

September 14, 2021

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County Commissioners get weekly update: "COVID is here to stay"

By Amber Deyo

newsguardeditor@countrymedia.net

Lincoln County Commissioners heard their weekly COVID-19 update last Wednesday, and Dr. Lesley Ogden, CEO of the two Samaritan hospitals in Lincoln County, spoke to hospital capacity and plans in place in the event they have a surge.

Commission chair Doug Hunt asked about virus mutation and variants becoming more deadly as it spreads among the unvaccinated.

"Unvaccinated people, and even immunocompromised people who have gotten the virus have been found to be sources of some of that mutation, albeit they cannot do anything about that, but the unvaccinated certainly can," Ogden said.

She said it's much more concerning across the world where some countries have vaccination percentages in the single digits.

"I think we're changing our minds about how this ends," Ogden said.

"I think when it all started, we were all hopeful that we would get vaccinated, we would reach herd immunity, and this would sort of die out much like we saw with the flu pandemic in 1918. We sort of saw a two year cycle," she said. "We're thinking now that this will be an ongoing battle, and what we hope is that we get enough people vaccinated, that our death rates become palatable, much like they do for influenza each year."

She said the prior thinking was that each year there might be a season or we might have to get vaccinated for a new variant.

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STUFF A BUS ANOTHER SUCCESS



PHOTO BY AMBER DEYO

Pictured here with mall manager Sharyn Jasmer, Nicole, Geoff and Ashley Petersen of Lincoln City Gifts donated 75 backpacks filled with supplies. According to organizer Roger Robertson, as of 10 a.m. on Friday, September 10, Business for Excellence in Youth had received \$18,480 in cash, merchandise and school supplies for local students in their annual Stuff A Bus campaign.

Sculpture to honor "all who endured" in Echo Mountain Complex Fire

By Amber Deyo

Newsguardeditor@countrymedia.net

VOL. 94 NO. 37

Last year, long time Rose Lodge resident, artist with a couple pieces of public artwork under his belt and man known for speaking his mind, Don Wisener started creating a sculpture for his own property, and then the fire happened.

"I was doing the sculpture for myself in the beginning. I pretty much had the eagle done as a weather vane for my yard," Wisener said. "With what we're going through in our country, we need a little patriotism." But he went up into the Panther Creek area and surrounding area he saw the people on their burned properties. "They look just like those people you see walking away from a 747 that just crashed and tore up. And they were survivors and they were just standing there stunned. And some of them were crying and others were just standing there just blank stares on their face," he said. "But I was like, something needs to be done here." Wiseman also saw several people who came to help, and some very dedicated people who are still helping. While he stepped in and helped with making sifters to find small items in the ashes, and cutting the mobile home frames to be removed from the property, due to health issues he was only helping out for the first month. But he wanted to dedicate a piece of his work to all who endured the Echo Mountain Complex fire and all those who helped, including the fire department and law enforcement. While Wisener expected to cover the entire cost of the dedication, several others stepped up to display the sculpture at the Otis fire station. Jeremy Page of Page Concrete Construction did the concrete base. Central Coast Ready Mix donated the concrete, Builder's FirstSource donated the form plywood and Station 3 Embroidery donated the plaque. Page said his company lost their shop and three of their employees lost their homes in the Echo Mountain Fire. He said it has been a blessing to help so many people



Helping Hands looks to assist folks out of homelessness

By Amber Deyo newsguardeditor@countrymedia.net

Helping Hands Re-entry Outreach Centers has been providing services to individuals experiencing homelessness in Lincoln County for about 18 years. Before being offered a helping hand from an arresting police officer years before that, founder and CEO, Alan Evans, was on the streets for more than 25 years himself.

Originally their program worked with people getting t of jail and treatment programs who needed an opportunity to reenter society. They had contracts with corrections programs to have a clean and sober atmosphere. About 95 percent of the people they served had alcohol or drug addiction issues. Now it's about 50 percent and about 20 percent of the people who come through their doors now have full time jobs. "The fastest growing population of homeless today is senior citizens," he said. "And the second fastest is our families. A single mom with a couple of kids making \$16 or \$17 an hour cannot afford to live in any sort of housing in the communities that we serve." About 11 years ago, when the market crashed, everything changed. They had people who never drank or used drugs come for help. They had senior citizens and mothers with children showing up at their door. So they changed the outlook of their program. "We had to change the way we did things to meet the demand of people who needed assistance," Evans said. He compared their program to an individualized education plan (IEP) that schools will develop for students who may need additional services. "We do a full evaluation of what people need, the obstacles they face to reenter society and then we tailor individual programs based off of their obstacles and put customized programs together for each person," Evans said.

PHOTO BY AMBER DEYO

This sculpture by Don Wisener was placed under the flag at the fire station in Otis.

throughout this process and they've made true friends with many people they barely knew. Weisner said he was truly impressed.

"I couldn't have done it like that myself. That's for darn sure," Wisener said. "They interceded with their talent and they shine like a star."

A formal dedication is set for September 25.

See HELP, Page 2



60°/48°

60°/47

57°/51°

58°/50°

63°/52°

Lincoln City's largest and most trusted news source.

59°/48°

57°/48°

$Help_{From page 1}$

This concept of bringing the services to the facility stemmed from developing an IEP for his son in elementary school. They all sat at a table and each person talked about how they could help him. He had an epiphany that if his son had to go down to the street for a tutor and somewhere else for a counselor, he would have never made it. It's harder to overcome obstacles when getting to where you need to go is an obstacle in itself. So the center is a hub to bring all the resources together and instead sending 60 people to those services, their model is to have those services come to them.

"The last thing we want to do when we come to a community is compete with services that are already being provided. So we utilize the existing services and the community can come together to wrap around that person," he said. "This partnership with the city has allowed us to expand to our help center model that is similar to the one that we have in Portland."

Evans said they don't typically fund their centers with grants in the local communities, but they make up the difference between dues paid by the residents with contractual dollars, larger grant dollars and a private donor base.

The building According to Lincoln City Council minutes, in January 2020, the city adopted a resolution to convey a property valued at \$400,000 to Helping Hands

with a payment that would

be waived each year as long as it is used for transitional housing. They also provided a loan of \$350,000 for renovations. In November 2020, the city was informed that Helping Hands needed an additional \$250,000 to stabilize a retaining wall. In December of 2020, the council approved the additional funds and an extension of the loan.

Between navigating the ups and downs of the pandemic and construction issues, the project was delayed but they hope to have occupancy in the building in January 2022, he said.

"Our, our ultimate goal is to serve the people the best we possibly can and do our job, in that we allow some people to change their life," he said. "We're not the fix for the homeless problem in the community, but we're a part of the answer and we look forward to this expansion."

The numbers

Typically every January there is a point in time head count of people who are homeless but there hasn't been a count since the pandemic. Also typically, those counts are lower than the actual number. According to the Community Services Consortium's 2020 point in time count, the homeless population of Lincoln County was estimated to be between 750 and 1100 individuals, with more than 45 percent located in Lincoln City, with almost 70 percent of those people being unsheltered.

The annual count differentiates between "sheltered"

and "unsheltered," signifying that there are those who may be staying with someone or in a motel but not have an actual address. The "unsheltered" are the ones often seen on the streets.

Public reactions While the face of home-

lessness has changed, the stereotypical person suffering from mental illness or drug addiction is still a significant piece of the population.

