

The Source for seniors

A monthly newsletter of information and activities for seniors of Northumberland, Union & Snyder Counties.

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October 2020

ATTENTION! The information provided in this issue was up to date as of Sept. 15, 2020, but due to the COVID-19 pandemic, information is subject to change. For questions please call the Northumberland Area Agency on Aging at 570-495-2395 or the Union-Snyder Agency on Aging at 570-524-2100 or 570-374-5558.

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Long-term Care Residents to Be Honored During Residents' Rights Month

Throughout the month of October, across the country and in our own community, residents of nursing homes and other long-term care facilities, along with family members, ombudsmen, facility staff and others will honor the individual rights of long-term care residents by celebrating Residents' Rights Month. Residents' Rights Month is an annual event held in October by the National Consumer Voice for Quality Long-Term Care (Consumer Voice) to celebrate and focus on awareness of dignity, respect and the value of long-term care residents. Self-determination, resident choice, resident-directed care and quality of life are some of the other key focuses of Residents' Rights Month.

The theme for Residents' Rights Month 2020 is, "Connection Matters." The theme emphasizes connections – to family, to friends, and to the community – as an essential component of good

health and quality of life for residents. The months of restrictions on visitation in long-term care facilities and the inability of residents, families, and friends to be together during the coronavirus pandemic have highlighted the importance of connection, of relationships, and the impact they have on all of our well-being.

The local Ombudsman program, operated through the Union-Snyder Agency on Aging, will be delivering special Residents' Rights packages to residents in all long-term care facilities in Union, Snyder, Northumberland, Columbia and Montour counties, during the month of October. Throughout the pandemic, the Ombudsmen have worked with facilities, residents and families to ensure that they are able to remain connected with each other, as well as providing residents and facilities with supplies, crafts and other items to help keep the residents active

and engaged. In addition to the local Ombudsman program providing Residents' Rights packages, the State office of the Ombudsman is putting together several Residents' Rights bingo games, all of which will be conducted virtually. Local Ombudsmen will have more information on this special activity in the coming weeks.

If you are a resident of a long-term care facility, or if you have a loved one who resides in a facility, and you have a question, concern or complaint, the Ombudsmen at the Union-Snyder Agency on Aging can help you. We provide assistance with complaint resolution and advocacy to long-term care facility residents in Union, Snyder, Northumberland, Columbia and Montour counties. Trained Ombudsmen are available to assist you Monday-Friday, from 8:30am-4:00pm and can be reached by calling 570-524-2100, 570-374-5558, or 1-800-533-1050.

SHARE: A New Housing Option

Would you like to choose who you live with? Do you need help around the house? How about some companionship? SHARE housing could help.

SHARE is a housing opportunity for home seekers and home homeowners or renters! This housing option can provide housing to a Home Seeker while helping a Home Host, in Union or Snyder County, maintain their current housing.

There are current openings for housing in West Milton, Millmont, Freeburg and a few other locations. These home hosts are just waiting for the right match! Matches are based on likes, dislikes and preferences. Hosts and Seekers meet before they even sign an agreement to decide if it's the right fit. Criminals Background checks and reference checks are also included in the vetting process.

Homeowners or renters are

located in Union or Snyder counties. The home must have an extra bedroom. Homeowners can request rent, chores or a combination of both.

Home Seekers can be from any location as long as they want to move to Union or Snyder County. Rent and utilities will not exceed 30% of a Home Seekers income. A Home Seeker may also request

chores if needed.

Anyone 18 years or older can apply for SHARE. When a match is made between a homeowner and home seeker, one of the individuals must be over 60 years of age.

If you think SHARE may be for YOU, please contact the SHARE Housing Counselor, Dea Schader at 570-524-2100.



COVID-19 Coronavirus

For the most current and reliable information on the Coronavirus check out the following websites:

www.standard-journal.com

Centers for Disease Control and Prevention (CDC)
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

World Health Organization (WHO)
<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

PA Department of Health (PA DOH)
<https://www.health.pa.gov/topics/disease/Pages/Coronavirus.aspx>
For questions call the PA DOH at 1-877-PA-HEALTH (1-877-724-3258)

Visit us at our new location
2824 Old Turnpike Rd., Lewisburg (1/4 mile west of our previous office)



Dr. Angela Muchler Au.D., CCC-A
Dr. Kelly Cornell Au.D., CCC-A

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