

# STRONGER WITH EVERY GIFT. FIND YOUR Y.

When you walk through the doors of the Y, you can feel it – the energy, the laughter, the warmth of belonging. Although, the true heart of the YMCA isn't found in our buildings or equipment; it's in the lives that are changed every single day because of people like you.

- You make it possible for a child to learn how to swim, not just to splash and play, but to be safe and confident in the water.
- You make it possible for a struggling family to find support, community, and hope when life feels uncertain.
- You make it possible for a senior to find friendship and purpose again after the loss of a loved one.
- You make it possible for a teen to discover their leadership potential and the courage to dream bigger.

Because of your generosity, the YMCA of Northwest North Carolina continues to be a place where lives are transformed — mind, body, and spirit. Every story of resilience, every act of kindness, and every moment of growth begins with your gift.

Your support of the Annual Impact Fund does more than keep the lights on. It keeps hearts lifted. It keeps doors open. It keeps hope alive.

Together, we are building something that lasts; a stronger, healthier, more connected community for all.



**2026 ANNUAL  
IMPACT FUND  
GOAL:  
\$2,805,000**

**GIVE TODAY** at [ymcanwnc.org/give](https://ymcanwnc.org/give)



# EVERY HELPING HAND MAKES A DIFFERENCE at the Stokes Family YMCA

Whenever a neighbor needs support, the Stokes Family YMCA stands ready to help with open arms and caring hearts! Find what matters most and discover what a gift it is to give to one of the many programs that are supported through the Annual Impact Fund.

**OUR 2026  
IMPACT GOAL:  
\$143,000**



## SAFETY AROUND WATER / SWIM LESSONS

**\$1,250** can teach an entire class of children the lifesaving skill of swimming.

**The Impact: Providing 420 children with lifesaving skills that build confidence in the water.**



## BRIGHT BEGINNINGS

**\$180** can give a student the school supplies, new clothes, and confidence they need to start the academic year on the right foot.

**The Impact: \$14,000 will serve 100 Stokes County students through the Bright Beginnings initiative.**



## SUMMER DAY CAMP

**\$175** gives a child a week full of summer camp memories.

**\$1,750** sends a child to camp for the whole summer — or a group of 10 campers for one week each.

**The Impact: 50 kids will have the opportunity to participate in life-changing summer experiences.**



## LIVESTRONG® AT THE YMCA

**\$15,000** will give three cohorts of ten cancer cancer survivors the support to reclaim their health — physically, mentally, emotionally, and spiritually.

**The Impact: The Y will host one LIVESTRONG® session serving 10 cancer survivors.**



## REACHING OUR POTENTIAL

**\$360** provides a teen with a healthy and safe place to go after school.

**The Impact: Changing the lives of 100 teens in our community.**



## SUSTAINABILITY

Every donation in any amount ensures the sustainability of the Y, our programs, and our community impact.

## OTHER IMPACT OPPORTUNITIES:



## YMCA DIABETES PREVENTION PROGRAM

**\$450** supports a participant's journey to a healthier way of living for one year.



## BLOOD PRESSURE SELF-MONITORING PROGRAM

**\$50** provides a participant with one year of health education for a lifetime of wellness.



## FOOD ACCESS

**\$250** ensures that one child receives after school snacks for the year.  
**\$500** supports 10 children with one week of healthy food during the summer.



## LITERACY

**\$800** provides one adult with tutoring and literacy support to obtain a GED or improve their chances of employment.



## FINANCIAL SCHOLARSHIPS

**\$1,000** supports a family with a yearlong membership, so they can have access to Y facilities and programs to live healthier lives.



## SENIOR MEMBERSHIP

**\$470** gives a senior a yearlong membership to the Y, where they can focus on their health and connections with others.



## BEFORE AND AFTER SCHOOL ACADEMY

**\$2,500** gives children a safe, fun, and enriching space to learn and grow outside of school hours.



## ACHIEVERS

**\$225** gives a student a life-changing experience that inspires them to pursue their personal goals after high school.  
**\$300** supports college tours for one student to help find their next academic home.



## SUMMER LEARNING ACADEMY

**\$2,250** prevents summer learning loss by providing one week of fun, engaging instruction for 15 students.



## YOUTH AND GOVERNMENT

**\$810** sends a student to the annual YAG conference, where they can network with peers and excel in competition.



## YMCA CAMP HANES

**\$1,100** gives a child an unforgettable week of overnight camp.  
**\$390** sponsors a child for a week of day camp in the great outdoors.



## TYDE PREP ACADEMY

**\$700** gives a swimmer the opportunity to take their swimming skills to the next level.