Residents in the area call the police if someone is yelling or making people uncomfortable, but Lieutenant Jeff Winn unless someone is truly causing alarm or breaking a law, there isn't much the police can do.

The Lincoln City Police Department responds to call for welfare checks, also referred to as EDP calls, referencing "emotionally disturbed person," on a daily basis, according to Winn. They do not differentiate whether those calls are for someone housed or unhoused, but between January 1 and September 1 of 2021, they've responded to 125 calls, which is an increase from previous years. Calls related directly to "transients" in that same time period numbered 149, which is a decrease from previous years.

Winn said there is a portion of the transient population the department has regular contact with. He said about 80 percent have mental or substance abuse issues. He said it's a big concern for not just Lincoln City, but for the entire county, and the situation



PHOTO BY AMBER DEVO

With the outside nearly complete, the Helping Hands Re-entry Outreach Center is targeted to open it's doors in January.

has exasperated in the last few years.

"The most difficult thing in Lincoln City is the lack of mental health resources," he said.

Winn said the entire department had use of force and de-escalation training a few months ago, and they have two officers who have 40 hours of crisis intervention training.

"We are very aware of the need for de-escalation training," Winn said. "It's one of our priorities."

Winn noted the issue is multifaceted and the police are just one piece of handling it.

Helping Hands message

"The people who are on our streets are people. They all have a heart just like we do. But somewhere along the road, they were broken. And most of the time, it's not by choice. They progressively got into that situation. Most of the people living on the streets are good people

who just had bad luck and bad situations," Evans said. "I lived on the streets for 27 years, and I never met one person who said, 'I think I want to be homeless today. I think I want to be addicted today.' You know when they close their eyes, they wish they were better people. Our job is to pull the community together to offer them hope and opportunity to become better people."

"We really work on bringing that message that these are our mothers, our fathers, our brothers, our sisters, our aunts, our uncles and our children who are living on the streets. Eventually we'll be able to spread the message of hope. That's what we've got to work our way up to. Everybody deserves the opportunity to change their life. There's not enough stories written about the good in the people that live on the streets, we only read stories about the problems that

they cause."

The causes In 2019, the Oregon **Community Foundation** commissioned an assessment on causes of homelessness and found that while people who are homeless have a higher incident of mental illness than the general population, the report noted that "correlation does not equal causation," and that a lack of affordable housing was more likely the primary cause for disproportionately high population of homeless in the state.

Editor's note: As the issue of homeless in our community is multifaceted, The News Guard seeks to inform readers to understand the issue, the resources available and what residents can do to best support the many organizations that provide services, as well as how it is being approached by elected officials. Look for more on the topic in future editions.

College launches four-part workshop to help launch new childcare businesses

4-7 p.m. Tuesdays, October 19-November 2 Room 140, OCCC Newport Campus, 400 SE College Way

The OCCC Small Business Develop-

workers could return to their jobs, secure in the knowledge that their children are safe and secure.'

The series will run four consecutive Tuesdays, Oct. 19 to Nov. 2, from 4 p.m. to 7 p.m., at the OCCC Central County Campus in Newport. The program features an in-depth session on regulations, finance, and licensure, led by guest presenters from Linn-Benton Community College. Another will feature general information about business formation, operation, and finances, led by Lambrecht. A third workshop focuses on insurance and legal considerations. Participants will also register for an LBCC-hosted infant and child CPR/First Aid session, via independent study. Thanks to support from Northwest Oregon Works, there is no cost to attend the workshops (excluding a \$55 fee for the First Aid independent study requirement). OCCC thanks Jose Hernandez, of LBCC, for his assistance.



2

ment Center, with support from Northwest Oregon Works, is pleased to present this four-part workshop designed to help launch new childcare businesses here in Lincoln County, and to help ensure their long-term success.

"The tight labor market we've seen in recent months is unprecedented," said Misty Lambrecht, OCCC's Small Business Management Coordinator and the creator of the childcare series. "There are myriad reasons for the difficulties local employers have had in finding and keeping good employees. One of these reasons, though, is a paucity of quality childcare – a shortage exacerbated by the pandemic. If this workshop can help launch even one home-based childcare business, that could mean as many as 10

To register, visit oregoncoast.edu/childcare-startups, or call 541-994-4166.

RECKids Afterschool Program - open for the school year

Lincoln City Parks & Recreation (LCP&R) just concluded its 10-Week long "RECKids Summer Adventure Camp" and is ready to get back into the classroom for its 9-month after-school program. **RECKids Afterschool Program features** arts, crafts, science projects, music, sports, homework help, and other recreational activities for children in grades K-6.

After a year of hosting RECKids at the Lincoln City Community Center, the **RECKids Afterschool Program returns to** Oceanlake Elementary for the 2021-2022 school year. All RECKids Programs operate under the LCP&R and Lincoln County School District policies. Childcare in Lincoln County is in high demand, and there is still space available in our program.

A new feature for the school year is that parents can register their students for the entire school year with 9 monthto-month payments, or pay for the school year upfront. Registration includes afterschool care Monday through Friday in addition to all-day care during teacher inservices and conference days from 7:30am - 5:30pm.

For more information about the RECKids Afterschool Program or continued updates on all of LCP&R activities, please follow the Lincoln City Parks and Recreation FB page, visit https://www.lincolncity.org/parksandrec, or call 541.994.2131.



New report details medical debt in Oregon

By Hilary Dorsey Country Media

OSPIRG released a report Thursday, Sept. 9, detailing medical debt in Oregon and how it can lead Oregonians to bankruptcy. The report, "Unhealthy Debt: Medical costs and bankruptcies in Oregon," states at least 60 percent of Oregon's consumer bankruptcies included medical debt in 2019.

In a press conference Sept. 9, health care advocates discussed the medical debt situation and offered ways to address the problem.

Maribeth Guarino, health care advocate with OSPIRG, said the nonprofit advocacy group looked at 8,000 bankruptcy filings in 2019. The report gives insight into the burden of medical debt.

"This report shows that high health care costs are not a problem limited to a single geographic area or economic demographic," Guarino said. "It's everywhere and we have to do something about it."

The report examined nearly \$30 million in medical debt, Guarino

added.

"Our report shows that the average medical debt was \$2,362," Guarino said. "Over 600 people had \$10,000 or more in medical debt."

Medical costs are increasing. In a poll released last May by OSPIRG, 30 percent of Oregon voters reported seeing an increase in their medical costs in the last 12 months.

"We desperately need to enact policies to address healthcare skyrocketing costs," Guarino said. "For example, we could provide a public health insurance option that provides consumers a low cost health insurance choice. We can also lower prescription drug costs so that care or treatment is not cost-prohibitive."

Caitlin Costello, a student at Portland State University, got health insurance seven years ago and broke her elbow shortly after.

"I had gone without insurance for almost eight years," Costello said of growing up. "It really formed the way my family worked for a long time. We avoided anything that increased risk for medical bills."

While in college, Costello could

not afford insurance at first. She was able to get insurance seven years ago before her injury.

"I was still in the same mentality as before," Costello said. "I refused an ambulance, I waited almost three hours for family to come get me."

Costello said she knew it would be worse to pay for 'extras' or 'luxuries.' She refused pain medication upon arrival. During the entire process, she asked about cost and whether it was covered by insurance.

Costello said her medical bills accumulated to \$20,000 with \$4,000 she had to pay out of pocket.

"At the time, I was living paycheck to paycheck and desperately trying to get out of my situation," Costello said.

