

2025-2026

FREE

Your Guide to Local Businesses in Central Vermont



Here's
My Card

THE **WORLD**

322 Main Street, Suite 4, Barre, VT 05641
802-479-2582 www.vt-world.com e-mail: sales@vt-world.com

Here's My Card

Home & Garden 4-5	Automotive Sales/Service 13-16
Appliances	Accessories
Basement Waterproofing	Auto Sales
Farm & Garden	Auto Service
Flooring/Carpeting/Rugs	Auto Repair/Maintenance
Kitchen/Bath/Remodeling	Chassis Specialists
Paint & Glass	Collision Repair
Planting/Nursery	Detailing
Plumbing/Heating/Electrical	Fuel
Trash Removal/Recycling	Metal Recycling
Antiques/Collectibles 7	Tire Sales
Antiques/Collectibles	
Furniture	
Outdoor Fun 7	
Boating/Motor Home/RV/Snow Machine	Professional Services 18-23
Miniature Golf	Advertising
Personal Care 8	Carpet Cleaning
Acupuncture	Commercial Cleaning
Aromatherapy/CBD	Computers
Gym/Exercise	Credit Card Processing
Myofacial Release	Dental
Salon	Estate Planning
Tattoo	Financial Planning
Shop Locally/Retail 9-10	Funeral/Cremation Services
Ammo/Firearms	Fuel Oil/Propane
Archery/Fishing/Guns	Home Inspections
Clothing/Shoes	Lawyers/Legal Advice
Farm & Yard/Pet Supplies	Liquidators
Furniture/Mattresses	Pharmacy
Hardware	Photographer/Videographer
Jewelry	Printing/Design
Maple Products	Real Estate
Movies & Games	Self-Storage
FOOD 11	Sewing/Alterations
Catering	
Coffee	
Beverages	
Subs/Sandwiches	
Donut/Bagel	
Restaurants	

WORLD

322 Main Street, Suite 4, Barre, VT 05641
802-479-2582
www.vt-world.com
sales@vt-world.com

Here's My Card

Abby's Self-Storage.....	19	East Barre Auto Sales	13	Morse Farm	10
Agway Montpelier	4	Edward Jones - David Gold	18	National Property Inspections	22
Allan Jones & Sons	13	Edward Jones - Darci Graves.....	19	Northfield Pharmacy	17
Ammo Warehouse.....	10	Edward Jones - Rebecca L. Teese	21	Ormsby's Computer	22
Aromed Essentials.....	8	EE Packard Enterprises	22	Packard Fuels	4
Baril Properties.....	17	Frazier's Greenhouse	4	Poulin Auto Sales	15
Barre Paint & Glass	5	Furniture Barn Antiques	7	Print + Mailing Center.....	21
Barre Tile.....	4	Fringe Salon	8	R & L Archery.....	9
The Benefit Shop.....	9	Gilles Sales & Service.....	7	rb Technologies	19
Beverage Baron	11	Green Mountain Auto Spa.....	14	Richard J. Wobby Jeweler	9
B-Hive Industries.....	20	Green Mountain Fitness Center.....	8	Riverside Wellness Center - Joshua Singer	8
Bigras Auto & Tire.....	16	Green Mountain Payments	21	Routhier Auto Center	13
Bolduc Metal Recycling & Storage ...	15	Guy's Farm & Yard	10	Sambel's Catering.....	11
Bragg Farm	9	Haelen Hands.....	8	Sandy's Sunoco	14
Bury The Needle Tattoo	8	Harry & Lloyd's.....	10	The Sewing Basket	22
Butch Churchill - BCK	17	Hooker Whitcomb Funeral Home	21	Sharon M. Winn, PLC.....	20
Central Vermont Dental.....	19	Just Good Autos	15	SR Services	17
Central Vermont Auto Mart.....	14	Kenyon's Hardware.....	9	storyworkz.....	20
China Moon	11	KW Vermont - Beth Pombar.....	20	Subway - Berlin.....	11
Classic Auto Exchange	15	KW Vermont - Linda Winter	21	Summer Street Auto	13
Cody Chevrolet.....	14	LamCo Commercial Cleaning.....	22	Tatro's Appliance.....	5
Cody Collision Center	15	Lloyd Home Services	5	Trash Services	4
Country Floors	5	Lots-O-Balls	7	Utton's Automotive	14
Cushing's Clutter Antiques	7	Matt Clark's Northern Basement.....	4	Vermont Heritage Real Estate	18
Delair's Carpet & Flooring	5	Mattress Land	9	Vermont Tire.....	13
Delair's Carpet Cleaning	22	McGee Ford - Dean Gallison.....	15	VT Realty Group - Tina Golon.....	19
Delair's Kitchen & Bath	5	McGee Ford - Terry Winters.....	16	Wayside Restaurant.....	11
Dunkin'	11	McLeod's.....	13	The World.....	18
Earle & Freeman P.C. - Caroline Earle..	19	Michael D. Caccavo	20	Yipes!.....	21
Earle & Freeman P.C. - Robin Freeman.	20	Montpelier Auto Clinic	14		

Home & Garden

BARRE TILE
MORRISON CLARK

Commercial & Residential Flooring
Natural Stone Countertops & Landscaping Stone
889 South Barre Road
802-476-0912 • 802-479-5572
www.BarreTile.com




PackardFuels
Keeping You Warm

Residential & Commercial OIL DELIVERY
On & Off Road Diesel Pumps
290 Packard Rd., East Montpelier, VT 05651
802.262.FUEL (3835) www.Packardfuels.com
epackard@packardfuels.com

MONTPELIER FARM & GARDEN CO.

