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WEDNESDAY, SEPTEMBER 11, 2019

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Two arrested after burglaries in Beaver

Tillamook County Sher-I iff's Office (TCSO) responded to a report of an burglary in progress at a farm stand in the Beaver area on Thursday Sept. 5 at 5:30 p.m.



Jeremy James Pruitt.





Marine Corps Engineer Officers and British Liason Officer meeting at Camp Matilda, Headquarters for 1st Marine Division. They are reviewing the engineer missions prior to the invasion of Iraq. Courtesy photo.

Remembering 9/11

Hilary Dorsey headlightreporter@countrymedia.net

n Sep. 11, 2001, at 8:45 a.m., an American Airlines Boeing 767 loaded with 20,000 gallons of jet fuel crashed in the north tower of the World Trade Center in New York City. The Sep. 11 attacks (also referred to as 9/11) were a series of four coordinated attacks by the Islamic terrorist group al-Qaeda against the United States. The attacks killed 2,996 people, injured over 6,000 others, and caused at least \$10 billion in infrastructure and property damage.

It was 5:45 a.m. in Tillamook County when the plane crashed

in the area were on full alert. His father had been in the army.

'Seeing something like that solidified my desire to serve in the military," Stevens said of the 9/11 attacks.

Stevens is still a captain in the Oregon Army National Guard and is a search advocate for the military. He is also the county council for Tillamook, a former judge, and teaches criminal justice and criminal law at Tillamook Bay Community College.

Stevens says that events like 9/11 are a reminder of how important the military is in our lives, as well as the work of the first responders. He says that the military is an honor to be a part of and is very humbling. "It's really important that we remember events like this," Stevens said. "Some remember it just like yesterday. It's important to continue to remember.' After 9/11, there was a sense of patriotism and national unity in the U.S., Stevens said. "It just made me so proud to be an American and motivated to serve," Stevens said. "It's shows how truly resilient America is when challenged."

veterans service officer, was at Marines Corps Base Camp Lejeune in North Carolina. He and all of the Marine Corps engineer battalion commanders and wing engineer support squadron commanders were attending a conference.

"Our conference objective was to determine how to downsize the "Iron Mountain" of heavy equipment (dozers, scrapers, graders, front end loaders, forklifts, etc.), Hatton said. "Because of cutbacks in personnel since the end of the Frst Gulf War, we did not have enough heavy equipment operators and mechanics to maintain all of the heavy equipment that was on our battalion table of equipment."

The Marine Corps was being

Swanson named President Adventist Health Tillamook

For the Herald

dventist Health has named AEric Swanson, MBA, FACHE, NRP as president in Tillamook. Eric currently serves as executive director of strategy and business development and has served in a number of clinical roles with Adventist Health Tillamook for 30 years. During this time Eric has demonstrated a clear commitment to the mission of Adventist Health and a passion for the wellbeing of rural communities throughout Oregon.



Eric Swanson.

"I'm honored to have been asked to lead this organization and to serve the community and people that I love." Swanson said. "I look forward to working with our outstanding associates and medical staff to continue the growth of the high-quality services we provide our patients, and I'm energized by the opportunity to work with our partners to enhance the well-being of our community." Eric's breadth of leadership experience in healthcare, his commitment to the communities served by Adventist Health Tillamook, and his passion for the healing mission of Adventist Health make him uniquely qualified for this role. From his beginning as a hospital teen volunteer, through his years as a paramedic, followed

Menika Brook Lin Coleman.

This farm stand was burglarized on Tuesday, Sep. 3 and

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into the World Trade Center. Citizens woke up to the devastating news

Joel Stevens, county council for Tillamook and captain in the National Guard, was an undergrad living in the valley at the time of the attack. He remembers getting up and turning on the news. He recalls "the shock of it" and the uncertainty if the attacks would be on the East Coast, or head to the west coast as well.

Stevens said that the fire department and emergency responders

Bill Hatton, Tillamook County

introduced to 'Just in Time Logistics.' The concept was to have the minimum amount of equipment on the parking lot to conduct training. They were told that when the balloon goes up, the suppliers will deliver the equipment that they need in order to go to war and perform their combat mission.

"Most of us figured that it was better to surplus our excess equipment and keep only what we could

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See SWANSON, Page A3



Honest and tough conversations can save lives

For the Herald

ne of the top 10 causes of $\frac{1}{2}$ death for Oregonians is suicide. Oregon has more deaths each year from suicide than motor vehicle accidents. There are more than 600 deaths by suicide and more than 1,800 hospitalizations due to suicide in Oregon each year. The friends and family members (suicide loss survivors) left behind are forced to navigate the tragedy of loss. In many cases, suicide loss survivors are left in the dark. Too often the feelings of shame and stigma prevent them from talking openly.

Suicidal thoughts, much like other mental health conditions, can affect anyone regardless of age, gender, sexual orientation or background. In fact, suicide is often the result of pain from an untreated mental health condition. Suicidal thoughts, although common, should not be considered normal and often indicate more serious issues.

Crisis resources

• If you or someone you know is in an emergency, call 9-1-1 immediately.

• If you are in crisis or are experiencing difficult or suicidal thoughts, you can call the National Suicide hotline/Lines for Life (Oregon) at 1-800-273-TALK (8255).

• If you are uncomfortable talking on the phone, you can text 273TALK to 839863 at Lines for Life in Oregon. They also have veteran's and teen peer support available.

Know the warning signs

Any person exhibiting these behaviors should get help immediately:

• Threats or comments about killing themselves, also known as suicidal ideation, can begin with seemingly harmless thoughts like "I wish I wasn't here" but can become more overt and dangerous

Increased alcohol or drug use

Aggressive behavior

Social withdrawal from

friends, family and the community

Dramatic mood swings

 Talking, thinking or writing about death

Impulsive or reckless behavior

Putting their affairs in order

and giving away their possessions • Saying goodbye to friends and

family

 Mood shifts from despair to calm

 Planning, possibly by looking to buy, steal or borrow the tools they need to commit suicide, such as a gun or prescription medication

If you are unsure, a licensed mental health professional or your primary care provider can help assess risk. These services are a covered benefit with many insurance plans, including Columbia Pacific CCO and Oregon Health Plan.

Risk factors for suicide

Research has found that about 90 percent of individuals who die by suicide are experiencing mental illness. A variety of things may put a person at risk of suicide, including:

• A family history of suicide.

• Substance abuse -- drugs and alcohol can result in mental highs and lows that exacerbate suicidal thoughts.

• Intoxication - more than one in three people who die from suicide are found to be currently under the influence.

• Access to guns.

• A serious or chronic illness.

• Gender – although more

women than men attempt suicide, men are four times more likely to die by suicide.

• A history of trauma or abuse.

• Prolonged stress.

Isolation.

• Age – people under age 24 or above age 65 are at a higher risk for suicide.

• A recent tragedy or loss.

• Agitation and sleep deprivation. Can thoughts of suicide be prevented?

Mental health professionals are trained to help a person understand their feelings and can improve mental wellness and resiliency. Depending on their training, they may be able to provide additional ways to help including:

• Psychotherapy, such as cognitive behavioral therapy and dialectical behavior therapy, can help person with thoughts of suicide by recognizing unhealthy patterns of thinking and behavior, validate troubled feelings and learn coping skills

 Medication may also be used if necessary to treat underlying depression and anxiety and can lower a person's risk of hurting themselves. Depending on the person's mental health diagnosis, other medications may be used to alleviate symptoms.

One difficult conversation can save a life

Have this crucial conversation with someone you love, you can talk with passion and strength around suicide prevention. The truth is, we can all benefit from honest conversations about mental health conditions and suicide, because just one conversation can save a life.

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Rockaway man dies in head-on crash

Oregon State Police (OSP) troopers and emergency personnel responded to the report of a single fatality two-vehicle crash on Highway 101 at milepost 53 south of Rockaway Beach on Thursday, Sep. 5 at 2:17 a.m.

Preliminary investigation revealed that a 2017 Ford Mustang, operated by Jason Ringhouse, age 45, of Rockaway Beach, was traveling northbound on US-101 when it crossed the center lane into the southbound lane. The Mustang collided with a 2015 Ford F150, operated by James Udenby, age 62, of Nehalem.

Ringhouse was transported to the local hospital where he was pronounced deceased. Family transported Udenby to the local hospital for evaluation.

Highway 101 southbound was closed for approximately four hours following the crash. Alcohol and seatbelt usage are being investigated as contributing factors by Ringhouse. Manzanita Police Department, Tillamook County Sheriff's Office, Garibaldi Fire, Oregon Department of Transportation, and the Tillamook County District Attorney's Office and Medical Examiner's Office assisted OSP.



ILLAMOOK BAY

COMMUNITY COLLEGE

Fall term registration is open at TBCC

Registration is open for fall term classes at Tillamook Bay Community College. If you looking to get started on your college education in the upcoming year, you have from now until September 22 to apply and register. Classes start September 23.

If this is your first time enrolling at TBCC as a degree seeking student, you will need to complete an admissions application, and attend a student orientation session before registering for classes. You can get started online at www. tillamookbaycc.edu/futurestudents or by visiting the Student Services office at the college's main campus on Third Street.

There are several new degree options beginning in the fall including Welding Technology, Agriculture, Animal Science, and Natural Resources. Scholarships are available.

A schedule of credit courses and non-credit community education classes offered throughout the term is available on the TBCC website.

It's a great time to start - or finish - your education. Don't let another year go by before you decide to

start achieving your dreams. Career education advisors are available to support you every step of the way.

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H47933

Burglaries

Continued from Page A1

Wednesday, Sep. 4 at about the same time. The stand owners have a video camera system and provided the TCSO video footage of the prior crimes.

The suspects left the location, and with assistance from the victim who followed from a safe distance and didn't confront the suspects, the TCSO were able to locate them in their vehicle on Highway 101 in Beaver. The suspects fled from the deputies in their vehicle, driving recklessly up Bunn Creek Road where they were taken into custody after a short pursuit.

Through investigation, it was found that these subjects were responsible for several other farm stand thefts and camping fee box thefts throughout the county over the past three months.

The following subjects were arrested and charged with the following

Tillamook for three counts of Second degree Burglary, 11 counts of Third Degree Theft, one count of Possession of a Controlled Substance - methamphetamine, one count of reckless driving, one count of reckless endangering, one count of eluding a police officer, one count of possession of burglary tools, and one count of violation of probation.

Menika Brook Lin Coleman of Portland was charged with three counts of Burglary 2, 11 counts of third degree theft, and one count of P\ possession of a controlled substance methamphetamine.

The Oregon State Police assisted the TCSO with this investigation.

Pruitt and Coleman caught on video at the Farm Store. Photos courtesy of the TCSO.

clinic."

and hope.





Third Annual Kermes

Saturday, Sept. 14, 4 to 8 p.m. • Tillamook High School Cafeteria

Presenting music and Ballet Folklorico "Mexico en la Piel" (supported with grant funds from the Tillamook County Cultural Coalition)

This is a cultural and fundraising event that will be celebrating Mexican Independence and raising funds for different cultural activities for students in our schools, as well as two scholarships for two graduating students at THS.

Tillamook PUD

REEN

POWER

Purchase tickets to play games and buy Mexican food (pozole, enchiladas, tacos, corn, and many more) H47960

Swanson

Continued from Page A1

by leadership roles across the state in public safety and healthcare, Eric has developed a perspective on excellence in rural healthcare that will support continued growth of services in the community.

9/11

expand his role in Tillamook. His deep experience with the community and in healthcare make him a perfect fit," said Joyce Newmyer, president of the Pacific Northwest Region of Adventist Health. "Eric has been instrumental in bringing healthcare services to several of our coastal and inland communities that had not previously had a medical

"I am thrilled to see Eric

Adventist Health Tillamook is experiencing tremendous growth along the Oregon coast and beyond. Local residents now have expanded access to high quality, patient centered care through the medical center, medical offices, primary care providers and specialists who are inspiring health, wholeness



PROGRAM Want to find out more about the Green Power Program at Tillamook PUD? Visit

tpud.org/green-powerprogram/ or call 503-842-2535 to learn more!

Tillamook PUD

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Continued from Page A1 maintain," Hatton said. "It didn't make sense to have broken equipment rusting on the parking lot at our units. Most of us had served in Desert Storm, we had experienced the '100-hour war'. We figured that this concept of 'Just in Time Logistics' was the

future for the Marine Corps." There was one lone abstainer. Lieutenant Colonel Steve Anderson was a prior enlisted Marine. As a young enlisted Marine in Vietnam, Anderson had witnessed the losses of Marines and equipment from mines and booby traps. He stated that if they were to go to war, they would need everything they have, and more, in order to cover their combat losses

As this discussion heated up, the senior engineer officer at Camp LeJeune walked into the meeting.

You guys won't believe it," Colonel Anderson said. 'An airliner got off course and

hit one of the twin towers." Hatton says that everyone shook their heads, thinking it was a tragedy. The Colonel left the conference room. About 15 minutes later, the Colonel walked back into the room with a shocked expression on his face. "The second tower has been hit," Anderson said. The men knew this was a terrorist attack. The Colonel told them to take a break from the conference and reconvene in a room that had a television.



est son was just a couple of

months old. He had been up

Tillamook County Council, Joel Stevens.

late the night before and got to work at 8:30 a.m. He had heard the news on the radio and when he got to the sheriff's office, the news was on.

"I remember feeling a sense of shock," Horton said. "Shocked that a terrorist attack of that magnitude happened in the U.S."

Horton said that it was a horrible tragedy and one of the larger events that happened in the U.S.

"It was very surreal," Horton said. "It didn't seem real." Horton said that after the

ent there was a sense of u gency in the country. Airports were grounding aircraft and the U.S. was forever changed. "From that point on, everyone was on alert," Horton said.



Tillamook County Sheriff James Horton.

next event was and when it would happen. There was an uncertainty and a fear of the unknown. Horton feared for his family and worried about what was going to happen in the world.

Horton remembers that things dramatically changed after that tragic day. Everyone was listening to news outlets constantly. Several global events that happened after this event were tied to the 9/11 day.

"It made us look around

Clean-Renewable-Local Electricity





"Like millions of Americans across the nation, we were glued to the TV, watching the live coverage of the event," Hatton sadi.

When they returned to their conference, there was an immediate shift in the discussion. They began by talking about what it would take to get the broken equipment fixed and ready for deployment. In the next few months, they tested the capability of the equipment manufacturers ability to meet their repair needs with the 'Just in Time Logistics' support concept.

On Nov. 25, 2001, Task Force 58, which consisted of the 15th and 26th Marine Expeditionary Units, invaded Afghanistan. On March 20, 2003, U.S. forces invaded Iraq

"I don't know how much of the 'Iron Mountain' was hit by improvised explosive devices, direct fire, or indirect fire during the wars in Afghanistan and Iraq," Hatton said. "However, I remember the lesson from Lieutenant Colonel Steve Anderson: When the balloon goes up, you never have enough of what you need. You go to the fight with what you have."

Most of the Sep. 11, 2001 conference attendees met again in Iraq, as the Marine Corps coordinated their actions for the invasion.

Tillamook County Sheriff Jim Horton was working as a Public Information Officer at the time of 9/11. His old-

Locally, everyone in public service was vigilant and on alert, wondering what the

more," Horton said.

People realized that terrorist attacks can happen in the United States. This event changed the country permanently.

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Siletz Tribal charitable contribution funds assists seniors in North Tillamook County

The Siletz Tribal Charitable Contribution Fund is assisting senior citizens in north Tillamook County through a recent \$2,000 grant to purchase food for Meals For Seniors (MFS), Inc. MFS is experiencing an unprecedented increase in request for services. In 2018, MFS served 11,408 meals and based on experience through July, it is anticipated, in 2019, that there will be a need for 14,789 meals.

Meals For Seniors is a 16 year old non-profit organization providing hot, freshly cooked and nutritious meals to senior citizens in North

Tillamook County. Meals are served onsite three times a week at rented facilities at St. Mary By The Sea Church in Rockaway Beach, as well as delivered to low-income. shut-in senior citizens in Rockaway and Garibaldi. The organization is managed and operated by a group of strong and dedicated volunteers who hail from Garibaldi to Nehalem.

"We very much appreciate the strong support of the Siletz Tribe in meeting the serious needs we have at this time," Theresa Bruneau, president of MFS, said. "Because of this increase in need, our

food costs have increased 22 percent. The Tribe recognizes food insecurity as an important issue and has stepped up to assist us to serve our honored citizens."

Seniors from throughout the county are welcome and encouraged to come for lunch, which is served every Monday, Wednesday, and Friday at 11:30 a.m. at St. Mary By The Sea Church dining hall in Rockaway Beach. If seniors are unable to attend and in need of food to be delivered, please call 503-812-2073.





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DPINION

SPEEDBUMP





I remember 9/11



Joe Warren Publisher

n today's front page we placed a special piece of art highlighting Patriot Day in America, marked on Sept. 11 each year to remember the horrific attacks of that day in 2001 and how our country came together. Most of us know this as 9/11.

We also have an excellent read in Hilary Dorsey's feature about some of our community leaders' experiences and memories of that time. Their stories are different, but the messages are the same - these events need to be remembered forever. The people we lost on that day and their families need to be remembered forever, and the world needs to remember

how we as a country came together to be patriots. I was a much younger publisher working in Big Sky Montana at the Lone Peak Lookout and the West Yellowstone News, also acting as its editor.

I didn't know it at the time, but Big Sky was playing host to a large national Federal **Emergency Management** Agency (FEMA)convention.

Then-Secretary of Defense Donald Rumsfeld was also attending the convention, so when the first hijacked airplane hit the first World Trade Center building, Rumsfeld was hailed and got on an Air Force plane before any news media knew about the convention in the small unincorporated town of Big Sky. Our newspaper was

owned by the same company that owned the Bozeman Chronicle 45 miles down the road and we shared a lot of stories and photos with our bigger sister paper. I was instructed to get a photo of Rumsfeld and see about an interview. So, I headed up to the resort, but it was locked down, secured by local law enforcement officers by the

time I arrived. I could not get any information about Rumsfeld, and later got called off the assignment when our newsroom in Bozeman found out he had left hours ago.

