Published by WESTERN WORLD • 541-347-2423 • 1185 Baltimore Ave. SE, Bandon, Oregon

Bandon Today

Recycling center, 9-3, 180 18th St. S.E. (pink building).

Old Town Marketplace farmers and artisans market, 10 a.m.-4 p.m., 250 First St. SW. Bandon Historical Society Museum, 10-4, Hwy 101 and Fillmore.

Visitor Information Center, 10-4, Old Town. Alcoholics Anonymous, 10 a.m., Holy Trinity Catholic Church.

AA non-smoking meeting, noon, Holy Trinity Catholic Church.

Washed Ashore exhibit and free workshop noon-5 p.m., Harbortown Events Center, 325 2nd St SE, Old Town.

No Lazy Kates, spinning group, visitors welcome. 1 p.m., the Wool Co., 990 Hwy. 101.

Lego Time for ages 4-104, 2-4 p.m., Bandon library.

Art by the Sea Gallery reception, collage show and featured artist Jean Stephenson, 3-5 p.m., 125 Chicago Ave., Old Town.

AA meeting, 7 p.m. Holy Trinity Catholic Church.

Bandon Feeds the Hungry Variety Show fundraiser, 7 p.m., Sprague Theater.

Ballroom dancing, 7:30, Odd Fellows Hall, Hwy 42S.

Sunday

Blessing of Pets, 9:30 a.m., St. John Episcopal Church.

Visitor Information Center, 10 a.m.-4 p.m., Old Town.

Southern Coos Hospital & Health Center opening show reception: art Transportation: Planes, Trains, Automobiles, 1-3 p.m., hospital lobby.

Veterans of Foreign Wars Post 3440 regular and auxiliary meetings, 4, VFW Hall.

Overeaters Anonymous, 4-5 p.m., Unity of Bandon.

Al Anon, 7 p.m., Southern Coos Hospital.

Today's Tides: Highs 1:40am, 6.9ft., 1:40pm. 7.7ft. Lows 7:35am, 0.9ft., 8:13pm, -0.6ft.

Sunday Tides: Highs 2:29am, 6.7ft., 2:19pm. 7.7ft. Lows 8:15am, 1.4ft., 9:00pm, -0.7ft.

Did you know?

Did you know that the Mayas practiced cosmetic dentistry before Europeans arrived in the New World?

It's true! The Mayas of Central America were very concerned about the appearance of their teeth. Besides using inlays of gold and colored stones, they also shaped their teeth by filing them into sharp points. This was to honor their Sun God, Kinich Ahau.

We've come a long way! With excellent dental care From Dr. Strong, you will protect your teeth, look great, and feel even better. Keep your beautiful teeth and smile for a lifetime! We enhance people's lives!

New Patient Exam Special! \$99 Exam, Xrays, Intraoral photos. Regularly \$240. Cash offer only



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Sunrise Carpet Cleaning & more! Jerry @ 541-551-5316

Gutters - Windows Pressure Washing - Moss removal Residential / Commercial Locally owned Senior & Veterans Discounts Licensed, Bonded & Insured

Gail K. McClave MD is recommending patients get Flu Vaccinations beginning mid-October so their coverage will take them through the high-risk season of January and February.

Dr. McClave is currently accepting new patients. For more information, contact Bandon Family Health, 780 2nd Street SE #7 (Hwy. 101 & Harlem) in Bandon, 541-347-2111.

3 BEDROOM, 2 bath, 2 car garage duplex. 2nd story living & ocean views. \$1350 monthly, 1st, last, deposit and non-refundable pet deposit. 541-252-7297

BANDON MINI-STORAGE. Temp. controlled; RV & boat storage. 50317 Hwy. 101 South. 541-347-1190.

BANDON E-Z STORAGE. Affordable plus Boat/RV. 370 11th St. SE, . 541-347-9629.

BANDON MINI-STORAGE, temp controlled. 88371 Hwy. 42S, 541-347-5040.

Ask for Manager's Special.

FREE FISHING EQUIPMENT for children under the age of 14 - rods, reels, all fishing gear. 541-329-0188, 1212 Ohio Ave. NE, Bandon.

Bandon Mercantile

ROOT CANDLES · Tapers · Votives · Jars

VANCE KITIRA CANDLES · Unscented · tapers · all size pillars

MILKHOUSE CANDLES

OPEN EVERYDAY!

