

THE WILDWOOD Independent

Friday, June 2, 2023

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Volume 46 No. 11

Meet Ashley Lach

By LWA Staff

This month we highlight Ashley Lach, Catering and Events Manager, who began working for Lake Wildwood Association in March 2023.

Ashley was born in the Los Angeles area and spent her early childhood near the beach. Ashley comes from a large family. Her mom is one of eight kids, which makes Ashley one of 26 cousins. She also has two brothers and two sisters. When she was ten years old, her parents moved their family to Cool, California. A year later they settled in Grass Valley on a couple of acres where they could have lots of animals. She spent most of her time swimming in their pool and playing softball. She graduated from Bear River High School and then moved back to Southern California to attend the Fashion Institute of Design and Merchandising. There, she earned her degree in fashion design.

After graduating from college, she did various fashion shows and Hollywood events. She moved to San Diego when she took a job for an event company, which is where she found her love for planning weddings and events. After seven years of managing events in Southern California, she moved to the East Coast with her husband. She continued executing events for various companies in Virginia and around D.C. She also started a photography and social media management business. After spending 10 years



Submitted photo

in Virginia, she and her family moved back to Nevada County.

Ashley has been married to her husband for 14 years, and together they have three children, two boys and a girl. In her free time, she loves spending time with her family and friends and being outdoors.

Ashley was hired in March as the Catering and Events Manager. The position allows her to help community members, Committees, and Clubs plan their events and all that it entails. The job includes lots of emails, phone calls, meetings, and scheduling. She says, "It is fulfilling seeing events come together from beginning to end."

When asked, "What do you like about Lake Wildwood?", she says, "The community and people. It's so nice getting to meet all the different people that live here and then seeing them around the Clubhouse whether for dinner or an event."

We are very happy you are part of the LWA team, Ashley!

INSIDE

**Comedy Night
Returns to the Cedar
Room on July 8**

5

**New Farmers
Market Brings
the Best in Local
Produce to Penn
Valley**

6



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Honey + Cream: Locals Supporting Locals

EDITOR'S NOTE



**Dora
Scott**

As many of you know, I don't live in Penn Valley or Lake Wildwood, which makes it a bit difficult when thinking of what to write for my Editor's Notes. In order to bridge that gap, I thought this would be a great space to highlight some of the businesses and events in Penn Valley. Two birds with one stone! I get to become closer to the community while also shining a spotlight on those that keep the community thriving.

Without further adieu, for my first business highlight, I stopped by the specialty coffee and ice cream shop, Honey + Cream. Located at 17329 Penn Valley Dr., the shop has a modern interior with natural tones and elements which is a contrast to the retro ice cream parlor appearance of Caleb's Creamery (the previous business).

Sitting down with Hannah Turner, one of the new owners since January of this year, she gave me the inside scoop (pun intended)! Hannah had worked at the rebranded and remodeled Honey + Cream before she bought the business this year with her husband. She explained, “I have never been a business owner before, nor has he, so it’s a learning curve for sure.” Though the transition has been a bit challenging, her previous experience with the business gave her the leg up and the confidence to make it her own.

Much about Honey + Cream has remained the same, including the fact that one of the main things they sell is ice cream. Hannah stated, “We



Photo by Dora Scott

Continued on Page 7

LWA OFFICIAL NEWS

Check That Garage Door



Steve Roddy

We had a scary situation this week. When closing our big garage door, we heard a loud crash! On further inspection, we realized we couldn't get the door open. Even with the door disengaged from the opener it was impossible to manually



open the door because one of the big tension springs had broken above the door. It was a Sunday, but luckily only one car was trapped in the garage. We called our wonderful garage door repair man who came out first thing Monday morning.

This incident really got me to thinking. If this had happened during an evacuation, what would we have done? Well obviously we would have to crash through the door! Not a pretty picture. I realized how important that big garage door is in an emergency and during the power outages we so commonly face. Please practice opening your garage door without power. Learn and practice how to disengage your door from the opener. Maintain your garage door regularly by cleaning and lubricating moving parts so that it operates smoothly and is easier to lift. If your garage door is especially heavy adding lift handles can help. If your opener is older you may want to consider upgrading to one equipped with a battery back up. It's always a good practice to simply park your car outside and facing out on red flag days and other periods of elevated fire danger.

Remember, the first moments of an evacuation start with the garage door!

LWA OFFICIAL NEWS



General Notice of Lake Wildwood Association Board of Directors Election

Lake Wildwood Association will hold an election to fill two vacancies on the Board of Directors. Ballots will be mailed on June 23, 2023 to the Members' addresses on file with LWA Member Services (Administration) Office.

Ballots should be returned by mail to the Lake Wildwood Member Services (Administration) Office located at 11255 Cottontail Way, Penn Valley, CA, 95946, or should be placed in the Association Drop Boxes located at each Gate or in front of the Association offices (black Association Business drop box), and MUST arrive by 5 p.m. on Friday, July 28, 2023.

Ballots will be counted at a Special Board of Directors Meeting to be held on July 28, 2023, in the Community Center, Lake Room. The meeting will begin at 11 a.m. and will reconvene for final counting of ballots at approximately 5 p.m. on July 28, 2023.

The candidates are (in order of receipt of application):

Jeff Peters
Joseph Metzler

Meet the Candidates Night will be held Wednesday, June 21 at 6 p.m. in The Oaks Clubhouse, Cedar Room. Members are encouraged to attend.

