

Seeking solutions for Tillamook County's ongoing housing crisis

Problem driven by low wages, lack of affordable housing and divided market

Cody Mann

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Amid the wider housing crisis in Oregon, Tillamook County's divided and aging housing market threatens local livability and economic vitality. Housing for year-round residents remains slack while seasonal housing is crowding out long-term rentals.

At the center of the crisis are low wages and a lack of affordable housing. While those at the bottom and middle are most affected, the housing crunch hits every demographic. Land scarcity and other factors such as permitting processes encumbered by environmental regulations means an inadequate housing stock for the area.

To address the problem, Tillamook County Commissioner Bill Baertlein formed a housing task force with key partners CARE, Inc. and the Tillamook County Creamery Association. Work began in 2015 with a study that was primarily funded by the Creamery Association. Additional studies followed.

A 2017 housing task force report titled "Creating a Healthy Housing Market for Tillamook County" outlines two distinctive elements of the area's housing market – coastal and interior. The coastal market is strong, featuring newer, more expensive homes. The interior market is weak and needs revitalization. Not a new are forced to find interior market housing, where they compete for need against typically low-paid agriculture workers and middlewage earners such as education and healthcare employees. The pressure is compounded by numerous vacation rentals, and proximity to Portland adds a high demand for second homes in Tillamook County.

The absence of housing drives up the number of workers living outside the county, and leaves others paying more than they can afford. Either choice makes it harder to build the workforce in Tillamook County and harder for companies to build stable staffs. As the housing task force report said, "those with the least money have fewer housing choices and travel disproportionately further for work."

Complicated geography and environmental protections add to a scarce land supply in Tillamook County, but the 2017 report said urban growth boundaries have helped preserve the area's rural character and its sustainable agriculture sector, particularly dairy farming. The environmental protections and boundary constraints still limit the land supply, which may increase development costs or reduce interest altogether.

Housing mobility is also limited in Tillamook County. Those who wish to relocate within the county face economic and market challenges, resulting in low levels of housing turnover. Demand is strong enough to keep the vacancy rate low, but not strong enough to spur development, especially **MORNING STAR**



The light was just right for Shannon DeJean when she made this photo at the Tillamook Creamy. The image was shared widely on social media and gained many compliments.

Tillamook adopts resolution adjusting sewer rates for industrial customers

Hilary Dorsey

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Tillamook City Council A adopted during their March 2 meeting Resolution 1808 - a resolution adjusting City of Tillamook ewer rates for significant industrial users and amending Resolution No. 1722. This resolution came at the request of Pelican Brewing. A review of the city's sewer rate, as it pertains to industrial users consuming large quantities of water that are converted into product instead of being discharged to the wastewater system, was requested by Pelican Brewing in a letter dated May 27, 2019. Čity staff reviewed their request for a rate which was not based on water consumption with the city's public works committee in order to determine the willingness to consider such alternatives. The committee indicated its willingness, provided that the city is able to continue to provide the level of service that complies with the standards of the Department of Environmental Quality (DEQ), is able to be applied to all similar uses and does not burden other sewer users.

After analyzing the cost of consulting, monitoring, supervision

also set up a mechanism for having a permit process. There would be significant savings for industrial users, such as Pelican Brewing.

"What they're looking for is an alternative to the rate system they currently have," Wyntergreen said of Pelican Brewing.

issue, housing concerns have been mounting for at least a decade.

The two markets are not isolated. High-end seasonal properties at the coast drive tourism, an industry that relies on low-wage service workers. Those workers

See HOUSING, Page A3

Those with the least money have fewer housing choices and travel disproportionately further for work"

- Creating a Healthy Housing Market for Tillamook County, 2017

and inspections required by a Significant Industrial User (SIU), and upon presentation of the analysis and recommendations for treatment of SIUs and an alternative methodology for charging sewer rates known as Sewer Discharge Based Billing, the public works committee recommended a rate modification at its Feb. 11 meeting. The need for a pretreatment permit fee and an alternative sewer rate was endorsed by the Tillamook City Council.

City Manager Paul Wyntergreen said this resolution would involve looking for alternatives to the rate system, allowing for an alternative rate for outflow. This would be an addition and does not change any of the other sewer rates. It would Wyntergreen said what the city charges now is sewer rates over ratio of water usage. In an industry that uses a lot of water in a product, there isn't a max between the intake and outflow. He said this resolution would set up protocols and makes sure outflows are directly read.

"In this significant industrial user that has a flow meter on the outflow side of things, this allows for an alternative rate that ties directly to the outflow," Wyntergreen said.

Ken Henson, co-owner and director of food and beverage at Pelican Brewing, said they dealt with their consultant for a fair amount of time on it. He said they will look to see how it works out.

New COVID-19 cases reported in state

Oregon Health Authority (OHA) confirmed seven new presumptive cases of novel coronavirus, COVID-19, on Sunday, March 8. OHA announces actions it is taking to slow the spread of the virus and protect Oregonians, in response to Gov. Kate Brown's emergency declaration.

"We are prepared to activate an unprecedented state and private effort to contain the spread of COVID-19 in Oregon by focusing specifically on at-risk popula-

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Sports	. A10



tions," said OHA Director Patrick Allen in a press release. "We want to protect Oregonians at greatest risk of the most severe outcomes of this disease, including older adults, people with underlying conditions, people who are homeless and those who are vulnerable in other ways."

Allen said the emergency powers Brown authorized March 8 gave OHA more freedom and flexibility to take specific actions to contain the outbreak. These actions include:

• Finalizing agreements with major hospital systems to expand locations where COVID-19 tests can be conducted safely.

• Preparations to mobilize Oregon's medical reserve corps to provide emergency support for vulnerable populations.

• Expanding telemedicine so patients can be screened, evaluated and treated by health care providers without coming into a clinic or hospital emergency department.

• Convening providers who serve older adults and vulnerable populations to mobilize an aggressive outreach and prevention strategy to protect at-risk people. • Seeking additional funding to support Oregon's response efforts.

Oregon's new COVID-19 cases bring the state's total number of those who've tested positive for the virus to 14. Of the seven new cases, one is in Douglas County, one is in Marion County and five are in Washington County.

"The individuals whose test results we are announcing today are recovering at home or getting the care they need at a hospital," Allen said in the release. "Contact investigations have begun to identify and isolate anyone who may have been in close contact with these new cases."

Four of the five new cases in Washington County were contacts of the county's first three cases and had been under monitoring. The county's fifth new case had no known contact with a confirmed case. The person also had not traveled from a country where the virus is circulating. Therefore, it is being investigated as a community-acquired case.

The Marion County case had no previous contact with a confirmed case and is suspected of being community spread. The Douglas County case is being investigated as a community-spread case.

The county case count on Wednesday was as follows:

- Jackson: 2
- Klamath: 1
- Umatilla: 1
- Washington: 8
- Douglas: 1
- Marion: 1

Public health experts at the OHA and education officials with the Oregon Department of Education and the Higher Education Coordinating Commission issued on March 8 guidance and best practices from public health experts to schools, colleges and universities for decisionmaking concerning the virus.

Tillamook County's Emergency Management Director Gordon McCraw said, "We under-

Image: CDC





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Multiple agencies respond for medical rescue

CPR and an Automated External Defibrillators (AED) were used during a medical rescue Sunday, March 8, according to a report from Tillamook County Sheriff's Office (TCSO).

At around 2:52 p.m. Tillamook County Communications District 911 received a call from a residence for a medical issue, a 62-year-old woman who was down, unresponsive and not breathing.

Nestucca Rural Fire Protection District responded as well as TCSO Deputies Andy Christopherson and Ben Berger, who were in the area. The ambulance had an extended response time.

On arrival, a Nestucca firefighter John Eckhardt



and Christopherson performed CPR for 10 minutes. Nestucca Fire Captain Mickey Hays applied and used an AED to deliver

several shocks to the patient and restored a pulse and n breathing before an ambulance arrived. Deputies assisted the fire department in blocking Sandlake Road and Life Flight responded and picked up the patient, flying her to Salem Health for treatment.

Grindstone Road search and rescue operation

A California man was rescued after calling for help when his vehicle slid off a road, according to a report from Tillamook County Sheriff's Office.

At around 8:10 a.m. Monday, March 9, Tillamook County Communications District 911 received a transferred call from the man, who was staying at the Hollywood OHV Campground. He had decided to go exploring in his 2008 white Toyota Highlander Sunday and Google Maps reportedly sent him over Grindstone Road to get back to the Trask.

The road became precarious and he slid off the road in the mud on Grindstone Road. The following morning, he walked until he was able to get cell service and called for help. The man was located using GPS coordinates.

Search and Rescue units reached him Monday at around 10:30 a.m. and arranged a tow to help extricate



Photo: Tillamook County Sheriff's Office

his vehicle. He was not injured. Tillamook County Sheriff's Office was assisted by Tillamook 911, YCOM, and Menefee Towing.

Virus

Continued from Page A1

stand that Tillamook County residents are concerned about the coronavirus and it's continued spread



El cáncer colorrectal es la 2^{da} causa

throughout the state and nationwide. We want to assure our residents that Tillamook County Community Health, Adventist Tillamook and Tillamook County Emergency Management and others are working together and coordinating preparedness efforts in response to this issue."

Marlene Putman, the Tillamook Health Department Director added, "We encourage all residents who are concerned to visit HealthOregon.com/Coronavirus for the most up to date information on the coronavirus in the state. If you are having symptoms will appear in the school communities," said Dr. Dean Sidelinger, OHA state health officer. "We want schools and universities to know there are steps they can take to prevent infection and keep students safe, healthy and learning in the classroom."

The guidance recognizes that the instruction schools and universities provide is vital to student well-being. The recommendation gives schools tools to prevent COVID-19 transmission and maintain a normal learning environment for students and staff.

Among the measures

illness from COVID-19:

older adults; people who have severe chronic medical conditions like heart, lung or kidney disease. She said older people are older people are twice as likely to have serious COVID-19 illness.

Hargunani recommended older adults and people with underlying conditions take the following steps to stay safe and healthy:

•Minimize contact with people who may be ill.

•Avoid large public gatherings.

•Order prescriptions by mail.

•Take daily precautions: wash your hands frequently, don't touch your anywhere on your face and clean surfaces.

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H4881

such as fever, coughing or difficulty breathing, we ask that you contact your healthcare provider first by phone and follow their instructions."

At this time, the guidance recommends against closing schools and campuses where no cases are present. It also recommends that schools, colleges and universities consider all alternatives before closing in the event that a COVID-19 case is detected among students or staff.

"We know many parents, students and educators are worried that COVID-19 that educational institutions should consider are increasing the frequency of handwashing for children, youth and adults/ cleaning high-touch, high traffic area within schools frequently, and screening for illness among students, staff and visitors.

Oregon residents who would like more information on COVID-19 can call 211.

Dana Hargunani, M.D., chief medical officer at OHA, says the Centers for Disease Control and Prevention has identified people most at-risk of severe

Most people with COV-ID-19 have mild symptoms. If you are feeling sick with mild symptoms and do not need to seek medical care, stay home while you recover. If you are sick and plan to seek care, please call before going in for care so arrangements can be made to prevent exposing others. For urgent medical needs, call 911; be sure to inform them if you have been exposed to anyone with COVID-19.

ADULT GARDENING CLASSES SEED TO SUPPER

Grow food on a budget! Seed to Supper is a free six-week course that gives novice adult gardeners the tools they need to successfully grow their own food.

Participants will learn low-cost ways to build healthy soil, plan growing spaces, choose crops, care for a growing garden, and harvest fresh produce!



Manzanita Library Thursdays 5:30 - 7:30pm March 19th - April 30th (no class April 9th)

n Wednesdays 5:30 - 7:30pm March 18th - April 22rd Stay tuned for possible Saturday classes

Pacific City Library Tuesdays 5:30 - 7:30pm March 17th - April 21st

To find out more, or to register for the class, visit foodrootsnw.org/seed-to-supper or contact Food Roots at 503-815-2800.



Registration is required. We ask that participants commit to all class sessions.

This program is presented as a collaboration between Food Roots, the OSU Extension Master Gardeners, and the Tillamook County Library.







Business Oregon awards \$65K to Tillamook Coast Visitors Association

Business Oregon, the state's economic development agency, recently announced investments in 10 rural community projects throughout Oregon under the Rural Opportunities Initiative, including \$65,000 to the Tillamook Coast Visitors Association.

The Rural Opportunity Initiative (ROI) is an initiative that works with communities to cultivate local environments that support entrepreneurs and small businesses. Through financial support, innovative partnerships, network expansion, and access to business development resources, ROI helps strengthen

and consolidate entrepreneurial support within and across Oregon's rural communities.

"We piloted this program with four communities in 2015, to empower local rural leaders to create and implement collaborative strategies that elevate entrepreneurship in rural economic development," said Business Oregon innovation and entrepreneurship manager Kate Sinner, in a press release.

"We didn't want a cookiecutter program. Oregon is made up of a collection of unique regional economies, and this program now has a track record of working with

communities to stand up what works for them," Sinner said.

ROI is designed to be proactively inclusive and community driven. The program empowers local leaders to define and implement collaborative strategies that elevate the role of entrepreneurship in rural economic development. It's ultimately about enabling entrepreneurs to create rural businesses that in turn bolster rural economies.

In 2017, Business Oregon expanded the successful pilot to eleven communities across the state, distributing grants ranging from \$30,000 to \$80,000 to fund projects

as diverse as establishing a short-haul truckers co-op in eastern Oregon to helping develop a local foods movement to support small fishers, farmers, and restauranteurs on the Oregon coast.

Although differing in approach, each ROI project reflects a commitment to serve the diverse needs of local entrepreneurs using strategies that build local capacity and strengthen the local entrepreneurial ecosystem.

The following projects applied for the recent round of funding and were chosen to receive the grant awards by a grant committee. Business

Oregon will solicit additional applicants for the next round of funding the fall of 2021. The Oregon State Legislature has allocated \$750,000 to ROI for the 2019-2021 biennium. The following projects will

be funded in this round: **Tillamook Coast Visitors** Association \$65,000

Project expands on previous ROI project, and funds

market analysis of regional distribution center. This is a pilot project to test viability, and some marketing to increase product visibility and entrepreneur participation. ROI will fund a study for food hub distribution, outreach to users and partners, and public relations effort to grow cus-

See BUSINESS, Page A8



Housing

Continued from Page A1

in the low- and mid-market price ranges.

The housing task force report cited "tired-looking housing stock" as a critical aspect, weakening confidence in would-be investors or developers considering the area. Too many homes are not well-maintained because of absentee landlords, dissatisfied but stuck homeowners, low-wage households lacking resources, and discouraged owners who see low standards around them.

According to a 2019 Tillamook County Community Development Department housing needs analysis, the county population grew consistently for the past 20 years, though Tillamook expanded only half as fast as the state average. There were 2,890 new dwellings built from 2000 to 2017. It's projected that 2,603 new units are needed by 2040, with significant preference towards long-term housing over seasonal and shortterm

Tillamook County hovers around a zero-percent vacancy rate for long-term rental units, compared with a more typical rate of 4-5 percent found in most Oregon cities. Around 22 percent of Tillamook renters spend

income on rent, according to 2018 data, and the number of rent-burdened residents has been climbing for the past decade.

more than 50 percent of their

Sarah Absher, director

Number of housing units: 18,789

11,481 nonseasonal (year-round/long-term housing), 7,308 seasonal (second homes, short term rentals) 77.6% single-family detached, 6.5% townhomes/plexes, 4.3% multifamily, 11.6% mobile home and other

Median home sales price: \$323,000

Tenure of nonseasonal units: 31% renteroccupied, 69% owneroccupied

Median gross rent: \$831, \$736 Tillamook

City Nonseasonal vacant units: 2%

of the Community Development Department, said Tillamook County was the first on the coast to designate a housing coordinator. Jake Davis was hired for the job of bringing together all of

le enratethe

the interested parties and to help plan a way out of the housing crisis. He was hired as the 50-page housing needs analysis was wrapping up and he looks forward to acting on that report.

Davis said downstream effects of costly rents and limited supply are clear to employers – it's harder to find local employees. He said around 20 percent of Tillamook's workforce commutes 50 miles each way every day. That's two hours of family or personal time lost to the worker, and untold revenue leaked out of the county as people eat and shop across the border.

Sagging construction statistics that haven't bounced back to pre-recession levels are part of the problem nationwide and locally, according to Davis. He also said a trend of increasing home sizes is limiting opportunities for those seeking starter homes or affordable housing.

"There are so many people who want to be here; there's a lot of economic opportunities and businesses that are trying to thrive here," Absher said. "It comes back to the question of how we meet everybody's needs, and because we have seen big change in multiple areas of our county, I think that we've had a hard time keeping up with meeting those needs."

According to the housing needs analysis, a new 1,788

404 buildable acres. It's estimated there is more than 600 buildable acres in the cities of Tillamook County, though not ever city has produced a land inventory. There are 2,000 acres of buildable residential-zoned land in the unincorporated areas in the county.

"Suffice to say, we have enough buildable land to meet our need, but the reality of developing those lots in terms of financing, engineering, etc. makes it more complicated than that,' Davis said.



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The 2020 five-week legis-



LETTERS TO THE EDITOR

Brush hog

On Sunday morning I was shocked to see the county road department using a brush hog (vertical rotor mower) destroying the trees and other vegetation along Whiskey Creek Road. As the owner of a vacation rental I try to impress visitors with the beauty of the area. As one neighbor said, "It is nice to see around corners, but it sure does look rough as a cob... The ugly massacred limbs of the trees won't go away anytime soon." As a certified arborist, I can add that the jagged, splintered limbs are also one of the worst things you can do to a tree since they provide an entry point for fungal decay that overcomes the tree's natural defense system.

Our guests are charged a 10 percent lodging tax that I understand is supposed to be used to benefit visitors and residents through tourism. Making our scenic roadsides look like a tornado went through is no way to do this. I understand that unless the county stops this project, the destruction is even scheduled to go up past Cape Lookout State Park.

Instead of the butchering effects of a brush hog, why not use prison labor, the unemployed, or a contractor to do the clearing but to do it right, at least by pruning limbs with a saw. Let's put a higher value on our trees and our scenic resources than is evident by this awful method of roadside clearance.

Fri

Jim Fazio

GUEST COLUMN

Accurate information requires public records

Open Oregon

If Oregon and the nation needed a reminder of the importance of accurate information, the outbreak of COV-ID-19 provided it. The spread of the novel coronavirus spawned a parallel, equally contagious flare-up of false facts, opportunistic scams and well-intentioned-butwoefully misguided advice on social media platforms such as Facebook, Twitter and, in particular, the messaging system WhatsApp.

Fortunately, public officials in Oregon, with the help of the media, were able to disseminate timely information, even before the first coronavirus cases were reported. Since then, journal-

Sun

ists, health care activists and others have been requesting additional data and documents from public agencies in an effort to inform, rather than panic, the public.

At issue was the "Cap and

The health scare is an example of why in this era of disinformation and divisiveness, Oregonians are nearly unanimous in their desire to have accurate information about our government, from city hall to Mahonia Hall.

In return for our money and trust, government needs to make public announcements, conduct meetings in public and provide public records. Most of the time, public officials do that so well that it's boring.

But when they don't, we Oregonians notice. And we

Tue

been used four times in the past year to protest school funding, vaccinations, firearm storage, climate, and in one case because members did not want to work through a scheduled evening floor session. Awkwardly, absent members continued to be paid and even receive a daily per diem to cover costs of being in Salem.

Issues aside, we are seeing a complete breakdown in our democratic institutions. One journalist called it a "national embarrassment".

I supported Cap and Trade. Here at the Coast we see the immediate effects of climate change in our shellfish industry, delays in the crabbing season, declining salmon runs in our warming streams, shoreline erosion, and longer, hotter, more

fire-vulnerable summers. We owe it to ourselves, our kids and our grandkids to take action.

At the same time, my efforts have always been to listen to all sides, seek compromise, and move toward the center. I proposed or supported amendments to the Carbon Bill. They include specific references to the coast for disbursement of climate investments; tax reductions in communities where fuel costs are increased by the need to drive further; exemptions for fuel used in our fishing fleets; offsets to energy costs for heating or agricultural production; and carve-outs for mills using best available technology.

See SESSION, Page A7

don't like it.

In 2015, Gov. John Kitzhaber resigned after First Lady Cylvia Hayes was accused of influence-peddling. When journalists asked for records to check her use of public time, money and resources, the governor tried to stop their release.

So, when Gov. Kate Brown was sworn in, she vowed to make transparency a top priority. In 2017, the first legislative session after the scandal, the legislature passed the state's most comprehensive public records law reform since the Nixon era. A key component was the creation of the Office of the Oregon Public Records Advocate - a professional who would offer open government training, guidance and mediation across the state.

Optimism was high. But it was short-lived. In September of last year, the advocate announced she was resigning over the pressure she felt to put Gov. Brown's interests above the public interest.

A bill to make sure that doesn't happen again is awaiting a vote in the legislature now.

That's not exciting to most people. Oregonians may not care about public records law - but they care about the results of it. And Sunshine Week, organized by the Reporters Committee for Freedom of the Press, is a good opportunity to remind



written by newsmakers, public officials or organization representatives. These can run a little longer in length.

Weather Forecast

Sat



ABOUT US

Wed

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Mon

Should cap and trade go to the voters?

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No	33			
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Check out next week's poll at TillamookHeadlightHerald.com

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Because of space limitations, shorter letters have a better chance of being printed. We may edit your letter for style, grammar and clarity, although we do as little editing as possible. Letters longer than 350 words will be edited.

Thank you letters are limited to mentioning individuals and non-commercial organizations. Letters received after noon on Friday may not be in time for the following

Wednesday's paper. We also encourage your longer, guest editorials. These might be columns

To verify authenticity, all guest opinions must be signed and include your address and daytime phone number. We won't print your street address or phone number.

Submissions may be sent in by:

- Email: Editor Joe Warren at jwarren@countrymedia.net
- Mail: Headlight Herald P.O. Box 444, Tillamook, OR 97141
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OPINION

GUEST COLUMNS

Rebutting opposition to cap and trade

Victor Affolter

Cap and trade-or alternatively cap and invest—is intended to address human causes of global warming by a progressive capping of greenhouse gas emissions and imposing a cost on resulting pollution. The aim is to encourage companies to pollute less and to use more efficient technology or rely more on renewable sources of energy. The substantial disagreement on the costs and benefits of SB 1530 is discussed below.

Oregon's constitution requires that a two-thirds majority of the 30-member Senate must be present in order to conduct business. including voting on bills. With there being 12 Republican members of the Senate, two would have had to be present. Only one showed up: Sen. Tim Troop of Bend. That put all pending legislation on hold-with the possibility of not being acted upon this legislative session. This isn't just about SB

1530. With this year's

legislative session ending on March 8, there is a host of bills, most with strong bipartisan support, that the Republican walkout may prevent being acted upon. Among them are those that provide appropriations for mental health, wildfire prevention and homelessness; that would expand an urban growth boundary to enable the creation of additional affordable housing; that provide much needed additional protection for foster children sent to live in out-of-state institutions; and that would protect users of insulin from unaffordable high pricesa bill that came out of the House by a 47-8 vote.