Your Home, Yard, Garden & Pet Store

190 East Montpelier Rd.
Montpelier, Vermont 05602



802-229-9187
montpelieragway@comcast.net
www.MontpelierAgway.com

HOURS:
M-F 8AM-6PM
SAT. 8AM-5PM
SUN. 9AM-4PM



TRASH SERVICES

Serving Central Vermont and Surrounding Areas

Trash Removal Services
Property Clean Out
E-Waste Recycling

Metal Recycling
Tire Removal
Small/Light Demolitions

www.trashserv4u.com

30+ Five Star Ratings!

Licensed **802-595-3445** Insured
trashsrv4u@hotmail.com



★★★ CONTAINER RENTAL ★★★

- Basement Waterproofing
- Crawl Space Repair
- Foundation Repair
- Sump Pump Systems
- Concrete Leveling & Sealing

100% Financing Available

ALL THINGS BASEMENT!

Matt Clark's Northern Basement Systems
Responsible Waterproofing®
1-855-DRY-TIME
www.northernbasements.com

"It's Worth The Drive"

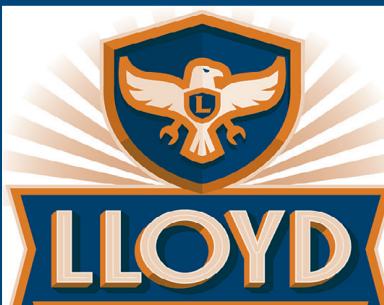
Frazier's Greenhouse

Exceptional Annuals, Perennials & Flowering Shrubs
Route 12A • Roxbury Village
(across street from Warren Mountain Rd.)
OPEN 9 to 5 EVERY DAY
485-8649

Home & Garden

BARRE PAINT & GLASS

Screen Repair | Window Glass Replacement
479-3361 | 301 N. Main St., Barre



FULLY LICENSED AND INSURED
YOUR RESIDENTIAL SERVICE EXPERTS
802-357-3567
CallLloyd.com



Tatro's Appliance



Sales, Service and Parts

From installs to complete remodels, quality is our goal. We are your best source for parts, accessories & appliances.

272 Morrison Road, Barre, VT 05641
www.tatrosaces.com
mark@tatrosaces.com
802-476-1416



Residential & Commercial
Flooring Sales and Installation
471 Hollister Hill Road
Plainfield, VT
802-454-7301

www.countryfloorsvt.com



"Our Prices Will Simply Floor You!"

DELAIR'S Carpet & Flooring

CARPET - VINYL - TILE - HARDWOOD FLOORS - AREA RUGS

ALL FAMOUS NAME FLOORING & CARPETING

EXPERT INSTALLATION
RESIDENTIAL AND COMMERCIAL



RT. 2 • EAST MONTPELIER • 802-223-7171
or at FlooringVT.com

Dream Kitchens & Baths

Get more enjoyment from your home with
hassle-free, concept-to-completion remodeling.
•Design •Instalation • Call today for Free Consultation



DELAIR'S Carpet & Flooring

3998 US RT. 2, EAST MONTPELIER, VT 802-223-7171 flooringvt.com





Shopping for Services

These days, few of us have enough time to get everything done. Next time you have a gift-giving occasion, consider giving the gift of time by shopping for local services.

Births, graduations, birthdays, Mother's Day or Father's Day, house warmings, any gift-giving events are all great occasions to give a gift of time.

Home Care

Look for local services to help people take care of their home, inside and out. This can include yard cleaning and mowing, power washing, pool services, mobile car washes, tree services, house cleaning, pet sitting and more. If you're shopping in your own area, start by asking friends and family their favorite services to use. You can also consult

social media or search recommendation websites.

Prepay Accounts

If your intended gift recipient has a regular service they use, such as pest control or yard services, call and see if you can prepay for their next service. This takes the guesswork out of what services they find most useful and puts time and money back in their pocket. Find out what services they use by asking their recommendations for companies in the area.

Meals, Food and More

Everyone has to eat and appreciates a good meal they didn't have to cook. Look into meal deliveries from their favorite restaurants or gift certificates so they can use it at their leisure. If you can, include

money for a tip as well, especially if you're having the food delivered.

Grocery delivery is also a great idea. Choose a service such as Instacart or Uber Eats and pick out some staples or easy-to-prepare meals. Some local grocery chains may offer delivery themselves as well. Again, make sure to tip your shopper and delivery driver.

Experiences

Delivering a great time is just a few clicks away. Consider purchasing classes or passes to a local attraction. Memberships are also a great idea that may provide discounts on other types of purchases as well. For instance, a zoo membership may get an entire family in and provide discounts on food and gifts inside the park.

Antiques

 **“Cushings’ Clutter
Antique Shop”**

Central Vermont's Largest Inventory!

42 Brook Rd.
Plainfield Village, VT
802-454-7731 - Follow us on 

FURNITURE BARN
**ANTIQUES &
QUALITY FURNITURE**

Rte. 2 • East Montpelier
802-223-6307 • 802-249-4510
OPEN EVERY DAY 10am to 5pm

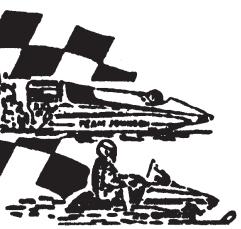
2 Floors - Full of Great Stuff
Lots of Antique Dealers - We have old coins, too
The barn is packed full - come and find a treasure!

OUTDOOR FUN

Outdoor Fun

Over 66 Years Of
Sales & Service

GILLES
Sales & Service



BOATS • MOTORCYCLES • SNOWMACHINES
AND MORE!

