

Bandon-area veterans gather for a shoto in the BHS sym





Front row from left:

Rick Hinojosa, Air Force, 1969-73; Calvin Cox, Army, 1964-66; Howard "Bill" Hoffer, Navy, 1964-68; Charles Salt, Navy, 1946-48 and USAF Reserves, 20 years; Wayne Barber, Army, 1950-67; Stephen Beauton, Marine Corps, 1966-68; Cliff Sutterfield, Army, 1965; Ned Reed, Coast Guard, 1962-68; Terry Panter, Navy, 1968-71.



Second row from left:

Bob Graville, Navy, 1964-69; Dan Andor, Army, 1969-71; Bill Smedley, Army, 1968-70; Gary Weisner, Navy, 1964-68; Tina Volpe, Air Force, 1979-83; Sean Pallay, Army, 1984-88; Nan Sands, Air Force, 1976-84; Joel Moses, Army, 3 years; Robert Dahl, Army, 1970-73; Randy Texley, Army, 1969-70; Ernest Vonthenen, Navy, 1973-77 and 1989-91; Jon Park, Army National Guard, 1993-2023.



Third row from left:

Mike Hennick, Army, 1969-70; Bill Kuhlemeier, Air Force; Harvey Harris, Army, 1953-56; David Allen, Navy; Dave Hankwitz, Air Force; Gary Sands, Army, 1971-74; Preston Wayte, Marines, 1967-71; Tom Mallory, Army, 1970-72; Robert Love, Navy, 1986-91; Chad Wilkinson, Navy, 1985-2005; Tracy Wilkinson, Navy, 1989-97; Erin Neuman, Air Force, 1999-2005.



Fourth row from left:

Bill Bush, Army, 1963-66; Todd Legutki, Coast Guard; Bill Frey, Army 1974-1977; Dru Neason, Army, 1998-2005; George Neason, Army, 1966-68 and 1982-2002; Henry Schlyper, Marines, 1964-70; Don Starbuck, Air Force, 1967-71; Gail Dahl, Air Force, 1973-93; Jerry Hettenbach, Air Force, 1963-86; Donnie Wise, Air Force, 1971-93; Gene Fitch, Air Force, 1962-70; Bill Fitch, Army, 1968-70.



Fifth row from left:

David Rogovey, Air Force; 1967-71; Gary Scorby, Navy Reserve, 1954-56, Air Force, 1956-62; Kristy Bowman, Navy, 1964-65; Leo Kuskie, Army, 1962-65; Tom Goss, Marines, 1966-70; Bill Henry, Navy and Army, Vietnam era; Garick Ginestar, Navy, 1983-89; Mike Dobney, Air Force, 1967-89; Eric Disque, Army, 1980-88; Neal Cahoon, Coast Guard, 1995-2018; Bryan Church, Navy, 2005-09.



Sixth row from left:

Brian Downing (with dog), Navy and Army, 1983-2005; anonymous; Ramon Jasso, Navy, 1976-79; Sam Dockery, Army, 2005-2012; Bill Humphries, Army, 1966-2012; Adam Wehner, Coast Guard, 2000-2005; Larry Langenberg, Army, 1994-2014; Bill Smith, Air Force, 1967-71; W.F. McNeil, Coast Guard, 1967-1971; Chris Ensley, Coast Guard, 2004-2024; Joseph Bain, Navy, 1964-68.

To those veterans not pictured, We appreciate your service and honor you, To those veterans no longer with us, We will always remember.









3 unique ways to give back to service members

Military service in the United States was once more common than it is today. According to the Council on Foreign Relations, the draft for military service was ended in 1973, a point in time when 2.2 million men and women made up the country's active military personnel. By 2018, the number had dipped below 1.3 million. Military service in Canada is also somewhat uncommon, as the Department of National Defence reports that active military personnel totaled just 68,000 as of 2018.

The vast majority of people in countries where military service is not compulsory will never serve in the military. But that does not mean non-military personnel do not appreciate the sacrifices service members and their families make. In fact, a recent report conducted for Canada's Department of National Defence found that while many Canadians seem only vaguely aware of what their military does, appreciation for service members was high. Service members and their families make many sacrifices to protect the lives and freedoms of their fellow citizens. The following are three unique ways to give back to these selfless men and women, who often benefit greatly from even the simplest of gestures.

1. Serve as a driver for veterans.

Unfortunately, many service members return from overseas missions with disabilities, some of which prevent them from driving. Adults who want to help service members can serve as drivers for veterans who can't drive themselves. Such a gesture ensures they won't miss any appointments with doctors or physical therapists, helping them get on the road to recovery that much quicker.

2. Donate your airline miles.

Some disabled veterans receive medical treatments far away from home at facilities that specialize in treating certain types of injuries, which can make it difficult for their families to be there for them during their recoveries. By donating airline miles to military families, ordinary adults can ensure injured servicemen and -women can still see their families during difficult times in their lives. Access to such support systems can be a big help as veterans work to recover from their injuries.