The walkout could also tie up \$12 million in Eastern Oregon flood recovery funds, particularly in Umatilla County where rapid flooding consumed hundreds of homes, damaged businesses and infrastructure, and killed one woman in early February. I wonder how the Republican legislators who represent that area rationalize the consequences of their walkout on their constitu-

ents.

The 11 Republicans who walked out represent just 36 percent of Oregon's population. The Republican House members who departed to places unknown the following day represent roughly that same population. The Republican's "my way or no way" exodus clearly imposes minority rule on our State Legislature. In the meantime they receive their full monetary compensation for serving as legislators.

Timber Unity's Mike Pihl's opinion piece, entitled "cap and trade is a bad idea" is intended to justify the walkout. His focus is on what he claims would have the greatest impact on the most people—that "if this bill passes Oregonians can expect their fuel costs to rise tremendously."

His justification is his claim that" "Under House Bill 2020 (my emphasis), the legislature's fiscal office estimated that gas prices would rise from 19 to 72 cents in the first year alone, with prices climbing higher as each year passes." He goes on to say: "Imagine that paying an additional 72 cents a gallon for gas alone."

A 72 cents increase in the price of a gallon of gas that might be caused by the passage of SB 1530 is something that can be imaged only by those who are dedicated to defeating that legislation. Note that Pihl's reference is to the possible effects of last year's HB 2020 ... not to this year's SB 1530. An editorial in the March 1 Oregonian entitled "Walkout ignores gains in cap-and-trade bill" notes that the many changes that address concerns about last years HB 2020, include exempting "much of rural Oregon from increases in gas prices."

This year's SB 1530 requires companies importing fuel into Oregon to pay for emissions those fuels will generate. The Salem-based Oregon Capital Bureau publication reports that SB 1530 could increase gas prices by about 20 cents per gallon

See **CAP**, Page A6

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Justin Aufdermauer Tillamook Area Chamber of Commerce

Picture this: you're basking in the warm Mediterranean sunshine. Before you, the Temple of Zeus towers above you, claiming its space as one of the Seven Wonders of the World. The Temple, as you know from the informative tour guide, was built in the second quarter of the fifth century

BCE on the ancient religious site at Olympia and dedicated to the god Zeus.

It's not every day you get to explore one of the Seven Wonders of the World – but that's not all you'll do that day. You will also visit the ancient Gymnasium and site where the first Olympic Games took place, and peek inside the Archaeological Museum of Olympia.

Oh, and did I mention that's just one day? Now picture 12 days of exploring not only Greece but Italy as well. Discover historic churches, winding canals, and picture-perfect piazzas; step inside the iconic St. Mark's Square; view the legendary Florence Cathedra; enter the massive Colosseum in Rome; and visit the Temple of Apollo where, according to legend, the gods once communicated with mortals.

If Venice, Rome, Florence, Athens, Delphi and Olympia are on your travel bucket list then you will want to join us for our next Chamber Travel Adventure in May of 2021. The trip includes 12 nights in handpicked hotels, breakfast each morning, guided sightseeing tours with local experts and a private deluxe motor coach. A few of the trip highlights include Temple of Apollo, Ruins of Olympia, and the Archaeological sites of Mycenae, Acropolis, Parthenon. There are also free days to explore Rome and Florence at your leisure.

Sounds intriguing, right? If you're ready for more

See CHAMBER, Page A7



NCUA

Governor issues statement on legislative adjournment

Democratic Gov. Kate Brown issued the following statement after the Legislature adjourned the 2020 short session:

"Last week, I was saddened but not shocked when Republican lawmakers chose to walk out on their jobs in order to block their remaining colleagues from completing the people's work. When they denied quorum and shut down government, they did so knowing full well that they put critical state funding in jeopardy — for wildfires, for foster care, for flood relief for Pendleton.

"We've seen this tactic before, but this walkout — their fifth in 10 months — has badly damaged Oregon's legislative branch.

"The vast majority of Republican lawmakers have spent the last 10 days on a taxpayer-funded vacation running down the clock. Now, as they continue to stall on doing their jobs, they say they are willing to come back at the eleventh hour for votes on select items they have picked.

"That's not how democratic representation works. First it was about education funding, then about climate change. Every time they don't like something, they just get up and leave.

See BROWN, Page A7

H48787

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- Wednesday, March 18 -11:00 am: Tooth Powder
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- Thursday, March 19 -1:00 pm: Salve
- Friday, March 20 -11:00 & 1:00: Seed Saving 101

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OBITUARIES

Maxine T Barnes was born on Oct. 12, 1929 to W.E. and Lottie Thompson in Idabel, Oklahoma. She died on March 6, 2020 in McMinnville, Oregon.

Maxine graduated from high school in Wright City, Oklahoma in 1947. She married Billy T Barnes on May 13, 1949. They moved to Norman, OK and he entered Law School at the University of Oklahoma. He served 2 years in the Army before entering Law School.

When he graduated, they left Oklahoma and moved to Oregon. They lived in Salem, Albany, Oregon City and Tillamook. Maxine moved to McMinnville in June of 2019.

Maxine worked two



Maxine T. Barnes

Oct. 12, 1929 - March 6, 2020

years for the Tillamook Headlight Herald newspaper and later went to work at the Tillamook Cheese Factory. She was the payroll clerk for 23 years, retiring in 1993. Maxine was preceded

in death by her mother, father and husband Bill who she had been married to for more than 60 years, brothers Ted and Gene and her twin sister Maurine Moore.

Maxine is survived by her son Keith and his wife Vanessa; daughter Donna Hill and her husband Brian; three grandchildren and nine great grandchildren; her sister Linda Clayborn of Ringgold, Louisiana; sister in law Eleanor Thompson of Minden, Louisiana and many nieces and nephews.

Memorial services will be held at 10 a.m. Saturday, March 28, at Waud's Funeral Home. A private inurnment will be held at Willamette National Cemetery.



bandleaders back in the Swing Era of the 1930's and 40's. A matchless string of hit records, the constant impact of radio broadcasts and the drawing power at theatres, hotels and dance pavilion, built and sustained the

momentum of popularity. Glenn disbanded his musical organization in 1942 at the height of its popularity to volunteer for the Army. There, he organized and led the famous Glenn Miller Army Air Force Band. On December 15, 1944, Major Miller took off in a single engine plane from Europe to precede his band to France, disappearing over the English Channel, never to be seen again. The army declared him officially dead a year later. With the release of the major motion movie The Glenn Miller Story featuring Jimmy Stewart and June Allyson in 1954, interest and popular demand led the Miller Estate to authorize the formation of the present Glenn Miller Orchestra. On June 6, 1956, and under the direction of drummer Ray McKinley who had become the unofficial leader of the Army Air Force Band after Glenn's disappearance, the reformed Glenn Miller Orchestra performed its first concert and has been on the road ever since. Since January 2012, vocalist Nick Hilscher leads the band. Today, the 18 member ensemble continues to play many of the original Miller arrangements both from the civilian band and the AAFB libraries. Additionally, it also plays some more modern selections arranged and performed in the Miller style and sound. Just as it was in Glenn's day, the Glenn Miller Orchestra today is still the most sought after big band in the world.

Oregon was born June

Vance Leroy Curtis,

91, formerly of Bay City,

Vance Leroy Curtis

5, 1928 and died March 5, 2020. Private family services were held at

Willamette National Cemetery in Portland, Oregon.

Elbert W. Dunsworth (Punk)

Elbert W. Dunsworth (Punk) passed March 7, 2020 in Salem, Oregon. Services are pending.

OBITUARY POLICY: The *Headlight Herald* has three options for submitting obituaries:

BASIC OBITUARY: Includes the person's name, age, town of residency, and information about funeral services - No Cost.

CUSTOM OBITUARY: You

choose the length, the wording of the announcement, and if you want a small photo included - Cost is \$75 for the first 200 words, \$50 for each additional 200 words.

PREMIUM OBITUARY: Often used by families who wish to include several photos and a longer announcement, or who wish to run a thank-you list of names - Cost varies by length of announcement.

Please provide a digital version of text and photographs by email, CD or USB Drive, if possible. All obituaries are placed on tillamookheadlightherald.com/obituaries at no cost

Cap

Continued from Page A5

exclusively in the Portland metro area in 2022, with the possibility of prices increasing by 1 to 2 cents per gallon annually thereafter.

That wouldn't have any effect on Tillamook County and 16 other Western Oregon counties until 1925 when there will evidence of SB 1530's actual impact on the Portland metro area. The 17 counties in Eastern Oregon are wholly exempt from experiencing any price increases - a provision that acknowledges greater travel distance in those counties.

The companion Oregon Senate Bill 1578 would provide a tax credit for people making less than \$65,000 per year who live in areas of the state where there may be price increases resulting from passage of SB 1530. Those credits would be higher in counties subject to the regulation that are more rural, where the average resident travels longer distances by car.

University of Oregon law professor Greg Dotson, who is an expert in environmental and energy law, reports: "When a system similar to SB 1530 went into effect in California (in 2013) critics predicted gas prices in that state would spike. In fact that hasn't happened." He observes that: "The global oil market have deceased ... (due to) resulting efforts to improve energy efficiency." Cody Mann's Headlight

article quotes two Oregon State legislators who claim there are no pulp mills in California as the result of that state adopting a cap and trade program in 2013. But I find a list of 16 pulp mills in current operation when I goggle "pulp mills in California." I'm reminded that we must take care in believing what politicians say to us when they are promoting a particular agenda.

As noted above, there have substantial modification in SB 1530 that address concerns raised by last year's HB 2020. This has enabled some crucial changes in Senate support for a cap and trade measure. In 2019, HB 2020 would have passed if there had been only two Democrat defections.

Instead there were three, including the two that represent Tillamook County: Senator's Betsy Johnson and Arnie Roblan. Now there is only one—my DINO friend Betsy Johnson. This means that SB 1530 would have passed by now if all but one Republican Senator hadn't imposed their minority rule by walking out and preventing the required two-third quorum for acting upon legislation.

Senator Roblan's support of SB 1530 reflects both modifications to last year's HB 2020 and what he heard from students while touring schools from around the state. He reports: "The anxiety I see on kids today... (is) totally different from anything I've seen before ... kids who are worried about their future and don't think adults are doing anything to help them." Senator Roblan-a former high school principle-gets it. Young people have valid concerns about how the climate crises impacts their future lives on their planet ... concerns that should be shared by all of us. Opponents of SB 1530 range from those who deny the role humans play in climate change to those who accept the worldwide scientific consensus that it plays a decisive role-but are unwilling to "walk their

talk." The Oregonian's March 1 editorial notes that Senate Republican Leader Herman Baertshieger, Jr. of Grants Pass, " has made statements in interviews and on social media reflecting his skepticism of the role humans play in climate change." The editorial concludes: "No matter how much Democrats try, there's no compromise that can-or should-accommodate such intentional ignorance."

Those who oppose meaningful measures to address the climate crises – that is well on its way to becoming a climate catastrophe—often argue that anything Oregon might do has very little effect on mitigating any such crises. I agree that we need coordinated action by all of our world's countries, with ours providing leadership and an encouraging example.

But with "our" current president being a climate change denier ... who has withdrawn our country from the Paris climate accord in deference to his support from the fossil fuel industry-we are relegated to working at the grass roots level, with Oregon joining the 11 other states that have acted to curtail greenhouse gas omissions ... thereby encouraging more states to step forward.

Rosa Parks had a substantial impact on the civil rights movement when she walked from the back to the front of a Montgomerv Alabama bus in 1955. So has the Swedish teenager Greta Sternberg when last year she began her solitary Friday vigils that led to hundreds of thousands of young people taking to the streets to protest the inaction of their countries "leaders." Individual recycling has very limited impact, but we do it because we believe in the moral imperative of acting as we want others to act, with the cumulative effect having a substantial positive impact. The same could be said about voting in most cases. Actionswhether they are by single individuals or states-matter. There is a lot of political smoke being blown that obscures the need to take meaningful action to prevent the current climate crises from becoming a climate catastrophe that irreversibly destroys life on our planet. Those of us of an advanced age that limits our remaining time on this planet must give substantially more consideration to the legacy we leave for succeeding generations. If we don't, they will have pervasive reasons for regretting our irresponsible existence. For more information on the impact of SB 1530, I recommend googling the Oregon Capital Bureau's "Oregon 'Cap and Trade' Legislation: Here's an explanation of basic questions." Victor Affolter was born and raised in Tillamook County. He has degrees from Stanford University and the University of Oregon in political science and political economy. Affolter served for 18 years as Tillamook County's Planning and Community Development Director before becoming a land use planning consultant.

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largely dictates gas prices.

The Oregon Capital Bureau further reports that the Oregon Carbon Policy Office "doesn't expect electricity utilities, which already have to abide by state laws moving them to clean energy sources, to increase rates as a result of cap and trade." The Citizens' Utility Board, which advocates for residential and small business customers, said in its analysis that SB 1530 "should not have any harmful effects on utility consumers.'

Professor Greg Dotson observes that "a regional greenhouse gas program covering 10 states in the Northwest and Mid-Atlantic has reduced carbon emission while power bills

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Page A7

Emergency funding announced to battle coronavirus

Oregon Democratic Sen. Jeff Merkley, a member of the Senate Appropriations Committee, announced Wednesday, March 4, that the House and Senate have reached a bipartisan agreement on a \$8.3 billion package of emergency funding to help contain and fight the spread of the COVID-19 coronavirus.

Merkley, as the top Democrat on the Appropriations subcommittee that funds the U.S. Food and Drug Administration (FDA), worked with his counterparts to write Title I of the bill, including emergency authorizations and \$61 million in new funding for FDA to help protect Americans from this emerging public health threat.

The senator also pushed strongly to secure more funding for the Centers for Disease Control (CDC), small business disaster loans, reimbursements for state and local government expenses incurred fighting the coronavirus, and support for tribal governments-all of which are included in the package.

"Americans and Oregonians deserve a federal government that is doing

Brown

Continued from Page A5

That's not compromise. It's holding Oregonians hostage to ultimatums and political posturing.

"When lawmakers all clear out of the Capitol and go home to their day jobs, I will be working with our state agencies to continue to support the work Oregonians care about despite lawmakers' failure to prop-

Chamber

Continued from Page A5

information about the itinerary, pricing, or just group travel in general then please join us on March 19th at 5:30 p.m. at the Chamber Headquarters (208 Main Ave.) for an informational travel meeting. This is just an informal meet and greet with snacks and an opportu-

Session

Continued from Page A4

everything we can to protect our communities from the coronavirus," Merkley said. "While the CDC and public health professionals are working hard to meet this challenge, the administration's overall response has been disorganized and dangerously inadequate.

"Today, Congress is coming together on a bipartisan basis to bring the resources and urgency we need to tackle this crisis," Merkley said. "I will continue doing everything I can to keep Oregonians safe and informed, and I will be pushing to pass this bill and get it signed into law without delay."

Last Thursday, Merkley launched a coronavirus resource page for Oregonians, which includes information on risk of exposure, prevention and treatment, and steps that he is taking to push the federal government to respond effectively and with urgency. That resource, which is being updated regularly, can be found at https://www. merkley.senate.gov/coronavirus.

"I'd like to thank Senator Merkley, as well as

erly steward and spend taxpayer dollars. We will focus on bracing ourselves during a global health crisis, ensuring health care for our families and shelter for our neighbors, readying ourselves for a tough wildfire season ahead, and protecting our lands and children from the impacts of climate change.

"I have always been clear that a legislative solution was my preferred path to tackle the impacts of climate change for the resources it would bring

nity to have your questions answered. (Yes, we will be discussing coronavirus and what that might mean for international travel.) If you plan on attending, please call our office at 503.842.7525 so we can get a headcount.

So far we have already pre-registered about 14 people for the trip, so we are about half way there. That means if you have traveled with us before or have been sitting on the fence for

Cap and Trade proposal in order to allow more time for signature gathering. Unfortunately, that never

Senator Wyden and Oregon's congressional delegation, for displaying unhesitating leadership in bringing together this bipartisan agreement to protect the health and safety of our families and communities across the state," said Democratic Gov. Kate Brown. "In the face of this global health crisis, this emergency funding package will provide additional support to our health professionals as they address the immediate concerns of identifying, treating, and containing novel coronavirus cases in Oregon, and will put us on the path for the long-term containment of

this disease." 'As we watch this virus spread, the leadership of Sen. Merkley is crucial and we thank him. The mask shortage is impacting healthcare workers even this moment as they are not fully protected from the speared of the virus," said Adrienne Enghouse, RN and President of the Oregon Federation of Nurses & Health Professionals (OFNHP) Local 5071. "This bill is a template for all potential epidemics now and in the future. We need all elements of this bill

to our rural communities and the flexibility it would provide for our businesses. However, I will not back down. In the coming days, I will be taking executive action to lower our greenhouse gas emissions.

"I am open to calling a special session if we can ensure it will benefit Oregonians. However, until legislative leaders bring me a plan for a functioning session I'm not going to waste taxpayer dollars on calling them back to the State Capitol."

awhile there is still plenty of room for you on this trip exploring some of the greatest historical ruins in the world and partaking in their fresh cuisine, dynamic cultures and stunning views.

If you can't make the meeting on March 19th but would still like more information, reach out to me via email at justin@tillamookchamber.org or call the office at 503.842.7525. We would love to have you join us next spring.

community. With so much at stake, we will likely be called back in special session to complete essential business. That will cost more time and more money. Already I have returned to Salem For Questions or for the Emergency Board which will fund Coronavi-To Schedule Your Appointment Call: rus response and flooding in Umatilla County. As for carbon, I expect it will be 503-842-2356 or 800-528-2938 addressed now by executive action, come back to the legislature yet again, or have Se Habla Español signatures collected to present a measure to the voters. I will continue to work 801 Pacific Avenue • Tillamook • 503-842-3900 for the people of our district. I believe in Oregon and the www.tillamookchc.org Oregon Way. I remain hopeful for our future. But it has been a difficult five weeks in Salem. **Best Buys in** Closeout Sale Best Buys in the Northwest! 2013 Ford List Price* \$16,995 SALE PRICE \$13,675 2018 Ford **Focus Titanium Hatchback** 2.0L 4-cyl List Price* \$18,995 **SALE PRICE \$15,875** PC44S 2018 Ford F150 SuperCrewXLT 4X4 3.3L V6 5 1/2 ft Bed List Price* \$32,995 **SALE PRICE \$28,575 PT88S** TILLAMOOK FORD title or documentation fees Call today for details 503-842-4475. www.tillamookmotors.net 501 & 708 Main Avenue, Tillamook • 503-842-4475 • 800-927-4476

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put into place immediately to ensure front line workers and our communities are safe."

"Healthcare workers are on the frontlines fighting COVID-19. Ensuring that they are adequately protected is a critical step to prevent the spread of the disease. If we can't protect our healthcare workforce, then we can't protect our patients. I thank Sen. Jeff Merkley for his efforts to ensure our members have the resources they need in the COVID-19 emergency spending bill," said Randi Weingarten, President of the American Federation of Teachers, which represents 170,000 healthcare professionals. "The federal government must do everything possible to protect the health of Americans and to ensure that

healthcare personnel-who are key to that effort—are trained, protected and have the resources they need to do their jobs: caring for our communities.

The funding and authorizations that Merkley secured for FDA in today's package will help FDA fight the spread and severity of the coronavirus in numerous ways, including:

Vaccine development. All vaccines in the U.S. must be approved by FDA. FDA works with manufacturers in evaluating potential vaccines for safety and effectiveness. Once a vaccine shows promise, it goes through clinical trials. A potential coronavirus vaccine will take months if not years for final approval.

Why it matters: Senator Merkley is making sure that FDA has the resources and support it needs to expedite a coronavirus vaccine through its approval process, so that any successful vaccine can quickly get to the patients who need it

Medical countermeasures (MCM). MCM are used during an emergency to diagnose, prevent, and protect the public from an emerging disease threat. MCM can include vaccines, blood products and antibodies, drugs, and protective equipment such as masks and respirators. FDA's role is to work with local, state, tribal and international governments to coordinate all of these activities.

Why it matters: It's critical to make sure that public

See FUNDING, Page A8

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Some will disagree with this measure. I hope most will agree I made it better.

Certainly, I have heard from some constituents who supported the walk-out. My response is that I swore an oath to uphold the Oregon Constitution. That oath and the House Rules require me to attend. Even in these cynical times, a person's word should mean something. And when the legislature is unable to act, more power and authority shifts to the Governor and executive branch.

I also heard the argument that we should refer Cap and Trade to the voters.

I was elected to make hard decisions. That includes large, complex, and controversial votes. But I also believe that when people disagree with my decisions, they have the right to circulate petitions to refer a measure for a statewide vote. For that reason, I parted with my party leaders and supported removing the Emergency Clause from the

happened.

In the end, Cap and Trade was more important to both sides than anything else. A number of bi-partisan proposals that were worked on for months were sacrificed. We failed to move bills and budget requests to fund:

- State response to the Coronavirus outbreak
- Critical support for small business
- · Emergency shelter facilities for the homeless and affordable housing
- Corrections to the Corporate Activity Tax
- Foster care and child abuse prevention
- Streamlined processes for the 700 kids waiting to be adopted
- · The "Shake Alert" earthquake early warning system
- Exempting agriculture from the Corporate Tax
- Flood recovery in Pendleton
- · A historic forest management agreement by timber and environmental organizations
- Support for small schools and higher education

Info

Continued from Page A4

everyone why everyone has a stake in government transparency. Oregonians care about their babies. They cared when unsafe day care facilities operated with impunity until their records were made public.

Oregonians care about school children. They cared when their school plumbing could have been making kids sick, or when teachers identified by their coworkers as abusive were still allowed to work — until those records were made public.

Oregonians care about

their food. They cared when grocery stores or restaurants had been quietly violating public safety standards until those records were made public.

Oregonians care about the thousands of dollars in tax money they send to Salem every year. They care when it's wasted - until those records are made public.

Oregonians care about accurate information about their government. During this election year's Sunshine Week, it's more important than ever to demand anyone asking for your vote to commit to transparency.

This editorial was provided by Open Oregon, a nonprofit freedom of information coalition.

🗍 LINCOLN

Tillamook Junior High creates morning "nutrition break" for all students

OHSU The Moore Institute

It turns out 13-year-old kids don't care much about breakfast. Try reasoning with them about the benefits of starting their day with a belly

full of nutritious food and you will likely get a blank stare, or at most an eye roll.

But research supports what teachers and school officials already knew - kids who start the day with a healthy breakfast are ready to learn. They



are more willing to participate in class, have better school attendance, make fewer visits to the nurse's office, and have fewer behavioral problems than kids who don't start their day with a healthy breakfast.

Tillamook Junior High School had been serving breakfast before school to about 50 of its 370 students per day before Craig Huckins arrived as the district nutrition services department manager. Shortly after his arrival, he and Principal Melissa Radcliffe began working on ideas to expand participation. They decided an alternative breakfast solution targeted to all students might be the best fit.

