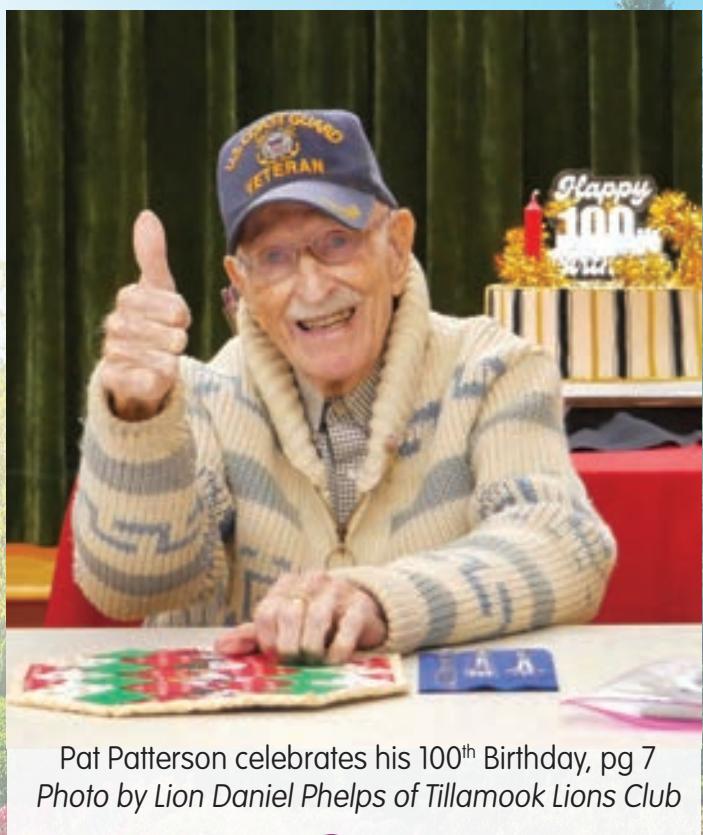




Jeffrey Hull to release new work at the Spring Unveiling Arts Festival, pg 9

Our Time 55+

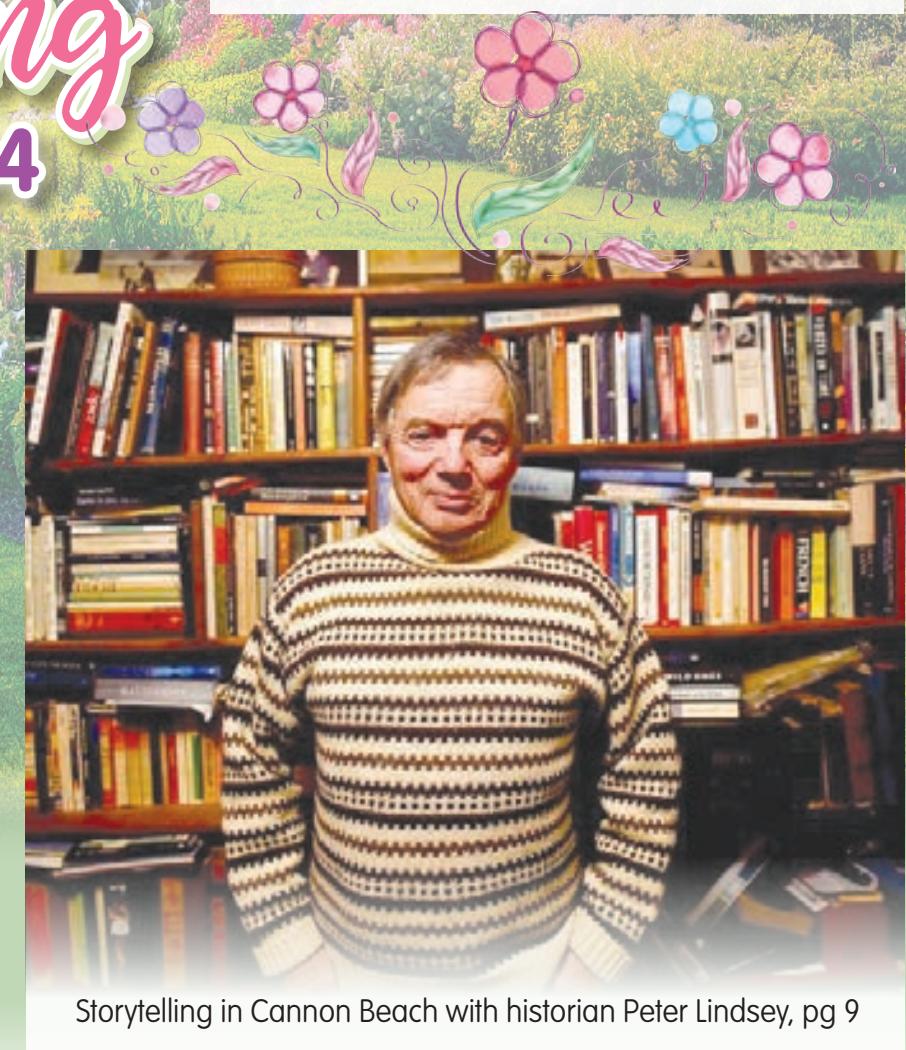
Spring 2024



Pat Patterson celebrates his 100th Birthday, pg 7
Photo by Lion Daniel Phelps of Tillamook Lions Club



Stay active this spring with Community Events, pgs 3-4. Photo by Katherine Mace



Storytelling in Cannon Beach with historian Peter Lindsey, pg 9

Fibre Financial Group

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Scott Thompson is a LPL Financial Advisor with Fibre Financial Group, located at TLC, a Division of Fibre Federal Credit Union. He's available to consult with you at no cost! **Call: 360.414.4224**

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How Can You Use Your Home's Equity?

By TLC, a Division of Fibre Federal Credit Union

Home equity loans and home equity lines of credit (HELOCs) are options to help pay for big expenses. But how do they work? It all starts with equity, the portion of your home you own after making mortgage payments. You can use the equity you've built up in your home over time as collateral for borrowing money.

With a home equity loan, you get all the money you're borrowing up front at once and then pay it back over time. The monthly payment and the interest rate are fixed, so you'll pay the same amount each month.

With a HELOC, you can tap into your home's equity as needed, up to a preset credit limit. Unlike home equity loans, HELOCs usually have a variable interest rate and there's no predetermined fixed monthly payment.

