

The Girls Cross Country All-Stars

Emilia Smith, Attleboro

The Bombardier junior earns Sun Chronicle All-Star accolades in her first cross country campaign as she was one of the Hockomock League's elite harriers. Smith's best 5K time came at the Bob Glennon Twilight Invitational, an 18:47.7 mark that earned her 10th place in the varsity race. She also claimed second at the league championship (18:53.5), eighth at the MIAA Division 1 Championship (19:19.2) and 12th at the MIAA State Championship (19:15.0). The Bombardier junior was also a Hockomock League All-Star.

Lauren Augustyn, Bishop Feehan

You would be hard-pressed to find a local harrier who put up a better season than Augustyn. The Shamrock senior recorded a personal best 5K time at the Frank Kelley Invitational, an 18:44.1 mark good for fifth place. She also finished fifth at the Catholic Memorial Invitational (19:11.7), first at the Catholic Central League Championship (19:35.90), third at the MIAA Division 1 Championship (18:51.43) and eighth at the MIAA State Championship. A multi-time All-Star, Augustyn was also a Catholic Central League All-Star.

Ally Oram, Bishop Feehan

The youngest member of the Shamrocks' Sun Chronicle All-Stars, Oram was an instrumental figure for Bishop Feehan. Oram's personal best 5K time came at the MIAA State Championship, a 20:14.68 clip that earned her 54th place in a talented field of runners. The sophomore Catholic Central League All-Star also finished 32nd at the Frank Kelley Invitational (20:19.2), 27th at the Catholic Memorial Invitational (21:00.9), second at the Catholic Central League Championship (20:37.93) and 15th at the MIAA Division 1 Championship (20:23.06).

Eva Tynan, Bishop Feehan

A valued speedster on the Shamrock squad, Tynan's times over the last two seasons show remarkable consistency. The Bishop Feehan junior posted a personal best 5K time of 21:17.39 at the MIAA State Championship. She also ninth at the Catholic Central League Championship (22:34.24), and she posted sub-22-minute times at the Frank Kelley Invitational (21:24.6) and MIAA Division 1 Championship (21:25.08). She is also a Catholic Central League All-Star.

