

RESPITE CARE

Christ the King Manor Personal Care



**You love caring for your family.
*But who steps in when you need a break?***

**TAKE A BREAK. RECHARGE.
COME BACK READY.**

Respite Care provides temporary support for your loved one while you take time to:

- Travel or attend events
- Enjoy a holiday or special occasion
- Rest and recharge
- Take care of your own health, errand, appointments and responsibilities
- Simply have some time away

The best time to plan for Respite Care is before you need it. Planning ahead can give you peace of mind knowing support is available when you need it.

ASK YOURSELF:

“If I couldn’t provide care tomorrow, who would step in?”

If you don’t know the answer, let’s start a conversation.



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