Common uses for home equity loans and HELOCs:



Renovations: Home renovation and major repair projects could be considered an investment in your home, which will pay off when you decide to sell it.

Debt Consolidation: Using a loan with a lower interest rate to pay off a high balance or consolidate credit card debt can help improve your credit and reduce monthly expenses.

College Tuition: A home equity loan or HELOC interest rate will likely be lower than those associated with

student loans.

Emergency Expenses: If your emergency fund can't cover sudden expenses, tapping the equity in your home could be a great way to supplement it.

Before applying for your home equity loan or HELOC, consider why you need the money, when you need the money (now or later), and how long you plan on staying in your home. Having a clear plan will help you make the smartest choice for your budget and lifestyle.

Stay active this spring with community events

SEASIDE

• Oregon Coast Wedding Expo

**March 9 - 10, 2024,
11 a.m. - 5 p.m.**

Seaside Civic and Convention Center, Seaside Love is in the air, and so is the excitement of planning the perfect wedding! Join us and be a part of the ultimate wedding showcase, bringing together the finest wedding professionals under one roof.

CANNON BEACH

• Cannon Beach Farmers Market

**Tuesdays June - Sept. 10,
Noon - 4 p.m.**

S Hemlock St & W Gower Ave, Cannon Beach Cannon Beach's weekly Farmers Market includes music, prepared food, community booths and a wide variety of fresh produce, pasture-raised meat, organic cheeses, wild-caught seafood and artisan food products.

• Coaster Theatre Playhouse presents: Death by Design

March 15 - April 13

108 N Hemlock St, Cannon Beach

What happens when you mix the brilliant wit of Noël Coward with the intricate plotting of Agatha Christie? Death by Design is a hilarious, delightful and mysterious mash-up of two of the greatest English writers of all time. Tickets are \$30 & \$25.

• Coaster Theatre

Playhouse presents: 2 Across

May 10 - June 1

108 N Hemlock St, Cannon Beach

Two opposites in an enclosed space,

challenging each other's values but also being swayed and intrigued by them. Their trip is filled with unpredictable, but believable, surprises. As the train ride ends, it's obvious each of them has been changed for the better. Tickets are \$30 & \$25.

• 24th Annual Spring Unveiling Arts Festival

**Friday, May 3-Sunday,
May 5**

Various Locations in Cannon Beach

Cannon Beach galleries present new work, unveiling demos and hosting artist receptions throughout the weekend. cbgallerygroup.com/events

MANZANITA

• Hoffman Center Gallery Exhibit: Works by Keri Rosebraugh and Anna Daedalus

**Feb. 29 - March 30,
Thursdays - Sundays,
Noon - 5 p.m.**

Opening Reception

March 2, 3 p.m. - 5 p.m.

Keri Rosebraugh: Future Memoirs of Water focuses on the interdependence between humans and water. This body of work explores the concept that water retains memory. As water echoes the life around it, life also mirrors water. Water is a portal between the form and formlessness, celebrating the idea that we are all one. Anna Daedalus: Enfolded is a photographic-based series which employs folding, sculpting and re-photographing to mimic the sheltering concavity of riparian hollows, wetland and woodland.

• Manzanita Farmers Market

**May 24 - Sept. 20, Fridays
from 4 p.m. - 7 p.m.**

635 Manzanita Ave, Manzanita Local produce, artisans, live music, and more.

NEHALEM

• Riverbend Players presents: Crimes of the Heart

March 1 - 17

36155 9th St, Nehalem

The play is the story of how its characters escape the past to seize the future—but the telling is so true and touching and consistently hilarious that it will linger in the mind long after the curtain has descended. General admission is \$20.

• Riverbend Players presents: The Play that Goes Wrong

May 31 - June 16

36155 9th St, Nehalem

Welcome to opening night of the Cornley University Drama Society's newest production, The 'Murder at Haversham Manor,' where things are quickly going from bad to utterly disastrous. General admission is \$20.

ROCKAWAY BEACH

• Rockaway Beach's Annual East Scavenger Hunt

March 30, Noon - 4:15 p.m.

Rockaway Beach Ocean's Edge Wayside The scavenger Hunt starts right after the Rockaway Beach Fire Department's Easter Egg hunt at noon. Pick up clues and maps at the Easter Egg hunt or at the participating Businesses.

• Rockaway Beach Thursday Market

Thursdays, May 9 - Sept. 26

• 48th Annual Kite Festival

June 14 - 16

Rockaway Beach Ocean's Edge Wayside

Free fitness programs at YMCA

The Tillamook County Family YMCA offers a number of programs designed for seniors and some of them are free for community members ages 65 and up.

• **Enhanced Fitness** - Focus on dynamic cardiovascular exercise, strength training, balance and flexibility. This class is suitable for those new to exercising.

• Moving For Better Health/Qi Gong

- Stressed? Seeking physical and mental balance? Want to boost your immune function and restore your body to optimal health? QiGong "Chee gong") is an ancient practice of postures standing and movements. Slow movements have been shown to improve vitality and health, even reducing hypertension and chronic pain. This class focuses on breathing, stance, mind intent and movements to facilitate the flow of energy through the body. Participants can be seated or performed by virtually anyone. Comfortable clothes and shoes recommended.

• **Qigong Studies** - Learn foot placement, weight distribution, breathing, visualization while practicing

Eight Brocades, Animal Frolic, Heart/Lung/Energy/Cancer, Yi Jin Jing (new!) and more with Tai Chi 8 & 24 forms.

• Beginners Tai Chi / Moving for Better Balance

- Tai Chi: Moving for Better Balance was developed by a team of researchers at the Oregon Research Institute. The program uses eight forms that have been derived from the traditional 24-form Yang-style Tai Chi, and progresses from easy to difficult.

Tillamook YMCA offers a diverse array of fitness and wellness programs. They partner with local insurance networks and participate in both the Renew Active, One Pass, and Silver and Fit programs. Eligible persons receive a membership at no cost as part of their insurance premium. The eligibility confirmation process can be done at the Y or by contacting the insurance carrier. For questions about program offerings please contact the YMCA at 503-842-9622

Tillamook County Family YMCA

610 Stillwell Ave, Tillamook
503-842-9622

Kite demonstrations, vendors, and more family fun!

TILLAMOOK

• 2024 Three Capes Marathon Relay

Feb. 24, 8 a.m. - 5 p.m.

Cape Meares - Whalen Island

Run the 26.2-mile Three Capes Marathon Relay course in Tillamook County as a solo marathon, a two-person team, or a five-person team.