HWY 101 & Elmira Like Us On Facebook

www.BandonMercantile.com

PRICE REDUCED Warm east Bandon Three Bath Three Bedroom home on double lot, Granite Kitchen, Appliances, greenhouse, two storage buildings, Kiwi Trellis, fruit trees. Now \$299,000. Call Fred Gernandt at 541-290-9444. D. L. Davis Real Estate 1110 Alabama, next to Umpqua Bank.

ATTENTION: The City of Bandon has a seat open on the Parks and Recreation Commission. For further information on the application process, please go to www.cityofbandon.org/forms or call Denise Russell at 541-347-2437.

Fall Bulbs, Garlic, Onion sets in stock at 101 Plants. Daily 10-5.

> Celebration of Life for RAY B.

at the VFW Hall Wednesday, Oct. 11, 5-7 p.m. Service to begin at 6 p.m. We're having a potluck party! Contact Ron Anderson, 541-551-1047 for any questions.

"Drop In" days are back!

Join us in the glass fusing studio. Ages 7 - Adult welcome. Call for days and times: Sage Place (541) 329-0303

AUNTIE EM'S Store-wide clearance. 25% off. Come and see all the new fall decor. New shipment orchids. 175 2nd St. 541-280-6547 or 541-329-1045.

55" Panasonic HD TV. Free - works okay. You haul. 541-347-3957.

GO DUCTLESS!! STAY WARM! KEEP IT COOL



up to \$1,000.00 Utility Rebates up to \$1,600.00 State/Fed Tax Credits Daikin, LG Instant rebate is \$300.00

541.551.5187

LOST 10/05/17: Gold link bracelet with great sentimental value. I volunteered at the flu shot clinic & it may have fallen into a car while I was giving an injection. Or it may have been lost at McKays. Please call Mary at 541-551-0341. Reward!

HOUSEKEEPING POSITION. Good wage. References required. Apply at Bandon Beach Motel.

FOUND around the end of August on 42S: cute hand-quilted baby quilt. Call Juanita, 541-347-9215.

LANGLOIS LEASE 3 bdrm 2 bath newer home, double garage, barn, pasture, 2.5 acres+. \$1350/mo., first, last & security. Adjacent shop building available, \$250/mo, 541-332-2014

LEASE COM. BUILDING. 1000 s/f formerly used as bar/restaurant. 323 Grand Ave., by the cheese factory, Bandon. \$700/month + deposits. 541-297-3781.

LINE DANCING is fun and good exercise. Join us on Thursdays 9:30am. Call Phyllis, 541-347-2131.

coffee

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Deadline: Tuesday - Friday 11:30am the previous day. For Saturday, 10:00am on Friday and Monday 11:30am on Friday. Display ads 9:00am 2 days prior to publication date.

LAWN & GARDEN CARE

Hernandez. We offer the following: trimming, blower, weeding, aerating, mowing, fertilizing, edging, hauling, initial cleanups. Quality jobs done at a great price! Call to-day for your free quote! Licensed & insured. Lic #0009256. Contact us at 541-217-5540 or 541-297-4826.

HELP WANTED with yard work & misc. projects around the house. 541-217-7028.

MARLO DANCE STUDIO

Accepting Fall Registrations 3 1/2 - Senior Adult Fitness*Tap*Ballet*Jazz*HipHop* Lyrical*Ballroom 541-252-1394

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BLUE SKY TREE SERVICE & PRESERVATION

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We offer great benefits!

Paid Employee Medical & Dental, Family Plans available, Retirement, PTO

For more information & to apply visit Our website: www.southerncoos.org EOE, Vet Pref, Drug/Smoke Free

CRANBERRY SORTING HELP WANTED:

Try-outs at Red Building South of Bandon, 95100 Croft Lake Lane, just west of Highway 101 at milepost 283, Sunday October 8th and Monday October 9th 9 to 3. Must apply in person and try sorting cranberries. Hiring based on ability. \$12 per hour, 30-40 hours per week, approximate season Oct 15-Dec 15. Good vision, hand-eye coordination, ability to stay focused, and attention to detail critical. If you wear glasses to read bring them. Must have reliable transportation and must be clean and sober.

Questions: 541-348-2320.

