

# SUMMER SURVIVAL

Tips on things to do and surviving the summer heat in Tucson

..... **T** [tucson.com](http://tucson.com) *Arizona Daily Star*

## 1 JUMP IN THE POOL

Find a list of places to swim, including public pools, splash pads and hotels at <http://tucne.ws/1ktt>

## 3 FROZEN TREATS

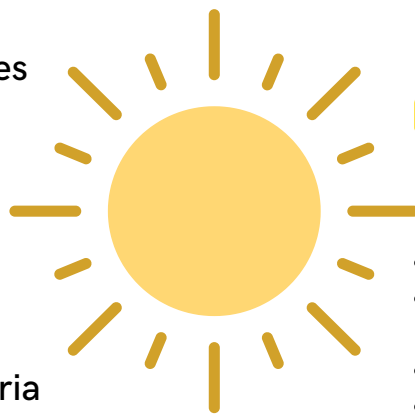
Some ideas:

- Raspados at Oasis Fruit Cones
  - 4126 S. 12th Ave.
- Halo-halo at Fiesta Filipina
  - 5870 E. Broadway
- Ice cream at Hub Ice Cream
  - 245 E. Congress St.
- Bingsoo at Takamatsu
  - 5532 E. Speedway
- Popsicles at Paeteria y Neveria La Michoacana
  - 3774 S. Sixth Ave.

## 2 BECOME NOCTURNAL

Limit outdoor activity during the day. Here are some night activities:

- Summer Safari Nights at Reid Park Zoo, Saturdays
  - [reidparkzoo.org](http://reidparkzoo.org)
- Cool Summer Nights at Arizona-Sonora Desert Museum, Saturdays
  - [desertmuseum.org](http://desertmuseum.org)
- Chillin at the Chul at Tohono Chul, Fridays-Saturdays
  - [tohonochul.org](http://tohonochul.org)



## 4 ENJOY THE A/C

Some ideas:

- Ignite Sign Art Museum, 331 S. Olsen Ave.
- Rock Solid Climbing + Fitness, 3949 W. Costco Dr.
- The Loft Cinema, 3233 E. Speedway
- Splitting Timber Axe Throwing, 6401 Marana Center Blvd.
- Pima County Library, 27 branches



# 5 TAKE A DAY TRIP

Read about spots in Cochise County at <http://tucne.ws/1ktu>

# 6 STAY HYDRATED & SUN SAFE

Remember to stay hydrated and protect your skin from the sun. Reapply sunscreen every couple hours when you're outside and cover up when you can.

# 7 WAIT FOR MONSOON

Experts predict a wetter-than-normal monsoon in 2022. Read more at <http://tucne.ws/1ktv> and find flash flood safety tips at <http://tucne.ws/1ktw>



# UPCOMING SUMMMER EVENTS

- July 7:** Pay-What-You-Wish admission at Tucson Museum of Art, <https://www.tucsonmuseumofart.org>
- Weekend mornings in July:** Loft Kids Fest at The Loft Cinema, [loftcinema.org](http://loftcinema.org)
- July 9, 23:** Night Wings at Pima Air & Space Museum, [pimaair.org](http://pimaair.org)
- July 9:** 2nd Saturdays downtown, [facebook.com/2ndSaturdaysDowntown](https://facebook.com/2ndSaturdaysDowntown)
- July 9, 16, 30:** Observatory and telescope open to the public at Flandrau, [flandrau.org](http://flandrau.org)
- July 9:** Art After Dark at Children's Museum Tucson, [childrensmuseumtucson.org](http://childrensmuseumtucson.org)
- July 9:** "Stranger Things" laser show at Flandrau, [flandrau.org](http://flandrau.org)
- July 10:** Mezcal Sunday at Hotel Congress, [hotelcongress.com](http://hotelcongress.com)
- July 10:** Cat yoga at El Jefe Cat Lounge, [eljefecatlounge.com](http://eljefecatlounge.com)
- July 14:** Painting with Topsy Picassos at Borderlands Brewing Company, [facebook.com/tipsypicassos](https://facebook.com/tipsypicassos)
- July 15:** Free concert at Main Gate Square, [maingatesquare.com](http://maingatesquare.com)
- July 15:** Hub Ice Cream + cider flight at Bawker, [bawkerbawker.com](http://bawkerbawker.com)
- July 16:** Family Saturdays at Watershed Management Group, [watershedmg.org](http://watershedmg.org)
- July 16:** Art and mural tour with Presidio San Agustín del Tucson Museum, [tucsonpresidio.com](http://tucsonpresidio.com)
- July 16:** Three Dog Night at Fox Tucson Theatre, [foxtucson.com](http://foxtucson.com)
- July 19-24:** "Pretty Woman" at Centennial Hall, [centhall.org](http://centhall.org)
- July 21:** Free Third Thursday at MOCA, [moca-tucson.org](http://moca-tucson.org)
- July 22:** "Luca" showing at Reid Park, [coxmoviesinthepark.com](http://coxmoviesinthepark.com)
- July 23:** Kidz Expo at TCC, [facebook.com/arizonabilingual.news](https://facebook.com/arizonabilingual.news)
- July 23:** "The Breakfast Club" showing at Fox Tucson Theatre, [foxtucson.com](http://foxtucson.com)
- July 26:** Trivia at Tap & Bottle downtown, [facebook.com/thetapandbottle](https://facebook.com/thetapandbottle)
- July 27:** Selena tribute band at Hotel Congress, [hotelcongress.com](http://hotelcongress.com)
- July 27:** Soul Food Wednesday, [instagram.com/blaxfriday](https://instagram.com/blaxfriday)
- July 28:** Wine Thursday at Hotel Congress, [hotelcongress.com](http://hotelcongress.com)
- July 29:** Summer Night Market at MSA Annex, [mercadodistrict.com](http://mercadodistrict.com)
- July 29:** Live music at American Eat Co., [facebook.com/americaneatco](https://facebook.com/americaneatco)