont Daycation **PASS** starting at \$199.
Children 3 and under **FREE!**

Do it all!

Daycation
Smuggers' Notch
VERMONT

SMUGGERS' NOTCH
V·E·R·M·O·N·T®
America's Family Resort™
855.491.4473 smuggs.com



The history of Stowe Trails Partnership

Stowe Trails Partnership

Do you remember where you were and who you were with when you made a life-changing decision?

Rick Sokoloff, one of the original founders of Stowe Mountain Bike Club, now Stowe Trails Partnership, does.

Around the year 2000, the Vermont Mountain Bike Association was hosting a meeting at what was once the Rusty Nail in Stowe — now American Flatbread. A newer organization itself, one of the topics at that association meeting was how to protect existing trails from getting closed down.

Before attending, Sokoloff and lots of Stowe locals had already been riding some great trails in town. Meeting up at Irie Cycles, Sokoloff and his friends would make their way over to the “Bakery 500” trails, aptly named for the 500 acres of land that existed behind an old bakery run by a local mountain bike enthusiast. The Bakery 500 trails existed on several parcels of privately-owned land, whose owners generously allowed access:

- The Cabral family, 217 acres
- The Golden Eagle Resort, now Cady Hill Lodge, 41 acres
- Town of Stowe, known then as the Town Loops, 60 acres
- The Nimick family
- The Kreizel family

These trails were a significant improvement over the trails folks would ride in Brownsville, which Sokoloff referred to as a “mudslide.”

“My wife wouldn’t allow me in the house after a ride at Brownsville,” Sokoloff recalls. “Instead of letting me shower inside, she would hose me down in the yard!”

But there were whispers of some landowners becoming frustrated with the increasing use of the trails, and Sokoloff and the other founders of Stowe Mountain Bike Club recognized that they were just one upset landowner away from losing access to the trails they loved so much. What if one of the landowners didn’t want folks using the trails? What if one piece of land got sold and the new landowner didn’t allow mountain bikers?

To proactively address this risk, Sokoloff and his friends attended that impactful Vermont Mountain Bike Association meeting in 2000 to learn more about their advoca-

cy work. By the end of the meeting, they had made the grand decision to form Stowe Mountain Bike Club to protect the existing trails and seek opportunities to build new ones that would cater to a wider variety of skill levels.

Sokoloff was elected both president and treasurer of the board during their first-ever meeting, and he would go on to pursue decades of work to build trails and create more opportunities for outdoor recreation.

In 2000, Stowe Mountain Bike Club was primarily a small group of friends passionate about trails and mountain biking. Board meetings were often held at Sokoloff’s kitchen table over spaghetti dinner. The budget for the first year was just \$65, used to buy wooden stringers for a bridge in what is now Cady Hill Forest; for comparison, Stowe Trails Partnership’s 2023 budget is over \$210,000. All trail work was done by dedicated volunteers, primarily Hardy Avery, who built most of the trails you know and love in Stowe and the surrounding communities.

Stowe Mountain Bike Club was quickly gaining momentum. Sokoloff and the board worked tirelessly to advocate for new trails. They met with folks from the town and other

Continued on next page

Just like you – we’re enjoying the Green Mountain trails!

Just like you, members of our team enjoy the great outdoors too!

Don’t let injuries like hand or wrist, or chronic knee, hip, shoulder or foot and ankle pain keep you from getting out on the trails. We provide comprehensive treatment and rehabilitation.

Top medical care close to home.

Our physicians:

Nicholas Antell, MD; Brian Aros, MD; Ciara Hollister, DPM; John Macy, MD; Joseph McLaughlin, MD; Kevin McNamara, DPM and Bryan Monier, MD

To make an appointment with a Mansfield Orthopaedic Specialist, call **802.888.8405**



Clinic sites:

555 Washington Highway, Morrisville, VT
6 North Main Street, Waterbury, VT

www.mansfieldorthopaedics.com



Last year’s Gravel Grinder event. Save the date for this year’s Copley ‘Moxie’ Gravel Grinder, October 14th. Register at bikereg.com.

