

**FREE**  
Take One

Fall 2022

# Explore

Central Vermont

[www.timesargus.com/explore](http://www.timesargus.com/explore)



# OAKES & EVELYN

## HOURS OF OPERATION

Dinner - Wednesday - Saturday 5pm - 9pm

Brunch - Saturday & Sunday 10am - 2pm

DOWNTOWN MONTPELIER

[WWW.OAKESANDEVVELYN.COM](http://WWW.OAKESANDEVVELYN.COM)





## BARRE'S DOWNTOWN MARKET

### FALL HOURS

Tuesday-Saturday 10-6, Sunday 10-2

Grab and Go Deli  
Beer and Wine  
Local meat, dairy, produce

159 N Main St. armarketvt.com  
Barre, VT 05641 (802) 661-8964

Follow



**WEATHER SHIELD.**  
WINDOWS & DOORS



## GET OUR FREE BROCHURE!



[CEDARKNOLLLOGHOMES.COM/PLANS](http://CEDARKNOLLLOGHOMES.COM/PLANS)

(800) 644-3564

VISIT MODEL AT 1486 MILITARY TURNPIKE, PLATTSBURGH, NY



**WELCOME**

*Fall 2022*

# Explore

Central Vermont

**New England VP**  
Ed Coats

**Publisher/Executive Editor**  
Steven Pappas

**General Sales Manager**  
Tim Duguay

**Creative Services Manager**  
Keri Franzoni

**Customer Service Manager**  
Melody Hudson

**Sales**  
Krystal Marshall  
Kristi Wolfrom  
Peter Morande

**Creative Services**  
Tiahna Gillam  
Fran Grabowski

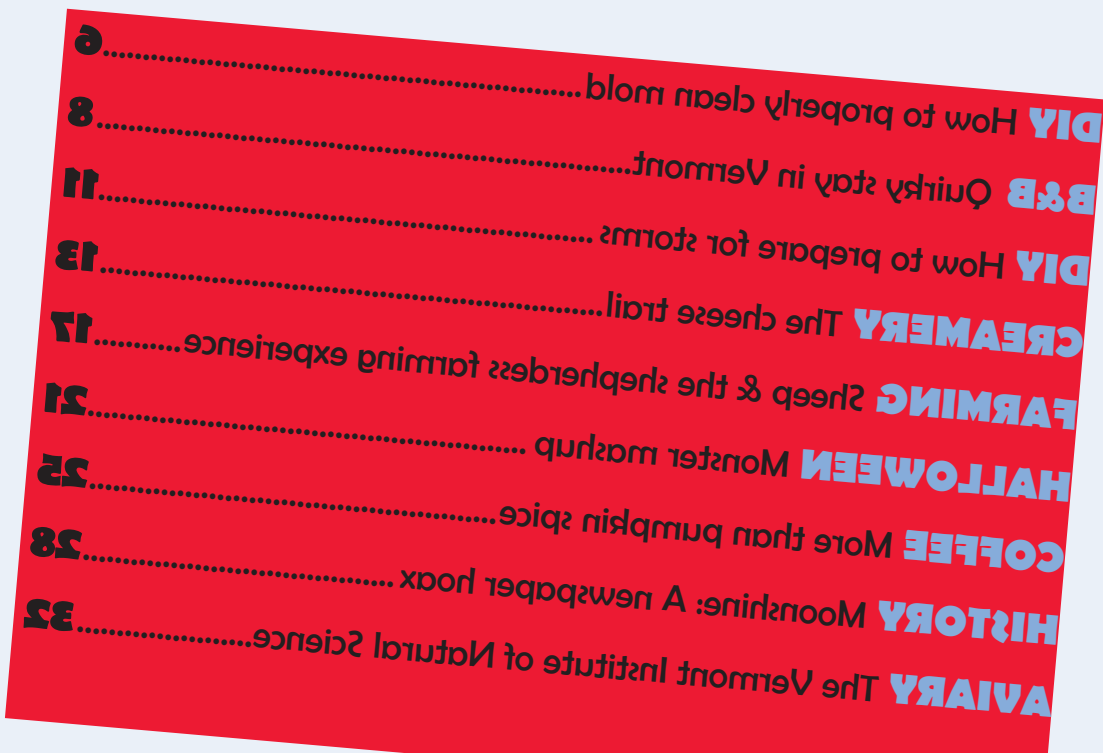
**On the cover**  
PHOTO BY LORNA CARTY  
Water Lilies — Isn't nature beautiful



47 North Main St, Barre, VT  
www.timesargus.com  
800-498-4296

**Explore Central Vermont.** This publication is a product of The Barre-Montpelier Times Argus advertising department. Reproduction in whole or in part without prior written permission is strictly prohibited. Opinions expressed in the publication are those of the authors and do not necessarily represent those of the management of the publication. ©2022 Brunswick Publishing, LLC. All rights reserved.

PHOTO BY MARY LOU ULATOWSKI "Monarch on Mums"



**KING ARTHUR™**  
BAKING COMPANY

OPEN DAILY

store 8AM – 5PM

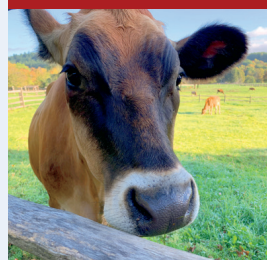
cafe 8AM – 3PM

(802) 649-3361  
135 Route 5 South Norwich,  
VT 05055

KingArthurBaking.com



## WHERE FUN & HISTORY MEET



- Visit a Vermont Landmark & Dairy Farm
- Discover Educational Exhibits, Programs & Events
- Experience Autumn on the Farm

69 OLD RIVER ROAD • WOODSTOCK, VT  
BILLINGSFARM.ORG • 802-457-2355



# MONTPELIER




**Z**  
MONTPELIER

**Zutano**  
OUTLET STORE

79 Main Street, Montpelier  
802.223.2229  
www.facebook.com/ZutanoOutletStore  
www.instagram.com/zutano\_outlet/

**SLOPE STYLE**  
SKI & RIDE

Full Service  
Ski Shop  
Rentals, Tuning,  
& Sales



www.SlopeStyleVT.com



Open  
m-sat  
10-5:00

**The Cheshire Cat**  
Art & Artwear

28 Elm St, Montpelier  
802-223-1981  
cheshirecatclothing.com

Hunger Mountain  
**COOP**

50 Years of Cooperation

623 Stone Cutters Way  
Montpelier, VT 05602  
(802) 223-8000  
info@hungermountain.coop

### America's Small Town Capital

Montpelier is the smallest state capital in the United States with a population of just under 8,000 people. It's a small town with big city amenities - a lively arts and music scene, great restaurants, excellent schools, and an active community life. There are lots of opportunities to participate in local government, recreation, the faith and wisdom communities, and healthy lifestyles.

