



**2017**

**HIDEAWAY**

**BOOK**

## 2017 Arizona Wildcats Football Schedule

Date	Opponent	Time/TV
Saturday Sep. 2	 <b>NAU Lumberjacks</b> Arizona Stadium, Tucson, AZ	<i>Time TBA</i> TV TBA
Saturday Sep. 9	 <b>Houston Cougars</b> Arizona Stadium, Tucson, AZ	<i>Time TBA</i> TV TBA
Friday Sep. 15	 <b>at UTEP Miners</b> Sun Bowl Stadium, El Paso, TX	7:15pm PT ESPN
Friday Sep. 22	 <b>Utah Utes</b> Arizona Stadium, Tucson, AZ	<i>Time TBA</i> TV TBA
Saturday Sep. 30	<i>OFF</i>	
Saturday Oct. 7	 <b>at Colorado Buffaloes</b> Folsom Field, Boulder, CO	<i>Time TBA</i> TV TBA
Saturday Oct. 14	 <b>UCLA Bruins</b> Arizona Stadium, Tucson, AZ	<i>Time TBA</i> TV TBA
Saturday Oct. 21	 <b>at California Golden Bears</b> California Memorial Stadium, Berkeley, CA	<i>Time TBA</i> TV TBA
Saturday Oct. 28	 <b>Washington State Cougars (HC)</b> Arizona Stadium, Tucson, AZ	<i>Time TBA</i> TV TBA
Saturday Nov. 4	 <b>at USC Trojans</b> LA Memorial Coliseum, Los Angeles, CA	<i>Time TBA</i> TV TBA
Saturday Nov. 11	 <b>Oregon State Beavers</b> Arizona Stadium, Tucson, AZ	<i>Time TBA</i> TV TBA
Saturday Nov. 18	 <b>at Oregon Ducks</b> Autzen Stadium, Eugene, OR	<i>Time TBA</i> TV TBA
Saturday Nov. 25	 <b>at Arizona State Sun Devils</b> Sun Devil Stadium, Tempe, AZ	<i>Time TBA</i> TV TBA
Fri. 12/1 or Sat. 12/2	 <b>Pac-12 Championship Game</b> Levi's Stadium, Santa Clara, CA	

## **2017 PAC-12 FOOTBALL SCHEDULE**

***Thurs., Aug. 31***

***New Mexico State at ARIZONA STATE***

***North Dakota at UTAH***

***Fri., Sept. 1***

***Colorado State vs. COLORADO (1)***

***WASHINGTON at Rutgers***

***Sat., Sept. 2***

***Northern Arizona at ARIZONA***

***Western Michigan at USC***

***Texas A&M at UCLA***

***Southern Utah at OREGON***

***Portland State at OREGON STATE***

***Montana State at WASHINGTON STATE***

***CALIFORNIA at North Carolina***

***STANFORD at Rice***

**Sat., Sept. 9**

**Houston at ARIZONA**

**San Diego State at ARIZONA STATE**

**STANFORD at USC**

**Hawai'i at UCLA**

**Texas State at COLORADO**

**UTAH at BYU**

**Nebraska at OREGON**

**Minnesota at OREGON STATE**

**Montana at WASHINGTON**

**Boise State at WASHINGTON STATE**

**Weber State at CALIFORNIA**

**Sat., Sept. 16**

**ARIZONA at UTEP**

**ARIZONA STATE at Texas Tech**

**Texas at USC**

**UCLA at Memphis**

**Northern Colorado at COLORADO**

**San Jose State at UTAH**

**OREGON at Wyoming**

**OREGON STATE at WASHINGTON STATE**

**Fresno State at WASHINGTON**

***Mississippi at CALIFORNIA***  
***STANFORD at San Diego State***

***Fri., Sept. 22***

***UTAH at ARIZONA***

***Sat., Sept. 23***

***OREGON at ARIZONA STATE***

***USC at CALIFORNIA***

***UCLA at STANFORD***

***WASHINGTON at COLORADO***

***OREGON STATE at Colorado State***

***Nevada at WASHINGTON STATE***

***Fri., Sept. 29***

***USC at WASHINGTON STATE***

***Sat., Sept. 30***

***ARIZONA STATE at STANFORD***

***COLORADO at UCLA***

***CALIFORNIA at OREGON***

***WASHINGTON at OREGON STATE***

**Sat., Oct. 7**

**ARIZONA at COLORADO**

**OREGON STATE at USC**

**STANFORD at UTAH**

**WASHINGTON STATE at OREGON**

**CALIFORNIA at WASHINGTON**

**Fri., Oct. 13**

**WASHINGTON STATE at CALIFORNIA**

**Sat., Oct. 14**

**UCLA at ARIZONA**

**WASHINGTON at ARIZONA STATE**

**UTAH at USC**

**COLORADO at OREGON STATE**

**OREGON at STANFORD**

**Sat., Oct. 21**

**ARIZONA at CALIFORNIA**

**ARIZONA STATE at UTAH**

**USC at Notre Dame**

**OREGON at UCLA**

**COLORADO at WASHINGTON STATE**

***Thurs., Oct. 26***

***STANFORD at OREGON STATE***

***Sat., Oct. 28***

***WASHINGTON STATE at ARIZONA***

***USC at ARIZONA STATE***

***UCLA at WASHINGTON***

***CALIFORNIA at COLORADO***

***UTAH at OREGON***

***Fri. Nov. 3***

***UCLA at UTAH***

***Sat., Nov. 4***

***ARIZONA at USC***

***COLORADO at ARIZONA STATE***

***OREGON at WASHINGTON***

***OREGON STATE at CALIFORNIA***

***STANFORD at WASHINGTON STATE***

***Fri., Nov. 10***

***WASHINGTON at STANFORD***

**Sat., Nov. 11**

**OREGON STATE at ARIZONA**

**ARIZONA STATE at UCLA**

**USC at COLORADO**

**WASHINGTON STATE at UTAH**

**Sat., Nov. 18**

**ARIZONA at OREGON**

**ARIZONA STATE at OREGON STATE**

**UCLA at USC**

**UTAH at WASHINGTON**

**CALIFORNIA at STANFORD**

**Fri., Nov. 24**

**CALIFORNIA at UCLA**

**OREGON STATE at OREGON**

**Sat., Nov. 25**

**ARIZONA at ARIZONA STATE**

**COLORADO at UTAH**

**WASHINGTON STATE at WASHINGTON**

**Notre Dame at STANFORD**

**Fri., Dec. 1 or Sat., Dec. 2**

**Pac-12 Football Championship Game (2) (ESPN)**



# **ARIZONA FOOTBALL**

## **ARIZONA FOOTBALL**

### **2017 TEAM HOTEL ACCOMODATIONS**

#### **UTEP**

El Paso Marriott  
1600 Airway BLVD  
El Paso, TX 79925  
915-779-3300

#### **Colorado**

Westin Westminster  
10600 Westminster BLVD  
Westminster, CO 80020  
303-410-5000

#### **Cal**

Hilton Oakland Airport  
1 Hegenberger Rd  
Oakland, CA 94621  
510-635-5000

#### **USC**

Hilton Pasadena  
168 S. Los Robles Ave  
Pasadena, CA 91101  
626-577-1000

#### **Oregon**

Valley River Inn  
1000 Valley River Way  
Eugene, OR 97401  
541-743-1000

#### **ASU**

Phoenix Airport Marriott  
1101 N. 44<sup>th</sup> St.  
Phoenix, AZ 85008  
602-273-7373

# **STAFF ORGANIZATION**

# **STAFF RESPONSIBILITIES**

## **Head Coach-Rich Rodriguez**

1. Provide leadership, pride, high morals, and guidance for entire staff. To motivate and direct players and coaches to identify and solve problems and to assign responsibility and give authority to execute.
2. Public relations, media, fundraising, etc.
3. Make final discipline decisions (assistants handle cases that need not reach head coach).
4. Be responsible for losses.
5. Check staff on game plans and use of personnel. Veto any plan that I am convinced will end in failure.
6. Promote staff and team unity.
7. Promote stress and demand loyalty to staff, athletic department, and the University of Arizona.
8. To ensure proper team and program morale.
9. To help coach quarterbacks and receivers, help organize the offense, and assist offensive coordinator in calling the plays.
10. To organize the plan to make our program a consistent top ten program.
11. To approve game plans of offense, defense and special teams.
12. To communicate to staff my expectations and to receive their feedback on program matters.
13. To be the “voice” of the program to media/administration/boosters, etc.
14. To be decision-maker on issues that reflect back on program

## **Associate Head Coach/Offensive Coordinator-Calvin Magee**

1. Coordinate offense-game plan, practice schedules, offensive staff meetings, offensive goals/statistics, teaching tools, and play-calling in conjunction with Coach Rodriguez
2. Assist Head Coach with internal relations of football program. Assist Head Coach with external relations/fundraising.
3. Assist Head Coach with staff/team morale.
4. Organize/develop offensive playbook.
5. Staff/Graduate Assistant and intern liaison.
6. Organize “answer” sheet on game plan and communicate audibles/checks on game day.
7. Coach running backs and oversee other offensive positions.
8. Oversee offensive scouting report and self-scout report.
9. Academic monitoring of running backs.
10. Oversee offensive walk-on program with Matt Dudek/Jahmile Addae.
11. Oversee practice/meetings in case of head coach absence.
12. Communicate with staff expectations of head coach on program matters.
13. Staff video liaison.
14. Recruit assigned area-Evaluate all offensive prospects.

## **Defensive Coordinator-Marcel Yates**

1. Coordinate defense-game plan, practice schedules, defensive staff meetings, defensive goals/statistics, teaching tools.
2. Organize/develop defensive playbook.
3. Call defenses.
4. Assign and evaluate defensive graduate assistant.
5. Press box and sideline assignments for defensive staff and team.
6. Coach the Corners/Spurs.
7. Organize defensive recruiting board and defensive practice schedule.
8. Weekly defensive scouting reports and daily defensive practice schedule.
9. Defensive staff and defensive team "morale".
10. Meet with Head Coach on defensive plan and practice organization and personnel.
11. Evaluate all defensive prospects.
12. Oversee defensive walk-on program with Matt Dudek/Chris Singletary/Mike DiAngelo
13. Academic monitoring of Corners/Spurs
14. Assist with external relations program.

## **Interior Defensive Line-Vince Amey**

1. Coach Interior Defensive Line.
2. Duties assigned by defensive coordinator.
3. Academic monitoring of interior defensive line.
4. Assist in coordinating The extra point/Field Block unit
5. Recruit assigned area.

## **Offensive Line-Jim Michalczik**

1. Coach Offensive line.
2. Organize short yardage/goal-line offense with Coach Magee.
3. Academic monitoring of o-line.
4. Assist with extra-point/FG units.
5. Organize scout team front looks.
6. Recruit assigned areas.

