



## Amanda Bowers

**Title:** Registered nurse.

**Education:** BSN.

**Where do you work?**

Chan Soon-Shiong Medical Center  
at Windber.

**Department:** Wing 3.

**Years of service:** 11.

**Area of expertise:**

Medical-Surgical.

**What are your thoughts/concerns about working through the COVID-19 crisis?**

During this time of uncertainty,

we as health-care providers are all facing many challenges and fears.

When we go to work, we are unsure of the risks that we are going to face, causing a lot of anxiety. We spend a lot of time up close with the patients, doing high-risk activities to provide patient care. It can be physically and mentally draining.

That's why we are so grateful for Personal Protective Equipment (PPE) to protect us, the patients and the families we go home to.

I am also grateful for the multiple professionals and team that I work with and beside - to include: MDs, CRNPs, RNs, PCTs, Respiratory Therapy, PT/OT, Housekeeping and Social Services.

Our dedication, commitment, courage and sacrifices made, have made a difference and saved lives.

**Community of residence:** Somerset.



*Health Care Heroes is a project of The Tribune-Democrat and local medical centers to spotlight individuals working in health-related fields.*