# BARRE

Splash Naturals is bubbling over with all natural body products, skincare and make up from around the world!

Fall fashions are are bursting at the seams, too!  
Bare Minerals, Dr.HAUSCHKA, Hanky Panky, and More!



**Splash**  
naturals

Kelly Sullivan, owner of Splash Naturals,  
photo by Richardson Photography

67 MAIN STREET, MONTPELIER  
Open 7 days a week!

**BARR HILL**



ENJOY COCKTAILS, SEASONAL MENUS,  
& DISTILLERY SHOP. JOIN US THIS FALL

116 GIN LANE, MONTPELIER, VT | BARRHILL.COM



**NELSON**  
**ACE**  
**HARDWARE**

NelsonAceHardware.com  
(802) 476-5700  
188 No. Main St., Barre

# HOW TO PROPERLY CLEAN MOLD

**Deena Bouknight**

*More Content Now*

USA TODAY NETWORK

**D**amp, cold weather can sometimes breed mold. A little may irritate nose, lungs and throat, reported Medicalnewstoday.com last August, but a lot can cause other health issues, such as chronic lung conditions or asthma.

Mold also can damage walls, clothes, books, toys and more. Medicalnewstoday.com indicated that mold will often thrive in one of three places:

1. Where leaks and flooding have occurred.
2. Where condensation builds up inside windows.
3. Where air does not circulate; in the back part of a closet, in bathrooms or in a basement, for example.

“It’s important to know when and how to DIY clean any mold found in your home and when you should enlist the help of an IICRC [Institute of Inspection, Cleaning and Restoration Certification] professional mold remediation company during times of need,” said Robin Hoy of PuroClean Restoration Services in Cranford, N.J.

She advises homeowners to only attempt to self-remediate mold if it has taken over an area less than 10 square feet.

“To safely protect yourself, always remember when attempting any remediation project to wear proper personal protective equipment,” Hoy said. Her safety gear suggestions include:

- Tyvek suit (to keep air and water away from one’s body)
- Gloves
- Eye protection
- Respiratory protection, such as an N95 mask

If the mold is around or inside caulk in a bathroom, for instance, Hoy explained that the caulk will need to be scraped off, the area scrubbed with a stiff brush and a disinfectant cleaner, and the room allowed to dry for at least 24 hours before the mold-affected area is re-caulked.

Professionals should be hired to tackle mold when it has spread in excess of 10 square feet or is in difficult to reach areas, Hoy said.

“We have encountered a frequent problem with insulation in soffit vents, which further reduces airflow in the attic, allowing moisture build-up,” she said.

A professional will clear away mold, clean affected area and take measures to minimize future risk.

She said main mold prevention measures are keeping interiors’ humidity low and inspecting periodically all areas of a home.

# Explore

Central Vermont

## Winter Photography Contest



### Have a great winter scenic photograph?

If so, we may publish it in our next edition of Explore Central Vermont and maybe even use it on the cover. Specifically, we are interested in photo submissions that depict the spectacular outdoor scenery of Vermont. Each entrant is invited to submit up to six of their favorite winter outdoor scenic photos, each labeled with the photographer’s name and a short description. Photographs may include flora, fauna, landscapes, close-ups or panoramic views. People and/or animals can be included in the photo by should not be the subject of the shot.

We are looking for high resolution photo submissions of 300 dpi or higher in .jpeg format. The more vibrant the colors, the better. Judging will be done by our editors taking into consideration exposure, focal point, color and contrast as well as subject matter.

**The deadline for submissions is October 15, 2022.  
Winners will be announced in our next edition.**

**SUBMIT ENTRIES ONLINE**

**[www.timesargus.com/explorephotos](http://www.timesargus.com/explorephotos)**

**Questions may be directed to 802-774-3028.**

*\*By entering this competition, entrants agree that Brunswick Publishing, LLC has permission to publish submitted photographs in print, in special promotions and online with credit to the photographer. All photos must be taken in Vermont.*

**NOW 26% OFF**

\*As part of the 25D Tax Credit for HHV Efficient Wood Stoves

**THE MOST EFFICIENT  
FAMILY OF WOOD  
STOVES ON THE PLANET**



THEHEARTSIDESHOPPE.COM

**(518) 561-9814**

1024 MILITARY TPKE., PLATTSBURGH

**fall in love with  
montpelier!**



**capital city farmer's market**  
saturdays thru october

**montpelier fall festival**  
saturday, september 24  
*family fun, food, and entertainment*

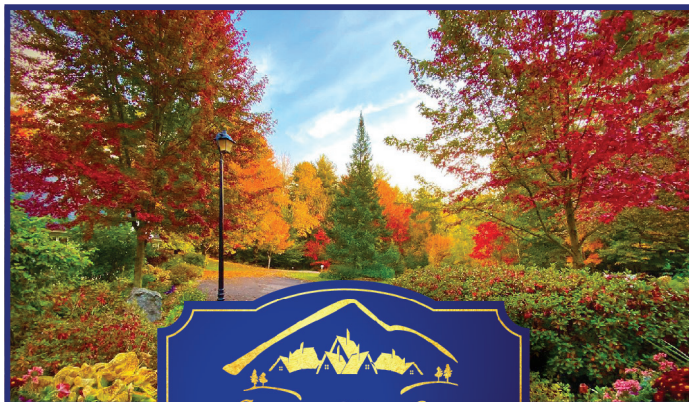
**art walk** *supported by northfield savings bank*  
friday, october 7  
*a fun way to experience art & explore shops,  
restaurants, and galleries; featuring live  
music and an outdoor video salon*

**halloween in downtown montpelier**  
monday, october 31  
*trick-or-treating and spooky surprises*



**downtown**  
**Montpelier**  
vermont

[www.montpelieralive.com](http://www.montpelieralive.com)



**Best Romantic Getaway**

**IN NEW ENGLAND**

YANKEE MAGAZINE EDITORS' CHOICE

[stonehillinn.com](http://stonehillinn.com) 802-253-6282

TripAdvisor's Highest Honor

**Travelers' Choice "Best of the Best"**

Ranked in the top 1% of hotels worldwide in 2020 & 2021

# ROAM

EXPLORE IN STYLE

ADVENTUROUS FOOTWEAR AND APPAREL FOR MEN & WOMEN

*Fall Styles  
Are Here!*

Fall Styles are here! Flannels, sweaters, cords, hats, boots, scarves, and more! Find everything you need to explore in style!