## **Linebackers-Scott Boone**

1. Coach Corners/Free Safety
2. Academic monitoring of Corners
3. Duties assigned by defensive coordinator.
4. Assist with defensive special teams.
5. Recruit assigned areas.
6. Plan defensive skill development with coaches/strength staff.



## **Quarterbacks/Co-Offensive Coordinator-Rod Smith**

1. Coach quarterbacks.
2. Assist Coach Magee with passing game coordinator/offensive play list.
3. Academic monitoring of quarterbacks.
4. Organize scout team coverage looks.
5. Organize/teach offensive signals.
6. Recruit assigned area.
7. Equipment Liaison

## **Special Teams/Defensive Ends-Studs-Brian Knorr**

1. Coach Specialist/D-Ends/Studs
2. Academic monitoring of Specialist/D-Ends/Studs
3. Special teams coordinator. Plan/Organize special teams practices, meetings and reports.
4. Plan specialists practices/workouts.
5. Recruit assigned areas.

## **Wide Receivers-Theron Aych**

1. Coach wide-receivers
2. Academic monitoring of wide-receivers.
3. Oversee throwing/catching in-season program.
4. Recruit assigned area.
5. Assist with Special Teams.
6. Plan offensive skill development with coaches/strength staff.

## **Safeties-Jahmile Addae**

1. Coach Bandits/Free
2. Academic monitoring of Bandits/Free
3. Duties assigned by defensive coordinator
4. Recruit assigned areas
5. Assist with Special Teams units.

## **Assistant Athletic Director – Football Operations – Mike Parrish**

**Supervisor:** Head Football Coach

**Direct Reports:** Administrative Staff, Assistant Director of Football Operations, Operations Coordinators

### **Job Summary:**

Manage the service and support functions of the Football program. Determine program needs, design and initiate program modifications where needed. Review program needs with intent to reduce budget.

#### **A. Essential Functions / Responsibilities**

- 1) Provide administrative assistance for Head Coach and Athletic Director
- 2) Manage all aspects of the football budget
- 3) Approve all travel requests and travel expense reports
- 4) Approve vacation requests for office staff and football temporary staff
- 5) Supervise all administrative associates and assistants
- 6) Coordinate hiring of office staff
- 7) Assist Head Coach with new employee transition
- 8) Manage and coordinate yearly football calendar with Head Coach
- 9) Assist Head Coach with game schedule process
- 10) Manage team travel arrangements for home and away games
- 11) Coordinate football team bowl game operations
- 12) Serve as football liaison to Hall of Champions for football banquet
- 13) Pre-season practice administrative arrangements
- 14) Assist staff with NCAA rules interpretations
- 15) Manage CARA process
- 16) Coordinate facilities and practice field schedule with facilities management
- 17) Coordinate training table meal program and occasional meals
- 18) Determine, develop and coordinate football facilities improvements and construction
- 19) Distribute football staff tickets and parking passes
- 20) Liaison to marketing and promotions department for concepts/material
- 21) Liaison to Wildcat Club including car program

#### **B. Recruiting**

- 1) Provide assistance to recruiting staff during official and unofficial visits

#### **C. Game Day**

- 1) Coordinate all aspects of team travel on game day
- 2) Provide assistance to Game Operations staff
- 3) Manage game credentials

## **General Manager/Director of Player Personnel -Matt Dudek**

1. Provide administrative assistance for head coach.
2. Plan and assist with recruiting functions.
3. Assist Head Coach with roster management.
4. Assist in acting as liaison between football staff and compliance office to keep the football program in compliance with NCAA, PAC-12 conference and University rules.
5. Assist with marketing of program.
6. NFL Liaison.
7. Assist with walk-on program.
8. Help coordinate beginning and continuing eligibility of all players.
9. Assist with outgoing/incoming transfers and transfer requests.
10. Assist with campus groups/connections.

## **Director of Recruiting-Chris Singletary**

1. Plan/Coordinate the recruitment of student-athletes for the football program-including: Prospect evaluations, mailings, communications, official/unofficial visits, information gathering, and coaches recruiting schedules.
2. Plan and assist with recruitment functions such as junior days, spring game, home games, visits and camps.
3. Organize recruiting board and prospect list.
4. Coordinate recruiting service purchases..
5. Organize game-day visits
6. Ensure all prospects are clear of playing field prior to kick-off.
7. Coordinate and manage all NCAA compliance forms for recruiting with General Manager.
8. Arrange student-athlete hosts.
9. Organize recruiting mailings, board and news.
10. Assist social media recruiting procedures.

## **Director of Football Operations – Billy Kirelawich**

**Supervisor:** Assistant Athletics Director – Football Operations

### **Job Summary:**

Assist with management of the service and support functions for all football daily operations

#### **A. Essential Functions / Responsibilities**

- 1) Provide administrative assistance to Head Coach and Assistant Athletic Director
- 2) Serve as staff liaison to compliance office to keep program in compliance with NCAA, Pac-12 Conference and University rules
  - i. Maintain compliance log with assistance from Administrative Assistant
- 3) Coordinate practice officials
- 4) Organize community relations programs for the football program
- 5) Maintain and manage Wildcat Group motivational program
- 6) Track, collect and interpret prospect high school transcripts and SAT/ACT test scores
- 7) Assist in transition of incoming student-athletes
  - i. Arrange campus housing for incoming student-athletes
  - ii. Assist with coordination of incoming student-athletes' orientation
- 8) Assist with Big Brothers Program
- 9) Assist with all academic matters related to current football student-athletes
- 10) Assist with organization of Teamworks Software
- 11) Liaison to A Club – Alumni Players
  - i. Organize programs to maintain a positive relationship with former players

#### **B. Recruiting**

- 1) Provide assistance with recruiting weekends
- 2) Assist in providing NCAA interpretation related to recruiting rules

#### **C. Game Day**

- 1) Assist Assistant Athletic Director with team arrival to stadium
- 2) Provide assistance with management of team bench area during games



## **Football Analyst II-Mike Diangelo**

**Supervisor:** Assigned Coordinator & Assistant Athletics Director – Football Operations

**Job Summary:**

Assist with management of the service and support functions for all football daily operations

**A. Essential Functions / Responsibilities**

- 1) Provide assistance to Head Coach, Assistant AD and Recruiting Coordinator
- 2) Organize and implement practice atmosphere
- 3) Assist Head Coach with game officials review
- 4) Liaison to coach and staff families
- 5) Assist Head Coach with Top 25 Coaches poll
- 6) Other duties assigned by Head Coach

**B. Recruiting**

- 1) Assist with maintenance of prospect database
- 2) Assist with maintenance of football recruiting film database
- 3) Coordinate high school coach relations
  - i. E-mails
  - ii. Correspondence from Head Coach

**C. Game Day**

- 1) Organize and implement pre-game music
- 2) Provide assistance with management of team bench area during games

**D. Camps**

- 1) Assist in organization of position skill instruction

**Required:**

- 1) Bachelor's Degree with prior Division I football work experience
- 2) Ability to work with minimal supervision under strict deadlines in a fast paced environment
- 3) Ability to work non-traditional hours
- 4) Knowledge and experience in NCAA rules and compliance

**Preferred:**

- 1) 3-5 years of experience in collegiate athletics coaching, video editing or computer software

## **Football Analyst I – B.J. Denker**

**Supervisor:** Assigned Coordinator (Offense/Defense/Special Teams) and Recruiting Coordinator

### **Job Summary:**

Assist with management of the service and support functions for all football daily operations

#### **A. Essential Functions / Responsibilities**

- 1) Provide assistance to Head Coach, Special Teams Coordinator & Recruiting Coordinator
- 2) Type and print documents created by assistant coaches
- 3) Copy and distribute weekly opponent Special Teams scouting reports
- 4) Assist academic support staff with class checking of current student-athletes
- 5) Copy and distribute weekly opponent scouting reports
- 6) Monitor team curfew during pre-season training camp
- 7) Lifestyle monitoring of student-athletes

#### **B. Recruiting**

- 1) Assist with maintenance of prospect database
- 2) Assist recruiting coaches with campus tours during official visits
- 3) Transport prospects to and from the airport during official visits
- 4) Provide tours of facilities and campus to prospects during unofficial visits

#### **C. Game Day**

- 1) Chart play calls/plays as directed by Special Teams Coordinator
- 2) Provide assistant coaches with statistical data compiled during game

#### **D. Camps**

- 1) Provide administrative support to position coaches for summer camp.
- 2) Assist in organization of position skill instruction

### **Required:**

- 1) Bachelor's Degree with prior Division I football work experience
- 2) Ability to work with minimal supervision under strict deadlines in a fast paced environment
- 3) Ability to work non-traditional hours
- 4) Knowledge and experience in NCAA rules and compliance

### **Preferred:**

- 1) 1-2 years of experience in collegiate athletics coaching, video editing or computer software

## **Executive Assistant to the Head Coach-Melissa Wilhelmsen**

### **Job Summary:**

Perform responsible secretarial administrative duties for the Head Football Coach, including matters of highly sensitive and confidential nature.

### **Essential Functions/Responsibilities:**

1. Respond to inquiries and complaints regarding matters of highly sensitive or confidential nature, which may have institutional impact.
2. Initiate written correspondence requiring interpretation of policies and procedures.
3. Schedule appointments and coordinate meetings for Head Coach.
4. Manage all autograph requests from fans, alums and charities.
5. Take and transcribe correspondence as a representative of the Head Coach or direct matters to appropriate individuals for action of follow-up.
6. Receive and reconcile expense statements for the Head Coach
7. Personal interaction may involve providing and obtaining highly confidential information requiring discretion and judgment in the interpretation and application of policies and procedures.
8. Assist with Sponsorship of Summer Camps.

### **Recruiting:**

1. Assist the Head Football Coach with any recruiting correspondence.
2. Assist with maintaining prospect appointment schedule during unofficial visits.

## **Football Operations Coordinator-Dusty Rutledge**

1. Assist Head Coach with administrative duties.
2. Assist Mike Parrish, Billy Kirelawich and Matt Dudek with administrative duties.
3. Practice atmosphere/set-up (music, noise, etc.)
4. NCAA Compliance updates/reminders/verifications
5. Liaison to guests of head coach-games/practices/off-season
6. Assist with on-campus tours of guests.
7. Assist staff with community relations.
8. Coordinate Camps and Clinics.

## **Additional Duties-Football Operations Coordinator-Dusty Rutledge**

1. Assist staff with public information on all opponents and distribute to staff.
2. Assist in transition of incoming student-athletes to the university.
3. Assist in practice organization-in particular with scripted situations and time management.
4. Assist with providing training, resources and guidance in character development and life skills for the players.
5. Assist Matt Dudek with organizing walk-on program.

