

# THE WILDWOOD Independent

Friday, May 19, 2023

[theunion.com/news/wildwood-independent/](http://theunion.com/news/wildwood-independent/)

Volume 46 No. 10

## 2nd Annual Penn Valley Art Festival

By Destiny Bradt

The Penn Valley Art Festival will be returning to Western Gateway Park for its second year. Scheduled for June 3 from 10 a.m.-3 p.m., it is sure to be a creative delight for festival goers of all ages. There will be a wide range of artistic expressions in a variety mediums, including textiles, ceramics, oils, acrylics, woodworking, and jewelry. There will also be artists exhibiting glasswork and encaustics.

“The goal,” says organizer Destiny Bradt, “Is to create an event where fine art and quality crafts are showcased, giving artists an opportunity to join together and share their amazing talents with the community.”

The festival will also host a kid’s area with fun and creative activities such as New Life Nursery’s pot painting and succulent planting and the Rotary’s scratch art and magnet decorating. There will also be face painting, rocket launching hosted by Penn Valley 4H, and a visit from our local mermaid Meredith Cherry.

“We want this to be an event for the entire family,” says Bradt.

Destiny is strongly affiliated with the International Watercolor Society Globe Art Network whose goal is to create art events throughout the world in order to promote peace and harmony through art. IWS Globe Art Network has institutions and branches in over 120 countries and is the largest

art network in the world.

“Seeing what other branches and institutions are doing is very inspiring. Both India and Albania have large, high-quality events with people gathering from all over the world in celebration of art and watercolors. Eventually, I would like to include demonstrations and workshops, perhaps even with master artists from the international community.”

The Western Gateway Park Foundation has been key in allowing this event to take place, providing the use of the park and making it possible to raise funds to put on events for the community.

“This year we received quite a bit of support from our local community. Ben Franklin, Tuff Grass, and both Wildwood Business Center I and II enabled us to help pay for the publicity and entertainment for this event. We are very grateful for them trusting us and allowing us to put together an art event for the community.”

Along with local food vendors, including the trending Thai Chic, the festival will have live music from local musicians Amanda Gray-Bonham and the Jason Wilkes band. It is certain to be a wonderful event with something for everybody.



Submitted photos

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LWA OFFICIAL NEWS

Final Approval

At the Board of Directors Meeting on March 8, 2023, the Board reviewed the proposed changes to **SECTION 8, PUBLIC WORKS** which have the **purpose** to reorganize the section on Public Works and to harmonize the procurement and contracting provisions of Rules R-1.70.10, R-4.20.50 and Section 8. (*R-4.20.50 is not included here as it was processed with the Finance Rules*); and **effect** that it will clarify maintenance standards, Lake maintenance and health standards, and Owner vs. Association responsibilities for maintenance. The Board decided to proceed with publishing these proposed changes on the website for Membership review, with notice of proposed Rule Change published in the April 7, 2023 edition of *The Wildwood Independent*. **At the May 10, 2023 Board of Directors Meeting, the Board voted to approve the above-mentioned changes to be effective immediately.**

LWA OFFICIAL NEWS

Preparing To Serve on The Lake Wildwood Board of Directors

By Tom Cross  
Seminar Facilitator and Past Board President

Serving on the Lake Wildwood Board is a privilege and an important responsibility. Aside from being accountable for the fiscal integrity of the Association, Board Members must also “... provide all types of services, facilities, and improvements deemed useful, beneficial, and helpful to said owners, to enforce restrictions, conditions, liens, charges, and covenants pertaining to said real property, ...”

To help Members prepare to run for the Board a “Seminar for Future Board Members” was offered and attended by Jeff Durflinger, Joe Metzler, Belinda Metzler, Jeff Peters, and Jesse Villarreal. This required them to take an online “Board Leader Certificate Course” offered by the Community Associations Institute, study the Governing Documents for the Association, learn about Davis- Stirling which is the State Law for Home Owner Associations, and delve into the Financials including Operating Expenses, Replacement Reserves, and Capital expenditure. This depth of knowledge provides a solid foundation and is very beneficial to being an effective Member of the Board.

Having qualified and committed Board Members provides a degree of assurance that your investment in Lake Wildwood is sound, the environment is beautiful, and the Amenities are enjoyable!



Courtesy photo | Seminar attendees Jeff Durflinger, Joe Metzler, Belinda Metzler, Jeff Peters, and Jesse Villarreal.



Courtesy photo | Seminar for Future Board Members, led by Tom Cross (far right).

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LWA OFFICIAL NEWS

# Firewise Together Fundraiser

LWA GENERAL MANAGER



Bryan Cox

Lake Wildwood is pleased to welcome the Fire Safe Council of Nevada County’s “Firewise Together” fundraiser which will be held at Commodore Park on June 3, 2023. All profits from the fundraiser will go to Firewise Communities throughout Nevada County to

support the vital work they do to reduce wildfire hazards for their residents.

Nevada County has more Firewise communities than any other county in the nation and Lake Wildwood is proud to be both the oldest and largest in our county. The National Fire Protection Agency grants the Firewise designation to communities which establish and maintain a board or committee of volunteers who create a wildfire risk assessment and a three-year action plan of activities and education to reduce wildfire risk in their communities. Firewise communities must invest a minimum of one hour per dwelling per year. For Lake Wildwood that amounts to nearly 3,000 hours per year which are made up by association efforts such as our fire management operations as well as the tireless efforts of the volunteers on our Fire Wise Committee.