• TAPA presents: "Everyone Has A Story"

Feb. 24, 7 p.m.

1204 Ivy Ave, Tillamook

The art of storytelling can bring groups together, can bring understanding to people from different backgrounds and beliefs,

can share pain, joy and laughter to let us know we are not alone. The power of the story is real. Tickets are: \$15.

• 25th Annual Chili Cook off and Silent Auction Benefiting Tillamook Hospice

Feb 24, 11 a.m.

Upstairs Bar & Grill
4805 Netarts Hwy W,
Tillamook

All fundraising proceeds from the event go to Tillamook Hospice. Chili cook off and silent auction.

• Compassion Tillamook

Feb. 25, 1 p.m. - 6 p.m.

Stillwell Ave, Tillamook
YMCA & Liberty Elementary School Gym

Compassion Tillamook is a free community health clinic led by local churches,

powered by many volunteers and supported by community partners.

• Latimer Quilt and Textile Center presents: An homage to Audrey Moore Weaving Exhibit

2105 Wilson River Loop,
Tillamook

March - April

Special exhibit by
Damascus Weavers.

Open House March 10, Noon - 4 p.m.

• Quilt in a Day

March 2

Latimer Quilt and Textile Center, 2105 Wilson River Loop, Tillamook

Instructor- Donna Denning. Learn how to make a quilt

Events

Continued on Page 4

Events

Continued from Page 3

in a day. Cost \$20 for members and \$40 for non-members.

• **Bulls n Broncs**

March 9, 5:30 p.m. - 10 p.m.

Tillamook County Fairgrounds,

4603 3rd St, Tillamook

Tough rough stock riders take on raging bulls & rowdy broncs. Tickets are \$35.

• **Inkle Loom**

March 11-13

Latimer Quilt and Textile Center, 2105 Wilson River Loop, Tillamook

Learn how to use an Inkle loom. Instructor- Phoebe McAfee. Cost \$55 for members and \$75 for non-members.

• **Veterans Spotlight**

Third Sunday of the month at 1 p.m., Next upcoming March 17

Tillamook Air Museum, 6030 Hangar Rd, Tillamook

The VFW Post 2848 is partnering with Tillamook Air Museum to put on a monthly showcase to highlight Veterans and their time in service. FREE entry for all Tillamook County residents, provide museum admission staff with proof of residency (via your ID or library card).

• **Tillamook Fairgrounds Spring Bazaar**

March 15-16 at Noon - 7 p.m., 10 a.m. - 5 p.m.

Tillamook County Fairgrounds, 4603 3rd St, Tillamook

Various craft and merchant vendors selling merchandise. Free admission.

• **Easter Scavenger Hunt**

March 30, 10 a.m. - 4 p.m.

Tillamook Air Museum, 6030 Hangar Rd, Tillamook

Scavenger hunt in the hangar. This event is FREE for All. The Easter Bunny will be here there 10 a.m. - 2 p.m. for cookies, fun and photos!

Easter themed scavenger hunt and collect a goodie bag as a prize.

• **Tapestry Weaving**

April 8-11

Latimer Quilt and Textile Center, 2105 Wilson River Loop, Tillamook

Learn tapestry weaving on a copper loom. Instructor- Phoebe McAfee. Cost \$55 for members and \$75 for non-member.

• **Tillamook Headlight Herald Home and Garden Show 2024**

April 20 - 21, 9 a.m. - 4 p.m., 11 a.m. - 4 p.m.

Tillamook County Fairgrounds, 4603 3rd St, Tillamook

The Tillamook Headlight Herald Home and Garden Show is a collection of vendors that come together under one roof, at the Tillamook County Fairgrounds, each April. Featuring the Tillamook Beekeepers Association. Free admission and parking.

Coast Guard Week begins March 4

• **Tuesday, March 5th the City of Garibaldi will receive the prestigious Coast Guard City designation** at 10 a.m. at the Old Mill Event Center. Out of over 1500 Coast Guard Stations Garibaldi will be only the 34th Coast Guard City in the nation!

• **Pat Patterson Day is March 7th** and there will be an Enlisted Person

of the Year ceremony at the Garibaldi Maritime Museum at 10 a.m. The museum will also be showing the famous "The Finest Hour" film about an amazing Coast Guard Rescue at 1 p.m.

• **Local businesses will be offering some specials throughout the week** which ends with Garibaldi's annual Lions Club Crab Races.

• **TAPA presents: "Those Were the Days"**

April 19 & April 20, 7 p.m.

1204 Ivy Ave, Tillamook

An evening of song and dance with Caryn Backman.

• **Spring Schwingest & Swiss Stomp with the Polkatones**

April 27, noon

Tillamook County Fairgrounds, 4603 3rd St, Tillamook

Schwing ring crowned, Schwinges Steinstossen Competition, cultural heritage and static display Swiss Stomp and Dance

Floor. Tickets starting at \$12.

• **Crow Women Class**

May 18

Latimer Quilt and Textile Center, 2105 Wilson River Loop, Tillamook

A simple iconic design is appliqued from felt and embellished with a variety of hand stitches and embellished with beads/charms to create a Spirit Guide or Guardian Angel Talisman. Instructor Helene Knott. Cost \$50 for members and \$60 for non-members.

• **Tillamook Farmers Market**

Saturdays, June 15 - Sept. 28, 9 a.m. - 2 p.m.

Laurel Avenue and Second Street, Tillamook

Locally-grown produce, handmade and artisan gifts, baked goods, live music and activities for kids.

• **TAPA presents: "Four Old Broads on the High Seas"**

June 14-30

1204 Ivy Ave, Tillamook

Get ready to set sail with your favorite Old Broads. Yes... they're back again and ready for a Sassy Senior's cruise to the Bahamas. Tickets starting at \$20.

PACIFIC CITY

• **Sound Bowl Sundays in Pacific City!**

Ongoing event on Sundays, next event:

March 17, 6:30 - 7:30 p.m.

Bring anything you need to be comfortable lying or sitting for up to an hour. Sound baths are a passive form of healing.

• **Saturday Evening Line Dancing in Pacific City!**

Ongoing event: next session:

March 16, 7 - 8 p.m.

34600 Cape Kiwanda Dr, Pacific City

No pressure, just pure fun! We dance to all kinds of music. No experience is necessary.

• **Spring Cleaning Sale**

March 23, 9 a.m. - 4 p.m.

