



SUBMITTED PHOTO

Seekonk High sophomore Lydia Craft set three individual girls swimming school records this season and won MIAA Div. 2 state titles in the 100-yard freestyle and 100-yard breaststroke.

GIRLS SWIMMING: The Sun Chronicle All-Star Team

FROM **PAGE B2**

Ally Jacques, Norton

The Rocketeers' senior captain captured her third consecutive TVL title in the 200 freestyle, and was the runner-up in the 100 freestyle after winning the event at the league meet the past three seasons. At sectionals, Jacques placed seventh in both of those events, and at state competition, she finished third in the 200 freestyle and eighth in the 100 freestyle. A TVL All-Star, Jacques was the team record-holder in the 200 freestyle (individual) and 200 medley relay. A multi-time Sun Chronicle All-Star, Jacques was also a member of sectionals and States relay teams that scored points.

Sarah Pescod, Norton

The Lancers' junior was a TVL champion in the 200 IM and 500 freestyle as she was named Tri-Valley League Swimmer of the Year after going undefeated in dual meets. At Sectionals, Pescod was runner-up

in the 200 IM and 500 freestyle, and she placed fourth in those events at States. Pescod is Norton's record-holder in the 200 IM, the 500 freestyle, and as a member of the 200 medley relay team. She was also a member of sectionals and States relay teams that scored points. She is a multi-time Sun Chronicle All-Star.

Bonnie Arrigo, Seekonk

Arrigo paid immediate dividends for the Warriors as a freshman when she collected 12 first-place and a pair of second-place finishes. She qualified for States in the 100 butterfly, the 100 backstroke and the 200 individual medley, and was an asset in many first-place finishes in the 200 medley relay, along with the 200 and 400 freestyle relays. Arrigo swam a 102.69 in the 100 butterfly and a school-record 104.07 in the 100 backstroke.

Lydia Craft, Seekonk

Only a sophomore, Lydia Craft had 17 first-place finishes, two sec-

ond-place placements and a third-place finish during the season. She also was integral in the Warriors' 200 medley relay and the 200 and 400 freestyle relays, leading the teams to numerous first-place finishes. She set three Seekonk school records this past season in the 100 backstroke, 100 freestyle and the 100 backstroke. Craft qualified for every swimming event and was a double-winner at the Div. 2 States Championship meet in the 100 freestyle (52.26) and in the 100 breaststroke (105.77).

Emily Tonino, Seekonk

The talented sophomore swam for 15 first-place and two second-place finishes in her individual events during the high school season. She was also a part of numerous first-place finishes in the 200 medley relay and the 200 and 400 freestyle relays. She qualified for States in nine of 11 swimming events where she placed sixth in the 200 IM with a time of 2:16.99 and finished ninth in the 500 freestyle with a time of 5:28.12.