Costello is in school full time now and has health insurance. She said she appreciates the school has options but even those are not readily available.

Guarino said the next step for OS-PIRG is sharing the report with every lawmaker they can.

View the report at https://bit. ly/3C3UfaO

What's going down in Tiger Town

Tigers are resilient and adaptive, and that was evident at Taft High School this week!

Me, my peers, and teachers have all had to learn how to pivot and be flexible as the world changes around us almost daily. With another year of COVID-19 still very present, this means another year with unexpected setbacks and obstacles that we are ready to tackle from day one.

As Tigers pounced back into our socially-distant classes this week, masks couldn't contain the laughter and smiles as Tigers roared excited to see their friends. Over all the first week back in class was met with hustle, bustle, and a whole lot of hand sanitizer. While safety is the key, so is



Kyle Rebic, Senior Director of Public Relations Taft High Executive Council

allowing students to honor traditions of their school.

Senior Sunrise, class competitions, and even a virtual assembly are coming up next week so stay tuned weekly to see what is going down in Tiger Town!

Chinook Winds to host 18th Annual Celebration of Honor

Featuring: Free Buffet, Float Drop, Free Comedy Show and Military Displays Sept. 15-18

For the past eighteen years, Chinook Winds Casino Resort, owned and operated by the Confederated Tribes of Siletz Indians, has spearheaded the Annual Celebration of Honor, a public event that honors active-duty personnel, military veterans, and their families. This year the unforeseen circumstances of the COVID-19 Pandemic, has caused the activities to be modified for safety of everyone. Chinook Winds Casino Resort is proud to continue the tradition of honoring our men and women who have served, and are serving, our country, in a safe way. Explore Lincoln City will kick off the celebration with red, white and blue floats hidden along the beaches in Lincoln City.

On Wednesday, September 15th Veterans and active-duty personnel can stop by the Winners Circle to register and show proof of military service (DD-214 or other Military ID), to receive a free buffet voucher valid through September 26th, 2021. Winners Circle membership is required to pick up a voucher. Just swipe your Veteran's Winners Circle card at any kiosk to pick up your voucher. The Veteran Services tent will not be open this year due to social distancing concerns.

A free comedy show for Veterans and a guest is Thursday, September 16 at 9pm. Featured comedians PJ Walsh, Jeff Capri and Katie Robinson bring side stitching laughter to honor those who serve and have served our country. Just swipe your Veteran's Winners Circle card at any kiosk to pick up your voucher and take it to Player Services for your two free tickets.

Although the celebration is modified for safety, the celebration will include vintage and current day military vehicles, displayed and provided by the American Infantry Soldier Group, as well as military flags on



display for safe outdoor viewing. Saturday, September 18 the Lincoln City Kiwanis Parade of Flags will line the streets of Lincoln City with flags to celebrate the weeklong dedication. Chinook Winds Casino Resort, located at 1777 NW 44th St. on the beach in Lincoln City, Owned and operated by the Confederated Tribes of Siletz Indians. "Veterans and Military Are Treated Better at the Beach!"

County

From page 1

"But COVID is here to stay," Ogden said. "We just have to figure out how to better deal with it."

Ogden shared the capacity of both the hospital in Newport and Lincoln City. At that time, they had five COVID positive patients with two in the ICU. She said it was tight but they were holding their own. She went into some detail regarding how the hospitals would be able to react to a surge.

"We believe that a big reason why we have not been completely overwhelmed is because of the high vaccination rates that we are seeing within our county," Ogden said. "Again, the majority of those who are staying with COVID positive Coronavirus status are those people who are unvaccinated and those are the ones who are ending up with the most serious cases and needing our ICU care."

All three commissioners requested that if the hospitals ever see a trend and became close to being over capacity due to a COVID surge that she alert them so that they could consider some policy changes that might help slow the spread.

Commissioner Jacobson asked Dr. Gray if they have seen anyone coming in for medical attention after self-medicating with ivermectin the anti-parasitic for animals with limited authorization for humans.

Dr. Gray said they have not had anyone show up in their emergency rooms for that in particular, but they have seen posters around advocating that people should demand use of it as treatment.

"We have been, of course, scouring our campus, making sure that that these things do not stay up, because they are,

number one, very inflammatory and number two, completely untrue," Ogden said. "They cite study after study that shows that ivermectin is something that people should be using and of course all of these studies are flawed, and are not up to the scientific method that we would advocate for it. Again, there is no medical understanding in the mainstream that this is anything we should be using."

Interim public health director Florence Pourtal presented ever changing weekly numbers that seemed to indicate a slight drop from the week before. She noted that from the time the vaccine became available, breakthrough cases, meaning people who tested positive for COVID after being vaccinated was 12.4 percent. She also said that Lincoln County had one of the highest overall vaccination rates in the state and 78.1 percent.

"This is really encouraging and we're getting way closer to 80 percent benchmark that had been set up by the Oregon Health Authority," Pourtal said.

Pourtal addressed that recently some people were having difficulties getting tested in the community. She said they are working with the Oregon Health Authority and Willamette Valley. Toxicology Laboratory to offer testing opportunities at their vaccination clinics.

Earlier in the meeting, the commissioners voted in favor of public health spending approximately \$40,000 to purchase a van for their vaccination clinics. Pourtal said they had been renting a van since June, and the purchase will allow them to do more vaccination clinics in the future.

Echo Mountain Fire Update

Commissioner Kaety Jacobson said the anniversary of the Echo Mountain fire has just passed.

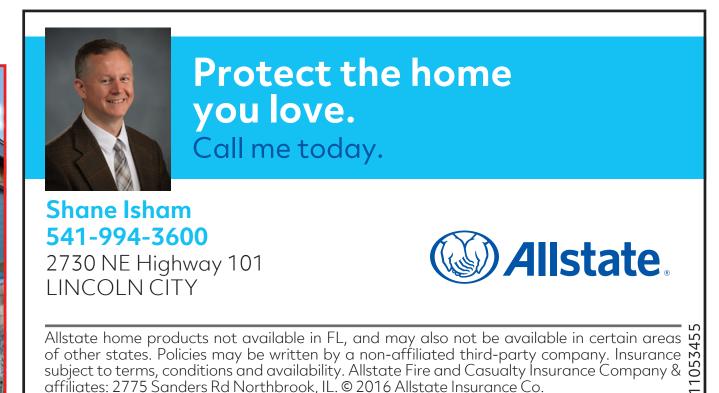
"We're not all back together yet. There's still a lot of people living in hotels and a lot of barriers for people to get back home," Jacobson said. "There's still a lot of people in our community in limbo right now. Recovery is, as I'm learning, not a sprint but more like a marathon." She also addressed the assertion that no one was lost in the fire.

"It's true that no one died of the fire itself, but there's a family that does feel like their family member did pass away and due to the fire and the circumstances surrounding that," she said. "My understanding of the situation is that during the evacuation, this person fell and had a head injury while they were trying to evacuate, and then died a few days later of that head injury."

"I just want to acknowledge that family," Jacobson said.

Jacobsen also mentioned a call to the county from a developer who is looking at using disaster credits to build housing for survivors who are not able to go back home, like renters or people who lack the resources to rebuild. She said it would possibly be about 16 units for senior housing to eventually be turned over to the housing authority.

More discussion is expected in the future.



