



# Extreme Cold To End The Week

January 22, 2026

3:44 AM CST

Wind Chills as low as  $-40^{\circ}$  expected!

## Key Messages

- Bitterly cold air will surge into Iowa later today and bring an extreme cold snap from tonight into the weekend
- The coldest conditions will come late tonight into Friday morning when wind chills reach  $-40^{\circ}$  in some areas. Frostbite will be possible within only 10 minutes!
- The cold will persist, to varying extents, into and through the weekend.

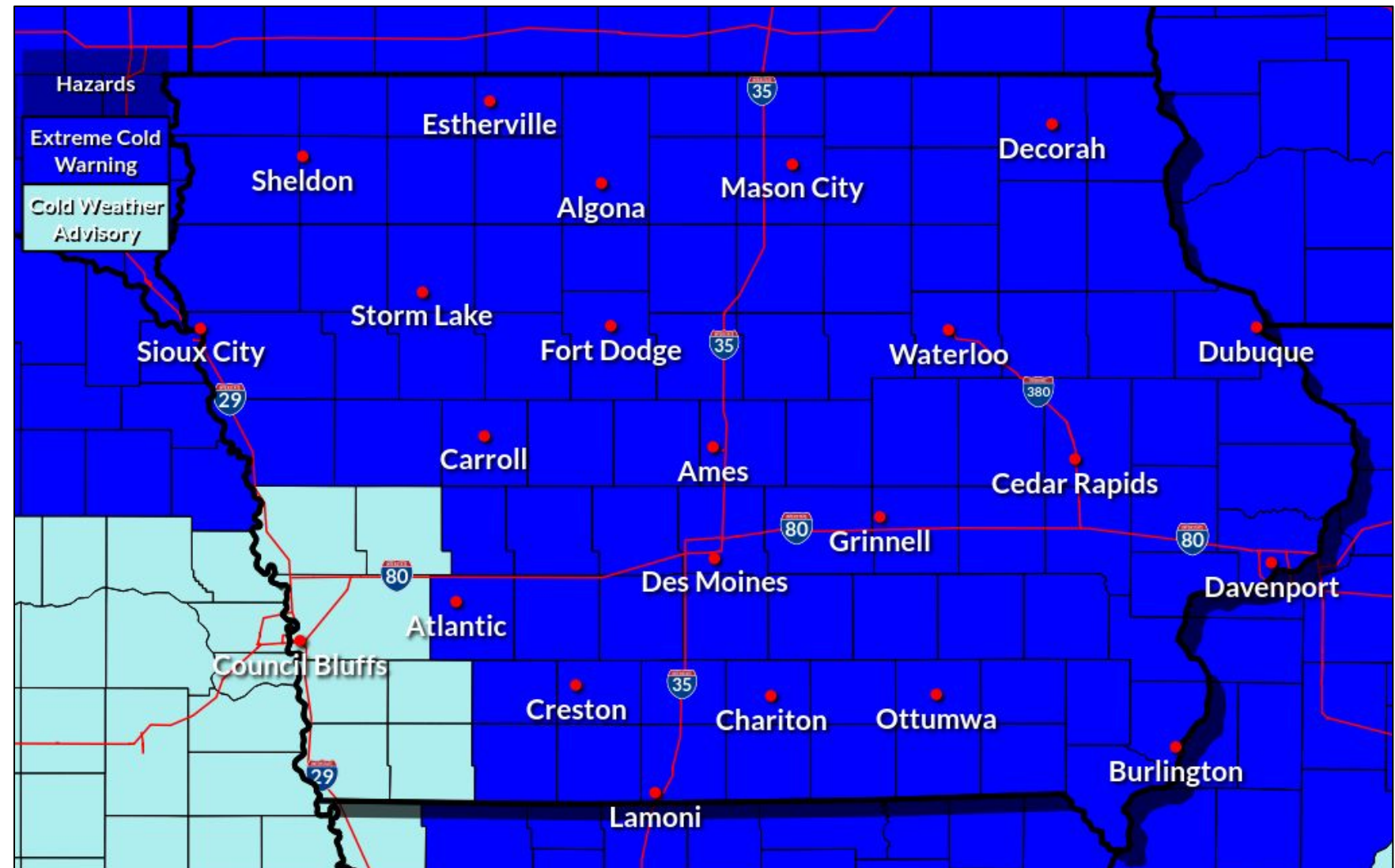
NEW

## What Has Changed

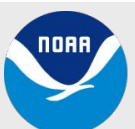
- Upgrade to Extreme Cold Warning

## Next Scheduled Update

- By 9 AM Friday



Extreme Cold Warning for much of Iowa



National Oceanic and  
Atmospheric Administration  
U.S. Department of Commerce

National Weather Service  
Des Moines, Iowa



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Extreme Cold Warning is in effect!

## Minimum Wind Chill Forecast (°F)

	1/22 Thu		1/23 Fri				1/24 Sat				1/25 Sun				1/26 Mon		
	12pm	6pm	12am	6am	12pm	6pm	12am	6am	12pm	6pm	12am	6am	12pm	6pm	12am	6am	12pm
Estherville	-17	-34	-41	-41	-29	-23	-23	-22	-14	-17	-20	-19	-12	-21	-25	-25	-6
Mason City	-16	-34	-41	-41	-31	-20	-12	-14	-12	-14	-18	-17	-9	-19	-23	-23	-8
Fort Dodge	-3	-22	-34	-36	-26	-19	-17	-16	-12	-9	-12	-13	-6	-15	-17	-17	-3
Waterloo	-6	-27	-37	-39	-28	-23	-20	-17	-14	-13	-16	-15	-6	-15	-20	-20	-5
Carroll	1	-16	-31	-34	-22	-17	-17	-17	-9	-8	-12	-12	-4	-12	-15	-15	0