But I still waited until I could get some information from anyone at the convention so our newspapers could localize the events. I hung out at the main entrance to the resort's hotel and when someone would come out to smoke, I would interview them. I got pictures of the scene at the resort's outside with local sheriff deputies securing the area and had my story turned into the Chronicle by deadline. As I remember I got to speak with the FEMA directors from Ohio and Wyoming, they both smoked at the time. They both told me at the time, this was huge, and America would never be the same.

Now, it's all of our jobs to remember the fallen and their families from that horrible day in American history. I can't believe it's been 18 years, I remember it like it was yesterday. I'll never forget, and I hope you don't either.

GUEST COLUMN Why the North Coast Food Trail matters to the economy



Nan Devlin Visit Tillamook Coast

n the last few months, Lthe North Coast Food Trail — a self-guided tour stretching the length of Tillamook County and into Cannon Beach and Lincoln City - has received awards and recognition, including the Best Tourism Development Award from Travel Oregon and Best Food Trail Editor's Choice Travel Award from Sunset magazine. Lots of articles have been written about the trail, featuring

participants' businesses on the covers of multiple magazines.

But what's remarkable, and most important, is the economic development that is rooted in the food trail. The possibilities began to reveal themselves during the planning of the trail, back in February 2017. Seventy community members - owners and managers of farms and food businesses - gathered for two days of discussion. As a result - and as I hoped — buyers (chefs and food retailers) and sellers (food producers) met and built relationships.

What came up a lot during those two days was a great need for a better food distribution system between boat and farm to restaurant and retail. Fishers and farmers who sell direct often deliver their goods, taking them away from fishing and farming for several hours. And on the flip side, for chefs

and retailers who pick up their produce, cheese, meats and fish, those errands take them away from their restaurants and stores for several hours. I filed that information away for follow-up.

The other significant discussion was about creating a common branding effort that would bring recognition to Tillamook County and Oregon's north coast for the quality of products grown, caught, harvested and crafted here. That information also was filed away for follow-up.

The North Coast Food Trail launched in spring of 2018 with 60 participants representing farms, markets, restaurants, breweries, wineries, retailers, lodging and tours. It's been successful - businesses have done very well, and so have the producers that supply the businesses. We've received a lot of attention. and several tourism organizations have called asking for advice on creating their own food trails. I went back to the

information from 2017 that I had filed away, and with the help of Oregon State University Extension, applied for a Business Oregon Rural Opportunity Initiative Grant. We were awarded the maximum amount, \$45,000, and used it to conduct feasibility studies and focus groups, which Food Roots managed. We confirmed strong interest and support for two ideas: a location-based food brand, and development of a food hub — a central location where farmers, fishers and other wholesale sellers would bring their products for pickup by wholesale buyers such as restaurants and retailers, or a similar form of efficient food distribution system.

The grant was also used to bring back Recipe to Market workshops, presented by Sarah Masoni, the director of OSU

wanting to create products; the Small Business Development Center (SBDC) presented a businessbuilding workshop; a social media expert held a workshop for food businesses; and I conducted a food marketing class, while one of our vendors taught two social media marketing workshops. In addition, we were awarded a technical assistance grant from The Ford Family Foundation to set up an online Spanish-language business-building platform on the SBDC website.

As we were doing research on a food hub, the Port of Garibaldi was working with Rural **Development Initiatives** and EcoTrust on a seafood chain project, including a way to better distribute seafood from small commercial fisheries to their buyers. We are now

partnership to develop a food storage and distribution system.

Then something unexpected happened. For the new Crave the Coast festival in 2018, we invited several food and media influencers to attend. The influencers — people with large social media followings, creators of books or podcasts, people with strong industry connections — took part in a producers' dinner the night before the festival, where they made a lot of contacts. One of the food influencers reached out to me a month ago. Turns out, her food business contacts are quite extensive. She's arranging to bring two dozen major food buyers to Tillamook County this fall to meet several of our producers.

That means greater revenue opportunities for local food entrepreneurs a classic example of economic development. And that's just one reason why the North Coast Food Trail matters.

Extension's Food Innovation Center, which help local residents bring food products to market. OSU Extension held a Farm-Direct class for farmers

working on ways to combine our efforts. We are in Oregon on additional grant

ABOUT US

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jwarren@countrymedia.net





Katherine Mace Marketing Consultant

headlightads@countrymedia.net





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WRITE **TO US**

We want to hear from you, and encourage you to write letters to the editor.

Because of space limitations, shorter letters have a better chance of being printed. We may edit your letter for style, grammar and clarity, although we do as little editing as possible. Letters longer than 350 words will be edited.

Thank you letters are limited to mentioning individuals and noncommercial organizations.

Letters received after noon on Friday may not be in time for the following Wednesday's

paper. We also encourage your longer, guest editorials. These might be columns written by

newsmakers, public officials or organization representatives. These can run a little longer in length.

To verify authenticity, all guest opinions must be signed and include your address and daytime phone number. We won't print your street address or phone number.

Submissions may be sent in by:

• Email: Editor Joe Warren at jwarren@countrymedía.net

Mail:

Headlight Herald P.O. Box 444, Tillamook, OR 97141

• Stop by our office: 1906 Second St. Tillamook, OR Any guest opinion may appear on the *Headlight Herald*'s website.

discussion with Business monies that will help us support a public/private **Weather Forecast**

Tue



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- State Rep., District 32 Tiffiny Mitchell (D-Cannon Beach) Room H-285

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- State Senator, District 5 Arnie Roblan (D-Coos Bay) Room S-417 State Capitol 900 Court St. NE Salem, OR 97301 Phone: (503) 986-1705 rep.arnieroblan@state.or.us
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- County Commissioners Courthouse 201 Laurel Ave Tillamook, OR 97141 Phone: (503) 842-3403 Fax: (503) 842-1384
- David Yamamoto, Chair dyamamoto@co.tillamook.or.us
- Bill Baertlein; Vice-chair; bbaertle@co.tillamook.or.us
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headlightnews@countrymedia.net

headlightreporter@countrymedia.net

Codv

Mann

Reporter

OPINION

Letters

Continued from Page A6

Economy is not booming like leaders say

If the economy is booming so well, why are almost all of the jobs listed at Work Source Oregon here in Tillamook County only paying \$11.25-\$14.00 an hour?

When I graduated high school 50 years ago, I got a job that paid the then minimum wage of \$1.75 an hour.

Back 50 years ago, I could purchase gasoline for 25 cents a gallon. A cup of coffee in a restaurant 10 cents.

\$1.75 could purchase 7 gallons of gasoline, 17 cups of coffee, 17 newspapers,17 candy bars.

A new house 50 years ago cost \$28,000 or 16000 hours of minimum wage pay.

16000 hours at \$11.25 an hour today means a new house should cost \$180,000.

The average house in Portland, Oregon today is \$400,000. \$400,000 divided by 16,000 hours means that the minimum wage should be \$25 an hour.

7 gallons of gasoline X \$3.25=\$22.75 17 cups of coffee X

\$2.50=\$42.50

17 newspapers X \$2.00=\$34.00

17 candy bars X

\$1.50=\$25.50

By comparison to the purchasing power in 1969 to today, the minimum wage should be \$22-\$42 an hour.

Every year we celebrate our graduating high school seniors, yet we have failed to tell them that we have allowed them to graduate into a world where their labor is not valued.

The value of graduating seniors' labor today is at least 50% less than graduating seniors of 50 years ago.

In the same 50 years, CEO pay has increased to an average of \$14 million a year.

All of us honest, hard working tax payers have failed to protect our own wages and the wages of our children and the wages of our grand children from being eroded consistently, methodically and relentlessly by coporate Republicans and coporate Democrate and CEO's

In Tillamook County I have noticed yard signs calling for Governor Brown to be recalled posted by #TIMBER-UNITY and FARMERS "standing UP for WORK ING Oregonians". In the parlance of the day those last two words are a classic dog whistle suggesting anyone who doesn't agree must must be a busy body on welfare. I'm in my 70's and retired. I spent eight summers as a teen working on a dairy. I carried full 10 gallon milk cans across the corral and over a trough and lifted them into a cooler filled with water morning & night. I loaded hay bales by hand onto a flatbed wagon while a Ferguson tractor drove itself down the field on low throttle all in the southern Utah summer heat. I spent endless hours running tractors and a Massey-Harris 90 combine long before such equipment had cabs, stereos or AC. I put myself through college pumping gas and doing farm work on weekends. I earned and paid into my so-called entitlements - my pension and Social Security and every month I spend most of it on local products and services including too much Tillamook Dairy vanilla bean ice cream. I find disheartening the inference that our neighbors who care about pesticide spraying of drinking water sources are just lazy do gooders. I object to any suggestion that people who want to protect the last remaining 10% of old growth forest that shelters the clean water required by our valuable cold water fisheries and the industries they support aren't "WORKING Oregonians". I find it particularly ironic farmers are in this when they more than anyone else know first hand climate change is the result of human generated excess carbon dioxide in the atmosphere. Yes this is mostly about failed HB2020 that would have introduced a mild statewide cap and trade system to reduce carbon emissions. If the strongest

emissions. If the strongest argument you've got against that and the best strategy you can come up with to garner sympathy for your cause is to label the people you disagree with using unfair insinuations you haven't got much except a desire to further divide us into warring tribes.

Ted Chu Nehalem when you get up in the morning. Three times this summer, we have awakened to a news report that an earthquake occurred on the Oregon Coast. Each of these reports made my stomach lurch a bit and my heart race! Most of the people I know here in town had a twinge of anxiety too! I am thankful to the people here who have educated me on preparedness, assisted me in having my go-bag ready, and my route and plans clear.

Now, we have a chance to gift the future residents, who may even be our own children and grandchildren, a place to provide safety and sanctuary for all. How we proceed from here is unknown. The building is only a start. I think it is extremely far sighted that our city leaders have addressed our needs with an eye for growth in the future. I am grateful for that. They have certainly taken some flack and mud slinging for it.

I have heard and read some pretty ugly comments about the leaders we unanimously elected. I have also seen facts manipulated, exaggerated, and comments misrepresented. That makes me sad because I have always assumed we were better than that. I have seen enough to know that if any of our current elected officials were to be on a future ballot, I would vote for them again. Unfortunately, I have seen the backsides of some people who I would never consider voting for should they ever run for public office.

Such is the way of democracy!

I have been discredited many times, lately about my supportive comments to building a new City Center. I am a retired classroom teacher. I put 38 years into teaching in three states, and acquired two advanced degrees while doing so. I am proud of that, and I know that my biggest asset is the fact that I can take big chunks of ideas, facts and figures and put it all in chewable bites. I know what it takes to grow a mind. This is why I can say to you now that we have a remarkable opportunity here to help our city continue to grow and flourish and be proud of it.

By the way, my income is my teachers pension. I did not make big bucks and knew that from the get go! I have researched my own tax records and am proud and happy to pay the extra 200-300 dollars a year for this project. Lastly, the very building that some citizens hold as an alternative to house our city center was once a school but only for ten years. It was woefully inadequate even in its day, and when the Neakahnie school district was formed, the school gladly moved to the present site in Nehalem! There is a lesson in that fact!

Building but from the aspects of opportunity, timing and obligation. It does not advocate for any particular design. Manzanita's citizens working together can do that well.

We regularly visit Seattle. Each time we witness pieces of Seattle's emerging light rail system. I find myself asking, "what if?" "What if" a proposed transit system had been approved in 1968 or again in 1970. What simplicity compared to today! Seattle missed its opportunity and is now rewarded with greatly increased costs, years of unnecessary congestion, commuting nightmares and fuel wastes.

Manzanita moved decisively in acquiring the Underhill property. It's now time to move to completion. Manzanita's project, though miniscule compared to light-rail, has one big distinction - and that distinction involves lives and resiliency. It's now up to us to choose whether, after the next subduction zone earthquake, people will be asking "what if?".

Respectfully submitted,

John Hanby Manzanita

Response to Hayes' opinion

I am writing regarding Terry Hayes letter urging all to become vegan. I am wondering how that happens? First, we eliminate all cattle -bulls, steers, cows, heifers and calves? What about pigs, deer, elk, moose? These animals all poop gas. Maybe you can help with the slaughter. Then we close all facilities associated with dairy and beef processing. No more meat, cheese, milk, ice cream, leather etcetera. Goodbye Cheese Factory, Werner's Jerky, dairy farms, beef ranchers. Goodbye Tillamook.

Of course, that means millions of lost jobs throughout the nation. Trillions of dollars lost to the economy. We wouldn't need all the plants that manufacture equipment to run these facilities. More lost jobs and revenue.

We would have to grow lots more crops to make our soy burgers. Big farm equipment all run on fossil fuel. Maybe they can put little windmills on them. Fossil fuels are next. But don't worry, the climate change Guru Al Gore bought big chunks of

stock in plants to produce our

fake meat. He did this when

they were given big grants

from the government under

Never forget every cent

the government spends is

your money. Al needs the

SUV's that ferry him and his

vate jet. He has to fly all over the world to be wined and

talking about climate change.

private jets, sometimes they

sail in on their yachts. No soy

burgers for them. Of course,

Al predicted we would all be

Once we've eliminated

all those nasty animals, put

millions across the nation

out of work, destroyed the

entourage to get on his pri-

dined with the other elites,

They all fly in on their

dead by 2016.

money to pay for the big

Obama.

economy of town and cities, lost trillions of dollars from our economy, destroyed our tax base, what happens? Does the government help everybody? The government has lost trillions in revenue. Don't forget that money is your tax dollar. No jobs, lost industry, no tax money. Bankrupt country.

While we destroy our country the big polluters like China and India laugh at us. They will profit. We have not accomplished anything. I will still enjoy my hamburger with Tillamook cheese, my bowl of Tillamook ice cream as long as I can.

If you choose to become vegan, that is up to you. If I choose not to, that should be my decision. You cite studies from 2010, 2015, 2017. We have cut emissions drastically with clean energy in the past few years. Unfortunately, other countries have not.

I am sure China would welcome all the 20 some year-old politicians and pseudo celebs to be lectured about climate change. They can fly in with their entourages, in their \$3,000 leather shoes and their \$2,000 leather

Humans are carnivorous. That rich source of protein has been a big factor in the evolution of our species, physically and intellectually. There is no other nation on the planet that would consider destroying that huge portion of their food source. There is a difference between uniformed, self-serving rhetoric and reality.

> Sandy Blaser Tillamook

Remembering Mt. Hebo Radar Station

I read in last week's edition of The Headlight Herald about the upcoming re-union and festivities for the former Air Force personnel that had manned the Radar Station on Mt. Hebo. It brought back some memories of my own.

In the fall of 1955, my buddy, Tom Hall and I got jobs as laborers working with the steel workers erecting the radar towers on Mt. Hebo. The steel workers were a tough and arrogant bunch that totally scorned Tom and I, looking down on us like we were lowly peons. Trouble was, that's what we were. I remember the first time I men would laugh me off the mountain if I did. It was a pretty "hairy" experience, but I got used to doing it.

I remember pushing heavy wheel barrow loads of concrete up a makeshift, steep and flimsy plank walkway to dump the mix into the top of forms to create a retaining wall. One slip or stumble could be disastrous. The concrete truck driver told us we should refuse to take such chances. There weren't many safety inspectors around at that time.

There was one tough old steel worker who had his own ideas about "bathroom habits." He constructed his own private outhouse on top of a huge old root wad of an ancient fallen tree. He put a board across the top of the roots and used it for a primitive toilet seat. Every morning, like clockwork, he perched on top of his "throne." There could be gale force winds and monsoon like rain, it didn't matter to him. He was on tough old bird.

I was always fascinated by the great view from the top of the towers. To the southwest, you could see Haystack Rock and the Pacific Ocean. In the nearer foreground, most of the rich, green farmland of the Nestucca Valley was in view. To the north, fire scarred mountains of the Tillamook Burn Starkly stood out against the greener surrounding area.

The weather got progressively worse as we got into late fall. We began to have days when the weather was just too rough to safely work on the project. Several times, we had to suspend operations and head down off the mountain. I saw one of the hugest Blacktail bucks I've ever seen while driving down the steep hill. He must have been somehow akin to the steel workers. He held his massive rack of dark gnarly antlers high, as he arrogantly looked back over his shoulder and sauntered off up the hill. In late November, we were literally blown of the mountain. Huge steel panels, meant for construction of the towers, were blown around the mountain top like paper plates, in the gale force winds. Operations were shut down for the winter. I went to Portland and got me a cushy (boring) office job. I went from one extreme to another

of Corporations who do not pay income taxes at all.

We have failed to give our children and our grand children the benefits of their honest labor and have deminished their futures, if not destroyed their futures completely.

We are allowing the Republican Party, coporate Democrats and Donald Trump to destroy the lives and futures of our children, our grand children and ourselves.

All of this is simple math. The simple math that multi billionaire and Secretary of Education Betsy DeVos does not want our Children to learn.

I urge you to vote for representatives that are dedicated to making the lives of all Americans better, and not just those who are only interested in their own personal greed.

The Constitution is what makes America great, not a red hat made in China.

60% of wealth in America today is inherited. These wealthy people did not earn their wealth.

If Republicans really want to make America great, they should share their good fortune and pay their fair share of taxes.

> Richard Teerman Rockaway Beach

We need to reduce carbon emissions

Manzanita need the City Center

My purpose in writing this is to weigh in amongst other voices in our community about the need for building a new city center here in Manzanita. I became a secondhome owner in Manzanita in 1997, and a full-time resident in 2012. I realize that I must compete with many voices from other citizens who seemingly know a lot more about real estate development, architecture, construction, city management, local history, economics, taxation, forestry, local, state and federal law, engineering, education, timber, climate science, etc. Although I have learned a lot, and have done careful research on many topics, I still have come to one very important and solid opinion. Here it is:

We need the proposed City Center. We need it because as citizens of one of the most beautiful places on the Oregon Coast, we have an obligation to house our city servants in a safe and adequate location. We all know there is more to it. We need a City Center that will accommodate the growth of Manzanita in years to come. We need to face the fact that we are unique. We live in the shadow of earthquake and tsunami risk. It is always there, when you go to bed at night,

Cindy Kenne Manzanita

Manzanita needs that Community and Emergency Services Building

This letter is in support of the Manzanita Community and Emergency Services

Multi Family Garage Sale

Saturday and Sunday Sept. 14-15 from 10 a.m. to 4 p.m.

at the Beaver Fire Hall

New clothes, furniture, house hold items and lots more. All good quality.