## **Video Coordinator-Tim Cummins**

1. Organize taping of practices and games.
2. Responsible for weekly video exchange during season.
3. Responsible for upkeep and maintenance of all video equipment.
4. Responsible for weekly/yearly/position highlight tapes.
5. Assign video staff to responsibilities and supervise them.
6. Weekly officials review tape to PAC-12.
7. Administer/copy/develop weekly player tapes (scouting reports, game tapes, etc.).
8. Meet with coordinators/position coaches for video cut-up needs/wants.
9. Report to Jeff with video issues.

## **Head Athletic Equipment Manager-Wendell Neal**

1. Report to Head Football Coach for all football equipment needs.
2. Oversee and issue equipment and coaching tools for football.
3. Assign and oversee assistant equipment manager and student managers for football.
4. Oversee field preparation and assigned areas.
5. Purchase equipment and supplies. Maintain equipment budget for football. Coordinate with all equipment contracts pertaining to football.
6. Maintain sideline phone hookup for both home and away games.
7. Keep inventory of equipment.
8. Oversee locker room and assign lockers.
9. Maintenance and cleanliness of football equipment (sleds-chutes-nets, etc.)
10. Work with administrators on control of sideline passes.
11. Maintain sideline during game.
12. Report to assigned coach with equipment needs/issues.

## **Head Trainer- Randy Cohen**

1. Supervision/Implementation of Athletic Training program.
2. Daily injury report to staff
3. Assign trainers to on-field areas.
4. Liaison with medical staff.
5. Set appointments with doctors.
6. Prevention, care treatment, of injuries.
7. Work with strength/conditioning coaches on menus.
8. Handle travel meals with Strength/Conditioning Coach and DFO.
9. Administer player physicals and drug tests.
10. Check weight chart daily during two-a-days.
11. Assist DFO with travel arrangements (meals, taping, rooms, etc.).



## **Head Strength and Conditioning Coach-Chris Allen**

1. Development, administration and implementation of strength and conditioning program.
2. Practice and game stretch/flex routine.
3. Keep accurate and up-to-date height/weight/strength records.
4. Assemble all team meetings and take roll.
5. Assist staff with team discipline.
6. Take roll at buses/meals and hotel curfew.
7. Assist trainer with travel meals.
8. Post pre-game warm-up times in locker room.
9. Oversee Lowell-Stevens weight room equipment/facilities.
10. Organize, supervise and assign all strength/conditioning coaches and their tasks.
11. Communicate with medical staff/trainer on physical well-being/injuries of players.
12. Practice plan/workouts for injured athletes (in conjunction with trainer).
13. Assist with recruiting visits-official and unofficial.
14. Upkeep/maintenance of weight room and equipment.

## **Skill Development/Assistant Strength and Conditioning Coach-Parker Whiteman**

1. Develop, administer and implement position-specific skill development plan/exercises for each player.
2. Assist position coaches with administration of winter/summer written positions tests.
3. Assist with Strength/Conditioning Program.
4. Assign strength staff/GA's with position-specific agility drills.
5. Meet with position coaches regularly to get update on specific needs/wants for position specific exercises.
6. Duties assigned by the Head Strength/Coaching Coach.

## **Defensive Graduate Assistant- Davy Gnodle**

1. Duties assigned by Head Coach.
2. Duties assigned by Defensive Coordinator.
3. Recruiting area calls/letters.
4. Assist with defensive backs.
5. Assist with defensive walk-on program.
6. Help run Scout Offense and Scout Special Teams (kick-off return and punt block)
7. Assist Defensive staff with playbooks, tests, etc.

## **Defensive Graduate Assistant-Hank Hobson**

1. Duties assigned by Head Coach.
2. Duties assigned by Defensive Coordinator.
3. Recruiting area calls/letters.
4. Assist with linebackers.
5. Help run scout offense and scout special teams.
6. Assist staff with defensive tests.

## **Offensive Graduate Assistant-Kyle Quinn**

1. Duties assigned by Head Coach
2. Assist Offensive Coordinator.
3. Recruiting area calls/letters.
4. Oversee/develop scouting reports.
5. Assist Coach Magee with offensive playbooks.
6. Assist Coach Michalczyk with O-Line.
7. Assist with offensive walk-on program.
8. Help run Scout Team Defense and Scout Special Teams (punt block and kick off)

## **Offensive Graduate Assistant- Terrance Miller**

1. Duties assigned by Head Coach
2. Duties assigned by Offensive Coordinator.
3. Recruiting area calls/letters.
4. Assist with Scouting Reports
5. Assist Coach Magee with offensive playbooks.
6. Assist Coach Aych with Wide Receivers-particularly Slots.
7. Help run Scout Team Defense and Scout Special Teams

**GENERAL**

**JOB**

**DESCRIPTIONS**

# Football Graduate Assistant

## Job Areas and Responsibilities:

Assist Head Football Coach and Position Coaches with coaching, recruiting and administrative duties.

### **A. General Duties**

- a. Attend coaching meeting
- b. Organize opponent scout team
- c. Run demonstration teams during practice
- d. Breakdown opponent video and provide scouting reports to coaches.
- e. Assist full time coaches with on field coaching as directed by the Head Coach and Coordinators.

### **B. Recruiting**

- a. Assist coaching staff with recruiting calls and recruiting mailings.
- b. Assist coaching staff with on campus official and unofficial visits.
- c. Be responsible for a particular recruiting area
  - I. Including:
    1. Identifying potential prospects.
    2. Calling potential prospects
    3. Screening potential prospects for full time coaches to recruit.

### **C. Game Day**

- a. Chart plays for coaches
- b. Provide coaching feedback to players at all direction of full time coaches.

### **D. Summer Camps**

- a. Provide administrative support to the position coaches for summer camp.
- b. Assist in organization of position skill instruction.



## **Football Office Intern-**

1. Assist staff with administrative duties.
2. Assist defensive staff with computer breakdowns and self-scout.
3. Type and print documents for defensive staff preparation.
4. Duties assigned by Head Coach.
5. Provide statistical data to assist coaches in game preparation/recruiting.

# Football Staff Intern

## Job Areas and Responsibilities:

Assist with management of the service and support functions of the Football program. Description as follows:

### **A. General Duties**

- a. Maintain and update football computer database. Attach opponent data to video to allow assistant coaches to efficiently view opponent video.
- b. Work with football operations to help organize player housing.
- c. Type and print documents created by Assistant Coaches.
- d. Assist academic support staff with class checking of current student/athletes.
- e. Assist academic support staff with organizing and monitoring study table.
- f. Copying and distributing weekly opponent scouting reports.
- g. Creating, copying, and distributing team playbook.
- h. Monitor team curfew during pre-season training camp.
- i. Lifestyle monitoring of student/athletes. Monitor off campus student/athlete housing.

### **B. Recruiting**

- a. Assist recruiting coaches with campus tours during official visits.
- b. Transport prospects to and from the airport during official visits.
- c. Transport prospects to and from academic meetings during official visits.
- d. Provide tours of Lowell-Stevens Football Facility for prospects on unofficial visits.
- e. Assist recruiting coaches with athletic campus tours during official visits.

### **C. Game Day**

- a. Chart and record play calls and opponent play calls.
- b. Provide assistant coaches with statistical data compiled during the game.

### **D. Summer Camps**

- a. Provide administrative support to the position coaches for summer camp.
- b. Assist in organization of position skill instruction.

# **STAFF NOTES**

## **2017 STATE OF THE UNION**

We enter the upcoming season with many new faces both on the roster and on the staff. I anticipate a renewed enthusiasm and infusion of talent to improve our program.

There should be a lot of competition and we have to make sure that the staff has the urgency, knowledge and work ethic to get our players ready to win!

The search for good players and development of the current ones is a daily task that everyone in the program should take pride in.

Our core belief of working hard in a fun and productive environment from the staff to the players should be a constant staple of our program.

We should approach each day with a great sense of appreciation/anticipation/urgency with everyone involved in our quest to win championships!

# 2017 Objectives/Goals

## Objectives of Hideaway:

- To review every detail of the program
- To make sure every person involved in our program understands their responsibility and what they will be held accountable for.
- To make sure everyone is on the “same page” on all aspects of the program
- To have all three phases and their schemes reviewed and critiqued by the staff
- To plan our entire year
- To discuss problems, ideas, and solutions to better our program
- To answer any questions regarding all aspects of the program
- To make the necessary adjustments/modifications before august camp

## Goals for the 2017 Season:

- Have the best conditioned and hardest playing team in the country
- Have the best disciplined team in the country
- Execute with confidence and great fundamentals
- Test our opponents’ conditioning and force the opposing offense to be uncomfortable.
- Win all special teams phases
- Eliminate/Reduce negative yardage plays and turnovers on offense and create them on defense
- To be excited to compete each day and especially each game
- To take our players where they can’t take themselves and enjoy the journey
- To be unselfish with no hidden agendas and team-oriented as players, coaches and staff.
- To play fast and execute our schemes better than our opponents.
- To confuse the opponent on every opportunity
- To have fun during the process of building the best program in America.

# Staff Philosophy

As a staff we should understand not only how we do things but why we do things. We must continue to believe every person in the program has value, is important and is shown respect.

Everyone should **“DO YOUR JOB”** as well as possible but be willing to help in any area if asked. We should all appreciate everyone’s jobs and take great pride in doing our own better than anyone in the country.

We have to be demanding with our players yet make sure they feel appreciated and loved. Our players should look forward to visiting the football facility at all times. Our most valuable asset is our people and we always need to remember that.

Your families are important and they are welcome to the facility when you have time. Choose to communicate what you want/trust with them but they must know they represent the program as well.

I always welcome suggestions and ideas and input but everyone must understand that all my decisions won’t always please everyone. We can enjoy our job, our process, and our time together while building our program to get better every day.

# HOW TO ACCOMPLISH OUR GOALS

## **Kicking Game**

Be creative and unique with our schemes but also be sound. The importance should be felt by all players and coaches. We should have a goal of setting up a score in every game. Our techniques should be taught well and execution should always be the priority. Try to get a lot of players involved and excited to play on these units.

## **Defense**

Play fast and work hard both pre-snap and post-snap creating confusion for the opposing quarterback and coaches. Create negative yardage plays, missed assignments and turnovers by the looks we give. Take away the “easy stuff” and force them to execute the more difficult plays. Be physical and celebrate each stop..

## **Offense**

Play fast, execute and control the tempo of the game. Run the system and force the defense to make plays. Value the possession and eliminate negative yardage plays and turnovers. Our goal should be to lead the PAC-12 in scoring.

## **Team**

To be the hardest working and fastest playing team in America. Our players must feel that they can outwork their opponents before, during and after each snap. Our team must be totally prepared for every situation in every game both mentally and physically.

## **Staff**

Work together with a common purpose and loyalty while respecting everyone’s role and responsibilities. Each unit and aspect of the program is prepared and looked after on an “elite” level. Enjoy the process of building the best program in America.