CHUCKS BIKES

RIDER OWNED & OPERATED BICYCLE SHOPPE

Keeping HIGH standards and LOW prices!

OVER 40 YEARS OF SALES & SERVICE



225+ NEW BIKES IN STOCK

**TRANSITION • JAMIS • NORCO • KHS
MARIN • RALEIGH • DEVINCI & MORE**

Morrisville • 802-888-7642 • Open Year Round • chucksbikes802.com

DO AMAZING THINGS

RIDE

stakeholders to educate them about the positive health, economic and social impacts of mountain biking. Recognizing the value of recreation and what it would bring to the economy, the town was quick to allow them to build trails on the 60-acre parcel they owned at the time, which became known as the Town Loops.

The club worked with the IMBA Trail Solutions team to build Bridgely and Aryn's Loop, and the IMBA folks became fast and long-time friends. Avery worked with Trapp Family Lodge to build Pipeline and the popular beginner-friendly trails, Stepping Stone and Chucks, and Luce Hill Loop. Next came Alex's Trail on Moscow Road and fan favorite, Bear's Trail. But they didn't stop there.

In 2012, the opportunity came up to permanently conserve 320 acres in town — the Cabral land, the Town Loops parcel and the Golden Eagle land. The club collaborated with the town and Stowe Land Trust to raise over \$1.5 million to purchase and conserve the land that would become Cady Hill Forest. They then worked with these stakeholders to develop a comprehensive trail plan for the new land, which led to the building of Florence, Snake and several other trails that are loved today.

Sokoloff also worked with the Vermont Forest, Parks, and Recreation State Department for seven long years to secure a memorandum of understanding that would allow Stowe Mountain Bike Club to build trails at Perry Hill, now maintained by the Waterbury Area Trail Alliance.



CHUCK WASKUCH

Hardy Avery and Rick Sokoloff on some early Trapps trails in 2009.

Stowe would not be the same without the work of the club that would one day become Stowe Trails Partnership. The partnership has Sokoloff, Avery and all the early board

members, volunteers and stakeholders to thank for this outdoor recreation-focused community and the trails we are so fortunate to have. The current board and staff is hon-

ored to continue their hard work, and Stowe Trails Partnership hopes you'll join us in gratitude for all they did to bring us where we are today.

GUIDED RIDES & SKILLS COACHING FOR ALL!

SMBA IS DEDICATED TO INSPIRING MOUNTAIN BIKERS THROUGH SKILLS, CAMARADERIE & ADVENTURE.



From beginner singletrack to the SMBA Race Team, our certified coaches help riders explore new skills, trails, and experiences! We are committed to progressing the future of mountain biking by developing riders of all ages, and all styles.

PRIVATE INSTRUCTION / GUIDED RIDES / YOUTH PROGRESSION PROGRAMS / SUMMER CAMPS & DAY TRIPS / GRAVITY & ENDURANCE RACE PROGRAMS



In association with:



SIGN UP OR CONTACT US FOR DETAILS!

WWW.STOWEMTB.COM / 802.622.1562



MOUNTAIN PEOPLE MALOJA

Mens and Womens bike for Summer 2023.

Full Collection Now at MRO.



MOUNTAIN ROAD OUTFITTERS

MOUNTAIN ROAD OUTFITTERS / MALOJA FLAGSHIP STORE
Clothes Made for the Mountains

409 MOUNTAIN ROAD / STOWE
802 760 6605




COURTESY PHOTO

SMOOTH CYCLING

Continued from Page 19

and heading northeast to the terminus in Richford.

Shortly after departing St. Albans, the trail passes through villages, cornfields, dairy farms, bridges and a lot of red barns.

MORE INFO: mvrailtrail.org

Island Line Trail

14 miles

If you're keen on variety, this trail has a lot to offer, including one novel segment, the Colchester Causeway. It's one of the more unusual "trails" in Vermont, extending three miles into Lake Champlain, where the scenery is spectacularly aquatic.

