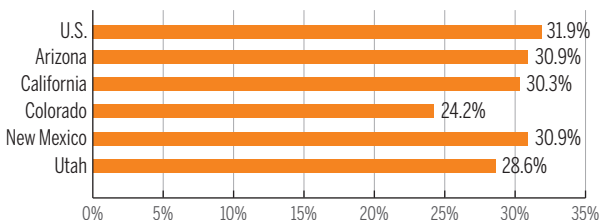


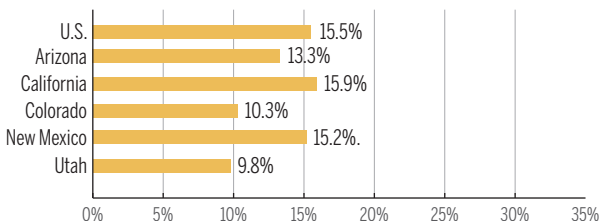
# Obesity in children and adults

In Arizona, 13% of children ages 2-4 in the Arizona Supplemental Nutrition Program for Women, Infants Children (WIC) were considered obese in 2020, along with 13% of adolescents in grades nine through 12 in 2019, and nearly 31% of adults in 2020. Those numbers are closely aligned with the national percentages. In all three categories, Arizona had higher percentages of people with obesity than Colorado and Utah. The state was closely aligned with California and New Mexico for adults and had a slightly lower percentage than both of those states for adolescents. For toddlers, Arizona fared about as well as New Mexico, but better than California.

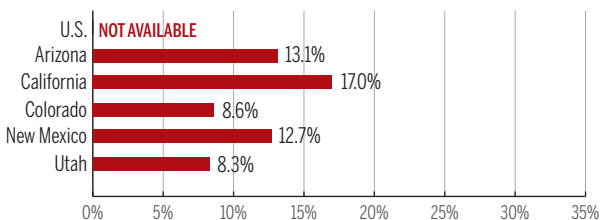
## Percentage of adults with obesity (2020)



## Percentage of adolescents\* with obesity (2019)



## Percentage of WIC\*\* 2-4 year-olds with obesity (2020)



\*Adolescents refers to students in grades nine through 12

\*\*The Arizona Supplemental Nutrition Program for Women, Infants, and Children (WIC)