VISIT US IN STORE OR ONLINE AT [ROAMVT.COM](http://ROAMVT.COM)

  8 LANGDON STREET • MONTPELIER, VT • (802) 613-3902

## PATIENT CARE IS ALWAYS OUR PRIORITY

See our **LARGE Selection of Gifts!**

### Vermont Made Gifts

Silver Frost Jewelry • Danforth Pewter • Maple Candy  
Mary Meyers Animals • Gund Gifts • Picture Frames of all Sizes & Types  
Lake Champlain Chocolates • Maple Landmark Wooden Toys • Calendars

CARDS!  
Local Artists, Upcountry  
Cards, Green Tree Design  
& Marian Heath



We have everything you need for a party...  
Cards, Cups, Napkins,  
Plates, Candles

## NORTHFIELD PHARMACY

Friendly & Dependable Service **485-4771**

14 Depot Square, Northfield, VT 05663

Open 7 Days A Week

M-F 9-6 • Sat. 9-2 • Sun. 8-Noon



SilverForest

# It's Worth the Ride To The Wayside



**Restaurant • Bakery • Creamery • Top Employer**  
**Located on the Barre-Montpelier Road Since 1918**



# Quirky Stay in Vermont

**By Peter Cobb**

**A**s far as Emma Somaini knows, none of the guests who've stayed at the Firehouse Inn in downtown Barre, have slid down the brass fire pole. Originally built in 1904, the Victorian Queen-Anne style firehouse was a fully operational firehouse until 2007. The firehouse was transformed into an inn, in 2013. The guest rooms, located on the second floor, the same place the firemen slept for over

a century, include two, one-bedroom suites and two, studio suites.

"We get a lot of fire fighters and EMTs. Some come here just because they like the name and when they find out it was a real firehouse, they're blown away," Somaini said. She is the head waitress at the Ladder 1 Grille and Pub which is in the first floor of the firehouse.

The Firehouse Inn is just one of several dozen quirky inns and unique bed and breakfasts in Vermont where



PHOTO PROVIDED

Emma Somaini

the building itself is part of the draw. Visitors, with an eye toward something different, can stay in an old grist mill, vacation at a variety of farmhouses where chores are optional, go back in time at an old stagecoach inn, try to relax in a building that could be haunted, marvel at the classic architecture from the nineteenth century, or sleep in a sugarhouse or a treehouse.

"The treehouse is a magical experience that cannot be matched by a traditional



TRAVIS BURKE PHOTOGRAPHY

“Because it has been lovingly passed down through generations all of its unique features have been well preserved.”

“Because it has been lovingly passed down through generations all of its unique features have been well preserved. The spectacular mahogany staircase near the formal entry invites you to luxurious rooms and baths above. Incredible woodwork, architecture, and craftsmanship are evident in every room and must be seen to be appreciated. Our guests tell us frequently that pictures on the website do not do the house justice,” Peltier said.

Tourists also can take a step back in time at The Old Stagecoach Inn, in Waterbury, an historic bed and breakfast built in 1826. Formerly a tavern, stagecoach stop, and private residence, the inn is currently listed in the National Register of Historic Places.

The Sugarhouse at Scott Farm in Dummerston, is a rustic cabin at the edge of a maple sugarbush, a stand of maple trees that is still used for maple sugaring in the spring. It was built in 1915 to house the boilers that converted raw sap to maple syrup.

Located on the grounds of the 571-acre Scott Farm, The Sugarhouse is a cozy retreat with nearby apple picking, hiking, biking, and skiing in season. The Scott Farm was a key location for the filming of the Academy Award-winning movie “The Cider House Rules”, based on the John Irving novel.

“The Sugar House definitely is very popular,” said Susan McMahon, executive director of The Landmark Trust USA, the nonprofit organization which owns the property. The Trust preserves historic properties and makes them available as short-term vacation rentals. Its five Vermont properties represent a variety of architectural styles from 1802 to 1915. Each property is fully restored to highlight its historic character. The best-known property is Rudyard Kipling’s Naulakha, the famed southern Vermont retreat where Kipling wrote, “The Jungle Book.”

hotel or inn. The two-story structure is idyllically positioned overlooking the trout pond and surrounded by woods. The treehouse harkens back every kid’s dream about living in a treehouse. It contains 31 windows, so wherever you’re sitting, standing or lying down, you’re always at eye level with the branches and the birds. To be so close to nature, yet have all the modern luxuries is attractive to many people. This is no ordinary backyard plywood structure. It is a handcrafted work of art built onsite by talented woodworkers,” said Willie Docto, co-owner of Moose Meadow Lodge & Treehouse in Waterbury.

There are numerous options throughout the state for visitors interested in unique architecture from the 1800s including Back Inn Time in Saint Albans. This classic Victorian building was built in 1858. Current owner, KarenMarie Peltier, is only the fourth owner of the building in 164 years.



PHOTOS BY CAROLYN L. BATES PHOTOGRAPHY

"It Runs  
in the  
Family"



Family  
Operated  
Since 1942

Sugarhouse Store Mon. - Sat. 10 - 5, Sun. 2 - 5  
Creemee Hours Thurs. - Sat. 10 - 5  
Sunday 2 - 5

Maple Syrup, Cream, Sugar, Candy  
& Vermont's Best Maple Creemees

**Tours Year Round • We Ship!**  
Solar-Powered • Traditional Wood-Fired

Purchase online or at the sugarhouse.  
1303 Boudro Rd., Randolph Center, VT  
(802) 272-6249 • [www.sillowaymaple.com](http://www.sillowaymaple.com)  
See us at the Montpelier, Burlington, and  
Stowe Farmer's Markets



Watch Eva Sollberger's "Stuck in Vermont"  
Silloway Maple Video on WCAX.com

# All Around Town Transportation & More



## Hometown Tours & Rides

[hometowntoursVT.com](http://hometowntoursVT.com)

Waterbury/Stowe  
& Surrounding Area

- 24/7 around town rides to general appointments, hospitals, restaurants, airports, bus hubs & Amtrak.

- To/from local events with great designated drivers.