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Main office located at 906 Main, Tillamook, OR walked a narrow steel beam, that was about 40 feet off the ground. I desperately wanted to get down on my knees and crawl, but I knew the steel

Bud Johansen Brickyard Rd



Meet Kovu

Kovu is a real snuggler kitty! He loves laps, and napping with people. He is extremely affectionate and curious, and wants to be with you all the time. Kovu would make an excellent therapy kitty for those with emotional needs and anxiety. He would be great with kids also. Kovu was rescued from a farm and socialized during his treatment/healing process. He was quiet during socializing, and learned quickly he loved human touch and attention.

Adoption fees range from \$75-100

United Paws is not a shelter, and most of our cats and kittens are in foster homes getting ready to be in your home!

Visit our facebook Page: https://www.facebook.com/unitedpaws Watch for adoption events held in Tillamook, and Petsmart on 185th in Hillsboro.

Submit an online application here. We will respond first by email. https://unitedpaws.wordpress.com/adoption-application/



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OBITUARIES



Laura Lee Lane

Laura Lee Lane 58, a resident of the Bay City Community, died at her home surrounded by family and friends on the 15th of August. A memorial service will be held Saturday September 14, at 11:00AM at the Rockaway Community Church. Family and friends are invited to attend a potluck immediately following downstairs. Laura was born October 24, 1960 to Robert Lee Allen and Donna Lee Allen in Wheeler, Oregon. She was raised in Garibaldi and a short time in Texas then moved back to Garibaldi. Laura worked many jobs, the two longest were Tillamook Country Smoker where she worked for 22 years. She then went to work for Safeway in Tillamook for 12 years. She loved to play bingo and Mexican train. She enjoyed going to parades with family, camping and spending time with her kids and grandkids and of course cooking for the holidays. She is survived by her father Robert Allen of Garibaldi, OR. Husband Terry Lane of Bay City, OR. Kids; Cheri and Omar Gonzales of Bay City, OR. Tari and Joe Motsinger of Bay City, OR. and Jenny and Troy Kent of Banks, OR.

The grandkids; Ashley and Jared Miller of Spokane, WA. Brittany Allen of Bay City, OR. Alondra Gonzales of Bay City, OR. Antonio Gonzales of Bay City, OR, Kenzie Thompson of Bay City, OR. Tia Thompson of Bay City, OR. Willy Motsinger of Bay City, OR Wyatt Motsinger of Bay City, OR. Chloe Motsinger of Bay City, OR. Lana Motsinger of Garibaldi, OR Colin Kent of Banks, OR. Haley Kent of Banks, OR. Kaitlyn and Thomas Williams of California.

of Spokane, WA., Son in Law; Bobby Thompson of Tillamook, OR

And by Mary Boquist her bestie for over 45 years from Tillamook, OR. Brother and sister in law; Timmy Lane and Trina Marino of Bay City, OR. Brother in law Ricky Lane of Bay City, OR. She was preceded in death by her mother Donna Allen and her mother in law Janet Lane and her father in law William Lane. She is also survived by numerous aunts and uncles and cousins.

married Jim Martin in Tillamook. Lucy spent her life serving the church, her family and community. Having a love for children and their salvation, she started Little Clipper Christian Preschool.

Entertaining in her home, gardening, sewing, grandchildren, tea parties and canning her famous dill pickles were among her favorite hobbies. her girlfriends from high school and they had regular get-togethers. She had a great sense of humor and she laughed all the time. Chris had many friends and loved them all and she deeply loved her children and grandchildren. She was an amazing mother, grandmother and friend and she will be missed by all her knew her. will be a luncheon immediately following the service at the 4-H Dorm at the Tillamook Fairgrounds. Arrangements in care

of Waud's Funeral Home, Tillamook, OR.

Death Notice

Larry Lee Stafford Born November 19,1965 Passed September 3, 2019

Larry Lee Stafford Lived in Salem Oregon. Stafford died on Sept. 3, 2019.

A celebration of life to be announced later pending Miles Johnson Funeral Home Salem. Oregon.



Lucille Clara (Hesse) Martin

Services will be held for Lucille Clara (Hesse) Martin on September 14. Graveside 10 a.m. (Sacred Heart Catholic Cemetery-Tillamook Airbase) Celebration of life service at the First Christian Church in Tillamook at 11:30 a.m., with David Krebs officiating. Lucy was born on December 21, 1940 in Portland Oregon to Arlin and Madeline Hesse. She passed away on September 1, 2019 at Cherrywood Memory Care in Mcminnville, Oregon at the age of 79.

She is survived by her 4 children: Lori L. Martin of Woodburn, Ore., Jim E. Martin and his wife Leilani, Bill A. Martin and his wife Julie both of Tillamook, and Lisa D. Silacci of Dayton Ore.

19 grandchildren, and 31 great grandchildren. 1 sister Jan Krebs and her husband David of Coulee Dam, Washington. Brother in law Jack Martin and wife Sharon of Phoenix, AZ. Sister in law Twila Brooks and her husband Bob of Boise, ID.

Lucy was involved in her church youth group, the school newspaper, and many school clubs. She graduated from Tillamook High School in 1958. On October 17, 1958, she



Christine Singleton

Christine Singleton was born on 3/6/1936, which she said made her 40 years old, but in reality she was 83 when she passed away on September 4th 2019. She was born in Bogata, Texas and moved to St. Helens, Oregon at age 10 with her parents Paul and Edith Fleming. She graduated from St. Helens High School in 1954 and married Mansuel "Bud" Singleton the same year. Chris is survived by their two children Lori J. Olson and Michael R. Singleton and two grandchildren, Aaron Nicole Singleton and Austin G. Olson. Chris worked at the Columbia County Assessor's office in St. Helens and then Popper's Supply Company from where she retired and then moved to Pacific City, Oregon in 1989, where she lived with her long-time partner who preceded her in death. Christine led a very active life. In her younger years, she water skied the Columbia River and played tennis and remained an avid tennis fan her entire life. She was also an avid walker and did many walking tours across the county with her long-time friend, Sharon. She attended the fitness center in Pacific City with her many friends most days and



Robert Leo Wassmer Nov. 11, 1933 – Sept 3, 2019

Robert Leo Wassmer of Tillamook was born November 11, 1933 in Monroe, Wisconsin to Leo and Elizabeth Wassmer and passed away September 3, 2019 at the Miami River Elder Care in Bay City, OR at the age of 85.

On February 20, 1952 Robert married the love of his life,JoAnne Waldkirch, in Tillamook, Oregon, where they lived on their dairy farm and raised five children: Kenneth Wassmer, Kathy Freeman, Karen Dittler, Cheryl Sayles and Robert Wassmer Jr.

Robert was a member of the Tillamook Elk's, Eagles and Moose Lodges where he enjoyed dinner and dancing with his wife JoAnne and friends.

In 1952, he built a model T Pig and Ford and joined the Pig and Ford Association and remained a member the rest of his life. Robert also loved going camping in his motorhome with his wife Joanne, family and friends. It was one of his favorite pastimes.

Robert was preceded in death by his father Leo, mother Elizabeth, sister Katherine, wife JoAnne, son Kenneth and daughter Kathy. Graveside services will be held Friday, September 13, 2019 at 1:00 PM at Sunset Heights Memorial Gardens Cemetery. There



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Great Grandkids: Braxton Allen Gunder of Bay City, OR. Jameson Williams of California, (unborn) Reagan Miller

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drank coffee with friends at the Stimulus which was really 2 ounces of coffee and the rest was whipped cream and chocolate. She remained in contact with

OBITUARY POLICY: The *Headlight Herald* has three options for submitting obituaries:

BASIC OBITUARY: Includes the person's name, age, town of residency, and information about funeral services – No Cost.

CUSTOM OBITUARY: You

choose the length, the wording of the announcement, and if you want a small photo included – Cost is \$75 for the first 200 words, \$50 for each additional 200 words.

PREMIUM OBITUARY: Often used by families who wish to include several photos and a longer announcement, or who wish to run a thank-you list of names – Cost varies by length of announcement.

Please provide a digital version of text and photographs by email, CD or USB Drive, if possible. All obituaries are placed on tillamookheadlightherald.com/obituaries at no cost

> Register by calling Stacie at (503) 815-2062.

> **CHIP Info Session**, attend one free session, Tuesday, Sept. 10 or Thursday, Sept. 12 from 6:30 to 7:30 pm, Tillamook Seventh-day Adventist Church, lower level in back, 2610 First St., Tillamook.

CHIP program, Mondays, Tuesdays and Thursdays, Sept. 17 to Oct. 22, 5:45 to 8:30 pm, Tillamook Seventh-day Adventist Church, lower level in back, 2610 First St., Tillamook. Please attend one free info session on Sept. 10 or 12.

October

Living with Cancer, Wednesdays, Oct. 9 – Nov. 13, 1:30 to 3:30 pm, NWSDS, 5010 Third St., Tillamook.

Mammogram Spa Day,

Wednesday, Oct. 9. There will be light refreshments, goodies and massages free of charge

STAY LOCAL

Brought to you by **THENEWS Guard** CITTIZEN & Headlight Herald Deadline: September 18th Publication date: September 25th

This special publication will be inserted into the *Lincoln City News Guard*, *Tillamook Headlight Herald* and *North Coast Citizen* newspapers and it will be featured on all three websites as an electronic flipbook. Additional quantities will be distributed regionally through local businesses and motels this fall.

If you would like to feature your eatery in this snappy new publication, contact Katherine at headlightads@countrymedia.net or 503-842-7535.

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September

Diabetes Undone, Thursdays, Sept. 12 – Oct. 31, 1 to 3 pm, Tillamook Seventh-day Adventist Church, conference room, 2610 First St., Tillamook.

Childbirth Class, Wednesdays, Sept. 4 – Oct. 2, 7 to 9 pm, Adventist Health Tillamook, Conference Room A, Tillamook.

Savvy Caregiver, Tuesdays, Sept. 17 – Oct. 22, 10 am to 12 pm, NWSDS, 5010 Third St., Tillamook. support groups for diabetes, grief support, cancer, Alzheimer's and clubCHIP.

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For more information

AdventistHealthTillamook.org or call (503) 815-2270 unless otherwise noted.



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Business Service Directory



H40973

Business & Service Directory!

Mount Hebo AFS Reunion welcomes servicemen and families

The 2019 Mount Hebo American Field Service (AFS) Reunion is set for Sept. 20-23. This is for the servicemen and their families who served between 1956 and 1979.

The site was 196 acres of land acquired by the Air Force for use as the Mount Hebo aircraft warning and control radar station. The Air Force equipment and facilities at Mount Hebo have been removed at the site returned to its natural state, except for an access road. A bronze plaque reads: "In Memory of Those Who Served at Mount Hebo AFS, Oregon. 689th Radar Sq., Oct. 1956 – June 1979. Det. 2 14th MWS July 1967 – Sep. 1979."

The Siuslaw National Forest (US Forest Service) provided an interpretive sign that was dedicated on Aug. 8, 2014 atop Mount Hebo. The sign overlooks the meadow where the radar equipment at Mount Hebo AFS was formerly installed. This sign includes a description of this radar station and the community, photos of equipment and personnel, and a timeline of significant events from 1953 to 2000.

On Friday evening, Sep. 20, the Commander's Call at Rendezvous Restaurant will be a 6 p.m. On Saturday, Sept. 21, there will be a Tea for Wives and Dependents at St. Alban's Church at 1 p.m. and a banquet at Tillamook Elks at 6 p.m. On Sunday, Sept.22, there will be a picnic at Elks Park from noon until 5 p.m. On Monday morning, Sept. 23, there will be a breakfast at the Fern Cafe from 8-10 a.m.

Lincoln Co. Sheriff seeking missing person

On September 2nd, 2019, the Lincoln County Sheriff's Office was made aware of a missing person in the Otis area. The complainant reported 37 year-old Cameron Ray Shelden of Otis was last seen on foot in the Widow Creek area the previous morning. Lincoln County Sheriff's Office Search and Rescue was activated and began searching for Shelden. Search and Rescue performed a number of search operations over multiple days; utilizing ground search volunteers, specially trained K-9s, and unmanned aerial systems. Search efforts for Shelden have been unsuccessful. New leads are being investigated as they are received. Anyone with information pertaining to Shelden's whereabouts area encouraged to call the Lincoln County Sheriff's Office Tip Line at (541) 265-0669.

Register now for Veterans Affairs Behavioral Health Forum

Oregon Health Authority (OHA) and the Oregon Department of Veterans Affairs will be hosting a Veterans' Behavioral Health Forum in Tillamook on Thursday, Sep. 26 from 11:30 a.m. to 2:30 p.m. at the Tillamook County Library. The Rede Group will be facilitating the event.

Veterans, behavioral health care providers, and policymakers are invited to attend these

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SH & ASURES: discussions, share their perspectives, and offer feedback. The forum wants community input from anyone who has experience with behavioral healthcare for veterans; as a veteran, provider, as someone working in community health, as a policymaker, or any other interested party.

You must register to attend. Register at: https://conta.cc/2YL3Unz.



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Positive Approach to Alzheimer's and Dementia Care (PAC) Workshop September 25, 9:00am-12:00pm • Shilo Inns Tillamook

Learn more and register for this free class at OregonCarePartners.com. Family members, all levels of caregivers and walk-ins welcome. CEUs offered for professionals.



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WELLNESS Improving lives with Otago

Kelly Benson, Tillamook County Family YMCA Holly Rudman, Otago Clinical Coordinator

Many of us take for granted the basic activities of daily life. Getting up out of a chair, walking to the mailbox or getting out of the house to meet friends for lunch or exercise. As we age, many of these daily tasks become difficult. This can result in isolation, depression and injuries.

Otago is a local program that can help:

 Improve your balance and leg strength

 Maintain your confidence and independence

Carry out daily exercises

without fear of falling • Engage in daily activities without fear of falling Reduce the number of falls and the number of injuries from falls

What is Otago?

Otago is an individually customized, home-exercise program designed to improve strength and balance and to prevent falls. It is delivered in your home, where a trained instructor visits you and provides a set of individually prescribed exercises. The program includes a home-safety check and a medication review. You can participate in this program for up to a year at no cost to you!

Who qualifies for the Otago

program? If you are . . . • 80 years or older • 65 years or older with two or more chronic conditions

• Having falls

• Having problems with balance and/or strength

· Living at home, in assisted living, or in an adult foster home.

If you answered "yes" to some or all of these questions and are able to walk with or without an assistive device, you may be eligible for the Otago Exercise Program. Contact ADRC Aging and Disability Resource Connections to start the process: 1-866-206-4799 or stop by the Tillamook NWSDS office or the Tillamook YMCA for more information.

Otago is an evidence-based home exercise program developed in New Zealand

Studies show that the Otago Exercise Program reduced risks of falls and related injuries by 35%.

In Tillamook County a licensed Physical Therapist and a Personal Trainer will instruct you on an individualized strength and balance program as well as a walking program.

The Otago program in Oregon started in 2015 in Marion and Polk Counties under NWSDS. The program has received over 1,000 referrals and served over 600 people with 70% of those served graduated from needing the program. We have been honored to serve Otago clients

in Tillamook County for over a year with great success. Most have reported fewer falls, greater confidence in transferring and walking, greater strength, improved balance and greater community involvement.

As well as referrals from individuals we welcome referrals from family members, friends, doctors, adult foster care homes, assisted living facilities or any community member concerned about fall prevention.

At her 7th week of being on the program, she began to cry when the Personal Trainer was working with her. He asked why she was tearful. She said because she 'never was able to get out of her chair without help until now."

Drive A Little Save A Lot! CAR CORRAL BACK TO SCHOOL SPECIALS



Roasted Zucchini

Recipe & Photo Source: FoodHer.org

Number of servings: 6

Time for preparation (including preparation and cooking): 35 minutes

Ingredients:

1 1/4 pounds zucchini, 2 teaspoons vegetable

1/4 teaspoon garlic 1/4 teaspoon dried 1/8 teaspoon salt 1/8 teaspoon black

Directions:

1. Preheat oven to 400 2. Wash zucchini and cut into 3-inch lengths. Then cut each 3-inch section into 1/2-inch thick

3. In a bowl or plastic bag, combine zucchini

sticks with oil, garlic powder, oregano, salt, and pepper. Place in a single layer onto a large baking sheet. Be careful to not crowd the pieces of zucchini. Lining the baking sheet with foil or parchment will help with cleanup.