# **STAFF NOTES**

## **EXPECTATIONS**

### **LOYALTY**

- a. To me, each other and the entire football program.
- b. Do not publicly criticize anyone in the program.
- c. Defend each other in public (man on street knocks a coach, don't just shrug it off).
- d. We will succeed or fail with LOYALTY between men in here and their wives/families.

### **NO STAFF SECRETS OUT OF THE OFFICE**

- a. Discussions of personnel.
- b. Problems and disagreements.
- c. Be careful what you tell your wives.
- d. Be careful what you say to the media (nothing is off record)
- e. Tell your players to stay in-house as well.

### **OFFICE HOURS/NOTES**

- a. In-Season-7:30 am until finished. Best work is early; not late at night.
- b. Summer-office duty will be assigned.
- c. Out of Season-8:00 am until 5:00 pm
- d. Keep office clean and neat. We do not want sloppy GA, video, storage, or meeting rooms.
- e. Do not encourage loitering of outsiders in office or in dressing rooms.
- f. Do encourage your players to visit with you often.
- g. Take care of your own meeting rooms.
- h. Be available to communicate/check in when out of town

### **DRESS CODE**

- a. Neat
- b. No other school's attire when in public.
- c. Sport coat when traveling by plane to away games/exceptions on return travel
- d. Recruiting-Casual
- e. Wear as much Arizona attire as possible.



## CONDUCT

- a. Be careful of profane language around office, secretaries, and public.
- b. Don't curse at players-you can yell at **what he does** or **doesn't do** but don't make it personal.
- c. Don't embarrass program or fellow coaches with drunkenness, DUI, embarrassing actions in public, etc.
- d. Remember you are a leader of young men.
- e. It is good to be involved in church (voluntary, but it does set a good example for our players)/chapel.
- f. Get involved in university community, public speaking, etc.
- g. Never hit a player-you can get his attention other ways.
- h. Be enthusiastic and positive.
- i. Don't moonlight other jobs without my approval- I'd like for you to speak at clinics, etc.-just check with me for schedule.

## GET TO KNOW YOUR PLAYERS

- a. The better you know them, the better you can coach them.
- b. Be professional.
- c. Don't offer or suggest things that you can't deliver.
- d. Have them develop pride in their position without diminishing the team concept.
- e. Help them develop in all aspects on and off the field.

## RESPONSIBILITY

- a. Study and develop your knowledge of your position.
- b. Handle your players' off-field problems-let me know if you need my help.
- c. Don't practice or repeat mistakes-learn from them.
- d. **Be the best** at your responsibilities.
- e. Answer all mail and phone calls quickly
- f. Get the confidence and loyalty of all players you coach-first teamers to scout teamers.
- g. Don't rely on someone else to help you get something done.
- h. Know **your** job description, duties and responsibilities.
- i. Make sure you do your job and then you can help someone else.
- j. You get what you demand from your players.
- k. Communicate well with the staff at all times.

## **ROLE AS RECRUITER**

- a. May be your greatest contributions to our staff.
- b. One great player may win a championship for us-don't shy away from the great ones- just have a back-up plan.
- c. Don't waste our money-don't try to out-spend or make money in recruiting-  
**ALWAYS BE HONEST!**
- d. I will not back you in cheating! We are in a business for a lifetime. If something is "iffy," you must run it by me.

## **WIVES**

- a. One of the most important assets to a coach.
- b. They often set your temperament and focus.
- c. Educate her and control her talk. She must understand our program, jobs, town and state.
- d. Solve office problems in the office-don't take them home to your wives.
- e. Be careful what you say to them.
- f. Make sure they are loyal to the staff and the program.
- g. Make sure they don't expect too many special favors from the start- understand our environment.

## **STAFF DECISIONS**

- a. You have one vote-use it!
- b. I have one more than all yours added up-Respect it!
- c. I will listen to your opinions and I welcome them-know when it is time to move on. We can agree to disagree without being disagreeable.
- d. **COMMUNICATE**

## **COMMUNICATION**

- a. Keep me posted what is going on with the players.
- b. An assistant's responsibility is to decrease my participation in decision-making, not to replace my participation in decision-making.
- c. Never keep something from me that I will be held accountable for (institutional Control)
- d. Communicate with each other in all areas-Academics, strength/conditioning/skill development, medical, etc.

## **ORGANIZATION**

- a. Be organized and present facts-not generalizations
- b. Don't major in the minors.
- c. Cover/coach the fundamentals.
- d. Coach your position only on the field. Coordinators can correct all positions.
- e. Have a plan for each day/practice and go after it intensely. You don't always have to scream and holler, but you should always be intense.
- f. Don't let your work pile up on you-mail, phone calls, plans etc.
- g. Don't have GA's do things that you should be doing yourself.

## **DEMANDS ON PLAYERS**

- a. Demand that your players always play full speed and with great effort and focus.
- b. Demand that they go to class and be responsible students.
- c. Demand that your players act mature and don't embarrass the program.
- d. We don't want any lazy people in our program.

## **STAFF MEETINGS**

- a. You must be mentally tough and thick-skinned
- b. Respect my final say-so
- c. Once a decision is agreed upon in a staff meeting, then go outside and defend it.
- d. Be on time-my watch.

## **COORDINATORS ROLE**

- a. On offense/defense-coordinators have the final say-so on scheme decisions, personnel, etc.  
Always run personnel moves by me before you do them.
- b. I hold coordinators responsible for your position work.
- c. See me together on the tie-breaker decisions.
- d. I want you to battle the coordinator in staff meetings if you feel strongly about something.
- e. Let me know what we're doing!

# KEY COMPONENTS TO A FOOTBALL PROGRAM'S SUCCESS

## I. DISCIPLINE

This is the number one area of focus for the coaching staff in developing a consistent, highly-successful football program on and off the field.

### A. Off-Field Discipline

1. The coaching staff will ensure that the student-athletes will not embarrass the program, the University, themselves, or families with any improper conduct. The Head Coach will be the main facilitator and will always demand proper conduct.
2. The student-athlete will be required to attend class and conduct themselves properly in the classroom.
3. The student-athlete will abide by university and program rules at all times.
4. Punishment for improper behavior will be immediate and stern, but consistent and fair.
5. Repeated disciplinary problem student-athletes will be suspended.
6. Student-athlete will be constantly reminded that they represent the university, a state, a program, and teammates, in addition to their families with all of their off-field activities, as well as their on-field activities. Thus, they will be held a higher standard than normal students.
7. The Head Coach will always be aware of potential or current discipline problems and will act swiftly to prevent any problems.
8. The coaching staff will have constant communication with academic services and have weekly updates on class attendance and weekly updates on academic progress.
9. The student-athlete will conduct themselves as a gentleman on trips, functions, with the media, and in other public arenas.
10. The student-athletes will follow a year-round academic program and will graduate with their degree. The coaching staff will constantly provide the motivation to achieve this.

## **B. On-Field Discipline**

1. Stupid penalties will not be tolerated.
2. Any actions that bring attention to the individual and not the team will not be tolerated.
3. The coaching staff will ensure that their particular segment/position players will be disciplined in their techniques and fundamentals.
4. The sideline behavior and organization will always be well-structured.
5. The players will conduct themselves with class before and after each game as well.

## **II. RECRUITING**

We will have a recruiting plan that will enable us to attract the best student-athletes that we can get on a consistent basis that will enable us to win Championships and graduate our athletes.

1. We must build a solid relationship with high school coaches and programs.
  - a. Camps and Clinics
  - b. Speaking opportunities throughout the state.
  - c. Phone contact with high school coaches on a consistent basis.
  - d. Letters to high school coaches on a consistent basis
  - e. Personal invitations to practices and games.
  - f. High visibility at state functions; clinics, games, etc.
  - g. Spring recruiting -the coaches will always pay close attention to in-state prospects and be extremely organized in their evaluation process.
  - h. Use Social Media
  
2. Build a relationship with all the top prospects in the state and within our recruiting areas as early as possible (within NCAA regulations).
  - a. Letters sent on a consistent basis.
  - b. Phone calls when allowed.
  - c. Encourage participation in summer football camps.
  - d. Send invitation for unofficial visits (Jr. Day, etc.)
  - e. Sell the program and university at every opportunity.
  - f. High visibility in community relations and local events.
  - g. Use Social Media

3. Persistence, enthusiasm and great energy in our approach to recruiting.
4. Relentless year round evaluation, identification and organization of prospects.
5. Coaching staff with detailed recruiting responsibilities.
  - a. No stone goes unturned in the search for great players.
  - b. Use an aggressive, exciting demeanor in our approach to recruiting, yet always remaining within the rules.
  - c. Develop relationships with prospects, their coaches, their families, and the people who are important to them.
6. Have a year-round long recruiting plan that will enable us to accomplish something every day in the recruiting process.
7. Update the recruiting board and mailing list on a daily basis.
8. Plan great visits for prospects during contact period.
9. Recruiting coordinators will have extensive 12-month calendar and notebook that will cover all aspects and daily functions.
10. The staff will always know and abide by NCAA rules and will always maintain the highest possible ethical and normal standards in all recruiting efforts.

### **III. STUDENT-ATHLETE DEVELOPMENT**

The Coaching staff will be responsible for developing our student-athletes into the best player/student/person that he can be.

#### **A. In the Classroom**

1. Provide motivation, guidance and discipline for each player in their segment to achieve success and graduate.
2. Take a personal interest in "high-risk" students to aid in their development as a student.

#### **B. Off the Field Maturation**

1. Provide guidance and discipline for each player in their segment to prepare them for "Life outside football" and as a current representative of the program.
2. Encourage and nurture a "Family" atmosphere with the staff and players in the program including the staff's families, as well as the player's families.

#### **C. In the Strength/Conditioning Program**

1. Provide motivation, discipline and guidance in making our players faster, stronger, bigger, and in better condition than any of their opponents.
2. Provide guidance and teaching models so players can enhance their individual football skills (throwing, catching, etc.) on their own during off-season times.

**D. In Mental Aspects of Football Program**

1. Provide motivation and positive examples of how to succeed on/off the field.
2. Give written tests/quizzes to players regarding our offensive/defensive/special teams schemes on a consistent basis.

**E. In Individual Positions**

1. Provide teaching and development of each position's individual techniques and fundamentals.
2. Always research the "latest" and "best" ways to teach a position technique to see if it can improve the player's performance.
3. Be the best teacher of that position in the country.

