



# Your first step to getting prepared for a disaster includes “Go Bags”

Make a “Go Bag” for each family member

## What You Can Do

- Prepare a “Go Bag” light enough to carry
- Keep it up to date
- EVCNB can help

A “Go Bag” is an emergency bag filled with the essential items you will need to survive for three days during a disaster. This bag may be all you have.



In a disaster your “Go Bag” may supply your only food, water, medicine and personal comfort items.

In case of an earthquake, have protection for your hands and feet, plus a way to call for help, by your bed.

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Get more information to prepare for a disaster at

[evcnb.org](http://evcnb.org)