As students get older, schools that offer breakfast generally see a decrease in participation. Older kids are more in control of their morning schedules and less dependent on parents. They're busy with before school activities and friends and don't have as much time or interest in eating breakfast. Because of this, some schools have begun offering a "second chance breakfast" or breakfast after the bell.

Huckins had implemented similar programs in other school districts and knew the value they could bring to kids. He thought junior high school was the right age to start. "We really wanted to

reinforce the importance of a healthy morning meal for everyone," Huckins said.

They called their solution a "nutrition break." For 15 minutes, in between first and second periods, all students head to the cafeteria and choose from a variety of healthy food options.

Everything about the program is designed to appeal to the sensibilities of 12-14-yearold kids. By making it free for everyone, it removes the stigma associated with a free meal. Sitting down and eating together in the cafeteria encourages more kids to participate.

Knowing that kids this age will likely move on if it takes more than a few minutes to get through the line, they added a second line to get kids through faster. They also positioned the lines right inside the cafeteria doors so when the kids come in they see the food, and not their friends, first. Students have up to 15 selections a day to choose from, all meeting USDA school meal nutrition guidelines.

Within just a few weeks of starting the program, the junior high was consistently serving well over 200 kids per day. This was four times the number of students served using only the traditional before the bell format.

So far, teachers have been fully supportive. In fact, a survey a few weeks into the program showed 100 percent of teachers agreed that the nutrition break had a positive impact on student's attention to instruction. Teachers have been telling Principal Radcliffe that students are more alert and have better retention. They have also seen fewer kids asking for snacks



tomers/revenue.

Continued from Page A3

Mid-Columbia Economic Development District (MCEDD) \$75,000

MCEDD and local partners will expand business planning resources, promote capital resources, and extend broadband availability to support entrepreneurs and grow markets. ROI funds will support staff capacity and programming.

EUVALCREE \$75,000 Project will grow the co-op

in the classrooms, which many teachers had been providing for hungry students with their own money.

A full evaluation will be completed at the end of the school year. The goal is to get students accustomed to the nutrition break as a regular part of their school day and hopefully expand the program to Tillamook High School, moving the program with these students as they graduate from junior high.

Huckins knows this project would never have happened without support from the principal, teachers, day custodian, school food services staff and superintendent - all dedicated to ensuring kids have access to high-quality food at school. When Principal Radcliffe pitched the idea to the school superintendent, Curt Shelly, he and the school board agreed to cover the cost of breakfast during a trial period for students who are not eligible for free school meals.

"While we have a fairly high percentage of students who qualify for free or reduced school meals, we know there is a gap in families who may not qualify for free or reduced cost meals, but still don't make enough to comfortably provide regular healthy meals," Huckins said.

One in seven households in Oregon are food insecure and if you look at families with children, that number increases to one in four households facing hunger risk.

In 2015, the Oregon legislature passed a bill allowing schools to serve breakfast after the bell for up to 15 minutes and still be considered instruction time. In 2019, Governor Kate Brown signed the Student Success Act, which will help

capacity. ROI will fund staff, leasing costs, EOU entrepreneurship degree development, and furnishing the center. **High Desert Partnership**

\$70,000

Project will unify several programs under an 'Idea to Ownership' program-includes pipeline of services (technical assistance, legal support, business education, etc) for all ages and stages of entrepreneurs. ROI funds will support staff and programming, including 1-on-1 technical assistance.

City of Independence \$60,000

Project builds on existing assets and a previous ROI

expand participation in school breakfast and lunch programs. This legislation will require schools that have more than 70 percent of students eligible for free and reduced meals to implement a breakfast after the bell program.

Huckins is excited about this unique approach to helping adolescents get the nutrition they need to do well in school now and thrive as adults later. Today's adolescents are tomorrow's parents The nutritional stores they develop now will impact not only their own health, but that of the next generation as well.

Oregon can be a leader in ensuring our adolescents get the nutrition they need to develop, do well academically and thrive as healthy adults later. Innovative programs like this that emphasize the importance of nutrition can serve as an example for other states to follow.

The OHSU Bob and Charlee Moore Institute for Nutrition & Wellness was created after an extraordinary act of generosity from Bob and Charlee Moore who pledged \$25 million to form a partner ship with OHSU to confront one of the biggest contributors to the rise of chronic disease: poor nutrition. The Moore Institute's central commitment is to reduce the prevalence of chronic diseases across the lifespan in current and future generations by promoting healthy. nutrient-rich diets based on whole foods in early life. The Moore Institute is intended to exert a far-reaching and longlasting impact on the health and well-being of people of all ages by addressing the complex clinical and social factors related to and arising from poor nutrition.

gramming with North Eastern Oregon Economic Development District (NEOEDD) and Foundry.

Klamath Idea \$70,000

Project will fully implement and begin piloting a new software tool that connects entrepreneurs and resource providers. Klamath will employ staff to direct the project, staff a regional entrepreneur hotline, host events and pitch competitions, and hire a resource concierge to support entrepreneurs.

Cottage Grove \$61,000

Project broadens opportunities for food-based entrepreneurship-especially for immigrants and youth—by supporting financial and business training, mentoring, food truck and retail pilots, and product line development. ROI funds will primarily go to staff and programming.

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Beautiful Coastal Craftsman built in 2004. This custom home sits on nearly an acre with mature landscaping and views of Tillamook Bay. Main level features rich American Cherry floors, large kitchen with farmhouse sink, breakfast nook and formal with raminouse sine, breaklast note and formal dining. Master suite with walk-in shower & jetted tub. Large living room with attached sun room for your atternoon gatherings. Thoughtful finishes and built-ins throughout! The attention to design and detail is remarkable. Room for an RV. Call for your viewing tedows.

viewing today! RMLS# 20089149 Call Macy \$519,000



Stunning 2BD, 2.5BA ocean view townhome located right in the heart of the action in beloved Rockaway Beach. Just 100' to public beach access! Vaulted cellings in living rorow. Iight and bright open kitchen with tile floors, granite counters, pantry and S/S applances. Well frequented ocean view deck off living. Gracious master suite with hot tub deck and large bath. Large bonus/family room on ground level perfect for extra sleeping, den or office. Attached one car garage with extra storage. The perfect wave! RMLS#20089256 Call Dusty \$385,000



10+ acre commercial lot in a highly visible, well trafficked location off Hwy 101 in Garibaldi. Outright uses include retail, eating and drinking establishments, mixed-use development, motel/ hotel. Conditional uses include multi-family dwellings, tueling stations, RV Park and MINI STORAGE! Power and water to property. Existing septic system. Just up the road from the bustling town of Garibaldi, a 10 minute's drive to downtown Tillamook and only 1.5 hours from PDX. Call for more details!

RMLS# 20021966 Call Jacque or Dusty \$469,000

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NETAF

Cyndi Lewis

503.842.0254



Dusty Trost





Debbie Carr Sarah Dentel 503.812.8728 503.812.2816





Kristi Moore Steph Poppe 503.812.8087 503.801.4533

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Classic One-level Home Nestled in the Foothills! Classic One-level Home Nestled in the Foothills! Idylics setting in the country yet close to town amenities and the Wilson River. Vaulted ceilings in the entry invite you into the formal living and dining rooms. Open, light & bright family room leads to a private deck overlooking Hughey Creek. Sunny, remodeled kitchen features new counters, subway tile, SS appliances and eating bar. Large fenced yard is perfect for entertaining, playing sports or just relaxing. Plenty of parking tor all incl. RV parking. All this on. 71 acres! RMLS# 20056488 Call Cyndi \$399,000



on't miss this great investment opportunity! Il units are currently rented in this triplex. Upstairs init has two bedrooms, one bathroom with updated windows. Bottom units include one bedroom, one pathroom each with extra space and lots of storage lostly fenced large side yard, updated exteriors and alking distance to hospital, schools, and town make MLS#20-139 Call Sarah \$251,000



Large lot in a gorgeous setting backing treed common area in the Ocean Highlands neighborhood in Netarts. Located on a private cul-de-sac near the edge of the development. Property abuts common area nature trail. Just a few block walk down Aldercove Road to Netarts Bay! Well maintained neighborhood with private streets, sidewalks, walking trails and outdoor gazebo/iirepiace area. Lot is construction graded with all utilities to property. Just minutes from Tillamook, Netarts Bay and the beaches of Oceanside. A fantastic value for a tuly improved building lot at the beach.



Branch Office

Pacific City

(503) 965-9777

Enjoy living near the Trask River, Carnahan Park and the hospital in this adorable remodeled home with an

nerclosed front entry. The living room features beautiful details such crown molding and and new flooring. The appliances are included in the kitchen with plenty of room

appliances are included in the kitchen with plenty or room to a dning table and views to the park area through the update vinyl windows. The master is on the main floor, generous sized laundry room and 1 large bedroom upstairs. The large bedroom upstairs was previously used as 2 bedrooms and could be converted back. Don't miss out on this charmer.

MLS#20-138 Call Debbie \$195.000

NEW/LISTING

of room fo

Attractive 3BD/2.5BA home situated in a quiet velyhborhood just minutes from the beach! Located at the and of the stread out of the tsunami zone this home offers brest views and coastal charm. Main floor features a large master suite with soaking tub, cozy propane frequeae, walk-in closet, private deck, laundry and attached single car garage. Lower level offers a spacious kitchen with grante countertops, breaktas tub, large living cining area, freplace and wet bar. Elevator access & covered decks on each level. Qualty construction with high-end finishes throughout. Vacation rental allowed. Short walk to nearby beach access trail and only 12 mile to Nearts Bay and downtom Cocanside! A terrific value! RMLS#20111716 Call Macy \$289,000



503.812.6078

membership for independent truckers-build economies of scale to compete for contracts, wholesale purchase of supplies, and work toward permanent co-op truck yard. ROI will fund staff, growing co-op membership, develop-

ing competitive services, feasibility study for permanent facility. **NE Oregon Economic**

Development District \$65,000

Project will launch an entrepreneur center in partnership with Eastern Oregon University and grow local



Continued from Page A7

health agencies and other government actors are wellcoordinated to prevent, track, and control the spread of the coronavirus. Senator Merkley is securing funding so that FDA can coordinate these activities at every level, from local to international governments, and ensure that communities are using best practices and evidence-based decision making to the greatest possible extent.

Medical shortages. Monitoring of medical supply chains and product shortages, including outreach to manufacturers on drug supply shortages.

Why it matters: With many drugs and medical devices reliant on supply chains in China, there is a risk that as the crisis continues there could be shortages of both drugs and equipment. Already there is a shortage of some medical supplies like facemasks. Merkley is working to bolster FDA's ability to monitor shortages of supplies and drugs, and to work with manufacturers

grant to build a commercial kitchen and micro-retail space to support growth in the food industry. Aligns with other city initiatives (Indy Commons, Polk Co Food Trail). ROI funds will hire a part-time consultant to develop and manage the kitchen space, marketing, and coordination with partners to deploy programs.

Launch Pad Baker \$65,000

Project grows capacity from previous ROI award to enhance services, staff capacity, and evaluation metrics that can be replicated. ROI funds will support staff, pro-

to resolve these shortages as quickly as possible.

Continuous manufacturing. Provide funding to bolster investments for continuous manufacturing so drugs can be manufactured in one location.

Why it matters: With the worldwide spread of the coronavirus, we are already seeing disruptions to international markets and global supply chains. In this context, it's more critical than ever that we have the capacity to manufacture critical drugs here in the U.S., without relying on international labs. Senator Merkley is working with the FDA to ensure that key drugs can be manufactured entirely in the U.S., safeguarding American patients' access to these drugs as this global crisis progresses.

Emergency Use Authorizations. Develop Emergency Use Authorizations for medical products, including diagnostics.

Why it matters: In a medical emergency, it is sometimes necessary to approve medical devices and other products faster than normal. Senator Merkley is ensuring that as the coronavirus spreads, FDA has the authority they need to cut through

Warm Springs Community Action Team \$44,000

Project creates opportunities for Native entrepreneurs through establishment of the Tananawit community artist retail store, the WSCAT café, and business incubator space in the soon-to-be relocated Old Commissary building. ROI funds will support staff to manage operations for the project.

red tape and get devices to patients as quickly as possible when they are needed.

Counterfeit or misbranded products to treat coronavirus. Support FDA enforcement against counterfeit or misbranded products that claim to treat the coronavirus.

Why it matters: It's easy for a global epidemic like the coronavirus to make individuals susceptible to disinformation and panic. In this environment, it's critical to make sure that patients are receiving medicallyaccurate information and not being duped into spending money on counterfeit or misleadingly-marketed products to fight coronavirus. Senator Merkley is making sure that the FDA has the power and resources they need to keep Americans safe from coronavirus scammers

Now that the funding package has been agreed upon by both House and Senate negotiators, it is expected to receive a vote on the floor of both the House and Senate in the coming days. Once it has been passed by both houses of Congress, it will be sent to the President's desk to be signed into law.





Jen Strohmaie



Page A9 www.tillamookheadlightherald.com

Record low unemployment continues in Oregon

Oregon's unemployment rate declined to 3.3 percent in January, the lowest on comparable records dating back to 1976. The December unemployment rate was revised downward to 3.4 percent. The U.S. unemployment rate was 3.6 percent in January.

Annual revisions to the labor force data show that Oregon's unemployment rate steadily declined throughout last year, from 4.2 percent in January and February 2019 to the low point for the year of 3.4 percent during each of the last three months of 2019.

The revisions indicate an even tighter labor market than originally estimated, with Oregon's unemployment rate solidly in the three-percent range for the first time since comparable records began in 1976.

Total nonfarm payroll employment declined by 1,800 jobs in January, following a gain of 800 jobs in December. Two major industries added more than 1,000 jobs in January: health care and social assistance (+1,600 jobs) and government (+1,200). Conversely, three industries cut jobs substan-

tially: professional and business services (-2,900 jobs), construction (-1,400), and manufacturing (1,200).

Oregon's nonfarm payroll employment increased by 16,900 jobs, or 0.9 percent, over the year since January 2019. This growth continued the state's deceleration over the past several years, as annual job gains had been tracking between 1.3 percent and 2.0 percent over the prior year and half.

In the past 12 months, transportation, warehousing, and utilities grew at the fastest rate of the major industries, expanding by 2,500 jobs or 3.6 percent. Information also expanded rapidly, adding 1,200 jobs, or 3.5 percent, since January 2019. Software publishers added 700 jobs in that time, accounting for the bulk of gains in the information industry.

Two major industries had January employment levels that were essentially the same as January 2019. Construction (+100 jobs, or 0.1%) is still near a record-high jobs count but has stopped expanding at the rapid growth pace it experienced in 2013 through 2018. Similarly, professional and business services (+200 jobs, or 0.1%), which accounts for more than one out of eight nonfarm jobs, has slowed its gains

over the past two years. Meanwhile, three industries shed jobs since January 2019: manufacturing (??'3,200 jobs, or -1.6%), retail trade (-800 jobs, or -0.4%), and mining and logging (-600 jobs, or -8.3%).



Workgroup develops Tillamook County opioid plan

A group of key community leaders and stakeholders has developed a strategic plan that provides a framework for addressing opioid use disorder (OUD) in Tillamook County.

The strategic plan was submitted to HRSA in January and the full document is available online on AdventistHealthTillamook. org. Other grant-funded planning documents include the needs assessment, which was completed in December 2019, along with a workforce plan, and a sustainability plan both to be completed by May 2020.

Funding for the RCORP Tillamook planning project was awarded to Adventist Health Tillamook through a \$200,000 rural communities opioid response programplanning (RCORP-P) grant from the Health Resources

and Services Administration (HRSA) of the U.S. Department of Health and Human Services.

With this funding RCORP Tillamook is creating a sustainable and comprehensive community plan to address gaps and opportunities in Tillamook County's access to services for addictions treatment and recovery. The planning process will also include strategies to strengthen the care provider workforce.

RCORP Tillamook - the workgroup behind the plan - spent two months reviewing needs assessment data and gathering input from the substance use disorder (SUD) treatment and recovery community. Core consortium members include: Adventist Health Tillamook, CARE, Inc., The Rinehart Clinic, Tillamook County Community

Health Centers, Tillamook County Sheriff's Office, and Tillamook Family Counseling Center.

This strategic plan includes data collected while working on the Tillamook County SUD/OUD gap analysis and further explores proposed best-practice strategies and interventions in a three-year timeline to address the three themes of: pain management and prescribing practices; addiction, treatment and recovery; and harm reduction and education.

"It has been exciting to be a part of this work group of community leaders and stakeholders as we come together and grapple with the need in our communities for a coordinated and effective approach to improving the health of Tillamook County residents who struggle with

substance use disorder," said Erin Skaar, executive director of CARE, Inc., in a press release. "I look forward to a time when what we've done in Tillamook County is held up as a best practice for other communities to follow.'



TAPA and Rising Tide Productions present 'I Am My Own Wife'

The Tillamook Association for the Performing Arts (TAPA) and Rising Tide Productions (RTP) are teaming up to present I Am My Own Wife, sponsored by Krazy Kat Productions. Based on true events that occurred during the Nazi and Communist regimes in East Berlin, I Am My Own Wife, written by Doug Wright, is the first oneperson show to ever win the Pulitzer Prize for Drama and Tony Awards for Best Play and Best Actor in a Play.

Directed by George Dzundza, veteran of Theater, Film and Television, the show features local talented actor Mark Johnson. Johnson brings to life more than 30 characters in his stunning portrayal of Lothar Berfelde, who lives his life as Charlotte von Mahlsdorf, and against all odds survives the Nazis and the East German Communist secret police. This is the second time Dzundza and Johnson have worked together to produce the show. According to Dzundza, "It's a story that embraces our human spirit and deals with courage, loss, prejudice and survival under the most adverse conditions. Its message is especially pertinent to our

troubled times today."

The show opens on March 20 at the Barn Community Playhouse in Tillamook with a Gala at 7 p.m. where each ticket holder receives one free beverage and complimentary horsd'oeuvres.

Remaining performances are March 21, 22, 27, 28, 29 & April 3, 4, 5. For this special event all performances will be at 7:00 PM. Please be advised of adult content. The Barn Community Playhouse is the red barn located at 1204 Ivy in Tillamook, Oregon. Tickets are available online at TAPA's website, tillamooktheater.com or may be ordered by calling the box office at (503) 812-0275.



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Introducing **Dove Rainbow, PA-C**



Dove Rainbow, PA-C, is a Physician Assistant in Primary Care providing services to patients of all ages.

As she has a certificate in medical Spanish, she looks forward to working with Spanish speaking patients.

She earned her Bachelor of Arts degree in psychology at the College of Idaho in 2010 and spent six years working with mental health and youth in crisis before returning to school to study medicine. In 2019 Rainbow completed her Master of Physician Assistant Studies at Idaho State University.

Dove is an outdoor enthusiast. She looks forward to hiking, mountain biking, and kayaking the local waterways.

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Help save bees with the Annual Beehive Raffle

Hilary Dorsey headlightreporter@countrymedia.net

The Tillamook Beekeepers Association is hosting their Annual Beehive Raffle. The beehive is set up in the Tillamook County Library, along with two display cases, teaching the public about the

importance of saving the bee. The display case is complete with about 1,000 dead bees. One third of everything humans eat is dependent on pollination. The honey bee does 80 percent of the work. There are 2,000 species of bees. The honey bee is the only insect that provides food for human consumption.

Predators

President of the Tillamook Beekeepers Association, Brad York, said one of the threats to honey bees is the Asian green hornet, which is two and half inches long, five times bigger than a bee. Bees cannot defend against it very

well. These hornets are in Washington now and may be heading for Oregon.

Another threat is the varroa destructor mite, which came into existence from China.

"It's everywhere," York said. "I think Australia is the only place left that doesn't have it."

The mites will lay eggs inside hives and the babies will suck baby bees' fat, making them weaker and more vulnerable to diseases.

Changes in farmland

"Farmers across the country used to plant acres and acres of clover because it's good for their soil, it replenishes the nutrients in the soil, and they could sell the clover as a crop," York said. "Well, they found it more beneficial and more financially beneficial to them to sell corn and wheat."

An acre of clover provided 900 pounds of pollen, an acre of corn provides 10 pounds, York said. Farmers



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The neonic is in the seed of the flower, such as in the flower from corn. The bees go to pollinate and get a little nicotine in them. Too much pollen with this, disorients them, they get dizzy and cannot find their way home.

Deforestation

Forestry cut down old trees, which is a problem for bees because out in the wilderness, they need old, rotted trees to live in. The new trees that have been planted are too young for bees and are also sprayed with pesticides.

Lack of food

Another problem is homeowners do not grow flowers anymore. Without flowers, there is nothing for the bees to eat.

"It's just getting harder and harder for bees," York said. "We can save them by planting more flowers."

Background Information

Bees do not pollinate on purpose, York said. Their main function is to bring pollen back to the hive.

'When she's bringing pollen back into the hive, she visits other flowers and pollinates," York said. "When they bring this pollen and nectar back to the hive, they pass it out to the worker bees inside the hive and they chew on it and spit it out into a cell, and it turns into honey."

York said honey bees rarely sting, and only when they feel they are in danger.

There are three types of honey bees in a hive: queen, worker and drone, York said. The queen makes 1,500 babies a day, populating the hive fast.

Worker bees are all girls. They do all of the work, such as bringing back water to make honey and control the exact amount of water that is used.

Drones are male bees. Their job is to mate with a queen from a different hive.



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Display case with about 1,000 dead bees.



Tillamook Beekeepers Association logo on the beehive.

The hive will have about 100 drones. Worker bees feed him. Once the drone mates with a queen, he dies. In the winter, he gets kicked out.

When a female is born, she cleans the hive for the first couple of days. She disinfects, using tree sap that worker bees bring in. Days three to five, she feeds the larva a gel. At 12-17 days, she produces wax and builds comb. She also flies back and forth hundreds of times a day.

York said there is a department in the doctor's office that uses a honey product to heal wounds. 100 years ago, they just spread honey. Honey is an antiseptic and antibiotic.

"Honey will last for thousands of years," York said. 'They found honey in King Tut's tomb. Five-thousandyear-old honey and it was still good."

About the raffle

York said this is the third year of the raffle. Last year, the beehive was a painted mountain scene with all four seasons on each side.

The winner of the raffle will get the handcrafted cypress eight frame beehive, including two deep boxes, three medium supers, 24 medium frames with foundations, 16 deep frames with foundations and a hive stand. The hive is hand made by master craftsman Rick Stelzig. The winner will also receive a one-year free membership in the Tillamook Beekeepers Association.

The value of the hive and membership is estimated at \$620. You must be at least 18 years old and a resident of Oregon to participate. Proof must be shown at the drawing.

The drawing will be conducted at 3:30 p.m. at the





The beehive.

Home and Garden Show Sunday, April 5, at the Tillamook County Fairgrounds. You do not need to be present to win. The total number of tickets which may be sold is \$500.