4. Bake in the preheated oven for 12 to 15 minutes, or until lightly browned but still tendercrisp.

5. Refrigerate leftovers within 2 hours.



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Bay/ocean view home located just blocks from the water in an established neighborhood of well maintained homes in Netarts. ALL ONE LEVEL! This one owner home features a light and bright open floor plan with views from living room and kitchen. Large kitchen with lots of counter space and breakfast bar, Alternet with lots of counter space and preavises bar, adjacent dining area, sunken living room with pellet stove, master ensuite w/ walk-in closet and a generous laundry room/office. Oversized (550 sq ft) garage with multiple workshop rooms and drive through garage door in back. Covered back deck. Forced air electric heat and high quality Anderson windows throughout. Covered back deck. The perfect wave! MLS# 19-571 Call Dusty \$279,000

NEW/LISTING

Netarts - Oceanside (503) 842-9090



Updated Ocean View home in the Village of Oceanside rchitecturally designed by Bill Hawkins, this well-crafted home invites you into a warm open floor plan with attractive built-ins throughout. Entry level offers light and bright great room with raised barrel ceiling, hardwood floors, large windows and cozy gas fireglace. Upgraded kitchen w/ ss appliances and mesmerizing views of surf and sand. Large ocean view master bedroom with walk-in closet. Open loft and This hed lower level room are perfect for additional guests, art studio or office/den. Home has been lovingly maintained and updated with new siding, windows, kitchen and more. Turn keyl Just a minute's drive from Oceanside beaches MLS# 19-475 Call Macy \$580,000



Pacific City

Don't miss out on this beautiful home in downtown Tillamook, built in 1925, with much of its original histori feel and architectural details. Zoned for both residential or commercial use. Currently a residence, but floor plan would lend itself well to a professional office, or boutique business. Meticulously maintained with built to last craftsmanship. Cedar lined closets throughout solid mahogany trim, hardwood floors, updated kitcher & laundry chute. Master bedroom on main, with three bedrooms upstairs, and partially finished basement. Private fenced backyard with deck and sheltered patio area. Finished 2 car garage. MLS# 19-545 Call Steph \$349,900



Breathtaking riverfront property with room for the whole family or a quiet place away from it all. Be prepared to envision your free time being spent enjoying the river, fishing, gardening, riding horses, and enjoying the apples, berries & other vegetables. Located on the Trask River, this 3 bedroom with an office, 2.5 bath, single level accessible home includes a family room and separate living space, jetted tub with private access to paid from the master suite. The patio invites you to sit back and enjoy the sounds and picturesque views of this riverfront property. Privacy is the nature of this location, with very mature trees outlining the property and a gated driveway. MI Set 19-396 Call Cinchy Dra Sarah 8850 000 outlining the property and a gated driveway. MLS# 19-396 Call Cindy D or Sarah \$850,000

Beautiful, one level home with ocean views.

eek, modern look, with vaulted ceilings and skylight. Open concept kitchen-living room which includes a cozy gas stove. All new appliances. 6 sliding glass doors to the pristine views. Plenty of

property, with so many possibilities. MLS# 19-343 Call Kristi B \$399,000

Enjoy your own slice of paradise with this truly immaculate home. Beautifully built newer quality coastal construction accompanied by perfectly maintained landscaping this premium lots a must seel AS you enter into this charming 3 bedroom 2 bath. 1678 SaPt home, you are greeted with an open living space, high quality furnishings, cozy fireplace insert and plently of windows to let in natural light! All the interior walls are insulated for acoustics and master bedroom is located on the main floor. The kitchen is fully equipped with top of the line appliances, gorgeous back splash and kitchen island. Located in the finished one car garage, the entire home is protected by an electrical surge device. MLS# 19-496 Call Jacqueline \$448,900

PENDING

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NETARTS



Sublime Ocean View Cottage at The Capes in Oceanside! The main level reveals a light, bright & open floor plan that's tastefully decorated in serene shades of the sea. Enjo the ocean view from the deck or cozy seating area next to fireplace. The entire lower level is the Owner's Suite w/ full bath, wet bar, great room & sleeping area. Plus, there's a private entrance & deck. Large bedroom plus loft on upper level. No maintenance! maintenance! MLS# 19-543 Call Cyndi L \$325,000









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503 812 8087





Debbie Carr

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Dusty Trost

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2nd Annual Tee It Up for Tillamook

Go Big and Go Bold for Quality Emergency Services

A golf benefit for Tillamook County's ambulance and emergency services.

Thursday, September 19

Salishan Spa & Golf Resort | 800-452-2300 7760 N Hwy 101, Gleneden Beach, Oregon 97388

- 11:30 am Warm-up and fine tune your game at the complimentary practice facilities. Putting contest begins.
- 1:00 pm Golf tee time golf will begin with a shotgun start
- 5:30 pm Million Dollar Shootout! (time is approximate)
- 5:45 pm Festivities continue at the Lodge with our awards dinner

Help ensure life-saving ambulance and emergency services are ready when you need them!

- Experience the beauty of one of the Oregon Coast's premier golf courses
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Ask about special accommodations rates good for before and after the tournament as well as Salishan recreation options.

To secure your sponsorship contact:

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a bedroom a bain, with a borns steeping aftea. Guest quarters, just steps away from cottage offers a bedroom, bathroom, and tiny kitchen! Plenty of room for your friends and family. Double lot and large datached two gar garage has page to be a lot for all of further

detached two car garage has space for all of your boats and toys! Tons of parking. Prepare to bonfire

out back! MLS# 19-528 Call Kristi M \$299,000

NETARTS





PACIFIC CIT

SPORTS Mook football starts season with a win

The Tillamook Cheesemakers kicked off their varsity football season Friday night with a big win on the road against the Newport Cubs.

The Mooks ran up an impressive 31-7 victory on the road starting their season off with the non-league matchup and the Cheesemakers are off to a 1-0 start.

The only other team in the Cowapa League to start off with a victory was Banks, all others fell to non-league teams.

Tillamook hosts Mcloughlin/Griswold this Friday, Sept. 13 with kickoff at 7 p.m. The Pioneers dropped their first non-league game of the season to Madras in a 0-16 defeat, so they will be hungry for a win when they make the long trip to Tillamook.

The Mooks came close to snapping a ten-year playoff drought this past season, dropping a heartbreaking play-in post-season game to Woodburn. Despite the loss,



Chad Werner under center at he end of the first half in Newport in action against the Cubs in the season opener. The Cheesemakers notched a win, 31-7 in the non-league match-up. Headlight photo by Roger Miller.

the team has showed marked improvement in 2018, scoring the third most points and allowing the third least points Th in the Cowapa League, one wa of the state's premier leagues. res

Their 4-5 record last season was also a step up from 2017 results.

September 2019 Trap Results

73 degrees, lightly overcast with an ever so slight breeze. The season ender was somewhat predictable with a slight twist. Congratulations go out to Schwend Clay Busters. They won 3 of the 6 meets. The twist or rub comes from the fact that Team May-Hem broke the most birds throughout the season but only took 2 wins. Team May-Hem out shot Schwend Clay Busters for a season total of 593 against 590. Rule are rules. Condolences go to Team May-Hem, better luck next year.

Speaking of next year, interest is picking up with a great deal of new talent coming out to shoot. Also, with interest gained from the high school team we are gathering a following with younger shooters. I'm guessing with the new shooters and some teams with a heavy roster there will probably be 2 to 3 new teams forming up for next year.

Time to clean the guns and set up the reloader, also with new lighting at the club members will be able to shoot this winter when it's dark a 4 o'clock. See ya next April 2020.

Tillamook Gun Club Trap League		
September 2019 Results	Score	Wins
Schwend Clay Busters	105	3
May-Hem	99	2
Upstairs Bar & Grill	96	1
Tillamook Ford	87	
TCCA DH	85	
Umpqua Banker Babes	72	
Duck Busters	39	

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SPORTS 110 high schools challenged by Ultimook venue

The roar of the crowd at the mud pit of the Ultimook Race this past Saturday told you everything you needed to know about why this race is the most popular early season cross country meet in the Northwest. Teams from as far as Arizona, California, Idaho, and Washington ventured to Tillamook to take part in a rite of passage of cross country runners

In total, there were 110 high school and middle school teams, 2,860 athletes, and nearly 500 campers that participated in the Ultimook Race.

The race features a mud pit, two river crossings, wood-chipped trails, and fields of flowers. "Sometimes I wonder why the Ultimook Race has become so popular," said head coach Patrick Zweifel, "but then I hear the roar of the crowd when runners enter the mud pit and I'm reminded that kids just want a real cross country experience. As kids come clawing out of the mud pit it is rare that one isn't smiling," he said.

"I thought of all my favorite races in high school and I put elements of all those races into the Ultimook," said Zweifel. "I'm proud that Tillamook Cross Country has such a large impact on our sport. For many athletes who attend, it will be the highlight of their cross country experience."

"I'm told over and over by coaches that kids are coming out for cross country for an opportunity to run the Ultimook Race-they tell me it is their best recruiting tool,' Zweifel said. "It's very fulfilling to me that we're able to offer such a great experience to so many young athletes."

"Over the past eight years we've had hundreds of parent and community volunteers,



ishing second for the team in 18:45.81. "Dexter's a senior and I look forward to his progress and to see how close to Bush he can get."

Riley Cloyd, Johnathan Gingrich, Ethan Obrist, and Edgar Estrada rounded out the rest of the squad, finishing very close to each other. "Running in a pack is great, we just need to close the gap between Dexter and this pack to be competitive.'

Nestucca and Neah-Kah-Nie boys finished 27th and 33rd respectively. Freshmen Alex Welsh and Tyler Ernst

were top finishers for Neah-Kah-Nie and Levi Hallock, Gustavo Camacho, and Dylan Johnson were top finishers for Nestucca bosy.

Neither Nestucca or Neah-Kah-Nie girls fielded a full varsity squad to score, but Dinah Schultz, Rheanne Bryant, Emma Murphy, and Olivia

Hooley were the top finishers for Neah-Kah-Nie and Lauryn Dunn and Bethany Ziegler were the top runners for Nestucca. Elite runner Jordan White from Neah-Kah-Nie was out with a hip flexor issue but will be back soon. "I really want to thank all

the parent and community

volunteers that help make this such a special race. Certainly it's a year round job for me to put on the race, but without such a crowd of helpers on Friday and Saturday, we wouldn't be able to put on such a quality race," Zweifel added.

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and we've all had a great impact on this race. There's a whole community that has made it work," Zweifel said.

The Tillamook girls won the 1A-4A division, in front of 17 other teams, beating Philomath by just one point. Senior Solace Bergeron was the 3rd girl across the line in a time of 20:14.08 and Junior Sarah Pullen 4th in 20:35.18. Catlin Gable's Lilia Fenner won the race in 19:13.70, the fastest time of the day among all division, with 4A rival from Philomath SeniorHannah Hernandez finishing second.

"We've seen Hannah run fast early the past three vear's and by the time State comes around Solace has always found a way to beat her." Solace and Sarah are both training well and I'm hopefully they will continue to progress throughout the season.

Whitney Averill was the 3rd Tillamook girl across the line followed by Chloe Riger and Nina Zweifel. Autumn Patching and Paige Ross rounded off the varisty girls team.

The boys finished 10th out 34 teams and have "a lot of work to be done," according to Zweifel. "Four of our top six runners are either not racing or compromised at this this time, which is discouraging after having such a productive summer."

"Sometimes it's more fun to not look so good on paper and then keep sneaking up on other teams throughout the season. Many of us will get drastically better with each race and we'll be in trophy contention by the end of the season."

Junior Marshall Bush was the leading runner, finishing seventh, with a time of 17:24.08. Dexter Patching, whose had a stress fracture since last March, made his debut back to racing by fin-

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COMMUNITY

Wednesday, September 11, 2019

Third Annual Kremes to celebrate Mexican Independence, raise funds

The Tillamook School District Hispanic parent group "Unidos" along with the support of the Spanish Club at THS and the English Language Learner Program are excited to announce the Third Annual Kermes to be held Saturday, September 14th at the Tillamook High School Cafeteria from 4 to 8pm.

A Kermes is a cultural and fundraising event that will be celebrating Mexican Independence and raising funds for different cultural activities for students in our schools, as well as two scholarships for two graduating students at THS.

At the Kermes people will purchase tickets that will be used to play games, and purchase food. We will have traditional Mexican food (pozole, enchiladas, ta-



cos, corn, and many more). We will also have music and the ballet folklorico

"Mexico en la Piel" performance. The ballet folklorico performance was supported

with grant funds from the Tillamook County Cultural Coalition.

Food Roots receives over \$250,000 in Farm-to-School program funding

Over \$250,000 has been raised by Food Roots to fund their Farm to School programming in Tillamook County for the 2019-2020 and 2020-2021 school years. This funding comes from the USDA Farm to School Program, Columbia Pacific Coordinated Care Organization, Tillamook County Creamery Association, the Spirit Mountain Community Fund, The Ford Family Foundation, the Braemer Charitable Trust, the Juan Young Trust, and the Harbourton Foundation.

In addition to these funders, Food Roots received important support from the Tillamook, Neah-kah-Nie, and Nestucca Valley School Districts, Neskowin Valley School, FoodCorps, TLC Fibre Federal Credit Union, Offshore Grill & Coffee House, Salmonberry Saloon, Pacific Restaurant, Nehalem River Ranch, the Community 101 class at Tillamook High School, the Nehalem Bay Garden Club, the Kiwanis Club of Tillamook, and multiple individuals throughout Tillamook County. Food Roots could not accomplish these important educational activities without the above partners and supporters who have provided funding and support. Food Roots' Farm to School program has been growing and evolving for the past ten years and continues to build sustainability and strategic development, thanks to the community of supporters who understand the impacts



for this programming for student wellbeing. The National Farm to School Network has summarized research that shows the benefits of Farm to School programming, including students' preferences for fresh fruit and vegetables, improving performance in school and impacting positive social behavior. The programming provided is rooted in this research. They focus on hands-on activities that encourage inquiry and critical reasoning and prioritize activities that complement Next Generation Science Standards and Common Core ELA and math standards. Food Roots will be partnering with six schools for the 2019-2020 school year to provided regular garden-based education. These schools include Nehalem Elementary, Garibaldi Grade School, Tillamook Junior High School, South Prairie Elementary, Nestucca Valley Elementary, and Neskowin Valley School. They anticipate working with 1,000 students each month and

students will engage in the following programs: school-wide tasting tables in which all students have the opportunity to sample in-season, locally grown fruits and vegetables; regular in-classroom, gardenbased lessons, utilizing on-site gardens and Food Roots comprehensive Garden Education Curriculum; farm and fishery field trips and farmer to classroom visits; and family engagement events at school.

Additionally, through Food Roots Farm to School programming, Food Roots will co-facilitate a cohort of Tillamook School District 9

teachers in the 2019-2020 school year to support their use of Project Based Learning in school gardens.

Finally, with a Local Salad Bar Project, Food Roots in working to support schools with local food procurement for school fund service. Over the 2019-2020 and 2020-2021 school years, they will be helping schools pilot putting locally grown salad greens on the salad bar for lunches. By including locally grown foods in school meals, schools and farmers support each other and students benefit. Food Roots works with the Oregon Farm to School and School Garden Network as its state hub lead for the north coast region; connecting school districts with local food producers and providing technical assistance for both local and regional food to cafeteria procurement and garden education resources.





This week's 'Reader Photo of the Week' was captured by Bruce Bauder of a Double-Crested Cormorant in Garibaldi. Do you have a camera and an eye for beauty? Submit your photo to the Headlight Herald at editor@orcoastnews.com please and thank you of course.

Crave the Coast slated for Sept. 28

Crave the Coast food festival set for Sept. 28 in Garibaldi on Tillamook Bay

Sample delicious foods from forty food vendors and trucks that celebrate Oregon Coast bounty

September 4, 2019. Crave the Coast, named one of the top five food festivals in a poll of readers of Sunset Magazine, returns with more food and beverage, main stage chef demos, contests and giveaways. The festival takes place under the event tent in Garibaldi on Tillamook Bay on Saturday, Sept. 28, 2019, from 11am to 4pm.

Forty food vendors and food trucks will offer generous samples, plus offer products, beverages and meals for sale. The main stage will feature chef demos by Maylin Chavez of Olympia Oyster Bar, Jennifer Bloeser of Oregon Coast Wasabi, Donna Riani of Lincoln City Culinary Center, and Matt Freehill, the History Channel's winning carver on "The Butcher" television show.

There will also be Guess the Grub competitions and Name that Spot, contests to see who can identify the most iconic spots on the Tillamook Coast. Prizes will be given throughout the event.

Tickets purchased prior to the event are \$25 per person or two tickets for \$45. Children under 12 are admitted free. Tickets will be \$30 at the door.

Art Accelerated hosts

GARDENING MATTERS The 'Bad guys'

In my last column, I talked about Italian arum being one of the poisonous plants we might find in our gardens. This week, I want to address some of the other plants in our gardens that are considered toxic or poisonous. The information contained here is from a presentation by former OSU Horticulture Extension Agent Joy Jones as given to the Master Gardener class each year.

First, allow me to address the meaning of the word "poison." For the purposes of this discussion, "poisonous" does not necessarily mean lethal. Some plants will cause dermatitis while others can cause illness if ingested but are perfectly safe to have in the garden as long as they are not eaten. The term "poisonous plant" refers to plants that have some sort of properties that can be harmful to human or animals.

These plants may cause skin irritation or allergies. Think poison ivy, poison sumac or poison oak. Others may cause burning



GARDENING MATTERS

or irritation in the mouth or throat if swallowed. Headaches, dizziness or nervous excitement may also be symptoms as are upset stomachs, nausea or vomiting. And the dose that is consumed will determine the toxicity of the plant poison. Another group of factors that determines toxicity is the age, weight and overall health of the victim, the stage of growth of the plant itself, and the parts and condition of the plant consumed.

Plants are pretty tricky and have their own sets of defenses since they can't move out of the way of danger. A browsing elk, for example, could wipe out a whole section of plants in a matter of hours so

the plants produce a bitter taste or a chemical that will cause herbivores to become sick, making it less likely they will try to eat that same plant again. Tomatoes or apples eaten when green have an intestinal irritant that will make us think twice before sampling them again. As the fruit ripens, however, the toxicity decreases and the flavor increases that attracts animals into eating them, thus dispersing the ripened seeds.

The leaves and berries of English ivy are both toxic and cause gastrointestinal issues like nausea and swelling of the tongue and lips. Bulbs of daffodils and jonquils and the iris corms and leaves have the same issues. When harvesting rhubarb, eat only the petioles and not the raw or cooked leaves.

Plants containing Taxine Alkaloids are considered to be very toxic and these include English and Pacific yews, wild and ornamental lupines, delphiniums and poppies. In one to three hours, ingestion of these plants or their parts can cause dilated pupils, dizziness, increased heart rate and convulsions. Victims may fall into a coma and death can occur in less than 30 minutes in some severe cases.

Rhododendron and azalea – even the ones native to the United States – contain Grayanotoxins. These toxins can cause dizziness, vomiting and weakness, but it is rarely fatal and usually subsides in 12 to 24 hours. Grayanotoxins can become an issue, though, if consuming honey made from rhododendron nectar. (In fact, knowledge of "Mad Honey Intoxication" goes back to 4th century Greece when thousands of soldiers were poisoned by rhododendron honey.) Not all rhododendron produce Grayanotoxins, but the Pacific rhodie, the Western azalea and Rhododendron albiflorum all do produce it. Mountain Laurel and Japanese Pieris do as well.

There are other plants and other toxins and I encourage you to do some

See **GARDENING**, Page B3

Art Expression for Kids

Art Accelerated located at 1906A Third Street, Tillamook is hosting an event in which students will paint, draw and sculpt with traditional and recycled materials.

Join professional artist, Christine Harrison for this guaranteed mess (also fun). Six sessions during October and November will include a variety of art projects in different mediums. Young artists will be able to explore color and textures in multiple hands-on projects inside and outstside of Art Accelerated Annex-a new space downtown designed just for making art! Special reception for all artists Wed., November 20th. Mondays: Third Grade



and up, 3:30-5 p.m.. Wednesdays: K-Second Grade, 3:30-5 p.m. Sign up after September 4 by downloading form on www.artaccelerated.org. and pay at the YMCA \$48 for six weeks. Any questions or for more information, contact Christine at: 503.809.9172.