Notice is hereby given that the Lake Wildwood Association Annual Meeting will be held at The Oaks Clubhouse, Cedar Room, Lake Wildwood on Saturday, July 29, 2023, at 1:30 p.m. for the following purpose:

- 1) To announce the results of the election of two (2) Members to the Board;
- 2) To transact such other business as may properly come before the meeting.

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**To submit content in this publication call or email Dora Scott
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Spring Cleaning

CATHY'S SPACE



Cathy Fagan

As I begin the arduous task of annual spring cleaning, I find myself going through boxes of items that I have collected in my many years of travel as a study abroad coordinator. I have enough curios from around the world to open my own shop. Yet, most of it is sitting in boxes in the storage room. Each trinket represents a place I've been or an

experience I have had. A bit of my soul. How can I get rid of those?

Then there are the dozens of photo albums: the wedding, the babies, the family and class reunions, the holidays, the vacations, and on and on. And, like everyone else, I have also accumulated shoeboxes full of even more photos that I never had time to organize. These, also, represent stages of my life and the people who were a part of it. Destroying them is tantamount to murder. Of my soul, that is.

And, finally, the clothes closets. As I survey each of the items, I try to rationalize when I could wear that item again, or I might need that one day, so I'd better keep it. These are clothes that are, for the most part outdated and which probably no longer even fit me, but they are my clothes.

I could buy display cabinets and put all my curios on shelves. But that would mean having to dust them off each time I cleaned, and I am not that eager to create more work. I could also scan the thousands of photos into the computer and burn them onto CDs. This monumental job would take years and then I would only end up storing the CDs in more boxes. The clothes? They are just fine hanging there as they build up that old musty smell. I'll just keep the doors closed.

So, I'll just leave everything as is. Those boxes of curios, photo albums, and snapshots are truly precious memories for me. And, surely, there will be another season when those clothes will be back in style.

In a generation or two when children and grandchildren go through what I've left behind, they can throw it out, because it will definitely be trash to them. And, then, my soul won't even care.

What's Gone Wrong with Our Leaders?

Y'THINK?



Alex Alexander

On the surface, today's political problems seem to be all about Republicans fighting Democrats, but it's not that. It's something deeper. It's about the degeneration of our leadership from something noble to something petty, personal, and short sighted. Democrats and Republicans alike suffer from it.

What's going on? Why has our leadership degenerated?

It's really our fault. Our Founding Fathers designed a political system in which we vote for our leaders, and then we rely on them to exercise due diligence and wise judgment in service to the nation. If the wrong leaders take office, how can we blame them when it's we who put them there?

We tend to forget that there are two goals, not one, that motivate our leaders. Yes, they want what's best for the nation, but, like all human beings, they also want what's best for themselves. In a healthy society, politicians put themselves in second place, and exercise power primarily for the benefit of the people.

But we're no longer a healthy society, are we? The balance has shifted. More than ever before, politicians use their position, status, and power to serve themselves more than to serve the nation. Winning has become more important than statesmanship. They tell us that they have to win so that they can stay in office in order to serve the nation, but their actions tell us otherwise...it's mostly about them.

Why has this happened? I think it's the unintended consequence of our national wealth and our family dynamics.

Step back and look at the grand sweep of history over the past seventy-five years or so. After the hardships of the Great Depression and the sacrifices of World War II, America experienced the greatest leap forward in wealth and quality of life the world has ever seen. The dominant ethos after the war became "I'm going to make sure the lives of my children are much better than my own."

After the 1940s, each generation learned to expect more stuff and better lives than the previous generation. Rather than gratitude for our forebears and their sacrifices, most of us—certainly not all, but most—were taught

Continued on Page 12

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Comedy Night Returns to the Cedar Room on July 8

By Morty Stein

First off, a huge "Thank You" to everybody who has come out and supported Comedy Night at The Oaks. It is hard to believe that we have performed 21 shows already! And if you missed the last show starring Hypnotist Darin Frazier, you sure missed a memorable evening. Many people have approached me and mentioned that the show was the best one so far and the shows get better and better. And we will keep on bringing the best comedians from across the U.S.

The next show is scheduled for Saturday, July 8 at 7 p.m. and stars stand-up comedian Jeff Applebaum. A native New Yorker, Jeff made his national TV debut on CBS as a comedian on the "Late Late Show with Craig Ferguson." He has also appeared on Comics Unleashed, America's Got Talent, and his recently released Dry Bar Comedy special has been highly acclaimed and viewed by millions. He has opened for and performed with comic legends Robert Klein, Mort Sahl, Robin Williams, Jimmy "JJ" Walker, Dana Carvey, Elayne Boosler, and more. Jeff was cast to play the principal role of Joey Bishop in the long-running musical tribute "The Rat Pack Is Back," in San Francisco, Chicago, and Las Vegas. He is also credited and appears in the blockbuster film "The Pursuit of Happyness." Jeff is also active in the business and hi-tech worlds, using his two engineering degrees from MIT. He performs around the globe in clubs, theaters, on virtual platforms, and for major companies.

Your feature comedian for the evening will be funny man, Bob Johnston.



Submitted photo | Jeff Applebaum

Continued on Page 6

Lake Wildwood Bridge Club invites the community to Alzheimer's pop-up fundraiser

By Bev Britton, Lake Wildwood Bridge Club

For the second year in a row, the Lake Wildwood Duplicate Bridge Club will host a booth outside the Penn Valley Holiday Market to raise money for the Alzheimer's Association.