Raffle tickets are \$5 each or \$20 for a bundle of five. Tickets can be purchased at https://bit.ly/2IimY1V.

The Tillamook Beekeepers Association is a 501(c) (3) organization committed to safeguarding and sustaining honey bees. They do this by improving their own beekeeping practices and seek to help others do the same. They exist to promote the study, science and art of keeping honey bees and to provide education, encouragement and mentoring to beekeepers in the Tillamook region of Oregon.

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Sheriff candidate Brown hosting public event

Josh Brown, a candidate for Tillamook County Sheriff's Office, will host a 'meet the candidate' event at 3 p.m. March 14 at Werner Beef and Brew on Third Street in Tillamook.

Brown began his career with the sheriff's office in 2004 as a volunteer in the jail. In 2005, he was hired as a full-time corrections deputy. In 2012, Brown transferred to the patrol division and was assigned to the contract position at Sandlake Recreation Area. During his time at Sandlake, he enjoyed building strong relationships with partner agencies.

After four years of Sandlake patrol, he moved into regular patrol where he currently serves as a senior patrol deputy and senior trainer. Brown is a certified instructor in Standardized Field Sobriety Testing

and Emergency Vehicle Operation. His certification as an instructor in these fields has given him the opportunity to become a part time instructor at the Department of Public Safety and Standards Training.

Brown has been a Tillamook County Fair Board member since 2016 and loves the community involvement that the responsibility has offered. He was recently voted in as vice president of the board. He was also a youth sports volunteer coach through the YMCA and the High School for more than 10 years.

Brown and his wife, Kelli, have been very happily married for 25 years and have four kids together, ranging in age from 9-24. Both Brown and Kelli are proud to be members of the Tillamook County Pioneer Association and are lifelong residents.

Spring term registration open at Tillamook Bay Community College

Registration is open for spring term classes at Tillamook Bay Community College. There are many new course options and programs to choose from such as welding technology, medical assisting, and a certificate in office supervision. Students can complete some degrees and certificates completely online or take courses on campus during the day or evening. If you are looking to

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get started on your college education or to build technical skills to improve employment opportunities, now is a great time to get started. You can visit the TBCC website www. tillamookbaycc.edu or contact the Student Services team to learn about options and apply and register. The TBCC Career-to-Career scholarship is also available for Spring Term. Applications can be found at on the

website under the Paying for College tab. Applications are due March 15.

A schedule of credit courses and non-credit community education classes offered throughout the term, is available on the TBCC website. For those interested in auditing a course at TBCC, or applying for a Golden Age Discount, contact Student Services at 503-842-8222 ext. 1100





Local varietyshow to raise funds for Neah-Kah-Nie Speech and Debate Team

The One Night Only Variety Show features a mix of student performers, professionals, and talented local amateurs performing song, dance, storytelling, and comedy. This year's April 18 show at NCRD will raise funds for the Neah-Kah-Nie High School Speech and Debate Team.

"If communication abilities are the most requested skills needed by employers (they are), then Speech and Debate is the most beneficial activity any high school student can participate in," said Charles Miska, assistant speech and debate coach. "As our team continues to grow and succeed, your generous donation directly helps us with tournament fees and travel expenses, enabling as many students as possible to participate. Thank you so much!"

Students from the Speech and Debate Team will present two award-winning pieces.

One Night Only also welcomes students of various ages to the stage to perform with local favorites Julie Amici, Dean Mueller, and Kate Morrison.

"As part of Mudd-Nick Foundation's new Musical Enrichment



Program with Neah-kah-nie School District, students K-12 will be featured alongside professional musical mentors during the One Night Only show. In correlation with a variety of music workshops that are held during the 2019-2020 school year, students are gaining exposure to new opportunities to work with these mentors and expand their musical, theatrical, and social skills," explained Musical Enrichment Director Julie Amici.

Additional acts include professional saxophonist Peter Hinsbeeck with Dean Muller on bass and Charlie Brown III on keys; the comedy act "Revenge of the Bozos"; The Singing Mikes; Jeff, Scott, and Mary; Jeff and Doral, The Illusions dance troupe; and a surprise or two.

The show starts April 18 at 7 p. m. at the NCRD Performing Arts Center, at 36155 9th Street in Nehalem. Tickets are available at the door for \$10 each. Children 12 and under will be admitted free.

All proceeds go to the Neah-Kah-Nie High School Speech and Debate Team. Event sponsors include the Mudd Nick Foundation, the Oregon Community Foundation, the Cascade Blues Association, CARTM, Manzanita Lumber Company, Nehalem Lumber Company, and Pete Anderson Realty. We are seeking additional sponsors for this show. If you'd like to be a sponsor, please email ononehalem@gmail.com.

Coast Guard rescues two boaters at mouth of Columbia River

Two people were rescued the night of Feb. 29 by the U.S. Coast Guard after they expressed safety concerns while crossing the Columbia River Bar in their 44-foot boat.

The Coast Guard crew determined conditions were unsafe enough to hoist the boaters and tow the vessel.

The Cannon Beach Rural Fire & Protection District was asking visitors not to approach the stranded boat. In the past when boats have washed up, said district officials, individuals have looted the abandoned craft.

The boat was awaiting removal by a salvage company and resting on state park land, which is under the jurisdiction of the Oregon State Police.

Heavy equipment was used to remove the boat from the beach.



OSU Extension in Tillamook County holds Strong Women & Strong People Programs, April 3- June 12

The Oregon State University Extension Service in Tillamook County welcomes the public to the "Strong Women & Strong People Program," a strength training program for middle-aged and older adults, beginning the week of April 3-June 12.

The Strong Women class is for women and has three session options starting at 8 a.m., noon or 1:30 p.m. Classes are held Mondays, Wednesdays and Fridays at the OSU Extension Office in Tillamook, 4506 Third Street. The Strong People class is open to everyone and is held Tuesday and Thursday mornings, from 9-10 a.m. at the Netarts Community Building.

The Strong Women & People Programs were developed at Tufts University, based upon research on how strength training improves the health of older adults. Research shows strength training improves bone density, arthritis symptoms, flexibility, strength, and reduces falls. Registration is now open at http://bit.ly/TillamookFamilyHealth. forms. Those over the age 70 or those with other chronic health conditions must obtain a release from their medical provider prior to beginning class. All new participants attending sessions at the OSU Extension Office agree to attend orientation on Friday, April 3, 11:00 a.m.-12 p.m. or schedule an appointment with the program coordinator.

Accommodation requests related to a disability should be made by April 3, to Nancy Kershaw, 503-842-3433, Nancy.Kershaw@oregonstate.edu. About OSU Extension: The Oregon State University Extension Service shares researchbased knowledge with people and communities in Oregon's 36 counties.

OSU Extension addresses issues that matter to urban and rural Oregonians. OSU Extension's partnerships and programs contribute to a healthy, prosperous and sustainable future for Oregon.

OSU Extension Service prohibits discrimination in all its programs, services, activities, and materials.



Enrollment includes payment of \$30 and the completion of health screening and enrollment

Second Annual Trail Mix set for March 28

The Second Annual Trail Mix will be held from 10 a.m. to 2 p.m. Saturday, March 28, at Gales Creek Campgrounds on U.S. Route 6 near milepost 35. A safety meeting will begin at 9:30 a.m. before work begins.

Trail Mix is a Tillamook Forest spring clean-up event, inviting all trail users to come together for a fun day of trail work and stewardship in the Tillamook State Forest. Whether you are a mountain biker, trail runner, hiker or equestrian, trail work veteran or first-timer, you are welcome to join.

Trail Mix is presented by Northwest Trail Alliance, Trailkeepers of Oregon, Daybreak Racing, Oregon Equestrian Trails (Northwest Chapter/Hillsboro) and the Oregon Timber Trail Alliance in a volunteer partnership with the Oregon Department of Forestry.

Wear long pants, sturdy boots, work gloves, eye protection, long sleeved shirt, rain gear depending on weather, hard hat or bike helmet, drinking water and a lunch/snacks. Extra hard hats will be available if you do not have one. All trail work tools will be provided but if you have your own hoe, Pulaski, shovel and/ or McLeod, feel free to use them if you would like.

Volunteers will be broken into small groups, each led by an experienced crew leader who will guide their work throughout the day on their trail section. Cleanup efforts include raking, drainage cleaning and fixing minor tread issues along the Gales Creek, Storey Burn and the Historic Hiking Loop trails.

Northwest Trail Alliance's (NWTA) Trail Sustainability Institute's Trail School will be leading a small crew that will teach basic trail maintenance skills during the event. This is a great opportunity to give back while learning a new skill.

NWTA will offer a chili dinner and adult beverages provided by Hopworks Brewery at the end of the work day back at Gales Creek Campground, along with raffle prizes to give away, donated by REI. Camping and an opportunity for a ride/ run/hike the following day, Sunday, March 29, is being planned, but will be highly dependent on weather conditions.

Register online at https://docs.google. com/forms/d/e/1FAIpQLSfaQYMitmT1a 5jCHsSvHIQ5x2Hp3x6MSoxl7gpRspRk-I2rAw/viewform.



Men's ONLY Caregiving Support Group

Many men care for their loved ones with chronic illness, which can be overwhelming. The men's only support group provides the opportunity for male caregivers to share their experiences, encourage others, and learn coping techniques.

3rd Wednesday of every month

1:30 – 3:00 p.m. | Facilitated by Howard Shapiro Tillamook County Library – Hatfield Room 1716 Third Street, Tillamook

Questions? Call 503-815-2270



SPORTS

Ultimook Youth Track Club back for another season

Registration open now

Chelsea Yarnell For the Herald

As Tillamook High School cross country and track & field programs success continues, interest in expanding the program as grown, including opportunities for the youth.

Last year, the Ultimook Youth Track Club made its debut.

The Ultimook Youth Track Club is the brainchild of Patrick Zweifel who also founded the Ultimook Race and Ultimook Running Camp for high school runners. He has brought in Youth Director Chelsea Yarnell and Youth Coach Josh

youth program. "Our mission is to develop young runners in both mind and body. Young runners require a fun, supportive environment to aid in aerobic development," Ultimook

Youth Director Chelsea

Huffman to oversee the

Yarnell said. The Ultimook Youth Track Club is a running club designed for athletes entering first-eighth grades.

"Last year we had roughly 40 athletes that participated in our club," Yarnell said. "Each of our practices include a warm up, dynamic drills, a run (whether sprints or long

distance), a short running game, and stretching. We modify all activities based on ages and break them into groups when we can since we have kids of all ages on the team."

Registration is currently open for all three of their sessions: Spring March 10-May 21; Summer June 16-Aug. 27; and Fall Sept. 15-Nov. 5. All sessions meet Tuesdays and Thursdays at 5:15 p.m. The cost to participate is \$59 a session.

"We meet at the Bud's **Community Fitness Trail** at Tillamook Junior High School and East Elementary School on

Tuesdays," Yarnell said. "On Thursdays, we like to meet in various locations around Tillamook. In the spring, we often meet at the high school track so that we can also introduce athletes to track & field events such as hurdles and long jump."

Athletes will also be invited to run in local fun runs throughout the season.

"Our practices are always a highlight of my day," Yarnell said. "Josh, Pat, and I get to share our passion for running with the community, and in return, we're always rewarded with the so much enthusiasm and joy from the kids on our team."

For more information or to register, visit ultimooktrackclub.com.



Comments welcome on planned statewide highway projects

Now is the time to comment on the list of upcoming highway projects that make up the Statewide Transportation Improvement Plan (STIP).

The STIP is the Oregon Department of Transportation's to-do list for capital improvements for state and federally-funded highway projects. The three-year, 2021-2024 draft list is developed by planners working with local partners, prioritizing the needs of the transportation system.

The Oregon Transportation Commission is accepting public comments on the proposed transportation projects in person and, for the first time, through an online open house. In Region 2, which includes Clatsop, Tillamook, Columbia, Yamhill,

Polk, Marion, Linn, Lincoln, Benton, Lane and western Washington counties, people can comment at upcoming scheduled public meetings:

Tillamook Thursday, March 12, 1-3:30 p.m. Northwest Oregon Area Commission on Transportation meeting Port of Tillamook Bay 4000 Blimp Boulevard

Salem Thursday, April 2, 3:30-5:30 p.m. Mid-Willamette Valley Area Commission on Transportation Mid-Willamette Valley Council of Governments 100 High Street SE, Suite 200

If you cannot attend one of the meetings, this year marks the first time that an online open house is available for you. On the online open house you can read about the proposed

projects and submit comments at: http://openhouse. oregondot.org/openhouse/ oregon-draft-stip. The online open house index allows you to easily search through all active open houses: https:// openhouse.oregondot.org/. Use the index and key word search to find projects in your area of interest.

Your feedback helps answer important questions such as:

•Will a project impact something that you think we should know about?

•What projects do you support?

•Are there projects that concern you? What are those concerns?

The online open house and public commenting period runs from now through Friday, April 10.

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Tierra del Mar residents monitor Facebook cable project

Residents of Tierra Del Mar say they are monitoring the construction site of Facebook's data cable drilling project. Facebook is using a beachfront lot to land a transoceanic data cable.

Some residents oppose the project, saying it is inappropriate for a denselydeveloped residential area. Tillamook County Commissioners Bill Baertlein and David Yamamoto voted to approve permits for the project. Commissioner Mary Faith Bell voted against granting the permits.

Facebook has cleared and leveled the site and has begun delivering the heavy equipment needed for the drilling project. Residents say they are documenting the process, taking notes and photos as well as video as the project progresses.

"We're left with little else to do right now, but to maintain a record of what happens here," Tierra Del Mar resident Ed Ruttledge said in a press release. "One of the problems we had in the permitting process was there was no good example of the problem this was the first of its kind drilling project on a small lot inside of a high-density neighborhood. So, we're going to document this for the next time this issue comes up along Oregon's shoreline.'

Ruttledge encourages Tillamook County citizens to drive by the site and see it for themselves.

"In supporting Facebook, Commissioner Yamamoto kept saying this was the same as a construction site of a new house," Ruttledge said. "People should take a look at it and decide for themselves if Commissioner Yamamoto had any idea what he was approving."



Statewide beach cleanup now accepting volunteer registrations

Kick off spring by participating in a SOLVE beach cleanup from 10 a.m. to 1 p.m. Saturday, March 28. Volunteers can now sign up for one of 45 locations on the coast. Oregonians will mobilize along the entire Oregon coast to remove tens of thousands of pounds of litter and marine debris washed in from winter storms.

Presented by AAA Oregon, the SOLVE Spring Oregon Beach Cleanup welcomes families, schools, business groups, and volunteers of all ages to join together in cleaning Oregon's beaches. "We are proud to join Oregonians

"We are proud to join Oregonians from across the state at this annual tradition of spring cleaning for our state's special coastal places," said Tim Morgan, CEO of AAA Oregon, and a native Oregonian. "Taking care of our state is a huge priority for AAA and our employees."

New this year is an emphasis on volunteers bringing their own supplies to reduce the amount of disposable supplies used. Volunteers are encouraged to bring their own reusable bags or buckets, as well as their own work or garden gloves. The majority of the Oregon coast will be cleaned by volunteers from the Columbia River jetty beach to Harris Beach near Brookings and dozens of beaches in between. To see a list of cleanup sites you can register for in advance, visit solveoregon.org or call 503-943-2835. Check-in and receive your instructions at one of 45 beach cleanup sites from Fort Stevens State Park near Astoria to Harris Beach in Brookings.

Since 1984, over 260,000 volunteers have removed an astounding 3.6 million pounds of debris from Oregon's beaches. This debris comes in many forms, from the single bottle cap littered on the beach to a thousand-pound commercial fishing net. A recent study published in the journal Science indicates that about eight million metric tons of plastic are entering the ocean globally each year, the equivalent of five bags of trash for every foot of coastline in the world. With this number on the rise, the impacts on the ocean and its beaches are high.

"Thousands of pounds of marine debris, both from Oregon and across the Pacific basin, wash ashore on our iconic beaches each year, threatening the health of our wildlife and coastal communities," said Jon Schmidt, SOLVE Program Coordinator, in a press release. "While this is a worldwide problem, local citizens have the power to make a difference here on our own beaches."

Be prepared by dressing for any weather and wearing sturdy shoes. You are encouraged to bring your own reusable bucket or bag, gloves, and a filled water bottle to help reduce plastic waste. If you happen to forget, SOLVE will provide bags and gloves. Don't forget about the small stuff! The most commonly found items of trash found on Oregon beaches are tiny bits of plastic and cigarette butts, which can be harmful to shore birds and marine life. Bring an old strainer to sift the sand for these items.

The Spring Ocean Beach Cleanup is presented by AAA Oregon. Additional sponsors include: The Standard, Oregon Parks and Recreation Department and local coastal haulers; media sponsors K103fm and KOIN 6.

SOLVE is a statewide non-profit



organization that brings Oregonians together to improve our environment and build a legacy of stewardship. Since 1969, the organization has grown from a small, grassroots group to a national model for volunteer action. Today, SOLVE mobilizes and trains tens of thousands of volunteers of all ages across Oregon to clean and restore our neighborhoods and natural areas, and to build a legacy of stewardship for our state.

Visit solveoregon.org for more information.

Better Health Calendar

a service of Adventist Health Tillamook



Empowered Childbirth, Sunday, March 1, 1 – 5 p.m., Adventist Health Tillamook, conference room A, Tillamook.

Diabetes Undone, Thursdays, March 19 – May 7, 1:30 to 3:30 p.m., Tillamook Seventh-day Adventist Church, conference room, 2610 First St., Tillamook.

April

Fall Prevention, Tuesday, April 21, 1 – 3 p.m., Adventist Health Medical Office – Plaza, conference room, 1100 Third St., Tillamook.

Powerful Tools for Caregiving,

Tuesdays, April 21 – May 26, 10 a.m. – 12:30 p.m., Adventist Health Tillamook, conference room A, Tillamook. Registration required. No charge.

May

Empowered Childbirth, Sunday, May 3, 1 – 5 p.m., Adventist Health Tillamook, conference room A, Tillamook.

Mammogram Spa Day, Thursday, May 7. Light refreshments, goodies and massages free of charge for anyone having their annual mammogram. Make your appointment today by calling 503-815-2292.

FREE monthly support groups

Men's ONLY Caregiver Support Group, 3rd Wednesday, 1:30 – 3 p.m. facilitated by Howard Shapiro, Hatfield Room, Tillamook Library, 1716 Third St. Tillamook. **Grief Support Group**, 1st and 3rd Tuesday, 11 a.m. – 12:30 p.m., Calvary Bible Church, Manzanita. 1st and 3rd Tuesday, 3 to 4:30 pm, Adventist Health Tillamook, conference room A.

clubCHIP, 3rd Monday, 5:45 –to 8:30 p.m., Tillamook Seventh-day Adventist Church, lower level in back, 2610 First St., Tillamook.

Women's Cancer Support Group,

1st Wednesday, 10:30 a.m. – 12 p.m., Adventist Health Medical Office – Plaza, 1100 Third St., Tillamook.

Alzheimer's Support Group, 4th Wednesday, 10:30 a.m. – 12 p.m., Tillamook Seventh-day Adventist Church, conference room, 2610 First St., Tillamook.

For more information: AdventistHealthTillamook.org or call 503-815-2270 unless otherwise noted.



Fasting: Helping your body find balance

Dr. Eli Andersen Doctor of Naturopathic Medicine at Rinehart Clinic

When I introduce the idea of fasting with the goal of wellness in mind, some people may be confused. Isn't a balanced nutritional diet important? Absolutely. And so is balance in all your body's systems. Fasting is one approach, among many, to finding that balance.

My practice is based on the core principle of Naturopathic Medicine: Vis Medicatrix Naturae, The Healing Power of Nature, meaning that the human body has a natural ability to heal itself. Fasting is very much in line with this as it can help the body find balance and supports healing.

First, a little bit about what a fast is. Merriam-Webster defines fasting as "abstaining from food;" in other words, choosing to not eat food. My definition of fasting is "the opposite of being in a fed state (unfed state)." The science of how fasting works is complex and would take up more room than we can fit in this article, but the bottom line? After a period of time in an unfed state, the body switches from its normal energy source (glucose) and begins to use stored fats as energy since there is limited glucose available in the body from lack of eating; this process is called ketosis. Along with burning fats, in the unfed state, the body is also able to identify cells that are no longer working in the right way and returns itself to a healthier state through a process called "autophagy." Autophagy starts after 13-18 hours of fasting. At the 24-hour fasting point, autophagy increases significantly.

Fasting has been used throughout human history in times of illness in order to support healing; it also happens universally in the animal kingdom. Scientific research on the benefits of fasting is still in the early stages, but we know from early studies (and from human and natural history) that fasting may be

Avocado Yogurt Soup

a way to eliminate waste, support the body in its own self-repair, and improve the function of immune cells. All of which could positively impact your health as you age!

Two common types of fast: •A Short Fast (also known as Intermittent Fast) means eating no food for a block of 12 or more hours in a 24-hour period. A typical short fast might last 16-20 hours with a time blocks (i.e. 4-8 hours) for eating each day. Short fasts can be helpful for weight loss, improved lean muscle mass, improved mental sharpness, improved healing, reducing inflammation in the body, and decreasing sugar and insulin in the blood.

 A Prolonged Fast, best performed with guidance from one's healthcare provider, can range from 24 hours to several days (or more) and generally leads to more noticeable benefits as you increase the length of the fast. Prolonged fasts may be helpful for chronic diseases, including high blood pressure, type 2 diabetes, insulin resistance, high cholesterol, autoimmune diseases, arthritis, skin conditions like eczema or psoriasis, gastro-intestinal

PRESIDENTS

conditions, mental health conditions, and cancer.

One of my patients, who happens to be a registered nurse, has been fasting twice a month for the last several months as part of her focus on a healthier lifestyle. After we initially discussed it, she researched more on her own. "After learning more about fasting, the idea just made sense to me, knowing what I know about the body's ability to heal itself," she said. "I look at it as a way to let my body rest and my cells rejuvenate. Plus, I have more energy!" Her most recent labs also show improvements in triglyceride and cholesterol levels.

If you would like to learn more about fasting, I will hold a workshop again this fall as part of Rinehart Clinic's Community Wellness programming. (Dates for the Workshop on Fasting have not been set, but if you are interested in attending, sign up for Rinehart Clinic's eNewsletter at www.rinehartclinic.org/news or follow us on Facebook for details as they become available.)

As with all health-related routines, if you plan to con-

duct a fast, you will want to check with your primary care provider first to make sure it fits your particular health care needs.

For more local health and wellness information, visit tillamookcountyhealthmatters.org or follow Tillamook County Wellness on Facebook, Instagram and Twitter.

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Recipe courtesy of National Dairy Council Ambassador Andrew Dole, MS, RDN, CSSD, CEC, USAT

Photo source: Dairygood.

