

FIRST TEAM

Offense

Defense

QUARTERBACK



Nate Cornell

RUNNING BACK



John Jablunovsky

RUNNING BACK



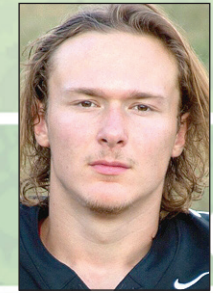
R.J. Tallion

DEFENSIVE LINE



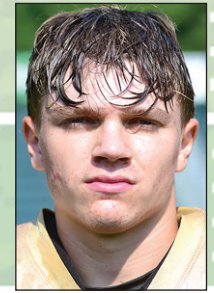
Lucas Oleksa

DEFENSIVE LINE



Jordan Synowitz

DEFENSIVE LINE



Eli Zasadni

High school: Forest Hills
Class: Senior
Height: 6-3 **Weight:** 208
2024 season: Three-year starter passed for 1,707 yards and 17 TDs in 2024 and posted career totals of 4,715 yards and 45 TDs. Passed for at least one touchdown in 10 games, with five multi-TD games this season.

High school: Ligonier Valley
Class: Senior
Height: 5-10 **Weight:** 174
2024 season: Rushed for 1,243 yards and 16 TDs against District 7 competition to earn his second first-team, all-area spot. Averaged 124.3 yards a contest while surpassing 100 rushing yards in six games. Finished career with 2,937 yards and 34 rushing TDs.

High school: Windber
Class: Senior
Height: 5-10 **Weight:** 180
2024 season: Pushed into the feature back role in Week 5 due to injuries, he rushed for 1,272 yards, with six games over the 100-yard mark. Ranked second in area with 23 rushing TDs on District 5-1A championship squad. Averaged 7.2 yards a carry.

High school: Windber
Class: Senior
Height: 6-1 **Weight:** 213
2024 season: Made 45 tackles, with 15 stops for a loss of yardage. Tied for second in the area with 13 sacks that accounted for a combined 127 yards lost by the opposing offense. Averaged one sack a game. Had 2.5 sacks for a loss of 36 yards in a 49-6 win over Carrick.

High school: Meyersdale
Class: Senior
Height: 6-0 **Weight:** 205
2024 season: Collected 121 tackles, including 56 solos on a District 5-1A playoff team. Made 30 tackles for loss of yardage, including 10 sacks. Caused two fumbles and had one fumble recovery. Averaged 11 tackles a game.

High school: McCort-Carroll
Class: Senior
Height: 6-4 **Weight:** 235
2024 season: Had a team-high 77 tackles, including 43 solo stops and nine tackles for loss of yardage. Had 4.5 sacks. Played all three down positions on defense as needed and effectively stopped the run, pressured the passer and made plays at the line of scrimmage.

WIDE RECEIVER



Zymir Reed

WIDE RECEIVER



Chase Williamson

WIDE RECEIVER



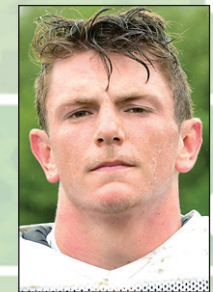
Austin Yarnick

LINEBACKER



Marshall Eckenrode

LINEBACKER



Derek Hite

LINEBACKER



Joe Penna

High school: Greater Johnstown
Class: Junior
Height: 6-2 **Weight:** 185
2024 season: Second in the area with 59 receptions for 928 yards and nine TDs as the Trojans halted a 43-game losing streak. Averaged 84.4 receiving yards a game, with a long reception of 79 yards. Had season-high 189 receiving yards and a touchdown on six catches in a win over Westmont Hilltop.

High school: Forest Hills
Class: Senior
Height: 5-10 **Weight:** 184
2024 season: Tied for the area lead with 12 TD receptions and ranked fourth with 48 catches. Had 728 receiving yards on Rangers team that won four of its final five games. Had eight receptions for 135 yards and three TDs in a win over Chestnut Ridge.