Volunteers from the bridge club will be there from 10 a.m. to 3 p.m. on Saturday, June 24, to collect donations—and provide information about Alzheimer's Disease.

"It is important to us to make sure that our community has knowledge of services and resources available locally," says Deanna Heyser, co-chair of the fundraiser.

Along with Unit 461 in Grass Valley, the Lake Wildwood bridge group will hold fundraising games on Tuesday, June 20, at Lake Wildwood and Wednesday, June 21, at the Empire Grange in Grass Valley. Look for more details in the June 16 *The Wildwood Independent* or contact Deanna at 831-402-2735.



Courtesy photo | Lake Wildwood Duplicate Bridge Club members Jeff Morrison and Kat Tuttle were among the volunteers for the club's 2022 Alzheimer's fundraiser outside Holiday Market, where shoppers donated more than \$800.

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New Farmers Market Brings the Best in Local Produce to Penn Valley

By Kathryn Petersen

The Western Gateway Park Foundation is bringing together local farmers, chefs, bakers, and artisan crafters to provide Penn Valley with a new shopping experience. Each Sunday from 9 a.m. to 1 p.m., Western Gateway Park will host a variety of sellers from across the county. Choose from freshly picked seasonal fruits and vegetables. Treat yourself to a relaxed Sunday brunch from one of several food trucks. Indulge yourself with specialty body care items, handmade jewelry, and more.

Did you know that you can take pride in shop-

ping local? According to Business Journal Daily, it is estimated that for each \$100 you spend at a locally owned business, \$68 will stay in the local economy. Yet, for each \$100 spent at a national chain, only \$43 will remain in the community. So, join us in building Penn Valley together.

Your shopping trip can be just the beginning of fun family day at this sprawling, 87 acre park. Enjoy the disc golf course, tennis courts, bocce ball courts, hiking trails, barbecue areas, swimming hole, and more!



Photo by Nancy Pierce | Xiong Family Farm



Photo by Jennifer Petersen | Reflections of You

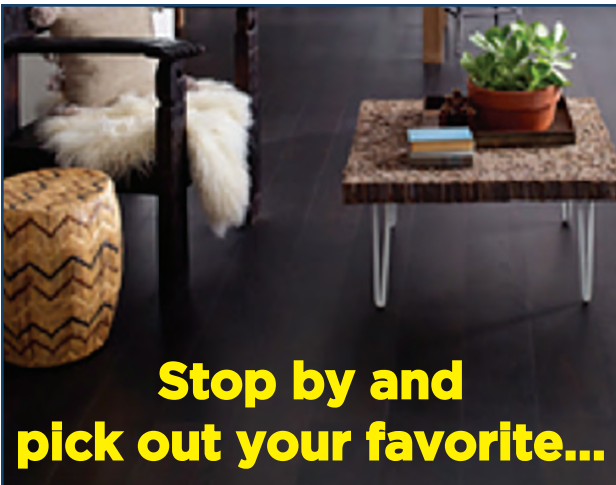
COMEDY

From page 5

After spending 13 years in college for a four year degree, Bob Johnston headed to the Bay Area to work in Biotech and quickly found his calling in the comedy clubs of the Bay Area. Working odd jobs (usually two at a time) while in college gave Bob insight that could only come from a former firefighter, restaurant manager, state worker, and UPS guy. From the urban clubs of Oakland, to clubs in smaller towns across the West, Bob has been making people laugh for 25 years. It's easy to see why he has been called "The Only Redneck in the Bay Area": When asked about his style, he had this to say "After 13 years in college I'm not trying to convince anyone I'm a thinker. My comedy is about the raw, basic club experience. Think Blue Collar Comedy with more drinking, driving, and ex-girlfriend jokes."

And your host for the evening will be Lake Wildwood's own, Morty Stein. Morty is a stand-up comedian who has been entertaining audiences young and old for many years. Audiences love his animated and unique storytelling about many different topics that everybody can relate to. Many of his shows are private, corporate events, but he has appeared on the stages of many prestigious clubs and theaters across the country. Recently, he has performed at several comedy festivals entertaining a wide range of audience members as well as industry professionals and also appeared internationally as a guest on the #1 radio show in Australia called "The Kyle and Jackie O Show" and was also a guest on "Studio 10 Live" in Sydney Australia.

Tickets for the show go on sale Saturday, June 17 at 10 a.m. in the Redbud Room at the Community Center. Tickets are only \$20 each (cash only please) and there is a 6 ticket limit per person. These tickets would make a great gift for dad on Father's Day, so get there early!



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SPORTS

Fishing Fun for the Whole Family!

Submitted by the Lake Wildwood Fishing Club

The Lake Wildwood Fishing Club is sponsoring the Family Friendly Fishing Derby on June 11 at Lake Wildwood. The Derby is for all Wildwood residents, their guests, and Lake Wildwood employees.

We'll have a junior division (15 and under \$5) and an adult division (\$10) with fishing in the lake on a boat or from the banks. Fishing Licenses are required for anyone 16 or older and we always honor the Catch and Release policy in Lake Wildwood. Registration will be from 6-10 a.m. on June 11 at the Commodore Park Pavilion and weigh in is at noon. Raffle prizes include a Pontoon boat for a day at Englebright Lake, compliments of Skippers Cove Marina, a kayak, bikes, fishing rods, gift cards and more. Hot dogs, t-shirts and hats will be available to purchase.