Vehicle access to Bay City block of Tillamook State Forest restricted

Vehicle access to a portion of the Bay City block on the Tillamook State Forest will be restricted due to increasing vandalism, illegal dumping, and theft. The Powerline East, Powerline North, and Hobsonville Point spur roads will be blocked with gates.

The Oregon Department of Forestry is installing gates this week that will allow walk-in, bicycle, or horseback access. The goal of restricting vehicle access is stopping illegal activities that have been on the rise recently, such as dumping cars and other large objects, vandalism, unlawful long-term camping, theft, and other criminal activity.

Restricting access will also help limit irresponsible off-road vehicle use that damages public land. The resulting repair and debris removal work is a costly use of limited public resources, according to ODF Tillamook District Operations Coordinator Joe Travers.

"Unfortunately, these behaviors have recently gotten worse and are negatively impacting the Bay City community as well as the forest itself," Travers said in a press release. "Walk-in and bicycle access will still allow forest users to enjoy most lawful activities, and should cut back on the behaviors that detract from the outdoor experience and potentially endanger forest visitors."





Page B2

DAILY

Free van service for veterans – 7:30 a.m. leaves Tillamook County Transportation District every weekday to provide local veterans with free transportation to either the Hillsboro or Portland VA medical facilities for appointments. For more information please contact veterans service office at 503-842-4358.

Wednesday, Sept 11

Pinochile - 3 p.m. at the Tillamook Eagles Lodge. Second and fourth Wednesday of each month.

Volunteers training – 5:30 p.m. to 6 p.m. (second Wednesday) at the Helping Hands Re-entry Outreach Center in the old Naval Headquarters building at the Port of Tillamook Bay, south of Tillamook. Volunteers are being sought to drive the Helping Hands bus and to prepare evening meals for the residents of the Outreach Center. For more information or to reaister in advance, please call Paul at 310-986-9200.

Port of Garibaldi Meeting – 7 p.m. at City Hall in Garibaldi on the second Wednesday of every month.

Rockaway Beach City **Council Meeting** – 6 p.m., second Wednesdays, City Hall. Open to the public.

Family Caregiver Support **Group** – 1:30 p.m. to 3:30 p.m. the second Wednesday of each month at Northwest Senior and Disability Services 5010 East Third Street in Tillamook. Contact Stacie Zuercher at 503-815-2062.

Thursday, Sept 12

Veterans for Peace – Social at 6:30 pm 7 p.m. meeting, second Thursday, in the Riverbend Room of North County Recreation District at 36155 Ninth Street in Nehalem. For more Info, call Brian McMahon, 503-368-3201.

Parkinson's Support Group – 2 p.m. to 4 p.m., second Thursday, Tillamook Adventist Church, 2710 First St. Free. Call Mike or Joanne Love, 503-355-2573.

Tillamook County Art Asso-ciation – 11 a.m.-noon, second Thursdays, 1000 Main St., Suite 7, Tillamook (next to the Fern Restaurant). Call Howard Schultz at 503-842-7415.

Boy Scouts - District meeting 5:30 p.m., 7 p.m. roundtable every second Thursday. Order of the Arrow, Tillamook. New members welcome. Call Russ Dewey at 719-246-3004.

Tillamook Community Chorus - Singers age 18 and older. New members welcome. No musical experience required. No auditions. Rehearsals Thursday, 6:30-8:30 pm, Tillamook High School Choir Room. Concert December 7. (503) 812-1830.

Friday, Sept 13

Ocean Breeze Rugcrafters -10 a.m. to 2 p.m On the 2nd and 4th Fridays at the Latimer

Saturday, Sept 14

Karaoke Night - 7 p.m. to 10 p.m. at the Tillamook Eagles Lodge. Second and fourth Saturday of each month.

Tillamook County Woodturners meeting - Every second Saturday of the month at 8792 Doughty Rd., Bay City at 10 a.m. For more information, call 503-801-0352.

Sunday, Sept 15

All You Can Eat Pancake Breakfast - 8 a.m.-noon, third Sundays. Bay City Arts Center, 5680 A Street, Bay City. Whole grain or buttermilk pancakes, sausages (meat or vegetarian), salsa, beans, fruit compote with yogurt and blackber-ries in season. \$5 dollars.

Port of Garibaldi Farmer's Market – 10 a.m. to 2 p.m. at the Port of Garibaldi. The market will run every Sunday until October.

Pacific City Farmers Market – 10 a.m. to 2 p.m. at corner of Brooten Road and Camp St. in Pacific City.

Monday, Sept 16

Tillamook City Council Meeting 7 p.m. first and third Mondays, city hall. Open to the public.

Garibaldi City Council Meet-ing – 7 p.m., third Mondays, city hall. Open to the public.

Nestucca Valley School District Meeting – 6 p.m., third Monday. At Nestucca Junior/Senior High School. Open to the public. (the meeting moves to 4th Mondays if there's a no-school day on the third Monday.)

Tuesday, Sept 17

Wheeler City Council Meeting - 7 p.m., third Tuesdays City Hall. Open to the public.

U.S. Coast Guard Auxiliary Flotilla 63 – 7 p.m. third Tues-days, lower Coast Guard Station in Garibaldi. Call Gordon Southwick, 503-322-3677, or Bob Hickman, 503-368-6717.

Grief Support Group - 3 p.m. to 4:30 p.m., first and third Tuesdays, Tillamook Regional Medical Center, Conference Room A (third floor).

Grief Support Group - 11 a.m. to 12:30 p.m., first and third Tuesdays at the office building behind Calvary Bible Church Corner of 5th and 506 Laneda Ave. Manzanita.

Pine Grove Community Club Potluck – 5:45 p.m. social time, 6:30 p.m. dinner, third Tuesdays. Bring your own tableware and a dish. Manzanita. Call Jack Allen, 503-368-5687.

Wednesday, Sept 18

Migoto Yamadori Bonsai Club of Tillamook – 7-9 p.m., third Wednesdays, Tillamook PUD building, 1115 Pacific Ave. Call Ruth LaFrance, 503-842-5836.

Bunco Night - 6 p.m. at the Tillamook Eagles Lodge. First and third Wednesday of every month.

Wellspring Adult Respite Care - 10 a.m-4 p.m., first and third Wednesdays, Til-lamook Seventh-day Adven

www.tillamookheadlightherald.com/calendar

Thursday, Sept 19

Wilson River Loop Rd., Tillamook

For more information contact lat-

imerprograms@centurylink.net or

p.m., third Thursdays, Middle Way Health Clinic, 2615 Sixth St, Til-Iamook. Call Kathie Graves, 503-

842-5451 or Rose, 503-842-4809.

VFW Kilchis-Tillamook Bay Post

p.m. third Thursdays, Bay City

Hall, 5525 B Street, Bay City.

2848 and the Ladies Auxiliary – 6

Fisherman Advisory Committee of

Tillamook – 6:30 p.m. to 8 p.m. at the Tillamook PUD meeting room at Eleventh Street and Pacific Av-

enue. The meeting will be every third Thursday of the month.

North County Grief Sup-port Group – 3-4:30 p.m., first and third Thursdays, Calvary Bible Church, Manzanita. Call

Repair Café. -- This is a new

monthly community event every 3rd Thursday of the month from

6pm – 8pm comprised of com-

munity volunteers who repair, sew

and give expert advice on items in need of fixing. NO Internal

combustion engines. If you have

questions, contact repairmook@ gmail.com. There is no admis-sion fee, all ages welcome.

Neskowin Regional Water District

– 1 p.m. at the district office at 47880 South Beach Road in

Neskowin (Third Thursday). The

meeting is open to the public.

County – 3-4:30 p.m. First and third Thursdays. Calvary Bible Church in Manzanita. Tillamook

Hospital's relief chaplain Michael Gabel presents information to

6 p.m. Third Thursdays of each month in the Riverbend room

Grief Support Group North

help with the grief process

Breastfeeding Support Group

of the North Coast Recreation

participants in the discussion topic for the one-hour meeting

followed by the opportunity for

mothers to connect and network

Children are welcome to attend.

A \$1 donation is requested to support the use of the space. Call

Carlotta Roddy at 503-812-6243 or Jennifer Childress at 503-368-

5886 for further information.

Tillamook Community Cho-

This event begins Thurs-day, Sept. 5, 2019, and ends

Latimer Quilt & Textile Center

Board Meeting – 9 a.m. every third Friday in the library at the

For more information contact latimerprograms@centurylink. net, or call 503-842-8622.

Nesko Women's Club - 11:45

a.m., third Fridays (Septem-ber to May,) at Cape Kiwanda

Community Center. A speaker is scheduled for each regular

Latimer Quilt and Textile Center.

Thursday, Dec. 5, 2019

Friday, Sept 20

rus - Singers age 18 and older.

New members welcome. No

musical experience required. No auditions. Rehearsals Thursday, 6:30-8:30 pm, Tillamook High School Choir Room. Concert December 7. (503) 812-1830.

District. Leaders will guide

503-368-6544, ext. 2313

call Gail or Kim at 503-842-8622.

Diabetes Support Group - 2-3

WEEKLY EVENTS Tillamook County Quilt Guild – 10:30 a.m., third Thursdays, Latim-er Quilt and Textile Center, 2105

OPEN MIC NIGHT – Wed. 4 p.m. to 7 p.m. at the Tillamook Eagles Lodge

STORYTIME – Tues. 10 a.m. (24-36 months); Wed. 10 a.m. (3-5 years); Thurs. 10 a.m. and 4-5 p.m. (6-12 years); Fri. & Sat. 10 a.m. (birth-24 months); Saturdays, 10 a.m., 11 a.m. Tillamook main library.

START MAKING A READER TODAY – 12:45-2:15 p.m. Tues. and Thurs. Volunteers needed to read to Netrucca Valley Elementary students. Call Diane, 503-965-0062.

TILLAMOOK SENIOR CENTER – Meals at noon Mon-Fri; pinochle at 10 a.m. Fri.; free bingo 10 a.m.-noon third Thurs.; cards 11 a.m.-2 p.m. Tues.; Senior Club meeting and potluck at 11:30 a.m. second Fri.; pool and drop-in center 11 a.m.-2 p.m. Mon-Fri. 316 Stillwell Ave. Call 503-842-8988.

SENIORS NONDENOMINATIONAL WORSHIP - 6 p.m. Tues. Five Rivers Retirement & Assisted Living Community, 3500 12th st., Tillamook. 503-842-0918.

CIVIL AIR PATROL TILLAMOOK SQUADRON – 1845 to 2045 at ATV center, 5995 Long Prairie Rd. For CAP information and membership call Lt. Col. Michael Walsh, at 503-398-2838. ROCKAWAY LIBRARY - 3 p.m., Pre-school storytime for ages 3-5, Tues. 503-355-2665.

CELEBRATE RECOVERY - 6 p.m. Tues., Tillamook Church of the Nazarene. Child care provided

KIAWANDA COMMUNITY CENTER – stitchers group Tues., bingo Wed., card playing Fri. 503-965-7900.

MEDITATION, PRAYER – 7:30-8:30 p.m. Silent meditation, Mon. and 8:45 a.m. Tues.; Lectio Divina, 10-11 a.m. Tues., St. Catherine's Center for Contemplative Arts, Manzanita. Call Lola Sacks, 503-368-6227.

SENIOR SERVICES – Provided by Northwest Senior & Disability Services at Sheridan Square Apts. Dates, times vary. 503-842-2770.

GARIBALDI LIBRARY STORYTIME - 2:45 p.m. Thurs. 503-322-2100.

WELLSPRING – 10 a.m.-4 p.m. Every Wednesday at the Til-lamook Seventh-day Adventist Church. For more information, contact Mollie Reding at 503-815-2272.

MOVIE NIGHT IN WHEELER – 6 p.m. at the Rising Star Cafe in Wheeler every Wednesday. For details, call 503-368-3990. LIVING WELL WITH CHRONIC CONDITIONS CLASS

– 2 p.m. to 4:30 p.m. Tuesdays at the North County Recreation District at 36115 Ninth Street in Nehalem. RADIO CONTROL HELICOPTERS. - 1 p.m. to 3 p.m.

Sundays at the North County Recreation District. 36155 9th Street in Nehalem. Call 503-368-7008 for more information. BEACH ACCESSIBLE WHEELCHAIRS - at the Manzanita

Visitors Center. They are available for check-out during business hours at the Visitors Center, 31 Laneda Ave., Manzanita, OR. Call 503-812-5510 for more information.

FOOD PANTRY/WARM WELCOME - 10 a.m. to 2 p.m. at the Nehalem Bay United Methodist Church basement on 10th Street just off Hwy 101 on Fridays and Saturdays.

GROUPS

TILLAMOOK MASONIC LODGE AF & AM MEETINGS – 7 p.m. second and fourth Tuesdays at 1904 Second Street. Officers meet at 6 p.m. on second Tuesday.

ALCOHOLICS ANONYMOUS WOMEN'S MEETING - 10 a.m. Sun., Serenity Club, 5012 Third St.

ROTARY CLUB OF TILLAMOOK - Noon Tues., Tillamook Elks Club

AL-ANON – 7-8 p.m. Mon., North County Recreation District, Nehalem. 503-368-5093.

WOMAN'S AA MEETING, SISTER'S IN SOBRIETY -Noon to 1 p.m. every Tuesday at St. Catherine's Episcopal Church, 36335 N. Hwy 101, Nehalem.

DRY DOCK AA – 7 p.m. Mondays and Thursdays Bay City Odd Fellows Lodge, 1706 Fourth St.

OVEREATERS ANONYMOUS – 6 p.m. Mon., Tillamook Regional Medical Center, Room D (third floor). 503-812-0838.

TILLAMOOK KIWANIS CLUB – 12 p.m., Tillamook Kiwanis Club Meets on Wed. at The Rendezvous Restaurant and Lounge, 214 Pacific Avenue.

TOPPS MEETING – 10 a.m. at IOOF Hall in Bay City Contact Pat at 503-842-7881.

ALCOHOLICS ANONYMOUS - 6 p.m. every Friday at the Rockaway Beach Community Center.

FOOD

ROCKAWAY BEACH MEALS FOR SENIORS - 11:45 am Mon., Wed., and Fri., St. Mary's by the Sea Hall. Also delivery to homebound in Rockaway Beach and Garibaldi. Call Bob Dempster 503-812-2073.

PACIFIC CITY SENIOR MEALS – noon every weekday at the Kiawanda Community Center in Pacific City. The cost is \$3 for seniors and \$6.75 for everyone else.

EXERCISE

SPIRIT DANCE - 6-8 p.m. Second and fourth Fridays. Pine Grove Community Center, Manzanita. Free-form dance celebration

PROMOTE YOUR EVENT

You're invited to add your group's listings to our online event calendar at **tillamook** headlightherald.com

Wednesday, September 11, 2019

- 8 a.m. to 8:30 a.m. (Tuesdays) at NKN High School track in Rockaway Beach

CLOGGING CLASS – 10:30 a.m. Tuesdays at the Rockaway Beach Community Center.

MOVING FOR BETTER HEALTH: Qigong class – 8 - 8:30 a.m. Tuesdays and Thursdays at the YMCA in Tillamook. The Tai Chi classes would be included.

MANZANITA RACE-WALKING – 9 a.m. (Sundays). Meet at end of Laneda/Beach street. Questions? Contact Corinna at (503).368.6144 or cbbcalm@gmail.com

TAI CHI CLASS – 11 a.m. to noon on Mondays and Wednesdays at the North County Recreation District, 36155 9th St, Nehalem. 504-368-7008. (ncrd.org.)

TAI CHI CLASS – Noon to 1 p.m. Wednesdays and Fridays at Tillamook YMCA 610 Stillwell Avenue in Tillamook.

MANZANITA PACE SETTERS WALK/JOG/RUN GROUP -7:30 a.m. Sat., parking lot behind Spa Manzanita

BAY CITY ART CENTER - Yoga continues on Mon. and Thurs. at 6 p.m.

YOGA WITH LUCY BROOK – 5 p.m. to 6:30 p.m. Center for the Contemplative Arts, 300 Division St., Manzanita.

ARTS & CRAFTS

OPEN CLAY STUDIO - 10 a.m. to 4 p.m. (Tues., Thu., Sat.) at Hoffman Center for the Arts in Manzanita. The class is offered three times a week for anyone 18 years and older. Studio fees are \$2 per hour. Clay is \$1.50 per pound. For more informa-tion, contact the Volunteer Clay Hosts at hoffmanclaystudio@ gmail.com

TUESDAY DRAWING WORKSHOP - at the Art Accelerated Gallery, 1906A Third St in Tillamook. This is a weekly drop-in session for adults from 1:30 – 3:30 each Tuesday. \$5 per session or \$20 for 5 sessions. Bring your own supplies (some supplies may be available for purchase). Go to our website for more information: artaccelerated.org.

OPEN GALLERY – 1 p.m. to 5 p.m. at the Hoff-man Center for the Arts, 594 Laneda Ave., Man-zanita, every Thursday through Sunday, check out the latest artwork. Contact 503-368-3846.

RIVERBEND FIBER ARTISTS - 1 p.m. in the Riverbend Room at North County Rec District in Nehalem. There is knit-ting, crocheting, weaving and hooking. All fiber arts welcome

LIFE DRAWING – 10 a.m. in Nehalem. For more information, contact sorrel@nehalemtel.net.

CORDELIA'S KNITTERS GROUPS - 1 p.m. to 3 p.m. (afternoons); 5:30 p.m. to 7:30 p.m. (evenings). Every Thursday at the Latimer Quilt and Textile Cen-ter. For more information contact latimerprograms@ centurylink.net, or call Gail or Kim at 503-842-8622.

WEAVERS – 10 a.m. to until closing time. Every Friday at the Latimer Quilt and Textile Center. For more information contact latimertextile@centurylink.net, or call 503-842-8622.

NEEDLE WORK GROUP - 2 p.m. to 4 p.m. Every Wednesday at the Latimer Quilt and Textile Center. For more information contact latimertextile@centurylink.net, or call 503-842-8622.

TODDLER ART – 10-11 a.m., Wed., Bay City Arts Center. Children must be accompanied by an adult. 503-377-9620.

