

Peripheral Neuropathy WARNING!

Butler, PA – The most common method your doctor will recommend to treat your neuropathy is prescription drugs that may temporarily reduce your symptoms. These drugs have names such as Gabapentin, Lyrica, Cymbalta, and Neurontin, and they're primarily antidepressant or anti-seizure drugs. These drugs may cause you to feel uncomfortable and have a variety of harmful side effects.

Peripheral neuropathy is a result of damage to the nerves. It most often causes weakness, pain, numbness, tingling, and the most debilitating balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet which causes the nerves to begin to degenerate due to lack of nutrient flow.

As you can see in Figure 2, as the blood vessels that surround the nerves become diseased they shrivel up, which caused the nerves

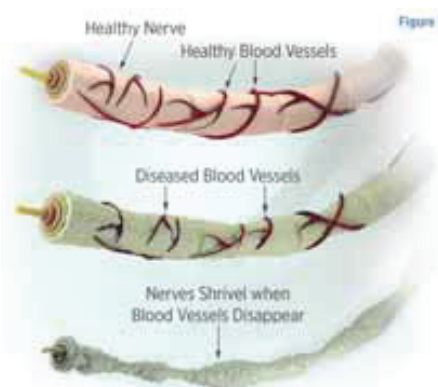


Figure 2: When these very small blood vessel become diseased they begin to shrivel up and the nerves begin to degenerate.

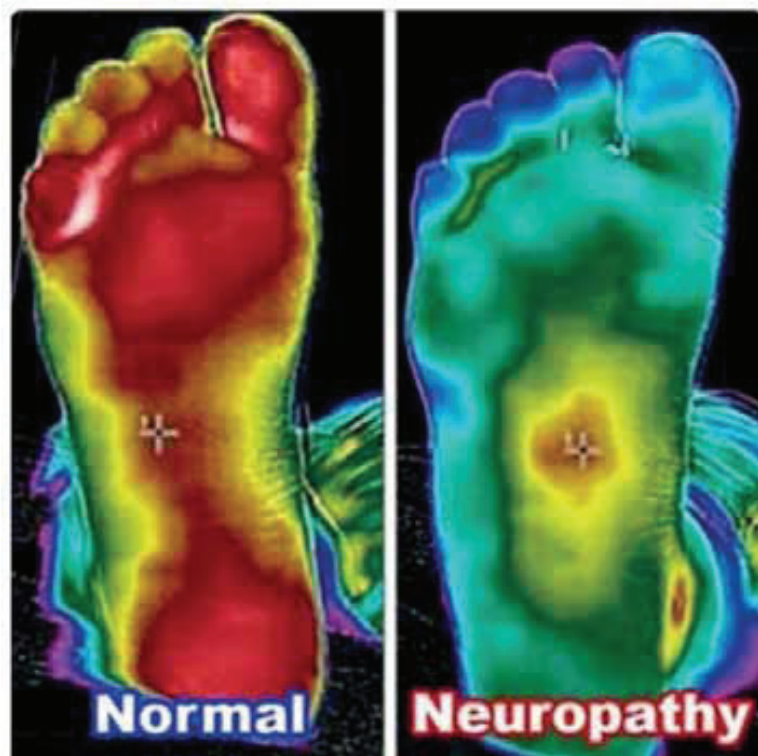


Figure 1: Showing temperature changes for neuropathy foot verses normal foot. Causing cold and numb feet.

to not get the nutrients to continue to survive. When these nerves begin to “die”, they cause balance problems, pain, numbness, tingling, burning, and many additional symptoms.

The main problem is that your doctor has told you to just live with the problem or try the drugs which you don't like taking because they make you feel uncomfortable.

There is now a facility right here in Butler that offers you hope without your taking those endless drugs with serious side effects. (See the special neuropathy severity examination at the end of this article.)

In order to effectively treat your neuropathy three factors must be determined:

- 1) What is the underlying cause?
- 2) How much nerve damage has been sustained?
- 3) How much treatment will your condition require?

NOTE: Once you have sustained 85% nerve loss, there is likely nothing that we can do for you.

The treatment that is provided at Discover Wellness Center has three main goals:

- 1) Increase blood flow
- 2) Stimulate small fiber nerves
- 3) Decrease brain-based pain

An infrared test will be done to see if you have decreased blood flow in your feet that could cause your neuropathy. See Figure 1.

The treatment to increase blood flow utilizes a specialized low-level light therapy (not to be confused with laser therapy) using light emitting diode technology. This technology was originally developed by NASA to assist in increasing blood flow.

The low-level light therapy is like watering a plant. The light therapy will allow the blood vessels to grow back around the peripheral nerves and provide them with the proper nutrients to heal and repair. It's like adding water to a plant and seeing the roots grow deeper and deeper.

The amount of treatment needed to allow the nerves to fully recover varies from person to person and can only be determined after a detailed neurological and vascular evaluation. As long as you have not sustained at least 85% nerve damage there is hope!

Dr. Ram Parikh, D.C. at Discover Wellness Center will do a neuropathy severity examination to determine the extent of the nerve damage for only \$45. (The normal cost of such an exam is \$257.) This neuropathy severity examination will consist of a detailed sensory evaluation, extensive peripheral vascular testing, and a detailed analysis of the findings of your neuropathy.

Dr. Ram is offering this neuropathy severity examination now through **Friday, November 21, 2025.**

Call **724-602-0092** to make an appointment with Dr. Ram to determine if your peripheral neuropathy can be treated.

**Discover
Wellness Center**

**227 S. Chestnut St.
Butler, PA 16001
724-602-0092**