Ingredients:

- 1 cup Greek yogurt 2% (or fat level of choice)
- 1 cup buttermilk
- 2 large ripe avocados
- 2-3 dill sprigs, rough chopped
- 2 tablespoons mint, rough chopped
- 1/2 lemon freshly squeezed (add more to taste)
- 1/2 teaspoon Kosher Salt (adjust to taste)
- ³/₄ cup milk or more as needed (fat level of choice)

Directions:

- 1. Cut avocado in half. Remove pit. Scoop out flesh with spoon into blender.
- 2. Combine all remaining ingredients in blender with avocado. Blend until smooth.
- 3. Adjust consistency of soup by blending in milk as desired. Remember that the soup will thicken slightly after being chilled.
- 4. Chill and serve.
- 5. Garnish with fresh mint and dill.

* Optional Yogurt Swirl: combine 2 Tablespoons of yogurt in a small bowl with small amounts of cold water until the yogurt looks like the consistency of heavy cream. Using a spoon swirl the thinned yogurt on top of the soup. Garnish with herbs.



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Seed to Supper gardening class combats local food insecurity

Seed to Supper is back for its sixth year in Tillamook County. This 12-hour class series give novice adult gardeners the tools they need to successfully grow their own food. Designed in partnership between Oregon State University and the Oregon Food Bank, Seed to Supper offers regionally specific gardening education that provides individuals with cost-efficient ways to grow vegetables at home, increasing community access and affordability of local, healthy foods.

Through Seed to Supper, hundreds of Tillamook County residents have learned to be successful and confident gardeners on the Oregon Coast. Participants learn low-cost ways to build healthy soil, plan a growing space, select crops suitable to the coastal climate, and care for and

to the coastal climate, and care for and harvest their crops. Participants receive a course book and a gardening trowel and receive a certificate upon completion of the course.



Tillamook County's Seed to Supper program is offered in partnership between Food Roots, the Tillamook County Master Gardeners, and the Tillamook County Library. Classes are available at library branches across the county and are taught by Master Gardeners and other experienced gardeners.

Registration is required to participate in Seed to Supper. If you would like to sign up, please visit foodrootsnw. org/seedtosupper or call us at 503-815-2800.

'Reader Photo of the Week'



This picture of a sunrise behind some pussy willows in Rockaway Beach was captured by Tina Christensen recently. Do you have a camera and an eye for beauty? Send us you pictures to editor@ orcoastnews.com. Please and thank you of course.

Riverbend Players present 'Take 3!'

66Take 3!" is the newest show

offered by the Riverbend Players, opening Friday, March 20, at the NCRD Performing Arts Center in Nehalem. The show presents three one-act plays: "Check, Please, Take 3" by Jonathan Rand; "Time Flies" by David Ives; and "Bye-Bye Brevoort" by Eudora Welty.

"Check Please" is a romantic comedy which asks the question- Which is better- staying single the rest of your life, or suffering through a series of the worst dates in history? "Time Flies" is another romantic comedy which involves two mayflies learning that they only have 24 hours to live, and the choices they make as a result. "Bye-Bye Brevoort" is a very silly play about a group of three very mature women who are in denial about their residence building being demolished around them. All of them have an offbeat sensibility that makes for a great night of comedy and variety.

Shows perform at 7 p.m. Friday, March 20- Saturday, March 21 and Friday, March 27- Saturday, March 28, and 2 p.m. Sunday, March 29, at the NCRD, located at 36155 9th street in Nehalem. Admission is \$17 at the door, or \$14 through tickettomato.com

Genealogy and family history and why I do ancestral research

Brad York

t has been said that only those who are willing to make great sacrifices to perpetuate the lives and achievements of others have the qualities essential for true greatness. I have spent my entire adult life learning everything possible about my ancestors. From that which I have learned, my ancestors had no celebrity, they had no fame, they had no grand reputation worthy of recognition. No man or woman among them made a great scientific discovery. Not one of them was a great statesmen or leader of some exciting political cause. None served as a military general winning some historic battle for freedom. No one of them ever spoke before a crowd of people influencing social change. As far as I know, no one ever published some great literary work or left an exceptional work of art. Were it not for the heritage they so willingly passed on to their posterity, they may never be remembered in history. Their greatness, however, is solidified in that they made great sacrifices to perpetuate our lives and achievements. They sacrificed and labored not solely for their own benefit, but that we may have the comforts we so richly enjoy.



BIRTHS



Jaden Joseph Zepeda

Martin and Hannah (Braden) Zepeda of Tillamook welcomed their new son, Jaden Joseph Zepeda to their family on Jan. 23, 2020. Jade weighed 9 pounds and 1 ounce. He joins his brother Jaxon Zepeda who is 2-years old.

I am often asked why I am so enthusiastic about family history, genealogy and ancestral research. The following is my best attempt to answer the question adequately:

There is at least one of us in every family. It appears that some of us have a calling to find the ancestors. Some are called to discover the lineage, and to put flesh on the ancestral bones. Some are called to put faces to the names and to turn otherwise tedious data into persons of value. Some are called to tell the family story, and to feel that somehow those who went before us know and approve. Doing ancestral research is not merely the unemotional act of gathering birth, marriage, and death dates. Instead it is an act of breathing life into all who went before us. Ancestral research is an artistic expression of creating a portrait of the life of an ancestor. We are the storytellers of the tribe. Every tribe or family should have one. In genealogical terms, an ancestor is often identified by a name

followed by birth and death dates set in parentheses, e.g. Elijah Malin (1774 - 1857). Ancestral research is discovering the life and story represented by the "dash" between the birth and death dates. Those who have gone before us are crying out; tell our stories. I am called to tell their stories. That is why I do ancestral research.

I once stooped down and drank water from a creek that ran through a farm in Dover, Strafford County, New Hampshire which was once owned by my seventh great-grandfather Richard York in 1642. I cannot express the profound sentimentality, but at that moment I felt an immense connection to him that thrilled me to the very core of my soul. I have often created similar feelings simply by discovering a new snippet of an ancestor's life. Each morsel of data adds to the portrait. Many times, while conducting ancestral research, I have felt in some way that there was an ancestor close by urging me to learn of him or her, and to tell his or her story? That is why I do ancestral research.

In finding my ancestors, I somehow find myself. There are heroes in the stories. These are people who faced the challenges of life and made it through. These both great and simple people had successes, failures, happiness, sorrows, and died without notoriety. The sense of intergenerational relatedness to these heroes seems to serve the purpose of making me more resilient. Their lives and grit strengthen me. Ordinary families can be special because we each have a history no other family has. Every family has a story that no one else has. I am called to tell the family story. That is why I do ancestral research.

It goes beyond just documenting the facts. It goes beyond finding tranquility at an ancestor's gravesite, thinking the bones here are bones of my bones and flesh of my flesh. It

goes to gratitude in what my ancestors could accomplish, how they contributed to what and where I am today. It goes to respecting their hardships and losses, their successes, their character, their grit, and their resoluteness. It goes to personal veneration for the fight they fought to make and keep us a free nation. It goes to a profound appreciation for the steadfastness and tenacity they displayed in living by biblical principles and being faithful to God. It goes to a deep and immense understanding that they were doing it for me, that I might be born who I am, and that I might remember them. I do ancestral research to remember and to honor them.

Many times, I have silently told my ancestors; you have a wonderful posterity; you would be so pleased with what we have done with your heritage. In turn, I overwhelmingly feel that I am immeasurably grateful for them, grateful for every one of them. That is why I do ancestral research.

I research with resolve, detail, care, and scribing each fact of their existence, because without them I would not be. Today, I do the research so that I might tell the story of my ancestors because I was called to do so.

If you are interested in learning more about this fascinating hobby of genealogy, family history, and ancestral research, join me at Tillamook Bay Community College in an 11-week beginning genealogy community education course from April 3rd through June 12th, 3:00 – 4:30 pm each Friday. Contact TBCC at https://tillamookbaycc.edu/ to register. We will focus on developing solid research and organizational skills to properly analyze genealogical sources and records. We will cover the basics of getting started, vital records, census records, land records, internet genealogy sources, and DNA (genetic genealogy). The course combines both classroom and practical His grandparents are Amy and Keith Braden of Tillamook and Maria and Jose Diego of Tillamook.

Jade's great-grandparents are Kathleen and David (Pete) Graves of Tillamook and Roy and Linda Braden of Tillamook and Roberto and Antonia Leos of Hillsboro.

FENCEPOSTS

Greetings Bay City. The popular local band, Benny and the Bay City Rockers, will perform at the Eagles on March 13th from 6:30 to 8:30 p.m. They play a variety of fun dance music, but according to Gordon McCraw, you can also expect some country western music. So put on your boots and cowgirl hat (or boy) and join us for some boot scootin fun. Next time they are scheduled to perform, get your requests in early to hear Sheriff Lieutenant Gordon Mc-Craw sing Elvis Presley songs. It will make you swoon! Ladies, there will absolutely be no throwing of any items of any kind on stage. My husband and I attended a meeting of the Bay City Emergency Management Committee on February 3rd, and were updated on what the City is doing to insure that our community is ready to respond to a disaster. The city has finished painting lines across streets and placing signs to mark the end of the tsunami zone and show routes to safe gathering places. Containers with emergency supplies are being placed at these sites. When it comes to a disaster, it really comes down to neighbors helping neighbors.

If you want to find out how you and your neighbors can be ready for any kind of disaster, you can contact Fire Chief Darrell Griffith, pick up a pre-



paredness packet at City Hall, or go on line to Oregon Office of Emergency Management: 2 Weeks Ready. Open your home and invite your neighbors in to learn what a neighborhood can do when you come together.

On Tuesday, March 10, the Bay City City Council presented the 2020 John Gettman Volunteer Service Award to Gary and Carla Albright for their outstanding service and dedication to the community. I know of no one more deserving than the Albrights for this award. Kin and I met them for lunch last week to interview them for the Fencepost. My column is too small to do justice for all that they have done. It is very difficult to write about them individually because they have been a team in all that they do. In the 10 years that Gary was the director of Tillamook County Historical Pioneer Museum he raised hundreds of thousands of dollars in donations and grants to restore the build



CALENDAR

www.tillamookheadlightherald.com/calendar

PROMOTE YOUR EVENT

You're invited to add your group's listings to our online event calendar at **tillamook** headlightherald.com

Wednesday, March 11, 2020

DAILY

Page B2

Free van service for veterans – 7:30 a.m. leaves Tillamook County Transportation District every weekday to provide local veterans with free transportation to either the Hillsboro or Portland VA medical facilities for appointments. For more information please contact veterans service office at 503-842-4358.

Wednesday, March 11

Pinochile - 3 p.m. at the Tillamook Eagles Lodge. Second and fourth Wednesday of each month.

Port of Garibaldi Meeting – 7 p.m. at City Hall in Garibaldi on the second Wednesday of every month.

Rockaway Beach City Council Meeting – 6 p.m., sec-ond Wednesdays, City Hall. Open to the public.

Nestucca Rural Fire Protection District Board Meeting – 4 p.m., second Wednesday of the month at 30710 Highway 101 S. Cloverdale. Contact Chief James Oeder joeder@nrfpd. com 503-392-3313 (office).

Family Caregiver Support Group – 1:30 p.m. to 3:30 p.m. the second Wednesday of each month at Northwest Senior and Disability Services 5010 East Third Street in Tillamook. Contact Stacie Zuercher at 503-815-2062.

Thursday, March 12

Veterans for Peace – 10 a.m. meeting, second Thursday, at the Bread and Ocean bakery, 154 Laneda Ave. Manza-nita. For more Info, call Brian McMahon, 503-368-3201.

This event begins Thurs-day, Sept. 5, 2019, and ends Thursday, Dec. 5, 2019

Parkinson's Support Group – 2 p.m. to 4 p.m., second Thursday, Tillamook Adventist Church, 2710 First St. Free. Call Mike or Joanne Love, 503-355-2573.

Tillamook County Art Association – 11 a.m.-noon, second Thursdays, 1000 Main St., Suite 7, Tillamook (next to the Fern Restaurant). Call Howard Schultz at 503-842-7415.

Boy Scouts - District meeting 5:30 p.m., 7 p.m. roundtable every second Thursday. Order of the Arrow, Tillamook. New members welcome. Call Russ Dewey at 719-246-3004.

Friday, March 13

Ocean Breeze Rugcrafters -10 a.m. to 2 p.m On the 2nd and 4th Fridays at the Latimer Quilt and Textile Center. For more information contact latimerprograms@centurylink. net, or call 503-842-8622.

Sip + Shop - is a monthly, after-hours event sponsored by downtown Tillamook businesses. It is held on the 2nd Friday of the month from 5:00 to 7:00 pm. Information about participating businesses and featured activities is available from the Chamber of Commerce.

Tillamook County Woodturners meeting - Every second Saturday of the month at 8792 Doughty Rd., Bay City at 10 a.m. For more information, call 503-801-0352.

Garibaldi Crab Races - 11-5 p.m. at The Old Mill 210 3rd St., Garibaldi, Oregon 97118. Admission for adults is \$5, kids 6-12 is \$2, 5 and under is free. Text 503-927-064 for more info

Sunday, March 15

All You Can Eat Pancake Breakfast – 8 a.m.-noon, third Sundays. Bay City Arts Center, 5680 A Street, Bay City. Whole grain or buttermilk pancakes, sausages (meat or vegetarian), salsa, beans, fruit compote with yogurt and blackberries in season. \$5 dollars.

Garibaldi Crab Races - 11-4 p.m. at The Old Mill 210 3rd St., Garibaldi, Oregon 97118. Admission for adults is \$5, kids 6-12 is \$2, 5 and under is free. Text 503-927-064 for more info

Monday, March 16

Tillamook City Council Meeting - 7 p.m. first and third Mondays, city hall. Open to the public.

Garibaldi City Council Meeting – 7 p.m., third Mondays, city hall. Open to the public.

Nestucca Valley School District Meeting – 6 p.m., third Monday. At Nestucca Junior/Senior High School. Open to the public. (the meeting moves to 4th Mondays if there's a no-school day on the third Monday.)

Tuesday, March 17

Wheeler City Council Meeting – 7 p.m., third Tuesdays, City Hall. Open to the public.

U.S. Coast Guard Auxiliary Flotilla 63 – 7 p.m. third Tuesdays, lower Coast Guard Station in Garibaldi. Call Gordon South-wick, 5wwww03-322-3677, or Bob Hickman, 503-368-6717.

Grief Support Group – 3 p.m. to 4:30 p.m., first and third Tuesdays, Tillamook Regional Medical Center, Conference Room A (third floor).

Grief Support Group - 11 a.m. to 12:30 p.m., first and third Tuesdays at the office building behind Calvary Bible Church Corner of 5th and 506 Laneda Ave. Manzanita.

Pine Grove Community Club Potluck – 5:45 p.m. social time, 6:30 p.m. dinner, third Tues-days. Bring your own tableware and a dish. Manzanita. Call Jack Allen, 503-368-5687.

Wednesday, March 18

Migoto Yamadori Bonsai Club of Tillamook – 7-9 p.m., third Wednesdays, Tillamook PUD building, 1115 Pacific Ave. Call Ruth LaFrance, 503-842-5836.

Bunco Night - 6 p.m. at the Til-lamook Eagles Lodge. First and third Wednesday of every month.

Wellspring Adult Respite Care – 10 a.m-4 p.m., first and third Wednesdays, Tillamook Seventh-day Adven-tist Church. 503-815-2272.

International Order of Rainbow for Girls – 7 p.m., first and third Wednesdays, Tillamook Masonic Hall. 503-842-6758.

Thursday, March 19

Tillamook County Quilt Guild – 10:30 a.m., third Thursdays, Latim er Quilt and Textile Center, 2105

Wilson River Loop Rd., Tillamook For more information contact latimerprograms@centurylink.net or call Gail or Kim at 503-842-8622. Fred Meyers Military Discount -

Third thursdays of every month, enjoy 10% off. Show the cashier your Millitary/Veterans ID or ask them to load the Military Discount onto your rewards card.

VFW Kilchis-Tillamook Bay Post 2848 and the Ladies Auxiliary – 6 p.m. third Thursdays, Bay City Hall, 5525 B Street, Bay City.

Fisherman Advisory Committee of Tillamook – 6:30 p.m. to 8 p.m. at the Tillamook PUD meeting room at Eleventh Street and Pacific Avenue. The meeting will be every third Thursday of the month.

North County Grief Sup-port Group – 3-4:30 p.m., first and third Thursdays, Calvary Bible Church, Manzanita. Call 503-368-6544, ext. 2313.

Repair Café. -- This is a new monthly community event every 3rd Thursday of the month from 6pm – 8pm comprised of com-munity volunteers who repair, sev and give expert advice on items in need of fixing. NO Internal combustion engines. If you have questions, contact repairmook@ gmail.com. There is no admis-sion fee, all ages welcome.

Neskowin Regional Water District – 1 p.m. at the district office at 47880 South Beach Road in Neskowin (Third Thursday). The meeting is open to the public.

Grief Support Group North County – 3-4:30 p.m. First and third Thursdays. Calvary Bible Church in Manzanita. Tillamook Hospital's relief chaplain Michael Gabel presents information to help with the grief process.

Breastfeeding Support Group – 6 p.m. Third Thursdays of each month in the Riverbend room of the North Coast Recreation District. Leaders will guide participants in the discussion topic for the one-hour meeting followed by the opportunity for mothers to connect and network Children are welcome to attend. A \$1 donation is requested to support the use of the space. Cal Carlotta Roddy at 503-812-6243 or Jennifer Childress at 503-368-5886 for further information

Friday, March 20

Latimer Quilt & Textile Center Board Meeting – 9 a.m. every third Friday in the library at the Latimer Quilt and Textile Center. For more information contact latimerprograms@centurylink. net, or call 503-842-8622.

Nesko Women's Club - 11:45 a.m., third Fridays (September to May,) at Cape Kiwanda Community Center. A speaker is scheduled for each regular meeting. Lunch is \$3. You do not have to be a member to attend, but reservations are required. For lunch reservations/ info: Julie Krohn 503-863-9307.

Manzanita Municipal Court notice – 1:30 p.m. at Manzanita City Hall. 543 Laneda Avenue, once a month thereafter. The public is invited to attend.

Saturday, March 21

WEEKLY EVENTS

TILLAMOOK COMMUNITY CHORUS - Thursdays, 6:30 - 8:30 pm Begins Thursday, February 6 (come at 6pm to register) Tillamook High School Choir Room. All singers welcome. Questions: Mary at (503) 812-1830

OPEN MIC NIGHT - Wed. 4 p.m. to 7 p.m. at the Tillamook Eagles Lodge. STORYTIME – Tues. 10 a.m. (24-36 months); Wed. 10 a.m. (3-5 years);

Thurs. 10 a.m. and 4-5 p.m. (6-12 years); Fri. & Sat. 10 a.m. (birth-24 months); Saturdays, 10 a.m., 11 a.m. Tillamook main library. START MAKING A READER TODAY - 12:45-2:15 p.m. Tues. and Thurs. Volunteers needed to read to Nestucca Valley Elementary

students. Call Diane, 503-965-0062. TILLAMOOK SENIOR CENTER – Meals at noon Mon-Fri; pinochle at 10 a.m. Fri.; free bingo 10 a.m.-noon third Thurs.; cards 11 a.m.-2 p.m. Tues.; Senior Club meeting and potluck at 11:30 a.m. second Fri.; pool and drop-in center 11 a.m.-2 p.m. Mon-Fri. 316 Stillwell Ave.

Call 503-842-8988 SENIORS NONDENOMINATIONAL WORSHIP - 6 p.m. Tues. Five Rivers Retirement & Assisted Living Community, 3500 12th st., Tillamook. 503-842-0918.

CIVIL AIR PATROL TILLAMOOK SQUADRON - 1845 to 2045 at ATV center, 5995 Long Prairie Rd. For CAP information and membership call Lt. Col. Michael Walsh, at 503-398-2838.

ROCKAWAY LIBRARY - 3 p.m., Pre-school storytime for ages 3-5, Tues, 503-355-2665, CELEBRATE RECOVERY – 6 p.m. Tues., Tillamook Church of the

Nazarene. Child care provided. KIAWANDA COMMUNITY CENTER - stitchers group Tues., bingo

Wed., card playing Fri. 503-965-7900. MEDITATION, PRAYER – 7:30-8:30 p.m. Silent meditation, Mon. and 8:45 a.m. Tues.; Lectio Divina, 10-11 a.m. Tues., St. Catherine's Center for Contemplative Arts, Manzanita. Call Lola Sacks, 503-368-6227. SENIOR SERVICES - Provided by Northwest Senior & Disability ervices at Sheridan Square Apts. Dates, times vary. 503-842-2770 GARIBALDI LIBRARY STORYTIME - 2:45 p.m. Thurs. 503-322-2100. WELLSPRING - 10 a.m.-4 p.m. Every Wednesday at the Tillamook Seventh-day Adventist Church. For more information, contact Mollie Reding at 503-815-2272.

MOVIE NIGHT IN WHEELER - 6 p.m. at the Rising Star Cafe in Wheeler every Wednesday. For details, call 503-368-3990. LIVING WELL WITH CHRONIC CONDITIONS CLASS - 2 p.m. to 4:30 p.m. Tuesdays at the North County Rec-reation District at 36115 Ninth Street in Nehalem. RADIO CONTROL HELICOPTERS. - 1 p.m. to 3 p.m. Sundays at the North County Recreation District. 36155 9th Street in Nehalem. Call 503-368-7008 for more information BSSEACH ACCESSIBLE WHEELCHAIRS - at the Manzanita Visitors Center. They are available for check-out during business hours at the Visitors Center, 31 Laneda Ave., Manzanita, OR. Call 503-812-5510 for more information. FOOD PANTRY/WARM WELCOME - 10 a.m. to 2 p.m. at

the Nehalem Bay United Methodist Church basement on 10th Street just off Hwy 101 on Fridays and Saturdays. GROUPS TILLAMOOK MASONIC LODGE AF & AM MEETINGS - 7 p.m.

second and fourth Tuesdays at 1904 Second Street. Officers meet at 6 p.m. on second Tuesday.

ALCOHOLICS ANONYMOUS WOMEN'S MEETING - 10 a.m. Sun., Serenity Club, 5012 Third St.

ROTARY CLUB OF TILLAMOOK – Noon Tues., Tillamook Elks Club AL-ANON – 7-8 p.m. Mon., North County Recreation District, Nehalem. 503-368-5093.

WOMAN'S AA MEETING, SISTER'S IN SOBRIETY - Noon to 1 p.m. every Tuesday at St. Catherine's Episcopal Church, 36335 N. Hwy 101, Nehalem.

DRY DOCK AA -7 p.m. Mondays and Thursdays Bay City Odd Fellows Lodge, 1706 Fourth St.

OVEREATERS ANONYMOUS - 6 p.m. Mon., Tillamook Regional Medical Center, Room D (third floor). 503-812-0838. TILLAMOOK KIWANIS CLUB - 12 p.m., Tillamook Kiwanis Club Meets on Wed. at The Rendezvous Restaurant and Lounge, 214 Pacific Avenue. TOPS MEETING – 10 a.m. Bay City Methodist Church, 5695 D. St. Bay City, OR. Contact Gloria 503-842-4274. ALCOHOLICS ANONYMOUS - 6 p.m. every Friday at the Rockaway Beach Community Center FOOD

ROCKAWAY BEACH MEALS FOR SENIORS – 11:45 am Mon., Wed., and Fri., St. Mary's by the Sea Hall. Also delivery to homebound in Rockaway Beach and Garibaldi. Call Bob Dempster 503-812-2073.