Rte. 14 • East Montpelier • 476-3101

Great Family
Fun For Kids
of All Ages

Open
Daily
11 - 9

LOTS-O-BALLS
**Mini
Golf**
DUXBURY VT

CALL 802-793-7229 TO BOOK A BIRTHDAY PARTY OR EVENT

Personal Care



Organic CBD • Aromatherapy • Crystals

AROMED
ESSENTIALS

www.aromedessentials.com
50 Main Street, Montpelier, VT
(802) 505-1405



Fringe Salon &
Lash Bar

802-552-3655

802-552-3658
355 US Route 302,
Barre
formerly SW Rentals
Mon.-Sat. Evenings
& Weekends by
Appointment



GMCF

**Central Vermont's
Premier Health
& Fitness Center**

GREEN MOUNTAIN
COMMUNITY FITNESS
652 Granger Road, Berlin, VT
802-223-6161

WWW.GMCF.LIFE



haelen hands

KIM FULLER, PT
MYOFASCIAL RELEASE
IMPROVE YOUR FUNCTION

802-272-2977
kimfuller.haelenhands@gmail.com
www.haelenhands.com



**Bury the Needle
TATTOO**

Over 20 Years Experience
136 N. MAIN ST, SECOND FLOOR
SIDEWALK VILLAGE BARRE, VT 05641
802-622-0204
E-MAIL: inkinwood@yahoo.com



Joshua Singer, L.Ac.
Licensed Acupuncturist

Located at River Street Wellness
A collaboration of independent health care
providers under one roof

301 River Street, Suite 101 • Montpelier, Vermont 05602
Tel: 802-613-3904 • Fax: 802-613-3924
Email: singerjoshua9@gmail.com

Shop Locally

For All Your Home Furnishing Needs

Mattress Land

Mike & Amanda Peyerl

97 Route 302
Barre-Montpelier Road
Berlin, VT

(802) 479-0671
mattressland5@hotmail.com



Kristy Kenyon Korrow

Manager

3 North Main Street
Northfield, VT 05663

phone: (802)485-9676
fax: (802)485-5755
email: KristyKenyon@gmavt.net

R&L ARCHERY



Archery Pro Shop - Live Bait - Firearms - Ammunition
Fishing - Optics - Prospecting - Kayaks - Trapping
Gun Safes - Auto Roof Racks
Gift Certificates, Layaways, and Financing Available

OPEN MON.-FRI. 9-6 SATURDAY 10-4 SUNDAY CLOSED

70 Smith St., Barre, VT
802-479-9151

RLarchery@aol.com
www.RLArchery.com

The Bragg Family has been producing Vermont Maple Syrup for 8 Generations!

Our pure maple syrup is made the traditional way, using buckets and a wood-fired evaporator. We invite you to visit our farm store and sugarhouse year-round!

'World's Best' Maple Creemees, Shakes & Sundaes!

We Ship Anywhere
"A Quality Family Farm Shop"
802-223-5757
1 mile north of E. Montpelier Village on Rt. 14N (follow signs)

BRAGG FARM
SUGARHOUSE & GIFT SHOP

 **THE Benefit SHOP**
Supporting the mission of Central Vermont Medical Center

15 Cottage St., Barre
New Phone 802-622-8448 

WED., THURS., FRI. 10-4 & SAT 9-1

~ THIS AD SPONSORED BY ~
Central Vermont Dental Center • Dr. Michael Adler, DDS
417 US Route 302 | Berlin, VT 05641 | 802-622-0801

Richard J. WOBBY JEWELERS
QUALITY GIFTS FOR EVERY OCCASION

Paul Magnan
Mary Jane Magnan
Josh Magnan

124 North Main Street, Suite 1
Barre, Vermont 05641
802-476-4031

Monday - Friday 9:30 - 5:00 Saturday 9:30 - 1:00
www.richardjwobbyjewelers.com
facebook.com/RichardJWobbyJewelers

Shop Locally

Some hidden benefits to shopping local

The economic impact of shopping within one's community is significant. Though estimates vary and are always open to fluctuation, a recent survey from American Express and the National Federation of Independent Business indicated roughly 67 cents out of every dollar spent at a small business remains in the community.

The economic impact of shopping local is plain to see, as many local business owners and employees live in the communities where their companies operate. But there are additional and perhaps less obvious benefits to buying close to home as well.

Walkability

Community residents who aspire to keep their dollars within their own towns may not need to drive to do so. A casual stroll to dinner out on the town can make for a more relaxing evening. By shopping local and supporting businesses within walking distance of their homes, homeowners can help to maintain their local economies and even drive up the value of local real estate.

Time

Another notable but easily overlooked benefit to shopping local is the time savings. Businesses located within one's community are likely a short walk or drive away from home, whereas getting to large chains may require significant travel.

Health

Shopping local also can have a positive impact on consumers' overall health. The Centers for Disease Control and Prevention reports there are many notable benefits to social connection, including increased feelings of belonging and being loved and even greater resistance to serious illness and disease.

Patronizing locally owned small businesses has a well-documented positive impact on local economies. A closer look at shopping local reveals there are many lesser known but no less significant advantages to supporting small businesses in one's community.

Silke Musik, Owner
sales@vtammowarehouse.com

323 E. Montpelier Rd.
Barre, VT 05641

www.VTAMMOWAREHOUSE.com

(802) 498-5292

AMMO WAREHOUSE
FIREARMS, AMMO & HANDGUN CLINICS



MORSE FARM
MAPLE SUGARWORKS

Maple Syrup, Cream, Candy and More
Famous Maple Creemees Available Year Round
Great Selection of Vermont and Maple Themed Gifts
For Any Occasion
Open Year Round (hours change seasonally)

802.223.2740 1168 County Rd. Montpelier, VT
just 2.7 miles from Downtown Montpelier
www.morsefarm.com



GUY'S
Farm & Yard

- Pet Food & Supplies
- Livestock Feed & Supplies
- Yard & Gardening

19 Barre St., Montpelier
802-229-0567
Mon-Fri 8-6 Sat 8-5 Sun 10-2
www.guysfarmandyard.com



BUY • SELL • TRADE
HARRY AND LLOYD'S
MOVIES • GAMES • ELECTRONICS
622-0825

www.harryandlloyds.com
27 Granite Street, Barre • 802-622-0825
Across from The Restore



Food/Beverages

SAMBEL'S! SAMBEL'S!