The benefit will provide a full day of fun from 1 p.m. to 9 p.m. with afternoon lawn games followed by a happy hour, a western BBQ dinner catered by Bill’s Chuckwagon, both silent and live auctions, and a live band. Tickets start at \$75. You can learn more and purchase tickets at [www.areyoufiresafe.com/fundraising](http://www.areyoufiresafe.com/fundraising).

LWA OFFICIAL NEWS

# LWA Annual Picnic

*May 27, 2023, 10 a.m. to 2 p.m. at Commodore Park*

Lake Wildwood Members, please join us for the Lake Wildwood Annual Picnic on Saturday, May 27, 2023, from 10 a.m. to 2 p.m. at Commodore Park. The event is free. New this year—tickets will be needed for food and beverage, see below for details.

We will have two water slides for children to enjoy, one for 5 years of age and under, and one for ages 5 and up—be sure to bring towels and wear swim attire to have fun on the slides!

- LWA Members can pick up their tickets for free food and beverages (up to four free F&B tickets per household). Please look for our ticket booth:
  - at Commodore Park on Saturday, May 20 and Sunday, May 21 (time TBD – see next edition of *eBits* for info!).
  - F&B tickets will also be available for pick up at the Annual Picnic.
- Additional F&B tickets may be purchased at the Picnic for \$10/each.
- The ticket entitles the bearer to two hot food items, two beverages, and one Lazy Dog Ice Cream item. We will have freshly cooked hamburgers and hot dogs, beverages including beer and wine, plus, of course, everybody’s favorite, LAZY DOG ICE CREAM!

• You will also have a chance to learn about our many Clubs that cover most every interest and our many Committees who report to the LWA Board and enhance our community life. During the Picnic our Lake Wildwood artists and photographers will display their work and compete for recognition.

• At 1:30 p.m. we will announce the Citizen of the Year and honor all the nominees. In addition, the Art Club will announce the winners of the Art and Photography contest.

Reminder, all outside guests of Members must be called in.

We have increased availability of disabled parking which will be located on the baseball field.

Festivities begin at 10 a.m., and the gathering to announce the awards begins at 1:30 p.m. Make plans now to attend!

# Happy Spring

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# Mother's Day 2023

CATHY'S SPACE



Cathy Fagan

May is the month to celebrate motherhood, and our thoughts turn to ways to show mom how much we appreciate the care and love she showered on us throughout our lives. That's what moms do. They set aside their personal needs and wants to make sure their families are fed, clothed, educated, and stay safe.

There's no better way to honor our moms than to give help to the young families in our area who are in need of a little support and encouragement. This is even more important at this time when so many are not working, and others are not eligible for government funds.

Please make a donation in mom's name to the Nevada County Diaper Project. \$30 will provide a two-week supply of diapers for one baby.

Mail your donation along with mom's name (living or deceased) to P.O. Box 912, Penn Valley, CA 95946. Holiday Market shoppers can also donate their WOW points to the diaper project. For each 1,000 points, \$20 is available to purchase diapers. This is a true win/win situation for all moms during the month of May and for days to come.

And, as we celebrated the virtues of motherhood this past Mother's Day, let us also make this a celebration of all of the women in the world who make sacrifices and contributions that result in a sustainable, inhabitable planet.

Women have always been nurturers, peacemakers, and caregivers. As they take on more leadership roles in all countries of the world, let us hope those traits can finally give us all what we so desperately want: Peace on Earth.

# A Letter to Boas

Y'THINK?



Alex Alexander

About fifteen years ago, my wife, Ali, sponsored a young African through his college education. We've kept in touch with him like he was a distant son. Boas Fernando was born in the African bush, in Angola. His early education happened evenings, around a communal campfire, where he learned from his tribal elders how to hunt, fish, farm, and deal with tribal life.

In 1991, when the Angolan civil war reached his village, Boas and his family were forced to flee.

They walked, barefoot, for more than two weeks, through the bush, ultimately reaching a refugee settlement in neighboring Zambia, their home for the next dozen years or so. Boas was discovered in that refugee settlement by a young American social worker, and through an unlikely chain of events, came to the attention of Ali, who jumped at the chance to help this promising young African earn a college degree. Ali financed his education and encouraged Boas by mail, never meeting him face-to-face, yet growing fonder of him with each passing year. He calls her "Mama Ali."

We finally met Boas when he ventured to America in 2013, the year of his thirtieth birthday. When he saw Lake Wildwood, in the Sierra Nevada foothills of California, his question was, "Are there crocodiles?"

Boas is an interesting mix of sophistication and wisdom, tempered by an endearing naiveté. If you're interested, you can read his memoir, *The Happiness of Misery, A Life Made Out of the Dust of Meheba Refugee Settlement*. It's already a remarkable story, and Boas will have many decades to write the rest of it.

The point of this column is not to tell Boas' life story, but to make a broader point that may be relevant to all of us. Let me set it up this way: In his early years, in college and for a very few years afterwards, Boas was an idealist.

Continued on Page 14

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# Lake Wildwood Yacht Club's Opening Day Parade & BBQ Picnic

Submitted by the Lake Wildwood Yacht Club

"Lake Wildwood: Home of the Free Because of the Brave," is the theme for Lake Wildwood Yacht Club's Opening Day Parade and BBQ Picnic being held on Memorial Day, **Monday, May 29, 2023**. As a tribute to our Veterans, we are asking the newly formed Lake Wildwood Veterans Club and all Lake Wildwood Veterans or Active Duty Military to ride in our boats (limited seats available) during the parade and join us for our BBQ picnic in Commodore Park. The Boat Parade is 10:30 a.m.-noon.

