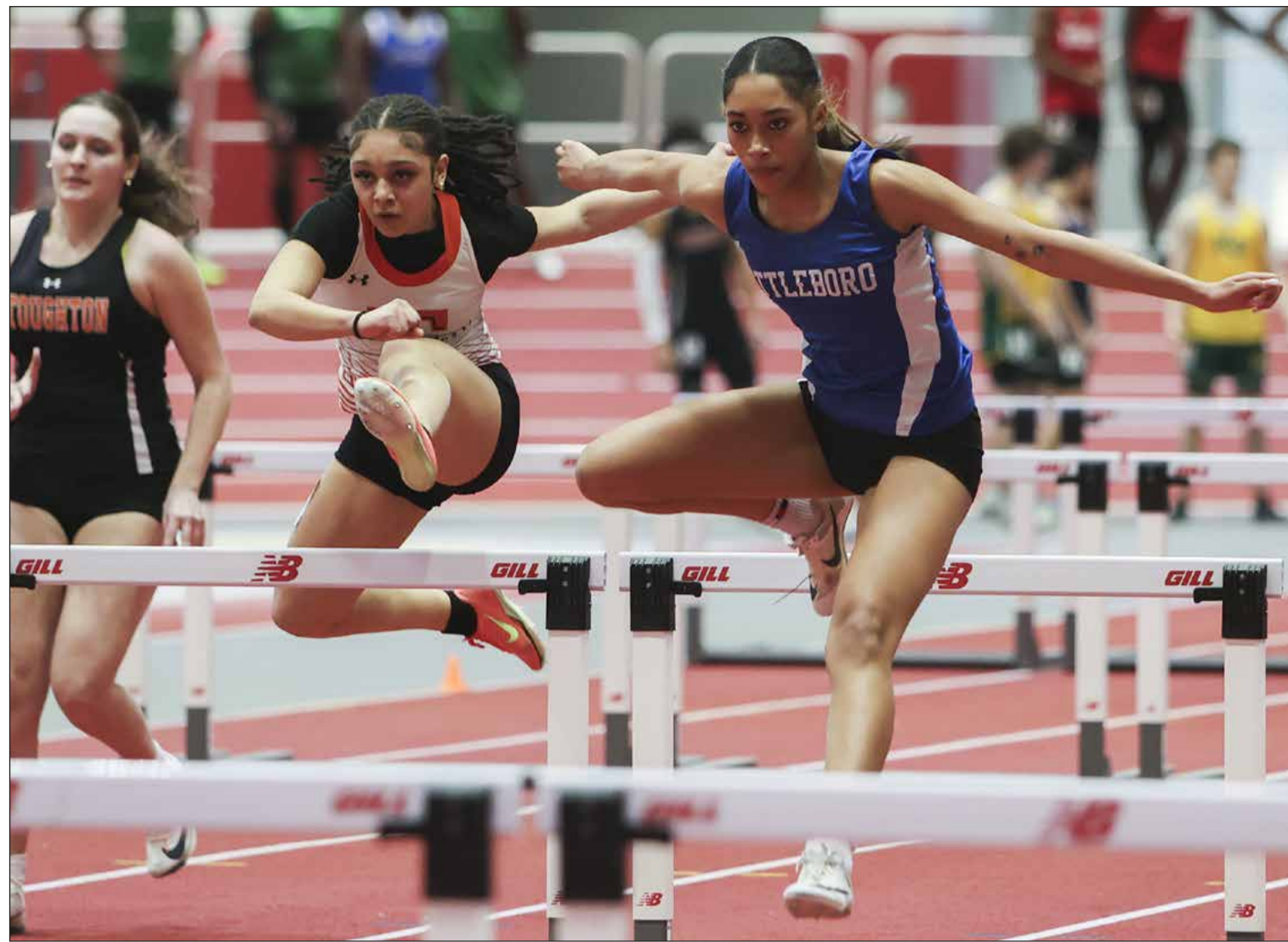


The Girls Indoor Track All-Stars



LILY SPEREDELOZZI / THE SUN CHRONICLE

Attleboro High's S'staarr Parham, right, was among the top-ranked indoor track and field athletes in the state for her senior season.