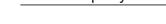
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> 999 **Public Notices**

NG21-115 Notice is hereby given that the City Council of Lincoln City will hold a public hearing to take oral and written comments on the City's draft findings in support of an exemption from competitive bidding under ORS 279C.335 for the construction of the Community Center Re-roof Project. The City is requesting the exemption from competitive bidding to allow the use of an alternative procurement method that presents an alternative to the traditional low-bid method of contracting. The method known as Best Value or Source Selection awards projects to the contractor offering the best combination of price, technical qualifications, technical approach. The City's evaluation and scoring of competing contractor's technical qualifications and technical approach components, combined with comparison of the contractor's price component will be the basis of award. The project is located at 2150 NE Oar Place. The proposed work will remove the existing metal roof, make any repairs needed, install new metal roof and gutters. The draft findings may also be viewed on Lincoln City's website at www.lincolncity.org or by contacting Lincoln City Public works at 541-996-2154. Public Hearing Information Date: September 27, 2021 Time: City Council Meeting, 6:00 PM* Place: City Council Chambers, 801 SW Highway 101, 3rd Floor, Lincoln City, Oregon. *(This is a regularly scheduled City Council meeting, and the public hearing will not be the first item on the agenda.) Comments must be submitted in writing by noon on September 22, 2021 to be included in the City Council packet. Written comments received after noon

Northwest Hardwoods Inc. Location: Garibaldi, OR

Background: Northwest Hardwoods is a world class, Integrated, global supplier of wood products to the furniture, cabinet, molding, and millwork industries. We serve the industrial market segment worldwide. We are searching for a candidate who is a



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- Operate mobile equipment.
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Qualifications:

- · Must be safety conscious, have a positive attitude and work well in a team environment.
- Must have excellent attendance
- High school or GED equivalent.
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- Pre-employment drug-screen & background check required.
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Candidate who meet these qualifications will be considered further. You can apply in person at the Mill at 202 S. Seventh Street in Garibaldi or submit your resume and cover letter by mail to Northwest Hardwoods, c/o Roby Lane, PO 217, Garibaldi, OR 97118.

This is a good fit for applicants with gaps in their resume, or who have been out of the workforce for the past 6 months or more. If you are someone just entering the workforce or returning to the workforce with limited experience and education this job may be a good fit for vou.

Northwest Hardwoods provides a competitive compensation program with a profit-sharing plan. Our comprehensive benefit package includes medical, dental, prescription and vision care coverage. Pre-tax Health Savings Account and 401(K) Retirement Plan with company match. Company paid life insurance and short-term disability, paid vacation, paid holidays, and Employee Assistance Program.

Northwest Hardwoods, Inc is an Equal Opportunity/Affirmative Action employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, national origin, disability, or protected veteran status. H63686



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Adventist Health is an equal opportunity employer and welcomes people of all faiths and backgrounds to apply for any position(s) of interest.

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CHAMBERS, P.C., SCOTT J. SCHAUB, OSB #893572, 2210 NE 22nd St., Lincoln City, OR 97367. Phone: (541) 996-2195. Fax: (541) 996-2770. Email: krsc@embarqmail.com.

NG21-200

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF LIN-COLN

Probate Department Case No. 21PB06636

NOTICE TO INTERESTED PERSONS

In the Matter of the MYRTLE LA-VELLE MEAD, Deceased.

NOTICE IS HEREBY GIVEN that Sharon Marie Day has been appointed as the personal representative of the above estate. All persons having claims against the estate are required to present them to the undersigned attorney for the personal representative at 405 W. Arlington Street, Gladstone, OR 97027, within four months after the date of first publication of this notice, or the claims may be barred.

All persons whose rights may be affected by the proceedings may obtain additional information form the records of the Court, the personal representative, or the attorney for the personal representative.



— Weekly SUDOKU

Answer

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8	3	5	4	7	1	2	6	9
6	9	7	3	2	8	1	4	5
4	1	2	9	5	6	7	8	3

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Dated and first published on August 31, 2021. Sharon Marie Day, Personal Representative Joseph Q. Kaufman, OSB No. 872702 Attorney for Personal Representative 405 W. Arlington Street Gladstone, OR 97027 Tel (503) 722-3850 Fax (877) 866-1876 joe@jqkaufmanlaw.com

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Public Notices



For required application materials and posting information visit our website at www.ci.bay-city.or.us.

City Recorder/Finance Director –

Salary range \$46,560-\$75,828. Open until filled

City Planning/Special Projects Technician -

Salary range \$34,824-\$56,844. Open until filled.

Code Enforcement - Part time -

Salary range \$15.00 to \$25.00/hour. Open until filled.

More Fun & Games @ TheNewsGuard.com/games



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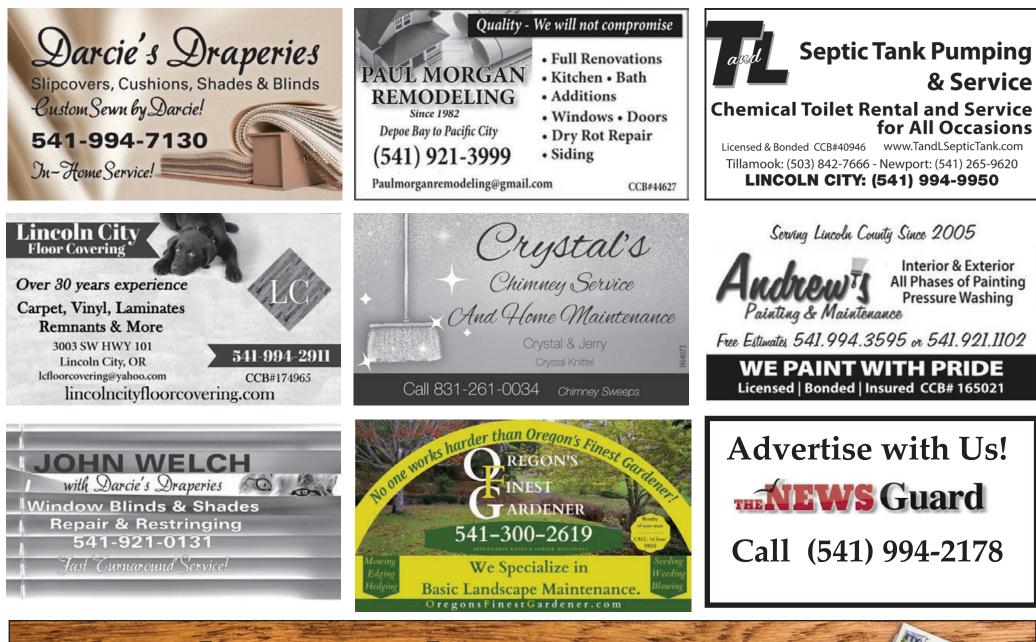
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Public Notices







OBITUARIES

Roxanne K. (Kramer) Dinsmore December 3, 1947 to August 31, 2021 "Went to Heaven"

Cremation was chosen after the battle with Cancer. Roxanne was born in Denver, Colorado to Charlotte Nadine Kramer and Loui Parrett who were never united in marriage. She was fortunate enough to spend some time with her father in her young adult years.

Roxanne had a complicated childhood, spending time in Denver, Boulder, Holyoke and Amherst, Colorado. She was so grateful to spend time with her Aunt Edythe and Uncle Otto Detmer and their son Jack in Blackfoot, Idaho. They would fish, rock hunt and ride the donkey, which was a highlight of her visits. Her uncle Otto and his son Jack actually taught her how to fish on the Snake River which she really enjoyed.