You can pre-register by going to the lwwa.org, clubs, fishing club or contact club President, Jeremy Zimmerman, 530-701-1851. We'll be ready for a lot of fishing fun on June 11 so hope to see you then!



Submitted photo | Bob Chappell and kids winning fishing rods from the Lake Wildwood Fishing Club.

EDITOR'S NOTE

From page 2

have ice cream, that's a big thing that people don't realize. We are really big on our ice cream—we get it from Gunthers in Sacramento. They are not as well known here, especially with the younger generations, but other people come in and they are like, 'You guys have Gunthers? I remember going there as a kid.'

Some more notable changes are that they have added another drink size option and have spruced up the menu with things that are not just the traditional drip coffee or latte. Hannah mentioned how she was previously in the Air Force and lived in Alaska for a number of years, adding that "they have little, drive-through coffee shops everywhere up there, like on every corner and they are always busy."

While in Alaska, Hannah explained, "One of my favorite things up in Alaska was a Red Bull smoothie. I really missed that idea. I used to get one almost every day when I was there, which I don't recommend. I wanted something like that though. So we combined that idea with our ice cream and it's called Barrel Racer; it's basically a Red Bull milkshake. It sounds really weird, but it is so good. So for those people out there who drink Red Bull, come in and try one."

Supporting local businesses is what keeps our community going. Hannah mentioned "We are trying to support local too. That's one of the things that carried over from the previous owners, we are locals supporting locals. We are looking now into potentially switching some things up. So our roasters, Remedy, are in Auburn, and we are definitely keeping them because the coffee is so good. We have baked goods from the Sugar Mill Bakery and Lyons Fare Bakery. We get our bread from Truckee Sourdough. We get our honey from Winfield Honey, which is also local. We are trying to get as local as possible, so that's one of our goals right now is to just wherever we can buy locally that we aren't currently. So if there are people out there that have something to offer, feel free to come in and pitch it because there is plenty of room for new ideas."

Honey + Cream also extended their goal of buying local to their merchandise. Hannah stated, "Our clothing and tumblers are from Expressive Designs which is actually a shop that is right behind Holiday Market. They recently opened up, and they have been doing our merchandise since before I bought Honey + Cream."

So if you want to join in on the train of locals supporting locals, be sure to stop by Honey + Cream. Especially during the summertime, you don't want to miss out on their large selection of ice cream and other cold drinks.

The Wildwood Independent Editor



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Chaparral Cir - Oct 28, 2022



Chaparral Cir - Aug 1, 2022



Redwing Ct - July 5, 2022



Falcon Loop - May 12, 2022



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Chaparral Dr - Apr 1, 2022



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SPORTS

Men's Niners Skins Tournament May 16, 2023 Results

By Chuck Talley

The weather and the course are both improving and we're finally getting back on our tournament schedule. Our May 16 tournament featured a Skins format. Lowest score in the group per hole wins a Skin, ties are carried over to the next hole until there is a winner.

Twenty-nine players teed it up in Flight One on the back nine. As there was a winner in each group, not enough space to mention each contestant.

- Flight One Winners:**
- 7 Skins Dan Torgusen—Grand Skins Champion
 - 6 Skins Chito Gonzaga
 - 5 Skins Dave Nelson
 - 5 Skins Bruce Watkins
 - 4 Skins Bob Cook
 - 4 Skins Allen Knight
 - 3 Skins Bill Mann
 - 3 Skins Dennis Rough
 - 3 Skins Dave Watt
 - Closest to the pin on Hole #11 Joe Mutascio 19'3"

Twenty-nine players teed it up in Flight #2 on the front nine.



Submitted photo | For all the money!

- Flight Two Winners:**
- 9 Skins Joe Metzler Grand Skins Champion
 - 9 Skins PK Frawley Grand Skins Champion
 - 7 Skins Jim Tasa
 - 6 Skins Rick Hudson
 - 5 Skins Bob Chappell
 - 4 Skins Steve Moyer
 - 3 Skins Fred Huberty

- 3 Skins Chris Heisler
- 3 Skins Keith Dean
- 3 Skins Wally Reil; Closest to the pin on Hole #3 Joe Metzler 14'7"

Next event, Bingo-Bango-Bongo on May 30.



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PENN VALLEY Chamber

JUNE 2023 •



PRESIDENT'S MESSAGE *by Chrissy Benton*

Penn Valley Rodeo parade was a great success this year. I want to take some time to thank everyone who signed up to participate

in the parade. We had several local Penn Valley businesses support their town by entering the parade. Thank you, New Life Nursery, True Value Hardware, fence store and Wildflower Nursery, Eagle Quick Lube, Four Seasons, and The Northridge. We had several equestrian entries from near and far this year. Thank you, Nevada County 4H horse project, Gold Country trail council, the Diablo Girls, and the Rodeo Queens. We had some local families participate this year with floats and equestrian entries. Thank you to the Etlin family and Dana Etlin for everything you did to help the parade and Rodeo Mixer this year. Thank you, Cassie Souza, and Bonnie Easley, for your equestrian entries. I also want to thank Penn Valley 4H club, not only did they have a float, but they were kind enough to bring up the rear and pick up all the poop that was on the road. We also had Word a live Church and Helping Hands of Penn Valley, thank you both. I want a big thank you to go out to Jeff Greenwood with the Cold Country Fly Wheelers for organizing the tractor entries this year.