2017 Oregon Coast Film Festival Oct. 7 and 8

Egyptian Theatre, Coos Bay Saturday 6-9 p.m. Sunday 2-4 p.m. www.oregoncoastfilmfestival.org

FOR SALE: Reefe Pro Series 16K (5th wheel slider hitch), \$300.

Street Rider elliptical bicycle \$750. 559-417-6512, ask for John.

BUYING RVs. Gib's RV is looking for clean, pre-owned RVs to buy/ consign. No fee consignments. We make house calls, 541-888-3424.

BEACH DOG Grooming. Six mi. south of Bandon. Taking appointments M-Th, 541-290-1991. Like me on Facebook.

ART BY THE SEA GALLERY

Annual Community Collage Show

Featured Artist Jean Stephenson Reception & Awards Sat., Oct. 7, 3-5 p.m. Exhibit Oct. 3-28 125 Chicago Ave. SE

Greenacres Flea Market. 9am-4pm, Fri & Sat, 10/6 & 10/7. Greenacres Grange Hall, 93393 Greenacres Ln. between CB & Coq, just off Hwy 42. Vendor tables available. Kitchen open, great food. 541-572-4117.

Immediate mill position opening: GREEN CHAIN.

Monday-Friday. 7am-4pm. Pay DOE. Please call Jasmine, Oregon Overseas Timber Co. Inc. 541-347-4419 x301.



We Would Like to Welcome Our New Bandon Advantage Dental Dentist

Dr. Audra Gross



1275 Oregon Avenue SE Bandon, OR 97411 888.468.0022

Emergencies, most Insurance Plans and Oregon Health Plan Patients are all welcome. Some level of treatment financing is available to everyone.

Bandon Breezeway Sale!

October 3 - 8, 2017

Danish Acorn Squash - NW Grown 69¢/ea. Jumbo Artichokes - Fresh, Tender, California Grown 2 for \$4 Green Cabbage - Fresh......49¢/lb. Butternut Squash - NW Grown 2/lb for \$1 Hass Avocados - Premium 4 for \$5 Iceberg Lettuce - Fresh/Cali. Grown .. 99¢/ea. Pomegranites - Fresh/Sweet......2 for \$4 Dole Bananas - Ripe/Firm 49¢/lb.



65 10th Street SE, Bandon • 541-347-2265 www.mckavsmarkets.com





Prices valid only at the Bandon McKay's location. No rain checks or substitutions.

POSITION OPEN! Sales and/or Warehouse person wanted. Furniture or Sales experience preferred. Pick up application, and apply in person with resume and completed application. Part-time and full-time available. Must meet minimum job requirements. Drug free workplace. Contact Linda, Hennick's Furniture, 88298 Hwy 42S.

DEVON'S BOUTIQUE Dress Casual! With your feedback it's a complimentary and comfortable way of dressing that Devon has fine-tuned over 10 years. Slimming, layering, accenting the keys to feeling confident about how good you can look with a visit to DEVON'S BOUTIQUE. Award-winning women's apparel selections and service! 92 Second St. 541-347-8092

LOCAL ORGANIC CRANBERRIES, pickled veggies, apples, tomatoes, peppers, squash. Bandon Farmers Marketplace, Fri., Sat., 10-4, 1st St.

SPACE FOR RENT: Continuum Center, 175 2nd St., Old Town, Bandon. Calling all artists: work space and display walls available. Come join our team of creative entrepreneurs. 541-551-0192.

TRY OUR JUICY 1/4 pound Angus Burger at The Fleet Deli, starting at only \$5.50, or add whatever you want and build a burger! This week's cheesecakes, Root Beer and Black Forest, just \$4 per slice. Open Wed. through Saturday 11-5; Sunday noon to 5. Located inside 101 the Marketplace of Bandon, 101 & Grand Ave., next to the cheese factory. 541-290-7030.

Housekeeping position: LaKris Inn

LaKris Inn is offering a very competitive wage for the right person to join our little team. Pls. pick up application in person. Office opens @ 10 a.m.

For all your fall cleaning, Rodriguez Gardening & Maintenance has you covered. From lawn mowing, brush clearing, hauling, trimming, edging, pruning, weed control & more! Just give us a call for an estimate at (541)260-3553 or (541)260-4478. Licensed # (8318) & insured!