- Offer summer guided tour's of our beautiful community & Winter transportation for tours.

**CALL OR TEXT**

# 802-230-7641

[hometowntoursVT.com](http://hometowntoursVT.com)

**PROUD SPONSORS OF**

*VT Chamber of Commerce, Stowe Area Association  
& Revitalizing and Discover Waterbury.*



# VINS NATURE CENTER

**OPEN DAILY  
YEAR-ROUND**

PHOTO BY JOHN SUTTON

- ★ Forest Canopy Walk
- ★ Adventure Playscape
- ★ Nature Store & Trails
- ★ Exciting Exhibits

## ★ Live Animal Programs\*

11 AM & 3 PM / Predators of the Sky  
1 PM / Raptors Up Close  
2 PM / Reptile Rendezvous

\*Program times vary seasonally.  
Visit [vinsweb.org/calendar](http://vinsweb.org/calendar) for details.



149 NATURES WAY / QUECHEE, VT / 802.359.5000 / [VINSWEB.ORG](http://VINSWEB.ORG)

# ARTISANS HAND

Contemporary Crafts  
Made in Vermont



## Carol MacDonald

Seven color silkscreen print made using non-toxic inks. Carol works out of her studio overlooking the Winooski River in Colchester.



Hours: Mon-Fri 11-5:30, Sat 10-5, Sun 12-3

89 Main Street at City Center  
[www.artisanshand.com](http://www.artisanshand.com)

## OUR SHOWROOM IS OPEN



**MATTRESSES, RECLINERS,  
GLIDER ROCKERS & MORE  
IN STOCK**

## MATTRESS LAND

MON-FRI: 10AM-5PM SAT: 10AM-2PM SUN: CLOSED

"Locally Family Owned & Operated"

97 US Rt. 302 Barre-Montpelier Rd.

**802-479-0671**

Welcome to

**THUNDER ROAD**  
*"nation's site of excitement"*

[www.thunderroadvt.com](http://www.thunderroadvt.com)



- |          |   |                   |
|----------|---|-------------------|
| Sept. 17 | Fall Foliage Weekend Day #1 — Pro All Stars Series 150 & New England Dwarf Cars                   | Post Time 6:00pm  |
| Sept. 18 | Fall Foliage Weekend Day #2 — ACT Fall Foliage 200 (\$5,000 to win) Flying Tigers -\$1,000-to-win | Post Time 1:00pm  |
| Sept. 18 | 44th Fall Foliage 200 - \$5,000-to-win White Mountain Motorsports Park N. Woodstock, NH           | Post Time 5:30pm  |
| Sept. 24 | R&R Race Parts NH Street Stock Open — \$5,000-to-win + Late Model Championship Night              | Post Time 5:00pm  |
| Sept. 30 | Lenny's Shoe & Apparel Milk Bowl Friday - PASS- 150 -NEBSMS                                       | Post Time 6:00pm  |
| Oct. 1   | Booth Bros./H.P. Hood Milk Bowl Qualifying Day  | Post Time 1:00pm  |
| Oct. 1   | Booth Bros./HP Hood Milk Bowl Qualifying Day Thunder Road Barre, VT                               | Post Time 1:00pm  |
| Oct. 2   | 60th Vermont Milk Bowl presented by Northfield Savings Bank                                       | Post Time 12:15pm |
| Oct. 2   | 60th Northfield Savings Bank VT Milk Bowl - \$12,000-to-win Thunder Road Barre, VT                | Post Time 12:15pm |
| Oct. 8   | Sunoco World Series 75 Thompson Speedway Thompson, CT   | Post Time 2:00pm  |
| Oct. 22  | Haunted Hundred Seekonk Speedway Seekonk, MA  | Post Time 1:00pm  |
| Oct. 29  | 3rd Annual Thunder Road Automotive Flea Market & Swap Meet  | Time 9:00am       |

**61 years of the regions 'best damn' stock car racing Visit website for current information or call 802-244-6963**



Photos Courtesy of Buzz Fisher Photographs, creativeoutbursts.com

To prepare, Old Farmer's Almanac instructs:

- 1** Know where the electrical panel is and how to reset circuit breakers, if necessary.
- 2** Turn off all major appliances and unplug technology during a storm.
- 3** Turn off all but one light switch during a power outage to avoid overloading the power system when electricity is restored.
- 4** Keep refrigerator and freezer doors closed during a blackout so that cold and freezing temperatures are maintained for as long as possible to prevent food spoilage.
- 5** Avoid going outdoors in case there are downed power lines.  
It is also important to keep a local power company's number accessible.

## How to prepare for storms

### By Deena Bouknight

*More Content Now*

USA TODAY NETWORK

**T**umultuous and often sudden spring and summer storms can result in dangerous lightning, damaging winds, flooding and power outages. Most power companies are on the same page with regard to providing customers preparedness information.

FirstEnergy, for example, which serves 6 million customers in the Midwest and Mid-Atlantic regions, suggests these items that should be readily available in

the event of a power outage:

- Flashlight, portable radio and fresh batteries.
- A supply of bottled water and foods that do not require cooking.
- A first-aid kit.

Also, FirstEnergy advises customers to watch weather reports so they can make sure cell phones and tablets are fully charged ahead of time. Plus, a car charger and a hard-wired telephone will ensure that power outages or emergencies can be reported: "A plain, hard-wired phone can operate on power delivered through the phone line."

Generators should be checked at the beginning of storm season — and then periodically throughout the year — to determine whether they are properly installed and operating effectively.

The Old Farmer's Almanac explains the reason for tempests to form, especially during July and August: "As the summer sun heats up Earth's surface, warm and moist surface air begins to rise to clash with cold air in the upper atmosphere. A wind or front mixes warm and cold air, causing instability. With the right ingredients, some storms become severe."