PACIFIC CITY SENIOR MEALS - noon every weekday at the Kiawanda Community Center in Pacific City. The cost is \$3 for seniors and \$6.75 for everyone else EXERCISE

SPIRIT DANCE – 6-8 p.m. Second and fourth Fridays. Pine Grove Community House, Manzanita. Free-form dance celebration. MANZANITA RACEWALKING - 9 a.m. (Sundays). Meet at end of Laneda/Beach street. Contact Corinna at 503-368-6144. STEP IT UP TILLAMOOK (CENTRAL) - 9:30 a.m. to 10 a.m. (Wednesdays) at 4506 Third Street in Tillamook STEP IT UP TILLAMOOK (SOUTH) – 3:15 p.m. to 3:45 p.m. (Mondays) at Kiawanda Community Center.

SQUARE DANCE LESSONS - 5:30 p.m. to 7:30 p.m. Wednesdays

Rockaway Beach Community Center. MOVING FOR BETTER HEALTH: Qigong class – 8 - 8:30 a.m. Tuesdays and Thursdays at the YMCA in Tillamook. The Tai Chi classes would be included. MANZANITA RACE-WALKING - 9 a.m. (Sundays). Meet at end of Laneda/Beach street. Questions? Contact Corinna at (503).368.6144 or cbbcalm@gmail.com TAI CHI CLASS - 11 a.m. to noon on Mondays and Wednesdays at the North County Recreation District, 36155 9th St, Nehalem. 504-368-7008. (ncrd.org.) TAI CHI CLASS - Noon to 1 p.m. Wednesdays and Fridays at Tillamook YMCA 610 Stillwell Avenue in Tillamook. TAI CHI YANG STYLE - Pine Grove Community House. Wednesdays at 1:00 pm - 2:00 pm at 225 Laneda Avenue n Manzanita, 97130 MANZÁNITA PAČE SETTERS WALK/JOG/RUN GROUP - 7:30 a.m. Sat., parking lot behind Spa Manzanita. BAY CITY ART CENTER - Yoga continues on Mon. and Thurs. at

YOGA WITH LUCY BROOK – 5 p.m. to 6:30 p.m. Center for the Contemplative Arts, 300 Division St., Manzanita. ARTS & CRAFTS

KNITTING/CROCHETING GROUP- Every Tuesday, 6-7:45 p.m., at the North Tillamook Library in Manzanita. All skill levels are welcome and encouraged. For more information, contact Deborah at 408-930-4911

OPEN CLAY STUDIO - 10 a.m. to 4 p.m. (Tues., Thu., Sat.) at Hoffman Center for the Arts in Manzanita. The class is offered three times a week for anyone 18 years and older. Studio fees are \$2 per hour. Clay is \$1.50 per pound. For more information, contact the Volunteer

Clay Hosts at hoffmanclaystudio@gmail.com. TUESDAY DRAWING WORKSHOP - at the Art Accelerated Gallery, 1906A Third St in Tillamook. This is a weekly drop-in session for adults from 1:30 – 3:30 each Tuesday. \$5 per session or \$20 for 5 sessions. Bring your own supplies (some supplies may be available for purchase). Go to our website for more information: artaccelerated.org

OPEN GALLERY - 1 p.m. to 5 p.m. at the Hoffman Center for the Arts, 594 Laneda Ave., Manzanita, every Thursday through Sunday, check out the latest artwork. Contact 503-368-3846. RIVERBEND FIBER ARTISTS - 1 p.m. in the Riverbend Room at North County Rec District in Nehalem. There is knitting, crocheting, weaving and hooking. All fiber arts welcome. LIFE DRAWING – 10 a.m. in Nehalem. For more in-

formation, contact sorrel@nehalemtel.net. CORDELIA'S KNITTERS GROUPS - 1 p.m. to 3 p.m. (afternoons); 5:30 p.m. to 7:30 p.m. (evenings). Every Thursday at the Latimer Quilt and Textile Center. For more information contact latimerprograms@centurylink.net, or call Gail or Kim at 503-842-8622. WEAVERS – 10 a.m. to until closing time. Every Friday at the Latimer Quilt and Textile Center. For more information contact latimertextile@centurylink.net, or call 503-842-8622. NEEDLE WORK GROUP - 2 p.m. to 4 p.m. Every Wednesday at the Latimer Quilt and Textile Center. For more information contact latimertextile@centurylink.net, or call 503-842-8622. TODDLER ART - 10-11 a.m., Wed., Bay City Arts Center. Children must be accompanied by an adult. 503-377-9620. KNITTING GROUP - 1 p.m. to 4 p.m. at the North County Recreation District. 36155 Ninth St. in Nehalem. EMBROIDERY GROUP - 2 p.m. to 4 p.m. Every Wednesday at the Latimer Quilt and Textile Center. For more information contact latimerprograms@centurylink.net, OREGON COAST FIBERARTISANS - Every Tuesday at 10 a.m. to 2 p.m. at the Latimer Quilt and Textile Center. For more information contact latimertextile@centurylink.net, or call 503-842-8622

FUN & GAMES

TILLAMOOK YOUTH BOWLING LEAGUE - 10:30 a.m. Saturdays at the Tillamook Bowling Alley on Third Street in Tillamook. For more information, contact coach Jim Shuman at 503-801-3092. BRIDGE - 1 p.m. (Every Monday) at the Rockaway Beach Community Center 2310 Hwy 101 N in Rockaway Beach. POOL TOURNAMENT - 5:30 p.m. Every Thursday at the Manzanita Lighthouse on Highway 101 in Ne halem. For information, call 503-368-4990.

TILLAMOOK CO. HORSESHOE PITCHERS ASSOC. - 6 p.m. every Tues. weather permitting. Tillamook Elks Park. wJohn Schriber 503-842-2247.

 ${\bf BINGO}\ {\bf NIGHT}$ - Sunday at 2 p.m. and Thursday at 6 p.m. at the Tillamook Eagles Lodge.

TEXAS HOLD 'EM - Sunday at 1:30 p.m. and Friday at 7 p.m. at the Tillamook Eagles Lodge. BRIDGE, PINOCHLE AND CRIBBAGE – 1-3 p.m. Wed. and Thurs.,

North County Rec. District, Nehalem. 503-355-3381. TILLAMOOK DUPLICATE BRIDGE CLUB - 6 p.m. Tues., 11 a.m.

Fri., Tillamook Elks Lodge 107 Third Street, Tillamook \$3 per session Call Theresa, 503-317-8967

PINOCHLE AND BUNCO - 2 p.m. Tues. Pinochle/ 1:30 p.m. Wed. Bunco at Five Rivers, 3500 12th St. 842-0918. Free. MUSIC

TILLAMOOK LIBRARY LIVE MUSIC - 2-4 p.m. Saturdays. JAM BAND NIGHT - 6 p.m. to 9 p.m. Wednesday at the Tillamook Eagles Lodge

SALTY STRINGS UKULELE GROUP - 5:30 p.m. Fridays at the Little Crow in Rockaway Beach.

KARAOKE NIGHTS – 8 p.m. Wednesdays at Manzanita Lighthouse 36480 Highway 101N in Nehalem 7 p.m. to 11 p.m. Thursdays at The Upstairs Bar and Grll in Netarts.
8 p.m. to closing Fridays at The Landing Bay City. - 7 p.m. to 11 p.m. Saturdays at The Eagles Lodge Tillamook (Open to the public and singers of all ages) - 8 p.m. at Kitty's in Tillamook.

Saturday, March 14

Karaoke Night - 7 p.m. to 10 p.m. at the Tillamook Eagles Lodge. Second and fourth Saturday of each month.

Cloverdale Committee Meeting – 6:30 p.m., third Wednesdays, The Lions Den, Cloverdale.

Grand Opening of the Con-vair 880 Exhibit - 12 p.m. at the Tillamook Air Museum.

Live Music: Midnight Gumbo - 7

at Elks Lodge, 1907 3rd Street, Tillamook. Learn modern Square Dancing with the Wave Steppers of Tillamook Bay. Children 9 and older welcome with an adult. For more information, call Bob at 503-322-3819, or Gwen 503-322-3274. There is a \$5 cover charge. STEP IT UP TILLAMOOK COUNTY (NORTH) - 8 a.m. to 8:30 a.m. (Tuesdays) at NKN High School track in Rockaway Beach. CLOGGING CLASS - 10:30 a.m. Tuesdays at the

Tillamook County Church Services

Bay City

BAY CITY UNITED METHODIST CHURCH

A warm and friendly congregation. 5695 D Street, Bay City, OR, (503) 377-2679, Pastor David Hurd. Worship Service 10 a.m., Fellowship downstairs afterwards. https://www. facebook.com/BayCityOregonUMC Open Hearts, Open Minds, Open Doors!

Beaver

BEAVER COMMUNITY CHURCH

24720 Hwy. 101S, Cloverdale, OR (503) 398-5508. Sunday School 9:50 a.m. Worship Service 11 a.m. Call for Bible Study information. beavercommunitychurch.com. Josh Gard, Pastor.

Cloverdale

ST. JOSEPH'S CATHOLIC CHURCH 34560 Parkway Drive, Cloverdale, (503) 392-3685. Services: 5:30 p.m. Saturday night, 9:30 a.m. Sunday.

WI-NE-MA CHRISTIAN CHURCH

Wi-Ne-Ma Campground. 5195 Winema Road, 7 miles south of Cloverdale. Kyle French, Minister. (971) 237-2378. info@winemachurch.net. Sunday School 9:30 a.m., Worship 10:45 a.m.

Garibaldi

NORTH COAST CHRISTIAN CHURCH

309 3rd St., (503) 322-3626. Pastor Richard Jenks. Sunday Worship Service 10:30 a.m. We invite you to join us.

Netarts **NETARTS FRIENDS CHURCH**

4685 Alder Cove Rd. West, (503) 842-8375. Pastor Aaron Carlson, Adult & Youth Worship Service: 9:30 a.m. Children's Sunday School: 9:30 a.m. Nursery available Handicap Accessible Small Groups Website: www.netartsfriends.org All are welcome!

Pacific City NESTUCCA VALLEY PRESBYTERIAN CHURCH

35305 Brooten Road, (503) 965-6229. www.nestuccavalleypc.org Pastor Rev. Ben Dake. Weekly Bible study group Fridays at 10 a.m. Open communion the first Sunday of each month. Regular services Sunday 10 a.m. Everyone is welcome.

PACIFIC COAST BIBLE CHURCH

35220 Brooten Road (Adjacent Post Office) Pastor Dan Mason 503-965-7222 Sunday Worship - 9:30 a.m. Fellowship Time – 10:45 a.m. Sunday School – 11:15 a.m. All Welcome - Nursery Provided www.pacificcoastbiblechurch.com

Rockaway Beach ST. MARY BY THE SEA CATHOLIC CHURCH

275 S.Pacific St. (mailing: P. O. Box 390) (503-355-2661) e-mail: stmarys1927@gmail.com Pastor: Rev. Amal Irudayaraj Parochial Vicar: Fr. MacDonald Akuti Mass Schedule: Saturday (5:30 p.m.) Sunday (8:30 a.m.) (10:30 a.m.) Weekdays:Monday thru Friday (9:30 a.m) Confessions: Saturday (5:00 p.m.) Sunday (8:00 a.m.)

Call 503-842-7535 or email headlightads@countrymedia.net

to list your church in this directory

Tillamook

BETHEL BAPTIST CHURCH (CBA) 5640 U.S. 101 S. (2 miles south of Tillamook), (503) 842-5598. Sunday School for all ages 9:45 a.m. Morning Worship 11 a.m. Evening service 6 p.m. Nursery provided for all services. Everyone welcome!

CHURCH OF CHRIST TILLAMOOK

2506 1st Street, (503) 842-4393 Preacher: Larry Owens Sunday: Adult Classes & Children's Sunday School 10 a.m. Worship Service: 11 a.m. Everyone is welcome! Enter to worship...Leave to serve.

CHURCH OF THE NAZARENE

2611 3rd, (503) 842-2549. Pastor Josh Myers. Classic service: 9:30 a.m. Contemporary service: 11 a.m. Sunday School: 9:30 a.m. and 10:45 a.m. Childcare for infants to age 5 available. Tuesdays: Celebrate Recovery 5:30 p.m. Wednesdays: Teen Fellowship 7 - 8 p.m. We welcome you to join us as we worship together.

REDEEMER LUTHERAN CHURCH (LCMS)

302 Grove Ave. (503) 842-4823 Sunday Services: Adult **Bible** Class and Sunday School 9:30 a.m. Divine Worship 10:30 a.m. Pastor Beck Vicar Brinkert

ST. PETER LUTHERAN CHURCH (ELCA)

401 Madrona at 4th St. (503) 842-4753 Lori Blake, Pastor Traditional Sunday morning worship 11 a.m. You are warmly invited to join us.

EMMANUEL MISSIONARY BAPTIST CHURCH

Meeting at the Kilchis House 4212 Marolf Place Sunday Morning Services 10 - 11 a.m. Bible Study 11 - 12 p.m. Preaching Midweek Service-Thursday 10 - 11 a.m. Pastor Sterling Hanakahi (503) 842-7864

FIRST CHRISTIAN CHURCH

2203 4th St., (503) 842-6213. Senior Pastor: Dean Crist Sunday Prayer at 8:45 a.m. Worship Celebration at 9:15 a.m. Classes for all ages at 11 a.m. Casual attire. Nursery facilities and handicapped accessible. Programs available for youth of all ages. Travelers and newcomers welcome.

LIVING WATER FELLOWSHIP

1000 N. Main, Suite 12, (503) 842-6455. Pastors Marv and Judie Kasemeier (Charismatic, Non-denominational) Sunday Morning Service 10 a.m. Nursery through sixth grade children's church provided. Wednesday Generation Unleashed Youth Service for ages 12-18. Adult Bible Study Thursday 6:30 p.m.

OCEAN BREEZE BAPTIST CHURCH

2500 Nielsen Road, 503-842-1446, Pastor Kevin Birdsong. Sunday School 10 a.m., Sunday Morning Service 11 a.m., Sunday Evening Service 6 p.m. Wednesdays: Prayer Meeting. King's Kids and Teen Power Hour 7 p.m. "The end of your search for a friendly church." www.oceanbreezebaptist.blogspot.com

ST. ALBAN'S EPISCOPAL CHURCH

2102 Sixth Street., (503) 842-6192. Lori Blake, Priest-in-Charge. 9 a.m. Sunday Worship - Holy Eucharist Public Healing Service, every Friday of the month at 12 noon. Everyone is welcome. Handicapped accessible. www.StAlbansTillamook.com.

SEVENTH-DAY ADVENTIST CHURCH

2610 1st St., (503) 842-7182. Pastor Tim Mayne. Sabbath School 9:30 a.m Saturday Worship Services 10:40 a.m. Saturday Bible Study 7 p.m. Tuesday All visitors welcome Community Services 10 a.m. - 2 p.m. Tuesday & Thursday KGLS-LP 99.1 FM Christian radio www.tillamookadventist.net Handicapped accessible

SACRED HEART CATHOLIC CHURCH

2411 Fifth St. (mailing: 2410 Fifth St.) (503) 842-6647 e-mail: sacredheart2405@gmail.com www.tillamooksacredheart.org Pastor: Rev. Amal Irudayaraj Mass Schedule: Saturday (5:30 p.m.) Sunday (9:30 a.m.) (Spanish 12 p.m.) Weekdays: Monday thru Friday (8 a.m.) Friday (Śpanish 6:30 p.m.) Confessions: Friday (5 p.m.) Saturday (4 p.m.) Sunday (11 a.m)

ST. JOHN'S UNITED CHURCH OF CHRIST

"No matter who you are or where you are on life's journey, you are welcome here." Pastor John Sandusky. 602 Laurel Ave., Tillamook, (503) 842-2242. Adult Bible Study: Sunday 9:30 a.m. Sunday Worship: 10:30 a.m. Website: www.stjohnsucctillamook.net. Handicapped accessible.

TILLAMOOK UNITED METHODIST CHURCH

Pastor Phil Airhart Onsite Sunday, Tuesday & Wednesday 3808 12th St., (503) 842-2224. Sunday Services 11 a.m.; Office Hours: Tue-Thurs 10 a.m. - 2 p.m.; Fully accessible facility. ADA accessible. Because God's love and grace extends to all people, wherever you are on your spiritual journey, you are welcome here.



FENCEPOSTS

t was a full house for the Ltribute to the late Barbara Jo Ann Bennett (Feb. 16, 1932–April 7, 2019) at the Cape Meares monthly potluck on Saturday, Feb. 29. Mary Jane Pelson spoke about her family's early years in Cape Meares, when Barbara hosted monthly potlucks and Bingo games in the old schoolhouse. I spoke about Barbara's 30+ years of writing the Cape Meares Fencepost column for the Headlight Herald, noting how it isn't easy to come up with a weekly column among sometimes reticent neighbors. Chuck Duffy, who had moved in next door to

the Bennett family 30 years ago, talked about Barbara's welcoming visage every time he rolled into town. David Bennett spoke first for the family, remembering all the time his mother had devoted to keeping the old schoolhouse in shape. Barbara's brother, Jerry Schlegel, told tales about attending school at the building's original site in Bayocean, and later helping move the schoolhouse to Cape Meares. BJ Byron announced the schoolhouse has been renamed the Barbara Bennett Community Center in honor of Barbara's many contributions over the years;



a new sign to that effect is prominently displayed over the west windows inside the building. Barbara Swanson, on behalf of the Nea-Rock Garden Club, made a monetary donation to the center in Barbara's name. Food was plentiful (including desserts) and everyone enjoyed reminiscing about our beloved matriarch of Cape Meares, Barbara Bennett.

On a recent beach walk, I was excited to find a message in a bottle (MIB). The note didn't have contact information, but it did say "Tillamook 2020," so it had not been long at sea. The most interesting MIB discovered by our family was found in 2014. It was dated Jan. 5, 1979, and said: "Dear Antonette, You're the most beautiful Argentine girl I have ever met in Mexico. I hope this finds you in Vancouver. I miss you, Josué." A 35-year-old love letter! An oceanographer friend said the bottle likely had cycled into the Arctic gyre (a circle of currents) and frozen in the winter ice, then later was released by glaciers melting during this period of global warming. If you find a message in a bottle while walking on Cape Meares beach or Bayocean spit, please let me know and I'll share it with the Fencepost readers.

Many thanks to Gerald "Pat" Patterson, the last keeper at the Cape Meares Lighthouse and a Coast Guard veteran, for a picture he passed along of a Cape Meares house. The picture was dated July 1956 and looked as if it were taken during the period of washouts on the spit. Pat noted that he helped with Bayocean repairs during that time. We appreciate your sharing this bit of history, Pat.

A reminder to join us at Art Accelerated in downtown Tillamook (1906 3rd St.) this Friday, March 13, from 5-7 p.m. for Katie Nolan's reading from her memoir, "Confessions of a Hobo's Daughter." Eats, drinks and music as well; you can't beat that!

hanks to Julie Krohn for word that Kiawanda Community Center is hosting a St. Patrick's Day Party. It's planned from 6-9p.m. on Tuesday, March 17; the address is 34600 Cape Kiawanda Drive in Pacific City. The event will include dinner, a raffle and games for the youngsters. Admission and all the green punch you can drink are free; refreshments are available to purchase and the corned beef dinner is \$10, hot dogs (\$1) and green beer (\$4), available for purchase.

We appreciate Christin Harrison sending an Art Accelerated calendar of events to the Fencepost inbox. Locations for the various events may vary, but the gallery is located at 1906 Third SOUTH COUNTY MELONIE FERGUSON 503-812-4242 mossroses@yahoo.com

Street in Tillamook; we can ask the gallery sitter for the location of an advertised event if it isn't obvious.

Sip and Shop is planned from 5-7:00 p.m. on Friday, March 13; Katie Nolan, author of "Confessions of a Hobo's Daughter," will read from her work and folk singers Sam and Mary Spivey will perform. A March Open Mic Night is planned from 6:30-8:30 p.m. on Saturday March 21. Their Downtown Art-walk happens again from 1-3 p.m. on Saturday, March 28.

Art Accelerated offers an open studio from 1-3:30 p.m. each Tuesday for \$5 (or 5/\$20). Writers have an ongoing meetup from 6-8:00 p.m. on the first Wednesday, monthly. For more information, visit artaccelerated.org

Free programs at South Tillamook County Library this week include friendship themed stories for After School Club at 4 p.m. on Wednesday, March 11. A showing of Toy Story is in store when the group meets on March 18. Woven

Wednesdays, a chance to make progress on our own needlecraft or sewing projects, are planned for 4 p.m. those same Wednesdays. A felting workshop will happen at 3 p.m. on Thursday, March 19. Mother Goose on the Loose, story time for babies through age three with their caretakers, is slated for 10 a.m. on Saturdays. The Library is located off of Brooten Road on Camp Street in Pacific City.

Remember that South Tillamook County's sixth yearly Pie Night happens this weekend. Doors open at 6:30 p.m. on Saturday, March 14 at Kiawanda Community Center; admission is \$10 for adults, \$5 for children.Tickets may be purchased at https:// www.foodrootsnw.org/pie. The event features a live pie auction followed by an all-you-can-eat pie and ice cream feast. Proceeds benefit Food Roots projects including South County Food Bank and our own Farmers' Markets in Neskowin and Pacific City.

Accessing a list of local birthdays has been challenging for me since Christmas. I traveled over the holiday and took my copy of the Community Calendar, sold by Lion's Club members, along with me. Until last week, it was lost. Each time I've written the column (since January) I have visited The Rusty Cow, NAPA Auto Parts or the TCCA Feed Store in downtown Cloverdale to copy or photograph the week's birthdays. Heartfelt thanks to the trio of local businesses for seeing us through. My calendar is back after some weeks behind a desk drawer, where it undoubted landed due to overcrowding. I'll let that be a lesson to me.

Happy Birthday this week to: John Barcroft, Lee Brassfield, Diana Clark, Rowan Dillon, Hilary Gallino, Jeanette Hagerty, Paul Hopkes, Ginny Jacobs, Keegan Jones, Jay Lane, Jim Lasley, Abigail Love, Frances Madachy, Ruby Madrona, Cynthia Marshall, Candy Pengelly, Al Randall, Kathy Schaefer, Tegan Slavens and Forrest Whiteman.

Crab Races are only a few days away! This is the Garibaldi Lions major fundraiser for the year. I spoke with the CDC regarding COVID-19, and they emailed me recommendations for events. We have taken all the necessary precautions and are ready for the races. Come on out and enjoy some family fun!

****** May your day be touched with a bit of Irish luck brightened by a song in your heart and warmed with smiles by the people you love."