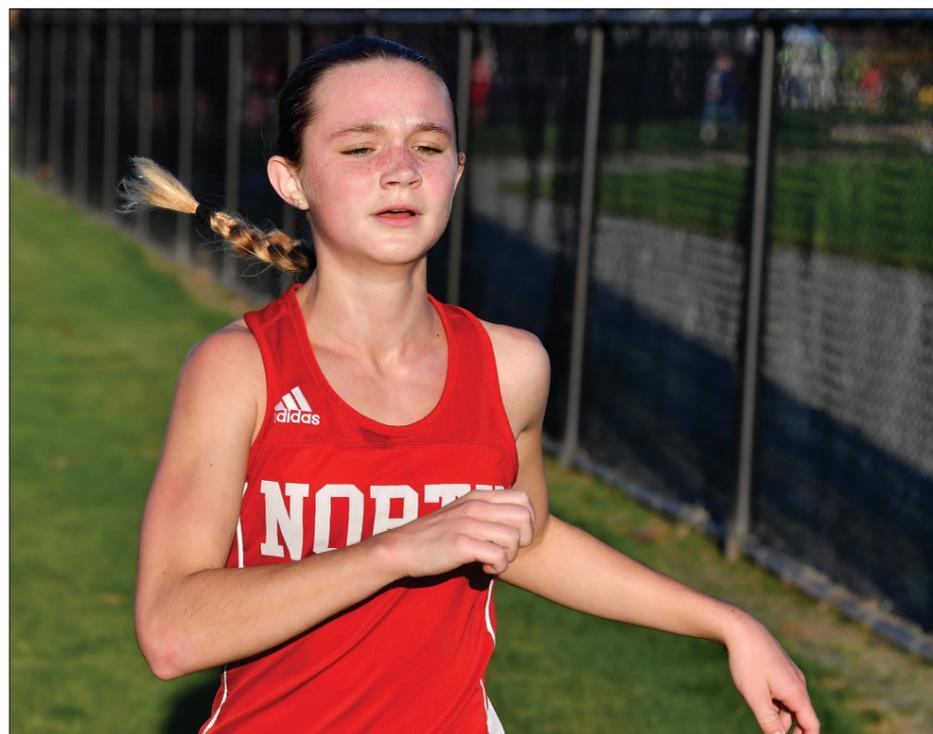
Cheyenne Kelley, King Philip

The Warrior junior saved some of her best races for late in the season, in addition to competing for the top spot throughout the dual meet season. Kelley's personal best 5K time came at the Bob Glennon Twilight Invitational, finishing sixth in the junior race with a 21:32.0 mark. She posted her next-best time at the MIAA Division 1 Championship, finishing her season strong with a 22:28.0 clip. Kelley also competes for the King Philip indoor and outdoor track and field teams in distance events.



MARK STOCKWELL / THE SUN CHRONICLE

Bishop Feehan High sophomore Ally Oram placed 15th at the MIAA Division 1 Championship and was second at the Catholic Central League Championship.



MARK STOCKWELL / THE SUN CHRONICLE

North Attleboro High junior Katie Galgoczy placed eighth at both the Hockomock League Championship and MIAA Division 1 Championship.

Anna Moore, Mansfield

Moore was the epitome of consistency for the Hornets. The Hornet senior and Hockomock League All-Star posted her season best 5K time at the Bob Glennon Twilight Invitational (20:00.4), earning 37th in the varsity race. In addition to pacing the Hornets throughout the dual meet season, Moore finished 18th at the Hockomock League Championship (21:26.5), 13th at the Frank Mooney Invitational (20:16.9), 44th at the MIAA Division 1 Championship (21:47.5) and 115th at the MIAA State Championship (21:08.3). Moore is a multi-time Sun Chronicle All-Star.

Norah Puleo, Mansfield

Puleo was a mainstay for the Hornets in her senior cross country season. The Mansfield harrier posted a personal best 5K time during the dual meet season, a 20:40.0 clip against Stoughton. She followed that up a couple weeks later with a 22nd place finish at the Hockomock League Championship (22:06.5) and also posted a 22:29.1 clip at the MIAA Division 1 Championship. Puleo also competes in multiple events for the Mansfield indoor and outdoor track and field teams.

Katie Galgoczy, North Attleboro

The Rocketeer junior peaked late in the season for her squad. The Hockomock

League All-Star logged a personal best 19:43.9 5K time at the Hockomock League Championship, good for eighth overall. She followed that up with another eighth-place performance at the MIAA Division 1 Championship (19:54.1) and a 20:07.0 mark at the MIAA State Championship. She also took 14th at the Ocean State Invitational (20:21.6). Galgoczy, a three-season runner, is a multi-time Sun Chronicle All-Star.

Molly Galgoczy, North Attleboro

Galgoczy was an instant contributor for the Rocketeers and another Hockomock League All-Star. The freshman posted her personal best 5K time at the Hockomock League Championship, a 19:56.6 mark to finish 10th — a distinct improvement from earlier season times. Galgoczy also finished 44th at the Ocean State Invitational (21:20.4), 18th at the MIAA Division 1 Championship (20:30.6) and 55th at the MIAA State Championship (20:15.9).

Liana Danubio, Norton

The talented Lancer sophomore delivered impressive times throughout the season. Danubio recorded her personal best 5K time at the MIAA Division 2 Championship, a 20:47.7 mark that was good for 20th place. She also finished 11th in the sophomore race at the Bob Glennon Twilight Invitational (21:13.4), 17th at the

