

Spot the Signs

We're here
for you



At Mount Nittany Health, we're proud to be a Primary Stroke Center, delivering expert, around-the-clock stroke care to our community. This means faster diagnosis, advanced treatment, and better recovery outcomes - because when it comes to stroke, time is everything.

Know the signs of a stroke and **BE FAST**:

- Balance - Sudden loss of balance
- Eyes - Vision changes or partial/total loss of sight
- Face - Facial drooping on one side
- Arms - Weakness or downward drift in one arm
- Speech - Slurred, confused or unusual speech
- Time - Call 911 immediately

mountnittany.org