Happy birthday Ann Swain! This is a biggie! She is 90 years young. Her daughter, Robin, is hosting a birthday party for Ann on Saturday, March 14th from 2-4pm at the Rockaway Beach City Hall. Ann is a longtime member of our community, and has been involved in the town all those





You can prepay by calling Bob Dempster at 503 812 2073. Prepaid cost is \$11.for



All the materials will be provided. But, if you would like, bring a friend.

The Meals for Seniors are having their French Toast Breakfast on Saturday, March 28, from 8 a.m. to noon. This delightful breakfast is by donation and all are welcome. It will be at the St. Mary's by the Sea hall.

Just a quick mention about the 2020 Spring Oregon Beach Cleanup, which is quickly coming up. The event this year is on March 28th from 10 a.m.- 1 p.n The Lions Club is coordinating this event for Rockaway Beach. I will update you,as this date gets closer. The Salty Strings Ukulele Group meets every Wednesday night at 6:00 p.m. at the Rockaway Beach City Hall. We have ukulele for you to borrow, or bring your choice of instrument or voice and have fun singing the music of your life. Stop by and check us out! "May your pockets be heavy and your heart be light. May good luck pursue you each morning and night." That's Rockaway Beach, "Sugar Coated!"

that program in place and then we can add more residents to it.

Speaking of the Food Pantry, the Garibaldi Pantry will be open this Friday, March 13 (yes, Friday the 13th), from 10:00 a.m. to noon behind the God's Lighthouse Church. I was invited to Tillamook Estuary Project's Annual fundraiser two Saturdays ago – what fun that was! There were lots of great people, food, raffles and silent auction items. I can't wait to see what they do next year.

The Garibaldi Museum is open again for the season, on Saturdays and Sundays for now. During Spring Break, they will be open March 21-23rd and 26th-27th, 11am to 3pm. Activities for the kids include free sailor hat decorating and a hidden object game. For more information, go to info@garibaldimuseum. com or call 503-322-8411. "Never let the fear

of striking out get in your way" – George Herman "Babe" Ruth.



years. Drop by and say hi. She is a really cool gal!

Saturday, March 14 at the Pacific City Library you can join the Mookulele Club making music! Their ukulele jam session begins at 1 p.m. but if you are a beginner, come in at least 15 minutes earlier. They are a fun group! Drop by and listen, you will soon be singing along!

The Lions Club welcomes all, Irish or not, to their annual St. Patrick' Day Dinner. Sunday, March 15th from 1-5 .pm. You will enjoy a drink and a dessert as well as the yummy corned beef. This event is at the clubhouse at 268 South Anchor. Add a dollar to the adult price if you pay at the door.

The Mystery Months Book sale fundraiser continues through the month of March at the library. All mystery books are buy one, get one free. The prices are already a great bargain at \$1 and \$2, so this is double the bargain.

Then, there is another fun art class by Valerie from the County Library. She will be teaching us how to do Felting. The date of this fun class is March 12th at 3pm at the Rockaway Beach Library. You don't need to bring anything to this class.

worked on multiple boards

Jody

Continued from Page B23

ing, including the roof and flooring, and created new programs to bring the museum into the 21st century. Carla, a former teacher, created 15 events in one year, for example, art shows by local artists, a fundraiser auction of decorated Christmas trees, a Bay-Ocean exhibit, and recently, the Women's Suffrage exhibit, which was her favorite. These exhibits and events brought the history of Tillamook County alive for museum visitors. Gary and Carla's contributions are not confined to their work for the museum. Carla writes a weekly column, Gardening Matters, for the Headlight Herald. She has also written a book, Coastal Gardening of the Pacific Northwest, a must have reference for those moving to the coast, both experienced gardeners

and novices. The Albrights

and committees too numerous to mention. Gary considers his time with Helping Hands, where he served as vice president from 2014 to 2019, to be his most rewarding experience. Carla was chair of the Bay City Art Center for four years and was a board member of Master Gardeners. Both thrived under her leadership. Their leaving the museum does not mean that they are retiring. Gary is teaching political science at TBCC, chairing a number of groups and committees, and building furniture. Carla is bringing her talents to the Garibaldi Maritime Museum and can be reached at eventsinfo@ garibaldimuseum.org. She is also writing her gardening column. I cannot end this column

I cannot end this column without talking about Kilchis Point and the Albrights. It is because of their efforts that we have Kilchis Point Reserve today. The area was full of rusty old cars and other debris. They worked along side of volunteerss and community partners to clean up the area, build trails, restore native plants, place interpretive signs about the history, flora, and fauna, and make it into the wonderful natural area that we know today. It now is enjoyed by 40,000+ visitors a year. Kilchis Point is a legacy that the Albrights can be proud of. The success at Kilchis Point has resulted in the donation of 16 acres on the Wilson River and 26 acres at Ladonna Marsh for the museum to protect and manage. My favorite behind-thescenes story about the Albrights is that for years, every day on their way to work, they would clean the bathrooms at Kilchis Point and on their way home they would stop and do it again. And this, Tillamook County, demonstrates that their time at the Tillamook County Historical Museum was not just a job, but a calling. Thank you Gary and Carla Albright for giving it your all.

Thank you for meeting me at the Fencepost. I'll see you next week.

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LISTINGS ARE UPDATED DAILY AT TILLAMOOKHEADLIGHTHERALD.COM

Headlight Herald

CLASSIFIEDS

Deadlines

Classified Ads: Fridays at 5 p.m. **Legals:** Fridays at Noon

Wednesday, March 11, 2020

www.tillamookhead lightherald.com/classifieds

100 - 400 Services, etc. **700** Items for Sale

500 Jobs

600 Autos

800 Rentals

900 Real Estate

Or go to www.**tillamookheadlightherald.com**

Page B4

To place an ad

Call 503-842-7535



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https://nehalemcarecenter.com/careers/ Walk – Ins welcome!

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Cashier Dishwasher/Busser Line Cook Prep Cook





Production Supervisors Packaging Supervisors Production & Packaging Workers Machine Operators Maintenance & Warehouse

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Qualifications & Skills: Must be at least 16 years of age. Some positions may require a food handlers, alcohol servers and serve safe cards and must be able to obtain within the first week of employment. Contact Werner's for further information.

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INSIDE More Help Wanted & Real Estate

Wednesday, March 11, 2	2020		www.tillamookheadligl	Page B5			
999 Public Notices	999 Public Notices	999 Public Notices	999 Public Notices	999 Public Notices	999 Public Notices	999 Public Notices	999 Public Notices
ness including New Business; Old Business; etc., and any other mat- ters that may come be- fore the Board will be discussed. All Meetings, except Executive Ses- sions, are open to the public and accessible to the disabled. The Dis-	tate may obtain addi- tional information from the records of the court, the personal represen- tative or the attorney for the personal represen- tative. Dated and first published:March 11, 2020.	Thursday, April 9, 2020, in the Board of County Commissioners Meet- ing Rooms A & B of the Tillamook County Courthouse, 201 Laurel Avenue, Tillamook, OR 97141, to consider the following: #851-19-000851-PLNG:	servation LLC, and Phil Weber. Notice of public hearing, a map of the request area, applicable specific request review criteria and a general expla- nation of the require- ments for submission of testimony and the	Geologic Hazard areas. Please visit the follow- ing website for land use and land division criteria and standards: h t t p s : / / w w w . co.tillamook.or.us/gov/ ComDev/planning/luo. htm http://www.co.tillamook.	Development, 1510-B Third Street, Tillamook, Oregon, 97141 prior to 4:00 p.m. on the date of the hearing or at the hearing. If submitted by 4:00 p.m. on March 30, 2020 the testimony will be included in the packet mailed to the	Absher, CFM, Director, Tillamook County De- partment of Community Development, sabsh- er@co.tillamook.or.us as soon as possible if you wish to have your comments included in the staff report that will	be presented to the Planning Commission. The documents and submitted application are also available on the Tillamook County
trict encourages your participation. Anyone requiring special ac- commodations should contact the District of- fice at least 48 hours in advance at (503) 842- 8231.	Beverly Schriber Personal Representa- tive P.O. Box 939 Tillamook, Oregon 97141 CHRISTOPHER M. KITTELL ALBRIGHT KITTELL	A request for preliminary plat approval of "Summit at Manzanita" subdivi- sion consisting of 30 sin- gle-family dwelling resi- dential lots on a parcel located north/northeast of the Neahkahnie Unin- corporated Community	procedures for conduct of hearing are being mailed to all property owners within 250 feet of the exterior boundary of the subject property for which application has been made at least 28 days prior to the date	or.us/gov/ComDev/ documents/Final%20 Land%20Division%20 Ordinance.pdf. Only comments relevant to the approval criteria are considered relevant evi- dence. Oral testimony will be	Planning Commission the week prior to the hearing. Failure of an issue to be raised in a hearing, in person or by letter, or failure to pro- vide sufficient specificity to afford the decision- maker an opportunity	ACCEPTING APPLICATION ASSISTANT EX DIRECTOR	KECUTIVE
HH20-96 NOTICE OF LIQUOR LICENSE APPLICA- TIONS Pursuant to Tillamook County Ordinance #23, the following business- es are undergoing the	PC Attorneys at Law 2308 Third Street P.O. Box 939 Tillamook, Oregon 97141 HH20-92	Growth Boundary. The subject property is ac- cessed via Highway 101 and is designated as Tax Lot 202 of Section 20, Township 3 North, Range 10 West of the Willamette Meridian, Til- lamook County, Oregon.	of the hearing. The applicable criteria include Tillamook Coun- ty Land Division Ordi- nance (TCLDO) Sec- tion 070: Preliminary Plat Approval Criteria and Tillamook County Land Use Ordinance	heard at the hearing. Written testimony may be submitted to the Til- lamook County Depart- ment of Community	to respond to the issue precludes appeal to the Land Use Board of Appeals on that issue. Please contact Sarah	currently accepting position of Assistan for an upcoming ope House. Interested part and letter of interest to for further considera be scheduled in early	applications for the t Executive Director ning at Nehalem Bay ies will submit resume o tdelano@careinc.org ation. Interviews will
annual review of their liquor license: Barview Jetty Store, Blue Ag- ate Café, Bunkhouse Restaurant, By the Sea Grocery, Cape Kiwanda RV Resort, Doryland Pizza, Kendra's River Inn, Tillamook Cheese Factory, Upstairs Bar & Grill, Werner Brewing	REGULAR MEETING NOTICE Tuesday, March 17, 2020 The meeting will be held at Tillamook People's Utility District's Carl Rawe meeting room located at 1115 Pacific Avenue, Tilla- mook, OR 97141	Variance review request #851-19-000419 and Geologic Hazard Report review request #851-19- 000405-PLNG are also part of this preliminary subdivision plat review request. The Appli- cant/Property Owner is Seventeen Enterprises,	(TCLUO) Article 8: Vari- ance Criteria. Applica- ble development stan- dards include TCLDO Section 100: Cluster Subdivisions, TCLUO Section 3.010: Rural Residential 2-Acre (RR- 2) Zone and TCLUO Section 4.130: Develop-	Certified – 202 English Language Development Tea Alternative Education Teacher @ Alternative Education Teacher 4 th , 5 th , or 6 th Grade Teacher (1 posit 4 th Grade Dual Language Teac	10/21 School Year Acher @ Tillamook Junior High (17T-21) @ Wilson River High School (16T-21) @ Tillamook Junior High (15T-21) tion/TBD) @ East Elementary (14T-21) cher @ East Elementary (13T-21)	The Assistant Execut directly to the Ex- this highly function are varied and ind limited to: Maintair and training recor with staff, residents,	tive Director reports ecutive Director in ing position. Duties clude, but are not ning employee files
Company. Written comments will be accepted by the Li- quor License Review Administrator until 5:00 p.m. on Tuesday, March 17. All comments must be signed and must specify the business for	The Tillamook People's	LLC, Pacifica Land Con-	ment requirements for	Preschool Teacher @ Behavior Intervention Specialist (2 posi Math Teacher @ Tillamool English Language Development Tea Special Education Teacher/Behavio	r @ East Elementary (12T-21) 9 District (TBD)(11T-21) itions) @ Liberty or South Prairie (10T-21) k Junior High School(09T-21) cher @ Tillamook High School (08T-21) oral Coach @ East Elementary (07T-21)	include: payroll, pre professional docun and as part of the attending off-site ec and strategic plannin Experience and kno 5 years verifiable wo	nents, data entry, management team, ducational meetings g involvement. wledge required:
which the comments are to be made. These comments will be con- sidered in conjunction	Approve the 2020 Com- munity Grants Approve First reading of Ordinance 3-20, "An	HARDW Proudly serving 1	VOODS Fillamook County	Instructional Equity Coach - TOSA, (mu	Tillamook High School (05T-21) ultiple positions) @ District (TBD)(04T-21) Tillamook Junior High School (02T-21)	history of growth Attention to detail Multi-tasking	

Ordinance Establishing Certain Retail Rates of the District as provided for in this Ordinance." Approve Resolution No.

20-03-01 " A Resolution ments to Tillamook Environmental Health, Establishing The Gen-801 Pacific Avenue, Tileral Managers Salary." Approve Resolution No. lamook, Oregon 97141. 20-03-02 "A Resolution Amending Benefits Pol-

CIRCUIT IN THE COURT OF THE STATE OF OREGON FOR THE COUNTY OF TILLAMOOK PROBATE DEPART-MENT In the Matter of the Estate of: EDWARD E. SULLI-VAN, Deceased. No. 20PB00502 NOTICE TO INTERESTED PER-SONS NOTICE IS HEREBY GIVEN that the party

with the review of the

application for a local

recommendation to the

Please direct all com-

OLCC.

HH20-93

stated below has been appointed and has qualified as the personal representative of the estate. All persons having claims against the estate are hereby required to present the same with proper vouchers, within four months after the date of first publication of this notice, as stated below, to the personal representative at 2308 Third Street, P.O. Box 939, Tillamook, Oregon 97141, or they may be barred. All persons whose rights may be affected by the proceedings in this es-

icy Compensation And Salary Program." Approve Revision to Policy Bulletin 1-8, "Administrative Rules for Public Contracts, Procedural Requirements, and Exemptions from Procedures."

Approve Transfer Funds from Rate Stabilization Fund for the year 2019. Any other matters that may come before the Board.

Those who require special accommodations should contact the PUD at 800-422-2535 or 503-842-2535.

Shift: Davs

HH20-97 NOTICE OF PUBLIC

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QUEST

HEARING TILLAMOOK PLANNING COMMIS-

PRELIMINARY SUB-

DIVISION PLAT, VARI-

& GEOLOGIC HAZARD

REPORT REVIEW RE-

Notice is hereby given that a public hearing will

be held by the Tillamook

County Planning Com-

mission at 7:00p.m. on

Application Deadline: Open until filled Job Location: Cloverdale, Oregon Date Posted: March 05, 2020 Hours Worked: 40 per month Hours: Flexible Pay Rate: Salary - \$14.00 - \$18.00 DOE Benefits: None at present

Help

Must be able to work with no supervision.

Must be able to follow all of

Northwest Hardwoods safety policies.

Wage will be determined by experience.

Apply in person to:

Roby Lane, Mill Manager

202 S. 7th Street, Garibaldi, OR 97118

Call (503) 379-1579 for information

or send resume to

roby.lane@northwesthardwoods.com

Wére

Hiring.

Job Summary/ Requirements

Cloverdale Sanitary District

Cloverdale, OR

Job Opening Announcement

Position Title: Full-Charge Bookkeeper/Office Administrator

Graduation from high school or GED equivalent

At least 2 years of verifiable working experience in bookkeeping, accounting functions and office

looking for. We hope to hear from you! Special Ed/SpCare EA, 3.75 hrs @ South Prairie Elementary (47-20)

Kindergarten or 1st Grade Teacher @ Liberty Elementary School (01T-21)

Classified - 2020/21 School Year

English Learner Program Educational Assistant @ Tillamook High School (04-21)

General Educational Assistant (2 positions), 1.0 FTE @ South Prairie (03-21)

SpEd/SpCare EA, 1.0 FTE @ South Prairie Elementary School (02-21)

Ed Tech (SpEd) Youth Transition Program/College Career Advisor (01-21)

Classified positions now - 2019/20 School Year

SpEd/SpCare ASL(American Sign Lang)EA, 3.75 hrs @ Liberty Elementary School

SpEd/SpCare EA, 1.0 FTE @ South Prairie Elementary (45-20)

SpEd/SpCare EA, 1.0 @ East Elementary (46-20)

NEAH·KAH·NIE

Professional business acumen

A caring heart a plus, plus, plus!

Microsoft Suite proficient

Payroll experience a plus

must

plus

Organizational/time management skills a

Prior healthcare industry experience a

If you are looking for a rewarding career

in a rewarding industry where you feel a

great sense of accomplishment at the end

of your day by helping others, then this

is the opportunity that you have been

POSITIONS: District-wide Neah-Kah-Nie High School HS Assistant Softball Coach, Posting #289 2020-21 HS English Language Arts Teacher, Posting #282 2020-21 HS Advanced Math Teacher, Posting #281 Garibaldi Grade School Nehalem Elementary School Assistant Cook, Posting #287 Family Resource Coordinator, Posting #284 Instructional Assistant, Posting #288 Neah-Kah-Nie Middle School

Those interested in being classroom assistants, secretarial, cafeteria or custodial substitutes, Apply to Posting #157



The Tillamook County Pioneer Museum is seeking an interim museum director

Preferred qualifications: the ideal candidate will have non-profit museum director experience.

Required qualifications: the candidate will have non-profit management experience including budgeting, fiscal management, grant writing and fundraising; strategic planning; development of policies and procedures; creation of job descriptions; management of staff and volunteers; public relations.

This position works with and reports to the board of directors. The interim director is a temporary full-time position, duration 3-6 months. The position pays \$3000 per month plus \$500 per month stipend for benefits. Applications will be reviewed as received; position is open until filled.

Please send resume and letter of interest to opportunities@tcpm.org



To obtain an application and additional job information, send a cover letter and resume via e-mail to cloverdalesd@embarqmail.com

The Cloverdale Sanitary District is an EOE



Dump Truck Driver

Full Benefit Package \$21.25 per hour DOE and Ability Class A CDL and 2 years experience required Apply at www.braxling.com/job or 7395 Long Prairie Rd (503) 815-8006 H48708



TILLAMOOK MOTOR COMPANY

Join our team! Accounts Receivable Position

Tillamook Ford is seeking to fill a full time position. Candidate must be able to work well with customers and handle multiple tasks. Knowledge of accounting as well as computer and switchboard experience required. Competitive hourly wage and benefits. Please send a resume to Tillamook Ford 501 Main Avenue, Tillamook, OR 97141 or email Roger at roger@tillamookmotorcompany.com



www.tillamookmotors.net



501 & 708 Main Avenue, Tillamook • 503-842-4475 • 1-800-927-4476 Or Tillamook Ford North • Next To Pizza Hut On Hwy 101 In Tillamook • 503-842-1202

Licensed (teacher) Substitutes, Apply to Posting #156

- Seeking people who have a Bachelor's Degree who are interested in becoming
- substitute teachers Please contact Ms. Sellars for details Fully licensed teachers or retirees

SUBSTITUTES NEEDED **Teacher Substitutes**

Classroom, Secretarial, Cafeteria, and Custodial Substitutes

To apply for any of the positions, except for substitute positions, go to TalentEd at

More Information Contact Kathie Sellars, Administrative Assistant Neah-Kah-Nie School District PO Box 28/504 N. Third Avenue Rockaway Beach, OR 97136 Phone (503) 355-3506 Vacancy announcement can be found on our website at <u>www.nknsd.org</u> click on the Departments tab > Human Resources > Employment > Click on current vacancies.

Neah-Kah-Nie School District is an Equal Opportunity Employer

NOW INTERVIEWING **RESIDENT CARE COORDINATOR**

This position is a middle-management position in Assisted Living working closely with the Director and the RN. The RCC helps with resident Service

Plans, works with doctors & pharmacies, and outside agencies. Helps with documentation, state compliance, data entry, and assists Med-Aides.

