



Cactus Salad

Ingredients

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| 4 cups shredded green cabbage | 1 large tomato, chopped |
| 2 fresh cactus leaves
(about 1 cup), cleaned
and finely chopped | 1 serrano chili, seeds removed
and finely chopped |
| 4 thin slices white onion | 2 tablespoons cider vinegar |
| 4 radishes, thinly sliced | 1 teaspoon oil |
| | 1 teaspoon sugar |

Preparation

1. Mix cabbage, cactus, onion, radishes, tomato, and serrano chili in a medium bowl. Place salad on 4 separate plates.
2. Stir together vinegar, oil, and sugar; drizzle over salad. Serve immediately.

This salad is fresh and festive. Use jarred cactus if you can't find fresh.

Makes 4 servings. 1½ cups per serving.

Prep time: 15 minutes

Nutrition information per serving:

Calories 48, Carbohydrate 9 g, Dietary Fiber 3 g, Protein 2 g, Total Fat 1 g, Saturated Fat 0 g, Trans Fat 0 g, Cholesterol 0 mg, Sodium 20 mg