# ORGANIZATIONAL POINTS OF EMPHASIS

## I. Coaching Staff

- A. Assistants must have experience and winning experience helps.
- B. Assistants must have knowledge and understanding of all aspects of the football program.
  - 1. Knowledge of particular position.
  - 2. Knowledge of NCAA rules and regulations.
  - 3. Knowledge of developing the student-athlete.
- C. Assistants -must meet the following criteria:
  - 1. They must be loyal.
  - 2. They must be honest.
  - 3. They must be dedicated.
  - 4. They must be interested in building a program that will be consistently successful.
  - 5. They must be interested in enhancing their understanding and knowledge of the game.
  - 6. They must care for our players, but not baby them.
  - 7. They must be active on campus and in the community.
  - 8. They must be inquisitive
  - 9. They must be willing to accept constructive criticism, be open to suggestions and be able to adapt to various schemes.
  - 10. They must work hard.
  - 11. They must represent the program and institution in a positive image at all times.
  - 12. They must be disciplined and be able to discipline, motivate and teach their student-athletes.

## II. Fundraising will be essential to the Development and Maintenance of the Program. The Coaches will be involved with:

- A. Speaking and appearing at various alumni functions, fundraisers and dinners.
- B. Participation in g()lf tournaments to benefit the college and athletic programs.
- C. Visit large donors and contributors in person (when time permits) during the off-season and summer.
- D. Involve former Lettermen with spring functions and Honorary Captains in fall.
- E. Thank you notes to major contributors when asked by Head Coach. Let Head Coach lead in this regard.



**III. Public Relations will be emphasized by the entire Coaching Staff.**

- A. The coaches will attend as many alumni functions as possible and will promote the program and college.
- B. The coaches can become involved in local civic organizations.
- C. The coaches will deal politely and promptly with local media and out-of-state media to promote a positive "up-front" image.
- D. The coaches will put on a clinic each spring and openly invite high school coaches to visit with them.
- E. Practice sessions will be open to the public during selected times during the spring practice session.
- F. We will promote and have a highly successful football camp on campus.
- G. The coaches will become involved and seen at campus activities and promote the school at every opportunity.
- H. The coaches will conduct a ladies clinic each summer on campus.

**IV. Our Student-Athletes will make a commitment to Graduating with a Four-Year Degree.**

- A. We will recruit students who will have the proper academic requirements and who show a desire to excel and succeed academically.
- B. Class attendance will be mandatory at all times.
- C. Monitored study halls will be attended four days a week.
- D. The Head Coach and assistants will be assigned student –athletes for counseling and academic up-dates on a weekly basis.
- E. The coaches will ensure that their student-athletes will use all of the available university resources to help them academically.
- F. An incentive program for academic success will be implemented by the football staff.
- G. The coaching staff will ensure that their student-athletes will not embarrass the program with improper actions in the classroom.

**V. Recruiting High-Quality Student-Athletes will be a Top Priority and a Major Key to our Success.**

- A. We will recruit student-athletes that can succeed academically at our school.
- B. We will recruit student-athletes that meet our criteria (listed below) to play at our level:
  - 1. Athletic Ability
  - 2. Competitiveness/Football savvy/Character/Love of the game
  - 3. Speed and Quickness
  - 4. Strength and Aggressiveness
  - 5. Height/Weight Specifications
- C. We will recruit student-athletes that have character and maturity to have success on and off the field.
- D. We will recruit any local player that meets the above criteria and we feel can contribute to our program.

- E. We will be honest and up-front with high school coaches and build a positive rapport with them.
- F. We will always be aware of any changing NCAA rules or regulations and will inform prospective student-athletes of the updated requirements.
- G. We will always be positive when recruiting and selling our program.
- H. We will always promote the academic programs at our school and the education that the prospect can receive.
- I. We will promote our philosophy of offense, defense and special teams to the prospect and his potential role in those areas.
- J. We will always be honest with the prospects in all aspects of the recruiting process.
- K. We will promote the entire campus and community to the prospect and fully explain his expected role and responsibilities.
- L. We will promote our coaching staff, players and program to each prospect and explain our "Commitment to Excellence."
- M. We will make each recruiting visit a special, thorough experience for recruits.
  - 1. We will use a video presentation to introduce the academic and campus life.
  - 2. We will attempt to combine our visits with a basketball game so that the prospect can see the excitement and enthusiasm created by our other sports programs.
  - 3. The coaching staff will be personally involved in the campus tours and will get to know each recruit and their family thoroughly and have them get a comfort level with the university.

**VI. We will cooperate and Support other Sports and Campus Programs.**

- A. The coaching staff will attend other games and functions when possible.
- B. The coaches will work together to recruit a dual-sport athlete.
- C. We will always be considerate of other sports' needs for use of the facilities.

**VII. We will Show "Class" in our Attire.**

- A. We will commit to looking sharp on and off the field; with our uniforms and off the field.
- B. The coaching staff will dress neatly at all times and always project a positive image.

**VIII. We will always maintain our Facilities and Equipment with the utmost care.**

- A. The locker rooms, offices, equipment rooms, etc...will always be kept as neat as possible.
- B. Our players and coaches will keep their residence as clean and neat as possible.
- C. The coaches will commit to helping raise money to upgrade facilities as needed.

- IX. We will instill Discipline and Communication between Players, Coaches and Administration in order for our Program to reach and maintain its potential.**
- A. We will have a discipline policy that is demanding but consistent and fair.
  - B. We will communicate with our players concerning academics, athletics and social life so we can maintain the necessary rapport that the student-athlete can thrive with.
  - C. We will always maintain that discipline is the foundation of success for our program. We are convinced that a student-athlete can be successful if we create a direction and are consistent in following that course.
- X. We will adopt a Year-Round Training and Academic Program for our Student- Athlete.**
- A. We will provide yearly strength and conditioning program for our student-athletes that will help reach their fullest potential.
  - B. The program will be closely monitored during the academic year by the coaches and over the summer by the student-athlete and strength staff.
  - C. Each student-athlete will follow a yearly academic goals guideline and follow a consistent plan toward their degree.
  - D. The coaches will involve guest lectures with the team throughout the year to stimulate student-athletes growth, discipline and unity.

**XI. Summary Statement**

There are many areas that must be pulled together to create a positive atmosphere that is conducive to a successful program. I feel that the general outline that I have listed explains my vision and plan for a successful football program. With cooperation and organization, I am convinced that I can lead our program to the pinnacle of success and maintain it on the highest level. We have done it before and are continuing to do it now.

# ARIZONA FOOTBALL

## GOLDEN RULES

- 1) DO NOT EMBARRASS the program or your family.
- 2) Give the best effort on the field, in the weight room, in the film room, in the classroom. COMPETE!!
- 3) Be a good TEAMMATE.
- 4) Live and train like an Elite Athlete.
- 5) Represent the program the right way-Humble and Hungry – in the way you act and the way you talk.



# Player Rules

## I. General Rules

1. DO NOT EMBARRASS the Program!
  - a) Maintain our Motto- Most disciplined, Hardest playing, best conditioned Team in America!
  - b) No one is indispensable. Team rights supersede individual rights.
2. Be on time for all meetings, meals, classes, etc.
  - a) The official time is on Coach Rod's wrist. Call before, not after, if you have an emergency.
3. Designated spots for bulletins will be in the locker room and equipment room. Notices will be up by 11:00am. CHECK EACH DAY! Also make sure we have your updated phone numbers for texting purposes.
4. See or communicate with your position coach before missing or being late to meetings, practice, workouts, etc. even if the doctor, trainer or head coach excuses you.
5. Unexcused absence or other mistakes will mean immediate disciplinary action. Discipline will be fair but not always the same-depends on what you have done in the past.
6. Class attendance is MANDATORY! DO NOT Drop classes without seeing academic advisor AND informing position coach.
7. No hats, sunglasses or headsets are to be worn in meetings or study hall.
8. No cell phone use in Locker Room, Training Table or Field.
9. Dress Code- Coach Rod will set the travel attire for the game trips. During any football related time- practice, workouts, meetings, interviews- No jewelry. Hair and facial hair should be neatly trimmed and cut. Pants need to be worn at waist level. No other college/University attire to be worn.
10. Press/Media
  - a) Always be complimentary- About teammates and opponents
  - b) Use social media- Twitter, Facebook-With Caution
  - c) Football info stays within football family- WHAT YOU SEE HERE AND HEAR HERE, STAYS HERE WHEN YOU LEAVE HERE!

11. We will drug test everybody- We will have a 100% Drug Free football team!
12. No Alcoholic beverages if under 21 years of age. Being intoxicated at any time is against the rules!
13. All injured players must receive treatment or see a trainer when training room opens at 7:00am each morning.
14. We dress alike for workouts and practices. Practice clothing to be worn as issued- Don't cut/Tie up Jerseys, etc. Do not cut mouth pieces, all ankles must be taped or braced for practices- OL/DL wear braces for knees.
15. Living off campus is subject to approval by Head Coach and position coach. Off-campus subject to moving back on campus.
16. Keep locker room and individual lockers neat and clean
  - You are responsible for your equipment and valuables
  - If something isn't yours, don't take it. Stealing means automatic dismissal.
  - Keep floors clean- pick up tape and trash.
  - Flush toilets and turn showers off when finished.
  - We have female trainers- watch language and mannerisms.
17. In training/Practice- NEVER BEND OVER when fatigued!
18. Do not talk to agents/runners and don't accept free things. Remember NCAA rules!!
19. BE A GREAT TEAMMATE- best way is to be of service and help when needed.
20. Communicate with staff- Don't be a locker room lawyer.
21. Do your BEST.

**PULL THE ROPE!!**

## **STRENGTH AND CONDITIONING NOTES**

- 1.** Chris-Review our current in-season and year-long plan.
- 2.** Do guys have off-season program going on during season?
- 3.** Discuss our injured athlete plan?
- 4.** Discuss our game day strength staff duties. Any problems last year keeping guys off the white on sidelines?
- 5.** Discuss discipline with position coaches. It needs to be immediate, fair and smart.
- 6.** We need to continue to monitor, award, recognize and update record-breakers!  
(A bell in Weight Room?)
- 7.** Discuss training table/nutrition/snacks.
- 8.** What about custom-made recovery shakes during the summer/season?
- 9.** Do we need a more structured post-workout recovery plan?
- 10.** Discuss our conditioning—in –season, winter session, summer.
- 11.** Do we have before/after profile pictures of the guys? Should we put a couple of the most dramatic ones in the weight room?
- 12.** Is the “Shed” being used effectively? Should we incorporate more time in there?
- 13.** Should we have record breakers/position leaders pictures in the weight room?
- 14.** Who are the hardest workers in the weight room? Who are the slackers?
- 15.** Should position coaches be more active with strength staff?
- 16.** Should we monitor/push hydration more?

