



RECEIVE FREE BLUE HERON PLAYING CARDS with a \$50 Purchase and this ad*

503.842.8281 • blueheronoregon.com Offer expires Dec. 24, 2023

Deli • Gift Baskets

CHRISTMAS

CAROL-OKE

WEDNESDAY, DECEMBER 20 2-4PM · RSVP (503) 842-0918



3500 12th St Tillamook, OR · prestigecare.com/fiverivers



is for the positive effects of thoughtful gift giving

SOS Tillamook

This Season Gift Responsibly Traditions are special,

many traditions this season involve gift giving. This season if you are purchasing gifts for kids make sure that the gifts are not lottery products. These products can introduce kids to gambling and can increase a child's risk of future problems with gambling. To learn

how you can prevent

problem gambling

visit www.opgr.org. **Gift Ideas for Kids:** Book

Movie Ticket **Board Game** Stuffed Animal Puzzle Art supplies **Problem Gambling** **Treatment is Free** and it Works: **Tillamook Family Counseling Center** (503) 842-8201 **Oregon Problem** Gambling Resource(OPGR)

(877) 695-4648

(971) 272-1694

is for finding unique holiday gifts Likely Finds Antique Boutique We offer a variety of Masquerade Masks! · Kitchen & Baking Myra Bags Cinderella through Christmas) **Pyrex Sets** 113 Main Ave., Tillamook, OR

Everything you want this Christmas Season

from





115 Main St Tillamook, OR

Kiki's Satellite

Sun-Wed: 9-5



is for stained GLASS ornaments







A healthy community!

Wishing everyone a joyous holiday season.



is for TONY VELTRI INSURANCE SERVICES



Safeco Insurance Company Liberty Mutual Progressive Foremost



1700 FOURTH St. / P.O. Box 298 TILLAMOOK • 842-4407



Finish up those holiday projects

Find a brand new fun project for 2024 101 Ouilt Run 2024

Fabrics · Patterns · Quilt Books · Classes · Quilt Kits Workshops & updates: janesfabricpatch.com 1110 Main Ave., Tillamook • (503) 842-9392



*** is for Knowledge from parents to youth To avoid peer pressure drinking

Prevention services are available at the Tillamook Family Counseling Center. Services Include: **Alcohol and Other Drug**

Prevention Services Problem Gambling Prevention

Services Suicide Prevention Trainings **Parent Supports**

To learn more about prevention services call: (503) 842-8201 or visit www.tfcc.org

BEFORE DROPPING HER OFF AT THE PARTY...

Create an "exit plan" to help her make good choices.

Talk with your child about what to do when faced with a difficult decision about alcohol. Come up with a plan together to avoid drinking, such as texting a code word to a family member or practicing how to say "no thanks" in a safe environment. For tips on how—and when—to begin conversation, visit www.underagedrinking.samhsa.gov.

#TalkTheyHearYou

PEP20-03-01-019

SOS Tillamook



is for Lottery gifts to kids can lead to problem gambling

SOS Tillamook

Festiva, Regala con Responsabilidad Las tradiciones son especia-

les y muchas tradiciones en esta época implican hacer regalos. En esta época, si vas a comprar regalos para los niños, asegúrate de que los regalos no sean productos

En esta Temporada

de lotería. Estos productos pueden introducir a los niños a las apuestas y pueden aumentar el riesgo de un niño de tener problemas con las apuestas en el futuro. Para saber cómo puedes prevenir los problemas con las apuestas, visita www.opgr.org.

Ideas de obsequios para niños: Libro Entrada de cine Juego de caja Peluche

Rompecabezas Materiales de arte El tratamiento para los

problemas con las apuestas es gratuito y funciona: Tillamook Family Counseling Center (503) 842-8201 Recurso de Ludopatía de Oregon (Oregon Problem **Gambling Resource, OPGR)** (877) 695-4648







Experience holiday shopping at Davison Auto Parts, an official NAPA dealer. We have many gift options for the person on your list who is hard to shop for.