Roxanne had a high school education and two years of college during her high school years. She was chosen to sing and travel with the group "Up with People" at many locations in the United States. She loved to sing and dance; however, she was sort of shy when it came to the singing part and most people did not know her capabilities.

Dorothy and Vernell Meinte of Amherst, Colorado adopted Roxanne into their family of three children, Myron, Michele and Malinda, which



was a very loving and caring Christian family.

Roxanne managed large apartment and condo properties in the Denver area before taking classes and obtaining her real estate license, selling real estate as a buyer assistant and sometimes as the seller's agent in all of Colorado.

Roxanne actually sold a property to Harvey (her husband) that he had purchased and remodeled completely. They just had that immediate connection and were united in marriage on September 8, 1994 in Golden, Colorado.

After relocating to the Oregon Coast, Roxanne was a real estate agent for John L. Scott in Lincoln City. After some time, she achieved her Oregon broker's license and managed Pete Anderson Real Estate in Cutler City before retiring.

After retiring, Roxanne was a home body where she enjoyed her dogs and the quiet time, however, she would get out and about when the desire struck her.

Roxanne is survived by her husband, Harvey Dinsmore of Depoe Bay, brother-in-law Merl Dinsmore and wife Janice of Anton, Colorado; brother-in-law Lyle Dinsmore and wife Linda of Otis, Colorado; sisterin-law Eva Manzanares of Denver, Colorado; brother Myron Meinte and wife Margie of Houston, Texas; sister Michele and husband Bruce Yowell of Englewood, Colorado; and sister Malinda and her husband Jim Paloucek of North Platte, Nebraska; and many nieces, nephews, aunts, uncles, cousins and friends.

Rozanne will be missed but now God has a special angel to watch over all of the people.

Brent (BJ) McCarthy November 13, 1995 to August 22, 2021

With great sadness in our hearts we are announcing the passing of Brent (BJ) McCarthy on Aug 22, 2021.

BJ was a local in Lincoln City area. Recently moved to Vancouver, WA to be near his sister. We will miss his outgoing and kind nature. Always ready to keep you smiling with his wit and humor. Funeral Arrangements: TBA

A TRIBUTE

A year ago today, September 14, 2020, Fred A. Sturgill passed.

Fred was born June 1, 1946 to Fred J. Sturgill and Belle Sturgill in Bluefield, Virginia. At the age of 5, Fred and family moved to Oregon. Fred grew up, went to school, and worked in Lincoln City ever since. His father, mother, 2 brothers, Blaine and Roy, all preceded him in death.

He worked for the Telephone Company for almost 40 years retiring in 2008. As a youth, Fred worked his first job for Lincoln Beach Market.

He had several hobbies and loves such as automobiles, especially retro. He also liked trains, antiques and animals.

He is survived by his wife, Karla, three children Tracy, Tammy and Chris as well as his grandchildren Nic, Meagen and Jaxson and greatgrandchild Maverick. I know this is unconventional to provide an obituary one year after passing, however, life has been anything but conventional for me. Still after a year of 2020 and 2021, I wanted to acknowledge Fred's life as he deserves. Remember him now, with fondness, sadness and pray he is resting in peace. Love you always, husband.

Anyone, such as old friends, school chums, coworkers or bar stool friends who read this, please, next time you toast to someone, give a hearty toast to Fred. Thanks, Karla Sturgill

WorkSource Oregon to host statewide 'Back to Work Day'

Lincoln City location will host a fair from 9 to 11 a.m. on September 15 with more than 30 employers

The Oregon Employment Department, in partnership with WorkSource Oregon, is launching a statewide Back To Work campaign Thursday, Sept. 15, to help people find jobs and businesses to find talented workers.

"We are hosting scavenger hunts, job fairs, drive thru and virtual hiring events, and even a 'Large Business Extravaganza' in Albany with more than 50 employers," said Jim Pfarrer, director of workforce operations at the Oregon Employment Department. "We have a deep well of experience helping people find work during and after a recession, and our dedicated and knowledgeable employees can help people find the right job or training."

The location in Lincoln City at 4157 NW Highway 101 Suite 250 will host a fair from 9 to 11 a.m. with more than 30 employers who are hiring. Job seekers are advised to bring several copies of their resume.



"IF YOU'RE GOING TO HAVE YOUR NAME ON THE DOOR, IT TAKES DEDICATION AND DISCIPLINE."

Still just 29, Jake Martin is a throwback. Not just because he listens to Elvis and Johnny Cash as he drives his log truck 14 hours a day, but because Jake truly understands what it takes to succeed. "Owning a log truck can go very good for a guy or very poorly," he points out. "You're going to get out of that investment what you put into it."

Jake's family has lived in Tillamook for close to a century. Many of his relatives have been involved in the lumber industry, including his dad, Jim, who was a timber cutter for 30 years. The vintage McDonald hard hat that Jake wears on the job was a gift from his dad. So was the advice he gave him, which Jake has painted on the side of his truck: "Keep the nose to the grindstone."

After graduating from Tillamook High School, Jake worked as a millwright before getting his first driving job hauling rock for Braxling & Braxling. He moved up to driving a lowboy for 3+ years and then log trucks for others.

In 2017, at the tender age of 25, Jake decided to go out on his own, buying a 1999 Peterbilt with a 550 CAT engine. Two years later, he invested in his current rig, a 2020 Kenworth W900B with a 565 Cummins engine and 18-speed transmission which hauls his 2018 Whit-Log trailer.

His truck is "viper red", chromed to the max, and typically gleaming. "I wash it a lot and do my own maintenance," says Jake. The prior weekend, he'd rotated every single tire. "If you're going to have your name on the door, it takes dedication and discipline," he explains. "I work hard, show up on time, and always give 110%. I'd work seven days a week if I could."

Typically, Jake hits the road at 1 a.m. Primarily he hauls for Hopkes Logging, driving three to four loads each day to mills in Warrenton, Veneta, Willamina, Eugene, Longview or Randle, Washington. "I enjoy the logging environment and get to work around really good people," he comments.

Jake bought his Tillamook home from his grandparents. The property has enough room for a shop and garages, one of which houses car #17, which he drives in Tillamook's *Pig 'n Ford* races. In his spare time, Jake heads back to the woods, to hunt, trap and fish.

Currently a one-man operation, Jake Martin Trucking may someday expand. "If the times were right and drivers were available, I can see myself eventually diversifying," comments Jake. What he does know for sure is how he'll buy additional trucks. He purchased his first two rigs with financing from Oregon Coast Bank, which is exactly how he plans to invest in new equipment. "Oregon Coast Bank understands what it takes to get going," says Jake. "They're flexible, committed to the timber industry, and believed in me. That's how banking should be in a small town."



Oregon Coast Bank

oregoncoastbank.com

 Newport:
 909 SE Bay Blvd.
 541-265-9000
 Lincoln City:
 1298 SW Harbor Ave.
 541-994-6500

 Toledo:
 305 NW First Street
 541-336-9000
 Pacific City:
 35490 Airport Way
 503-965-6600
 '

 Waldport:
 285 NW Maple St
 541-563-9000
 Tillamook:
 2211 Main Avenue N
 503-815-9910
 '



WorkSource Oregon and its partners are coordinating job fairs and hiring events across Oregon in 24 locations. OED is a major partner in the WorkSource Oregon system.