MANY FREE EXTRAS



**Book Your Get-togethers,
BBQ's, Weddings,
Anniversaries, etc.**

Sambel's Catering

YEARS OF EXPERIENCE

249-7758

SUBS, WRAPS & SALADS!
We also have **PLATTERS** and do **CATERING** for any event.

BIRTHDAYS, ANNIVERSARIES, BUSINESS MEETINGS, etc.

For Even Faster Service,
Call Ahead Or Use Our App!

802-476-3737

GET THE APP
Getting Subway® has
never been easier!

BERLIN

SUBWAY

1284 US Rt. 302, Suite 4
Barre, VT 05641

Yankee Cooking at its Best Since 1918

Wayside

RESTAURANT BAKERY & CREAMERY

Featuring Nightly Specials
MANY VERMONT DELICACIES

BARRE-MONTPELIER RD. 802-223-6611



Store
Mon-Fri 6am-9pm,
Sat-Sun 7am-9pm

**Bottle
Redemption**
8am-6pm
(except holidays)

411 North Main Street
Barre • 802-479-9227

DUNKIN' IS BREWING UP OPPORTUNITY

CHECK OUR JOB OPPS

Owned & Operated By The Quadros Family



51 Berlin Street, Montpelier 802-223-0928
Open Every Day 5am-8pm

571 Route 302 Berlin, VT 802-622-0250
Open Every Day 5am-8pm

350 N. Main Street, Barre 802-622-0730
Open Everyday 5am-8pm

Best Chinese Buffet In Town

CHINA Moon
Chinese Restaurant

DINE IN OR TAKE OUT

BEER & WINE

NOW 4 FOOD BARS!
Large Parties Reserve Now

Open Mon.-Thurs. 10:30AM-9:30PM,
Fri. & Sat. 10:30AM-10:00PM,
Sunday 11:00AM-9:30PM

We Use 100% Vegetable Oil

Rte. 302 Barre-Montpelier Rd. 476-8880



Finding a Salon or Spa

Most salons and spas are locally owned and spending on services or gift certificates can have a big effect.

The majority — 70% — of non-franchise salons, spas and barber shops are owner-operated, *Salonspa Connection* reports, meaning your purchase stays in your community.

Booking an Appointment

Booking an appointment at a new salon can be a daunting experience, and a good stylist who understands your hair and your needs is worth their weight in gold. That's why the initial appointment is so important to your experience.

If you're getting color, a perm or any other complex treatment, consider booking a consultation first. You can get a good idea of the environment at the salon and the stylist's ability, and they get a better idea of your needs and your hair type.

For a spa or nail salon, your first

service should be more simple, for much the same reason. Opt for an initial booking that won't leave a huge impact on you or your wallet in case you aren't satisfied.

If you have a good time, though, make sure to book a follow-up appointment for a more involved treatment later.

Etiquette

Keep in mind proper spa and salon etiquette, especially on your first appointment.

Do:

- Arrive early to allow for check-in, changing and getting a good look at the place.
- Wear appropriate clothing. For spa treatments, consider wearing loose-fitting clothing. Bring open-toed, waterproof sandals if appropriate. Bring swimwear if the spa offers water amenities.
- Silence your phone.

▪ Speak softly, especially in lounges or waiting areas.

- Respect the privacy of other guests.
- Quickly and quietly communicate your comfort level, preferences or any other concerns to salon or spa staff.
- Follow instructions from staff and respect treatment times.

▪ Tip appropriately. Usually, tips range from 15-20% of the cost of service.

Don't:

- Wear a lot of jewelry or perfume, especially if you're going to be changing or receiving closed-space services, such as a sauna or steam room.
- Keep medical conditions to yourself, even if it doesn't seem like it's relevant.
- Lie about prior services, such as hair color. Not divulging a box dye or other service can cause a chemical reaction that can be damaging.
- Change your services after arriving. Each service has a particular time reserved for it and your therapist or stylist may have appointments after you.

Automotive



ALLAN JONES & SONS

AUTOMOTIVE SERVICE

150 Ayers Street

Barre, VT 05641

jonestire@myfairpoint.net

Steve Jones

802-479-1449

Dave Jones

802-476-6741

TIRE CHAINS • INDUSTRIAL CHAIN • STEEL • METAL FABRICATION



McLEODS/BAILEY'S SPRING & CHASSIS

Your Truck Chassis Specialists

Brian Bailey

2 BLACKWELL ST.

BARRE, VT 05641

1-800-464-4971

1-802-476-4971

1-802-476-6265 FAX

15A MAPLE ST.

ESSEX JUNCTION, VT

1-800-339-0881

802-476-5370 (Work)

802-479-5378 (Fax)

802-272-2003 (Cell)



East Barre Auto Sales, LLC

Jeffrey Perkins, Owner/Operator

Full Sales and Service

864 East Barre Rd., PO Box 336

East Barre, VT 05649

jpebas2@gmail.com

www.eastbarreautosales.com



VERMONT TIRE & SERVICE

EST. 1982

Matt Morse

Retail Manager Montpelier

VT Toll Free: 800 639-1900

Fax: 802 223-0221

email: matt@vttireonline.com



181 S. Main St. Barre 802-622-0080

WWW.ROUTHIERAUTO.COM

"We Are Your Complete Car Care Center"

Locally Owned and Operated Nick Morris



WE ARE YOUR CERTIFIED

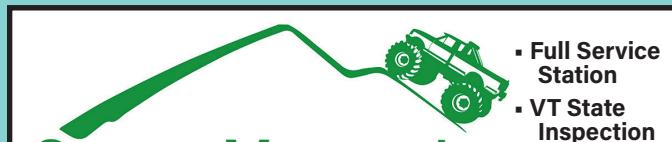


DEALER
SALES & INSTALLATION

CENTRAL VERMONT'S
AIR CONDITIONING
SPECIALISTS

41 Pearl St., Barre, VT 802-479-0928

Automotive



Green Mountain Auto Spa & Used Cars
Chris Dessureau | Main Street, Williamstown, VT
SALES 802-455-2200 SERVICE 802-455-2204
Check us out online at grnmtnauto.com

- Full Service Station
- VT State Inspection
- Used Cars
- In-House Financing



SANDY'S 
PLUS QUICK LUBE
Complete Automotive Repair
Rt 302/Barre-Montpelier Rd.
802-476-9984
Distributor of A.R. Sandri Products

Fuel AdvantEdge 
GET 10¢, 20¢, 30¢ OR MORE OFF
PER GALLON OF GAS!