## TRAINING ROOM AND MEDICAL NOTES

1. Discuss current injury status?
2. Who is on our medical staff?
3. What were our most common injuries this past year?
4. Do we do vision tests each year? –Especially for QB's/Safeties/WR
5. Knee braces/ankle braces updated?
6. List our medical redshirt? Any potential new ones?
7. Discuss nutrition and diet/meals for this summer/season.
8. List guys that need “specialized” running/conditioning programs.
9. Discuss our concussion protocol.
10. Discuss our flexibility/muscle weakness testing.
11. Discuss our student trainer program-How do we make them feel appreciated?
12. Do we have enough trainers to cover summer workouts?
13. Hydration is key—Keep Locker room, meeting rooms stocked.
14. Can we improve our “recovery” plan? Massages, cold tubs, yoga, team stretch, etc.



## ACADEMIC NOTES

1. Discuss our Academic staff for football and what their roles are. Show pictures.
2. Any suggestions for incentives/motivations/awards?
3. Discuss our class checking procedures, policy and reliability.
4. Discuss our APR? What is it and how can we improve it?
5. Discuss our newcomers' summer school schedule.
6. Who will graduate in summer, in December? What 4<sup>th</sup> year players need to graduate?
7. Who are our high-risk players academically?
8. Any suggestions to improve academic performance?
9. Are we more pro-active with regards to coaches knowing assignments/projects/tests that are coming up?
10. Are we making sure that our guys are "engaged and participating" in class?



THE UNIVERSITY OF ARIZONA.

# 2017-2018 Academic Calendar

## FALL 2017

Graduate Orientation

August 16, 2017

**Classes begin**

**August 21, 2017**

Labor Day - no classes

September 4, 2017

Honors Convocation - no classes between 3-5 p.m.

TBA - Traditionally held in October on Friday of Family Weekend

Veterans Day - no classes

November 10, 2017

Thanksgiving recess

November 23-26 2017

**Last day of classes and laboratory sessions**

**December 6, 2017**

Reading Day - no classes or finals

December 7 2017

**Final examinations**

**December 8-14, 2017**

Degree award date for students competing by close of Fall Session

December 15, 2017

**[College and Department Convocation Ceremonies](#)(link is external)**

Please click on link in the left column for a complete list of convocation ceremonies

## WINTER 2017

**Classes Begin** **December 18, 2017**

Christmas Holidays - no classes December 25-26, 2017

New Year's Holiday - no classes January 1, 2018

**Last day of classes and examinations** **January 9, 2018**

Degree award date for students completing by close of Winter Session January 10, 2018

## SPRING 2018

**Classes begin** **January 10, 2018**

Martin Luther King Jr Holiday - no classes January 15, 2018

Spring recess - no classes March 10-18, 2018

**Last day of classes and laboratory sessions** **May 2, 2018**

Reading Day - no classes or finals May 3, 2018

**Final examinations** **May 4-10, 2018**

## SPRING 2018

### Commencement

May 11, 2018

Degree award date for students completing by close of Spring Semester

May 11, 2018

## SUMMER 2018

### PRE-SESSION

**Classes begin**

**May 14,  
2018**

Memorial Day Holiday -- no classes

May 28,  
2018

**Last day of classes and laboratory sessions**

**June 2,  
2018**

### SUMMER SESSION I

**Classes begin**

**June 4,  
2018**

Independence Day observed -- no classes

July 4,  
2018

**Last day of classes and examinations**

**July 5,  
2018**

# SUMMER 2018

## PRE-SESSION

## SUMMER SESSION II

<b>Classes begin</b>	<b>July 9, 2018</b>
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<b>Last day of classes and laboratory sessions</b>	<b>August 8, 2018</b>
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Degree award date for students completing by close of Pre-session, Summer Session I or II	August 9, 2018
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# **Pre-Season Camp Itinerary**

**Pre-Season Camp Itinerary-2017**

**ARIZONA FOOTBALL**

**Sunday-July 30, 2017**

**1<sup>st</sup> Team Meeting**

<b>-Roll Call</b>	<b>Strength Staff</b>
<b>-Media Relations</b>	<b>Blair Willis</b>
<b>-Training Room</b>	<b>Randy Cohen</b>
<b>-Equipment Room</b>	<b>Wendell Neal</b>
<b>-Video</b>	<b>Tim Cummins</b>
<b>-Weight Room</b>	<b>Chris Allen</b>
<b>-Rules/Goals/Schedule</b>	<b>Coach Rod</b>
<b>-Individual Position Meetings</b>	<b>Position Coaches</b>

**Sunday, July 30, 2017**

12:00pm-Practice "O" with Newcomers

1:00pm- 4:00pm- Player Headshots

4:00pm- Team Meeting-Compliance

5:00pm-Dinner

6:00pm- Team Meeting

7:30pm-Snacks

10:30pm- Curfew-Lights out



**Monday, July 31, 2017**

**Practice #1 (Helmets)**

10:00am- Brunch

11:00am- Team Meeting

11:30am- Special Teams Meeting

12:00pm- Individual Meetings

1:00pm- Newcomer Walk-Thru

3:30pm- Snacks

4:30pm- Team Meeting

4:45pm- Individual Meetings

5:30pm- Practice #1 (Helmets)

8:15pm- Dinner

11:00pm- Curfew- Lights out

**Tuesday-August 1, 2017**

**Practice #2- Helmets**

10:00am- Brunch

11:00am- Team Meeting

11:30am- Special Teams Meeting

12:00pm- Individual Meetings

1:00pm- Newcomer Walk-Thru

3:30pm- Snacks

4:30pm- Team Meeting

4:45pm- Individual Meetings

5:30pm- Practice #2 (Helmets)

8:15pm- Dinner

11:00pm- Curfew- Lights out

**Wednesday-August 2, 2017**

**Practice #3-Shells**

8:00am-Treatments/Breakfast

9:30am-Off. Lift/Def. meet & walk-thru

10:45am-Def. Lift/Off. meet & walk-thru

12:00pm-Special Teams walk-thru

12:30pm-Lunch

4:00pm-Snack

4:30pm-Team meeting

4:45pm-Individual meetings

6:00pm- Practice #3 (Shells)

8:30pm (approx.) – Dinner

11:00pm-Curfew-Lights out

**Thursday-August 3, 2017**

**Practice #4-Shells**

8:00am-Treatments/Breakfast

9:30am-Def. Lift/Off. meet & walk-thru

10:45am-Off. Lift/Def. meet & walk-thru

12:00pm-Special Teams walk-thru

12:30pm-Lunch

4:00pm-Snack

4:30pm-Team meeting

4:45pm-Individual meetings

6:00pm- Practice #4 (Shells)

8:30pm (approx.) – Dinner

11:00pm-Curfew-Lights out

**Friday-August 4, 2017**

**Practice #5-Full**

10:00am- Breakfast/Treatments

11:00am-Team Meeting

11:30am-Special Teams Meeting

12:00pm-Individual Meetings

3:30pm-Snacks

4:30pm-Team Meetings

4:45pm- Individual Meetings

6:00pm-Practice #5 (Full)

8:30pm- Dinner

11:00pm-Curfew-Lights out

## **Saturday-August 5, 2017**

### **Practice #6 Full**

8:00am-Breakfast/Treatments

9:30am-Def. Lift/Off. meet & walk-thru

10:45am-Off. Lift/Def. meet & walk-thru

12:00pm-Special Teams walk-thru

12:30pm-Lunch

4:00pm-Snack

4:30pm-Team meeting

4:45pm-Individual meetings

6:00pm- Practice #6 Full

8:30pm (approx.) – Dinner

11:00pm-Curfew-Lights out

**Sunday-August 6, 2017**

**No Practice**

10:00am-Brunch

11:00am-Treatments

4:00pm-Treatments

5:00pm-Dinner

11:00pm-Curfew-Lights out

**Monday-August 7, 2017**

**Practice #7 (No Helmets)**

8:00am-Treatments/Breakfast

9:30am-Def.Lifts/Off. Meets

10:45am-Off. Lifts/Def. Meets

12:00pm-Special Teams walk-thru/Lunch

3:30pm-Snack

4:30pm-Team Meeting

4:45pm-Individual Meetings

5:45pm-Practice #7 (No Helmets)

8:15pm-Dinner

11:00pm-Curfew-Lights out



**Tuesday-August 8, 2017**

**Practice #8 (Full)**

10:00am-Brunch

11:00am-Team Meeting

11:30pm-Special Teams Meeting

12:00pm-Individual Meetings

1:00pm-Newcomers walk-thru

3:30pm-Snacks

4:00pm-Team Meeting

4:15pm-Individual Meetings

5:30pm-Practice #8 (Full)

8:15pm-Dinner

11:00pm-Curfew-Lights out

**Wednesday-August 9, 2017**

**Practice #9-Vests (No Helmets)**

9:00 am-Brunch

10:00am-New comer Walk-thru

11:00am-Team Meeting

11:30am-Special Teams Meeting

12:00pm-Individual Meetings

1:00pm-Newcomer Walk-thru

3:30pm-Snacks

4:00pm-Team Meeting

4:15pm-Individual Meetings

5:30pm- Practice #9 (Vests)

8:15pm-Dinner

11:00pm-Curfew-Lights out

**Thursday, August 10, 2017**

**Practice #10 Full**

8:00am-Treatments/Breakfast

8:45am-Newcomer Walk-Thru

9:30am-Off.Lifts/Def. Meets & Walk-thru

10:45am-Def. Lifts/Off. Meets & Walk-thru

12:00pm-Special Teams walk-thru/Lunch

3:30pm-Snack

4:30pm-Team Meeting

4:45pm-Individual Meetings

5:45pm-Practice #10 (Full)

8:15pm-Dinner

11:00pm-Curfew-Lights out

**Friday-August 11, 2017**

**Practice #11 (No Helmets)**

8:45am-Treatments/Breakfast

9:15am-Newcomer Walk-Thru

10:00am-Off. Recovery/Def. Meets

11:00am-Def. Recovery/Off. Meets

12:00pm-Special Teams walk-thru/Lunch

3:30pm-Snack

4:30pm-Team Meeting

4:45pm-Individual Meetings

5:30pm-Practice #11 (No Helmets)

8:00pm-Dinner

11:00pm-Curfew-Lights out

**Saturday, August 12, 2017**

**Practice #12 (Full)**

9:00am-Breakfast/Treatments

9:45am-Newcomer Walk-Thru

10:15am-Team Meeting

10:30am- Special Teams Meeting

11:00am-Individual Meetings

12:30pm-Lunch

3:30pm-Individual Meetings

5:00pm-Practice #12 (Full)

8:00pm-Dinner

11:30pm-Curfew-Lights out

**Sunday, August 13, 2017**

**No Practice**

11:00am-Treatments

10:00am-Brunch

4:00pm-Treatments

5:00pm-Dinner

11:00pm- Curfew-Lights Out

**Monday, August 14, 2017**

**Practice #13 (No Helmets)**

8:00 am-Treatments/Breakfasts

8:45am-Newcomers Walk-Thru

9:30am- Def. Lifts/Off. Meets

10:45am- Off. Lifts/Def. Meets

12:00pm-Special Teams Walk-Thru/Lunch

3:30pm-Snack

4:30pm-Team Meeting

4:45pm-Individual Meetings

5:45pm-Practice #13 (No Helmets)

