

Life and Independence for Today Empowers Independence

Serving Cameron, Clearfield, Elk, Jefferson, McKean & Potter Counties

• Advocacy

Know your rights and make your voice heard. We provide information and support to help you create positive change for yourself and your community.

• Independent Living Skills

Do you need assistance with everyday activities? We can provide guidance and direction to help you learn the skills to perform the tasks needed to remain independent and safe in your own home.

• Information & Referral

Looking for disability related resources or services within your community? Give us a call. If we cannot directly offer the services to assist you, we can use our knowledge of resources to guide you in the right direction.

• Peer Mentoring

Would you like someone to talk to about challenges you face as a person with a disability? Our peer mentors are here to listen, and to provide you with a shoulder to lean on with someone who understands your challenges.

Life and Independence For Today



Empowering people with disabilities

**Call today to learn more
about our free services.
Let us know how we can
help you live your best
independent life!**



I am Mitchell, the Assistive Technology (AT) Specialist for LIFT. I am frequently receiving calls from people looking for gently used medical equipment such as wheelchairs, shower chairs/benches, walkers, Hoyer lifts, etc. I received a call from a person with a disability in Potter County who needed a shower bench. Her previous one had broken and she could not afford to replace it and her insurance would not cover the cost. Fortunately, we had one in our inventory, so I was able to deliver a shower bench to her. I received a thank you note from her expressing her appreciation for providing the equipment to allow her to continue to shower.

Similarly, I received a call from another person with a disability in Clearfield County who needed a wheelchair. We had a wheelchair in inventory that was previously donated, so I delivered the wheelchair, completed the paperwork and we have another satisfied person.

For assistance, contact Mitchell
at 814-781-3050 or atc@liftcil.org

We want to thank all those that donate their gently used equipment to LIFT in order for us to continue to help those in need.

**LIFT - 503 E. Arch Street, St. Marys
(814) 781-3050 or 800-341-LIFT • www.liftcil.org**