Fuel Advantage Discount good at
participating Sunoco locations
only. See in-store for details

VT STATE Inspections!
ALWAYS LOWEST OIL CHANGE PRICE!

Paul Sayers



MONTPELIER AUTO CLINIC
Complete Automotive Work
for Cars & Light Trucks



Phil Tanner Art Therrien (owner) Kevin Moran Andrew Tate

NEW LOCATION! SAME GREAT WORK!
891 N. Main St. (B-M Rd.) BARRE
802-461-2852 www.montpelierautoclinic.net



Keith & Amy Brown
Complete Automotive Repair Center
Serving Vermont Since 1960

170 River Street Montpelier, VT 05602
Phone: (802) 229-9005
Mon.-Thurs. 7:30 - 5 • Closed Fri., Sat. & Sun.
Email: uttonautomotive@gmail.com



New & Used Trucks, Cars, Sport Utilities, Electric Cars
Safe - Secure - Fast Online Financing
We Buy Cars/Trucks for Cash
Prices You Love, People You Trust.

CENTRAL VERMONT
Auto Mart

365 River Street, Montpelier 802-200-3854
www.CentralVermontAutoMart.com

We Service Most Makes



CENTRAL VERMONT'S MOST RESPECTED SALES AND SERVICE TEAM!
Large Inventory of New, Used & GM Certified

CADILLAC
www.codychevrolet.com

MONDAY- FRIDAY 8-6
SATURDAY 8-5
ASE Certified Technicians
VERMONT'S TRUCKSTORE

BARRE-MONTPELIER ROAD • 802-223-6337 • 1-800-278-CODY

Automotive



CODY
CHEVROLET
CADILLAC

100%
Customer Satisfaction

HOURS
MONDAY-FRIDAY
7:30AM-4:30PM

CALL THE COLLISION CENTER 802-613-3017

COLLISION CENTER

WE REPAIR ALL MAKES AND MODELS

CODY COLLISION CENTER received a 100% customer satisfaction rating and 100% of respondents said they would return and would recommend the facility to others!

GOLD CLASS
Collision Repair Business
The Collision Repair Industry Standards for Training That Contributes to Complete, Safe and Quality Repairs



Poulin
Auto Sales,
Inc.

473 East Barre Road
Barre, Vermont 05641
802-476-8159

SERVICE DIRECT HOTLINE
479-8961

We Have The Right Vehicle For You!

Sales Mon.-Fri. 9-5; Sat. 9-3
Service Mon.-Fri. 8-5

Check out our website
www.poulinautosales.com



EMISSION SERVICE
FRONT END SPECIALIST
TUNE UP ELECTRONIC
TIRES REPAIRS & SALES
Brake SERVICE



Metal Recycling Made Easy!

Rolloff Containers
Secure Storage Container
Mobile Shearing & Demolition
Preferred Customer Pricing Program

WE BUY: COPPER, BRASS, WIRE, ALUMINUM, ALLOYS, CONVERTERS, BATTERIES, STEEL, & VEHICLES

WE RENT & SELL: SECURE STORAGE CONTAINERS (20', 40', CUSTOM ORDER)

Bolduc Metal Recycling
239 Bolduc Rd.
Middlesex, VT 05602
802-223-7917
jamie@bolducautosalvage.com

www.bolducmetalrecycling.com
Thanks A' Ton!



CLASSIC AUTO
Exchange

891 US Route 2 Montpelier, VT 05602
802-223-7501
www.classicautoexchangevt.com

Serving Central Vermont with Used Cars & Trucks
- Since 1996 -

JUST GOOD AUTOS



EXTENDED WARRANTIES AVAILABLE TRADES WELCOME

296 East Montpelier Rd. - Rt. 14 North - Barre
802-479-0140



MCGEE
OF MONTPELIER
FAMILY
DEALERSHIP

Dean Gallison
Parts & Service Director

(802) 223-5201
(802) 224-1921
dgallison@mcegeecars.com
McgeeFordvt.com



Automotive

Daily steps to make a vehicle last longer

Modern cars have longer life expectancies than their predecessors. Consumer Reports indicates it's not unheard of for modern vehicles to endure for 200,000 miles or more. For many, that equates to 12 to 15 years of usage.

Even though many vehicles are built to have increased longevity, it often is up to the driver to do his or her part to ensure cars and trucks can last for years and years. Here are some daily steps vehicle owners can take to achieve longer life spans for their cars or trucks.

Take it slow and steady

Let the car gradually acclimate to being on the move each day after sitting overnight. Gently accelerate and afford the engine time to warm up and all of the components to get the fluids they require before you jump on the highway or require the vehicle to go all out. Most automotive experts warn against idling a car in the driveway to warm it up, but starting out at a slow and steady pace is key.

Don't be extreme

Jerky turns, gunning the gas and braking hard lead to unnecessary wear and tear on a vehicle. By smoothing out your driving, you'll put less stress on mechanical components and help prevent them from wearing out prematurely.

Clean it out daily

Taking a few minutes to clear out trash or to wipe down the

interior each day will prolong the interior components, not to mention make it easier to do a more thorough detailing when the time comes.

Find a trusty fuel station

Bad gas can wreak havoc on a vehicle. Find a station that you trust, particularly one that takes care of their pumps and regularly changes their pump filters. It's worth it to spend a little more overall for good gas.