3. Sponsor a service dog.

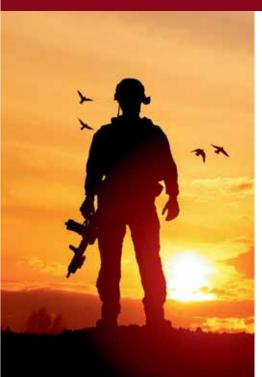
A significant percentage of veterans return home with post-traumatic stress disorder, or PTSD. PTSD has been linked to a host of conditions, including depression and anxiety. However, programs such

as Companions for Heroes, an organization that places service dogs with veterans, has helped many veterans successfully cope with PTSD. By sponsoring a service dog through an organization such as Companions for Heroes, adults who want to help service members can provide an invaluable service to men and women fighting to regain their quality of life.

There are many ways for ordinary citizens to show their support for the brave men and women who selflessly serve in the military.



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Honoring all heroes this Veteran's Da

Veteran's Day, which is celebrated annually on November 11,

commemorates the hardworking men and women who sacrifice



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their time and put themselves in harm's way to defend the country's core values of freedom and opportunity. While Veteran's Day certainly is a chance to honor those who have donned the uniform during wars and military installments, it also can be a chance to recognize the unsung heroes of wartime — those who step into roles so that soldiers and strategists can focus their attention elsewhere.

Take for example Naomi Parker Fraley. In 1942, Fraley was a machine shop worker at the Naval Air Station in Alameda, Calif. She was one of scores women who worked in factories and shipyards during World War II, helping to produce munitions and war supplies. Parker was 20 years old in 1942 and served as the inspiration

for what would become one of the most indelible images of the era, known as "Rosie the Riveter." Parker unknowingly inspired the iconic image after she was photographed at work bent over an industrial machine in a jumpsuit with her hair tied back in a polka-dot bandana. In 2018, Naomi Parker Fraley died at the age of 96, not nearly the household name she perhaps should have been.

Rosie the Riveter helped to tout the contributions of female war employees who were defending America by working on the homefront. Rosie was a successful moralebooster, and some may be surprised to learn that Rosie has various incarnations.

Norman Rockwell's depiction of a female

riveter, which appeared on the cover of the Saturday Evening Post on May 29, 1943, became an iconic staple of that time. Muscular, with a rivet gun on her lap, a sandwich in hand and a boot stomping on a copy of "Mein Kampf" — and timed perfectly to coincide with the release of a song called "Rosie the Riveter" by Redd Evans and John Jacob Loeb — Rosie became a household name. But another Rosie image actually predates Rockwell's Post cover. Naomi Parker Fraley was reportedly the inspiration for an ad created by a lesser known artist named J. Howard Miller. Miller produced a "We Can Do It!" poster for Westinghouse Electric in 1942 aimed at boosting spirits among the company's workers. The poster helped to recruit new female personnel,

according to scholar James J. Kimble. This Rosie was portrayed in a red bandana with her bent arm flexed, rolling up her shirtsleeve. Both Miller's and Rockwell's depictions of female war workers became ingrained in popular culture. Rockwell's cover art was eventually loaned to the U.S. Department of the Treasury for use in war bond drives for the duration of the war. Miller's version has been emulated for generations and still epitomizes a strong female presence in the workforce. This Veteran's Day is a prime time to delve into American wartime history, with interesting stories like the origins of Rosie the Riveter, and pay homage to all of the heroes that help ensure America's reputation as a great nation.

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... Veterans' Stories Lead To Understanding

By Sam Erickson

Time in the armed forces can be complicated. Many people are very proud of their service and eager to tell their tale. Some are more reticent, leery of reliving their time in the service. One way that you can learn about military service during times of war is by working with the Veterans History Project. Established in 2000 by Congress, the Veterans History Project is housed in the Library of Congress and collects first-hand accounts of service members from World Wars I and II, Vietnam, Korea, the first Gulf War and the current conflicts in Iraq and Afghanistan. It also collects stories from those who supported the war efforts through their work, including private contractors, USO workers and medical personnel.

If you know a veteran, consider conducting and preserving an interview as a gift, perhaps for Veterans Day. On this holiday designed to honor all living veterans, some thoughtful reflection on their service reported and recorded for prosperity can be of great benefit. Many veterans find a therapeutic value in sharing their stories, particularly with someone they know well. These stories can serve as a final contribution to a national dialogue about the experiences of individuals during wartime. Enjoying broad support in Congress, the Veterans History Project is one way to learn about the detailed stories from veterans, even if you don't know any.

If you are a veteran or know someone who is, you can get involved in the Veterans History Project. The first step to recording a story is to get a Field Kit from the Veterans History Project. It provides detailed instructions on how to get the best interview, and there is even a comprehensive video that demonstrates best practices for interviews. The project is ongoing, so there is no deadline for submitting materials. If you are interested in interviewing someone but don't know a veteran, the program relies on volunteers and a set of veterans service organizations in communities. You can be in touch with a group like the American Legion or your local Veterans of Foreign Wars department to see if they can help

you contact a veteran.

By preserving an oral history, a variety of voices and perspectives can be heard about military service, not just the voices of a few in the history books. The Project also collects artifacts from service members that include photos, diaries, memoirs and other historic documents.