Marshalltown	0	-22	-35	-38	-27	-21	-19	-18	-13	-10	-13	-13	-5	-14	-17	-17	-3
Ames	3	-20	-32	-35	-24	-19	-18	-17	-12	-9	-12	-12	-4	-13	-16	-16	-3
Des Moines	9	-12	-27	-29	-22	-16	-16	-15	-9	-4	-8	-7	-1	-8	-12	-12	2
Creston	13	-8	-25	-30	-22	-20	-24	-21	-12	-9	-13	-13	-4	-11	-17	-17	0
Ottumwa	16	-7	-24	-29	-20	-18	-18	-16	-9	-6	-9	-8	1	-9	-13	-13	2
Lamoni	19	-3	-21	-27	-20	-19	-21	-20	-12	-8	-10	-10	-3	-11	-15	-17	2



## Cold Weather Safety Tips

**KEEP JUMPER CABLES & EMERGENCY KIT IN CAR**

**COVER ALL EXPOSED SKIN**

**BRING PETS INDOORS**

**LIMIT TIME OUTDOORS**





# Weather Safety and Resources

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Consider Bookmarking and Storing #s on your Phone!

## Points to Remember

- Tonight through Sunday: Coldest air of the season; dangerous wind chills far below zero at times.
- Frostbite will be possible within minutes!

- [NWS Des Moines Web Page](#)
- [NWS Des Moines Winter Weather DSS](#)
- [NWS Des Moines Snowfall Forecast](#)
- [Winter Storm Severity Index](#)
- [Winter Weather Safety](#)
- [Reporting Winter Weather](#)
- [Recent Snowfall Reports](#)
- [Iowa Travel Conditions - IA 511](#)

Social Media: [Facebook](#) | [X/Twitter](#)

## Traveler Information (Clickable)

- [Iowa](#)  
800-288-1047
- [Illinois](#)  
800-452-4368
- [Minnesota](#)  
800-542-0220
- [Illinois Tollway System](#)  
800-865-5394
- [Wisconsin](#)  
866-511-9472
- [Missouri](#)  
800-275-6636
- [South Dakota](#)  
866-697-3511
- [Nebraska](#)  
800-906-9069



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