34600 Cape Kiwanda Dr, Pacific City

Rummage sale. Rent a table for \$20.

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Astoria's Columbia River Maritime Museum Plans Expansion

The Museum's "Mariners Hall" project will add approximately 26,000 square feet of exhibit space in a second building adjacent to the current museum.

CRMM Executive Director Bruce Jones noted that highlights for the new building include a WWII Liberty Ship lifeboat built by Portland's Gunderson Marine, a 60-foot racing shell built by famed boatbuilder George Pocock of "Boys in the Boat", a first order Fresnel lens, regional recreational boats, fishing vessels built by Astoria's Wilson Brothers and Bumble Bee shipyards, and a "log bronc" utility boat used to corral logs.

Additionally, Jones said, the museum is working with the U. S. Coast Guard to



acquire the historic 52-foot motor lifeboat TRIUMPH II, which saved and assisted fishermen from 1961-2021 on the Columbia River Bar; and a retired Coast Guard HH-65 Dolphin search and rescue helicopter.

Jones noted "We are particularly excited about the opportunities a dedicated classroom and interactive

STEAM (Science, Technology, Engineering, Arts and Math) area provide for us to help inspire young people to careers in maritime and other STEAM related fields."

"Our five-year Strategic Plan highlighted the need to bring more of our extensive collections from storage to the public in pursuit of our vision of being a truly world-



class maritime museum," said Board Member Michael Haglund.

In 2023, CRMM greeted nearly 104,000 visitors and reached 14,172 students through its popular Museum in the Schools program.

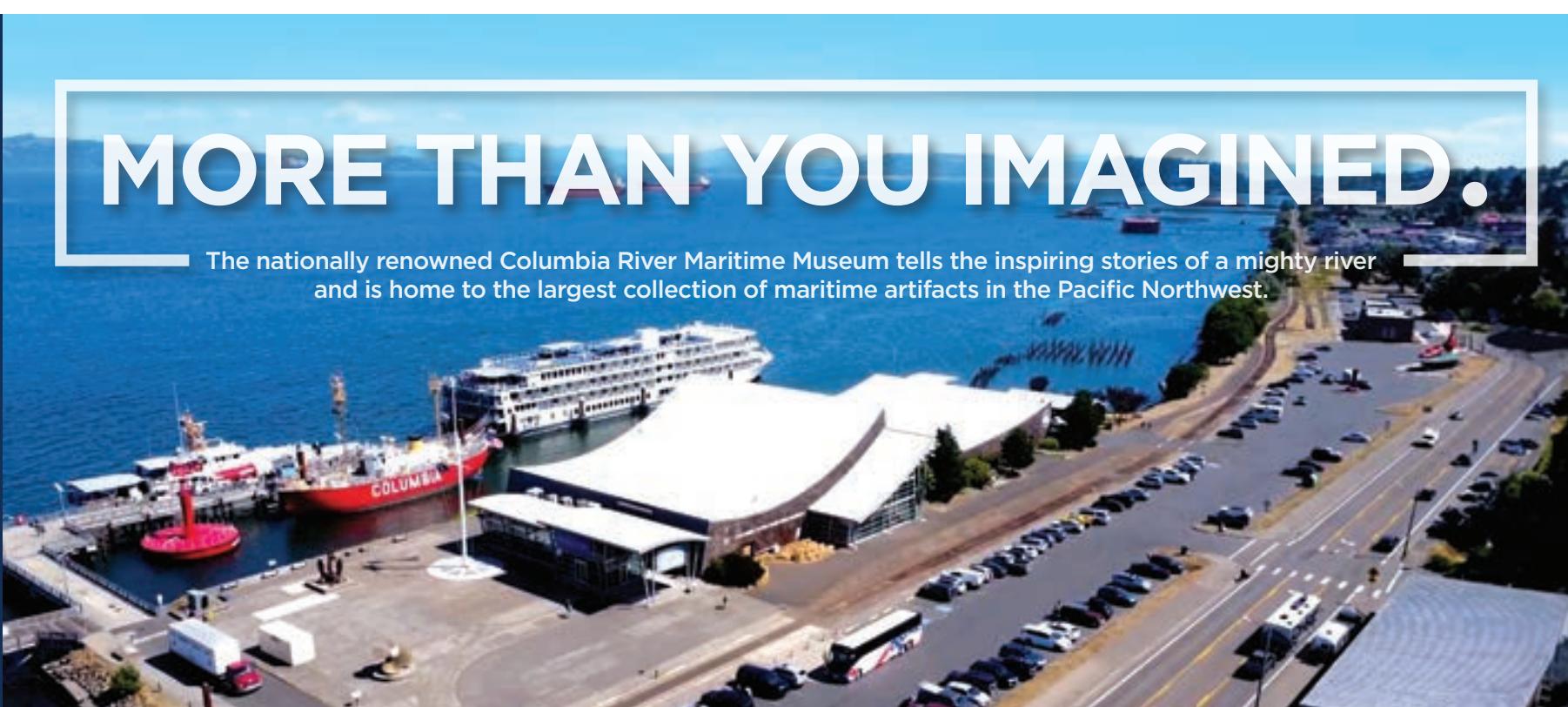
CRMM's Board voted to approve fundraising up to a total cost of \$30 million, including \$4 million of contingency

funds, for the project. The Museum raised \$23.2 million as of February 1. The museum hopes to begin site work in September 2024 and open the new building in summer 2026.

Questions or comments: Bruce Jones jones@crmm.org or Director of External Engagement Caroline Wuebben caroline@crmm.org

MORE THAN YOU IMAGINED.

The nationally renowned Columbia River Maritime Museum tells the inspiring stories of a mighty river and is home to the largest collection of maritime artifacts in the Pacific Northwest.



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Fall Reduction Tips For Older Adults

If you have an aging loved one you visit at their home, you're likely checking to make sure there's enough food in the fridge, bills are being paid and medications are being taken on schedule.

But are you considering fall risks as well?

Falls are one of the most pressing health and safety concerns for older adults – according to the Centers for Disease Control and Prevention, more than one in four people ages 65 and older suffers a fall each year.

To help prevent falls either for yourself or a

loved one, here are a few things to check for in and around the house:

Living Room / Bedroom:

- Remove loose cords and wires or fasten them to baseboards or the floor where possible.
- Ensure all light bulbs are bright enough and working, and keep spare bulbs on hand in the home.
- Wear non-slip footwear, particularly if the home has hardwood flooring.