If you are interested in learning more about the Project, there is a broad-ranging website that provides all of the tools and information you need to get involved, whether you are a veteran yourself or are interested in interviewing someone. The Project provides a unique window into the daily experiences of veterans in all branches of the military, a window you can explore to learn more about modern history and honor the service of veterans.

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A Primer On Respect

By Sam Erickson

There are several steps you can take to make sure that you are still supporting the troops once they are out of uniform. As veterans are returning to their daily lives, you are likely to encounter service members at work. in the classroom or in your community. While they were at war, most veterans knew they were being supported back

home. Once their service was over, that more vocal support can diminish, and it can be hard to know who has served their country.

One simple thing you can do when you find out that someone has been in the military is to thank them for their service and allow them to take the reins and lead the conversation. Don't pry. Some veterans will be eager to talk about their experi-

ences, while others will be more reticent. Continued nagging questions can be irritating to those who do not wish to discuss their experiences.

Many people benefit from a day off on Veterans Day. As the only day set aside to honor living veterans, one way you can show respect is by taking some of that additional free time and acting on your support for the

troops. Many cities organize celebrations and ceremonies to honor veterans. Gather your friends and family to attend these services and demonstrate your commitment to support the troops.

You can apply these ideas to all of the veterans in your life, whether they served in Iraq, Afghanistan, Vietnam, Korea or World War II. Respecting veterans isn't just about put-

ting flags on your lawn or affirming your support for the troops. It is about understanding the complex and often horrific experiences that veterans have endured in order to serve their country and allowing those veterans to make choices about when and where to share their stories.

Military service can be a very tricky situation. Most veterans are fiercely proud

of their service, but many are quiet about their actions in the military. Some are open about their experiences, while a few resent the time they spent in the service. By following these simple steps, you can demonstrate respect for the very different responses to military service and help reintegrate veterans into civilian life while honoring the work they did on the country's behalf.





Saying thank you with the Honor Flight program

America is filled with heroes. They are special people who did special things, usually to help someone else. One group that stands out is our veterans. These men and women served our country and protected our freedom with their very lives. One amazing way we say thank you is with the Honor Flight.

The Honor Flight is a program that flies veterans to Washington DC to see some of our countries most famous war and military memorials. The program was started in 2005 and was co-founded by Jeff Miller and Earl Morse, a retired Air Force captain. Morse,

who was a physician's assistant with the Department of Veterans Affairs, saw many patients who were World War II veterans. When the World War II memorial was finished in 2004, Morse asked several veterans if they would like to see their memorial. The guestion was unnecessary, as they all said yes. Morse began by flying with two veterans to see the memorial. Once he witnessed their emotion and gratitude, Morse knew that this was something that every veteran should experience. After forming a board, gathering volunteers and securing funding, the first official Honor Flight

took place in May of 2005. The inaugural flight used six small planes to transport 12 veterans to Washington DC. Due to the overwhelming success of the program, it began using commercial flights and by the end of 2005, 137 veterans had participated. Once a veteran applies to participate, they are chosen based on the conflict in which they served, age and sometimes their health status. Every effort is given to make sure each receives this honor. World War II veterans are given priority, then Korean War, Vietnam and so on. Female veterans are chosen by the same standards as their male counterparts.

The Honor Flight will always hold a special place in my heart, because I participated as a "quardian." Guardians act as traveling companions for the veterans. Some veterans are still very able-bodied, while others require special attention due to their age or physical condition. Therefore each veteran is assigned a quardian. Guardians are usually family members or a close friend, in my case it was the former. I had the honor of being the quardian for my father, a Korean War

veteran who served in the United States Navy.

The Honor Flight is a one day trip, so the day starts early. Due to the years of experience, Honor Flight chapters are as organized as a military unit. Wheels up comes early and landing in our nation's capital occurs before most people have finished their first cup of coffee. In our case, the first stop was the World War II memorial. It is here where a group picture is taken. Veterans from all walks of life stand side by side, sharing the common trait of sacrifice. Friends are made and war stories are shared. The monument is inspiring while each representation of our 50 states. Next it's onto the Korean War memorial, which is beautiful and haunting at the same time. Life sized statues patrol a field, along a wall with the names of those who paid the ultimate price.

The tour then took us to the Lincoln Memorial. Probably the most recognizable stop of the tour. The Vietnam Memorial comes next and it is just as heartbreaking as you would imagine. Veterans then visited the Marine Corps Memorial.

rial, which features the famous flag raising Iwo Jima statue. Aside from its historical significance, its size is colossal. Colossal is not a word that normally applies to an accurate description, but in this case, it does. Then it was a visit to the Air Force Memorial and finally veterans observed the changing of the quard at the Tomb of the Unknown Solider. We were then back in the air and the best was yet to come. Arriving home veterans are greeted by hundreds of well-wishers cheering, waving banner and American flags and telling each veteran, "thank you for your service."

The Honor Flight is something that every veteran should experience. The trip is entirely free to the veterans, but the guardians pay for their own airfare. Honor Flight chapters exist all around the country. To locate the chapter nearest you visit, www.honorflight. org







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