Girls Cross Country All-Stars Roster

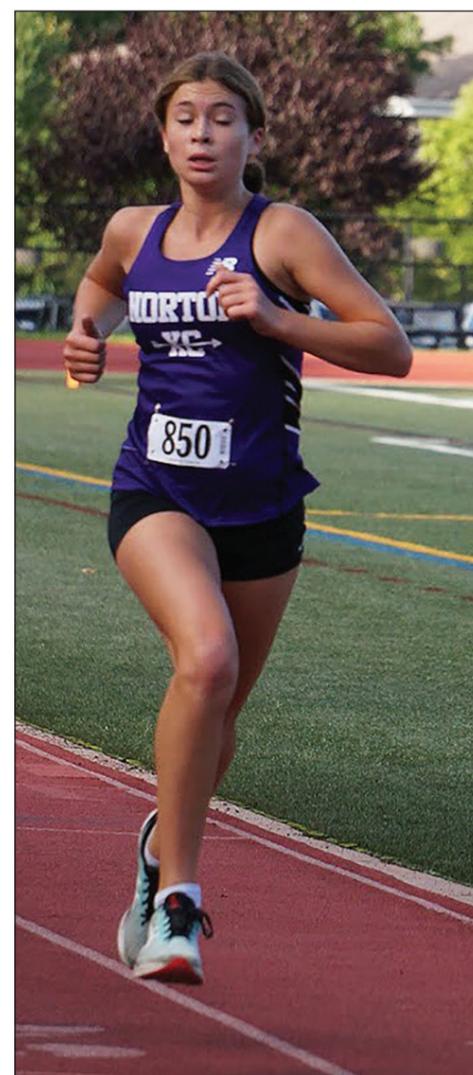
Name	School	Year
Emilia Smith	Attleboro	Junior
Lauren Augustyn	Bishop Feehan	Senior
Ally Oram	Bishop Feehan	Soph.
Eva Tynan	Bishop Feehan	Junior
Cheyenne Kelley	King Philip	Junior
Anna Moore	Mansfield	Senior
Norah Puleo	Mansfield	Senior
Katie Galgoczy	North Attleboro	Junior
Molly Galgoczy	North Attleboro	Fresh.
Liana Danubio	Norton	Soph.
Ceecee Goodwin	Norton	Fresh.
Molly McIntyre	Norton	Soph.

Honorable Mention

Attleboro: Kylee Browning, Alexa Frackelton
Bishop Feehan: Christia Assi, Noelle Salwierz
Dighton-Rehoboth: Jaelyn Johnson
Foxboro: Adriana Alberts
King Philip: Rachel Bailer, Keira Evans
Mansfield: Alex Petrova
North Attleboro: Ellie Fournier, Harper Sweeney, Lauren Hunt
Norton: Kiley Faucher, Adrianna Johnson
Seekonk: Sydney Amaral, Hannah Tadros, Emily Tonino

Our Selections

THE GIRLS CROSS COUNTRY ALL-STAR TEAM was selected with local coaches consulted for their recommendations.



NORTON HIGH CROSS COUNTRY COURTESY PHOTO

Norton High sophomore Molly McIntyre came in 25th at the MIAA Division 2 Championship.

Tri-Valley League Championship (21:04.0) and 57th at the MIAA State Championship (21:31.5). Danubio was also a Tri-Valley League All-Star.

Ceecee Goodwin, Norton

Only two freshmen girls earned their way onto The Sun Chronicle All-Star squad, and Goodwin's nod was well deserved. The Lancer rookie posted a trio of impressive performances as the season came to a close with a 21:25.4 mark to finish 25th at the Tri-Valley League Championship, a 21:07.4 personal best for 30th at the MIAA Division 2 Championship, and a 21:32.4 clip good for 60th at the MIAA State Championship. The Tri-Valley League All-Star also finished first in the 3K small schools freshman race at the Frank Mooney Invitational (11:55.1).

Molly McIntyre, Norton

The sophomore was a big contributor on the talented Lancer cross country squad. McIntyre posted a personal-best 5K time at the Tri-Valley League Championship in a 20:26.1 clip to finish 13th overall. She also finished sixth in the sophomore race at the Bob Glennon Twilight Invitational (20:40.0), 25th at the MIAA Division 2 Championship (20:58) and 61st at the MIAA State Championship (21:32.7). McIntyre was a Tri-Valley League All-Star.



DAVE DEMELIA / FOR THE SUN CHRONICLE

Mansfield High's Anna Moore was 18th at the Hockomock League Championship and 13th at the Frank Mooney Invitational.