Bathroom:

- Install non-slip mats or pads in the shower or tub.
- Have a waterproof stool or chair for the shower for ease and comfort.
- Install weight-bearing grab bars or railings for assistance getting up and down.

Staircase:

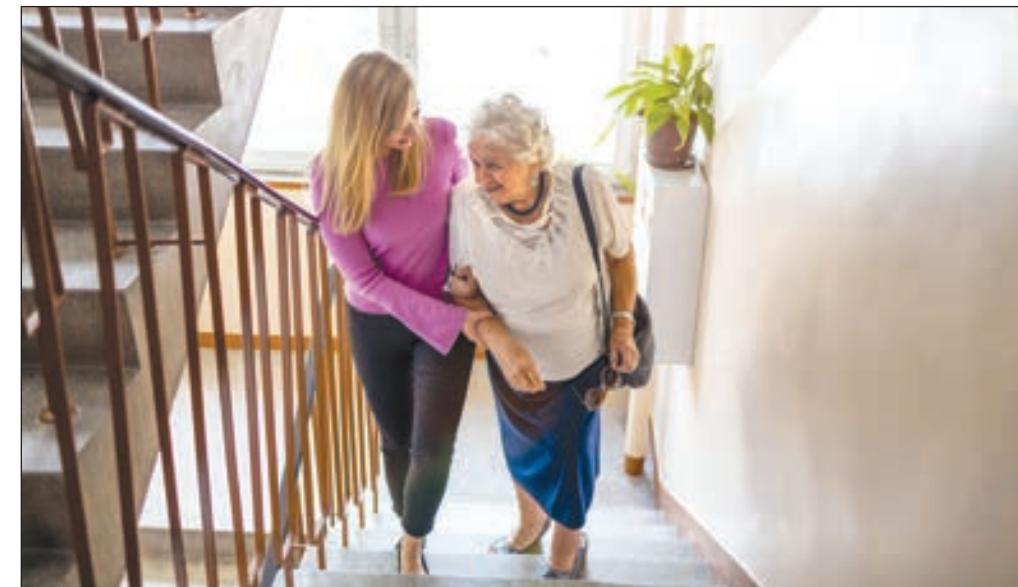
- Check that handrails are securely fastened to the wall, and none are loose.
- If stairs are carpeted, ensure the carpet is

Fall Prevention at Prestige Senior Living Five Rivers

At Prestige Senior Living

securely glued to the floor with no lumps or loose areas. If stairs are hardwood, install non-slip adhesive strips.

- Keep the stairs well-lit at night.



Five Rivers, residents take part in fitness classes to build strength and balance, with classes tailored to each

person's ability and comfort level, while apartments are outfitted with a variety of safety features.

For more information or to schedule a visit prestigecare.com/fiverivers, or call us at (503) 842-0918.

Celebrate Life at Every Age



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At Prestige Senior Living Five Rivers, we believe in celebrating all your special moments, big and small.

Rooted in a philosophy of promoting healthy, happy, and fulfilling living, our Celebrations lifestyle and wellness program helps our independent and assisted living residents explore different hobbies, passions, and skills to help you build a life you truly love at Prestige.

We are your dedicated partners in the journey of active aging. Contact our teams to schedule a visit, where you can learn more about celebrating life at every age.

Visit us online at prestigecare.com/fiverivers.

Prestige Senior Living Five Rivers
3500 12th St. • Tillamook, OR 97141
971-247-3047

Pat Patterson honored for his years of service to Tillamook Hospital, celebrating 100 years and going strong

By Jim Huffman
Tillamook Lions President

Last December 17th the Tillamook Lions Club was proud to celebrate Pat Patterson's 100th birthday. Pat is probably the oldest active Lions Club member in Oregon! Eric Swanson, President of Adventist Health was the keynote speaker to honor him. A good crowd of family and friends as well as Lions Club members attended. There was even a surprise visit from Santa Claus who came to give him kudos as well.

In Eric Swanson's presentation he shared that Pat had been in charge of the Hospital's Maintenance department for 17 years.

A highlight during that time for Eric was when Pat Patterson had been his first boss when Eric was hired for his first job as a high school student. It was a special moment as Eric now as President presented Pat with two beautiful, framed silver medallions, one for his years of service for Tillamook Hospital and the other to honor him for his service in the United States Coast Guard as a highly honored Veteran.

Pat over his 100 years has achieved many great accomplishments including serving in the Coast Guard during WW2, running a successful seafood business in Garibaldi, helping to form two Lions Clubs one in Garibaldi back in World



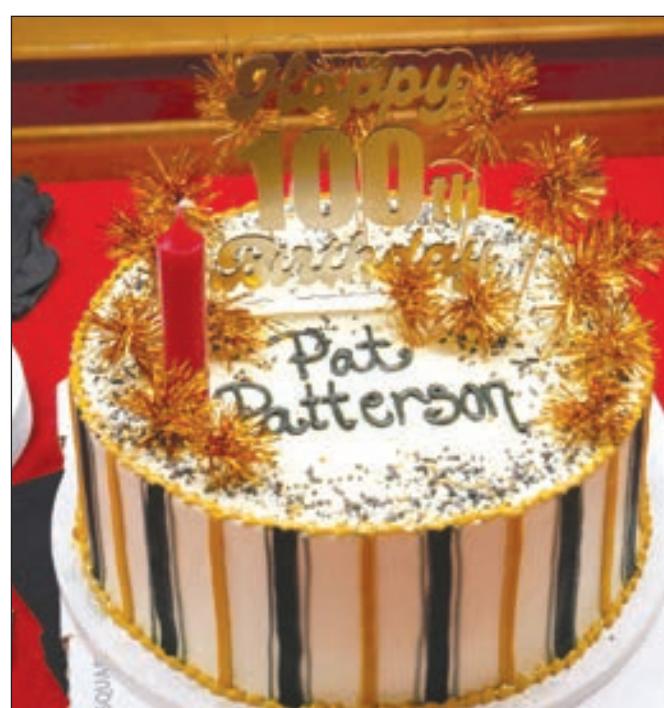
On Sunday, Dec. 7, 2023 the Tillamook Lion's Club held a surprise 100th birthday party for Pat Patterson at St. John's United Church of Christ in Tillamook. Among the people who attended were, second from left, Eric Swanson, MBA, FACHE, NRP from Adventist Health Tillamook, Cheryl Spellman, Pat Patterson is the seated. His longtime friend Helen Wright is to his left and daughter-in-law Deb and son Scott are to his right. Further to the right is Tillamook Lion Club President James Huffman with wife Margot. On the far right is Past Governor Terry Bowman from Rockaway Lions Club. The names of the other people in this picture are unknown to the Tillamook Headlight Herald staff.