*Wear You Find Your Look*



Your place for Salaam Brand, Designer Samples, Select Consignments & More Something for everyone on your list

**FALL & HOLIDAY HOURS**

Monday ~ Saturday 10 til 6

Consignment by appointment

802.223.4300 | [info@altheasatticboutique.com](mailto:info@altheasatticboutique.com)

50 State Street, Montpelier, VT 05602

**WE OFFER A VARIETY OF MARINE PRODUCTS AND OUR SELECTION IS SECOND TO NONE!**

Boats • Trailers • Boat Docks/Lifts • Used Snowmobiles  
• Used ATV's and side by sides



**GILLES**  
*Sales & Service*



795 VT Rte 14 South • East Montpelier, VT

**802-476-3101**

MON - FRI: 8-5 SAT: 8-4 SUN: CLOSED

**SAVOR VERMONT**

TASTE, SMELL, SEE & EXPERIENCE THE GREEN MOUNTAIN STATE

BEER • WINE • CIDER • LIQUOR • FOOD • LANDMARKS • SCENERY • & MORE



**STOWE**  
TASTING TOURS



**MAD RIVER**  
TASTING TOURS



**BURLINGTON**  
TASTING TOURS

**(802) 917-6656**

[WWW.SAVORVERMONTTOURS.COM](http://WWW.SAVORVERMONTTOURS.COM)



# THE CHEESE TRAIL

PHOTO PROVIDED

## By Peter Cobb

**S**tan Biasini, a cheesemaker in Morrisville, is both a typical Vermont cheesemaker and atypical. Typical because he uses fresh Vermont milk to make high quality, high-in-demand cheese. Atypical because his company is much smaller than most other Vermont cheesemakers. His company, Mt. Mansfield Creamery, is a single-family operation; he makes the cheese and his wife, Debora Wickart, runs the farm.

Located in Morrisville, Mt. Mansfield Creamery has been rooted in Vermont for decades

The family farm of over 30 Holstein and Brown Swiss Cows produces milk

that supports the St. Albans Cooperative. With the creamery just four miles from the farm, all of the cheese produced at the creamery comes from their cows.

While Debora and the family tend to the farm and milk the cows, Stan, a graduate of Paul Smith's College, has put his chef days and floor installation days behind him to concentrate on unique cheese recipes that blend European traditions and Vermont flavors.

In addition to producing high quality cheeses, one more thing Mt. Mansfield Creamery has in common with other Vermont cheesemakers is that it is listed on the Vermont Cheese Trail map developed by the Vermont Cheese Council.

The map, which is available on the Vermont Cheese Council's website, [vtcheese.com](http://vtcheese.com), marks the location of all Vermont cheesemakers and identifies which are open to visitors, which require an appointment to visit, and which ones are not open to the public but are often in beautiful areas worth driving through.

"We built and maintain the Vermont Cheese Trail to help consumers find ways to visit cheesemakers and buy from them across the state. Visiting cheese producers at their own location helps a tourist, or even a local, experience this unique aspect of Vermont's farming, food, and cultural brand," said Marty Mundy, executive director of the Vermont Cheese Council.



Stab Biasini and the Mt. Mansfield Creamery.

PHOTO PROVIDED

Galen Jones, the owner of Crowley Cheese Company in Mount Holly, agrees with Mundy. “Vermont cheese is special. Vermont definitely has a long tradition of cheesemaking,” he said. Crowley Cheese began in the Crowley’s farm kitchen in 1824.

“I believe per-capita we have more cheesemakers than any other state. And the cheeses here are very good. About 20 years ago there was an explosion of artisan cheese making in Vermont. Cheeses are now made from a variety of milks - cow’s milk, goat’s milk, and sheep’s milk - and the cow’s milk isn’t just milk from Holsteins but from other

cows,” Jones said. “Cheese lovers can compare how the different types of milk impact the taste, texture and aroma of the cheese.”

Vermont, home to more than 45 cheesemakers, is the second least populated state yet is tenth in cheesemaking. Even more impressive is the number of national and international awards won by Vermont cheesemakers. In the past two years several Vermont cheesemakers including Vermont Creamery in Websterville, Cabot Cheese, Jasper Hill Farm in Greensboro, Parish Hill Creamery in Putney, Spring Brook Farm Cheese in Reading, and others have won one or more prestigious awards.

Cheesemakers Jasper Hill, Vermont

Creamery and von Trapp of Stowe were finalists with 12 other Vermont specialty food producers for a 2022 Good Food Foundation Award. The finalists were selected from 1750 entries from 48 states. The Cellars at Jasper Hill and Vermont Creamery both won first place awards.

Anyone interested in following the trail should check the Cheese Council map first to get the most up-to-date news, Mundy said. “Be sure to use the icons and read the site descriptions, which tell you if the site is open to the public or requires that you call ahead to visit or not open to the public. Some cheesemakers are also farmers, so they may not be able to meet you at any time you swing by. Scheduling is key for these folks.”



PHOTO PROVIDED



# BURTT'S APPLE ORCHARD



PICK-YOUR-OWN-APPLES  
CABOT, VERMONT

~ U-PICK NOW OPEN ~

**FIND THE PRIZE APPLE**

Visit  
Our  
Corn  
Maze!

U-Pick Pumpkins  
Apple Slingshot  
Fresh Pressed Cider  
Fresh Sweet Corn  
Cider Donuts



283 Cabot Plains Rd., Cabot, VT  
802-917-2614

[BURTT'SAPPLEORCHARD.COM](http://BURTT'SAPPLEORCHARD.COM)

Friend Us On Facebook To Stay Up On What's Ripe  
Open Daily Now 'Til Oct. 31 9am-5pm

## STUDIO PLACE ARTS

DYNAMIC WORKING  
ART CENTER  
SINCE 2000

Exhibits • Classes  
Public Sculptures  
Artists' Studios



201 N MAIN • BARRE, VT • 802.479.7069  
[WWW.STUDIOPPLACEARTS.COM](http://WWW.STUDIOPPLACEARTS.COM)

# Explore

Central Vermont

Are you interested in advertising in the next issue?

**Buy 4 Issues and Save 20%**

Call 802-479-0191 and ask for Kristi or Krystal

The Times Argus | 47 N. Main St., Suite 200, Barre, VT



## CAPITOL GROUNDS CAFE

27 STATE STREET  
MONTPELIER, VT

**ORDER ONLINE**

[CAPITOLGROUNDS.COM](http://CAPITOLGROUNDS.COM)

**CALL AHEAD**

802.223.7800



PURCHASE  
BEANS  
ONLINE

[802COFFEE.COM](http://802COFFEE.COM)



PASTRIES • BREAKFAST • LUNCH

*Sheep & the shepherdess*

# FARMING EXPERIENCE



PHOTOS BY PETER COBB  
Grand View Farm in Washington, Vermont.



### By Peter Cobb

**F**or Erin Stamer, of Reston, Virginia, the main reason to stay at Grand View Farm in Washington, Vermont is the sheep. The serenity is also a plus.