It's an easy trail that passes by beaches, parks and backyards, and offers great views of Lake Champlain and the Adirondacks.

Starting on the waterfront in Burlington, the trail heads north, skirting Lake Champlain, eventually reaching the aforementioned causeway.

At the end of the causeway you can take Local Motion's Island Line Bike Ferry (seasonal) to cross "The Cut," a 200-foot gap in the causeway, with South Hero on its far side.

MORE INFO: localmotion.org

Route 127 Path

3.2 miles (one way)

This recreational path is situated north of downtown Burlington and south of

Colchester and passes by wetlands, natural areas and the Winooski River.

It connects Burlington's Old North End to the New North End, and links suburbs and parks, and passes by the Ethan Allen Homestead, which features a museum and year-round events.

While primarily for recreation, the path offers opportunities to spot wildlife on the Intervale, including a wide variety of birds.

A portion of the Route 127 Path is part of the Burlington Wildway Trail.

The trail heads south into Ethan Allen Park from the path and through the Ethan Allen Homestead to the east on its way to Salmon Hole Park.

It's definitely worth exploring.

MORE INFO: enjoyburlington.com

South Burlington Recreation Path

26 miles

A collaboration between the residents of South Burlington and the city resulted in this 26-mile network of paved, off-street trails that skirt by neighborhoods, view points and Lake Champlain.

Overlook Park on Deerfield Road has stunning views of Lake Champlain and the Adirondacks in New York.

It's a great place to watch the sunset.

Another segment winds through Farrell Park, a heavily forested oasis of greenery, while another section takes you through Red Rocks Park along the water, with great views of Lake Champlain and a popular swimming hole.

MORE INFO: bit.ly/3xQdK4y

Rider profile: Chandra Richter

Liberty Darr

When Chandra Richter and her family decided to move to Vermont five years ago, she never imagined the adventure she would find peddling her way through the Green Mountain State.

"I grew up biking around the neighborhood and had a paper route for many years as a kid," Richter said. "So, biking was very familiar."

Although she had plenty of years of experience road biking, the rough roads and twists and turns of mountain biking were a whole new daunting feat, which she learned quickly was not an endeavor for the faint at heart. Her husband, Caleb, had been the mountain biker of the family and it wasn't until she found the Stowe Trails Partnership community that she realized it's never too late to try a new sport.

"I picked up the sport in my 40s. The first couple of seasons were pretty hard. I took some pretty hard falls," she said.

But Richter recalled a "lightbulb" moment a few years ago when she could confidently

say that she "fell in love" with the thrill the new sport brought her.

"There was this magical moment where I was like, 'Oh, this is fun,'" she said. "It just clicked all of a sudden, not that I'm an amazing rider or anything, but it started to make more sense. We were up in Stowe, surrounded by some really great mountain biking systems."

Without the help of a welcoming community to guide her along the way, Richter explained that the learning curve, especially at a later stage in the game, would have seemed almost impossible. Despite some initial hesitation, she started taking any classes for women that she could find and gradually began building a support network that would push her to reach her newfound goals.

"It's a really beautiful community. I never felt like people were like, 'Come on, you're too slow. Get out of the way.' No, everybody is like, 'Yeah, you can do this.'"

More than anything, the sport offers a way for her entire family to get outside and remember the importance of "play" — an aspect of life that Richter says is often easily

forgotten about as an adult.

"We get out and we just play," she explained. "We ride around the house just to get outside for a little bit without making it a big production of having to load bikes and go somewhere. My little one isn't quite on a pedal bike yet. We got her a co-pilot, where she sits on the front of the bike, and she took to it instantly. She would just sit and say, 'Faster, go faster.'"

Richter feels confident and brave behind the handlebars but explained that it's always important to remember it's OK to take the ride just one peddle at a time. For her, mountain biking is more than just a challenging exercise, it is also a practice of being present and learning to overcome obstacles that, at one time, seemed insurmountable.