War II where he helped establish Lumberman's Park with an actual Train engine and passenger car where the club had meetings, and again in his later years he helped establish the new Tillamook Lions Club recently chartered June 2023.

Here in the photos displayed celebrating his 100th birthday he is surrounded by just some of the many people who celebrate his wonderful life as a centenarian who can still tell fascinating stories about the history of Tillamook County. He is a true treasure to Tillamook County with his ready smile being the man with so many friends. He still has more stories to tell and we look forward to hearing more from him while he goes forward to year 101!



Eric Swanson presents Mr. Patterson with two framed medallions, one for his years of service for Tillamook Hospital and the other to honor him for his service in the United States Coast Guard as a highly honored Veteran. Photos by Lion Daniel Phelps of Tillamook Lions Club



The 100 year birthday cake was provided by Adventist Health Tillamook.

Your Active Oregon Coast Retirement Awaits

Imagine your vibrant retirement at Suzanne Elise Assisted Living Community in the picturesque town of Seaside, Oregon. Nestled along the Oregon Coast, this community stands out as a haven for seniors seeking an active and engaging lifestyle in their golden years.

Suzanne Elise boasts modern living spaces, newly remodeled to provide comfort and convenience for residents. Beyond the aesthetics, the community exudes a homey atmosphere, where familiar friendly faces provide care. The pride of Suzanne Elise lies in its long-tenured team and management,



fostering a sense of stability and trust that is invaluable to residents and their families.

Seniors enjoy an active retirement at Suzanne Elise, where they can thrive mentally and

physically. Here residents enjoy regular activities, outings, and fitness classes. One of the resident favorites is Sassy Seniors Tea, a delightful gathering for tea, laughter, and shared joy,



providing an experience where residents socialize and indulge in the joys of retirement.

From crafting to pet visits to holiday celebrations, there's something for everyone

to enjoy. Follow us on Facebook to see more of the fun our residents are having - and how your life could look here!

A vibrant retirement is found in socializing and fun experiences

- but also in having your needs met. Our team at Suzanne Elise emphasizes quality care, evident in our recent achievement of the 2024 Customer Experience Award from Pinnacle Quality Insight. This prestigious accolade is endorsed by the experiences of residents and their families. It's a testament to the genuine care and dedication that sets Suzanne Elise apart in the realm of senior living.

Your vibrant retirement is here at the Oregon coast with a long-tenured team, quality care, and fun experiences. Join us for Sassy Seniors Tea and a tour! Call 503-738-0307 to schedule.



101 Forest Drive in Seaside, Oregon
(503) 738-0307 | SuzanneElise.com

Follow us on Facebook to see how our residents are enjoying retirement.



Experience Vibrant Senior Living at the Oregon Coast

This is Senior Living at Suzanne Elise

- Experience modern living in newly remodeled community
- Enjoy the comfort of familiar friendly faces from our long-tenured team and management
- Savor the joy of retirement with vibrant activities, including a resident favorite, Sassy Seniors Tea

Quality Care

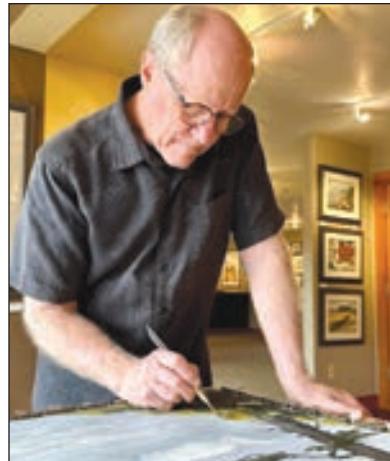
We're proud to deliver award-winning customer service! This award is based on experiences of our own residents and their families, showcasing how highly they value our care.

Join us for Sassy Seniors Tea and a tour!

Jeffrey Hull To Release New Work During Spring Arts Festival

Local seascape artist Jeffrey Hull will release new original watercolors, oils and giclee prints during the 24th annual Spring Unveiling Arts Festival in Cannon Beach, May 3-5. A city-wide celebration of the arts, the festival offers visitors the opportunity to see the latest work by featured artists in local galleries and Hull has been busy in his studio painting new work in preparation for the event. The gallery will host unveilings and receptions throughout the weekend.

Jeffrey Hull has been painting for over five decades and displayed his work in other local galleries before opening



Jeffrey Hull

his own space on the second floor of Sandpiper Square in downtown Cannon Beach in 1987. His deep love for the

coastal Pacific Northwest is evident in his seascapes, which feature wind-sculpted trees, crashing waves and rugged cliffs layered in coastal mist. Primarily self-taught, Hull worked primarily in the difficult medium of watercolor for many years but decided to add oils back into his repertoire about 15 years ago. He has painted over 2000 original works in his career (so far) and is a member of the prestigious American Society of Marine Artists. His work has earned several accolades at the annual juried Maritime Art Exhibit at the Coos Art Museum over the years, as well as multiple People's Choice awards during



Eventide by Jeffrey Hull

Cannon Beach's former Plein Air & More festival.

Visit hullgallery.com for more information.

DragonFire Gallery - Spring Unveiling Arts Festival preview

Join us over the Spring Unveiling Festival weekend for a dynamic group show - Being Human - featuring some twenty DragonFire artists, all interpreting the human form in a wide array of aspects, environments and media.

Participating artists include Aliza, Breezy Anderson, Wendy Givens, Chuck Gumpert, David Gutschmidt, Deb Houston, Bev Jozwiak, Roberta Lampert, Virginia Leonnig, Mandy Main, Elena Markova, Trifon Markov, Nancy Norman, Michael Orwick, Anton Pavlenko, Linda Petersen, Joanne Shellan, Harold Walkup, and Cheryl Waale.



The Thinker by Bev Jozwiak

DragonFire schedule highlights

• Friday, May 3

4 p.m. - 6 p.m. Meet group show artists and see the unveiling of new garden glass designs from Andrew Holmberg. Enjoy wine & chocolate,

and live music.

• Saturday, May 4

Time to be Announced: The anticipated unveiling of new work takes place.

11 a.m. - 3 p.m.

Participating group show artists will be demonstrating their artistic process and answering questions.