“I love, love, love the sheep,” Erin said. “I even love them when they use me as a scratching post. I got to bottle feed a couple of lambs. It was the best thing. I loved it so much.”

Erin and her mother Kathy, both from northern Virginia, vacationed recently at the small hillside farm.

“We’ve been here four times, twice during lambing season and two times in the summer,” Kathy said. The farm provides a needed respite for her from life in very cluttered Alexandria, Virginia.

Erin agrees. “It’s so peaceful up here. As soon as you get here you start to relax. The trees, the green, it’s wonderful.”

Grand View Farm is among a growing number of Vermont farms that offer the farm experience to their guests.

“Most of our guests come because they want to experience farm life to some degree. For everybody it’s different. Some people come because they literally want to work next to us and do the real thing. Other people want to watch us work, they want to see what we do. Some want to come as a family and have their kids experience dark nights and silence and fresh air. They want them to have exposure to animals. I had a guy who came two years in a row to muck out the barn. He wanted to have hard physical labor,” said farm co-owner Kim Goodling.

Kathy and Erin Stamer bottle feed Gotland sheep.

PHOTOS PROVIDED

Kim and husband Chuck, an engineer for DuBois & King, have run the inn at the farm for the past 16 years. Kim got her start in the hospitality industry in Randolph at Three Stallion Inn and at the Green Trails Inn.

“My husband and I came to Vermont over 30 years ago to embrace rural living and raise a family. Sheep entered our lives halfway through an 18-year stretch of homeschooling our children. We wanted our children to know what it was like to grow their own food, get their hands dirty, and care for living creatures. After a couple years of research and questions, we brought home our first flock of sheep and fully embraced all that animal husbandry in Vermont had to offer,” Kim said.

Grand View Farm is a diversified Gotland sheep farm and family

homestead focusing on regenerative farming and grazing practices to restore and reclaim old pastures, rebuild the soil health, and return a diverse ecosystem to the land. Originally from an island on the Baltic Sea off the coast of Sweden, Gotland sheep are known for being a dual purpose breed. They are raised for their meat and their lovely silver pelts. Gotland sheep are known for their hardiness, strong mothering instincts, and friendly personalities.

“They love interaction with people making them an excellent choice for family farms,” Kim said.

“We tell folks we are Vermonters by choice, leaving the city life of northern Virginia behind in search of country living and a self sufficient life style. We followed our dreams arising out of a

desire for our children to run barefoot in the fields, to get their hands in the dirt and to breathe fresh air, as well as for us, as parents, to do it alongside of them everyday,” Kim said.

In addition to the farm experience, Kim also offers classes on raising sheep, spinning, rug hooking, knitting, and weaving. The farm also sells a variety of products from the farm including wool, maple syrup, wool products and ebooks on farming sheep.

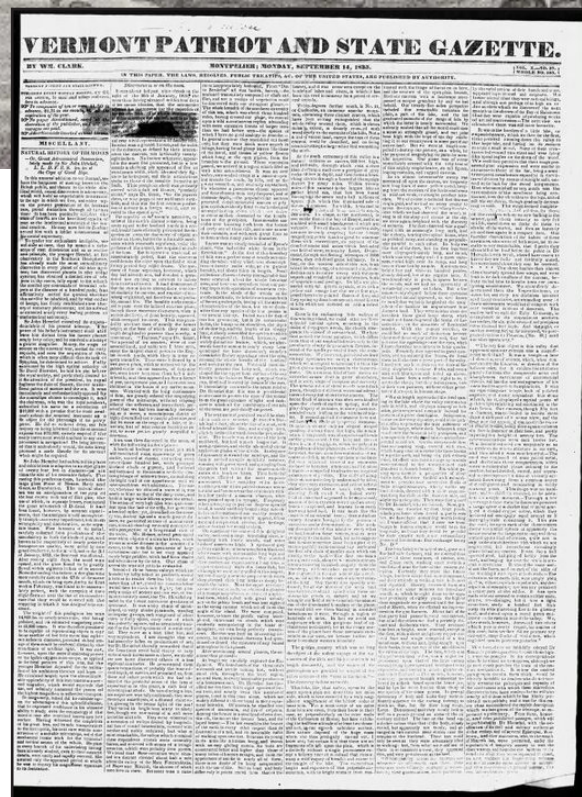
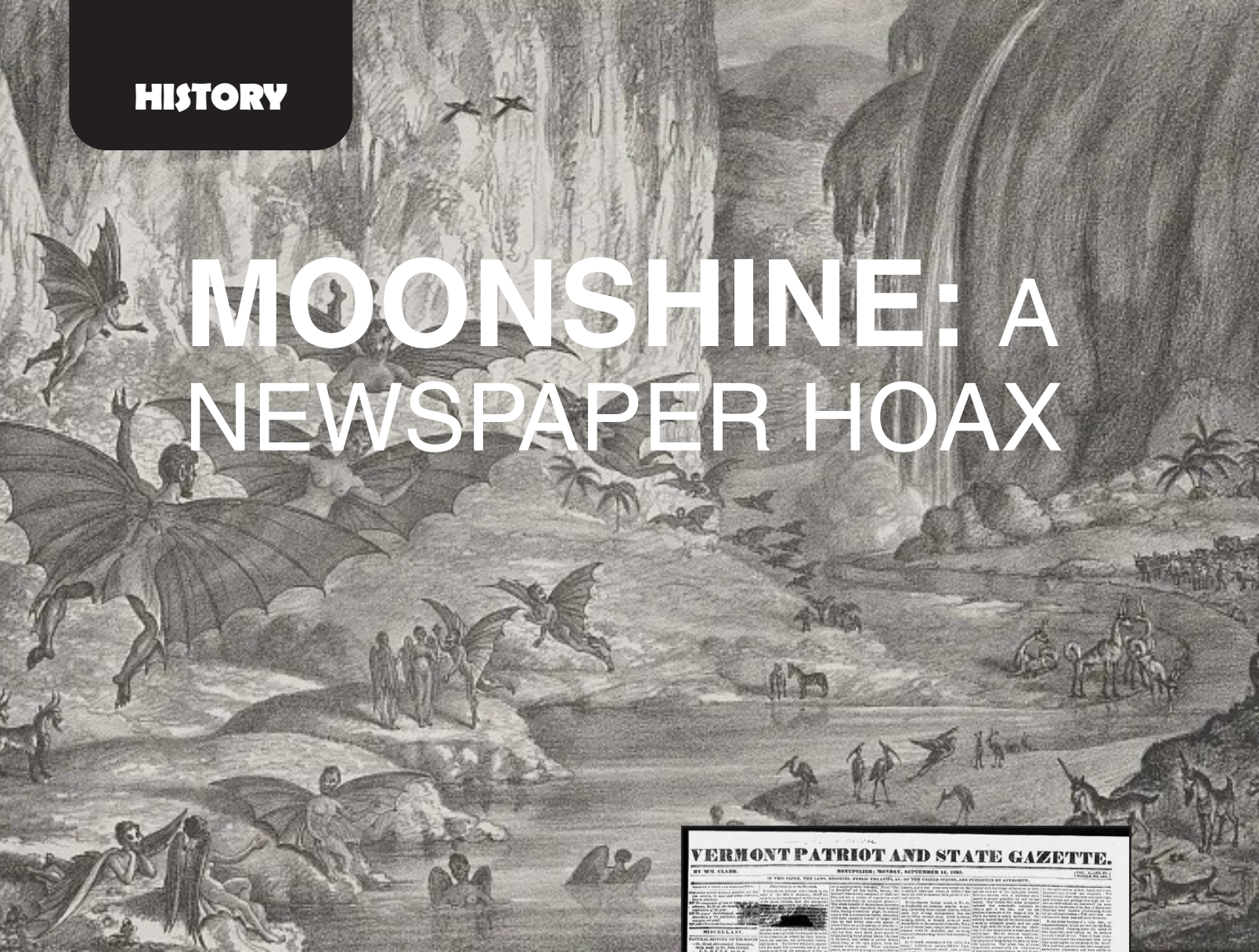
“I am shepheress at Grand View Farm and have been teaching in a variety of settings for the past thirty years,” Kim said.