Core 10 Fitness is pleased to host The BOD POD on Oct. 8.

Determine your body composition including body fat and lean mass in only 5 minutes. The resulting report provides detailed results that give vital information for an effective fitness program. A composition readout is \$40; schedule at BODYPODPROS.com; just tap the "click now" button to reserve your time. CORE 10 Fitness offers Bootcamp, Pilates, Spin, Low impact and everything in-between! Core 10 Fitness, 1090 Oregon Ave. (Hwy. 101). 541-329-2250.

TAMALES, JOHN'S CLAM CHOW-DER, TONY'S BBQ. All at the Bandon Farmers Marketplace Fri.- Sat., 10-4, 1st. St., waterfront big green building.

Garage Sale PLUS - Fri./Sat., 10/6, 10/7, 9-1, Sturtevant Rd., 5 mi. so. of Bandon - L on Holly, L on Sturtevant. Corner house on right.



COVERAGE IN THE MIDDLE OF ANYWHERE



33 Michigan Ave. Bandon / 541-329 -0692

BANDON PROPERTY SALES

1000 sq. ft. Commercial Building 2-blocks from Hwy 101 on Fillmore Avenue. This location offers high traffic flow and exposure. Property is surveyed and all City services. New price change, \$115,000! Contact Dan Cirigliano at 541-297 2427 for an appointment to preview.

Bandonrealestatebroker.com

MOSS ALL over your roof and deck? House need pressure washed? Gutters growing weeds? Call Sunrise Carpet & More we do that too! Veteran & Senior discounts. 541-551-5316. Excellent references; licensed & bonded.

MARY'S PET SITTING. Your place or mine. This is my passion! Insured. 541-297-0073. mls_3@yahoo.com

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CREATE THE LIFESTYLE THAT IS PERFCET FOR YOU!

Pacific View Senior Living, where you'll find a place that is remarkable in every way, one that you'll find easy to call home.



Assisted Living & Memory Care

Call Alix today at 541-347-7502, to see what life by the sea would look like for you.





Richard and Pam Schmidt 86449 Croft Lake Lane Bandon, OR 97411 541-980-2343 schmidtberries@gmail.com Frozen fresh picked organic cranberries for sale. \$4/lb.

Bandon Inn... We are hiring for a full-time front desk agent. If you are professional, a team player, honest, reliable, dependable and flexible, pick up an application or contact Molly at 541-347-4417. Experience is required. Accounting skills are helpful and Microsoft Office Suite knowledge is desirable Wage DOE. Pick up an application or contact Molly at 541-347-4417

FIREWOOD FOR SALE: FIR MIX.

\$170 per cord. We deliver! 541-290-8592.

New Hours @ PABLO'S CORNER

Mon. & Thurs: 6:30 a.m.-1:30 p.m. and Specials 4:30-6:30 p.m.
Tues. & Fri.: 6:30 a.m.-1:30 p.m.
Sunday Brunch: 9 a.m.-1:30 p.m.
We use non-GMO, organic, grass-fed & no-hormone ingredients
Call us to Reserve Specials, or to Schedule your Special Events.
Other hours available upon request.
541-404-1980
Facebook "Pablo's Corner"

Missing Cat in Laurel Grove. Male, white w/ Black/brown spots, short hair, shy, 25 lbs. Reward! 541-404-3662

MOVING SALE Fri. & Sat, Oct. 6 & 7, 8-3. Lots of collectibles. 46761 Hwy. 101, near KOA at Denmark.

AL'S COMPUTER SERVICE.

Hardware & Software care for your PC or Mac. Business hours: 10 to 5 Mon.-Fri. 541-347-2364.

FOUND: PAIR OF GLASSES, possibly prescription, left at garage sale 5 mi. so. of Bandon last week.

Bandon Feeds the Hungry Variety Show

Saturday, Oct. 7, 7 p.m.
Sprague Theater
Tickets at door
Great entertainment! Silent Auction!
50/50! Refreshments!
Bring canned food for a raffle ticket!

PAHLS FAMILY DENTISTRY is now offering CEREC one-day crowns to our patients. No more temporary crowns, impressions, or multiple office visits Call today to

temporary crowns, impressions, or multiple office visits. Call today to schedule a consult to see if you are eligible. Accepting new patients. 541.396.2242, Coquille. "Let our family serve yours."