It's official! Towards the end of the Parade, Two USAF T38 aircraft will fly over the lake. We'll want to be out there (lake or land) waving flags to show the pilots our appreciation and thank all military for their service. Flyover time **between 11 a.m. and noon**.

During Lake Wildwood Yacht Club's Picnic in Commodore Park, The Veterans Club will make a presentation to pay tribute to our fallen soldiers and thank all veterans and active-duty military for their service. The picnic is from **1 p.m. – 4 p.m.** PK & Pray will be playing their lively music too!

For more information about the Yacht Club Opening Day Parade & Picnic, call Virginia Gompertz at 925-250-6848.

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# Veteran Recognition on July 4<sup>th</sup>

Submitted by the LWA Social Committee



Courtesy photo

The Lake Wildwood Social Committee is seeking nominations for this year’s July 4th Veteran Recognition Ceremony. Your help in finding this year’s honoree is needed. Please take a moment and nominate a Lake Wildwood resident who has served in the armed forces, has contributed to the betterment or enhancement of our community, and can be saluted at our ceremony on Independence Day. A brief description of why you believe the individual should be selected would be appreciated. Nomination forms may be downloaded from the Association website or submit your nomination to phillipgarcia6478@comcast.net or return them via the Administration drop box NLT June 1, 2023. Thank you for your thoughtful response.

# Citizens Who Care and Charitable Donations

Submitted by Bob Martin, Citizens Who Care Club

Have you all noticed this Spring that the view on the Highway 20 drive to and from Grass Valley is really beautiful? That is due to two factors. First, CalTrans has done a wonderful job of trimming and removing brush on the shoulders of the road thereby both improving the view while reducing wildfire danger.

Then there are the folks, your friends and neighbors, in the LWA Club Citizens Who Care who make a major contribution. Those in California’s Adopt-A-Highway program are nearing the end of their 22nd year of litter pickup on 12.18 miles of Highway 20 from Highway 49 to the Nevada County line and those in Nevada County’s Adopt-A-Road program who are nearing the end of their 21st year of litter pickup on the 4 ½ miles of Pleasant Valley Road from LWA’s North Gate to the traffic signal at Hwy 20. The combined effort of CalTrans and CWC has really improved the scenery.

In about October of 2021, CalTrans instituted a program where they pay Adopt-A-Highway groups a fee, or stipend, for their monthly efforts of litter pickup, Citizens Who Care is the adopter of five sites on Highway 20 and, in addition, two Park & Ride Lots, the one at Rough & Ready and Highway 20 and the one at the intersection of Highway 20 and Pleasant Valley Road. All together our monthly stipend payments yield \$1,500 or \$18,000 per year.

Some time ago, the club decided that we would donate a major portion of our stipend income to local charities. This Spring, Mike Baca conducted a survey of the club’s membership in order to select those charities for our first donation. On Friday April 14 and Monday April 16, Mike and I began the first distribution of donation checks totaling \$14,500. Here is the list of recipients:

- Food Bank of Nevada County - \$2,000
- Gold Country Community Services - \$2,000



Courtesy photo

Continued on Page 13

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# Get Ready for a Summer and Fall of Great Rock and Roll!

Submitted by the LWA Social Committee

The Performing Arts Group of the Social Committee is excited to announce this summer and fall's concert schedule. Our "Music By The Lake" series kicks off with the return of "Viva Santana" on May 27. Tickets are currently on sale online (see *eBits* for link). Other concerts in the series include "Chicago Tribute" on June 24. "One of These Nights" will bring the music of the Eagles on July 29. Put a flower in your hair and groove to the sounds of "60's Summer of Love" on August 26. Our last concert of the series features the sounds of "Creedence Clearwater Revival" and "Bob Seger". "CCsegeR" will set the stage at Commodore Park on fire on September 30. Watch *eBits*, Penn Valley/Lake Wildwood Facebook Page or NextDoor for concert and ticket information.

Last winter, we transformed the "Cedar Room" into Nevada County's hottest nightclub, "Mulligan's"! We have a tremendous line-up of great rock and roll slated, starting on June 3 with the "Iron Ridge Blues and Classic Rock Band". Next up on July 7 is the "Star People Band". In August, we have two great bands! On August 4 Lake Wildwood's favorites "PK and Pray" will rock out featuring their new horn



Photo by Lorie Dana

section. On August 11 "Chicks In Black" will feature the sounds of the best female rockers. "Moore's Code" will finally perform at Mulligan's on September 1, after their initial performance was snowed out last February! On October 21 the "Edgetones" will grace the stage at "Mulligan's". Concert and ticket information will also be available via *eBits* and posted to Penn Valley/Lake Wildwood Facebook page as well as NextDoor. Mark your calendars now, so you don't miss any of the fun!

# A Gilligan's Island Luau

Submitted by The Lake Wildwood Yacht Club

Join the crew of the S.S. Minnow and the Lake Wildwood Yacht Club on Saturday, June 17, 2023 from 4-8 p.m. at Hideaway Park for A Gilligan's Island Luau.

Enjoy games, activities, music, and dancing while your taste buds delight with either chicken satay or grilled tri-tip, each served with all the fixings. Water and non-alcoholic luau punch provided or bring your favorite beverage.

Come dressed as your favorite Gilligan's Island character and compete to win the best costume grand prize of an overnight, ocean view room at the InterContinental The Clement Monterey.

\$30 per Lake Wildwood Yacht Club Member or \$35 per guest secures your luau attendance. Complete the form with payment by Saturday, June 3.

