

BEST *of* HEALTH *and* Wellness

INSIDE

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Medical Listings

Publication of

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Headlight Herald 

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Adventist Health Tillamook continues quality updates

Will Chappell

As part of ongoing efforts to keep their facilities and systems current, Adventist Health Tillamook has recently installed new medication cabinets and is working on updating call lights and its patient-facing software by the end of the year.

Patient Care Executive Heather Thompson said that the upgrades were also part of a systemwide effort by Adventist to standardize equipment, systems and procedures across its network of hospitals.

"A lot of the time before, we were part of a system, but we did a lot of things independently and so they're making a very strategic effort to standardize," Thompson said.

The new Pyxis medication cabinets

represent a big step forward for hospital staff and patients. Previously, pharmacists needed to visit each individual patient's room to deliver medications, a time-consuming and tedious process. Now, pharmacists fill the cabinets in each department, from which nurses are then able to obtain the needed medications for individual patients.

The cabinets also automatically dispense the correct dose and allow pharmacists to remotely update medication orders for patients, while also alerting them when they need to be refilled, cutting down on delays.

In addition to cutting down on legwork for the pharmacists, the new cabinets will also reduce the chance for human error in dispensation and slow arriving updates to orders, help nurses more easily chart medication and make

medication tracking easier. The cabinets will also be able to interface with and set parameters for new infusion pumps being purchased.

Other recent upgrades include new lab equipment, with one machine allowing offsite pathologists to assess samples, and new stretchers for the emergency department, "which doesn't sound like that cool of a thing," according to Thompson, "but if you were driving them, it was a struggle to turn them."

Other forthcoming projects include installing standard call lights across all departments in the hospital and a transition to a new patient

Adventist

Continued on Page 11



WATCH FOR OPENING OF NCRD'S NEW AQUATICS CENTER!

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New home under construction for TBCC nursing, EMT programs



The exterior of the event center will have three large double doors that allow the space to open onto the plaza between the healthcare education building and the college's main building.

Will Chappell

Construction is well under way on a new healthcare education building at Tillamook Bay Community College that will house the school's nursing and EMT programs beginning in 2026.

The building will feature labs with advanced training equipment for both programs, as well as a large event center and new administrative suite for the college.

The building was first proposed by staff in a 2018 meeting, with community members echoing the sentiment that a new building was needed in a 2019 survey and saying that they felt the area needed more healthcare worker training. That set the ball rolling towards both the healthcare education building and the nursing program, which was inaugurated in January 2024, with the first cohort of 18 students set to graduate this June.

The new building will be situated to the south of the college's main building and consist of 28,000 square feet spread across two floors. The first floor will house a nursing skills lab, EMT lab and event center, while the second floor will host more classrooms and a new administrative suite for the college.

In the EMT lab, an ambulance simulator will be supplemented by live ambulances, donated by Adventist Health Tillamook, which will be able to access the lab by an exterior garage door.

In the nursing lab, patient simulators will mimic various medical conditions and be controlled by instructors, while four treatment bays featuring full hospital beds will give students an opportunity to experience a clinical setting.

The new event center will be able to accommodate more than 350 for banquets and over 400 in a theatre-style seating arrangement. The large room will feature three double doors opening onto the courtyard between the new building and the college's current building, and will be divisible, with three temporary walls providing five potential configurations.

On the building's second floor, there will be two classrooms, three small



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Dr. Darren Thorsen
Optometrist



Dr. Laura Bowitz
Optometrist



Dr. Katie Stubbs
Optometrist



Dr. Kyle Thompson
Optometrist

H25156

TBCC

Continued on Page 15

TILLAMOOK COUNTY PHYSICIANS & PROVIDERS

LEE LONG, DDS



DENTAL SCHOOL

Loma Linda University

MEDICAL INTEREST

General Dentistry

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American Dental Association

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DAWN SEA KAHR, DC

EDUCATION

LCCW,
UI Music School

CREDENTIALS

D.C., B.S.,
Part III
NetworkSpinal
Certification (2004),
Master-E Post-
Graduate Program
on EpiEnergetics
(2015-2017)



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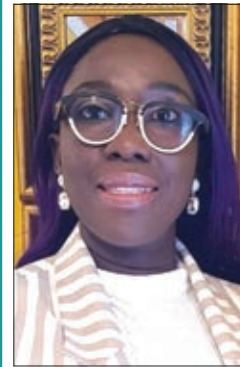
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MORONKE ABOYEWA, PMHNP-BC



EDUCATION

Master of Science
in Nursing (MSN)
Shenandoah
University

CREDENTIALS

ANCC Board
Certification:
Psychiatric-Mental
Health Nurse
Practitioner

MEDICAL INTEREST

Women's reproductive mental health,
Schizophrenia spectrum and psychotic
disorders, trauma and stressor related
disorders, Autism spectrum disorder,
ADHD, Depressive disorder, Bipolar
and related disorders, substance use
disorders, trauma-informed and holistic
care, and integrated collaborative care.



