

**Cast Your Vote! Polls Close Monday at noon.
Winner Will Be Announced Tuesday in The Standard-Journal!**

Athletes OF THE Week

Tyler Ulrich



Ulrich carried the ball 20 times for 176 yards and 3 TDs in a 31-10 win over Milton, the Defenders' first win over the Black Panthers since 2019.

**WARRIOR RUN
FOOTBALL**

Olivia Heise



Heise scored the lone goal in a 1-0 win over Selinsgrove in a District 4 Class 3A semifinal on Saturday.

**MILTON
GIRLS SOCCER**

Justin Nolt



Nolt finished as the District 4 Class 2A runner-up in 16 minutes, 29 seconds to help Lewisburg claim the silver medal and reach the state championship meet for the 8th straight year.

**LEWISBURG
CROSS COUNTRY**

Kira Shoemaker



Shoemaker scored the game's only goal in a 1-0 win over Bloomsburg in Wednesday's D-4 Class A consolation game and punch the Wildcats' ticket to states.

**MIFFLINBURG
FIELD HOCKEY**

Here's how it works: Cast your vote. Vote for one male and one female athlete. You'll find the final Athlete of The Week selections in Tuesday's Standard-Journal during the high school sports season. Online poll results will count as 1/3 of the final selections, with the other 2/3 vote coming from our Standard-Journal staff. Enjoy!

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