

# PLAY THERAPY

## *Helping Kids Express Big Feelings Through Play*

*Through play, creativity,  
and connection, children can learn  
healthy ways to cope,  
build confidence, and develop  
important emotional skills.*

### **We Support Children experiencing:**

- **Anxiety or worries**
- **Big emotions or tantrums**
- **School or social challenges**
- **Family transitions such as divorce or major life changes**

*We also offer counseling services  
for teens and adults, providing  
support for individuals and families  
at every stage of life.*



Create a safe  
space for your child  
and your family to  
grow and heal.

**Spero Group**  
Counseling Services

Contact us today to learn more  
or schedule a consultation  
4012 Main Street, Hawthorn, PA  
814-275-1237  
[www.sperogroupllc.com](http://www.sperogroupllc.com)