High school: Richland
Class: Senior
Height: 5-9 **Weight:** 170
2024 season: Caught 57 passes for 906 yards, ranking third in the area in each category. Made eight catches for 191 yards and two TDs in playoff win over United Valley. Made 154 career receptions for 2,530 yards and 26 TDs.

High school: Cambria Heights
Class: Senior
Height: 5-9 **Weight:** 180
2024 season: Tied for fifth in the area with 133 tackles, including 32 solo tackles and 20 tackles for loss of yardage. Led team with 4.5 sacks. Had an interception, two fumble recoveries and a blocked punt.

High school: Penn Cambria
Class: Senior
Height: 6-1 **Weight:** 215
2024 season: The 2023 Defensive Player of the Year produced 109 tackles, including 56 solo stops on 14-win, state semifinalist team. Virginia Military Institute signee had 10 tackles for loss of yardage, with nine sacks and 19 hurries. Blocked two punts and one field goal. Recovered one fumble.

High school: Richland
Class: Senior
Height: 6-3 **Weight:** 208
2024 season: Finished with a team-high 123 tackles on District 6-2A runner-up. Made 78 solo tackles, with 27 stops for loss of yardage. Reached double-digit tackles in seven of 12 games played. Had six sacks, including three in a win over Forest Hills. Recovered four fumbles.

OFFENSIVE LINE



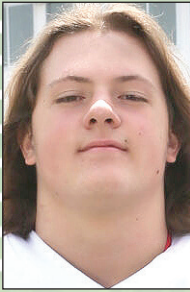
Preston Farabaugh

OFFENSIVE LINE



Ryan Grohal

OFFENSIVE LINE



Brodie Hollis

LINEBACKER



Dylan Stephens

LINEBACKER



Jacob Wilson

DEFENSIVE BACK



Owen Claycomb

High school: Penn Cambria
Class: Senior
Height: 6-0 **Weight:** 240
2024 season: Repeat first-team selection was versatile leader on 14-1 team that won District 6-3A gold and reached the PIAA semifinals. Helped the Laurel Highlands Athletic Conference champion Panthers gain 3,523 rushing yards, pass for 1,723 yards and average 32.4 points a game.

High school: Windber
Class: Senior
Height: 6-0 **Weight:** 255
2024 season: Repeat first-team pick provided veteran presence on a line that enabled the Ramblers to rush for 3,681 yards - 283.2 yards a game and 7.1 a carry. Windber also passed for more than 1,000 yards en route to a District 5-1A championship and state playoff appearance.

High school: Richland
Class: Junior
Height: 6-0 **Weight:** 260
2024 season: Stood out on a line that helped the District 6-2A runner-up Rams rush for 2,086 yards with 26 rushing touchdowns, as well as 2,254 passing yards and 27 TDs. Richland reached the district championship game for the sixth time in seven seasons.

High school: United Valley
Class: Senior
Height: 6-0 **Weight:** 185
2024 season: The area's only player credited with 200 tackles (202) this season. Had 131 solo tackles on 6-5 Lions team that reached the 6-2A playoffs. Averaged 18.4 tackles a game with nine tackles for loss of yardage. Had four sacks and one interception returned 75 yards.

High school: Bedford
Class: Senior
Height: 6-1 **Weight:** 205
2024 season: Ranked second in the area with 157 tackles. Made 108 solo stops. Averaged 11.2 tackles a game. Had 1.5 sacks on District 5-2A champion and state quarterfinalist team. Caused two fumbles and blocked a field goal.

High school: Chestnut Ridge
Class: Senior
Height: 5-11 **Weight:** 156
2024 season: Tied for area lead with five interceptions and had 32 return yards. Made 80 tackles with 51 solo stops on District 5-2A semifinalist. Recovered one fumble. Had double-digit tackles against state semifinalist Penn Cambria, district runner-up Richland and playoff team Forest Hills.