I want to send out a special thank you to the

American Legion Post 130 Color Guard. Veterans Dave Barras, Steve Hoss, and Dayle Gurley were kind enough to provide the Color Guard for the beginning of the parade. Thank you, gentleman, for your service and your time out in the hot weather to lead our parade. I am saving the best for last, thank you Nevada County Volunteer Sheriff's Department for leading the way. The Volunteer Sheriffs take time out of their lives to help monitor Nevada County and assist with events like the Penn Valley Rodeo each year. They do it because they love our area and what they do. Thank you for all your hard work and dedication.

There is a lot of hard work and dedication that goes into organizing the annual Penn Valley Rodeo Parade. I want to thank the Penn Valley Chamber board for all your hard work in assisting me over the last four months, preparing, organizing, and putting on the parade. The Chamber board could not do it alone, we got our kids to help with the parade set up, handing out road closure notices to all businesses and houses effected by the road closure and last minute day of activities. I love that our future generations are already getting involved! I also want to thank the extra six volunteers that are not part of the Chamber, who came out and assisted us by being parade monitors for the closed roads.

I hope that everyone who came out to watch



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the Rodeo parade enjoyed it as well as the Annual Penn Valley Rodeo! We cannot wait to do it again next year. If you have a business and would like to be part of the parade, please reach out to the chamber. We would also love to see more animal entries, not just equestrians, and more community organizations next year.

Until next time,
Chrissy Benton
Financial Advisor, Edward Jones
President, Penn Valley Chamber



2023 Rodeo Queens



American Legion Post 130 Color Guard



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SPORTS

Pickleball: The Quirky Sport!



Mark Hertz

PICKLEBALL

What's the score? I think it's 8-7 but whose serve is it? It's ours. Didn't you guys serve last, and was then our side out, as you lost the serve? Okay, you may be correct, but was I the first or second server? Not sure, don't know, have no idea! Sound familiar? After a group discussion, the players move on with a compromised decision. Have you considered the pickleball scoring system to be a benefit to its players? Quirky yes, but beneficial?

According to the National Academy of Sciences, pickleball provides positive influences on brain health. The act of remembering the score, and reporting it, requires recall to remember who scored (only serving side gains points), the caller must then call out three numbers: their own team's score, then the other teams score followed by a one or two (first or second server). We all know how to call out the score, but how many times per match is this seemingly simple task botched or in need of discussion? It's so tough there's now a rule concerning the timing that we can blurt out a disagreement with the stated score!

The following is a list of benefits to the brain and mental health per the Amen Clinics (see www.amen-clinics.com to support findings).

- Blood flow to the brain improved
- Enhanced cerebellum function (through footwork and hand-eye coordination)
- Increased gray matter (from planning [drive or dink] and complex movements)
- Strengthens the hippocampus (increased through formation of memories)
- Produces mood-boosting neurochemicals (heart pumping producing mood-enhancing amino acids)
- Reduces cognitive impairment (helps protect

against cognitive decline and dementia)

- Keeps brain younger (group activity helps combat loneliness)

Enough science! This is an article about the quirkiness of pickleball. What sport requires the mental fortitude of pickleball to simply keep score?

Origin of the name pickleball: Many have heard of the two contradicting stories of the pickleball name. Pickleball founders were Joel Pritchard, Bill Bell, and Barney McCallum. One story states Joan Pritchard (wife) came up with the name "pickleball" as a reference to the thrown-together leftover non-starters in the "pickle boat" of crew races. Just like pickleball took leftovers from other sports. Many years later, as the sport grew, a controversy ensued when a few neighbors said they were there when Joan Pritchard named the game after the family dog Pickles. After a thorough investigation, *Pickleball Magazine* has determined that Pickles was born in 1968, three years after pickleball was played and named.

Scoring, and the strange name of pickleball, would or could be considered as at least unusual. What about the origin or influences of the game itself? Pickleball is a combination of arguably the best of tennis, ping pong, and badminton. I would throw racquetball into the mix, but it is not officially included in most descriptions. As many of us would agree, pickleball is more fun than most of the games incorporated into our game, with pickleball the fastest growing sport in the country (blah, blah, blah, we all know that) but why? I will attempt to offer some of the reasons, though only a humble opinion!

The rules are fairly easy to pick up with simple equipment needed. It's easy to pick up the game but challenging enough for experienced players to remain engaged. It's social, as is played on a small court, typically with each player becoming both opponent and teammate, promoting camaraderie and sportsmanship. Tourneys promote entries of varied skill levels—amateur to pro level players—both within the same venue, combining for a different

spectator experience. All ages and player types/levels (wheelchair leagues now forming) play together. The evolution of pickleball is in a basic infancy stage allowing from low key, lighthearted matches/tournaments/venues to challenging competition depending on motivations and interest. Olympics in the future? The International Federation of Pickleball (nonprofit organization) is hoping for a 2028 Olympics to introduce pickleball. Not there yet so let's enjoy this early stage we're in. Back to the quirkiness of pickleball.

Pickleball is played on a slightly smaller badminton-sized court with a slightly smaller net than tennis. Like ping pong, pickleball uses a paddle rather than a racquet. Arguably, pickleball combining the three games is more fun. Why?