All events will follow the state and CDC guidance to make sure everyone is safe during these events. To ensure the safety of our visitors and employees and prevent further spread of COVID-19, all customers and employees must wear masks.



arews Erson & Zante

Attorneys at Law



OPINION

MEWS Guard

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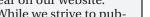
WRITE TO US:

We want to hear from you and encourage you to write letters to the editor. Due to space limitations, shorter letters have a better chance of being printed. We may edit your letter for style, grammar and clarity, although we do as little editing as possible. Letters longer than 300 words will not be printed. Letters can be on any topic, but letters on local issues will be given preference.

Letters to the Editor that attack or challenge private individuals or private businesses will be refused. Challenges to public officials may be permitted. Only one letter per writer will be published on a single topic each month.

Thank you letters are limited to mention of individuals and noncommercial organizations and cannot exceed 200 words.

We also welcome longer guest columns. These might be written by newsmakers, public officials or representatives of local organizations. These can run between 450 and 700 words. To verify authenticity, all letters and guest columns must be signed and include your address and daytime phone number. We won't print your street address or phone number. Any guest opinion may appear on our website. While we strive to p lish all viewpoints, The News Guard and Country Media reserve the right to refuse to publish any letter or guest editorial. Letters to the Editor or guest columns can be sent to: newsguardeditor@ countrymedia.net or P.O. Box 848, Lincoln City, OR, 97367-0848. Letters can also be submitted at thenewsguard.com.





NATIONAL SUICIDE PREVENTION LIFELINE 1-800-273-8255 | suicidepreventionlifeline.org

OREGON YOUTHLINE 877-968-8491 | Text "teen2teen" to 839863

The bright line for me: Protecting Oregon's schoolchildren

By David Gomberg State Representatrive

Getting our kids and grandkids safely back into school has got to be priority one

As parents, students, and educators anxiously return to in-person learning this week, it's important to keep in mind where we were this time last year. While the ramifications of COVID-19 devastated communities, shuttered businesses, and left so many of us uncertain about the future, our kids were forced into a remote learning environment built on compromises for the sake of public health.

This March, Governor Brown announced a return to in-person learning for the 2021-2022 school year. Let's keep it that way. The decision to shift to remote learning last year was a choice no one wanted to make. Clearly, the best place for our kids' social and



educational development is in the classroom. Nonetheless, circumstances led us to a school year in which everyone struggled -- our educators, our parents, and certainly our children.

Educators scrambled to figure out ways they could adapt their curricula to suit the unique landscape of

ties were abruptly forced into the position of homeeducator. Businesses that could open found they had fewer employees to open with. And children were separated from their schools and deprived of the social experiences and much of the professional support they needed. Needless to say, this was not an ideal situation.

With the new school year looming, I fear that if we don't take action now, we risk compromising another year of our kids' education.

Unfortunately, the situation with the Delta variant has been rapidly evolving. Communities are struggling, our hospitals are at capacity, and very sadly, we are seeing too many fatalities. Our children are at lower risk, but are still unvaccinated

only will COVID-19 patients have a hard time getting the emergency treatment they need, but so too will the rest of the population that may require a stay at the ICU for any number of reasons, like a heart attack, stroke, or even an auto or workplace accident. This month, the Oregon National Guard was deployed to hospitals around the state to assist our medical workers dealing with the recent surge.

I get mail expressing frustration that students will be required to wear masks while in indoor classrooms. Masks, while inconvenient, offer an effective layer of protection against the spread of COVID-19 and its highly contagious delta variant. One of our Superintendents told me it is a small price to pay for getting

learning truly is. Until we have a vaccine for children under 12, it's more important than ever that community leaders, educators, and parents step up to keep our kids safe, and to also keep them in the classroom.

It's imperative that we encourage and maintain social distancing and to promote proper hygiene among our students. It's imperative that we encourage proper mask usage and promote a robust and engaging learning environment. But most importantly, it's imperative that we do everything we can to prevent needless community spread of CO-VID-19 so we can keep our schools open and accessible to the students and parents that rely on them.

Our kids and grandkids serve our support, our

DIFFERENT WAYS TO SAY, "I'M TRYING TO GET COVID."

DEADLINES:

Advertising: Wednesday, 5 p.m. Legals, Community news and listings: Thursday at noon. Sports information and Letters to the editor: Friday at noon.

POSTMASTER:

Send address changes to The News Guard, P.O. Box 848, Lincoln City, OR 97367-0848.

Periodicals Postage paid at Lincoln City, OR 97367 and at additional mailing offices.

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The News Guard has several options for submitting obituaries:

Basic: Includes the person's name, age, town of residency, and information about any funeral services. No cost.

• **Custom**: Choice of length and wording. The cost is \$75 for the first 200 words, \$50 for each additional 200 words. Includes a small photo at no additional cost.

• **Premium** Obituary: Often used by families who wish to include multiple photos with a longer announcement, or who wish to run a thank-you. Cost varies based on the length of the announcement.

All obituary announcements are placed on The News Guard's website at no cost.

online learning. Working parents, already contending with the challenges of the pandemic and a lack of childcare opportuniand vulnerable.

At present, every corner of our state is contending with ICUs reaching capacity. This means that not

schools open again.

Keeping our kids healthy should certainly be our first concern, but we can't forget how important in-person

sacrifice, and our kindness. So let's get vaccinated, mask up, and keep this school year safe, productive, and open.

VOICES OF THE COMMUNITY

I wanted to weigh in on this Ward 1 special

election. I have lived in LC for about 5 years now,

I have watched the city go through many things

in such a short amount of time. I have also paid

lege, Although I might not know the way things

are done, standing on the outside looking in I

can honestly say I don't much like the way our

More like a high school click. I have seen

its purpose, and I want to know what have you

what looks like grooming, this council has served

I have spoken to many residents that don't

feel like they have been heard, and I have tried to

speak to some who have gotten the shun and are

ing more than going through motions, I was not

I attended council meetings that seem noth-

I studied Government in high school and col-

close attention to City Council.

afraid to voice their opinions.

city is run.

done for us lately?

Vote for Fernando Garza

impressed.

I am sure by now everyone has heard of Fernando Garza- He was told by 2 council members that the council does not like him.

But he is running anyway, why would council members tell him the rest of them don't like him? I was completely offended, and I will no longer be silent.

How can a city council be fair when they make up their minds that they don't like someone? Just because you don't like someone, is that a reason to treat them with disrespect?

It seems to me that All of the endorsements made toward the other candidate are of grooming nature. What can they offer? The only thing I can think of is a silent tongue, Council will tell them what is in their best interest, and they won't make waves.

Mr. Garza on the other hand will make waves, but he will do it in a very kind way, He will ask

questions, bring ideas, motivate where motivation is needed, make sure things are fairly decided, and he will listen to you the people, the heart of Lincoln city.

Fernando doesn't have an agenda other than fighting to get your voices heard. SO if you are happy with the way things get decided for you and not with you in mind, then don't vote for him, if you want to see positive change, then clearly the choice should be made to Vote for Fernando.

City council has become complacent and needs a little shaking up ... Decisions need to be made with the people in mind not just the people with hidden agendas, whomever that may be ... but then again this is just my opinion....

> Thank you, Sincerely, Shannon Garza

Join me in voting for Starmer

The voters of Ward 1 in Lincoln City (the north end of town) should have received ballots in the mail for a special election to fill the unexpired term of a City Councilor who resigned earlier this year. Ballots are due by September 21st.

You can mail in your ballot or drop it off in the official county ballot box in the City Hall parking lot. Be sure to provide enough time for your ballot to arrive in Newport if you mail your ballot. If you are a registered voter in Ward 1 and have not received a ballot, you should contact the County Clerk's office at 541-265-4131.