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TILLAMOOK COUNTY PHYSICIANS & PROVIDERS

JENNIFER ALLBRIGHT, EPDH



EDUCATION

Lane
Community
College

CREDENTIALS

Expanded
Practice
Dental
Hygienist

SPECIAL INTEREST

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H64798

DANELL BOGGS, DBH, LCSW



EDUCATION

DBH - Arizona
State University
MSW – Portland
State University

CREDENTIALS

Doctorate in
Behavioral
Health, Licensed
Clinical Social
Worker, Certified
Alcohol and Drug
Counselor III,
EMDR trained

MEDICAL INTEREST

Holistic approach to physical and
mental/emotional wellbeing for all
individuals (i.e.; LGBTQIA2S+, all
ages, abilities/neurodiversity, race/
ethnicity, substance use, or culture).



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H23441

RHONDA BOLOW, MSW, CSWA



EDUCATION

Portland State
University

CREDENTIALS

Masters degree
in Social Work.
Integrated
Behavioral Health
Clinician.

MEDICAL INTEREST

Chronic illness, grief, anxiety, stress,
depression, emotional dysregulation,
experiences with sexual trauma
using Dialectical Behavioral Therapy,
Solution-Focused Therapy, and
Cognitive Behavioral Therapy.



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H25228

ESTHER BRADEEN, MS



EDUCATION

Capella
University

CREDENTIALS

Professional
Counselor
Associate,
under the
supervision of
Valerie Bundy,
LPC, NCC

MEDICAL INTEREST

Multimodal therapy used to help
extraordinary individuals of all kinds
without judgment; LGBTQAI+, all
ages, gender, substance use, culture
or neurodiversity. Background in
domestic and sexual violence.
Trained in Trauma-Focused CBT



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H23440

PATRICIA DANNEN, PA-C



EDUCATION

Oregon Health
Sciences
University

CREDENTIALS

Certified
Physician
Assistant

MEDICAL INTEREST

Family care of all ages, children to
elderly, promoting healthy lifestyle in
treatment and prevention of disease



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H47036

MELISSA PAULISSEN, MD



MEDICAL SCHOOL

Oregon
Health
Science
University

RESIDENCY

Providence
Oregon
Family
Medicine

MEDICAL INTEREST

Board Certified Family
Medicine, Preventive Care,
Pediatrics, Adult Medicine



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H47035

TILLAMOOK COUNTY PHYSICIANS & PROVIDERS

DARIN PRULHIERE, MD



EDUCATION

Medical School
Oregon Health
Sciences
University

RESIDENCY

Ventura County
Hospital

MEDICAL INTEREST

Board Certified with the
American Board of Family
Medicine and Certified Medical
Director specializing in geriatrics
and preventative care.



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H25206

DOVE RAINBOW, PA-C



EDUCATION

Idaho State
University

CREDENTIALS

Certified
Physician
Assistant

MEDICAL INTEREST

Preventive
Care,
Family

Medicine of All Ages,
Women's Health



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503-842-3938 • 800-528-2938
TTY 800-735-2900
www.tillamookchc.org

H23439

DR. ITZEL ROMERO, DDS



EDUCATION

University of
Texas School
of Dentistry

CREDENTIALS

Doctor of
Medicine in
Dentistry

DENTAL INTEREST

Oral care for all ages,
oral health education,
Bilingual (English/Spanish).



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503-842-2356 • 800-528-2938
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H25207

LISA STEFFEY, DO



MEDICAL SCHOOL

College of
Osteopathic
Medicine of
the Pacific

RESIDENCY

University
of Wyoming
Family Practice

MEDICAL INTEREST

Board Certified Family Medicine,
Women's Health, Pediatrics,
Adolescent Health



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H47034

JENNI TRAVIS, MSW, CSWA



EDUCATION

Walla Walla
University

CREDENTIALS

Master's degree
in Social Work.
Behavioral Health
Clinician.