Quicker than tennis, more age-friendly, more camaraderie/socializing, longer rallies, as pickleball is played on a smaller court; as a result, players remain engaged throughout. Tennis may include long periods of idle time, while in pickleball there is always something happening on the court.

Pickleball is more fun than ping pong because it is a more active game. That is not to say quicker, but more active as a player needs to cover more court. Pickleball requires more movement and coordination than ping pong, though ping pong offers a higher energy and is a faster-paced game. Pickleball requires players to think where and how to hit the next shot, while ping pong is a bit more static.

Badminton requires more stamina and power, while pickleball is more control and precision. Many players find pickleball easier than badminton as it is less physically demanding and thus more age friendly.

A sport named after a thrown-together leftover group of nonstarter pickle boat crew members, incorporating various parts of current sports, with a scoring system complicated enough to require rules regarding scoring discrepancies, would, in my opinion, be labeled as QUIRKY. There may never be another game as unorthodox as pickleball!

Gotta love it!



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SPORTS

Busy, Busy Lady Niners

By Arlene Thelen

May has been a very full month for the Lake Wildwood Lady Niners. On May 9, they “host-essed” the first round of Team Play for 2023. Groups from Lake of the Pines and Lincoln Hills joined the local ladies for nine holes of golf. It takes a lot of volunteers to put on this event and the Niners would like to recognize the following people for their willingness to help out: Mary Sowers and Linda Campbell were in charge of the Registration Desk; Sue Boyles was stationed in the lower parking lot directing the visitors and answering their questions; Belinda Metzler, Bob Campbell, Carlis Gilbert, and Terry Thelen were there bright and early getting the carts out and moving golf bags to the assigned carts; Arlene Thelen was in charge of organizing the arrangement of the carts; Joanie Broomfield and Kathy Thurmond were posted on holes 2 and 8 to track errant golf balls and Ginny Kirkley, Katie Minor, Judy Armstrong, Linda Campbell, Maggie Popplewell, Dawn Castaldo, Lois Johnson, Patti Haney, Sherri Oakley, and Claire Ross were the scoring markers for the contestants.

The golfers representing Lake Wildwood were Sandy Sammon and Rita Texeira in the first flight, Rose Frazier-Hart and Pat Lujan in the second flight, and Nicole Barbaria and Virginia Gompertz in the third flight. The ladies teamed well and ended the day in second place. Off to a great start, Niners!

The next week the ladies were playing on the “new and improved” back nine for a round of sweeps golf. It was great weather to be out on the beautiful Lake Wildwoof course. The flight winners were: Jerri Morello (1st) and Pat Lujan, Alma Ortega-Avery, and Patti Haney (tied for second) in the first flight; Pat Hammermaster (1st), Claire Ross, Rose Frazier-Hart, and Rita Kahil (tied for 2nd) in the second flight; and Doris Heisler (1st),



Submitted photo

Katie Minor (2nd), and Sherri Oakley (3rd) in the third flight. Jerri had a chip-in and broke net while Cherie Mayfield also had a chip-in.

On May 17, the Team Play group traveled to Lincoln Hills Golf Course for the second round of this season. It was a sweltering afternoon on an unfamiliar course but our ladies prevailed. Sandy Sammon and Rita Texeira were the first flight representatives, Patti Haney and Claire Ross played in the second flight while Virginia Gompertz and

Sally Thomas were the third-flight players. Peggy Guilday and Nicole Barbaria played in the Captains Flight. Doris Heisler and Bonnie Lee played in the newly formed Friendly Flight. Jerri Morello and Pat Hammermaster followed the field. The end of the day results saw Lake Wildwood move into first place with one more date to go. On June 6, the three clubs will meet at Lake of the Pines;

Continued on Page 14

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SPORTS

An Active Lifestyle Suits Tennis Players Fred and Nancy Bell

By Bev Britton

The Tennis Club was high on the list of things that drew Fred and Nancy Bell to Lake Wildwood in 2006. Seems only natural for a couple whose first date was on the tennis court.

"The tennis, the boating, the hiking—these are all things we like to do," Nancy says, adding water skiing, downhill skiing, biking, snorkeling, scuba diving, and surfing to their list of outdoor activities.

The couple met in the early 1970s, when Fred was getting his master's degree in landscape architecture at UC Berkeley and Nancy, a UC Davis grad, was teaching elementary school in nearby Richmond. Fred had recently returned from Fiji, where he had spent more than three years in the Peace Corps.

"I consider myself a Kennedy volunteer. He got me fired up. I was going to save the world," Fred recalls.

In his new book, "Coming of Age in the Cannibal Isles," he recounts his adventures on Vanua Levu, the second largest of the roughly 300 Fijian islands. (In case you were wondering, the days of cannibalism ended long before Fred arrived.)

Relying on his forestry degree, Fred helped the Fijians plant Caribbean Pines for pulp and timber sales. "It was a good operation. The tribes dedicated their land to this project," Fred notes. "For Fijians, it's all about honor and pride. And growing trees was honorable."

As he immersed himself in the culture, he quickly learned that "everything in Fiji begins with yaqona"—a drink made with ground kava root.



Courtesy photo | After starting his forestry career in Fiji with the Peace Corps, Fred Bell wrapped it up on another island—Oahu.