KNITTING GROUP – 1 p.m. to 4 p.m. at the North County Recreation District. 36155 Ninth St. in Nehalem

EMBROIDERY GROUP – 2 p.m. to 4 p.m. Every Wednes-day at the Latimer Quilt and Textile Center. For more information contact latimerprograms@centurylink.net,

OREGON COAST FIBERARTISANS - Every Tues-day at 10 a.m. to 2 p.m. at the Latimer Quilt and Textile Center. For more information contact lati-mertextile@centurylink.net, or call 503-842-8622

TILLAMOOK YOUTH BOWLING LEAGUE - 10:30

BRIDGE – 1 p.m. (Every Monday) at the Rockaway Beach Community Center 2310 Hwy 101 N in Rockaway Beach.

TILLAMOOK CO. HORSESHOE PITCHERS ASSOC. - 6

p.m. every Tues. weather permitting. Tillamook Elks Park. John Schriber 503-842-2247.

 ${\rm BINGO}$ NIGHT - Sunday at 2 p.m. and Thursday at 6 p.m. at the Tillamook Eagles Lodge.

TEXAS HOLD 'EM - Sunday at 1:30 p.m. and Friday at 7 p.m.

BRIDGE, PINOCHLE AND CRIBBAGE - 1-3 p.m. Wed. and

TILLAMOOK DUPLICATE BRIDGE CLUB – 6 p.m. Tues., 11 a.m. Fri., Tillamook Elks Lodge 107 Third Street, Tillamook \$3 per session. Call Theresa, 503-317-8967.

Thurs., North County Rec. District, Nehalem. 503-355-3381

POOL TOURNAMENT – 5:30 p.m. Every Thurs-day at the Manzanita Lighthouse on Highway 101 in Nehalem. For information, call 503-368-4990.

at the Tillamook Eagles Lodge.

a.m. Saturdays at the Tillamook Bowling Alley on Third Street in Tillamook. For more information, contact coach Jim Shuman at 503-801-3092.

FUN & GAMES

Quilt and Textile Center. For more information contact latimerprograms@centurylink. net, or call 503-842-8622.

Sip + Shop - is a monthly, after-hours event sponsored by downtown Tillamook businesses It is held on the 2nd Friday of the month from 5:00 to 7:00 pm. Information about participat-ing businesses and featured activities is available from the Chamber of Commerce.

tist Church. 503-815-2272.

International Order of Rainbow for Girls - 7 p.m., first and third Wednesdays, Tillamook Masonic Hall. 503-842-6758.

Cloverdale Committee Meeting – 6:30 p.m., third Wednesdays, The Lions Den, Cloverdale.

meeting. Lunch is \$3. You do not have to be a member to attend, but reservations are required. For lunch reservations/ info: Julie Krohn 503-863-9307

Manzanita Municipal Court notice – 1:30 p.m. at Manzanita City Hall. 543 Laneda Avenue, once a month thereafter. The public is invited to attend.

MANZANITA RACEWALKING – 9 a.m. (Sundays). Meet at end of Laneda/Beach street. Contact Corinna at 503-368-6144.

STEP IT UP TILLAMOOK (CENTRAL) - 9:30 a.m. to 10 a.m. (Wednesdays) at 4506 Third Street in Tillamool

STEP IT UP TILLAMOOK (SOUTH) - 3:15 p.m. to 3:45 p.m. (Mondays) at Kiawanda Community Cente

SQUARE DANCE LESSONS - 5:30 p.m. to 7:30 p.m. Wednesdays at Elks Lodge, 1907 3rd Street, Tillamook. Learn modern Square Dancing with the Wave Steppers of Tillamook Bay. Children 9 and older welcome with an adult. For more information, call Bob at 503-322-3819, or Gwen 503-322-3274. There is a \$5 cover charge

STEP IT UP TILLAMOOK COUNTY (NORTH)

PINOCHLE AND BUNCO – 2 p.m. Tues. Pinochle/ 1:30 p.m. Wed. Bunco at Five Rivers, 3500 12th St. 842-0918. Free. MUSIC

TILLAMOOK LIBRARY LIVE MUSIC - 2-4 p.m. Saturdays.

JAM BAND NIGHT - 6 p.m. to 9 p.m. Wednesday at the Tillamook Eagles Lodge

Tillamook Community Chorus - Singers age 18 and older. New members welcome. No musi-cal experience required. No auditions. Re-Hearsals Thursday, 6:30-8:30 pm, Tillamook High School Choir Room. Concert December 7. (503) 812-1830. This event begins Thursday, Sept. 5, 2019, and ends Thursday, Dec. 5, 2019

SALTY STRINGS UKULELE GROUP - 5:30 p.m. Fridays at the Little Crow in Rockaway Beach.

Tillamook County Church Services

Bay City

BAY CITY UNITED METHODIST CHURCH

A warm and friendly congregation. 5695 D Street, Bay City, OR, (503) 377-2679, Pastor David Hurd. Worship Service 10 a.m., Fellowship downstairs afterwards. https://www. facebook.com/BayCityOregonUMC Open Hearts, Open Minds, Open Doors!

Beaver

BEAVER COMMUNITY CHURCH

24720 Hwy. 101S, Cloverdale, OR (503) 398-5508. Sunday School 9:50 a.m. Worship Service 11 a.m. Call for Bible Study information. beavercommunitychurch.com. Josh Gard, Pastor.

Cloverdale

ST. JOSEPH'S CATHOLIC CHURCH 34560 Parkway Drive, Cloverdale, (503) 392-3685. Services: 5:30 Saturday night, 9:30 a.m. Sunday.

WI-NE-MA CHRISTIAN CHURCH

Wi-Ne-Ma Campground. 5195 Winema Road, 7 miles south of Cloverdale. Kyle French, Minister. (971) 237-2378. info@winemachurch.net. Sunday School 9:30 a.m., Worship 10:45 a.m.

Garibaldi

NORTH COAST CHRISTIAN CHURCH

309 3rd St., (503) 322-3626. Pastor Richard Jenks. Sunday Worship Service 10:30 a.m. We invite you to join us.

Netarts **NETARTS FRIENDS CHURCH**

4685 Alder Cove Rd. West, (503) 842-8375. Pastor Aaron Carlson, Adult & Youth Worship Service: 9:30am Children's Sunday School: 9:30am Nursery available Handicap Accessible Small Groups Website: www.netartsfriends.org All are welcome!

Pacific City NESTUCCA VALLEY PRESBYTERIAN CHURCH

35305 Brooten Road, (503) 965-6229. www.nestuccavalleypc.org Pastor Rev. Ben Dake. Weekly Bible study group Fridays at 10 a.m. Open communion the first Sunday of each month. Regular services Sunday 10 a.m. Everyone is welcome.

PACIFIC COAST BIBLE CHURCH

35220 Brooten Road (Adjacent Post Office) Pastor Dan Mason 503-965-7222 1st Service 8:30am to 9:30am 2nd Service 10:00am to 11:00am Sunday School 11:15am to 12:00pm Nursery Provided Mid-Week Bible Studies All Welcome - Visit our website at pacificcoastbiblechurch.com

Rockaway Beach ST. MARY BY THE SEA CATHOLIC CHURCH

275 S. Pacific St. (503) 355-2661. Saturday: Confessions 5 p.m.; Mass: 9:30 a.m. Mondays, Wednesdays, Thursdays, Fridays. No service on Tuesdays

Tillamook

BETHEL BAPTIST CHURCH (CBA)

5640 U.S. 101 S. (2 miles south of Tillamook), (503) 842-5598. Sunday School for all ages 9:45 a.m. Morning Worship 11 a.m. Evening service 6 p.m. Nursery provided for all services. Everyone welcome!

CHURCH OF CHRIST TILLAMOOK

2506 1st Street, (503) 842-4393 Preacher: Larry Owens Sunday: Adult Classes & Children's Sunday School 10 a.m. Worship Service: 11 a.m. Everyone is welcome! Enter to worship...Leave to serve.

CHURCH OF THE NAZARENE

2611 3rd, (503) 842-2549. Pastor Josh Myers. Classic service: 9:30 a.m. Contemporary service: 11:00 a.m. Sunday School: 9:30 a.m. and 10:45 a.m. Childcare for infants to age 5 available. Tuesdays: Celebrate Recovery 5:30 p.m. Wednesdays: Teen Fellowship 7 - 8 p.m. We welcome you to join us as we worship together.

REDEEMER LUTHERAN CHURCH

(LCMS) 302 Grove Ave. (503) 842-4823 Rev. J Wesley Beck, SS and Adult Bible class at 9:30 a.m.; Divine Service 10:30 a.m. Midweek Bible studies. Everyone welcome!

ST. PETER LUTHERAN CHURCH (ELCA)

401 Madrona at 4th St. (503) 842-4753 Lori Blake, Pastor Traditional Sunday morning worship 11 a.m. You are warmly invited to join us.

EMMANUEL MISSIONARY BAPTIST CHURCH

Meeting at the Kilchis House 4212 Marolf Place Sunday Morning Services 10:00-11:00 a.m. Bible Study 11:00-12:00 p.m. Preaching Midweek Service-Thursday 10:00-11:00 a.m. Pastor Sterling Hanakahi (503) 842-7864

FIRST CHRISTIAN CHURCH

2203 4th St., (503) 842-6213. Senior Pastor: Dean Crist Sunday Prayer at 8:45 a.m. Worship Celebration at 9:15 a.m. Classes for all ages at 11 a.m. Casual attire. Nursery facilities and handicapped accessible. Programs available for youth of all ages. Travelers and newcomers welcome.

LIVING WATER FELLOWSHIP

1000 N. Main, Suite 12, (503) 842-6455. Pastors Marv and Judie Kasemeier (Charismatic, Non-denomina-tional) Sunday Morning Service 10 a.m. Nursery through sixth grade children's church provided. Wednesday Generation Unleashed Youth Service for ages 12-18, Adult Bible Study 6:30 p.m.

OCEAN BREEZE BAPTIST CHURCH

2500 Nielsen Road, 503-842-1446, Pastor Kevin Birdsong. Sunday School 10 a.m., Sunday Morning Service 11 a.m., Sunday Evening Service 6 p.m. Wednesdays: Prayer Meeting. King's Kids and Teen Power Hour 7 p.m. "The end of your search for a friendly church." www.oceanbreezebaptist.blogspot.com

ST. ALBAN'S EPISCOPAL CHURCH

2102 Sixth Street., (503) 842-6192. Lori Blake, Priest-in-Charge. Sunday Worship Service - Holy Eucharist 9 a.m. Sunday school and child care. Everyone is welcome. Handicapped accessible. www.StAlbansTillamook.com.

SEVENTH-DAY ADVENTIST CHURCH

2610 1st St., (503) 842-7182. Pastor Tim Mayne. Sabbath School 9:30 a.m Saturday Worship Services 10:40 a.m. Saturday Bible Study 7 p.m. Tuesday All visitors welcome Community Services 10 a.m. - 2 p.m. Tuesday & Thursday KGLS-LP 99.1 FM Christian radio www.tillamookadventist.net Handicapped accessible

SACRED HEART CATHOLIC CHURCH 2411 Fifth St. (mailing: 2405 Fifth St.)

(503) 842-6647 e-mail: sacredheart2405@gmail.com www.tillamooksacredheart.org Pastor: Rev. Amal Irudayaraj Mass Schedule: Saturday (5:30 p.m.) Sunday (9:30 a.m.) (Spanish 12:00 p.m.) Weekdays: Monday thru Friday (8:00 a.m.) Friday (Spanish 6:30 p.m.) Confessions: Friday (5:00 p.m.) Saturday (4:00 p.m.) Sunday (11:00 a.m)

ST. JOHN'S UNITED CHURCH OF CHRIST

"No matter who you are or where you are on life's journey, you are welcome here." Pastor John Sandusky. 602 Laurel Ave., Tillamook, (503) 842-2242. Adult Bible Study: Sunday 9:30 a.m. Sunday Worship: 10:30 a.m. Website: www.stjohnsucctillamook.net. Handicapped accessible.

TILLAMOOK UNITED METHODIST CHURCH

Pastor Phil Airhart Onsite Sunday, Tuesday & Wednesday 3808 12th St., (503) 842-2224. Sunday Services 11 a.m.; Office Hours: Tue-Thurs 10-2 p.m.; Fully accessible facility. ADA accessible. Because God's love and grace extends to all people, wherever you are on your spiritual journey, you are welcome here.

Call 503-842-7535 or email headlightads@countrymedia.net to list your church in this directory

Wednesday, September 11, 2019

FENCEPOSTS

ore than 70 individu-**V** als attended the Cape Meares Labor Day potluck; an excellent turnout. From succulent ham to healthy salads to decadent desserts, we had it all! The sun even came out to celebrate with us. Many thanks to the Cape Meares Community Association and to all who helped with set-up and cleanup for this fun end-of-summer event.

Chris Spence manned a table at the potluck, selling bricks to be laid on the pathway in front of the schoolhouse as one of our community fundraisers. He sold a good dozen or so bricks.

We appreciate Kim Cavatorta writing with news from Tillamook County Cultural Coalition (TCCC). They will host a Grant Application Workshop from 6:00 to 8:00 p.m. on Wednesday, September 25 in the Copeland Room at Tillamook Public Library. This will allow participants a full month to prepare their applications, which are due on October 25.

To be considered for a grant, projects must address cultural education, community arts, heritage, the environment, and/ or traditions. To be eligible, grant applicants must be an individual(s), a non-profit organization, or a governmental organization residing or maintaining registered headquarters in Tillamook County. Prior-

S eptember 14th, at 1:00 p.m. the Garibaldi Museum will be hosting a presentation and book signing by author Bruce G. Walker for his book "Post Cards from the Oregon Coast." It's a history of the people who lived it and told of their adventures through postcards. As many communities back in the early 20th century could only be accessed by boat, Mr. Walker will tell about how there was communication between communities through postcards. Light



have another fond memory, or rather, years of memories. July 4th, 1993, we decided the Rockaway Beach parade needed a kazoo band, so the next year, Amber, Dale and I started up the Rockatooter Kazoo Band. We entertained folks every July 4th for the next 16 years. Boy, we sure did have fun! Does anvone remember a kazoo band that included a patriotic Easter bunny, Alf, or even a gimpy Dale on a tricycle, because he had leg surgery? Jerry Raatz and his tootsie roll pooping horse even occasionally entertained us! (Wait, can I say that? I apologize if I have offended anyone, giggle.) We won 14 trophies over those 16 years, which I had to part with prior to selling our house. (I hope you are enjoying them Kathy Brown.) The band disbanded when I developed muscle tension dysphonia in my vocal cords from being around all the chemicals from styling hair for 40 years. We had anywhere from 12-28 folks



If you missed this opportunity to buy an inscribed brick for \$100, contact Chris at 503-812-8971. He will be ordering the bricks soon to be installed this fall; it's not too late to order yours. It's great fun for kids

ity will be given to activities

that will benefit a significant

number of Tillamook County

R.S.V.P. by email to Kim,

cava02@centurylink.net

residents. For more information

go to tcpm.org/tccc.htm. Please

There are still openings in

the first of a series of free finan-

cial education classes for the

community. Tillamook County

Habitat for Humanity (H4H) is

hosting us. First up is "Budget-

ing" planned for 5:30-7:00 p.m.

on Tuesday, September 24 at

H4H Re-Store, 4192 Highway

and grandkids to seek out their special bricks on the walkway.

Congratulations to part-time Cape Meares resident Pete Parks and his fishing team, Reel Therapy/Longshot, for winning the 2019 Oregon Tuna Classic Garibaldi. In the "Big Fish Friday" competition, the top five fish from each team are weighed and the highest total team weight wins the tournament. This year, the winning catch was 97.95 pounds. The tuna is processed at a facility up the Wilson River and donated to the Oregon Food Bank to feed our local hungry. Way to go, Pete and crew!

Further good fishing news, albeit on a much smaller scale: the Steen household recently caught a 15.5-lb. Chinook. The wild fish was caught on a Pro-Troll rig with a Mexican hat spinner made by Bill Winter; thank you, Bill! Salmon catches are subject to special restrictions this fall. You may harvest only one wild Chinook a day and no wild coho. You may keep only five wild Chinook for the season (still 10 salmon per tag, counting hatchery fish). Tight lines to the fisherfolk out there! Put it on your calendar:

Sept. 23, 2019, 7 p.m. at the

War era. The event is slated for 5:00-7:00 p.m. on Friday, September 13 at Art Accelerated Gallery on Third Street in downtown Tillamook.

Don't forget that free fishing for children with disabilities is planned for this Saturday. Breakfast will be served starting at 9:00 a.m. with fishing scheduled to start at 10:00. Participants will break at noon for a lunch of burgers with all of the trimmings and Tillamook ice cream for dessert. Fishing will resume until all of 1,200 stocked trout are caught. Join the fun at Whiskey Creek Volunteer Hatchery, 7660 Whiskey Creek Road, in Tillamook.

I hope to see you on Saturday night, starting at 6:00 p.m. for Nestucca Valley Backpack Food Program's tenth anniver-

The Lions Fish Fry on September 1st was a great success thanks to Joe Watkins who supplied the fish: The Spot donated the bounty, Kelly Barnett donated time to filet it and Kevin O'Neill donated time to help process it. The Old Mill graciously allowed us to use their facility. Duyk Farms in Cornelius donated some beautiful corn. Thanks to all the volunteers: Patty and Butch Moore, Larry Warnock, Eli and Sean, Jake Rzuczek, Mark Riggs, Pete Peterson, Jeff Coon, Karna

schoolhouse. The Cape Meares Garden Club will be holding its first meeting that evening. What do you want out of your local garden club? Come join the discussion. If you'd like, bring a plant to raffle off. For further information about the Cape Meares Garden Club, contact Spike Klobas at 503-842-7438 or klobas@juno.com.

The first book in Seasons Kaz Sparks's "Flock of Gerrys" series is out in both board book and hardback versions. In "Gerry Loves Tacos," Gerry the seagull introduces his friends to tacos and they learn trying new food can

sary fundraiser. It's to be an evening of art, wine, gourmet food, live music and a silent auction. It runs until 8:00 at Rowboat Gallery and Windermere West Real Estate, 34950 Brooten Road in Pacific City. Admission is \$25. For more information, go to nvbackpack-

program.org. A million thanks to Vern Mobley who hand delivered my copy of the Community Calendar last week. Now we can catch up with a long list. Happy belated birthday through September 10 to: Tucker Bassett, Susie Bentley, Jenny Cabral, Jamie Carver, Jim Dieringer, Aurora Dillon, Juliana Fitch, Jeff Geil, Jerica Haltiner, Erik Hanson, Andre Haslam, John Hurliman, Tim Inman, Dave Kiser, Sawyer Lane,

Inman, Lori Craig, and Terena and Justin Haylett. Things just don't happen without volunteers, the people who support us, and the merchants who let us hang flyers.