8:15pm-Dinner

11:00pm-Curfew-Lights out

**Tuesday, August 15, 2017**

**Practice #14-(Full)**

10:00am-Brunch

11:00am-Team Meeting

11:30am- Special Teams Meeting

12:00pm-Individual Meetings

1:00pm-Newcomer Walk-Thru

3:30pm-Snacks

4:00pm- Team Meeting

4:15pm-Individual Meetings

5:30pm- Practice #14 (Full)

8:15pm- Dinner

11:00pm-Curfew-Lights out



**Wednesday, August 16, 2017**

**Practice #15 (No Helmets)**

9:30am-Brunch

10:00am-Newcomer Walk-Thru

11:00am-Team Meeting

11:30am-Special Teams Meeting

12:00pm-Individual Meetings

1:00pm-Newcomer Walk-Thru

3:30pm-Snacks

4:00pm-Team Meeting

4:15pm- Individual Meetings

5:30pm- Practice #15 (No Helmets)

8:15pm-Dinner

11:00pm-Curfew-Lights Out

**Thursday, August 17, 2017**

**Practice #16 (Full)**

8:00am-Treatments/Breakfast

8:45am-Newcomer Walk-Thru

9:30am- Off. Lifts/Def Meets & Walk –Thru

10:45am-Def. Lifts/Off. Meets & Walk-Thru

12:00pm-Special Teams Walk-Thru/Lunch

3:30pm-Snack

4:30pm- Team Meeting

4:45pm-Individual Meetings

5:45pm-Practice #16 (Full)

8:15pm-Dinner

11:00pm-Curfew

**Friday, August 18, 2017**

**Practice #17 (No Helmets)**

8:45am- Treatments/Breakfast

9:30am-Newcomer Walk-Thru

10:00am-Off.Recovery/Def. Meets

11:00am-Def. Recovery/Off. Meets

12:00pm-Special Teams Walk-Thru

3:30pm-Practice #17 (No Helmets)

6:00pm- Depart for La Paloma

7:00pm-Dinner

8:30pm- Team Meeting (Gong Show)

11:00pm-Curfew-Lights Out

**Saturday, August 19, 2017**

**Practice #18 (Full)**

8:00am-Breakfast (La Paloma)

9:00am-Leave for Stadium

10:30am-Practice #18 (Full)

1:00pm-Lunch

2:00pm-Media Day

2:45pm-Freshman Photos

3:30pm-Team Photo

4:00pm-Individual Meetings

5:00pm-Depart to Ft. Huachuca

6:15pm-Dinner

7:15pm-Team Meeting

8:15pm-Depart to Tucson

9:30pm-Arrive in Tucson

Midnight-Curfew

**Sunday, August 20, 2017**

10:00am-Treatments/Brunch

6:00pm-Dinner at Coaches homes

Midnight-Curfew

**Monday, August 21, 2017**

**1<sup>st</sup> Day of Classes**

7:30am-Practice

3:00pm-Athletic Department Student-Athlete Meeting

**Tuesday, August 22, 2017**

7:30am-Practice

3:00pm-Meetings

**Wednesday, August 23, 2017**

Regular Meetings/Practice

**Thursday, August 24, 2017**

Regular Meetings/Practice

**Friday, August 25, 2017**

Beanie Bowl Schedule (Kick-Off-TBD)

**Saturday, August 26, 2017**

Day off for Players

**Sunday, August 27, 2017**

Times- TBD

## **IN-SEASON PRACTICE SCHEDULE**

### **SUNDAY (4 Hours)**

4:00 pm Team Meeting  
Offense/Defense Individual Meetings/Lift  
7:00 pm-Practice

### **MONDAY**

Day off – Players

### **TUESDAY (4 Hours)**

7:30 am-Practice  
3:00 pm -Individual Meetings  
45 Minute Lift

### **WEDNESDAY (4 Hours)**

7:30 am Practice  
3:00 pm Individual Meetings

### **THURSDAY (3 Hours, 15 Minutes)**

7:30 am Practice  
3:00 pm Individual Meetings

### **FRIDAY (1 ½ Hours)**

3:00-3:30 pm Special Teams Meeting  
3:30-4:00 pm Practice  
6:30-7:00 pm Meetings

## Recruiting Notes

1. Discuss recruiting areas
2. Discuss In-State recruiting-offers, holds, walk-ons, top juniors, etc.
3. Discuss official/unofficial visits.
4. Discuss evaluation process-film, camp, at school etc.
5. Discuss how to determine OKG's. Hard questions, watch workouts, multi-sport guys, etc.
6. Discuss game day experience for recruits.
7. Discuss national recruiting philosophy-unofficial visits, etc.
8. Discuss walk-on program--- improvements, emphasis.
9. How many mid-year guys can we bring in?
10. Our Communication must be consistent and thorough.
11. Know the rules.
12. Discuss our positives and negatives.
13. Review our numbers and position needs.
14. Discuss recruiting board.
15. Review 2-Deep and who recruiting each guy and where they are from.
16. How do we narrow our focus and targets?
17. How can we attract more top prospects to campus?
18. What do our current players say is the reason they came here?



## Special Team Notes

1. Who are our coaches for each unit?
  - Punt
  - Punt Block
  - Kick-off
  - Kick-off Return
  - FG
  - FG Block
2. Review our schemes/plan/adjustments for each unit.
3. Who are our:
  - Punt Returners
  - Kick Returners
  - Long Snappers
  - Holders
  - FG Kickers
  - Kick-off Kickers
  - Punters
4. Punt team questions:
  - Work equally rugby/regular punts
  - Increase tempo
  - Offense punt-our QBs need to practice punting- need to work on QB/Punter in at same time
  - Formation variety
  - Personnel
  - Recognition of one/two returners
5. Punt block questions:
  - Increase pressure-Always bring 5 guys?
  - Practice individual techniques-get-offs/angles, etc.
  - Schemes vs. normal and spread punts
  - Personnel-single returner and two returners
6. Kick-off questions:
  - Regular/bloop/squib kicks
  - Personnel
  - Use of surprise kick
  - Ways to get possession

7. Kick-off return questions:
  - Simple schemes-Have 7 guys up close?
  - Add a reverse (fake)-use more often
  - Kick-off or punt after safety
  - Hands team scheme/personnel
  - Personnel
8. We need to pressure (mentally) our kickers/punters often (fifths, up-downs, etc.)
9. When do we practice catching squib/bloop kicks? We need to emphasize ball security.
10. We need to take time to teach punters/kickers what to do with bad snaps (take safety, throw ball, etc.) (Come up with all possible situations.)
11. We need to do fast FG (JET) often.
12. Review our communications on kick-off returns, bloop kicks, and punt returns.
13. Review walk-thru/meetings times during camp and in-season.
14. Review our 7:30 am special teams meeting during the season (M-T-W-Th).
15. Review kicking game checklists and reminders.
16. Review kicking game emphasis.
17. Review practice organization regarding special teams (when to practice/rep each unit). Should kick-off return/kick-off units get extra time-practice during skelly because mostly involves back-ups?
18. How can we reward special team performers-the belt, etc?
19. Any new ideas for special teams? What about increasing tempo on punt/punt block?

### **Special Teams Emphasis:**

- Punt Block—Movement, pressure, tempo
- Punt—Tempo, location, formations
- Kick-Off—Location, leverage, speed/movement
- K.O.R—Leverage, opposite call, counter, base

# Complete Kicking Game Checklist and Reminders

## Punters

1. Time punter and snap. Who will take kicking in practice?
2. Time ball in the air.
3. Punting out of bounds.
4. Pooch Rugby kick.
5. Punt snap (work on) low-high to both sides.
6. Punters snap from end zone (practice). Don't step on end line.
7. When to take a safety on a bad snap.
8. What to do versus ten-man-rush-free man rushing.

## Punt Receivers

1. Handling punts-read punter's follow through-pick up ball as it leaves punter's foot-read the back end of the ball.
2. Don't let the ball hit the ground-average 17-yard roll.
3. Handling sliced punt- if you can't handle it, get away from it.
4. Fair catch rule. (All facets)
5. Peter the ball (inside the 10 yard line or a short punt).
6. Peter the ball at the end of game or half time when we don't want to handle punts.
7. Standing on 10 yard line and punt going over your head don't simulate fair catch-go through receiving motions-be an actor. This may cause punt coverage to pull up and allow ball to go into the end zone.
8. Catch punts-with defender distracting you.
9. Depth of returner should always be correct.
10. When do the returners pick up a bouncing ball? Waist-high bounce?

## Punt Returners

1. Must work versus a punter so that we are conscious of forcing the punter to kick on rhythm.
2. Goal: average 10 yards a return. Make 1<sup>st</sup> down.

## Onside Kick

1. Best after we have gained field position on kick –off from ensuing 15 yard penalty.

## **Defensive Kicking Game**

1. K.O. coverage and returns.
2. Punt returns, punt rushes, and coverage's.
  - a. Drill for punt block...Can we change up to break monotony?
3. Extra Point and Field Goal Defense.
  - a. Rush
  - b. Fake
  - c. Two Point Try
  - d. Rush from right-left or west side of field
4. Emphasize 7 Don't(s) of Kicking Game (Punt)
  - a. Don't be off sides
  - b. Don't rough kicker
  - c. Don't clip
  - d. Don't block below the waist
  - e. Don't let the ball hit the ground
  - f. Don't get penalized for holding
  - g. Don't block behind the returner

## **KICKING GAME SCOUTING CHECKLIST**

### **Punt Return**

- a. Where kicker places ball
- b. Can we block the punt (what block)?
- c. Who must we hold up to get a return?
- d. Fake or special plays?
- e. What is the block point?
- f. Does snapper give the clues?

### **Punt**

- a. What type of return do they use?
- b. What type of block do they use?
- c. Who not to punt to
- d. Special return or reverse

### **Kick-Off Coverage**

- a. Returned used (any special)
- b. Who not to kick to
- c. Best type of kick and coverage

### **Kick-Off Return**

- a. Return to use
- b. Who must we block?
- c. Ready for unusual type of kick

### **Extra Point Block**

- a. Can we block it?
- b. What type of block to use?
- c. Do they do anything special?
- d. Will they fake it?
- e. Do they go "tackle over"?
- f. Does the snapper give any clues?

### **Extra Point**

- a. Type of rush used
- b. Who must we block?
- c. Any special blocks?
- d. What are our fakes?