MEDICAL INTEREST

Works with children and their families
developing integration through
physical, emotional, spiritual, and
relational wellness. Offers cognitive
therapy, skills development,
eye-movement and play therapies.



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H25229

MICHELLE WALTERS, MA, CIMHP



EDUCATION

Masters in
Counseling
Psychology –
University of
San Francisco
Doctoral degree
in Depth
Psychology –
Pacifica Graduate
Institute,
expected 2025.

CREDENTIALS

Licensed Marriage and Family Therapist
Certified Integrative Mental
Health Professional (CIMHP)

MEDICAL INTEREST

Integrated healing practices, maternal
mental health, PTSD resulting from
sexual trauma, grief integration,
and stages of life challenges



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PARTICIPATING PROVIDERS

TILLAMOOK COUNTY

ACUPUNCTURE

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ADVOCACY SERVICES:

Tides of Change
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ADULT SERVICES

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503-842-3938 • 800-528-2938
TTY 800-735-2900 • tillamookchc.org
Rhonda Bolow, MSW, CSWA
503-842-3900 Tillamook County
Community Health Centers

Esther Bradeen, MS

503-842-3938 • 800-528-2938
TTY 800-735-2900 • tillamookchc.org

Collin Smith, LCSW

1-800-368-5182 • nehalembayhealth.org

Jenni Travis, LMSW, CSWA

503-842-3900, Tillamook County
Community Health Centers

CLINICS

Adventist Health Medical Offices

503-815-2292
AdventistHealthTillamook.org

Coastal Eye Care

503-374-0399
102 Main Ave., Tillamook, OR 97141
coastaleyecare.com

Graceful Waves Wellness Center

Dr. Dawn Sea Kahrs, DC
206 S. Marine Dr., Wheeler
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Nehalem Bay Health Center & Pharmacy (formerly known as Rinehart Clinic)

230 Rowe Street, Wheeler, OR
1-800-368-5182 • nehalembayhealth.org

Tillamook County

Community Health Centers

Central Clinic, Tillamook
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TTY 800-735-2900

Dental Clinic, Tillamook
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TTY 800-735-2900

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TTY 800-735-2900

North County Clinic, Rockaway Beach
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tfcc.org

Continued on Page 9



Nehalem Bay Health Center

1-800-368-5182

Open: M-F 8 am-6 pm

Nehalem Bay Pharmacy

1-844-715-2299

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TILLAMOOK COUNTY PROVIDERS *Continued from Page 8*

CHIROPRACTIC

Dawn Sea Kahrs, DC
206 S. Marine Dr., Wheeler
505-368-WELL (9355)
gracefulwaveswellness.com

COUNSELING

Esther Bradeen, MS
503-842-3938, 800-528-2938
TTY 800-735-2900

Chris Kruebbe, LCSW
503-815-2292

Adrienne Rombach, LCSW
503-815-2292

Michelle Walters, MA, CIMHP
503-842-3938 • 800-528-2938
TTY 800-735-2900 • tillamookchc.org

DENTAL/ORTHODONTICS

The Smile Studio
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Community Health Centers

DENTAL HYGIENIST

Jennifer Allbright, EPDH
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TTY 800-735-2900
tillamookchc.org

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Adventist Health Tillamook
503-842-4444

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TILLAMOOK
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PACIFIC
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503-842-5568

Pacific City
38505 Brooten Rd, Suite D
Pacific City, OR 97135
503-917-0670



Dr. Lee Johnson
OD, MS, FAAO



Dr. Chris Jenck
OD

H25172

TILLAMOOK COUNTY PROVIDERS *Continued from Page 9*

AdventistHealthTillamook.org

NATUROPATHIC MEDICINE

Dr. Eli Andersen, Doctor of Naturopathic Medicine

1-800-368-5182 • nehalembayhealth.org

OPTOMETRY

Dr. Laura Bowitz

Optometric Physician

503-374-0399, coastaleyecare.com

Dr. Chris Jenck, OD

Tillamook Vision Center

503-842-5568

Dr. Darren Thorsen, OD

Tillamook Vision Center, 503-842-5568

Dr. Katie Stubbs, OD

Coastal Eye Care, 503-374-0399

Dr. Kyle Thompson, OD

Coastal Eye Care

503-374-0399, 503-842-5568

Dr. Lee Johnson, OD, MS, FAAO

Tillamook Vision Center, 503-842-5568

ORTHOPEDICS

Brett LaFleur, MD

503-815-2292

AdventistHealth.org/BLaFleur

PEDIATRICS

Kerrin Swanson, CPNP

503-815-2292

AdventistHealth.org/KSwanson

Lisa Steffey, DO

503-842-3938 • 800-528-2938

TTY 800-735-2900

www.tillamookchc.org

PHARMACY

Nehalem Bay Pharmacy (formerly known as Rinehart Pharmacy)