2005 11th St., Tillamook • (503) 842-4452 1221 SW Hwy. 101, Lincoln City • (541) 994-5224



is for Outstanding Recycling Services, provided to you at: Our transfer stations in Manzanita, Tillamook, and Pacific City: the Recycling Depot in Tillamook, operated by City Sanitary Service; and Recycle Shacks in Rockaway Beach, Garibaldi, and Bay City, operated by R-Sanitary Service.

When you recycle in Tillamook County, Tillamook County Solid Waste Department

it really gets recycled!

www.co.tillamook.or.us/solid-waste





is for Peace of Mind knowing that

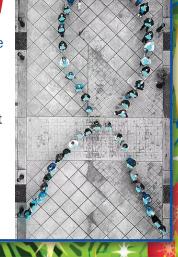
Tides of Change is here in the community to be an advocate for survivors of gender based violence.

Help us to continue to provide hope, safety and support by donating to our non-profit organization based in Tillamook this holiday season.

Send your donations by mail to:



P.O. Box 187. Tillamook, OR 97141



is for Quality Recycling and Waste Disposal Services.

k County 00 Throughout this challenging year, the Tillamook County Solid Waste

Department and Don G. Averill Recycling have continued to provide recycling and disposal services at all three Tillamook

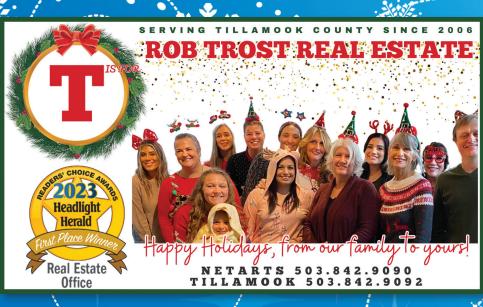
County transfer stations: Manzanita, Tillamook & Pacific City. You can rest assured that your recycling is truly recycled, and that the waste you dispose of is disposed of safely and properly.

For more information about recycling or hazardous waste disposal: Call (503) 815-3975 or visit our website at www.co.tillamook.or.us/solid-waste 503 Marolf Loop, Tillamook, OR 97141





Merry Christmas! 1503 Third St., Tillamook • thesmilestudio.net (503) 842-2386 or (503) 368-5028 se habla español



is for the Unsung Heroes of the Tillamook County Waste Management Sector: Recology Western Oregon • R-Sanitary Service **City Sanitary Service Nestucca Valley Sanitary Service** Don G. Averill Recycling, Inc. **Tillamook County Solid Waste Dept** Together, whether picking up your trash at the curb,

accepting your trash and recycling at a transfer station, processing your recyclables into secondary raw materials, or safely disposing of your hazardous waste, you can rest assured that it's done right, every week, all year long.

For more information, visit our website: www.co.tillamook.or.us/solid-waste

is for Veterinary Services at Pioneer Veterinary Hospital TRACY SOLIS, DVM **MARK WITT, DVM**

JENNIFER WITT, DVM ANNA RIEDL, DVM



pioneerveterinaryhospital.com 801 Main • Tillamook, OR 97141 • (503) 842-8411



2807 3rd Street, Tillamook, OR 97141 • Tuesday-Saturday, 11am-7pm 4315

503-842-7577

Taproom • Deli • Meat Market

Werner Brewing Company local craft beer on tap. Order a customized *holiday* Check out our guest cider. gift basket today! Local wines by the glass or bottle

X marks the crossroads, at which we: **Reduce** the amount of waste we generate Reuse whatever we can,

giving materials another purpose in life Recycle everything that can be truly recycled

Rethink how we approach waste, and conserve resources for future generations.

Tillamook County Solid Waste Dept For more information, visit our website:

www.co.tillamook.or.us/solid-waste





2023

Headlight

Fitness/

Well Being

LAMOOK COUNTY **FAMILY YMCA** Gift for the future.

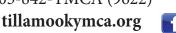
Donate to the YMCA Foundation to help sustain the Y for years to come.

The Y is a local 501c3 Non Profit. Tax ID 93-0457167 **Tillamook County Family YMCA**



610 Stillwell Ave., Tillamook, OR 97141

503-842-YMCA (9622)







And a happy New Year

9980 South Prairie Road Tillamook, OR 97141 · 503-842-1005 · Zwaldtransport.com