YARD SALE Friday and Saturday, 8am-3pm. Shop and barn stuff, puzzles, Harbour Light lighthouse collection, garden stuff, videos, much more. 55722 Bates Road, off Hwy. 42S.

1/2 off sale at Bree's Upscale

Resale! Sat, Oct. 7, 10-4pm. All items 1/2 price with some exclusions. 1180 Oregon Ave SW, near Hwy 101 & 11th St. intersection.

CHAS. WALDROP REAL ESTATE,

LLC. Providing Personal Professional Real Estate Service, Since 1988. Call for a No Cost, No Obligation, Broker Price Opinion for Your Home & Property. "Dedicated to Excellence" 541-347-9455.

5 PARTY YARD SALE Fri. & Saturday 9-3, at Dragonfly Farm, Hwy. 101 north Langlois. Tools, sports equip. etc.

2 FREE KITTENS, spotted. One male and one female. 541-892-3461

WEST SIDE BANDON HOME

Nice 1995 manuf home in move-in condition. Open floor plan & peek of ocean. 3 bdrm, 2 bath, 1310 sq ft. 2-car garage, backyard & deck. Close to park & beach. \$250,000. CENTURY 21 BEST REALTY 325 2nd St SE in Old Town Bandon Licensed OR Realtors 541-347-9431

PATRICK MYERS TREE SERVICE. Certified arborist. 45 yrs. exp. Free estimates. 541-347-9124 or 541-290-7530. Lic. #116632. Stump grinding, hazardous removal, pruning hedges and brush clipping. Serving Bandon area since 1995.

JBJ TREE & LAWN SERVICE LLC JOHN

541-260-8166 CCB# 211687

Lawn Maintenance Hardscape Hazardous Tree Removal Brushing Site Clearing

DRINK WINE? DRINK BEER?

THE BEVERAGE BARN can special order and save you \$\$\$ on case pricing! We are a case/box store! Order it up and pick it up as simple as that!! Email

TheBeveragebarn15@gmail.com or phone 541-347-2106 with your request and we will give you the best pricing available. Cheers!

DUMP HAULING, Property Cleanups: misc., construction and yard debris. Paul, 541-396-2901.

Blessing of Pets: Bring your pet to church for blessing during our Sunday service at St. John on October 8. The service begins at 9:30 a.m., and we welcome all.

GARAGE SALE, rain or shine. Friday, Saturday & Sunday, Oct. 7, 8 and 9, 9 to 3. 94250 Waller Ln., Langlois. Mile market 288. Lots of quality quilting fabrics & more, pre-measured, all \$3/ yard. Many household items, 3 recliners, Gold Star radar, new hailer, Chevy motors, boat parts, too much to list!



PUBLISHER'S NOTICE

All real estate advertised herein is subject to the Federal Fair Housing Act which makes it illegal to advertise "any preference, limitations or discrimination because of race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination."

We will not knowing accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.



Next brush pick-up to begin Oct. 9

BANDON - The next brush and yard debris removal event of 2017 will start on Monday, Oct. 9. Bandon Disposal will be picking up piles of brush and yard debris. City residents are allowed up to a maximum of 5 cubic yards of brush and yard debris (approximately two pickup loads) at no cost. Simply place brush and yard debris in the right-of-way alongside the street adjacent to your house prior to Monday, Oct. 9 and Bandon Disposal will pick it up.

Note: It may take several weeks for Bandon Disposal to pick up all the debris and brush piles around town, so residents are asked to be patient. If, after several week, your brush and debris pile has not been picked up, contact Bandon Disposal at 541-347-9633 and let them know.

Those who have more than 5 cubic yards of debris, or who want debris picked up at times other than the three brush removal weeks, can contact Bandon Disposal for a price quote.

Mahaffy Ranch pumpkin patch open for season

COOS BAY - Mahaffy Ranch up Coos River has become a destination this time of year not just for pumpkins but for the corn maze, hay maze and hay rides, and the corn cannon. It's a fun place to meet friends and take pictures in the cutouts set up around the property.

Grab a wagon and head out to the pumpkin patch where you will find pumpkins of all sizes; select wee little gourds for your fall decorations or a jack-o-lantern size pumpkin to carve for Halloween. Watch as the folks search for just the right one on the river front property Mahaffy's have held for generations.