Limited parking (and seating) at Hideaway Park, please consider driving your golf cart or carpooling and bringing a lawn chair.

Contact Suzanne Murdoch at [suzannemurdoch111@gmail.com](mailto:suzannemurdoch111@gmail.com) for more info.



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SPORTS

# Enjoying Your Golf Course

By Dave Doench, Golf Course Ambassador  
AKA “The Evening Marshal”

Well, wouldn't you know it! Just when I removed the covers from my golf cart and got my shorts ready to wear, it turns cold again and starts raining again! What the heck is this strange weather all about? This is the month of May. April showers bring May flowers, not rain! Oh well, we really needed the rain! But believe it or not, Bill Hamilton is asking the rain to stop. I never thought I would have heard that!

During my years Marshaling on the course, I have been given or found many golf clubs left on the course, usually on or near the greens. Most of us receive small address labels in the mail and I suggest you put them on your golf clubs just below the grip. A great method to identify them as yours!

Be aware of your surroundings when on the golf course! As amateurs we do not always know where that ball will go. The safest place is to stay behind the golfer hitting the ball, not in front!

Anyone keeping score should leave the green and proceed to the next tee to ask and record the scores of fellow golfers. This will allow the golfers behind them to approach the green safely with their shots. This also helps with pace of play!

And speaking of pace of play, please try to keep up to the group playing in front of you. Be ready to hit your shot when it is your turn!

Just a couple of friendly reminders: Walkers are only permitted on the cart paths from dawn to dusk except when the course is in play. When golfers are present, walkers must exit the course by the most expeditious route available.

Dogs are not permitted on the golf course at any time, except registered “goose dogs” displaying appropriate identifiable scarves.

Better weather is just around the corner, at least I am hoping! Have fun, hit them straight, and play well!

SPORTS

# Men's Niners Monthly Golf Tournament

Submitted by Chuck Talley

Finally, after many cancellations, the Men's Niners finally had a monthly golf tournament. Our April 24 tournament was a team Cha-Cha-Cha format: 61 Players took the Course. Two flights, eight teams in each.

The team's score for each hole will be as follows:

- The first hole will be the total of the three lowest gross scores in the group.- Cha.
- The next hole will be the total of the two lowest gross scores. - Cha
- The next hole will be the single lowest score. – Cha
- Repeat.

**Flight #1 (white tees) Winners:**  
**First Place:** Bernie Theobald, Scott Nelson, Bruce Feldman, Blind\*—79  
**Second Place:** Tim Lawvwr, Dave Nelson, Ray MacIntyre, Mike Baca—83  
**Third Place-two way tie:** Mike Stratman, Pat Beauregard, Marv Amaral, Joe Mutascio—85  
Bill Mann, Hank Weston, Dan Torjusen, Tim Johnson—85

**Flight #2 (green tees) winners:**  
**First Place:** Gary Gilliland, Terry Bichlmeier, Keith Dean, Blind\*—87



Courtesy photo | Action at the scorer's table.

**Second Place:** Tim Flowers, Dick Mahoney, Vince DeFrank, Terry Thies—93  
**Third Place:** Scott Payton, Joe Metzler, Fred Heisler, John Grabowski—94

*\*Blind Score: Used to complete a foursome in even of a late scratch or no show. Selected at random from players with a similar TAS.*

**Two Closest to the Pin:**  
Hole #3: Bob Chappell 17”6”  
Hole #9: Pablo Velasco 6”0”

Afterward we retreated to the 19th Hole for libations. The March cancelled tournament will be rescheduled in May. Next Tournament scheduled for May 16, Skins format.



Memorial Day marks a solemn occasion when we can respectfully honor those who died during service to our country. At Hooper & Weaver Mortuary, we pay tribute to our country's fallen heroes with a veteran's flag display at each of our cemeteries, beginning Friday, May 26 thru Memorial Day, Monday, May 29.

Please call 530-265-2429 for more information or for directions to Greenwood Memorial Gardens Cemetery, New Elm Ridge Cemetery, Sierra Memorial Lawn Cemetery, Forest View Cemetery, and Pine Grove Cemetery.

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## SPORTS

## The Lake Wildwood Tennis Club

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## Local Tennis

Unfortunately, the Lake Wildwood Tennis Club had to cancel the Poker Tennis Event that was scheduled to be held on Saturday, May 6, due to a lingering spring rainy day. However, all was not lost! The Tennis Club board still provided a delicious luncheon so that all who had signed up could enjoy a fun social event together. The event even ended with a couple of hands of poker with the winning hands taking home the

prizes. Winners in the first round of poker included Lou Ann Swartz and Steve Eubanks, with Bill Lambert in third place. The second round yielded winners of Steve Eubanks and Fred Bell. (We think Steve should head to Vegas!). The Tennis Club would like to thank everyone who helped with the event from set-up to buying and preparing the food, to clean up. What a great team we have!

Please join the Tennis Club in welcoming its newest members—Farris and Susi Galyon!

Reminders: Junior Tennis Camp sessions with Jordan Walker are now open for registration. These sessions run across June, July, and August and fill up fast! Sign-up forms are available at the Community Center and at the North Gate Tennis Complex.

Mark your calendars—the North Gate Tennis courts are scheduled to be resurfaced June 5-9 and will therefore, be closed. Court 2 will be priority for tennis for reservations during this time. It will be inconvenient but is certainly much needed.

Also, Tuesday drop-in day continues at 9 a.m. All levels are welcome!