Read your oil level

Oil is essential to maintain a properly operating engine and vehicle. AARP suggests routine reading of a car's oil level so that you can add lubricant as necessary. While this might not be a daily task, doing it regularly enough means you will keep on top of this important step.

Park in the shade or a garage

The sun may feel good on a warm day, but the UV rays from the sun can take their toll on a vehicle's paint. Whenever possible, park out of direct sunlight so that the paint will not fade and the interior upholstery will not bleach. Those who need to park their vehicles for an extended period of time should choose a clean, dry, well-ventilated location, advises Wawanesa Insurance.

Vehicle owners can take steps each day to improve the longevity of their cars and trucks.

BIGRAS
AUTO & TIRE

25 Gable Place, Suite 2
Barre, VT 05641
802-476-0001
Bigrasauto@gmail.com



MCGEE
OF MONTPELIER
FAMILY
DEALERSHIP



Terry Winters
Service Manager

265 River Street
Montpelier, VT 05602

(802) 223-5201
(802) 224-1921

twinters@mcgeecars.com

McgeeFordvt.com



Residential & Commercial OIL DELIVERY
On & Off Road Diesel Pumps
290 Packard Rd., East Montpelier, VT 05651
802.262.FUEL (3835) www.Packardfuels.com
epackard@packardfuels.com

JILL DONAHUE, RPH, OWNER
KRISTIN BREWER, RPH

NORTHFIELD PHARMACY INC

14 Depot Square
Northfield, VT 05663

(802) 485-4771
(802) 967-0372 (fax)
(802) 348-2695 (text)
northfieldpharmacy@tds.net
northfieldpharmacy.com

Edward Jones®

Member SIPC



Rebecca L Teese, CFP®, CEPA®, RICP®
Financial Advisor
3 Pitkin Court Suite 101
Montpelier, VT 05602
802-223-3425

MKT-5894P-A AECSPAD

edwardjones.com

Since 1974

S R SERVICES
802-223-6577
407 BARRE ST. MONTPELIER
Professional Carpet/Upholstery Cleaning & Maintenance
Also Emergency Work for Smoke & Water
100% Satisfaction Guaranteed or your money back.
www.MontpelierCarpetCleaning.com

Clean Green Package

INSTITUTE of INSPECTION CLEANING and RESTORATION CERTIFICATION Certified Firm



Winston "Butch" Churchill
Broker, Realtor
Exceptional Properties Specialist
C. 802.249.9022
O. 802.479.3366
Butch@BCKrealestate.com
86 N. Main Street, Suite 2, Barre

BCK REAL ESTATE COMPANY



Baril HVAC

HVAC
HEAT PUMPS
Service & Installation

802-793-7438

db163063@gmail.com

Dennis Baril, Owner
P.O. Box 112, Woodbury

Professional Services

Shop Local to Help Our Planet

We all play our own unique role in keeping the planet healthy. One perhaps overlooked way is to shop locally. Consider keeping your holiday spending dollars at home this year.

Smaller Footprint

Frequenting local sellers this holiday season gives you the opportunity to enjoy excellent personal service while supporting your community. You'll be reducing your carbon footprint. This concept refers to the environmental impact our activities cause, typically measured by the amount of greenhouse gas emissions released into the atmosphere.

You may think you're doing your part by shopping online. But this popular buying activity actually creates many more unwanted outcomes through the shipping process. Research has shown that people tend to make smaller purchases each time when shopping online, leading to more deliveries and more packaging. Items from a single order might also come from different warehouses, causing more greenhouse gas emissions per item.

What you can do

Buying local products benefits the economy, minimizes fuel consumption and reduces the depletion of natural resources. If you drive less, focusing on nearby local offerings, you're helping save the planet. Those who shop

online should purchase from local businesses that deliver directly from their store. You'll be supporting your own community and reducing the environmental impact of transportation.

Try to buy only food that's in season, as out-of-season produce often needs to be shipped from far away or is grown in greenhouses – and that further contributes to carbon emissions. Track what's in season and consume locally grown options. You'll be reducing the carbon footprint associated with food transportation and supporting sustainable agriculture.

Other key tips

Expand your shopping list and buy more items at the same time to help reduce the number of trips. Instead of driving to the store multiple times for milk, consider buying three gallons once a week. Combine other shopping trips with your grocery store run to minimize fuel consumption. Carpool, if possible, with others who need something from the store.

When shopping, prioritize items that use recycled packaging, as indicated by a recycling symbol. Consider investing in sturdy tote bags made of nylon or cloth when shopping, since this reduces the need for disposable bags. By implementing these small changes, we all can create a more earth-friendly shopping experience.

Are You a Local Small Business?

Spread the news

about your products, services or special offers with promotional ideas and marketing solutions

From your local partner in advertising!

THE WORLD
802-479-2582 • sales@vt-world.com



VERMONT HERITAGE
REAL ESTATE

15 N. Main Street, Suite 105
Randolph, VT 05060
sherri@vtheritagerealestate.com
www.vtheritagerealestate.com
Phone: 802-728-9800 ext. 11
Cell: 802-272-6086

GRI
The Mark of Excellence

REALTOR
EQUAL HOUSING OPPORTUNITY

MLS



Professional Services



rb Technologies

Business Technology Services

Business Technology & Cyber-Security Services

Located in the historic Hangar Building

1970 Vermont Rt. 14 South
East Montpelier, VT 05651

802.223.4448
rbtechvt.com

Dr. Michael Adler, DDS
*Full Service Filling, Extractions,
Root Canals, Crowns, Dental Hygiene*



