



Every Breath Counts



Pulmonary Rehabilitation

- Pulmonary Rehab is a supervised program that helps people with lung disorders breathe easier
- The goal of the program is to improve the patient's quality of life
- Education covers medication, nutrition, oxygen use, and breathing techniques
- Skilled healthcare staff guide patients through safe exercise and strength training

**FOR MORE INFORMATION
CALL 308-254-5825 X1442.**