## World Tennis

The French Open, held at Roland-Garros, is the next of the four major Grand Slam tennis tournaments of the 2023 year. (The four include: Australian Open, held in January; The French Open held in May-June; Wimbledon, held in June-July in England; and the U.S. Open, held in August-September in New York.) Qualifying play begins on Monday, May 22, while the main draw starts on Sunday, May 28. The men's and women's singles finals are on the weekend of June 10. Last year, the men's singles champion was Rafael Nadal from Spain (who took his 14th French Open win in 2022). The women's champion was Iga Swiatek from Poland is currently ranked number one in the world.

## Tennis Tidbit

Some may wonder—what is this “qualifying” round I hear about with major tennis tournaments? Tennis tournament qualifying is a process that allows players to gain entry into a professional tennis tournament. Qualifying is typically held prior to the main draw and is a way for lower-ranked players to gain access to a tournament. To qualify for a Grand Slam tennis tournament, a player must first earn a certain number of points by competing in other tournaments throughout the year. Players must earn enough points to be ranked in the top 256 in the world in order to be eligible to compete. To do this, players must first enter what are called “qualifying tournaments”. These are smaller tournaments that typically take place a week or two just prior to the Grand Slam tournament.

With the warmer weather we hope to see you on the courts!



Photo by Sue Cook

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SPORTS

# Wildwood Putters off to a Rainy Start

By Linda Brown  
Wildwood Putters

The Wildwood Putters began their 2023 tournament season on May 4. Unfortunately, because of rain and a wet putting green, the first tournament had to be cancelled. As a reminder, sign-ups will be taken throughout the season on Thursdays by the Clubhouse Putting Green starting at 8:45 a.m. with play beginning at 9 a.m. Cost to sign up is \$5 and \$1 each time you play. Correct change is appreciated.

NOTE: There is no tournament play on June 1 & 8 due to Invitational Tournaments.

Putters is open to any women in Lake Wildwood who would like to spend an hour outdoors each week in the company of people who like to have fun and improve their putting skills. Perfect for new golfers, seasoned golfers, retired golfers, and even non-golfers. Bring a putter and one golf ball. This is a great way to meet new people!



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SPORTS

# Friends Show Up on a Perfect Day

TEETALK



John  
Dickerson

The Lake Wildwood Women's Golf Club held their April Friends Day late last month on what turned out to be a beautiful sunny day... Note: That's that big bright shiny hot thing that we've seen only occasionally this spring.

The warm sunshine and great golf course conditions brought out some hot shots including Birdies by Penelope Crumpley (2), Joan Dickerson, Karen Price, Trish Willard, Verda "Keep on Truckin" Powers, and Jody Bond. Penelope Crumpley followed up with a nice Chip-in along with Patty Egge, Karen Price, Verda Powers (2), Maggie Popplewell, and Judy Pennington.

Friends Cha Cha Cha Results

Flight One

- 1st Place Team – Brzezinski, Mason, Thornton, Fahey
- 2nd Place Team – Twohig, Baca, Shatto, Dietrich
- 3rd Place Team – Willard, Linney, Lujan, Mazzocco

Flight Two

- 1st Place Team – Buford, Zemetra, Pray, Mortara
- 2nd Place Team – Pucci, Thode, Szyper, Frazier-Hart
- 3rd Place Team – Sammon, Morello, Cornwell, Texeira

May competition started earlier this month with the first round of the Queen Bee Tournament. The format for this two-day, net partner's tournament is Both balls for Round One and Best Ball of the two-some for Round Two. Results for Round Two and Overall were too late for this edition.

The blustery conditions didn't stop some great play with Birdies by Patty Linney, Ami Lujan, Pe-

nelope Crumpley, Karen Price, Kalli Brzezinski, and Mo Mazzocco. Chip-ins by Maddi Graham, Jody Bond, Penelope Crumpley, Bridget Buford, Nina Quintal, Connie Berg, and Liz Simpson added some highlight to the days play.

Queen Bee First Round Results

Flight One

- 1st Place – Mo Mazzocco & Janice Pucci; 2nd Place – Penelope Crumpley & Joan Dickerson; 3rd Place – Chris Fridman & Sandy Thornton

Flight Two

- 1st Place – Maria Fahey & Dianna Mortara; 2nd Place - Amy Lujan & Judy Pennington; 3rd Place - Kay Gilbert & Terri Mesple

Flight Three

- 1st Place – Jerri Morello & Verda Powers; 2nd Place – Shari Davis & Sandy Sammon; 3rd Place – Mary Allred & Linda Thode

Famous Golf Quotes

"If profanity had an influence on the flight of the ball, the game of golf would be played far better than it is."

-Horace G. Hutchinson

The Lake Wildwood Women's Golf Club plays weekly on Thursday mornings and is always looking for new members who enjoy some friendly 18-hole competition. If you are a woman resident of Lake Wildwood and want to play golf with some fun gals, contact Patti Egge at (530) 432-3545 for details on how to join.

Club-related information and success stories about members who did well at an Away Day or Invitational can be sent to jbd3886@gmail.com. The deadline for the next issue is May 24. Your help makes this article possible. Keep smiling and stay healthy... We'll see you on the Green!



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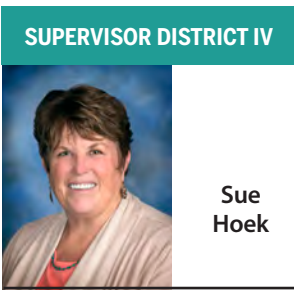
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# Teamwork

## District 4 May Update from Supervisor Sue Hoek



bris-burning/ Otherwise, make use of one of the upcoming free green waste disposal events. Stay safe!