4 p.m. - 7 p.m.

Artist reception with appetizers, wine, and live music provided by Jason Okamoto.

• Sunday, May 5

11 a.m. - 1 p.m. Artist Reception with lite bites.

Dragonfire Gallery

503-436-1533
123 S. Hemlock St.
P.O. Box 1010 Cannon Beach, OR 97110
Visit our website:
Dragonfiregallery.com

Storytelling in Cannon Beach with Peter Lindsey and Friends

Stop by the Cannon Beach History Center & Museum on Wednesday, March 13, at 4 p.m. for a potluck community gathering and benefit night featuring local Cannon Beach historian, Peter Lindsey. Peter will be joined by some long-time Cannon Beach locals, and they will share stories and memories of their time spent in Cannon Beach. Those that are attending are welcome to bring their favorite food dish to share for this potluck event.

Attendees will also get the opportunity to support Lindsey with a donation to help get his cherished book, 'Comin' In Over the Rock' reprinted. Lindsey's charming book shares the anecdotal history of Cannon Beach from Lindsey's perspective of living here for over 60



Peter Lindsey

years and has garnered widespread enthusiasm from all over the Pacific Northwest and beyond.

While this event is free, donations are strongly encouraged. All donations received from this event will go to Peter Lindsey towards the reprinting of his book, 'Comin' In Over the Rock'. Join us for this benefit to help support

one of Cannon Beach's most beloved authors.

This event will be held at the Cannon Beach History Center & Museum, located at 1387 South Spruce Street, Cannon Beach, Ore. Seating for this event is at a limited capacity of 50 people, however people are welcome to stop by to donate. This lecture starts promptly at 4 p.m. on Wednesday, March 13, at 4 p.m. Parking for this event is extremely limited and it is encouraged to arrive early to find parking.

This event is part of the Cannon Beach History Center & Museum's John Williams Lecture Series that occurs every February through June. For more information about this event, visit www.cbhistory.org or call 503-436-9301.

Hoffman Center for the Arts

Hoffman Center for the Arts is located at 594 Laneda Avenue, Manzanita.

Writing to See Ourselves: A Generative Workshop with Major Jackson

- Saturday, March 2, 9 a.m. to noon

Poet, author, editor, and teacher Major Jackson will present a series of writing exercises to spark the process of bringing pen to paper. Through the course of the workshop, participants will receive inspiration to write from their own experiences and authentic poetic voice. In this space, the act of writing allows one to reflect an expanded view of oneself, as well as how we see each other.

March Gallery Exhibition: Works by Keri Rosebraugh and Anna Daedalus

- Exhibit-Thursdays-Sundays, Feb. 29-March 30, noon-5 p.m.
- Opening Reception March 2, 3 p.m.-5 p.m.

Future Memoirs of Water focuses on the interdependence between humans and water. This body of work explores the concept that water retains memory. As water echoes the life around it, life also mirrors water. Water is a portal between the form and formlessness, celebrating the idea that we are all one.

Originally from Tigard, Oregon, Keri Rosebraugh spent much of her childhood at the Oregon coast between Manzanita and Nehalem, where her grandparents lived, her father was born and her relatives still reside. She attained her MFA in Florence, Italy and currently lives and works in Marnay Sur Seine, France and Pasadena, California. In 2023 she was honored with a solo exhibition at the Royal Nebeker Gallery in Astoria, Oregon where her 12 foot sculpture



Enfolded Autumn Swamp by Anna Daedalus

Trantler is on permanent display. Her artwork has been exhibited in City Hall in Paris, France, the Natural History/State Darwin Museum in Moscow, Russia, the Group Global 3000 Gallery for Sustainable Art in Berlin, Germany as well as the Galleria Jardino in Milan, Italy

Anna Daedalus is a multi-disciplinary artist whose practice spans photography, installation and book arts. Her solo and collaborative work has been exhibited throughout the Pacific Northwest, including SOIL Gallery in Seattle, Littman Gallery at Portland State University, and Schneider Museum of Art in Ashland. Private collections include SF MOMA Library, the Beinecke Library at Yale University, and Bancroft Library at UC Berkeley. Anna and her artist husband, Kerry Davis, co-founded Roll-Up Gallery, an erstwhile contemporary exhibition space in Portland. They now live and work perched above a Sitka spruce swamp near the mouth of the Columbia River in Wahkiakum County, Washington. annadaedalus.com. Featured in this exhibit, Enfolded is a photographic-based series which employs folding, sculpting and re-photographing to mimic the sheltering concavity of riparian hollows, wetland and woodland. Drawing on deep ecology and phenomenology, the pieces are meant to invoke a restfully attentive and intimate embrace with nature.

Learning to See: Life Drawing Exercises for Beginners with MJ Anderson

- March 9, 1 p.m.-5 p.m.

Local artist MJ Anderson will share her knowledge and provide

guidance on how to train your eye and hand in seeing composition and form. In the vein of classical training, we will practice several different approaches to drawing from a nude model. Bring large format newsprint or large sketchbooks, charcoal, pencils, and other materials you feel comfortable working with. Easels and drawing boards provided.

Beyond Beginner - Wheel Class with Janice Gaines-Ehlen

- March 22 - April 26, 2 - 5 p.m (no class on April 19)

This 5-week class will help you reach the next level in your wheel throwing. Along with perfecting your centering, you will explore a variety of shapes, including bowls and other unique forms, and practice the art of trimming to make your pieces shine. The small class size provides maximum time for 1:1 coaching and practice.

Stamp Collecting: Writing the Memoir, Bit by Bit, with Natalie Serber

- Saturday, April 6, 9 a.m. to 1 p.m. via Zoom
- Saturday, April 20, 9 a.m. to 1 p.m. in person

Do you think in lengthy narrative strands, elegantly formed with a beginning, middle and an end? I don't. I flit from image, to feeling, to recrimination, to joy. Light flickers over my memories, both happy and hard. I call these messy memories 'stamps,' events or moments that imprinted upon me in unshakeable ways.

In this workshop we will write short pieces from our lives using storytelling techniques to enliven specific moments that changed us. We won't be writing anecdotes, the funny stories we may tell a friend over coffee, or a seatmate on a long flight. We will be writing the stories from our lives that haunt us, with joy, and sorrow, and growth. Finally, we will look at how to arrange these stamps from our lives into a longer narrative that tells the complex story of us.