Guests stay in a two-bedroom suite with four poster beds and a small kitchenette. Details are available at: [www.grandviewfarmvt.com](http://www.grandviewfarmvt.com)



PHOTO BY PETER COBB  
Kim Gooding with sheep at Grand View Farm.

# MOONSHINE: A NEWSPAPER HOAX



PROVIDED PHOTO

*The Vermont Patriot & State Gazette* front page with the original NY Sun article.

In 1835 the *New York Sun* published a series of articles about discoveries on the moon facilitated by a powerful new telescope. Extravagant claims were made and the newspaper's circulation soared.

Throughout the country many papers reprinted the series which was later revealed to be an elaborate hoax. *The Vermont Patriot & State Gazette* (a precursor to the *Times-Argus*) devoted its front page to the series on September 14th. The paper's editor, J.T. Marston, was more discerning than most.

**By Paul Heller**

In 1835 many Americans had their eyes on the sky. Although it was a year that would see the return of Halley's Comet, a bizarre story about the moon fixed everyone's gaze on the heavens. First published in the New York Sun, the six-installment series was published in its entirety on September 14 in the Vermont Patriot & Gazette, a newspaper that had been published in Montpelier since 1826. The series comprised the entire front page. The Vermont Patriot & Gazette was a Democratic newspaper which at that time meant it was opposed to abolition and supported Democratic candidates who were opposed to what would become the Republican party of Abraham Lincoln. The weekly would later merge with the Argus and become a precursor to the Times-Argus.

Because the New York Sun was a recent entry into the competitive New York newspaper market it was willing to try anything to attract subscribers. A fatuous account of a new astronomical discovery fit the bill. The Sun's series of articles claimed to be reprinted from a respected academic publication, The Edinburgh Journal of Science. The articles detailed recent discoveries by Sir John Herschel, an astronomer whose observatory in South Africa contained a new, powerful telescope. Sober reports of beavers walking erect on two legs, humanoids with bat wings, and even unicorns were generally believed by the newspaper's readers, and circulation soared.

The series was actually a complete fiction invented by the editor of the Sun, Richard Adams Locke. But the story was made compelling by the fact that Herschel's observatory did actually exist. The lack of an easy means of global communication in 1835 made the claims difficult to dispute. Knowledgeable readers, however, were aware that the Edinburgh Journal of Science had ceased publication several months earlier. Nevertheless, Herschel's claim of human-like beings was delivered

in a convincing pseudo-scientific manner:

They averaged four feet in height, were covered, except on the face, with short and glossy copper-colored hair, and had wings composed of a thin membrane, without hair, lying snugly upon their backs, from the top of the shoulders to the calves of the legs. The face, which was of a yellowish flesh color, was a slight improvement upon that of the large orang-outang, being more open and intelligent in its expression, and having a much greater expansion of forehead. The hair on the head was a darker color than that of the body, closely curled, but apparently not woolly, and arranged in two curious semi-circles over the temples of the forehead.

Newspapers throughout the country reprinted these stories – most accepting the spoof as fact. But that is not what happened with the Vermont Patriot & Gazette. The editor, T.J. Marston, had been a lawyer and was hired as editor for \$300 per year. He eventually bought the newspaper for \$2,200. Under his ownership the newspaper flourished. According to Marcus Gilman's Bibliography of Vermont (1897) "Marston pushed ahead with renewed vigor and made the most sparkling, lively, wide-awake and best-looking papers in the state."

After offering his readers a chance to read the "scientific reports" from Herschel's

observatory, Marston inserted a paragraph near the bottom of page two under the heading "Moonshine." Letting the readers in on the hoax, the paragraph concludes:

The great discovery which has well-nigh addled many a scientific brain, instead of being made at the Cape of Good Hope was actually made in the great city of New York. What does it matter whether they were made through the medium of a telescope or man's imagination? The wonder with us is that anybody should have been gulled by it.

A few days after the Patriot and Gazette published their expose, the New York Sun admitted that their moon story was a hoax.

---

**The Vermont Patriot  
& Gazette was a  
Democratic newspaper  
which at that time  
meant it was opposed  
to abolition and  
supported Democratic  
candidates who were  
opposed to what  
would become the  
Republican party of  
Abraham Lincoln.**

---



PHOTO BY KEITH EDMUNDS  
*Wallingford*

# Explore Magazine

## Fall Photography Contest Winners



PHOTO BY KEITH EDMUNDS  
*Kettle Pond*



PHOTO BY MARY LOU ULATOWSKI  
*Monarch on Mums*



PHOTO BY MARY LOU ULATOWSKI  
*Barn Worthy*



PHOTO BY KEITH EDMUNDS  
*Section of the Bayley Hazen Rd*



PHOTO BY KENNETH SAXE  
*West Highland cattle chilling...*



PHOTO BY KEITH EDMUNDS  
*Leffert's Pond*

**SUBMIT WINTER ENTRIES ONLINE [WWW.RUTLANDHERALD.COM/EXPLOREPHOTOS](http://WWW.RUTLANDHERALD.COM/EXPLOREPHOTOS)**

Songbird Aviary  
ENTRANCE



# THE VERMONT INSTITUTE OF NATURAL SCIENCE

By Peter Cobb

**T**he Vermont Institute of Natural Science in Quechee is in the middle of a season-long celebration marking 50 years in operation.