Central Vermont DENTAL CENTER
 417 US Route 302 • Berlin, VT 05641
802-622-0801

OPEN
MON.-THURS.
AND
EMERGENCIES
7:30-4:30

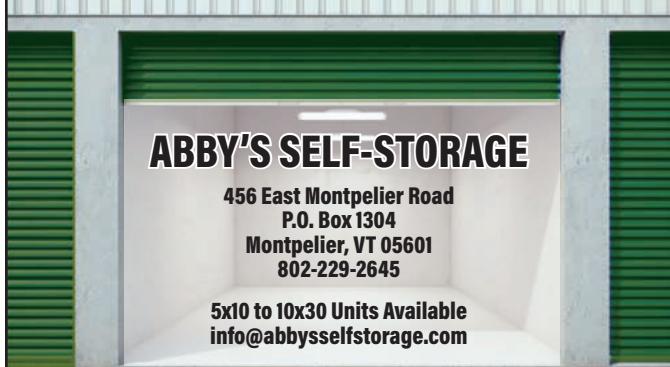


Tina Golon
 REALTOR®
 Licensed Real Estate Broker
 cell: 802-522-9216
tina@VTREGroup.com

VERMONT REALTY GROUP
BERKSHIRE HATHAWAY
 HOMES SERVICES

98 South Main Street
 Waterbury, VT 05676
www.vtregroup.com
 Office: 802-244-4500

 A member of the franchisee of BHH Affiliates, LLC



ABBY'S SELF-STORAGE
 456 East Montpelier Road
 P.O. Box 1304
 Montpelier, VT 05601
 802-229-2645

5x10 to 10x30 Units Available
info@abbyssselfstorage.com

Caroline S. Earle, Esq.

Real Estate | Business Law | Civil Litigation
 Estate Planning | Employment Law

P.O. Box 1385
 107 State Street, 2nd Floor
 Montpelier, VT 05601-1385

(802) 225-6495
cse@earlefreemanlaw.com

 Earle & Freeman

Edward Jones®

Member SIPC

Central Vermont: The power of personal attention working for you

Darci L Coleman-Graves
 Financial Advisor
 322 N Main St Suite 3
 Barre, VT 05641
 802-476-2790

EJB-19325-A-E-DA-3 AECSPAD

edwardjones.com

Professional Services



B-P kw VERMONT
KELLERWILLIAMS.
Each office is independently owned and operated

BETH POMBAR

*REALTOR® serving Central VT buyers and sellers
Residential, Multi-family, and Commercial*

Call or Text: 802.279.4466
bethpombar@kw.com

Office: 802.654.8500 License #082.0134481

BUYING

B-Hive Industries
Business & Estate Liquidations
141 River Street Montpelier
(802) 522-6283

COLLECTIONS
ESTATE CONTENTS
BUSINESS INVENTORY
HOARDED HOUSE CONTENTS
ATTIC & BARN TREASURES
NEW OLD STOCK ITEMS

Over 403,000 orders sold on
ebay
3 Retail Locations

The Beavin Family has been liquidating business and estate contents for more than 28 Years!



Photo + Video
That Engages
and Stands Out

storyworkz
your story is our business

storyworkz.com
802.595.0657

Robin A. Freeman, Esq.

Real Estate | Business Law | Civil Litigation
Estate Planning | Employment Law

P.O. Box 1385
107 State Street, 2nd Floor
Montpelier, VT 05601-1385

(802) 225-6495
raf@earlefreemanlaw.com

E Earle & F Freeman

Estate Planning You Can Trust

LAW OFFICE OF

SHARON M. WINN, PLC

Estate Planning
(802) 595-5888
sharon@winnlawvermont.com
PO Box 10 | Adamant, VT 05640
7 Main Street, Ste. 301 | Montpelier, VT 05602

MICHAEL D. CACCAVO
ANTHONY D. CACCAVO

ATTORNEYS
ESTATE PLANNING, ELDER LAW,
PROBATE MATTERS, REAL ESTATE

85 WASHINGTON ST. P.O. Box 459
BARRE, VT. 05641
802-476-4856
MICHAEL@VTESTATELAW.COM
TONY@VTESTATELAW.COM
WWW.VTESTATELAW.COM

Professional Services



the **PRINT +
MAILING** center™

LOCALLY OWNED & OPERATED SINCE 1986
FORMERLY THE MAILING CENTER

9 Auburn Street • PO Box 646 • Barre, VT 05641
802-476-6424 www.PrintMailingCenter.com

Linda Winter
REALTOR®

(802) 249-0414

lindawinterwinter@kw.com



Client Focused.
Results Driven.

kwVERMONT
KELLER WILLIAMS, REALTY
Each office is independently owned and operated



**ZERO COST
CREDIT CARD PROCESSING**
GreenMountainPayments.com
802-288-0833

EASY TO SET UP
LOCAL SUPPORT



**Green Mountain
PAYMENTS**

Edward Jones®

Member SIPC

Supporting Barre since 2014



David Gold, CFP®
Financial Advisor

322 N Main St Suite 3
Barre, VT 05641
802-476-2790

EJB-19325-A-E-DA-3 AECSPAD

edwardjones.com

Locally Family Owned and Operated

Since 1908

**HOOKER
WHITCOMB**
Funeral & Cremation Services

www.hookerwhitcomb.com

7 Academy Street
Barre, VT 05641
802-476-3203



**Yipes!
PRINT SHOP**
802-479-0055 • 802-229-6745
439 N. MAIN, BARRE
www.yipesbarre.com valerie@yipesbarre.com

**BEAVIN & SON'S
SHIRTS & SIGNS**

We Make T-SHIRTS
Need a banner?
We Make Banners!
WE MAKE YARD SIGNS!
LOGO DESIGN
YOUR LOGO HERE
THANK YOU FOR SUPPORTING LOCAL MANUFACTURING!