Tillamook Library Events

Lots and lots of events will be springing up at your local library in March and April! Here are some of them:

Cheryl Gill, author of the book *A Very Simple Estate Planning Guide*, will give an estate planning presentation at the Tillamook Library on March 2nd at 1 p.m. Cheryl will go over everything you need to know to take the confusion out of preparing and moving forward with a plan to protect what matters to you the most.

Local author Bill Gibson will speak about his book *In Pursuit of the Wind* at multiple library locations in March. The novel is based on the exploits of his great-uncle, Roy Warner, who was an airline pilot prior to World War II. Mr Gibson will be at the Rockaway Beach Library on March 2 at 3 p.m., the Pacific City Library on March 6 at 2 p.m., and the North Tillamook Library in Manzanita on March 14 at 2 p.m.

Sharlys Dugan, an award-winning Irish harpist, will be performing at the Tillamook Library on March 16 at 2 p.m., at the Garibaldi Library on March 30 at 11 a.m., and at Rockaway Beach Library on April 27 at 11 a.m. Come listen to Irish music, get up and dance, sing songs, and learn about Irish culture!

The musical group **Brownsmead Flats** will perform a free concert at the Tillamook Library on March 23 from 3-5 p.m.

Come enjoy traditional and original songs in the Crabgrass tradition (bluegrass with a maritime flavor) as the popular band celebrates 40 years of playing music together!

Shred Northwest will bring the Shred-it truck for

a paper shredding event at the Tillamook Library (Third and Stillwell Street parking lot) on April 6 from 11 a.m. - 2 p.m. Just in time for spring cleaning your home office.

Oregon Master Naturalist, Marilyn Ellis will give a presentation on Owls of the Pacific Northwest at the Tillamook Library on April 13 from 2 p.m. - 3:30 p.m. Join us for a wondrous 90-minute adventure filled with beautiful images and videos into the mysterious world of owls.

Lisa Lynne and Aryeh Frankfurter will be returning to the Tillamook area to perform at Pacific City and Tillamook libraries in April. Lynne and Frankfurter are a multi-instrumentalist duo with Celtic Harps, Swedish Nyckelharpa, Ukrainian Bandura, Bouzouki, and more. They will be playing a concert at Pacific City Library on the 19th at 2 p.m., and will offer a harp workshop and concert at Tillamook Library beginning at 11 a.m. on the 20th.

Tom Swearingen, author and national award-winning Oregon Cowboy Poet, will be at the Tillamook Library on April 27 at 1 p.m. to perform "Rhyme 'Em Cowboy! A program celebrating National Cowboy Poetry Week. Come hear Tom bring his stories to life with rhythm and rhyme and a style that makes him a popular performer.

Be sure to sign up for the library's newsletter at the library website (<https://www.tillabook.org/library/page/newsletters>) and follow us on Facebook and Instagram to learn about more upcoming programs and services.

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Cannon Beach Arts Association support the local arts through exhibits, education, and events

By Chelsea Yarnell

In 1986, the Cannon Beach Arts Association (CBAA) was founded with the intent to bring a wide variety of programs to members of the community and to visitors to the Pacific Northwest coast. CBAA's gallery space is located in mid-town Cannon Beach and serves as a dynamic venue for a wide array of artistic expressions, such as painting, sculpture, photography, and mixed media.

CBAA curates nine rotating exhibitions annually, providing a platform for both emerging and established artists in the area to showcase their work.

CBAA's next upcoming exhibition, "Travelers," is set to debut on Feb. 23, and will be on display until March 24. This exhibition will shine a spotlight on the exceptional talents of



Cannon Beach Arts Association supports local arts through exhibits, education, and events. Art exhibits are often opened with a community reception.

artists Michael Spence, Adrian Woods, Tracy Leagjeld, and Donna Stevens. An exhibition's opening reception will be hosted on Feb. 23 from 4:30 to 6:30 p.m.

Artists who are interested in exhibiting are encouraged to submit proposals for the exhibit program. Include digital images of your artwork as well

as a written description of proposed exhibit and email that information to info@cannonbeacharts.org. The Gallery Committee reviews artist's packets as they are received throughout the year.

Along with group exhibition, CBAA hosts "Open Call" exhibitions. The next open call is: "In the Moment," and open to artwork that incorporates the theme of being in the present moment. The deadline to submit for this show is March 13.

CBAA also offers individual artist grants of up to \$2,000 annually. This opportunity serves as a valuable means of support for artists seeking financial assistance for their creative projects, the deadline for applications is Oct. 1.

In addition to its role as

a gallery, the CBAA takes pride in coordinating various community events and art-focused activities. These include arts workshops, speakers, and special events such as the upcoming fisher poets gathering, Feb. 25 starting at 4 p.m. This event will showcase talented poets sharing songs and poetry inspired by fishing and maritime communities.

Another one of the CBAA's signature events is the annual Summer Art Camp, a cherished tradition that takes place in Cannon Beach every July. The camp offers a range of hands-on art classes and activities, providing children and teenagers with the opportunity to explore different mediums, develop their skills in a supportive and nurturing environment.

CBAA is guided

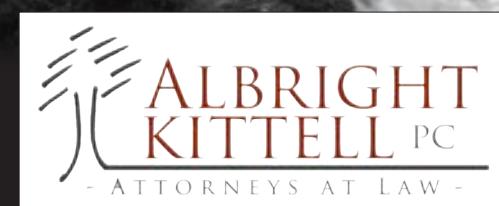
by a dedicated and passionate board of directors, President Bob Kroll, Vice-President Marcia Zegar, Treasurer Lila Wickham, Secretary Frankie White, and members Nancy Kroll, Loni Sanders, Tom Grogg, Terri Neal, and Margie Norton. Together with the committed staff, including Gallery Program Director Summer Peterson and Sales Director Scott Johnson, this group of Cannon Beach community members plays a vital and integral role in upholding the association's mission, vision, and values. As

CBAA strives to enrich programming, they are continually seeking volunteers and gallery docents. It's also a great place for retired folks to get involved in the arts and local community. If interested in contributing, visit the CBAA gallery or explore cannonbeacharts.org for further information.

The Cannon Beach Arts Association + Gallery is located at 1064 S Hemlock St., Cannon Beach. Winter hours are Wednesday - Sunday from 10 a.m. - 4 p.m. Summer Hours are 10 a.m. - 4 p.m., seven days a week beginning in May.

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Cannon Beach Arts Association is located at 1064 S. Hemlock St. Cannon Beach. Photos courtesy of Cannon Beach Arts Association

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