S'staarr Parham, Attleboro

The two-time Sun Chronicle All-Star competed in three events for the Bombardiers this season, and was one of the top-ranked performers in the state and 30th in the nation. Parham, a Hockomock League All-Star, placed first in the high jump, second in the long jump, and third in the 55-meter hurdles at the league meet. In five dual meets this season, she averaged 15 points and broke Attleboro's 47-year-old record in the high jump with a mark of 5-6.5.

Zoe Kurtz, Bishop Feehan

The multi-talented junior had season-best performances of 7.68 in the 55 meters, 43.98 in the 300, and 16-6 in the long jump. Kurtz finished in second place in both the 55M (7.72) and the long jump (16-3 ¼) at the MAC Championship, and at the Division 2 State Championship, she finished 10th in the 55M (7.68) was a part of the first-place 4x200M relay (1:47.83) and the sixth-place 4x400M relay (4:18.63). At the Meet of Champions, Kurtz was part of the Shamrocks' 17th-place 4x200M relay (1:49.59) team. "Zoe made a huge jump this season, becoming one of our best sprinters," head coach Brenda Sullivan said. "Zoe is someone we could always count on, both at practice and in competition."

Michaela Poidomani, Bishop Feehan

Poidomani was a key component for the Shamrocks in her junior season, posting bests of 7.78 in the 55 meters, 9.08 in the 55M hurdles, 45.62 in the 300M, a school-re-

cord 5-4 in the high jump and a long jump of 15-8½. At the MAC Championship, she finished first in the high jump (5-0), was second in the 55M hurdles (9.38), and was a member of Feehan's 4x200M relay team (1:48.85). Poidomani finished third in the 55M hurdles (9.08) at the Div. 2 State Championships and fifth in the high jump (5-0), along with being part of the first-place 4x200M relay team. "Michaela produced a fabulous indoor season," head coach Brendan Sullivan said. "She continues to capitalize on the potential she showed when she joined the team last year."

Sophie Shaw, Bishop Feehan

Shaw turned in numerous top performances for the Shamrocks, including 1:40.42 in the 600 meters, 3:00.80 in the 1,000, 5:15.79 in the mile and 11:11.70 in the two-mile. At the MAC Championship, the Bishop Feehan junior won the 1,000 meters (3:00.80) and was part of the first-place 4x400M relay team (4:20.19). At the MSTCA Coaches Invitational, she finished 11th in the mile (5:15.79). At the Division 2 State Championship, Shaw was seventh in the two-mile (11:41.77) and part of Bishop Feehan's sixth-place 4x800M relay team (10:13.55). She finished 11th in the mile (5:16.70) at the prestigious Meet of Champions and was 19th in the two-mile (11:39.81). "Sophie's commitment to the sport has allowed her to continue to rise and become one of the best distance runners in school history," head coach Brendan Sullivan said. "It is her focus on the process over the results that has made



ANDY FERREIRA/FOR THE SUN CHRONICLE

Bishop Feehan High junior Michaela Poidomani was an all-around points producer for the Shamrocks.

Sophie successful."

Sara Avery-Pham, Dighton-Rehoboth

Only a sophomore, Avery-Pham was a versatile performer for the Falcons, earning numerous personal bests this season, including in the 55-meter dash (8.32), the 300 (48.91), the 600 (1:52.30), the 1,000 (3:36.55), the mile (5:55.77), and the two-mile (12:31.95). She was also part of D-R's 4x400 (4:44.77) and 4x800 (11:06.26) relay teams.

Jalissa Raphino, Dighton-Rehoboth

The talented junior earned a personal best in the 55-meter dash (8.40) and a 46.66 in the 300 meters (46.66). Raphino ran a best of 2:01.46 in the 600 meters and a 1:16.9 in the 400-meter hurdles. She also matched a personal best with a high jump of 4-10 and another personal best in the long jump (15-8.25). Raphino participated in the triple jump as well for the Falcons with a best of 31-10.