230 Rowe St., Wheeler, OR

1-844-715-2299 • nehalembayhealth.org

rinehartclinic.org/pharmacy

PODIATRY

Brent Ricks, DPM

503-815-2292

AdventistHealth.org/BRicks

PRIMARY CARE PROVIDERS & FAMILY CARE

Adventist Health Medical Offices

Scheduling: 503-815-2292

10445 Neahkahnne Creek Road

Manzanita, OR 97130

1100 3rd St., Tillamook, OR 97141

38505 Brooten Road, Suite A

Pacific City, OR 97135

AdventistHealthTillamook.org

Dr. Eli Andersen, Doctor of

Naturopathic Medicine

1-800-368-5182 • nehalembayhealth.org

Leanna Coy,

Family Nurse Practitioner

1-800-368-5182 • nehalembayhealth.org

Patricia Dannen, PA-C

503-842-3938 • 800-528-2938

TTY 800-735-2900

www.tillamookchc.org

Dr. Jeffrey Luty, MD

1-800-368-5182 • nehalembayhealth.org

Melissa Paulissen, MD

503-842-3938 • 800-528-2938

TTY 800-735-2900

www.tillamookchc.org

Darin Prulhiere, MD

Tillamook County Community Health

Centers

503-842-3938

Dove Rainbow, PA-C

503-842-3938 • 800-528-2938

TTY 800-735-2900

www.tillamookchc.org

Lisa Steffey, DO

503-842-3938 • 800-528-2938

TTY 800-735-2900

www.tillamookchc.org

Leanna Coy,

Family Nurse Practitioner

1-800-368-5182 • nehalembayhealth.org

Amber Hamilton,

Family Nurse Practitioner

1-800-368-5182 • nehalembayhealth.org

PREVENTION PROGRAMS

SOS Tillamook

1-877-695-4648 • 503-842-8201

tfcc.org

PSYCHIATRY

Moronke Aboyewa, PMHNP-BC

503-842-3900 Tillamook County

Community Health Centers

Brandi-Ann Harris, DNP, FNP,

PMHNP

503-815-2292

RECREATION CENTER

North County Recreation District

855-444-NCRD (6273), ncrd.org

YMCA

503-842-9622, tillamookymca.org

REGISTERED HOLISTIC HEALTH PROVIDER

Danell Boggs, DBH, LCSW

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TTY 800-735-2900

tillamookchc.org

RESOURCES

Tillamook County Wellness

tillamookcountywellness.org

SUBSTANCE ABUSE PREVENTION

OURTillamook

503-815-2401, OURTillamook.org

SOS Tillamook

503-842-8201, tfcc.org

TRANSPORTATION

Ride the Wave

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tillamook-county-transportation-district/

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Our mission is to provide hope, safety and support to those impacted by gender based violence and shift cultural norms through advocacy, education, and community collaboration.

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P: 503.842.9486 • Toll-free: 800.992.1679

Text: 503.852.9114 • info@tidesofchangenw.org



Adventist

Continued from Page 3

communication system. Currently, Adventist Tillamook uses a proprietary Adventist platform, but beginning in 2026, they will move to the MyChart system from Epic.

As part of that transition, staff will also receive iPhones to access the platform, and the hospital will be adding direct messages to those phones to audible alerts in the building as means of alerting staff to codes. "Any second you can get to a code is better and quicker for the patient," Thompson explained.

While these updates take place, work is also ramping up on a more major project: the renovation and expansion of the hospital's surgery suite. That project will see the addition of a fourth operating room as well as an increase in capacity for the suite as new pre- and post-operative beds are added.

Workers have begun groundwork for the project, including the removal of a concrete slab that used to house a picnic table. Phase one, which consists of the construction of the new operating rooms, is expected to take six to nine months to complete, before the current operating facilities renovated in two subsequent phases.

BEST OF HEALTH & WELLNESS 2025

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tillamookheadlightherald.com

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Patty Archambault

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North Coast
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New NBHD clinic coming this fall

Will Chappell

A new \$12.2-million clinic for the Nehalem Bay Health District is taking shape in Wheeler and is on track for a grand opening this October.