"You don't have to do every feature on the trail," she said. "There could be something that you did yesterday, but today doesn't feel like the right time. Just that acceptance of the present has been really good. We're not always here to have an elevation goal, a lot of time's it's just 'let's go play.'"



GORDON MILLER

"THERE WAS THIS MAGICAL MOMENT WHERE I WAS LIKE, 'OH, THIS IS FUN.'"

ON THE TRAIL OR OFF

FUEL + HYDRATION = SUCCESS



Prepared Food, Deli, Bakery
Craft Beers, Wines &
Black Flannel Distilling Co.



EDELWEISS
MOUNTAIN DELI

STOWE, VT • 253-4034
10:30 AM – 6 PM M-F
9 AM – 6 PM Weekends

edelweisstowe.com



Fast, Friendly, No Attitude BICYCLE SERVICE



4081 MOUNTAIN ROAD
STOWE, VT
802-253-4531

Instagram Facebook MOUNTAINOPSVT.COM



Rules of the road

The League of American Bicyclists' five rules of the road prepare you for safe and fun road bicycling no matter where you ride.

FOLLOW THE LAW

You have the same rights and responsibilities as drivers. Obey traffic signals and stop signs. Ride with traffic, use the right-most lane headed in the direction you're traveling.

BE PREDICTABLE

Make your intentions clear to everyone on the road. Ride in a straight line and don't swerve between parked cars. Signal turns, and check behind you well before turning or changing lanes.

BE CONSPICUOUS

Ride where people can see you and wear bright clothing. Use a front white light, red rear light and reflectors when visibility is poor. Make eye contact with others and don't ride on sidewalks.

THINK AHEAD

Anticipate what drivers, pedestrians and other people on bikes will do next. Watch for turning vehicles and ride outside the door zone of parked cars. Look out for debris, potholes and other road hazards. Cross railroad tracks at right angles.

RIDE READY

Check that your tires are sufficiently inflated, brakes are working, chain runs smoothly and quick release levers are closed. Carry tools and supplies appropriate for your ride. Wear a helmet.



FILE PHOTO

Stowe SANDWICH COMPANY

OPEN DAILY

breakfast 8-10am
lunch 10-4 pm

SEVEN DAYSIES
Locals Pick the Best of Vermont - 2022
Winner!

Best Sandwich

Conveniently located on the Stowe Rec Path
1669 Mountain Road, Stowe
stowesandwich.com

WALK IN PIERCINGS DAILY

AT WORLD FAMOUS MONKEY HOUSE CUSTOMS

STOWE'S PREMIERE TATTOO SHOP

454 MOUNTAIN RD
STOWE VERMONT 05672
(802) 760-6829

WORLD FAMOUS MONKEY HOUSE@GMAIL.COM

Ride with gratitude: Michy's story

Michy Lemay

I love riding bikes. I have always felt that way. Each time I get out on a ride, it improves the joy in my day and makes me feel more connected to my mind, body and soul.

But over the past few years, I have developed an even greater appreciation for the beautiful playground that we have here in Stowe, for the power of positive thought and for the importance of doing things I love.

I recently went through systemic cancer treatment. And through this biking represented a place of normalcy for me.

A place where I could just be me.

Sweat it out, feel alive, feel connected to nature, smile, fly through the air, accomplish personal achievements and connect with friends.

Stowe Trails Partnership has continued to create and build an amazing network of trails for all abilities and ages — and for adventures. At the end of the 2022 season, I took on a personal challenge on their trails and it has been my greatest endeavor yet! My goal was to mountain bike 2,000 single-track miles in one riding season. As the 2022 season came to a close, I realized I had 226 miles left to complete in just four days.