"I must have drunk thousands of gallons," he says. "It's a mild depressant that slows down your body, but not your mind. It's popular in a lot of island cultures and has thousands of

Continued on Page 14

Y'THINK

From page 3

by those same well-meaning, self-sacrificing, hard-working forebears, that we were more important than they. For the younger generations, the old focus on "we" gradually transformed into a focus on "me." A sense of entitlement emerged, and grew stronger with each generation.

To make things worse, probably beginning sometime in the 1990s, the self-esteem movement took hold. Parents started giving participation trophies to their kids, pumping up their self-esteem when it was undeserved, and shielding them from risk and bad feelings, so the emerging focus on "me" grew into an even more intense focus on "ME."

And that's where we are today. The WE generations are growing older, retiring from leadership, and dying off, leaving the ME generations in charge. Self-service has overwhelmed service to the nation as the primary motivation of our leaders. It's not all black and white. We still see statesmanship now and then, but the balance is off. Statesmanship has become the exception rather than the rule.

Nobody planned it that way, it just happened. Our politics has merely followed the inclinations of our people, just as it always has.

The solution has to start with us. You and I have to learn how to see through the shallowness and pandering of our politicians and our "free" press. We have to learn to discriminate between self-serving lies ("spin") and authenticity so that we can understand the character of our candidates, for it is character that gives rise to statesmanship. It is character that guarantees that our leaders will act on our behalf, not their own.

You and I have to learn to vote intelligently or not vote at all.

Not vote? That seems wrong. We're constantly told to vote, and that not voting is irresponsible. But the saving grace of nonvoters is that they do no harm. If you're an uninformed voter, not voting is actually the most responsible thing you can do.

Voting intelligently isn't easy. Politicians are slick. They look good. They say the right things. They're Academy Award caliber actors who convince us of their sincerity, play on our emotions, and make us "feel" good about them. And we're all too willing to buy into their promises because those promises feed into our hopes and make us want to trust them. But inevitably they—most of them—disappoint us when they don't do right by us (unless, by chance, it also benefits them).

So the future of this great country of ours, as it always has, depends on you and me. We can't be lazy about our votes—they're too precious to waste. We can't give in to the temptation to take a candidate at his or her word. We have to learn to listen to all sides of the debate, not just the side we like. We can't vote our feelings, we have to vote our knowledge, and we have to make sure our knowledge is sufficient to judge the candidate's character.

And if we're not willing to do all that, we shouldn't vote at all.

You can contact Alex at alex.ythink@gmail.com. His latest book, "Y'Think?: Essays about the Human Spirit" is available at [Amazon.com](https://www.amazon.com).

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SPORTS

Mazzocco and Pucci Sting the Queen

TEETALK



John Dickerson

The Lake Wildwood Women’s Golf Club crowned the Champions of the 2023 Queen Bee Tournament last month. Mo Mazzocco and Janice Pucci took the Overall Winner honors in the annual two-round competition. Marilyn Baca and Karen Price chaired the popular tournament which featured some solid play in Round Two by Sandy Thornton, Mo Mazzocco, and Trish Willard, who all had Birdies. Also showcased were Chip-Ins by Mo Mazzocco, Yvetta Testman, Trish Stella, and Diane Brewster.

Queen Bee Final Results:
Overall Winners: Mo Mazzocco and Janice Pucci

1st Flight:
1st Place – Chris Fridman & Sandy Thornton;
2nd Place – Jody Bond & Susan Sainz; 3rd Place – Betty Moyles & Sandy Twohig

2nd Flight:
1st Place – Amy Lujan & Judy Pennington; 2nd Place – Maria Fahey & Dianna Mortara; 3rd Place – Bridget Buford & Joanne Zemetra

3rd Flight:
1st Place – Shari Davis & Sandy Sammon; 2nd Place – Liz Simpson & Dottie Teague; 3rd Place – Jerri Morello & Verda Powers

With the green and trap reconstruction on the final holes of Lake Wildwood finally completed, the Lake Wildwood Women’s Golf Club hosted an Individual Low Net Tournament on a great sunny day with all 18 holes in play.

Individual Low Net Results:
1st Flight:

1st Low Net – Sandy Twohig; 2nd Low Net – Sandy Thornton; Low Gross – Joan Dickerson

2nd Flight:
1st Low Net – Bridget Buford; 2nd Low Net – Joanne Zemetra; Low Gross – Janice Pucci

3rd Flight:
1st Low Net – Sandy Sammon; 2nd Low Net – Any Lujan; Low Gross – Connie Berg

Congratulations to Sandy Thornton who shot a sparkling 87 to break 90 for the first time! Other accomplishments for the day included Birdies by Joan Dickerson, Karen Price, and Sandy Thornton, along with a flurry of Chip-Ins by Kay Gilbert, Connie Berg, Gayle Liljeblad, Patti Linney, Janice Pucci, Jody Bond, and Sandy Sammon (2).

In news from afar, Lake Wildwood golfers scored big at a recent Peach Tree Fiends Day with Kim Mason, Jody Bond, and Maria Fahey taking 1st Place in Flight One. Bridget Buford took 1st Place and Dianna Mortara took 2nd Place in Flight Two.

The Lake Wildwood Women’s Invitational, chaired by Janice Pucci, just concluded but the results were too late for this issue. We’ll have a full report by Jungle Drums next time.

Famous Golf Quotes
“The reason your golf pro tells you to keep you head down is so that you can’t see him laughing.”
-Phyllis Diller

The Lake Wildwood Women’s Golf Club plays weekly on Thursday mornings and is always looking for new members who enjoy some friendly 18-hole competition. If you are a woman resident of Lake Wildwood and want to play golf with some fun gals, contact Patti Egge at (530) 432-3545 for details on how to join.