The new facility is being supported by a \$10.25-million, voter-approved bond as well as federal and state funding, and will greatly expand the district's capacity and offerings. It is part of a project with a total budget of \$15.5 million, which is also overhauling the district's senior care facility and will see the current health center and pharmacy demolished to make way for housing.

Progress towards the project began in 2018, when the health district undertook a strategic plan update and identified the needs to upgrade their clinical space and add housing for district staff as top priorities.

Plans crystallized further when Tillamook County Commissioner Erin Skaar, who was then the director of Community Action Resource Enterprises (CARE) in Tillamook, identified the property in Wheeler as a potential site for a new health center and pharmacy.

After purchasing the property in



2021, the district went about building a funding package, securing \$3 million in federal and \$2 million in state funding, before voter approval of the bond in May 2023 rounded out the financials.

The new building will be around 16,000 square feet, with the first floor home to the district's medical

clinic and pharmacy, which will have separate entrances to reduce congestion. The new clinic will be home to 15 exam rooms, more than doubling the current clinic's seven, allowing for much greater efficiency as care teams will be able to accommodate multiple patients at the same time, according to Johnson.

The floor will also have an x-ray machine, both communal and private workspaces for the clinic staff and the clinic's waiting room, which will feature picture windows with a view over the Nehalem Bay towards Neahkahnie Mountain.

On the second floor, patients will find a new offering for NBHD, a dental clinic. The clinic will initially have three chairs, with the capability of adding two more, and Johnson said that the district is currently looking for a dentist and hygienists to staff it. The second floor will also house behavioral health providers, administrative offices and a community meeting room.

Construction on the facility is on track to be completed in early September, with move-in expected to take about a month ahead of a grand opening in early October.



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North County Recreation District (NCRD) Nurtures Community's Body, Mind & Soul, Serves as Cultural Hub

North County Recreation District (NCRD) was recently featured in Oregon Art Watch as a "cultural hub*." (See link below.) A community-centered organization with something for everyone – to include, empower, support and inspire a healthy community – well-being for all ages and abilities. determined band of locals saved the community pool and began the drive to form the North County Recreation District.

Located in the former Lower Nehalem Elementary School, built in 1920 and designed by Portland architect A.E. Doyle, NCRD is perched on a hill overlooking the town of Nehalem, and nearby towns of Manzanita and Wheeler with a 192-seat performing arts center and an art gallery that showcases a different artist each month, along with lectures, a book club, and an art club. The district also offers fitness classes such as yoga, a youth sports league, and maintains



recreational facilities: a baseball field and four pickleball courts.

In case none of those ticks your boxes, NCRD also is home to talks by the Nehalem Valley Historical Society, Zumba, summer camps for kids, and — should there be an emergency — this is your place to go.

NCRD later this year will celebrate the opening of a new \$16.4 million aquatics center, featuring a six-lane competition-sized pool and a warm-water therapy pool. The new aquatics center will provide more access to

swimming classes, and the therapy pool will be a highlight for those enduring physical therapy. NCRD's commitment to the community is about much more than physical fitness – the many activities and services nurture body, mind and soul, and NCRD is indeed a cultural community hub.

For more information go to www.ncrd.org

*<https://www.orartswatch.org/north-county-recreation-district-from-a-pool-to-plays-nehalems-hub-serves-coastal-community/>



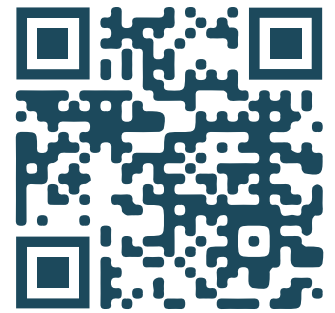
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TCTD steps up for dialysis patients

Will Chappell

Since last year's closure of the dialysis clinic in Tillamook, the Tillamook County Transportation District has provided or paid for more than \$200,000 in transportation costs to get patients to Lincoln City, Astoria and Forest Grove for life sustaining care.

Tillamook County Transportation District (TCTD) General Manager Brian Vitulli said that coordinating the 115,000 miles of transportation has been a complex logistical dance for district staff.

"It's like conducting an orchestra, really," Vitulli said, "it's just the amount of coordination and the amount of teamwork that goes on here is incredible."