Don't forget – the Food Pantry is open this Friday (Friday the 13th) from 10 a.m. to noon at God's Lighthouse on 8th and Highway 101.

Friday the 13th has been considered an unlucky day according to Western superstition since the 19th century. October 13, 1307

Cape Meares artist Margaret Tweelinckx has two glass mosaics of birds in the show. The pieces are designed to hang in a window. Looking forward to seeing them. Garry Link, Emma Nosack, Sara Ogle, Natasha Owens, Andrea Oulman, Aubrey Pip-

be fun. The illustrations are

darling; Cape Mearesians will

recognize many of the depicted

Raven Studio at 1908 2nd St. in

locations. Stop in at the Salty

Tillamook or contact Seasons

at seasons@saltyraven.net to

pick up a copy for you, your

will enjoy it!

kids and/or your grandkids; all

Check out the Pearl Mosaic

Show at the Bay City Arts Cen-

ter (5680 A St.) this month.

penger, Jeb Pippenger, Mike Polivka, Steve Shiels, Teresa Smith, Zachary Spidell, Shane Stuart, Emily Summers, Skyler Wallace and Ray Wilkinson.

Happy birthday to my dear grandson Logan Morrow reading the Headlight Herald in Prineville and to my stepdad Dave Park celebrating in Boardman. Happy birthday this week to: Dale Baumgartner, Eric Carver, Nolan Dimmitt, Sid Fisher, Lynda Fletcher, Brandy Gearhart, Kim Green, Kristen Hagerty, Linda Hurliman, Lars Kellow, Ray Maack Gage Schmid, Brian Slavens, Michelle Wallace, Erin Weisser and Bob Wilkinson.

was the date Philip IV of France arrested hundreds of the Knights Templar, and this suggested origin of the superstition may not have been formulated until later. Other European countries have different days of the week as unlucky. Spanishspeaking countries and Greece consider Tuesday the 13th unlucky dates due to devastating battles on those dates that give strength to that belief. Start a new tradition and enjoy prosperity and good luck this Friday.





refreshments will be served. If you haven't been to this jewel of a museum here in Garibaldi, this would be a great opportunity. Their

kazoo-ing with us, and wow, we rocked! I hope there are a few folks out there that remember our smiling faces and awesome music!

Coming up Saturday, at the Manzanita Library, the Mookulele Club will be jamming. Their group begins at 1pm, on September 14th. You can either borrow one if their ukuleles, or bring your own. Then, every Wednesday, you can jam with the Salty Strings Ukulele Group of Rockaway Beach at the Rockaway Beach City Hall! They play from 6-7:30 PM and also have ukuleles for you to borrow. This is a faster paced group. You can hone your skills or learn new skills. See you there. August 31st was "Play Music on the Porch Day, Worldwide". Scott Fisher participated, as did I. I hope some of you heard music in your neighborhood that day. The Rockaway Beach **Community Preparedness** Fair is on September 18th, at the Neah-Kah-Nie High School Gym, from 6-8 pm. So, this is the question, "What is the Disaster Plan for YOUR family?" Make plans to attend this fair. Your questions may be answered! Wednesday, September 18th, from 6-8 pm in the NKN gym, experts will be on hand. You will not only meet your neighbors, but talk to local experts. The experts include the Rockaway Beach Police, Fire and Tillamook

County Sheriffs Office, the Red Cross, the Coast Guard, the Tillamook County Health, Oregon Department of Land Conservation, a pet expert, First Student, Adventist Health and more. The Tillamook PUD will be in attendance and they will be handing out their tote bags so you can collect the beginning 'Go Bag' supplies that will be provided by the experts. And of course, you will enjoy light refreshments, raffles, demos, etc.

101 in Tillamook (across read at September's Sip and the highway from Tillamook Shop event in Tillamook this Cheese Factory.) A \$15 gift weekend. She's the author of certificate for the H4H Rethe award-winning novel, Ag-Store will be awarded to each nes Canon's War (2014), based attendee. Complete a series of on the lives of her twice great three classes for a chance to grandparents during the Civil win a \$100 dollar Re-Store gift

certificate.

SOUTH COUNTY

Ielonie Ferguso

Remember that Neskowin's

own Deborah Lincoln will

mossroses@yahoo.com

hours are 10:00 a.m. to 4:00 p.m. Thursday through Monday until the end of October. For more information, contact the museum at 503-322-8411.

Don Best also has his beautiful photographs on display at the museum during the month of September.

Speaking of postcards, Steve Rounds was recently promoted to the Postmaster position in Garibaldi. He has been a clerk at the office since November 2013. Welcome Steve to his new position!

And best of all, this is all free!

An awesome event that helps keep Oregon's beaches and riversides looking fabulous is coming up! It is the Solve Beach and Riverside Cleanup. The Rockaway Beach Lions Club is ground zero for organizing this occasion in our little town. Thousands of volunteers will clean our waterways of trash and debris on September 21st. The Lions Club will take care of all you will need for this morning of community service. And, they even offer a free lunch for all participants. R Sanitary picks up all the bags of debris, so it is a great idea to support this local business. Be sure to plan to join these folks. It is a really fun way to clean our state up.

"Autumn shows us how beautiful it is to let things go." That's Rockaway Beach, "Sugar Coated!"

Gardening

Continued from Page B1

research on your own to find out what plants are dangerous. In the meantime, there are things you can do to prevent plant poisonings in your garden.

Number one is to identify all the plants in your yard and don't forget the house plants! You will need to know their botanical names as well as their common names. Label your plants or make diagrams of where they are located in your garden/home. After you know all the plants, make notes as to which ones are poisonous and what the effects of their particular toxins are. That should go on the label or

Teach children not to put any type of plant in their mouths unless it is cleared by you or a knowledgeable adult. Don't let children suck the nectar from flowers or make tea from its leaves. Know the plants when you are harvesting berries or fruit. Just because birds or wildlife eat a berry doesn't mean it is safe for human consumption! If mushrooms or toadstools are growing in your yard, dig them out and dispose of them, especially if you don't know what species they are. When you are roasting marshmallows or meat over a fire, make sure you know what kind of wood has been cut for the skewers. Oleander branches or sticks, for example, are extremely toxic.

maps, too.

If a person has ingested a toxic plant and is having

trouble breathing, unconscious or having seizures, call 911. It is helpful to know what they have eaten and to take a sample in a plastic bag with you when you go to the hospital. In less-life threatening emergencies, call the Oregon Poison Center at OHSU (1-800-222-1222) – a good number to memorize. If a pet is the victim, call the Pet Poison Helpline at 1-855-764-7661. You may not know what your pet ate, but if you do, be sure to tell the operator. For photographs of many poisonous plants, you can visit https://plants.usda. gov/gallery.html.

We can't really remove all of the poisonous plants from our environment, but we can remove the most dangerous ones. Or at least place them in an area where children and pets do not frequent.

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Headlight Herald

CLASSIFIEDS

Deadlines

Classified Ads: Fridays at 5 p.m. Legals: Fridays at Noon

500 Jobs

600 Autos

999

on Tillamook County

Siting Criteria; Chap-

ter 18.125 Automobile

ditional Uses, Chapter

18.80 Hillside Overlay

Zone, and the Garibaldi

A copy of the application

materials and supple-

mental information is

available for inspection

at no cost during regu-

lar business hours at

Garibaldi City Hall lo-

cated at 107 6th Street

in the City of Garibaldi,

Oregon 97118. A staff

report will be available

for inspection at least

seven (7) days before

the hearing and may be

obtained at a reason-

able cost. All interested

parties are invited to

attend the public hear-

ing and to provide testi-

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Community

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Comprehensive Plan.

Parking

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Public Notices

www.tillamookheadlightherald.com/classifieds

100 - 400 Services, etc. **700** Items for Sale

800 Rentals

900 Real Estate

Or go to www.tillamookheadlightherald.com

999

Public Notices

Page B4

502

Wednesday, September 11, 2019

Help Wanted

PERFECTLOOK Hire on Bonus PerfectLook is Hiring Full or PT. Licensed Stylist to work in our Busy Tillamook Salon. Call us @ (503)842-7949, or Contact Denise at (503)349-2936

702 Garage Sales

Sept 13-14, Fri-Sat 815 Nestucca 9-3pm, Ave

Queen Mattrress, Clothings, dishes, and misc

ESTATE SALE PLUS 9-6 SEPT 27 & 28 10-5 SEPT 29 3115 Hillcrest Rd. N., Tillamook Something for everyone. Household, hunting, fishing gear. New & used designer clothes, shoes & purses for adults & children. Hospital bed w/mattress, bedside tables, etc. Wood splitter, pressure washer & much more. NO EARLY SHOPPERS



Firewood. \$185 cord, \$110 1/2 cord. Delivery fee depends on location. 503-801-9736.



1bdrm \$625.00+ deposit 503 815-1726



RV SPACE NEEDED Couple looking for small space for live-in camper w/car

819

RV Space for Rent

& water/ electricity. 503-812-3317

832

FOR LEASE Offered by Decker Real Estate, Inc., over 2000 sq. ft. retail or office space in a building fronting on busy 3rd Street heading to the beach. Ask for Carolyn 503-842-8271 Cell # 503-801-0935 or Mark 503-801-0498.

> 999 **Public Notices**

HH19-368 The Netarts-Oceanside Sanitary District

(NOSD) Board of Direc-

tors will hold their Regular monthly meeting on Thursday, September 19, 2019 at 5:30 P.M. in the NOSD Board Room, Cape Meares 1755 Loop Rd. W., Oceanside, OR. This Regular meeting is to discuss General District business including New Business; Old Business; etc., and any other matters that may come before the Board will be discussed. The District reserves the right, if

necessary, to call an Executive Session.

Meetings, except

open to the public and Assessor's Map #1N 10 22BB as tax lot 00100. accessible to the disabled. The District en-The substantive criteria under review for this courages your participarequest are specified tion. Anyone requiring in Garibaldi Municipal accommoda-Code Chapter 18.15, tions should contact the Medium Density Resi-District office at least dential Zone; Chap-48 hours in advance at ter 18.25 Commercial (503) 842-8231 Zone, Chapter 18.110 Multifamily or Apartment

HH19-367 CITY OF GARIBALDI, OREGON PUBLIC HEARING NO-TICE The City of Garibaldi

Planning Commission

will conduct a public

special

999

ecutive Sessions, are

Public Notices

Commercial Space

hearing on Monday, September 23, 2019, at 6:30 pm in the Community Hall outside of Council Chambers at 107 6th Street Garibaldi, Oregon 97118, to consider a request for a conditional use permit to authorize a 63-unit multi-family on property zoned C-1 (Commercial) and R-1 (Medium Density Residential). The subject property

is located on the north side of E. Garibaldi Avenue between Nelson Lane and Martin Smith Drive and is identified

dwelling

Sandlake Grange Hall Annual Rummage Sale & Spaghetti Feed

> Saturday, September 21st Sale 9 am - 4 pm & Spaghetti Feed 3 – 7 pm Adults \$7 – Kids under 12 \$5

SANDLAKE GRANGE HALL 21220 Sandlake Rd, Cloverdale, OR Located on Sandlake Rd along the Three Capes Scenic Tour, 16 miles south of Tillamook 8 miles north of Pacific City

999 **Public Notices** Hall is handicapped accessible. Any person requiring special accommodations to attend the meeting should contact the Recorder's Office by September 20, 2019. Written testimony received before or at the hearing on Monday, September 23, 2019, at 6:30 pm may also be addressed to the Garibaldi Planning Commission, Garibaldi City Hall, at 107 6th Street, Garibaldi, Oregon 97118. In raising an issue, the relevant Garibaldi Municipal Code, Comprehensive Plan, or other relevant criteria to which the issue is directed must be specified. Failure to raise an issue in person or by letter precludes appeal to the Oregon Land Use Board of Appeals on that issue. The Garibaldi Planning Commission reserves the right to continue the public hearing to another date and time. If the hearing is continued, no further public notice will be provided. For addi-

tional information concerning this conditional use request you may contact City Hall staff at (503) 322-3327.

Geoff Wullschlager, Garibaldi City Manager

Public Notices HH19-369 PERSUENT TO ORS **CHAPTER 87** Notice is hereby given that the following vehicle will be Sold, for cash to the highest bidder, on 8/26/2019. The sale will be held at 10:00am by Tillamook RV Repair 4190 Hwy 101 N, Tillamook, OR

Jayco

Jay-

2003

999

flight VIN= 1UJB-J02P167EN1330 Amount due on lien \$4520.00 Reputed owner(s) JACKLYN MARIE CON-NER

999

Public Notices

To place an ad

Call 503-842-7535

HH19-370 NOTICE OF PUBLIC LEGISLATIVE HEAR-INGS TILLAMOOK COUNTY PLANNING COMMIS-SION

TILLAMOOK COUNTY BOARD OF COMMIS-SIONERS A public hearing will be held by the Tillamook County Planning Com-

mission at 7:00p.m. on Thursday, October 10, 2019, in the Board of County Commissioners Meeting Rooms A & B of the Tillamook County Courthouse, 201 Laurel Avenue, Tillamook, OR 97141, and a public hearing will be held by



Assistant District Operator

Required Qualifications

- 3-5 years in municipal drinking water industry Oregon Level II Water Distribution and Level II Treatment
- Certification with Filtration Endorsement--
- or able to obtain within 1 year of hire
- Valid Driver's license/clean driving record
- Successfully pass a drug/alcohol screening/background check

Assistant \$25--\$29 starting-DOQ/DOE Appointment to Operator - salary commensurate with responsibility Full Benefits include PERS

Full ad: https://oawu.net/jobs/water-treatment-and-distribution-operator/ Send resume: office@netartswaterdistrict.com

Netarts Water District

4970 Crab Avenue W. PO Box 50, Netarts OR 97143 (503) 842-9405







NOW HIRING

Ex-

for the following positions



Cashier Dishwasher/Busser Line Cook Prep Cook



Production Supervisors Packaging Supervisors Production & Packaging Workers Machine Operators Maintenance & Warehouse

Come join our growing team at Werner's! We offer an excellent benefits package along with a flexible and stable work environment!

- 401k + Employer Match
- **Health & Vision Insurance**
- **Competitive Pay**
- Paid Time Off
- **Employee Discounts**

Qualifications & Skills: Must be at least 16 years of age. Some positions may require a food handlers, alcohol servers and serve safe cards and must be able to obtain within the first week of employment. Contact Werner's for further information.

Job Type: Full Time & Part Time

Please email resume and target compensation to HR@wernerjerky.com or come by our office located at 2807 3rd Street, Tillamook, Or 97141 between 8:00am - 5:00pm, Monday - Friday

Werner's is an equal opportunity employer

COME WORK WITH US!

 Great pay and benefits Excellent growth opportunities

Now Hiring:

- Line Workers
- Smoke House Technicians
 CDL Drivers
- Sanitation Workers
- Maintenance Techs
- Production Supervisor
- Machine Operators
- GL Accountant
- Quality Technicians
- Quality Supervisor

Full-time & Part-time Must be 16 years or older **Questions?** Please call Whitney Hopkes at 503-377-2222, ext. 107

APPLICATIONS AVAILABLE AT OUR RETAIL STORE:

8335 North Hwy 101 Bay City, OR 97101

OR ONLINE AT: HTTPS://WWW.TCSJERKY.COM/CAREERS/

DROP OFF APPLICATIONS AT: TILLAMOOK COUNTRY SMOKER RETAIL STORE IN BAY CITY OR EMAIL TO: hr-or@tcsjerky.com

EQUAL OPPORTUNITY EMPLOYER

Wednesday, September 11, 2019

www.tillamookheadlightherald.com/classifieds

999	999	999	999	999	999	999	999
Public Notices	Public Notices	Public Notices	Public Notices	Public Notices	Public Notices	Public Notices	Public Notices
the Tillamook County	and related materials	Third Street, Tillamook,	Amendment/Zone	persons with hearing, vi-	OF SALE T.S. No.: OR-	LOANS, INC., ITS SUC-	ing described real prop-

Board of Commissioners at 10:30a.m. on Wednesday, November 13, 2019 in the Board of County Commissioners Meeting Rooms A & B of the Tillamook County Courthouse, 201 Laurel Avenue, Tillamook, OR 97141, to consider the following:

AMENDMENT/ TEXT CHANGE/ ZONE MAP AMENDMENT REQUEST #851-19-000420-PLNG: A legamendment islative request amend to the Tillamook County Land Use Ordinance (TCLUO) and Tillamook County Comprehensive Plan as follows:

Add Section 3.580: Tsunami Hazard Overlay Zone: Establishes a Tsunami Hazard Overlay Zone, add definitions and establish permitted uses within this overlay Overlay zone zone. boundary is identified as areas subject to inundation from the XXL magnitude local source tsunami event as set forth on the applicable Tsunami Inundation Map(s) (TIM) published by the Oregon Department of Geology and Mineral (DOGAMI). Industries If adopted, the overlay zone will apply to only those affected properties located within the unincorporated communities of Barview/ Twin Rocks/Watseco, Oceanside, Netarts. Pacific City/Woods, and Neskowin as well as Tierra del Mar and Cape Meares.

Amend Goal 7 Element: Amend Goal 7: Hazards element of the Tillamook County Comprehensive Plan to add new plan policies and map references for the Tsunami Hazard Overlay Zone. The Tillamook County Planning Commission may take action at the hearing on October 10, 2019 hearing, or may continue the matter to a date and time announced at the hearing. The Tillamook County Planning Commission will ultimately make a recommendation to the Board of County Commissioners who will hear this matter at 10:30a.m. on Wednesday, November 13, 2019. If approved, Text Amendment/Zone Change/ Map Amendment request #851-19-000420-PLNG will become ef-

fective upon adoption

may be purchased from the Department of Community Development at a cost of 25 cents per For additional page. information concerning this zone change request, please contact the Department of Com-Development, munity Sarah Absher, CFM, Director.