This year's food vendors include Papa's Dogs and Elkhorn BBQ. Follow the signs to 10362 Highway 241 on the Allegany side

noon-5 p.m. Monday through Friday or 10 a.m.-6 p.m. Saturday and Sunday starting Friday, Sept. 29 and ending Sunday, Oct. 29.

You can learn to take photos, maybe ride a pony or sign up for a floral arranging class. For details on what's happening at the patch, visit www.mahaffyranch.com.

Have questions? Call 541-269-3900.

Barricades by the South Jetty foredune

BANDON - Residents and visitors may have noticed that some barricades have been placed down at the South Jetty parking lot by the sandy/grassy area between the parking area and the beach. The sandy/grassy area is known as the foredune.

The foredune is a naturally occurring barrier that protects properties in the area from damage due to large waves during Winter storms. The barricades were placed in an attempt to prevent further erosion of the foredune, caused by vehicles. To learn more about foredunes and their importance in the State of Oregon, visit http://www.oregon.gov/LCD/docs/goals/g oal18.pdf.

Contact Public Works Director Richard Anderson at publicworks@cityofbandon.org(link sends e-mail) with any comments or concerns.

Staff Picks coming to Bandon library

BANDON - The Bandon library has a stellar reputation. Library patrons have come to expect the library to offer exciting, contemporary and innovative some would say eclectic and quirky - collections.

There is nothing like the vibrancy of new books to attract and enrich. Keeping the library diverse and exciting is the library staff's challenge and goal.

Coos County libraries are supported by a stable county-wide tax base. The Bandon library stretches these funds to cover many ongoing needs. Additionally, the Bandon Library Friends and Foundation, Inc. (BLFF) has always enthusiastically

stepped up with vital support, most recently, working with the Bandon library to help produce a thriving children's book budget.

The BLFF is now partnering with the Bandon library staff and needs the community's support to extend and enhance the book and media collections for adults and young adults. The goal is to add new items - books, DVDs, CDs - every month which will become an ongoing, changing display called Staff Picks.

The Staff Picks collection will include subjects ranging from historical fiction and novelized biographies to current events, new mystery collections to everything Oregon.

The DVD collection will expand from current block-busters to include more independent, documentary and foreign language films. Every month when patrons come to the library, they can enjoy a display of Staff Picks Project's new acquisitions.

The goal for this year is \$10,000. For more information and to donate to the Staff Picks Project, go to the BLFF website: http://bandonlff.org/staffpicks.

Those who prefer can mail or drop off a check to: BLFF Staff Picks Project, 1204 11th Street SW, Bandon, OR 97411. Put Staff Picks on the check's memo line.

Publisher reserves the right to refuse or edit any advertisement. All advertising must be in accordance with Oregon laws and in good taste. SOPC reserves the right to reject advertising at its discretion. All unclassified ads are cash with copy. Credit and billing are available to commercial accounts with established credit. If your ad appears incorrectly, notify us immediately. We will not be responsible for errors after the first publication. Deadlines: Tuesday – Friday 11:30am the previous day. For Saturday, 10:00am on Friday and Monday 11:30am on Friday. There is a \$1 non-optional charge for publication on mobile devices.

BOD POD coming to Core 10 Fitness

BANDON - Core 10 Fitness will host the BOD POD, an air displacement plethysmograph that uses whole-body densitometry to determine body composition, including body fat and lean mass (fat and fatfree mass) in adults and children.

The BOD POD is ideal for those individuals curious about their current body composition, and those who want to change their lives for the better by understanding where they are now and can provide a roadmap for where they want to be in the future. A sample BOD POD assessment printout can be found at www.bodypod-pros.com/sample-results.

The BOD POD will be at Core 10 Fitness on Sunday, Oct. 8. A composition readout is \$40 and can be scheduled at BODYPOD-PROS.com, just tap the "click now" button to

reserve time on Oct. 8.

Core 10 Fitness is a onestop shop for circuit and personal training. Core 10 offers a wide variety of workout classes for every stage of life: Bootcamp, pilates, spin, low impact and everything in between. It is located at 1090 Oregon Avenue (U.S. Highway 101 at 11th Street).

For more information call 541-329-2250, or visit them on Facebook at Core10Fitness.