### District 4 Town Hall Scheduled for June 15 from 6-8 p.m.

Come join me on Thursday, June 15 from 6 to 8 p.m. at the Penn Valley Fire Station on Spenceville Road for a District 4 town hall event hosted by the Penn Valley Municipal Advisory Council (PV MAC). Lazy Dog Chocolateria will be serving free ice cream and we'll have speakers addressing the following topics:

- Wildfire and emergency preparedness
- Penn Valley and Rough and Ready Fire District changes
- Homelessness and animal control
- Expanding high-speed internet
- Changes at McCourtney Road Transfer Station
- Open Q&A and discussion from you

The PV MAC is a formal council appointed by the District 4 Supervisor, which advises that supervisor, the Planning Department and Board of Supervisors on development and land use issues that are located within District 4 boundaries that are also within either the Western Gateway Parks and Recreation District or the Penn Valley Fire District.

Please RSVP so I know how much ice cream to bring: 530-265-1480 or [bdofsupervisors@nevadacountyca.gov](mailto:bdofsupervisors@nevadacountyca.gov). And watch for an announcement about a town hall in North San Juan, date to be determined.

### Nevada County Releases RFQ for County Café

Nevada County is inviting proposals from qualified vendors, individuals and/or businesses to enter into a lease agreement and establish a business within the County Café space located inside the Eric Rood Administrative Building (ERAC).

Food selection should reflect a nutritional, high quality, cost effective, and an innovative menu. These services must be provided to meet the needs and desires of the customers who will patronize the business, which include, but are not limited to county staff, members of the public, library patrons, and any other customers who choose to support the selected entity for this space.

The selected vendor must maintain consistent hours of operation between 7 a.m. and 3 p.m. Monday through Friday. In addition, the selected vendor is expected to work cooperatively with the Facilities Maintenance Division to compliment the division's goals and objectives to enhance the County Café by providing healthy food options, environmentally friendly containers, and enhancing the space for a comfortable and welcoming experience for staff and community members.

The proposal submission deadline is May 31 before 5 p.m. See the Request for Qualifications (RFQ) for full details, including a description of the scope of work, proposal requirements, and instructions for submitting your proposal: <https://www.nevadacountyca.gov/734/Purchasing>.

### Nevada County Agriculture Commissioner Chris de Nijs Appointed to Federal National Wildlife Services

Nevada County's Agriculture Commissioner Chris de Nijs was appointed to the National Wildlife Services Advisory Committee, which advises the U.S. Department of Agriculture (USDA) Secretary Thomas Vilsack on recommendations for policies and activities for the USDA's Wildlife Services (WS) program.

"This means rural foothill agricultural producers truly have a voice at the federal level. I look forward to working with the many diverse stakeholders that depend on the Wildlife Services program and providing meaningful input to help them better accomplish their respective work," explained Chris de Nijs. "As the only person selected from the State of California, this is a huge honor and very humbling."

National Wildlife Services Advisory Committee nominees are selected to represent program stakeholders, including academia, airport safety, farming, and livestock producers, and state wildlife agencies, among other interest groups. The NWSAC serves as an open forum for diverse interests to have a voice in the policies, guidance, and strategic planning for WS.

### Nevada County Breaks Ground on McCourtney Road Transfer Station Improvement Project

On May 1, Nevada County Supervisor Hoek and county staff broke ground on the McCourtney Road Transfer Station (MRTS) Improvement Project, along with Bobo Construction, Hansen Brothers Enterprise, and Waste Management. This project will repurpose the existing transfer station's footprint to accommodate increased traffic and demand for recycling and solid waste services and help the county meet the current state mandate for organic food waste collection and diversion.

Construction is planned through the fall of 2024. Customers will be able to check the MRTS camera for live traffic conditions.

#### Planned improvements include:

- Quick and easy site access.
- Plenty of unloading stalls with a new transfer station building.
- Improved access to Household Hazardous Waste and recycling facilities.
- Improved areas for green waste, construction, and demolition.
- Food waste diversion facility to comply with California state regulations.
- New public receiving area to maximize flexibility for known and unknown needs for the next 30 years.

The project will cost \$22 million over two years and has been included in the County's Capital Facilities Plan since 2012. Over \$4 million in taxpayer dollars were saved by making minimal reductions to the project's scope and rebidding the project in November 2022.

To see the complete project timeline and project design assets, visit [NevadaCountyCA.gov/MRTS](http://NevadaCountyCA.gov/MRTS).

### Nevada County Environmental Health Announces 2023 Mosquito Fish Giveaway Days

The Nevada County's Environmental Health Department announces five Mosquito Fish Giveaways, on Thursdays May 25, June 8, June 22, and July 6.

"Mosquito fish consume a lot of insect larvae in ponds or other standing bodies of water," explained Amy Irani, Environmental Health Director. "By reducing the mosquito population in larvae form, you can reduce the mosquito population and your risk of contracting mosquito-borne diseases, including the West Nile Virus. My team also wants to remind folks to check and remove standing water from pots, bins, buckets, and tires. We all play a role in reducing the risk of infection."

#### Details

Time: 10 a.m. to 12 p.m.  
Location: In the Eric Rood Administrative Building Parking Lot (950 Maidu Ave, Nevada City)

#### How to Participate:

- Drive-thru pick-ups only; please remain in your car. Containers will be provided to take the fish home safely.
- The mosquito fish must be delivered to your pond within two hours. The fish will eat mosquito larvae in ponds, watering troughs, birdbaths, and unused swimming pools.