Written testimony can be submitted and oral statements will be heard at the hearings. Written testimony to be included in the Planning Commission packet mailed to Planning Commission members the week prior to the hearing must be submitted to the Tillamook County Department of Community

Development, 1510-B

Oregon, 97141 prior to 4:00 p.m. on October 1, 2019. Please contact Sarah Absher, CFM, Director, Tillamook County Department of Com-Development, munity as soon as possible if you wish to have your comments included in the staff report that will be presented to the Planning Commission. All testimony/evidence received prior to and at the Tillamook County Planning Commission hearing(s) will be made part of the record and presented to the Board of County Commissioners for consideration at

> The criteria applicable to review of this Text

the November 13, 2019

Tillamook County Job Opportunities



For required application materials and posting information visit our website at www.co.tillamook.or.us

hearing

Corrections Deputy – Sheriff/Jail Starting Salary: \$3,891.00 Month Closing Date: 2/27/2020

Criminal Deputy – Sheriff

Starting Salary: \$3,891.00 Month Closing Date: 2/27/2020

Mid-Level Provider: Nurse Practitioner or Physician Assistant - Health Department Starting Salary: \$6,893.00 Month Closing Date: 2/2/2020

Community Health Chief Operations Officer Health Department Starting Salary: \$5,640.00 Month Closing Date: 10/2/2019

Victims Specialist – Part Time **District Attorney** Starting Salary: \$12.62 Hour Closing Date: 9/13/2019

Tillamook County is an equal opportunity employer

TILLAMOOK PUD Job Opening

Finance Manager

Bachelor's degree in business or accounting; ten years directly related experience in assigned financial areas (public funding, treasury, accounting, fiscal service), five years supervisory experience. Knowledge of requirements, regulations, and laws applicable to public sector accounting and purchasing.

Change/Map Amendment request are Tillamook County Land Use Ordinance Article 9: Amendment and Article 10: Administrative Provisions. The application and criteria (enclosed) are available for review or links are provided to the applicable sections outlined above at the Department of Community Development and online at http://www. co.tillamook.or.us/gov/ ComDev/planning/luo. htm.

The Tillamook County Courthouse is handicapped accessible. If special accommodations are needed for

sual, or manual impairments who wish to participate in the hearing, please contact 1-800-488-8280 ext. 3303, at least 24 hours prior to the hearing in order that appropriate communications assistance can be arranged. If you need additional information, please call

1-800-488-8280 ext. 3317. Tillamook County Department of Community Development

Sarah Absher, CFM, Director

HH19-348 TRUSTEE'S NOTICE

TILLAMOOK PUD Job Opening Operations Manager

Bachelor's degree in directly related field or must be Electrical Journeyman Lineman or Journeyman Meterman and six years of progressively responsible work at an electrical utility including two years as a supervisor or working line foreman. Knowledge of utility operations and electrical systems management.

Salary Depending on Qualifications (\$9,053 - \$12,222 per month) Generous benefits package

> Closing date: Sept. 23, 2019 Review Begins: Sept. 6, 2019

For the full job description, requirements, and the fillable application form, please visit our website at www.tpud.org. Tillamook People's Utility District Shane Stuart, Human Resources Manager P.O. Box 433 1115 Pacific Avenue Tillamook, OR 97141; (503)815-8637 Email: jobs@tpud.org

Tillamook PUD is an equal opportunity provider and employer.



Tillamook School District 9

Certified Alternative School Computer Lab Teacher @ Wilson River School

Classified Food Service Helper, 1.0 FTE @ Tillamook Junior High School Special Ed/Special Care EA, 3.75 hrs @ South Prairie Elementary School Special Ed/Special Care EA, 3.75 hrs @ East Elementary School PreSchool EA, 1.0 FTE @ Liberty Elementary School

19-865451-BB Reference is made to that certain deed made by, JAVIER PEREZ AND ANTONIO MORENO PEREZ, AS JOINT TENANTS as Grantor to FIRST AMERICAN TI-TLE COMPANY OF OR-

EGON, as trustee, in fa-

vor of MORTGAGE

ELECTRONIC REGIS-

TRATION SYSTEMS,

INC., AS NOMINEE

FOR CALIBER HOME

CESSORS AND AS-SIGNS, as Beneficiary, dated 4/20/2017, recorded 4/28/2017, in official records of TILLA-MOOK County, Oregon in book/reel/volume No. as fee/file/instrument/ microfilm/reception number 2017-002563 and subsequently assigned or transferred by operation of law to CAL-IBER HOME LOANS, INC covering the follow-

erty situated in said County, and State. APN: 1N1005CD00200 74902 1N1005CD00400 / 74957 PARCEL I: BE-GINNING AT A POINT 352 FEET WEST OF THE NORTHEAS CORNER OF THE SOUTHEAST QUAR-TER OF THE SOUTH WEST QUARTER OF SECTION 5, TOWN SHIP NORTH 1 RANGE 10 WEST OF

Page B5

TILLAMOOK FORD Join our team! PARTS SPECIALIST

Tillamook Ford is seeking a motivated parts specialist to join our team. Previous parts experience a plus but would also be willing to train the right person. Must be reliable, able to multi-task and work in a fast paced environment doing a variety of tasks. Competitive benefit package included and wage DOE. Please come buy the Parts Department for application or send a resume to tillamookfordpartsdept@gmail.com H47948

Neah-Kah-Nie School District VACANCY ANNOUNCEMENTS POSITIONS: District-wide Garibaldi Grade School Neah-Kah-Nie High School HS Assistant Cook, Posting #247 HS 8 hr. Sp Ed IA, Posting #272 Nehalem Elementary School Neah-Kah-Nie Middle School

Those interested in being classroom assistants, secretarial, cafeteria or custodial substitutes, Apply to Posting #157 Licensed (teacher) Substitutes, Apply to Posting #156 • Seeking people who have a Bachelor's Degree who are interested in becoming substitute teachers - Please contact Ms. Sellars for details • Fully licensed teachers or retirees SUBSTITUTES NEEDED

Teacher Substitutes Classroom, Secretarial, Cafeteria, and Custodial Substitutes

To apply for any of the positions, except for substitute positions, go to TalentEd at olrecruiter.net

For More Information Contact Kathie Sellars, Administrative Assistant Neah-Kah-Nie School District PO Box 28/504 N. Third Avenue Rockaway Beach, OR 97136 Phone (503) 355-3506 Vacancy announcement can be found on our website at <u>www.nknsd.org</u> click on the Departments tab > Human Resources > Employment > Click on current vacancies

Neah-Kah-Nie School District is an Equal Opportunity Employer

Marie Mills Center, Inc.





147047

Nursing Assistant Class. The class will tentatively being mid September. Employment opportunities are available following the class. An application and background check are required. For more information, please call 503-368-5171, email lbaertlein@nehalemtel.net or apply online at www.nehalemcarecenter.com.

TLLAMOOKBAY COMMUNITY COLLEGE 4301 Third Street • Tillamook Oregon 97141 **Fulltime Position Career Education Advisor and Enrollment Specialist** Compensation: \$19.40/hour - \$21.20/hour D.O.E. (Excellent Benefits) **Contact Pat Ryan** H47908 (503) 842-8222, ext.1020 patryan@tillamookbaycc.edu Details and application packet available at:

http://tillamookbaycc.edu/tbcc-employment-opportunities/ TBCC is an equal opportunity educator and employer.

you do then you could be a good fit. \$15-\$18 PER HR DOE

> Call/text: (503) 739-3873 or email tates.window.services@gmail.com for job description/application.

Alderbrook Golf Course Hiring Now!

DERBROO We are taking applications for Line Cook **JOLF COURSP** Come in and pick up an application today. 7300 Alderbrook Rd. Tillamook



H47907

Nehalem Bay House - September 11th Kilchis House - September 12th From 2pm to 6pm

On the spot interviews

Assisted Living Overview- is long term care right for you?

Drawing for \$50 Fred Meyer gift card and \$50 gas card

Join us for appetizers and a thoughtful conversation about the assisted living industry. We offer positions in dining services, housekeeping, healthcare, and activities. Your long-term choice in long-term care!

Can't wait? Apply in person today for best shift availability.

Nehalem Bay House 35385 Tohl Ave., Nehalem, OR 97131 • 503-368-6445

> **Kilchis House Assisted Living** 4212 Marolf Place, Tillamook, OR 97141 503-842-2204

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Wednesday, September 11, 2019

KEVIN G. DEAN

P.O. Box 939

CHRISTOPHER

Attorneys at Law

2308 Third Street

P.O. Box 939

Tillamook.

97141

Tillamook.

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Public Notices



THENCE SOUTH 239.5 FEET; THENCE WEST 122 FEET THENCE NORTH 119.5 FEET: THENCE WEST 54 THENCE FEET; NORTH 120 FEET; THENCE EAST 176 FEET TO THE POINT OF BEGINNING. SAVE AND EXCEPT: BEGIN-NING AT A POINT 352 FEET WEST OF THE NORTHFAST COR NER OF THE SOUTH-EAST QUARTER OF SOUTHWEST THE QUARTER OF SEC-TION 5, TOWNSHIP 1 NORTH, RANGE 10 WEST OF THE WILLA-METTE MERIDIAN; THENCE SOUTH 120 FFFT TO THE TRUE POINT OF BEGINNING OF THE HEREIN DE-SCRIBED PARCEL THENCE SOUTH 119.5 FEET; THENCE WEST 122 FEET; THENCE NORTH 119.5 FEET THENCE EAST 122 FEET TO THE POINT **BEGINNING** OF NOTE: THIS LEGAL DESCRIPTION WAS CREATED PRIOR TO JANUARY 2008 1. PARCEL II: LOT BLOCK 1, ROSE CITY BEACH, TILLAMOOK COUNTY OREGON, ACCORDING TO THE OFFICIAL PI AT THEREOF. RECORD ED IN BOOK 1, PAGE 13, PLAT RECORDS. Commonly known as: STARK 8805 ST ROCKAWAY BEACH, OR 97136-9942 The undersigned hereby certifies that based upon business records there are no known written assignments of the trust deed by the trustee or by the beneficiary and no appointments of a successor trustee have been made, except as recorded in the records of the county or counties in which the above described real property is situated. Further, no action has been instituted to recover the debt. or any part thereof, now remaining secured by the trust deed, or, if such action has been instituted, such action has been dismissed except as permitted by ORS 86.752(7). Both the beneficiary and the trustee have elected to sell the said real property to satisfy the obligations secured by said trust deed and notice has been recorded pursuant to Section 86.752(3) of Oregon Revised Statutes. There is a default by

secured by the trust deed, or by the successor in interest, with respect to provisions therein which authorize sale in the event of such provision. The default for which foreclosure is made is grantor's failure to pay when due the following sum: TOTAL RE-QUIRED TO REIN-\$9.368.98 STATE: TOTAL REQUIRED TO PAYOFF: \$267,979.39 Because of interest, late and other charges. charges that may vary from day-to-day, the amount due on the day you pay may be greater. It will be necessary for vou to contact the Trustee before the time you tender reinstatement or the payoff amount so that you may be advised of the exact amount you will be required to pay. By reason of the default, the beneficiary has declared all sums owing on the obligation secured by the trust deed immediately due and payable, those sums being the following, towit: The installments of principal and interest which became due on 4/1/2019, and all subsequent installments of principal and interest through the date of this Notice, plus amounts that are due for late delinquent charges. property taxes. insurance premiums, advances made on senior liens, taxes and/or insurance, trustee's fees, and any attorney fees and court costs arising from or associated with the beneficiaries efforts to protect and preserve its security, all of which must be paid as a condition of reinstatement, including all sums that shall accrue through reinstatement or pay-off. Nothing in this notice shall be construed as a waiver of any fees owing to the Beneficiary under the Deed of Trust pursuant to the terms of loan documents. the Whereof, notice hereby is given that QUALITY LOAN SERVICE COR-PORATION OF WASH-INGTON, the undersigned trustee will on 12/26/2019 at the hour of 9:00 AM. Standard of Time, as established by section 187.110, Oregon Revised Statues, At the Front Entrance to Tillamook County the Courthouse, located at 201 Laurel Avenue, Tillamook, Oregon 97141

highest bidder for cash the interest in the said described real property which the grantor had or had power to convey at the time of the execution by him of the said trust deed, together with any interest which the grantor or his successors in interest acquired after the execution of said trust deed, to satisfy the foregoing obligations thereby secured and the costs and expenses of sale, including a reasonable charge by the trustee. Notice is further given that any person named in Section 86.778 of Oregon Revised Statutes has the right to have the foreclosure proceeding dismissed and the trust deed reinstated by payment to the beneficiary of the entire amount then due (other than such portion of said principal as would not then be due had no default occurred), together with the costs, trustee's and attorney's fees and curing any other default complained of in the Notice of Default by tendering the performance required under the obligation or trust deed, at any time prior to five days before the date last set for sale. Other than as shown of record, neither the beneficiary nor the trustee has any actual notice of any person having or claiming to have any lien upon or interest in the real property hereinabove described subsequent to the interest of the trustee in the trust deed, or of any successor in interest to grantor or of any lessee or other person in possession of or occupying the property, except: Name and Known Address Last and Nature of Right. Lien or Interest JAVIER PEREZ 8805 STARK ROCKAWAY ST BEACH, OR 97136 Original Borrower AN-TONIO PEREZ 8805 the Beneficiary's Agent. or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. Without limiting the trustee's disclaimer of representa8/9/2019 Quality Loan Service Corporation of Washington, as Trustee Signature By: Patrick Lynch, Assistant Secretary Trustee's Mailing Address: Quality Loan Service Corp. of Washington 108 1st Ave South, Suite 202, Seattle, WA 98104 Toll Free: (866) 925-0241 Trustee's Physical Address: Quality Loan Service Corp. of Washington 108 1 st Ave South, Suite 202. Seattle, WA 98104 Toll Free: (866) 925-0241 IDSPub #0155800 9/11/2019 9/18/2019 9/25/2019 10/2/2019

SUB-BIDS REQUESTED Seaside School District Heights Elementary School Renovation

Seaside, Oregon

Bid Package: #2 – All Other Work

999 999 **Public Notices Public Notices** CIRCUIT No · 852357 COURT OF THE STATE FOR THE COUNTY OF DFPARTlaw.com In The Matter of the Es-HH19-358 THE IN Case No. 19PB06363 NOTICE TO INTER-

THF

Jerold W. Hilary: OSB months after the date of first publication of this 9250 S.W. Tigard Street notice, as stated be Tigard, Oregon 97223 low, to the co-personal Phone: (503) 639-4108 representatives at 2308 Fax: (503) 639-3447 Third Street PO Box E-mail: hilarv@hilarv-939. Tillamook. Oregon 97141, or they may be barred. All persons whose rights may be affected by the CIRCUIT proceedings in this es-COURT OF THE STATE tate may obtain addi-OF OREGON tional information from FOR THE COUNTY OF the records of the court TILLAMOOK the co-personal repre-DEPART-PROBATE sentatives or the attor-MENT ney for Mark Dean. In the Matter of the Es-Dated and first published: August 28, 2019 tate of: MARK G DEAN

LOUISE M. DEAN, Deceased No 19PB06391 NOTICE TO PER-INTERESTED SONS NOTICE IS HEREBY GIVEN that the party stated below has been

appointed and has gualified as the co-personal representatives of the estate. All persons having claims against the estate are hereby required to present the same, with proper vouchers, within four

> CryptoQuip This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error Clue: T equals O KPNA TUDPO Z IFA DCFD QFW UTTW ZI FJDRFBBA VTTW, IT Z VRPII Z CFKP BTID PWZQZBZDA JNPWZQZBZDA. ©2019 King Features Synd., Inc.

KING REALTY (503) 842-5525 2507 Main Ave. N. Suite A Tillamook, OR. 97141 **BUY NOW! INTEREST RATES ARE STILL AFFORDABLE!** RESIDENTIAL

Quiet, private, out of the coastal breezes with fabulous views of the valley and Wilson River! Custom built home sits on over 3 acres with plenty of room to build a shop. Four spacious bedrooms all with large walk-in closets, 3 1/2 baths with custom

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Lake

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(503) 799-9426

ATTORNEY FOR PER-

SONAL REPRESENTA-

finishes and heated tile flooring. High vaulted ceiling for main entry and living area, with a woodstove for those chilly evenings. Custom kitchen features black stalls appliances, fam sink, walk-in pantry & island w/3 bar stools. Spacious deck runs the entire length of the home (940') with plenty of room to entertain & BRO. Home foatures hard plank ciding. So war & BBQ. Home features hardi plank siding, 50 year archit roof, over 1000 sq ft of stamped concrete, two hot water heaters, wired for generator, wired security system, exterior hot water faucet, and RV parking and more. MLS#19-479 \$729,000

Call Marilyn Hankins, PC, GRI, CRS Principal RE Broker @ 503-812-8208



Country home on over

21 dividable acres! Enjoy peaceful country living in this single level, 3bd, 2ba home! Large detached 2 car garage with storage room, 40X40 livestock barn, 30X40 - 4 bay machine shed and 14X40 multi-purpose building, tons of sunlight providing endless gardening ideas! Property borders the Nestucca forest and is located out of coastal breezes and floodplain! Zoning allows for property to be divided providing many possibilities! Room for everyone and everything. Don't miss this one of a kind opportunity! MLS#19-275 \$549,500

Call Real Estate Broker Patti Tippett @ 503-812-6508

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Bids Due: September 26, 2019 2:00pm **Bid Documents:** www.hoffmancorp.com/subcontractors HOFFMAN CONSTRUCTION COMPANY

> 805 SW Broadway, Suite 2100 Portland, OR 97205 Phone (503) 221-8811 Bid Fax (503) 221-8888 BIDS@hoffmancorp.com

Hoffman is an equal opportunity employer and requests sub-bids from all interested firms including disadvantaged, minority, women, disabled veterans and emerging small business enterprises

OR CCB#28417 / LIC HOFFMCC164NC

H47920

HOCUS-FOCUS





BY

HENRY BOLTINOFF



added. 5. Girl's bow is gone. 5. Side window is gone. Differences: 1. Dress is dotted. 2. Jeans are black. 3. Different boy is wearing cap. 4. Bushes have been

Find at least six differences in details between panels.

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Maggot

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Gothenburg

Gothic

Escargot

Forgot