## Kicking Game Emphasis

- a. Separate kicking tape each Sunday and study.
- b. Get comprehensive kicking game work on Sunday/Thursday. Punt Pro and FG/Extra Point every day.
- c. Coach gets anyone he wants on kicking team except QB's.
- d. Get good personnel on kicking team...select specialist and use them.
- e. Have a "plan" on field not just lectures (punt from 1 yard line, safety, etc.).
- f. Don't let yourself get in a rut with kicking game drills.

Kicking game coaching points: (Change up defense kicking game predictability)

### A. Block Punt

1. Who runs fastest 10 yards?
2. Who will stick nose on the ball?
3. Now coach it:
  - a. Its predictable..."they are going to punt" Let's go get them (same as when we know run or pass.)
  - b. Where does punter hit the ball? How much time?
  - c. Psychological effect on 10 man rush...shank?
  - d. Make stance same whether block or return
    1. Sprinters stance 6' off ball? Move five linemen.
    2. Nose pointed to "spot"...cocked and coiled.
    3. Most important 9 yards of your life.
  - e. Does their center "rock"? How many times he looks up!
  - f. Don't be predictable!! (Rush vs. Return) Hide it!

### B. Returning a Punt

1. Make a first down (10 yards)... up the middle and take crack if there.
2. Catching ball coming forward worth 5 yards.
3. Don't let ball hit ground.
4. Sideline return...up middle and break out. (1<sup>st</sup> land up middle-take it!)
5. Who is first man down? Slowest down? Who contains?
6. Can punter or FB throw?
7. Chart where ball hits and line safety up accordingly.

### C. Weather Plan

1. Punt block better on wet day- windy day.
2. Catcher and kicker on wet/windy day.

## Defensive Notes

1. Review our defensive depth chart.
2. Discuss which offensive guys could help the defense.
3. Any adjustments to practice plan that defensive coaches would suggest?
4. Discuss tackling-practice, teaching, methods, etc.
5. Discuss our disguises/stems.
6. Discuss our obvious pass-situation defenses.
7. "Hands on ball" rewards?
8. What are our "quick" checks? (Mayday, SOS, Fire, etc.)
9. Discuss the strengths/weaknesses of our defensive personnel?
10. Discuss defensive conditioning.
11. Discuss use of jugs machine/QB's more with defense.
12. Discuss our commitment to effort/strain-How we enforce/evaluate it.
13. Discuss how we are "different" than others scheme-wise.
14. Discuss how we can teach/simplify our schemes
15. Points of EMPHASIS:
  - Take away the easy stuff
  - Pre-Snap disguises
  - Ability to zone drop D-Line
  - Play a lot of guys
  - Aggressive mentality
  - Reading QB Intentions
  - Offensive tempo mannerisms
  - Effort/Strain
  - Down and Distance awareness/substitutions
  - Edge pressure
  - Attack the ball
  - "They check-we check" calls
  - Passes batted down
  - Urgency to get off blocks-to get the ball

## Offensive Notes

1. Discuss tempo and reasons to change it up.
2. List our offensive depth chart.
3. What defensive guys could crack the 2-deep or help on offense?
4. Discuss install—teach by group of concepts, etc.?
5. What are our strengths/weaknesses on our offensive personnel?
6. Discuss our signal system.
7. What formations/plays create biggest conflict for defense?
8. Discuss offensive punt.
9. Discuss offensive conditioning/competitive reps.
10. Points of EMPHASIS:

- Down & Distance awareness
- Concept Understanding
- Ball security
- Take the “gifts”
- Improve cut blocks/stalk blocking
- Consistent answers to problems
- Control Tempo
- RPO/Formation stress on Defense
- Throws/Plays we can execute well



## Program Notes

1. Create conflict on offense/confusion on defense.
2. We must be in great shape and make conditioning a factor.
3. We must play more guys.
4. How can we make former players feel appreciated, etc.
5. Down and distance awareness!
6. Be prepared for our time with our players—meetings, practice, skill development, etc.
7. Discuss new NCAA rules, on field & Off
8. Recognize birthdays all year long.
9. Our time with our players is the most important time of the day.
10. Know what is going on with our players-“fireside chats” are important!
11. Keep lounge, locker room, meeting rooms stocked and ready.
12. Graphics/sign ideas?
13. Always pressure good players—daily process!
14. Any equipment/training room issues?
15. August (camp) practices-switch to early morning?
16. In season Fridays-more than a walk-thru-especially for 2's.
17. Team meetings-always start with inspirational or humorous video.
18. New gift boxes for supporters-play the fight song.
19. Summer offense/defense scheme tests.
20. More Fat Heads in building?
21. Senior Poster
22. Make sure to give injured players attention
23. Make everyone feel important!
24. Ideas/suggestions/methods that can help while maintain our base/core beliefs and fundamentals.
25. We must coach up the talent so it's not watching from the sidelines.
26. Discuss our summer camps.
27. Discuss our nutrition/meals.
28. Discuss our needs/wants.
29. Discuss our game awards-more game balls given out?

30. Emphases on weight room records/academic stars/leaderboard
31. Player's council nominees (By Position)
32. Know what drills are used during skill development in summer with strength staff/GA's
33. Use as many competitive situations and drills as possible.
34. We need brief scouting reports on all opponents this summer.
35. Roster Update
36. Off/Def/SP. Teams-Our Identity
37. Summer Conditioning/August Conditioning-Music playing?
38. My-King Situation?
39. Opponent scout days in June
40. Snack Ideas? (PB&J, etc.)
41. Daily MVP? (From practice, weight room, etc.)
42. Pictures of players-(Given to them)
43. Position photos in position rooms-team photos in team room.
44. "Record Bell" in weight room.
45. Pay for transportation/lodging for parents on senior day.
46. Hyperbaric Chamber/Massage Tables?
47. Football 101 Topics (Misc. list)
48. Situations to cover (Misc. list)
49. Summer Conditioning-Discuss (Misc. List)
50. Need down & distance markers in practice- Off. & Def.
51. Player hydration-Must enforce
52. T-Shirts for record breakers-Sleeveless Hoodies for team?
53. Bear Down Field plans?
54. Coaches need to visit weight room more.
55. Off/Def/Sp. Teams—Update "Answer" sheet
56. Offense/Defense-Work QB scramble
57. Player meeting notes

## **Fundamentals to work on:**

QB Intentions

Press Man Coverage

Trap Corner

Press Bail Coverage

Disguise (Dead Time)

DL-Stem & Punch

DL-Fight Pressure

DL/Blitzer's-Bat Passes

Def-Shed blockers

Def-draw holding penalties

Def-attack ball-rake ball out

OL-Pass Pro-Head back-sit-punch

WR-Underthrow ball (Draw pass Int)

RB-Inside zone/Outside zone tracks

Def-Violent hands on ball

All skills-Jugs machine

RB/TE-chips & release

RB/Slots/QB-Jet sweep flips

DE/LB-attack shotgun mesh.

QB/RB Speed option & Mesh

WR/TE/RB-All Routes

WR-Stalk Block & Stalk Cut

OL/DL/TE/LB-Austin leg drive

QB-Awkward throws

OL-Double Teams (Power/Counter)

OL/TE/RB-Cut Blocks

DEF-Rugby tackle

Defense-10 up look

Defense-5 across look

D-Line-Zone Drop

Defense-Zone Defenders-break on ball

Offense Skill- Formation alignment quickly

O-Line-Hat placement on run blocks

QB/RB-Ball fakes

Team-Run from drill to drill

Off. Skill-Hand ball to nearest official

Team-No hands on knees (or taking knee-D-Line)

Offense-Jet Tempo urgency

Defense-yelling run/pass/ball

Team-Running on/off field

## Situations to Cover

- Tight Punt-Ball on -2
- Punt Safe 50 yard line -4<sup>th</sup> & 3 (see ball)
- Punt safe then Punt Block after penalty
- 10 Seconds to Play-position ball to middle of field for FG then T.O
- Defense on field-last play of game-45 yardline
- Off runs play center or QB get hurt-lay on field
- Take a safety-Punt Team
- Hands Team (take moment if tanks needed)
- Tank Hands Team
- Onside Kick & Surprise onside
- Squib kick Return (end of half/game) and Deep Squib
- Sky Kickoff Return
- Sky Kickoff
- Squib Kickoff (end of half/game) and Deep Squib
- Fumble on sideline (defense keep it alive)
- Punt Return-Short punt-"Peter" call
- FG Block-Behind L.O.S. and Past L.O.S.
- End of Game-Down by 1-No Timeouts-2 Minutes or Less-Defense Let them score.
- Last Play FG Defense-"Desperado"
- No returners Deep-Punt Returns or Punt Block-End of Half/Game ("11 Up")
- Defensive "Injury" to give review time (or rest players)
- K.O.R. after Safety (Punter or Kicker)
- K.O. after Safety (Punter or Kicker)
- Personal Foul on PAT/TD... Kickoff from -45 (Sky or Surprise)
- 1 Coming Out (QB Sneak)
- 4<sup>th</sup> and 1-trying to draw defense offsides (Offense shifts)
- Visible Offensive Audible (Defense "MAYDAY") check from Blitz?
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Offense Situations...      1<sup>st</sup> & 10, +40, 10 seconds, need a FG No T.O.  
   1<sup>st</sup> & 10, +40, 10 seconds, need a FG, No T.O.  
   2<sup>nd</sup> & 15, +40, 22 seconds, need a FG, No T.O.  
   3<sup>rd</sup> & 15, +40, 22 seconds, need a FG, No T.O.  
   1<sup>st</sup> & 10, +40, 8 seconds, need a FG, No T.O.  
   1<sup>st</sup> & Goal, 4 yardline, 45 seconds, No T.O, Down by 3.

- Offense-2 pt. plays
- Defense -Defending 2 pt. plays
- 1 Minute Offense- (Kill the Clock) (Get Down after 1<sup>st</sup> Down)
- 4 Minute Defense (get the ball back)
- Defense-2<sup>nd</sup> and 1 (look for long shot) (expect play action deep ball)
- 2 Minute Offense/Defense
- Sudden Change-Offense/Defense/x-pt/x-pt Block
- Defense-Defending last play from +15, +40, -30
- Offense-"Victory and "Victory" from 1 yardline (QB Sneak)
- Defense- 3<sup>rd</sup> & 2 the off penalty (3<sup>rd</sup> & 7)-change to "pass defensive call"
- Defense-x-pt Block-(All Out!)
- Offensive Punt-the pocket (Lightening) and out of pocket (ranger)
- NASCAR (fast FG) ball inside 15 (no tackle over call)
- Interception/fumble recovery-last play of game-DEFENSE
- Punt Block-only 10 on the field (Bullet uncovered)
- End of 1<sup>st</sup>/3<sup>rd</sup> quarter Off/Def sprint to other side (-35yardline)
- Defense- Goal line Defense-2 yardline-run play-Penalty-regular defense (-7)
- QB Sneak-Jet Tempo
- End of Quarter-(Run to other side)