The farthest I had ever ridden in one day was 53 miles, so I knew if I rode from sunup to sundown, I could cover some good ground. On my first day, I ate a big breakfast, packed all my supplies, and chose refueling spots. I covered about 25 miles in Cady Hill, headed over to Adams Camp via Strawberry Hill Farm and Pipeline, up to the Trapp cabin, and did the full Adam's Camp Loop a couple of times. With about 45 miles accomplished, I knew I could put more time in at the Trapps trails and then head back to Cady. I finished up this first day as the sun was setting and achieved my new personal record of 61 miles ridden in a single day.

For the next two days, I continued to push myself during every minute of daylight and succeeded in riding 62 miles on both days. I have never felt more exhausted, both mentally and physically, in my life, but after three hard days and only 41 miles to go, the goal was in sight.

Even though it was 20 miles less than the first three days, I think I spent those last 20



DARREN BENZ

on day four in tears ... tears of exhaustion and joy. This feat was one that had multiple meanings for me. It was a true personal goal — to prove to myself that I was healthy, strong and back from a year of cancer treatment.

Biking was one of the greatest healing modalities I had through chemo and radiation. In fact, on my last round of chemo, I completed another one of my personal quests, the Sweaty Bald Eagle Chemo Bike Challenge where I biked every single day through my last round.

There were days that I was scared to drive to the trailhead, but I did anyway, and I biked, and it was the best I felt all day. Riding on Stowe trails was my healing space and is where I feel most alive, most myself and in true joy and peace.

Thank you to the Stowe Trails Partnership team and volunteers. This community is so lucky to have this in our backyard. So much gratitude! #ridewithgratitude

Thanks to our sponsors for their support!

STOWE TRAILS PARTNERSHIP would like to extend a huge thank you to all the sponsors, access partners, and members that support and enable this organization to continue building, maintaining and protecting Stowe's valuable trail network and resource.

Please show some love to our returning and new business sponsors this year that help support your trails.

Want to become a sponsor and receive all the related benefits? Visit stowetrails.org/partners.

Want to become a member supporter? Visit stowetrails.org/join.

A special thanks to the Stowe Reporter for supporting outdoor trails in Stowe and helping to promote Stowe Trails Partnership.

REGENERATIVE NON-SURGICAL ORTHOPEDICS

Considering joint replacement? Rotator cuff repair? Knee arthroscopy?

Now there are proven* non-surgical alternatives that use image guided injections of your body's own blood derived cells to help your body heal damage to joints, tendons, ligaments and nerves. Regenexx procedures offer research validated alternatives to elective surgery or joint replacement due to injury or arthritis. If physical therapy, medications, cortisone injections and even surgery haven't worked for you then Regenexx procedures might be the right option.

*<https://regenexx.com/results/>

Triple Board certified and a national & international teacher and innovator in Interventional Orthopedic Medicine, Dr. Fenton has been treating patients in Vermont for 30 years.

 Regenexx®



Dr. J. Fenton & Dr. K. Albert
321 Main St, Winooski, VT
(802) 859-0000

VermontRegenerativeMedicine.com
Regenerative Interventional Orthopedic Medicine

Former World Cup mogul skier Dr. Kelsey Albert, above, is joining our team in September





THANK YOU!

Stowe Trails Partnership would like to extend a huge thank you to all the Sponsors, Access Partners, and Members that support and enable this organization to continue building, maintaining, and protecting Stowe's valuable trail network and resource.

Please show some love to our returning and new business Sponsors this year that help support your trails.

Want to become a Sponsor and receive all the related benefits? Visit Stowetrails.org/partners

Want to become a member supporter - visit Stowetrails.org/join

Special thanks to the Stowe Reporter for supporting outdoor trails in Stowe and helping to promote Stowe Trails Partnership.

Access Partners



Epic



Hammer



Shredder



Grinder



Ripper



Singletrack



Dreaming of a lifestyle to fit all seasons?
Let us guide you there.



Coldwell Banker Carlson Real Estate

91 Main Street, Stowe, VT (802) 253-7358

74 Portland Street, Morrisville, VT (802) 521-7962

info@carlsonrealestatestowe.com | www.cbcarlsonrealestate.com



COLDWELL BANKER

**CARLSON
REAL ESTATE**