Faith Bober, Foxboro

Bober was a jack-of-all-trades for the Warriors as the second-highest point-scorer on the team as a senior. The two-time Sun Chronicle All-Star was Foxboro's top performer in the 55M hurdles (8.99, and she still holds the school record of 8.98 in the event from last year), the shot put (29-6), the high jump (4-10), and the pentathlon with 2,728 points for aa school record). A Hockomock League All-Star, Bober was a trusted member of Foxboro's 4x200 relay that placed second at the Hockomock Championship and the Div. 4 State Championship. "Faith has worked tirelessly this season to come back from a season-ending injury last year," head coach Matt Smith said. "Throughout this season, she has steadily improved across all of her events and has put herself back into the form she was in last year, as well as setting herself up to have a great season in the spring."

Lauren Bober, Foxboro

The talented senior Hockomock League All-Star and two-time Sun Chronicle All-Star was the leading point-scorer for the Warriors and the Division 4 state champion at 55 meters. Bober was the team's top performer in the 55M (7.23, a school record), the 200M (24.5), the 300M (40.35), and the long jump (17-4, another school record). She won 14 of 15 events she competed in during the regular season to lead the girls team to an undefeated 5-0 record and a Davenport Division Championship. At the Hockomock Championship, she finished second at 300M, third in the long jump, and was a reliable anchor for the second-place 4x200M relay team at the Hockomock Championship.

Lauren Share, Foxboro

Share was Foxboro's top middle-distance runner on the team as a junior with

Girls Indoor Track All-Star Roster

Name	School	Year
S'staarr Parham	Attleboro	Senior
Zoe Kurtz	Bishop Feehan	Junior
Michaela Poidomani	Bishop Feehan	Junior
Sophie Shaw	Bishop Feehan	Junior
Sara Avery-Pham	Dighton-Rehoboth	Soph.
Jalissa Raphino	Dighton-Rehoboth	Junior
Faith Bober	Foxboro	Senior
Lauren Bober	Foxboro	Senior
Lauren Share	Foxboro	Junior
Alex D'Amadio	King Philip	Senior
Riley DoRosario	King Philip	Senior
Ella McManus	King Philip	Senior
Ava Quintin	King Philip	Senior
Sarah Jones	Mansfield	Soph.
Lily Roche	Mansfield	Senior
Molly Galgoczy	North Attleboro	Junior
Avery Parkinson	North Attleboro	Senior
Julia Smith	North Attleboro	Senior
Celine Daher	Norton	Soph.
Liana Danubio	Norton	Senior
Jaylin Plunkett	Norton	Senior
Julianna Dutra	Seekonk	Senior
Olive McCann	Seekonk	Junior
Hayden Robinson	Seekonk	Senior
Chloe Calhoun	Tri-County	Soph.

Honorable Mention

Attleboro: Jazmyn Brederson, Avery Graziosi, Kennedy Samuel, Victoria Zaldivia

Bishop Feehan: Dahlia Cryan, Audrey Leahy, Ally Oram, Casey Weston

Dighton-Rehoboth: Leah Hyder, Rebecca Zankul

King Phillip: Rory Bresson, Ali Gil

North Attleboro: Riley Buckley

Seekonk: Emily Cloutier, Alivia Cosme

Our Selections

THE GIRLS INDOOR TRACK ALL-STAR TEAM was selected by staff writers with local coaches consulted for their recommendations.

bests of 62.0 for 400M, 2:25.4 for 800M, 3:04.59 for 1,000M (third-best in school history), and 5:36.73 for the mile. At the Hockomock Championship, Share placed second in the 1,000 and anchored the Warriors' 4x800 relay team to a third-place finish. At the Div. 4 State Championship meet, the Hockomock League All-Star finished fourth in the 1,000 and anchored the 4x800 relay team to a fifth-place finish. "Lauren has been incredibly reliable for me this season," head coach Matt Smith said. "She was always ready and willing to step up in multiple events during the regular season to help us secure points for the team victory, the best example being at the double dual meet, where she scored 21 points individually by winning the mile and the 1,000 against both opposing teams, while also anchoring the 4x400 relay to close out the meet."

SEE GIRLS INDOOR TRACK, PAGE B3 ►



LILY SPEREDELOZZI / THE SUN CHRONICLE

Foxboro High junior Lauren Share clocked the third-best 1,000 in program history for the Warriors this season, finishing fourth in the state in the event at the Division 4 Championship.