OFFENSIVE LINE



Cody Livengood

OFFENSIVE LINE



Braylon Rydbom

ATHLETE



Quincy Swaim

DEFENSIVE BACK



Marcus Eckenrode

DEFENSIVE BACK



Luke Mulraney

DEFENSIVE BACK



Stephen Nelen

High school: Berlin Brothersvalley
Class: Junior
Height: 6-2 **Weight:** 285
2024 season: Repeat first-team pick fronted a line that paved the way for the District 5-2A runner-up Mountaineers to gain 2,066 rushing yards, an average of 172.2 a game. Berlin Brothersvalley won three of its final four games and reached the district title game.

High school: Cambria Heights
Class: Senior
Height: 5-10 **Weight:** 255
2024 season: Four-year starter and leader on District 6-2A champion Highlanders team that reached the state quarterfinal round. Part of two straight district crowns. Cambria Heights had 44 rushing touchdowns while gaining 3,410 yards on the ground - 243.6 yards a game and 6.4 a carry.

High school: Bedford
Class: Senior
Height: 5-10 **Weight:** 180
2024 season: Repeat first-team selection had an area-high 1,886 rushing yards and 22 TDs to go with 954 passing yards and six TDs. Quarterbacked the Bisons to a District 5-2A crown and PIAA quarterfinal round appearance. Had 107 tackles and three interceptions on defense.

High school: Penn Cambria
Class: Senior
Height: 5-9 **Weight:** 165
2024 season: Made three of his area-high five interceptions during the postseason. Had a pick in the LHAC title game win over Bishop Guilfoyle, intercepted a pass in the 6-3A title contest triumph over Tyrone and picked off another in the PIAA 3A quarterfinal victory over Hickory. Made 75 tackles, with 39 solos.

High school: Cambria Heights
Class: Senior
Height: 5-9 **Weight:** 165
2024 season: A natural line-backer, he moved to safety to help team and finished with 133 tackles and four interceptions. Repeat first-team selection helped Highlanders win second straight District 6 crown and reach 2A quarterfinals.

High school: Cambria Heights
Class: Senior
Height: 5-11 **Weight:** 175
2024 season: Made 16 of his 43 tackles during District 6-2A champions' four postseason contests. Intercepted three passes, including two returned for 40 yards in a win over Homer-Center. Rushed for 829 yards and 11 TDs, and had 409 receiving yards and seven TDs. Ran for 133 yards and a touchdown in district championship game against Richland.

ATHLETE



Grady Snyder

KICKER/PUNTER



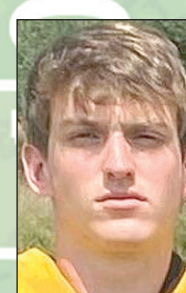
Noah Ritko

ATHLETE



Ethan Smith

SPECIALIST



Lucas Shutt

High school: Central Cambria
Class: Senior
Height: 6-0 **Weight:** 194
2024 season: Finished third in the area with 1,329 rushing yards. Produced seven 100-plus rushing yard games, including three with 220 or more yards. Scored 18 TDs in four different ways, including 13 rushing. Caught 12 passes for 143 yards and three TDs. Totaled 3,123 career rush yards. Made 114 tackles.

High school: Richland
Class: Senior
Height: 5-10 **Weight:** 175
2024 season: Led the area with 72 kicking points on a 6-2A runner-up team. Perfect on 54 extra-point kicks and 6-of-9 on field goal attempts, including a program-record 50-yarder. Had 34 touchbacks on kickoffs and averaged 33.1 yards on 25 punts.

High school: North Star
Class: Senior
Height: 5-11 **Weight:** 190
2024 season: Had a team-high 62 tackles, including 52 solos. Intercepted four passes and returned them 73 yards. Had two fumble recoveries and one sack. Netted 642 rushing yards and seven TDs, and had 517 receiving yards and seven TDs. Totaled 1,546 all-purpose yards, an average of 140.5 a game.

High school: Northern Cambria
Class: Senior
Height: 6-1 **Weight:** 165
2024 season: Quick, athletic defender shuffled along the Colts line and collected an area-best 13.5 sacks on a District 6-1A runner-up squad. Made 102 tackles, including 47 solo stops.