



**Questions?**

Contact Lilly Wirt

Program Director

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# FREE TO THE PUBLIC SELF-DEFENSE CLASS

**Saturday, June 13 | 9:00–10:00 AM**

Join Jack Henry and learn practical self-defense techniques from head to toe.

**Open to ages 16+**

- Come with a partner if possible
- Registration required
- Only 18 spots available



**Sign up today to reserve your spot!**

**For a better us.®**