There are two candidates running for City Council at this time. Elaine Starmer

has served on the City's budget committee for three years. I was able to serve on the budget committee with her. She asked good questions and provided good suggestions. She has been a valued member of the budget committee.

The other candidate has not been involved in any of Lincoln City's committees. Ms. Starmer's background will make her a valuable member of City Council. She has the experience needed to serve as a City Councilor. Be sure to turn in your ballots on or before September 21st, and please join me in voting for Elaine Starmer

> Susan Wahlke, Ward 1 resident

Submit your Letter to the Editor on our website at TheNewsGaurd.com today!

ONLINE POLL							
This week's question With where we are in the pandemic, should our schools be teach- ing our children in person or via distance learning or a combi- nation of both?	Last week's results Have you ever given some- thing (money, food, clothing, etc.) to some- one who is panhandling? Yes 60% No 45%						
The second second second second							

Vote online at thenewsguard.com see how your opinion compares.

September 14, 2021

New providers welcome students to School Based Health Centers

Students returning to Lincoln County schools found new faces awaiting them and that wasn't just in the classroom. School Based Health Centers (SBHCs) in three of the four high schools have new nurse practitioners providing primary care this year.

SBHCs are a service provided by Lincoln County Health and Human Services. These federally qualified health centers provide physical exams, diagnosis and treatment of minor illnesses, immunizations, mental health screening, and treatment of minor injuries to area students.

Physical and mental health services are delivered by licensed professionals from Lincoln Community Health Center, including nurse practitioners, a registered nurse, and mental health clinicians. Two new nurse practitioners are joining the primary care team this year.

Susan Speece, FNP, has worked with adolescents before and is looking forward to treating the children at Newport High School on Thursdays and Fridays, and the students in Waldport on Tuesdays and Wednesdays.

"These are my peeps," the nurse practitioner said enthusiastically. "I'm looking forward to students coming in and serving as



Susan Speece

a resource for them, no matter what questions they may have. I didn't have the ability to talk to a healthcare professional at that age, so I think it's a pretty cool thing," she added.

Speece has undergraduate degrees in psychology and nursing from Wayne State University in Detroit, and earned a Master's in Nursing from the University of Detroit Mercy.

Corie Charnley came to work for Lincoln County HHS in June of this year and will be a new face at Taft High School on Mondays and Wednesdays. Charnley is a graduate of Oregon Health and Science University (OHSU) where she earned her RN degree, Master's degree and doctorate. She has worked in primary care in the Portland area, first as part of a street team delivering services to the homeless and later in a clinic setting.

"I'm really looking forward to working with the students," Charnley said. "What I really like about this age is that they are just starting to build their own autonomy and healthcare is a perfect place to do it. This is how they will learn to be proactive about their health and their bodies and I'm excited to be able to support them in that."

Charnley is also pleased that students can receive mental health services at the SBHCs, too.

"I think that is fantastic. I came from a clinic that had integrated primary care and mental health. The fact that we can provide those services under one roof is very special. We can get so much more done on their behalf when we're all able to collaborate," she added.

Jessica Hubbard, program manager for the SB-HCs, said she's pleased with the team she has in place for this school year. Joining Speece and Charnley is Jason Vang-Erickson, NP, who is the veteran provider among the three. He will see students in Toledo on Thursdays and Fridays.

"I am excited that we have these providers in each



Corie Charnley

of the schools for two days each week, in addition to Crystal Pickner, RN, who spends one day a week in each school. Our primary care team is joined by behavioral health providers and certified medical assistants who are on hand in each location," she said.

As federally qualified health centers, SBHCs offer affordable services and all Lincoln County School District students may utilize them.

The presence of these clinics in schools reduces barriers like cost and transportation that might keep children from getting the care they need. To learn more about the SBHCs and other area health services, visit <u>www.lincolncommuni-</u> tyhealthcenter.com.

Forest Service to waive fees for Public Lands Day

The USDA Forest Service will waive fees at day use recreation sites in Washington and Oregon on National Public Lands Day, Saturday, Sept. 25, 2021.

The Forest Service offers several fee free days annually to encourage Americans to explore the outdoors and visit their public lands. Find more information at https:// www.fs.usda.gov/visit/passes-permits.

The fee waiver includes many Forest Service picnic areas, boat launches, trailheads, and visitor centers. Fees for camping, cabin rentals, or other permits still apply. Fees will continue to be charged at recreation sites operated by concessionaires unless the individual manager chooses to participate.

They welcome visitors to our 17 National Forests in Washington and Oregon and ask the public to recreate responsibly so they can maintain these opportunities for all to enjoy.

To find a recreation site near you, visit our interactive recreation map. To learn more about the Forest Service in the Pacific Northwest, visit www.fs.usda.gov/r6.

Neskowin Chamber Music announces 21-22 Season

Neskowin Chamber Music is delighted to announce its 2021-2022 season, beginning on Sunday, October 10 at 3 p.m. with a concert by mezzo-soprano Kindra Scharich and pianist Jeffrey Ladeur.

Neskowin Chamber Music has been bringing world class artists to Oregon's north coast since 1994. All Neskowin Chamber Music events take place at the chapel of Wi-Ne-Ma Christian Camp, located at 5195 Winema Road.

Later events include the Hermitage Piano Trio (November 14), Pacifica String Quartet (January 9), Lisa Lynne and Aryeh Frankfurter (February 13), Neave Piano Trio (March 20), Mark and David Kaplan (April 10), and Cuarteto Latinamericano (May 15).

Season tickets for Neskowin Chamber Music are \$130 ; single tickets at the door are \$30.

Additionally, special discounts for children and young adults are available. For more information, please visit them at neskowinchambermusic.com or call 503-965-6499.

Camp Winema is located three miles north of Neskowin, OR, just off Highway 101.

Sheriff's tip of the week: Be four weeks Cascadia Ready

Disasters and emergencies can strike at anytime; sometimes leaving our communities without adequate aid for hours, days, or even weeks. Due to the potential impact of local wildfires, storms, floods, or landslides it is recommended that all Oregonians be prepared to be self-sufficient for at least two weeks. For coastal residents, like Lincoln County, it is recommended to be "4 Weeks Cascadia Ready" in preparation for a Cascadia Subduction Zone earthquake.

This means your household has enough food, water, medical supplies, sanitation supplies, and other life-sustaining resources to meet your specific needs for at least four weeks. In a major disaster such as a Cascadia Subduction Zone earthquake, supply chain, responders, and transportation would be disrupted. This means our communities need to be prepared to take care of each other until assistance is available. **Be Informed**

- Know about the hazards where you live.
- Be familiar with local evacuation routes.

• Sign up for local emergency alerts through Lincoln Alerts or update your profile.

Make an Emergency Plan

• Talk with family and friends about what you will do, including if you're not together during an emergency.

· Practice your plan at different times

and on different days. What will you do if you are at home, work, school, or another location?

• Plan to check on your neighbors or vulnerable community members and offer

assistance if possible. Build an Emergency Kit

Create an emergency kit or update your existing one.

Some supplies to include:

• At least 4 weeks supply of food and water for each person and any pets. Remember to include water for drinking, sanitation, and preparing meals if needed.

• Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert

- Flashlight
- First aid kitExtra batteries
- Whistle (to signal for help)
- Dust mask (to help filter contaminated
- air) and face coverings (for COVID-19 prevention)
- Plastic sheeting and duct tape (to shelter in place)
- Moist towelettes, garbage bags and plastic ties (for personal sanitation)
- Wrench or pliers (to turn off utilities)
- Manual can opener (for food)
- Local maps

• Cell phone with chargers and a backup battery

College offers one-stop admissions, advising, registration event

Event set for 10 a.m. Tuesday, Sept. 14 at OCCC's Central County Campus in Newport

The Fall term at Oregon Coast Community College begins on Sept. 27. Students from all walks of life will gather for the term in a robust lineup of in-person and online course offerings. Some will be beginning (or re-starting) a two-year transfer degree, saving thousands as they pursue an eventual four-year university degree. Others will be working to become a teacher here in Lincoln County, through OCCC's "teach at the beach" program, created in concert with the Lincoln County School District. Still others will be pursuing a two-year degree in business, a certificate in Early Childhood Education, or one of a number of other disciplines.

Though the start of the term is just around the corner, there is still time from brand-new and returning students to get registered for the new term.

The last opportunity to get admitted for the fall term, meet with an advisor, and register for classes – all in one convenient event – is coming on Tuesday, Sept. 14.

The event will be held from 10 a.m. to Noon at OCCC's Central County Campus, at 400 SE College Way, in Newport. Participants will then be invited to return at 1 p.m. for a new-student orientation, which will run to 3 p.m.

To learn more, call 541-867-8501.

Pre-registration for the Sept. 14 event is not required, and all are welcome to attend. Participants are encouraged to bring unofficial transcripts of high school records or other colleges attended, if available.

Nurturing parenting online class series begins September 20

When all members of a family operate on the same philosophy, children will feel trust, predictability and consistency. One critical aspect of nurturing children is developing their empathy, which is the focus of a Nurturing Parenting class series designed for families with children ages 0 to 8.

Sponsored by Parenting Success Network and Samaritan Health Services, the 12-week virtual series will be offered on Mondays beginning Sept. 20, from 6:30 to 8 p.m. In the series, parents will learn the art, science, strategies and techniques that promote empathy in children and form the basis of day-to-day family interactions.

Participants must have access to an internet device with camera and microphone. A limited number of touch-screen tablets and hotspots are available for loan.

For information and to register, send an email to hernanj@linnbenton.edu or call 541-497-4358.



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What are three things you couldn't live without? My family, friends, and an oven

The sea and complete and the sea complete

What was your favorite subject in school? History. I had an amazing teacher in high school who inspired me to major in history in college.

What superpower would you like to have? Flight or speed. I'd like to be able to get around faster.

Who is your hero or role model? It may be cliché, but my parents. They have set an excellent example for me as a person and parent.

How has COVID impacted your life the most? The biggest impact has definitely been on my social life. We used to have folks over for dinner, football games, etc. We used to tailgate for all the Oregon Duck home games. Now we don't. Funny enough, though, COVID has helped rekindle old friendships too. I now chat daily with friends from college with whom I share a love of knitting and crocheting. We started crafting together from afar in March 2020 and have continued sharing our projects, progress, and love of all things yarn with each other.

> What did you eat for breakfast? Today? A breakfast sandwich from Starbucks

City Family D

Do you believe in Bigfoot? I'm not convinced Bigfoot exists, but it is certainly possible.

What's your

favorite candy?

Dark chocolate

salted caramel

What is your proudest

accomplishment?

Graduating from college. I

was the first in family to do so.

If money were no object, what would you buy? A bakery or yarn shop If you were an animal, which would you be and why? A domesticated house cat. They seem to have the best lives. If you could travel anywhere, where would you go first? Greece was the first country that came to mind, or maybe Thailand

Rachel Humpert, Volunteer Coordinator Driffwood Public Library

> What was the year, color, make and model of your first car? 1978 red Toyota Celica

> > AND IN THE OWNER

Where is your favorite place to eat? I love gyros and Gyro Guys in Newport is pretty good.

I'm coming over for dinner, what are you making? Depends on the occasion and what you like. Some homemade sourdough bread will probably be involved though.



Contact Robyn! Cell: (509)304-7208 e-mail: Newsguardads@countrymedia.net Getting to know each other better, 15 questions at a time ...

Welcome Back to School



We wish you all a *safe* and *wonderful* year!

Reader's Choice Awards: Vote us "Best of the Beach Dentist"

Lincoln City Family Dental

1120 SE 1st. St. Lincoln City OR, 97367

(541) 994-8935 www.LincolnCityFamilyDental.com





Vote for your favorite businesses!

Results will be published in a special "Reader's Choice" edition on November 23rd in The News Guard.

FOOD & DRINK	LIVING	SHOPPING		
1. Asian Food	35. Art Gallery	69. Antique Store		
2. Bakery	36. Barber Shop	70. Appliance Store		
3. Bar/Pub/Lounge	37. Golf Course	71. Auto Parts Store		
4. Breakfast	38. Health & Fitness Club	72. Bait and Tackle Shop		
5. Burger	39. Hotel/Lodging	73. Boat Sales/Supply		
6. Chowder	40. Manicure/Pedicure	74. Cannabis Dispensary		
		75. Flooring		
7. Coffee	41. Massage Therapist	76 Flower Shop		
8. Deli	42. Salon/Spa	77. Furniture Store/Mattress Store		
9. Dinner	43. Tattoo	78. Gift Shop		
10. Dessert	44. Theater	79. Hardware Store		
11. Fish & Chips	45. Volunteer	80. Jeweler		
12. Food Store	SERVICES	81. Lumber Store		
13. Italian Food	46. Accounting Office	82. New Car/Truck Dealer		
14. Lunch	47. Attorney/Law Firm	83. Nursery/Garden Center		
	·	84. Pet Supply Store		
15. Mexican Food	48. Auto Repair	85. Resale/Thrift		
16. Pizza	49. Computer Service/Repair	86. RV Dealer		
17. Grocery	50. Contractor	87. Tire Shop		
18. Restaurant	51. Customer Service	88. Used Car/Truck Dealer		
19. Steak	52. Electrical Repair Shop	89. Women's Boutique		
20. Catering	53. Bank			
		DECT IN TOMM		

21. Food Truck

HEALTHCARE

- 22. Chiropractor
- 23. Clinic

24. Dentist

25. Pediatric Dentist

26. Doctor

27. Optometry Center

28. Hearing Aid Center

29. Hospital

30. Orthopedic Care

31. Pediatric Care

32. Physical Therapy

33. Podiatrist

34. Retirement/Assisted Living

55. Funeral Home/Mortuary

54. Fishing Charter Service

56. Heating & Air Conditioning Shop (HVAC Only)

57. Insurance

58. Pharmacy

59. Photographer

60. Personnel/Employment Agency

61. Pet Groomer

62. Plumber

63. Real Estate Company

64. Realtor/Broker

65. Roofer

66. Service Club

67. Transmission Shop

68. Veterinarian

90. Neotsu

91. Otis

92. Gleneden Beach

93. Depot Bay

94. Siletz

95. Grand Ronde



BEST IN TOWN

Name		 	
Signature			
Zip		 	

Ballot must be received by September 30, 2021 at 5:00pm. 1818 NE 21st St., Lincoln City, OR 97367. This is your ballot. Write in your choice. One ballot per voter. Ballot must be completely filled out to be considered valid. Enter one person/business per category. <u>Businesses can only be voted for services they provide.</u>