### Free Residential Green Waste Disposal Returns to Nevada County

The Fire Safe Council of Nevada County, in partnership with the County of Nevada Office of Emergency Services and CAL FIRE, are hosting FREE self-service green waste disposal, and wood chip pick-up. As storm recovery continues, residents are encouraged to take advantage of this popular program. Defensible space guidance can be found at [www.areyoufiresafe.com/ready/defensible-space](http://www.areyoufiresafe.com/ready/defensible-space).

When:  
May 28, 29  
June 11, 12, 25, 26

8 a.m. to 3 p.m. each day

Where:  
12625 Brunswick Rd  
Grass Valley, CA 95945

Acceptable green waste: biomass consisting of all tree and plant trimmings, weeds, leaves, branches, and pine needles.

Unacceptable items: Scotch broom, poison oak, Himalayan blackberry, items with a diameter greater than 28 inches, tree stumps, and root balls. Absolutely no household waste or trash.

This is a community-wide effort. Please monitor what is being loaded for drop-off and be willing to share your Nevada County residential address. Those interested in volunteering should contact Fire Safe Council of Nevada County at [max.foster@areyoufiresafe.com](mailto:max.foster@areyoufiresafe.com).

#### Events

- Upcoming meetings of the Board of Supervisors (BOS):
  - May 23, June 13, and June 27
- Food bank, Thursdays 9:30 to 11:30 a.m., Penn Valley Seventh-Day Adventist Church
- Penn Valley Library events:
  - Story Time, every Tuesday at 10:30 a.m.
  - Lego Club, every Wednesday at 3 p.m.
  - PAWS to Read, every other Tuesday at 3 p.m.
  - June 1 and 29 at 1 p.m., Penn Valley Page Turners

#### Book Club Meeting

- May 27 at 6 p.m., Nevada County Reads Book Discussion: "Interior Chinatown"
- District 4 Town Hall hosted by the Penn Valley MAC, June 15 from 6-8 p.m. at the Penn Valley Fire Station on Spenceville Road
- Penn Valley Rodeo, May 19-20
- Penn Valley Rodeo Parade, May 20 at 3 p.m.
- Firewise Together Fundraiser, June 3, 1 p.m. to 9 p.m., Lake Wildwood's Commodore Park

And that's a wrap on my May update. See you at the rodeo!  
As always, please reach out if you have questions, concerns, or ideas you'd like to share with me: 530-265-1480 or [Sue.Hoek@nevadacountyca.gov](mailto:Sue.Hoek@nevadacountyca.gov).

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Y'THINK

From page 6

He wanted to make a difference for Africa. But he became disillusioned, seeing nothing but corruption in his government, and learning of the personal dangers associated with trying to make significant changes. So he resigned himself to a career as a businessman, and as a responsible family man and father.

Lately his desire to serve a purpose greater than himself has been resurfacing. I hope to encourage it, in part with the following letter. There is a lot of gentle power in this still-young man. He is one of those who has the potential to make significant changes and positively affect many lives...make a difference, as we say. He knows he's smart, ambitious, and hard-working. He knows he'll be successful, and he's right. But I'm not sure he knows his higher potential, so I've written the following letter to him.

Dear Boas,

Mama Ali and I think of you often. A favorite memory is the time we visited with you when you were at Drake University, as one of the young African leaders selected for President Obama's Mandela-Washington Fellowship. One afternoon, we watched as you interacted with the other fellows at one of the leisure events. Ali and I were deeply impressed by the caliber of young women and men we met, but we were most impressed by you. Without intending to, you stood out from all those high-achievers, and they treated you with great respect. Seeing you among them made me think of Nelson Mandela. I'm not saying you are another Mandela, but I am saying that you share some of his spirit, and others respond to that spirit.

Even though you are aware of your talents and possibilities, you are also in many ways humble. I worry that your humble side may cause you to lose sight of your full potential for doing good in the world, and for that reason I want to remind you of

what Nelson Mandela said:

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure... We ask ourselves, who am I to be brilliant, gorgeous, talented and fabulous? Actually, who are you not to be? You are a child of God. Your playing small doesn't serve the world."

So, here's my advice: You have gifts that others don't. Use them. Depend on them. And in those times when you feel small, know that you are a spiritual brother to Nelson Mandela, and let that motivate you to persevere. Whether or not you succeed in a cause that is greater than yourself, the effort is worth the best you can bring to it.

There is potential for greatness in you. Please share it with the world.

With great affection,  
Alex

So that's my letter to Boas. But why do I share it with you? It's because I believe that we all have the desire to do something for the greater good, but that most of us don't feel up to it. We're deterred by the risk of getting in over our heads and being overwhelmed by a task that is bigger than ourselves, or the embarrassment of failure, or maybe something as simple as not knowing where to start.

My thought is that the world—or at least the communities in which we live, or maybe just our families—would be better off if we could find it within ourselves to dare, at least a little bit, to be as "brilliant, gorgeous, talented and fabulous" as we possibly can.

Boas isn't the only one with the capacity to make the world a better place. To a greater or lesser degree, we all have that potential.

You can contact Alex at alex.ythink@gmail.com. His latest book, "Y'Think?: Essays about the Human Spirit" is available at Amazon.com.