Even before the February 2024 closure of the U.S. Renal Care dialysis center in Tillamook, TCTD provided rides to their thrice weekly dialysis appointments through four different programs. But when U.S. Renal Care made the decision to shutter the center, they did not communicate with the district to help establish a plan to get patients to their new centers in Lincoln City, Astoria or Forest Grove.

"That caught us very much by surprise, you know, that the clinic could just pull out of town like that and there not be any kind of plan for how to care for those patients or transport those patients to other centers," Vitulli said.

However, district staff buckled down and tackled the transportation task by relying on the programs that were already making patient transport possible, according to Vitulli. Those programs include the Northwest Rides Nonemergency Medical Transportation Brokerage, the district's in-house dial-a-ride program, grants received to transport veterans and reimbursement to patient family members.

The brokerage, run by the Columbia Pacific Coordinated Care Organization, covers Tillamook, Clatsop and Columbia



Photo courtesy Tillamook County Transportation District

TCTD driver Jeremy Bellante assists Martin Boge into a district van for his ride to dialysis treatment in Forest Grove on March 17.

Counties and relies on a network of volunteer drivers to transport Medicaid- and Oregon-Health-Plan-eligible patients to medical appointments. Vitulli said that the brokerage was covering just over 50% of the rides.

A further 40% of rides are being provided by TCTD's dial-a-ride program, which has put a strain on that program's capacity, according to Vitulli. For the most part, patients' dialysis treatment schedules have not been coordinated and the long travel times to the clinics have largely meant that drivers stay for the duration of the three-and-a-half to five-hour treatment.

"It's way outside of our service area and it doesn't make sense for us to bring that driver back in a lot of cases," Vitulli said, "so pretty much, you know, the vehicle and that driver is busy for that entire time transporting them there and then transporting them back."

District dispatchers have done their best to coordinate other rides for the drivers in areas of the county closer to the dialysis centers, but that has been difficult. Vitulli said that dialysis transport was requiring two to four drivers' time on an

average day, constraining the program's ability to serve other community members.

"This is the reason we're at our capacity," Vitulli said, "because we're not able to provide as much dial-a-ride service because we're providing a life-sustaining service for people who have no other way to get there."

Vitulli said that the program would be able to expand capacity again once the Tillamook dialysis center reopens. He also noted that the district faces persistent driver shortages and is looking to hire new employees, adding that they paid for training.

Veterans are also transported by the dial-a-ride program, with the costs for their transport are offset by grants from the federal government.

The final piece of the transportation equation comes from patient family members who are reimbursed by the district for their mileage.

Overall, Vitulli said the district has helped with transport or reimbursement for an average of 11 or 12 patients weekly, ranging up to 16 in some weeks.

TBCC

Continued from Page 4

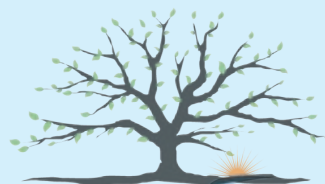
lounges for students, a large meeting room and a new administrative suite for the college. The administrative suite will feature 18 offices and a smaller meeting room, as well as a staff lounge.

The second floor will also feature a display wall for rotating exhibits from local artists and an open walkway below skylights, allowing natural light to illuminate both the first and second floors.

Funding for the \$23.8-million project is coming from two primary sources, the first a \$14.4 million bond approved by

Tillamook County voters in November 2022 and the second an \$8 million award from the Oregon Legislature. The balance of the funding is coming courtesy of a \$1.4 million bond premium.

The building is on track for a late fall completion and will begin hosting classes in January 2026.



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- **Developmental Disabilities**

The TFCC's Developmental Disabilities Team provides access to local, regional, and statewide resources for children and adults who experience a developmental disability.

- **Prevention**

The Prevention Program provides support to overcome and strengthen Tillamook County residents through prevention services. Services include prevention education, outreach, presentations and training in the following areas: alcohol and other drug prevention, problem gambling prevention, suicide prevention, and parenting supports.

- **Crisis Intervention**

TFCC provides crisis/emergency services and supports for individuals experiencing mental health crisis. Services are available 24 hours/day, 7 days/week and can be accessed by calling (503) 842-8201 or 1-800-962-2851.

- **Peer Support**

Peer Support Specialists are staff who are engaged in personal recovery, dealing with mental health and substance use challenges. In their work as TFCC service providers, they utilize lived experience (using their own stories) to encourage and support individuals in discovering their unique recovery path.

- **Service Programs**

Listed here are agency programs that address a range of needs presented by individuals and families seeking services. Read more about each program on our website at tfcc.org.

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