VINS opened the celebration Earth Day weekend in April and will continue to host a series of events throughout the year including the Chang Memorial Fly Fishing, geared for children, on September 24, co-sponsored with the



Greater Upper Valley Chapter of Trout Unlimited, honoring the importance of clean ecosystems.

The official 50th anniversary celebration is scheduled for mid-October, exact date to be determined.

Founded in 1972, VINS is a nonprofit, environmental education organization with a mission to “Motivate individuals and communities to care for the environment through education, research and avian wildlife rehabilitation”.

Part of the year-long celebration includes the opening of a new walk-thru exhibit: the Songbird Aviary. This new exhibit replaces the existing aviary with a larger space, with greater visibility, and includes enhanced interpretation to educate visitors, campers, and students.

The new space safely houses non-releasable songbirds native to Vermont. Small trees and shrubs planted for food and cover fill the space, along with a water area. A double door entry and exit and a path through the structure allow



visitors to quietly observe the birds as they go about their lives.

VINS also is developing a series of new research projects that involve in-depth research on its two properties — 47-acre Nature Center in Quechee and 327 acres of managed forest at Old Pepper Place Nature Reserve in Washington, VT. The goal of the research is to generate ecological data at both locations.

“Research has always been an important part of the VINS mission, and we are pleased to add these new research projects to our selection,” said Charles F.



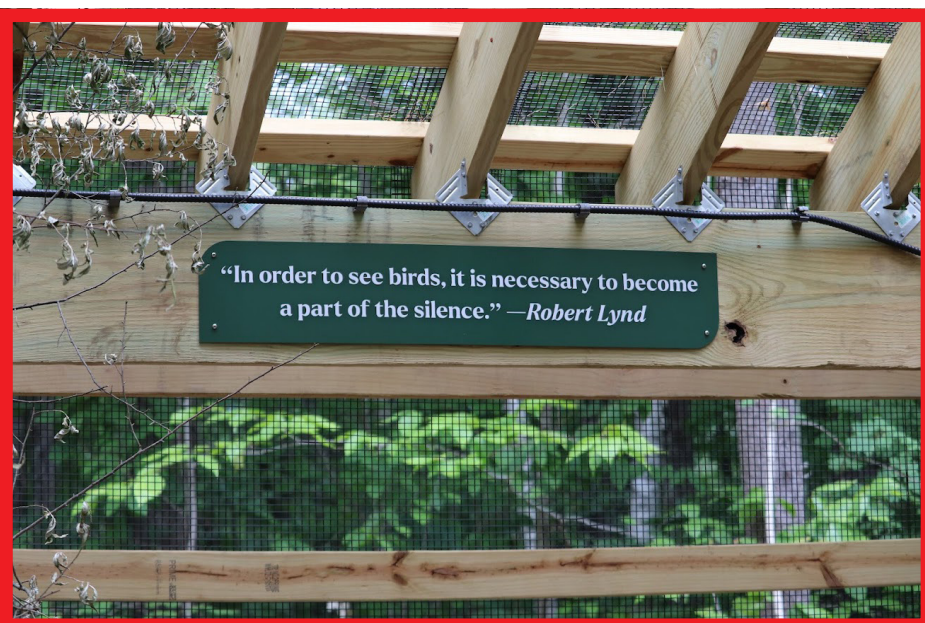
Rattigan, VINS executive director. “The timing is based on the challenges that we face as a society to more actively protect the natural world.”

One project entails monitoring Lake Pinneo in Quechee, in cooperation with the Vermont Department of Environmental Conservation. This project combines citizen science with public health and safety. VINS Research Coordinator Jim Armbruster will check weekly for potentially toxic cyanobacteria blooms in the water.

“The more long-term data we can generate, the more we can discover about how things are interconnected,” Armbruster said. The project is, “A great way to get the word out that VINS is involved in research and monitoring projects like this that have a direct benefit to our local community,” he said.

Future projects will include a regional firefly study in partnership with Mass Audubon as well as crayfish research with the White River Partnership.

Starting this past spring, the VINS



PROVIDED PHOTOS



education team offered several new field trip options, in-person and virtually, including the “Virtual Geology Hike” and “Home Sweet Habitat.” These virtual offerings go hand-in-hand with the in-person field trips, some of which include “Stream Ecology,” “Climate Change and Bird Migration,” and “The Forest Canopy.”

Current long-term projects include: VINS Breeding Bird Survey (began June 2020); Project NestWatch and Project FeederWatch; Monarch Watch; Dragonfly Detectives (in conjunction with Black River Action Team); and ongoing monitoring of the VINS weather station, their game cameras, the VINS forests, and turtle activity on their property. The data collected is recorded in a VINS archive and shared with the public and researchers through citizen science projects such as iNaturalist and the Cornell Lab of Ornithology’s eBird, NestWatch and FeederWatch programs.

Over the last 50 Years, through several iterations and even rising from occasional adverse events, VINS has become a sought-after destination for visitors to Vermont and the Upper Valley. This past year over 67,000 visitors to VINS learned about raptors, native species, and the environment in which they live.

More information about VINS is available at: [vinsweb.org](http://vinsweb.org).

PROVIDED PHOTOS



A POLYCOR INC. COMPANY

**ROCK OF AGES**  
Graniteville, Vermont

# ENJOY A GUIDED QUARRY TOUR

**MONDAY - FRIDAY**  
10 AM - 4 PM

**SATURDAY (Sept 10 - Nov. 10)**  
10 AM - 12:30 PM

PRICES | TOUR TIMES | DIRECTIONS  
[tours.rockofages.com](https://tours.rockofages.com)

**802-476-3119**

GUIDED QUARRY TOURS | ENJOY A GAME OF CORNHOLE  
TRY THE WORLD'S ONLY OUTDOOR GRANITE BOWLING LANE  
GIFT SHOP & MANY OTHER EXHIBITS