Professional Services



**The
Sewing Basket**
A Professional Sewing Service Since 1982

Alterations and Tailoring
Dry Cleaning Services • Tuxedo Rentals
Custom Embroidery • Monograms
802-476-8389
email: judi@sewingbasketvt.com
www.sewingbasketvt.com

325 N. MAIN ST., SUITE 4, BARRE



HOME INSPECTIONS
6-month warranty included in full inspections.
Covers roof, electrical and appliances.
We also offer: Radon, Water Quality and Infrared Testing

**RESIDENTIAL . COMMERCIAL
WARRANTY INSPECTIONS . INSURED**

ED BENOIT (License #143.0134068)
802.839.9284
ed.benoit@npiinspect.com
www.npiweb.com/northcentralvt



NATIONAL PROPERTY INSPECTIONS®
Independently Owned & Operated



Ormsby's
Computer Systems

Business Networking
to Microsoft Office 365

1755 U.S. 302, Suite 4, Berlin, VT 05602
(802) 262-1200 Mon.-Fri. 8AM-5PM



CARPET CLEANING
SPECIAL

10¢ Plus **FREE** Carpet Deodorizing
OFF sq. ft. treatment with every cleaning



DELAIR'S
Carpet & Flooring

"Our Prices Will Simply Floor You!"
RT. 2, EAST MONTPELIER
802-223-7171



LamCo

Commercial Cleaning Services
"Your Environmentally Friendly Cleaners"
Jeanne Lamica

802-595-1499
lmco@lmcocleaning.com
www.lamcocleaning.com

E.E. PACKARD ENTERPRISES
Celebrating 39 Years Of Serving Vermonters



Residential / Commercial
Land Clearing / Grading
Building & Site Prep
Water & Septic
Ponds & Driveways
Top Soil / Hauling

290 Packard Rd., East Montpelier, VT 05651
eepackardexcavating@gmail.com (1)802-229-5741



Strengthen Your Community

When you focus on shopping locally this holiday season, you help foster a deeper sense of community. This simple act contributes to the betterment and well-being of your town, as you support your neighbors and the local economy.

Local vendors and service providers are an integral part of every business ecosystem. You can contribute to them finishing the sales year on a high note. This, in turn, provides jobs and financial support through wages and taxes, of course, but they're also part of your town's story. These homegrown shops are part of a larger narrative of growth and innovation. Together, they create a sense of place.

Spreading the word

Help spread the word by becoming a local storyteller. Sharing your experiences about shopping local can help grow the small businesses you patronize while empowering others to become more conscientious and better informed. Don't hesitate to tell others about special finds, personalized service and the kind of deep community involvement that helps make your hometown unique.

One study found that these stories are particularly effective in attracting

new customers to businesses owned by members of under-represented communities. Everyone is more apt to shop with businesses that have an intriguing vision or shared mission, in particular during the holidays.

How you can help

Have you had a unique experience at a store? Did you connect with an owner or manager who went above and beyond to cater to your needs? Share it with others. Tell friends, write a letter to local media, post about it on social media, call into a radio show or email the business directly to provide a testimonial in your own words. Don't forget the old saying about a picture conveying a thousand words: Capture and share festive images from your holiday shopping.

These recommendations are more effective if you leave genuine consumer reviews that go beyond a simple thumbs-up. Keep in mind, too, that every experience won't be positive. If you have a negative experience, discuss it with the owner or sales representative in a detailed, honest and fair manner. Reviews go a long way toward guiding others to become local shoppers – so it's crucial that your reviews are presented authentically rather than as an attack.

Did you know?

Conscientious consumers who want to help local entrepreneurs thrive may not need any extra incentive to support small businesses in their communities. However, that doesn't mean it isn't worth noting the tax benefits of buying local compared to buying online or in other towns or cities. Small businesses pay sales taxes to the city and county where the business is located, which means a significant amount of the money spent at local businesses is ultimately going to the community at large. In addition, local businesses tend to hire local residents, who pay taxes on their incomes. Those taxes also benefit the towns and cities where workers live and work. This ripple effect of supporting local businesses is one reason why the Small Business Administration estimates that, for every \$100 consumers spend at a small business, \$48 remains in the community.

ADVERTISE IN **THE** WORLD



REACH
OVER
22,000
READERS
WEEKLY

Mailed to households Montpelier and AVAILABLE at over 300 HIGH TRAFFIC business locations throughout Washington and Orange counties. Many of the most popular newsstands (like grocery stores) are refilled daily. According to our most recent independent audit our **average readership is 22,000 people weekly**. People are picking up The WORLD to read local news AND BUY FROM LOCAL BUSINESSES.

THE MARKET WE REACH

AGE

- 51% are between 25 and 54
- Fifty-five and older readers: 48%

EDUCATION

- More than 77% of The WORLD readers have been to college
- Nearly 22% hold post-graduate degrees

INCOME

- Nearly 83% live in households generating more than \$50,000 a year

GEOGRAPHY

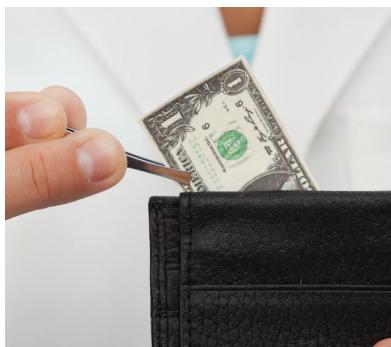
The WORLD readers reside in towns throughout Washington and Orange counties in Vermont

GENDER

- Female 51%
- Male 49%



REASONABLE, AFFORDABLE RATE



SHELF LIFE

- Nearly 84% of The WORLD readers hold on to the paper more than a day; 16% keep it for a week or longer

ADVERTISING IMPACT

73.6% of The WORLD readers have made a purchase or attended an event because of an advertisement they saw in our newspaper

COMPARE us to other publications; **The WORLD is the most cost-effective medium** to gain exposure in – and response from – **IN WASHINGTON AND ORANGE COUNTIES**. Ask to see our audit. And ask to see the audits from other media. They cannot compare to the market reach of The WORLD!

THE WORLD

322 N. Main Street, Suite 4 • Barre, Vt 05641
802-479-2582 • 1-800-639-9753 • www.vt-world.com
e-mail: sales@vt-world.com or editor@vt-world.com