

# TELLURIDE DAILY PLANET

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## FRIDAY

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### Don't quote me but...

Local poet Rosemerry Wahtola Trommer has a new online class, "The Renegade Page: Finding the Poetry for the Moment," which starts Tuesday and runs through Nov. 17. Go to weehawkenarts.org for more.

## Calendar

### Friday

- AA: Meeting via Zoom, 7 a.m., Zoom i.d. 286675353
- AA: Meeting via Zoom, 5:30 p.m., Zoom i.d. 229140239

### Saturday

- Free Ride on Recreation of RGS Motor 1: Ridgway Railroad Museum, 9 a.m.-noon
- AA: Meeting via Zoom, 10 a.m., Zoom i.d. 83103128375

## Weather

**Forecast:** Friday and Saturday are going to be sunny with highs of 62 and 60, respectively.

f"Groovy." —Ash Williams

## IN ORBIT:

Friday focus: Music & Entertainment

Halloween haunts

Sunday: Sports

### ELECTIONS

## Two candidates for District 3 commissioner seat

By SUZANNE CHEAVENS  
Associate Editor

*Incumbent Kris Holstrom, write-in Kieffer Parrino vie for post*

In an election year overshadowed by a global pandemic and the high drama of a presidential race, San Miguel County residents could be forgiven for not realizing the District 3 county commissioner seat is open. But it is, and incumbent Kris Holstrom would love to keep it. Her chal-

lenger is Norwood Mayor Kieffer Parrino who is mounting a write-in campaign. District 3 encompasses the county's West End.

Holstrom is a familiar figure

in the county with a long history of service, first on the County Planning Commission — a post she held for 20 years with stints on that board from 1992-99 and

again from 2002-2015. The commission, she said, "was a good training ground."

The Hastings Mesa resident was elected to her seat on the Board of County Commissioners (BOCC) in 2016. Running for reelection almost snuck up on her.

"Four years goes really fast,"

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### Nature bathing

Just a picture of some rock and water. Don't forget to get outside during this beautiful fall and enjoy some Mother Nature. (Photo by Justin Criado/Telluride Daily Planet)

### COMMUNITY

## POSITIVE YOUTH DEVELOPMENT

*Class teaches how to engage authentically with youth*

### SPECIAL TO THE PLANET

Do our youth have a voice in local decisions that impact them? Are their opinions solicited and respected? Do they have a seat at the table when adults make decisions that affect them? If we are honest, the best we can say is "sometimes" or "it depends." But to help them successfully navigate adolescence and to thrive in young adulthood, it is critical that we offer them opportunities to define and enact solutions to the problems that they face today.

"We like to say, 'Nothing about them without them,' when working with and supporting our youth during their transition from childhood to young adulthood," says Paul Reich, behavioral health program manager at Tri-County Health Network. "Positive Youth Development helps all of us as adults to learn to work effectively alongside youth to find solutions to the issues they are facing today."

Tri-County Health Network and the San Miguel Communities that Care are excited to offer a four-hour virtual Positive Youth Development workshop for community members on Wednesday from 9 a.m. to 1 p.m. The class is free to all community members, and being facilitated by Danelle Hughes Norman and Alex Durham, certified prevention specialists with Ouray County's Voyager Youth Program. In a recent article in the Telluride

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### PUBLIC HEALTH

## Supporting a community's mental health needs

### San Miguel Behavioral Health Solutions Panel funds local solutions

#### PLANET STAFF REPORT

The San Miguel Behavioral Health Solutions got to work earlier than anticipated, thanks to the COVID-19 pandemic.

While initially the panel expected the first round of funding to occur in the summer of 2020, the coronavirus changed its plans in March. In contributing to the local pandemic response, the panel allocated nearly 10 percent of its annual funding to the Good Neighbor Fund to be distributed to

individuals who need behavioral health services, but may need help paying for them. Residents and individuals who work in San Miguel County with a proven financial need are eligible to receive up to \$1,500 for behavioral health treatments. To date, 21 individuals have been able to access services, according to a news release.

"The panel recognized the needs in the community due to the pandemic, and quickly moved to fund behavioral health services

for individuals who might not be otherwise able afford them by providing funds through the Good Neighbor Fund," said Paul Reich, Tri-County Health Network (TCH-Network) behavioral health program manager. "This has been a great help to community members in San Miguel County."

The panel, which was created through the taxpayer approved 2018 Ballot Measure 1A, has begun to distribute funds from a 0.75

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