CHARITY DONATION

From page 8

- Hospice of the Foothills - \$2,000
  - Wildlife Rehabilitation & Release - \$2,000
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  - Hospitality House - \$1,000
  - Scooters Pals - \$1,000
  - Nevada County Pets In Need - \$1,000
  - South Yuba River Citizens League (SYRCL) - \$1,000
  - Bear River Land Trust - \$1,000
  - The Lake Wildwood Fishing Club - \$250
  - The Lake Wildwood Garden Club - \$250
- Finally, as many of you know, members of Citizens Who Care also conduct a

CRV drive at the top of Minnow Way on the first Saturday of each month where you all donate aluminum cans, plastic bottles, and glass bottles labeled California Redemption Value. About every three months we take them by truck to Marysville where we redeem them for cash which we then donate to Interfaith Food Ministry (IFM) in Grass Valley.

To date and as of March 28, 2023, we have donated \$8,701 to IFM.

If you appreciate having clean roadsides and have friends and/or neighbors who are Adopt-A-Highway volunteers and/or Adopt-A-Road volunteers, let them know it.

Our club tries to maintain a small volunteer group known as floaters. They do not have permanent site assignments but, if available, are willing to fill in when a regular team member is ill, on vacation, or otherwise unavailable. If you would be willing to give this a try, please get in contact with one of us: Bob Martin (530-432-8892 or n142pb@comcast.net) & Mike Baca (530-205-9161 or m-mba-ca@comcast.net).



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## Paying the price to enjoy the outdoors: Allergy season ramps up

By Mary Beth TeSelle

If you find yourself sniffing, sneezing and rubbing your eyes a lot lately — you are not alone. While this year's allergy season has already been especially bad across most of the country, here in Nevada County we haven't seen the worst just yet.

Unfortunately, it will likely get worse for allergy sufferers before it gets better. Michael McCormick, MD, allergist at Alpine Allergy & Asthma Associates in Grass Valley, says the reason why is simple: Rain.

"This season has been different compared to most previous years because of the amount of rain we've had," Dr. McCormick says. "The rain helps the plants grow and release pollen in the spring, but when it rains, it also temporarily cleans the pollen out of the air."

For that reason, Dr. McCormick says we actually have not seen pollen counts as high as other places in the country. But don't expect this respite to last long. Dr. McCormick says once the rains end, it's anticipated we'll see a bumper crop of tree, grass and weed pollen — and that will likely spell misery for many in our community.

"Around the elevation of Grass Valley, we have more cedar trees," Dr. McCormick says. "These are unique because they pollenate in the winter season. The cedar pollen seemed lower this year because of the rain and snow. Lower elevations in the foothills have recently seen high levels of oak pollen. I'm afraid when the rain stops washing pollen out of the air we will see high levels of pollen and patients will feel it more."

Despite the slow start to the local allergy season, Dr. McCormick says he is still seeing patients affected by the pollen that we do have.

"I'm seeing flares in itching, sneezing, congestion and skin irritation around the eyes," he says. "Allergies are the number one trigger for asthma, so I'm also seeing a lot of patients coming in with coughing, wheezing, shortness of breath, and chest tightness. This is typical of the spring around here."

So, what can you do if you're experiencing the tell-tale signs of spring allergies? The first step, according to Dr. McCormick, is to try and nip it in the bud — literally.

"I always start with avoidance measures," he says. "Try to keep windows and doors closed at home and in the car. I know it's nice to bring 'fresh air' in at night, but it brings in pollen, too, which deposits on all the furniture and beds that we lay on."

Limiting time spent outdoors is also important when pollen counts are high. Dr. McCormick recommends visiting the National Allergy Bureau at [aaaai.org/nab](https://aaaai.org/nab) to track pollen levels in our area.

If you do spend time outdoors, be sure to shower and wash your hair before bed to remove the pollen that has collected on your hair and skin. It's also wise to wash bedding every week in hot water during the allergy season.

Dr. McCormick also recommends wearing a filter mask while mowing the lawn or gardening.

To help relieve symptoms, over the counter medications are a good first step and are readily available.



**A wet winter and spring have led to lush trees and grass in our area. This means an increase in pollen which can cause misery for allergy sufferers.**

"There are a variety of over-the-counter medications," Dr. McCormick explains. "Antihistamines treat itchy eyes and nose, and decrease a runny nose, sneezing and postnasal drip. But they don't do anything for nasal congestion or asthma. For those symptoms, you will need intranasal steroid sprays."

Dr. McCormick says that while nasal sprays may be unappealing for some people, these are excellent medications when used appropriately with the correct technique. (If a patient develops a bloody nose these should be stopped.)

While intranasal steroid sprays are safe and effective, oxymetazoline nasal spray should only be used for 3 days then stopped or a patient will develop dependence on it.

Saline nasal spray works well to clean the nose of pollen and animal dander.

Dr. McCormick says that if your symptoms are not relieved using over-the-counter measures or if you experience side effects from the medications or have chest symptoms, you should see your doctor.

Someone with chronic or severe symptoms can benefit from the care of an allergy specialist, who can help determine what your specific allergy triggers are.

"Pollen is not the only trigger of allergies in the spring season," Dr. McCormick explains. "Pet dander and mold also contribute to what we call 'The Cup Theory.' When you have enough of a combination of these allergens fill your cup, then it spills over and you feel you allergies."

An increasing number of allergy sufferers find relief through allergy desensitization — also known as allergy shots.

"Allergy shots decrease symptoms in up to 85% of patients," Dr. McCormick says. "They have been shown to decrease medication use in most patients. This works for asthma also. If taken long enough the beneficial effects of allergy shots can become permanent, which is nice for people who live in such a beautiful area as we do but are always exposed to pollen every year. We live in a beautiful part of the country, the plants like it too!"

Fortunately, while pollen is a fact of life in our area, allergy symptoms do not have to be. Talk to your doctor about a treatment plan to control your symptoms.

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