

# Health & Wellness

February 18, 2021  
A Special Supplement to  
The Wellsboro Gazette  
The Mansfield Gazette  
Potter Leader-Enterprise  
Free Press-Courier



**Creativity**  
Opens mind to  
thinking in new ways

**Carbon  
Monoxide**  
What you need  
to know to stay  
safe and warm

**Surviving  
COVID-19**

Area coach returns  
to the sidelines

**And  
more...**