Club-related information and success stories about



Photo by Jody Bond | Queen Bee Champs, Mo Mazzocco & Janice Pucci.

members who did well at an Away Day or Invitation-al can be sent to jbd3886@gmail.com. The deadline for the next issue is June 7. Your help makes this article possible. Keep smiling and stay healthy... We'll see you on the Green!

SPORTS

Wildwood Putters Update

Linda Brown, Lake Wildwood Putters

Ladies, what better way to start your Thurs-day mornings then enjoying some fresh air and a little friendly competition! Come join the fun! Sign-ups take place near the Clubhouse putting green at 8:45 a.m. and tournament play starts at 9 a.m. Bring a putter and one golf ball. Cost to sign up is \$5, and \$1 each time you play. NOTE: There is **no** Putters on **June 8** because of Men’s Invitational.

Results from the last two tournaments are as follows:

May 11:
1st Place with 35 putts – Rita Kahil
2nd Place with 36 putts – Nancy Black, Irmgard Boies, Pat Hammermaster
3rd Place with 37 putts – Jerri Batson, Nancy Smith

Aces:
4 – Pat Hammermaster

3 – Rita Kahil
2 – Wendi Cegelski, Judy Goodrich, Nancy Smith, Rita Texeira, Arlene Thelen
1 – Jerri Batson, Nancy Black, Irmgard Boies, Linda Brown, Betty Foley, Judy Mann, Katie Minor, Dianne Riel, Claire Short

May 18:
1st Place with 34 putts – Jackie Sponsler
2nd Place with 38 putts – Nancy Black
3rd Place with 39 – Wendi Cegelski

Aces:
3 – Jackie Sponsler
2 – Joan Broomfield, Dollie Gilliland, Rita Kahil
1 – Nancy Black, Linda Brown, Wendi Cegel-ski, Kathy Hendricks, Judy Mann, Katie Minor, Sandra Weber

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TENNIS
From page 11

years of culture mixed up with it. But like Nancy says, it takes like mud.”

The Bells married in 1975. Fred worked at the Mendocino National Forest, and Nancy continued teaching for the 25 years they lived in Orland.

Then Fred got his dream job. “Hawaii!” Nancy exclaims.

From 2001 to 2006, he was the Pacific Islands forester for the U.S. Forest Service while Nancy found a new elementary school to call home. They still spend several months a year on Oahu, but the trips are often shorter because they can’t wait to get back to their grandchildren, Ellie and Nievie, and their daughter, Arran.

While writing his autobiography, Fred made a heart-warming discovery.

“Probably the best thing I did as a Peace Corps volunteer was stop the poisoning of the riparian forest with arsenic pentoxide,” he says. “Because of this, my stock in the village really went up. They called me Vuku Levu. They said it meant that I was smart. As I’m writing this book 50 years later, I did some research and the only place I could find that reference was the Bible. It meant I was divinely inspired. It was very humbling for me.”

But the biggest lesson he learned in the Peace Corps was that Americans have a lot more in common with people in other countries than what pulls us apart.

“We’re all human beings—we’re all doing the best we can,” he says. “When you’re totally immersed in a culture, that message becomes clearer.”



Courtesy photo | Nancy Bell is the treasurer for the Lake Wildwood Tennis Club.

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Sue Mayfield

LADY NINERS
From page 11

wish them luck! The Team Play Championship will take place on August 5, at Northridge Golf Course.

On May 23, the Lady and Men Niners joined for the popular Odd Couple Tournament where they played a better-ball format. The weather was perfect and all had a great time! The tournament was played on both nines due to a great sign-up. Those with winning scores were the teams of:

Front nine: First place (Net 29) Patrick Beauregard, Tim Flowers, Jerri Morrello & Belinda Metzler; Beau Mayfield, Keith Dean, Nancy Black & Cherie Mayfield; Joe Mustacio, John Grabowski, Pat Lujan & Kathy Elmore. The second-place team with a score of 31 consisted of Mike Baca, Terry Bichimeier, Sandy Sammon & Sherri Oakley. Tied for third with a net of 32 were the teams of Dennis Rough, Chuck Talley, Rita Texeira & Barbara Theobald and Dave Watt, Scott Lillibridge, Patti Haney & Bambi Flanigan.

Back nine: First place (Net 29) Carlis Gilbert, Tim Sullivan, Terry Scalisi & Katie Minor. There was a second-place tie at Net 30 between the teams of Bruce Watkins, Scott Payton, Marcie Elliott & Nicole Barbaria and Mike Stratton, Bill Stamatis, Virginia Gompertz & Rita Kahil. There was a four-way tie for third place with Net 31s among David Durham, Ray Antonucci, Judy Armstrong & Pat Hall; Ron Minor, Tom Johnson, Rose Frazier-Hart & Caryl Fairfull; David Nelson, Tim Gray, Mary Sowers & Randi Kemper; and Bernie Theobald, Joe Metzler, Peggy Guilday & Pat Hammermaster.

Ladies, mark these events on your calendars:

- Eclectic May 16-August 1
- General meeting/luncheon: June 20
- Club Championship: June 20 and 27, July 11
- Lake Wildwood Niners Invitational: August 15 (Be thinking of how you can help)



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