Required experience:

H48816

2 years in a healthcare related industry 2 years data entry Time management/organizational skills Friendly disposition and professional demeanor A caring heart



We are looking for someone who is looking for stability in a highly rewarding field. Do you have a passion for making a difference in the lives of others? Please apply in person today! Or email resume: tdelano@careinc.org



Page B6	www.tillamookheadlightherald.com/classifieds							Wednesday, March 11, 2020			
999 Public Notices	999 Public Notices	999 Public Notices	999 Public Notices	999 Public Notices	999 Public Notices	99 Public N		999 Public Notices			
Department of Com-	is located on the north	plaint.	before the Board will	COUNTY							
munity Development	side of Cypress Avenue	NOTICE TO DEFEN-	be discussed. The Dis-	In the Matter of the							
website (http://www.	between 7th Street	DANT: READ THESE	trict reserves the right,	Estate of: Case No.							
co.tillamook.or.us/gov/	and 8th Street and is	PAPERS CAREFULLY!	if necessary, to call an	20PB01216							
ComDev/planning/	identified on Tillamook	You must "appear" in	Executive Session All	DOROTHY JEAN	(50	2) 2/	12-55	325			
default.htm) or at the	County Assessor's Map	this case or the other	Meetings, except Ex-	KJEMPERUD,							
Department of Commu-	#1N 10 21AB as tax lots	side will win automati-	ecutive Sessions, are	Deceased. NOTICE	2507 Main Ave. N	N. Suite A	Tillamo	ok, OR. 97141			
nity Development office	08300 and 08700.	cally. To "appear" you	open to the public and	TO INTERESTED PER-	VIEW MORE PROPE	RTIES @ w	ww.KingRe	altyBrokers.com			
located at 1510-B Third	The substantive criteria	must file with the court	accessible to the dis-	SONS		RESIDE					
Street, Tillamook, Or-	under review for this	a legal document called	abled. The District en-	Notice is hereby given		RESIDEI					
egon 97141. A copy of the application and	request are specified in Garibaldi Municipal	a "motion" or "answer." The motion or answer	courages your participa-	that Rick Kjempe-	*	- 10	the still				
related materials may	Code Chapter 18.15;	or reply must be given	tion. Anyone requiring special accommoda-	rud has been appointed personal representative	35		ALIT				
be purchased from the	Medium Density Resi-	to the court clerk or	tions should contact the	in the above estate. All	in the second second						
Department of Com-	dential Zone, Chapter	administrator within 30	District office at least	persons having claims	41						
munity Development at	18.185; Conditional	days of the date of first	48 hours in advance at	against the estate are			a ng				
a cost of 25 cents per	Uses and the Garibaldi	publication specified	(503) 842-0370.	required to present	and the second	-					
page. The staff report	Comprehensive Plan.	herein along with the re-	、	them to the personal				m beach home!			
will be available for pub-	A copy of the application	quired filing fee. It must	HH20-88	representative at: c/o	A CARE CONTRACT	Eliza Contra	Full or part time livin	ng in this well maintained 3 bd 2 just steps from a private deeded			
lic inspection on April 2,	materials and supple-	be in proper form and	IN THE CIRCUIT	Barbur Law LLC, 2100	New Listing!		beach access in an	upscale neighborhood. New roof,			
2020.	mental information is	have proof of service on	COURT OF THE STATE	SE Lake Road, Suite 5,	Move in ready at the beach! Full or pa in the 3 bedroom, 2 bath well mainta	ained home!		od floor, fully fenced low upkeep vel living, private front and back			
In addition to the spe-	available for inspection	plaintiffs' attorney or, if	OF OREGON	Milwaukie, OR 97222,	Easy living on easy street! Open concer ceilings, bamboo flooring, front and l		patio, vaulted ceiling	s new SS refrigerator, and a great			
cific applicable review	at no cost during regu-	plaintiffs do not have an	FOR TILLAMOOK	within four months after	low upkeep yard, 2 car garage for toys	, and located t	oys! Start making yo	bark your boat and all the beach bur Oregon coast memories today!			
criteria, the Tillamook	lar business hours at	attorney, proof of ser-	COUNTY	the date of first publica-	just blocks from miles of sandy beach to downtown activities! Start making	ies and close	Beachcombing and	d close to fishing, crabbing and clamming too!			
County Land Use Or-	Garibaldi City Hall lo-	vice on plaintiffs.	In the Matter of the	tion of this notice, or the	memories today !! MLS#20-104 \$	289,900	MLS#	19-722 \$429,000			
dinance, Tillamook County Land Division	cated at 107 6th Street in the City of Garibaldi,	If you have any ques- tions, you should see an	Estate of: Case No.	claims may be barred. All persons whose rights	Call Real Estate Broke			eal Estate Broker,			
Ordinance, Tillamook	Oregon 97118. A staff	attorney immediately. If	20PB01117	may be affected by the	Patti Tippett, @ 503.812.6	5058	Patti Tipp	ett @ 503.812.6508			
County Comprehensive	report will be available	you need help in find-	BARBARA LORRAINE	proceedings in this es-			and in the second				
Plan, and Statewide	for inspection at least	ing an attorney, you	JONES, Deceased.	tate may obtain addi-							
Planning Goals which	seven (7) days before	may contact the Oregon	NOTICE TO INTER-	tional information from		6.1		THE NAME OF			
may contain additional	the hearing and may be	State Bar's Lawyer Re-	ESTED PERSONS	the records of the Court,							
regulations, policies,	obtained at a reason-	ferral Service online at	Notice is hereby given that Terry L. Jones has	the personal represen-				a stranger of the second			
zones and standards	able cost. All interested	www.oregonstatebar.	been appointed per-	tative or the attorney for	New Listing!			a dream ad af atomsing			
that may apply to the re-	parties are invited to	org and by calling (503)	sonal representative	the personal represen-	Riverfront cottage on the Wilson – ca your front door!! Knotty pine interior			r dreamed of stepping perty onto 7 miles of			
quest are also available	attend the public hear-	684-3763 (in the Port-	in the above estate. All	tative.	feel to this well maintained get away. T	hree levels of	sa	ndy beach?			
for review at the Depart-	ing and to provide testi-	land metropolitan area)	persons having claims	Dated and first pub-	living area with two woodstoves and a for keeping the place warm and cozy		lhis rare oceanfront views galore of the Pa	property is nearly half an acre with cific Ocean and famous Twin Rocks.			
ment of Community De-	mony on the matter. The	or toll-free elsewhere in	against the estate are	lished on March 11,	kitchen remodel with all new cabinets granite counters and LVT flooring. Ne	, appliances,	Endless possibilities	for development in the Rockaway ing such as the potential to build a			
velopment. The Tillamook County	Garibaldi Community Hall is handicapped ac-	Oregon at (800) 452- 7636.	required to present	2020. s/ Rick Kjemperud	panel installed recently too. Spring w	ater system	multifamily dwelling, c	livide and build multiple residences			
Courthouse is handi-	cessible. Any person re-	The Complaint seeks a	them to the personal	Personal Representa-	Sale includes parcels 600 & 601 maki	tration system.	or operate your own Ai	irbnb. Renovate the current 2 bed, 1 e perfect retreat. Located near many			
capped accessible. If	quiring special accom-	judgment declaring that	representative at: c/o	tive	almost 1/2 acre (.49) Room to build	a small shop	coastal activities; hild	king, biking, fishing, clamming and			
special accommoda-	modations to attend the	Michael T. Albrechtsen	Barbur Law LLC, 2100	Scott N. Barbur, OSB	or garage. Call for your showing appoir MLS#20-96 \$349,900	iunent today!		r chance to own an extraordinary & property! MLS#19-711 \$450,000			
tions are needed for	meeting should contact	and any other parties	SE Lake Road, Suite 5,	#116833	Call Marilyn Hankins, PC, GF			eal Estate Broker,			
persons with hearing, vi-	the Recorder's Office	claiming an interest in	Milwaukie, OR 97222,	Attorney for Personal	Principal Broker, @ 503.812	2.8208	Kristen Pers	sons, @ 503.812.6869			
sual, or manual impair-	by April 2, 2020. Written	the real property com-	within four months after	Representative		LAN	D				
ments who wish to par-	testimony received be-	monly known as 4415	the date of first publica- tion of this notice, or the	Barbur Law LLC	New Listing!		Quiet loc	ation in Bay City			
ticipate in the hearing,	fore or at the hearing on	Old Highway 99, Ash-	claims may be barred.	2100 SE Lake Rd, Suite	Large wooded lot in Bay City. Pav			utilities in the street. Build your			
please contact 1-800-	Monday, April 6, 2020,	land, Jackson County,	All persons whose rights	5	easy access. City services in str Quiet, serene location ideal for b			anufactured home ok too. Lot ed. Property zoned moderate			
488-8280 ext. 3303, at	at 6:30 pm may also be	Oregon (the "Prop-	may be affected by the	Milwaukie, OR 97222	dream home or weekend getaway	. Mostly level.	intensity. Potentia	I to build on lower portion w/			
least 24 hours prior to	addressed to the Garib-	erty"), have no right,	proceedings in this es-		Approximate size is 85 x 100.	Connection	view from 2nd stor	ry or build on upper portion of			
the hearing in order that	aldi Planning Commis-	title, or interest in the	tate may obtain addi-	HH20-90	costs for city sewer and water \$15,500. MLS#20-62 \$4			nice bay & ocean views. 19-437 \$69,500			
appropriate communi-	sion, Garibaldi City Hall,	Property and that the	tional information from	FAIRVIEW WATER	Call Real Estate Bro			Hankins, PC, GRI, CRS,			
cations assistance can	at 107 6th Street, Garib-	Memorandum of Land	the records of the Court,	DISTRICT will hold their	Melanie Lucas @ 503.99			oker @ 503.812.8208			
be arranged.	aldi, Oregon 97118. In	Sale Contract recorded	the personal represen-	regular Board meeting			•				
If you need additional	raising an issue, the	against the Property on	tative or the attorney for	at 5:00 pm on Monday,	www.King	Realt	vBrol	kers.com			
information, please call	relevant Garibaldi Mu-	July 29, 2008, in the of-	the personal represen-	March 16, 2020 at the							

1-800-488-8280 nicipal Code. Compreext. 3317. hensive Plan, or other Tillamook County Derelevant criteria to which

the issue is directed

must be specified. Fail-

ure to raise an issue in

person or by letter pre-

cludes appeal to the Or-

egon Land Use Board of

Appeals on that issue.

The Garibaldi Planning

Commission reserves

the right to continue the

public hearing to anoth-

er date and time. If the

hearing is continued. no

further public notice will

be provided. For addi-

tional information con-

cerning this conditional

use request you may

SUMMONS BY PUB

LICATION. Case No.

19CV45813 in the Cir-

cuit Court for the State

(503) 322-3327.

HH20-85

County.

BRECHTSEN.

above-entitled

partment of Community Development Sarah Absher, CFM, Di-

rector

HH20-91

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF TILLAMOOK PROBATE DEPART-MENT In the Matter of the Estate of: MARY E. LOVE, Deceased. No. 20PB01566 NOTICE TO PER-

INTERESTED SONS NOTICE IS HEREBY

GIVEN that the party stated below has been appointed and has qualified as the personal sentative of the es

ficial records of Jackson County as document no. 2008-028642 is removed as a cloud on title to the Property. Date of first publication: March 11, 2020. JARVIS, DREYER GLATTE & LARSEN, LLP. Darrel R. Jarvis, OSB No. 955013. 823 Alder Creek Drive, Medford, OR 97504. Phone 541-772-1977. Fax 541-772-3443. Email djarvis@medfordlaw.net. Of Attorneys for Plaintiffs March 11, 2020, March 18, 2020, March 25, 2020, April 1, 2020

contact City Hall staff at HH20-86

Public Auction at Cloverdale Storage at 34560 Hwy 101 S. Cloverdale, OR 97112 541-921-1192 The following units will be sold at Public Auction on March 18, 2020,

the personal representative. and first pub-Dated

lished on March 11, 2020. s/ Terry L. Jones Personal Representative Scott N. Barbur, OSB #116833 Attorney for Personal Representative Barbur Law LLC 2100 SE Lake Rd, Suite Milwaukie, OR 97222

HH20-89

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR TILLAMOOK



March 16, 2020 at the District Office at 403 Marolf Loop Rd., Tillamook. The agenda will

include the routine business of the District. The public is welcome. The District will provide reasonable accommodations to individuals with disabilities. Anyone requiring special accommodations should contact the office 72 hours in advance, tel:503-842-4333. TDD tel:800-735-2900, voice tel:800-735-1232

HH20-65 NOTICE OF PUBLIC HEARING

[=]



Meet Casey

All land or lots, offered for sale, improved or unimproved are subject to land use laws and

regulations, and governmental approval for any zoning changes or use.

MLS

Casey is a loving cuddly comfort cat. She is up to date on all vaccinations, is good with dogs, cats and children. Though she is currently needing meds for a chronic case of sniffles, she is young and could very well outgrow this.

Adoption fees range from \$75-100.

United Paws is not a shelter, and most of our cats and kittens are in foster homes where they are getting ready to be in your home!

Visit our facebook Page: https://www.facebook.com/unitedpaws.

https://unitedpaws.wordpress.com/adoption-application/

tate. All persons having claims against the estate are hereby required to present the same, with proper vouchers, within four months after the date of first publication of this notice, as stated below, to the personal representative at 2308 Third Street, P.O. Tillamook, Box 939. Oregon 97141, or they may be barred. All persons whose rights may be affected by the proceedings in this estate may obtain additional information from

the records of the court, the personal represen-

tative or the attorney for the personal representative. Dated and first published:March 11.

2020. DENNIS J. LOVE Personal Representative P.O. Box 939 Tillamook, Oregon 97141 CHRISTOPHER Μ. KITTELL KITTELL ALBRIGHT PC Attorneys at Law 2308 Third Street P.O. Box 939 Tillamook, Oregon

HH20-95

97141

CITY OF GARIBALDI, OREGON PUBLIC HEARING NO-TICE

The City of Garibaldi Planning Commission will conduct a public hearing on Monday, April 6, 2020, at 6:30 pm in the Community Hall outside of Council Chambers at 107 6th Street Garibaldi, Oregon 97118, to consider a request for a conditional use permit to authorize a School Playground Shelter on property zoned R-1 (Medium Density Residential)

The subject property

of Oregon TOF Jackson RICHARD at 12:00pm for non-pay-PALMER and GAIL A. ment of rent and other PALMER husband and fees wife, Plaintiffs, vs. MI-Unit #A9 Linda Rowland Unit #A12 Cordelle Mer-CHAEL T. ALBRECHT-SEN, Defendant. ton TO: MICHAEL T. AL-

Unit #22 Natalie Plascencia IN THE NAME OF THE STATE OF OREGON: HH20-87 YOU ARE HEREBY

Weekly SUDOKU

by Linda Thistle

2

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Place a number in the empty boxes in such a way

that each row across, each column down and

each small 9-box square contains all of the

numbers from one to nine.

DIFFICULTY THIS WEEK:

◆ Moderate ◆◆ Challenging

♦ ♦ ♦ HOO BOY!

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The Oceanside Water REQUIRED and sum-District (OWD) Board moned to appear in the of Commissioners will court be holding their reguand cause and answer lar monthly meeting on the complaint of the Tuesday, March 17, plaintiffs on file therein 2020 at 1:00 P.M. The against you within thirmeeting will be held in ty (30) days from the the Cape Meares Comdate of first publication munity Center, 5690 4th specified herein, and in Street N.W. Tillamook, case of your failure to General District OR. do so, for want thereof. business including New plaintiffs will apply to Business. Old Busithe court for the relief ness, etc. and any other demanded in the commatters that may come





is shorter. 4. Shirt is different. 5. Cup is missing. 6. Water is off. Differences: 1. Polka dots are added. 2. Knob is different. 3. Towel







UBANBBH BGZXDACEH DHG

KZRDH KCQAEPW UBXERBQ

REPB DHG REPB D PDXB

XDADQAPEYKB.

K.M. NBOOQ

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Wednesday, March 11, 2	2020		www.tillamookheadlig	htherald.com/classifieds			Page B?
999 Public Notices	999 Public Notices	999 Public Notices	999 Public Notices	999 Public Notices	999 Public Notices	999 Public Notices	999 Public Notices
Pursuant to ORS 477.250, notice is here- by given that a public hearing will be held at the Forest Grove District Office, 801 Gales Creek Road, in Forest Grove, Oregon, on Thursday, April 2, 2020, at 3:00 pm, to receive from any interested persons sug- gestions, advice, objec- tions or remonstrance's to the proposed budget for the forest protection district. A copy of the tentative budget for the Forest Protection Dis- trict may be inspected during normal working hours. To ensure the broadest range of ser- vices to individuals with disabilities, persons with disabilities requir- ing special arrange- ments should contact	LAMOOK PROBATE DEPARTMENT In the Matter of the Estate of: LOUISA LAMB, Deceased. No. 20PB01324 NOTICE TO INTERESTED PERSONS NOTICE IS HEREBY GIVEN that the party stated be- low has been appointed and has qualified as the personal representative of the estate. All persons having claims against the estate are hereby required to present the same, with proper vouchers, within four months after the date of first publication of this notice, as stated below, to the personal representa- tive at 2308 Third Street, P.O. Box 939, Tillamook, Oregon 97141, or they may be barred.	and all bids and to ter- minate this solicitation if it is in the public interest to do so. This is an intermedi- ate procurement under ORS 279c.412 Pursu- ant to ORS 279C.414, the contract, if awarded, will be awarded to the prospective contractor whose quote will best serve the interests of the district. HH20-61 IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF TILLAMOOK ESTATE OF WINONA LYNN TRACY, Decedent. Case No. 19PB05630 NOTICE TO INTER-	MENT In the Matter of the Es- tate of: Carol Eva Brantner, De- ceased. No. 20PB01009 NOTICE TO INTERESTED PER- SONS NOTICE IS HEREBY GIVEN that the party stated below has been appointed and has qual- ified as the personal representative of the es- tate. All persons having claims against the es- tate are hereby required to present the same, with proper vouchers, within four months after the date of first publi- cation of this notice, as stated below, to the per- sonal representative at 2308 Third Street, P.O. Box 939, Tillamook,	proceedings in this es- tate may obtain addi- tional information from the records of the court, the personal represen- tative or the attorney for the personal represen- tative. Dated and first pub- lished: February 26 , 2020. Richard Brantner Personal Representa- tive P.O. Box 939 Tillamook, Oregon 97141 MICHAEL B. KITTELL ALBRIGHT KITTELL PC Attorneys at Law 2308 Third Street P.O. Box 939 Tillamook, Oregon 97141	This is a simple s for another. If you the puzzle. FZ TE FIT	A ryptoQu substitution cipher in which eac ou think that X equals O, it will Solution is accomplished by Clue: R equals Z OFTE SJPZ DYI VQP JP SYWOK MFRRT JFV QF	ch letter used stands equal O throughout trial and error. APBN QTK, DFAP NYW
Renae Shippey, at 503-359-7424 or renae. shippey@oregon.gov at least two working days in advance of the sched- uled hearing. OREGON DEPART- MENT OF FORESTRY PETER DAUGHERTY, STATE FORESTER	All persons whose rights may be affected by the proceedings in this estate may obtain additional information from the re- cords of the court, the personal representative or the attorney for the per- sonal representative. Dated and first published: March 4, 2020.	ESTED PERSONS NOTICE IS HEREBY GIVEN that Brian Har- vey has been appointed personal representative of the above estate. All persons having claims against the estate are required to present them to the personal representative in care of	Oregon 97141, or they may be barred. All persons whose rights may be affected by the			©2020 King Features Synd., I	• THE PEN
HH20-66 IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF TILLAMOOK PROBATE DEPART- MENT In the Matter of the Es- tate Of, RAYMOND RICHARD	DANIEL GIROD Personal Representative P.O. Box 939 Tillamook, Oregon 97141 CHRISTOPHER M. KITTELL ALBRIGHT KITTELL PC Attorneys at Law 2308 Third Street P.O. Box 939 Tillamook, Oregon 97141 HH20-71	the undersigned attor- ney at: 806 SW Broad- way, #1200, Portland, OR, 97205, within four months after the date of first publication of this notice, as stated below, or the claims may be barred. All persons whose rights may be affected by the	By:rj johnson €YN ♥RAYPLE			YWSTRPMF KIFTLEFI	<u>STRUMENT</u> SOUNTAIN JDBYWTI
MILLER, Deceased.	North County Recre- ation District	proceedings may ob- tain additional informa- tion from the records of	NEWCI			USQONRLM	ΛΚΙΓΟΒΙΟ

ation District Case No.: 20PB01214 Invitation to Bid NOTICE TO INTER-

ESTED PERSONS NOTICE IS HEREBY GIVEN that Raymond Miller Jr. has been appointed personal representative of the abovereferenced estate. All persons having claims against the estate are required to present them to the personal representative in care of their attorney at 150 SE 80th Avenue, Portland, OR 97215, within four months after the date of first publication of this notice, or such claims may be barred.

All persons whose rights may be affected by the proceedings in this estate may obtain additional information from the records of the Court. the personal representative or the attorney for the personal representative.

Dated and published this March 4, 2020. ATTORNEY FOR PER-SONAL REPRESENTA-

the Court, the personal Pickleball Courts Conrepresentative or the atstruction torney for the personal North County Recrerepresentative, Scott O ation District (NCRD) Pratt. seeks sealed bids for Dated and first pubconstruction of four lished on February 26, pickleball courts on its 2020 7th street lot, below the Brian Harvey main building located Personal Representaat 36155 9th Street in tive Nehalem. Construction Scott O. Pratt Attorney for Personal documents are available at: https://www. Representative dropbox.com/s/d7l4y-806 29frjot6d4/20200115_ #1200 Portland, OR 97205 NCRD_Pickleball_IFP. pdf?dl=0, by email at davidw@ncrdnehalem. HH20-63 org, or at the NCRD of-IN fice, 36155 9th Street, COURT OF THE STATE

SW Broadway,

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OF OREGON

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Nehalem, OR 97131. Payment of Oregon pre-FOR THE COUNTY OF vailing wages effective TILLAMOOK January 1, 2020 for Re-PROBATE gion 2 (Clatsop, Columbia, and Tillamook counties), is required (https:// www.oregon.gov/boli/ WHD/PWR/docs/January%201,%202019%20 PWR%20Rate%20 Book.pdf).

Sealed bids must be received by 2:00 p.m., Tuesday, April 24th.

Super Crossword Answers A L A B A M A HEBREW HEPCAT
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Unscramble these twelve letter strings to form each into an ordinary word

(ex. **HAGNEC** becomes **CHANGE**). Prepare to use only ONE word from

any marked (\P) letter string as each unscrambles into more than one

word (ex. ♥ RATHE becomes HATER or EARTH or HEART). Fit each

string's word either across or down to knot all twelve strings together.



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Ballpoint	Fountain	Nib	Scribble
Documents	Ink	Paper	Stylus
Drawing	Instrument	Quill	Writing
Felt	Jot	Rollerball	

Weekly SUDOKU ۸

An	201	101

2	8	4	9	6	3	7	5	1
5	9	7	8	2	1	6	3	4

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HH20-67

TIVE

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF TIL-

2020. Include CCB# and 3 references. Bids may be mailed, emailed. or hand-delivered and will be publicly opened and read immediately thereafter at the District office. Work must be completed between June 1st, 2020, and October 31st, 2020. Direct questions to David Wiegan davidw@ncrdnehalem.org or (971) 308-0310. NCRD reserves

the right to reject any

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С	А	Т	Е	R	S		D	Е	С	Ι	D	Е	Т	Н	Е	Ρ	0	Τ	Ν	Т
0	R	Т		R	Τ	S	Е	Т	Н		0	Ν	R	Е	D		Ν	0	Ν	А
В	Τ	0	D	А	Т	А				Т	R	Ι	Е	R		Н	0	Ν	Е	Υ
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D	Е	U	С	Е		Е	М	0	R	Υ				А	R	R	Е	Α	R	S
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F	Τ	R	Е	Ι	Ν	0	Ν	Е	S	D	Е	L	Τ		D	М	А	J	0	R
F	R	Е	S	С	0				S	0	Ν	0	М	А		А	G	0	R	А
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10

13

6	1	3	7	4	5	9	2	8
9	7	5	6	8	2	4	1	3
8	6	1	4	3	9	5	7	2
3	4	2	5	1	7	8	6	9
1	5	9	3	7	8	2	4	6
4	3	8	2	5	6	1	9	7
7	2	6	1	9	4	3	8	5

Illustrated by David Coulson



A SHOCKING PROBLEM! Find the hidden proverb above by reading every other letter as you go around the frame counterclockwise. Starting with the "C," along the top rail, read: "Curiosity killed the cat."

THE MYSTERY WORD!

"Pronounced as one letter, and written with three, Two letters there are, and two only in me; I'm double, I'm single, I'm black, blue, and gray, I'm read from both ends, and the same either way."

Answer: The word is "Eye."

LINK-UPS! Here's a list of 12, one-syllable words, divided into two columns. Turn them into six longer words by linking them together. To do this, draw a line from one word in the left column to one word in the right.

Answer: Rumpled, pageant, seethe, marbled, topsail, notice.



11

4-letter	5-letter
words	words
BEAN BEET EGGS EWES NEST SILO	APPLE DENIM PIGGY SPADE SWILL THYME TILLS WEEDS

'N 'S '6 'IsaN 'Z 10. Eggs. 11. Tills. 12. Swill. 13. Thyme. (Down) 1. Beet. 2. Apple. 4. Piggy. 5. Ewes. 6. Denim. Answers: (Across) 1. Bean. 3. Spade. 8. Weeds.

THE

DOWN ON THE FARM! Pictured above is a crossword puzzle grid. Below

are words pertaining to farming that you will need to complete the puzzle,

using the trial-and-error method. Try to finish before spring planting.

by Charles Barry Townsend

8

12



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Wednesday, March 11, 2020

