

INSIDE

The year in food

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SIoux FOODIES?

Do you know the food scene like they do?

MANY EVENTS THIS WEEK

SIoux CITY'S FREE READ | JANUARY 12-18, 2023 | VOL. 24 ISSUE 7 | AT WWW.SIOUXLAND.NET: EVENTS, MOVIE LISTINGS, BANDS & MORE

QUESTION OF THE WEEK

Are you a foodie? If so, what is your specialty/favorite food?



Chad Pauling
Publisher
cpauling@siouxcityjournal.com

"I like to think of myself as a 'foodie' but I'm not super obnoxious about it so I don't know if I meet the industry standard of the definition."



Earl Horlyk
Staff Writer
earl.horlyk@lee.net

"I'm a foodie when it comes to hot sauces or anything that would send the normal person running for the hills."



Mason Dockter
Staff Writer
mdockter@siouxcityjournal.com

"No. Mustard."

Have a question you'd like us to answer? Send it to events@siouxland.net and it may end up on this page.



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The Weekender is published every Thursday by Sioux City Journal Communications, P.O. Box 118, 515 Pavonia St., Sioux City, Iowa, 712-293-4313, email, events@siouxland.net. The Weekender welcomes unsolicited submissions, but is in no way responsible for their safety, return or publication. Opinions expressed herein are those of the writer(s) and may not reflect the opinion of the Weekender, its management and employees or its advertisers. Please recycle.

Your comments welcome

Have something to say? We'd like to hear it. Seriously. Call 712-293-4229 or email events@siouxland.net

Contributors

Tim Hynds and Jesse Brothers



ON THE COVER: Hong Kong Supermarket owner Peggy La displays some of the ingredients used in making a spring roll. La, along with Western Iowa Tech Community College's Chef Michael Gasaway will be participating in "Sioux City Foodie Live," a cooking demonstration, from 6 to 9 p.m. Friday at the WITCC's culinary arts kitchen. The program will be hosted by "Sioux City Foodie" Adrian Kolbo and broadcast live on Siouxland Public Media. Photo by Tim Hynds.

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CALENDAR

MUSIC

Big Head Todd And The Monsters, 8 p.m., Jan. 12; Orpheum Theater, 528 Pierce St. Information: 712-279-4850.

Replay - Rock N' Roll, 8 p.m., Jan. 14; Vangarde Arts, 416 Pierce St. Information: <http://www.vangardearts.com/events>.

On Your Feet!, 7:30 p.m., Jan. 16; Orpheum Theater, 528 Pierce St. Information: 712-279-4850.

One Night With the King, 7 p.m., Jan. 28; Hard Rock Casino, 111 3rd St. Information: 712-226-7625.

Justin Moore with Special Guest Pricilla Block, 7 p.m., Feb. 4; Orpheum Theater, 528 Pierce St. Information: 712-279-4850.

ART

Sioux City Art Center: Nancy Friedemann-Sánchez: Turn of the Sea, Aug. 20 to March 5; Heavy, Nov. 11 to Feb. 12; Camera Club: Greatest Hits, Nov. 17 to Feb. 12; Larassa Kabel: Sojourn, Nov. 17 to Feb. 12; Grant Wood's Corn Room mural, ongoing; Earth-Water-Light, ongoing.

Betty Strong Encounter Center and Lewis & Clark Interpretive Center: Scraposaurs Traveling Exhibit, year-long.

Alcohol Ink: Beautiful Blooms with Paula Crandell (Adult Painting), 6 p.m., Jan. 19, 26; Gilchrist Learning Center, 220 Pierce St. Information: 712-279-6580.

Beginning Printmaking with Pete Licht (Adult Printmaking), 1:30 p.m., Jan. 21, 28; Gilchrist Learning Center, 220 Pierce St. Information: 712-279-6580.

Alcohol Ink: Land and Seascapes with Paula Crandell (Adult Painting), 12 p.m., Feb. 4; Gilchrist

Learning Center, 220 Pierce St. Information: 712-279-6580.

OUTDOORS

Coffee & Conservation, 10 a.m., Jan. 18; Dorothy Pecaut Nature Center, 4500 Sioux River Road. Information: 712-258-0838.

Winter Tree Identification Hike, 10 a.m., Jan. 28; Dorothy Pecaut Nature Center, 4500 Sioux River Road. Information: 712-258-0838.

THEATER

Hairspray, 7:30 p.m., Feb. 1; Orpheum Theater, 528 Pierce St. Information: 712-279-4850.

COMMUNITY

Spiritual Saturday & Yoga, 10 a.m., Jan. 14; Expansion Center, 1119 4th St. Information: 605-232-8888.

Sierra Club's Northwest Iowa Group's Chili Social, 4 p.m., Jan. 14; First Unitarian Church, 2508 Jackson St. Information: nwsierragroup@gmail.com.

Basics of Diamond Painting Class, 5:30 p.m., Jan. 17; South Sioux City Public Library, 2121 Dakota Ave., South Sioux City. Information: 402-494-7545.

South Sioux City Public Library Book Sale, 1 p.m., Jan. 28; South Sioux City Public Library, 2121 Dakota Ave., South Sioux City. Information: 402-494-7545.

Simple Sewing, 5 p.m., Feb. 8; South Sioux City Public Library, 2121 Dakota Ave., South Sioux City. Information: 402-494-7545.

INFORMATIONAL

Financial Peace University, 11:45 a.m., Jan. 15, 22, 29, Feb. 5, 12, 19, 26, March 5, 12; Morningside Lutheran Church, 700 South Martha St. Information: 712-560-6684.

Learning: Mobile Device Basics, 6 p.m., Jan. 23; South Sioux City Public Library, 2121 Dakota Ave., South Sioux City. Information: 402-494-7545.

Apreniendo: Dispositivos Moviles, 11 a.m., Jan. 28; South Sioux City Public Library, 2121 Dakota Ave., South Sioux City. Information: 402-494-754

CONTINUING EVENTS

Breathe Yoga & Meditation Class, 5:30 p.m., Jan. 12, 17, 19, 24, 26, 31, Feb. 2, 7, 9 a.m. Jan. 14, 21, 28, Feb. 4; Breathe Yoga & Meditation Center, 1551 Indian Hills Dr. Building C. Information: 712-293-4900.

Evening Yoga with Brenda, 6:30 p.m., Jan. 12, 19, 26; South Sioux City Public Library, 2121 Dakota Ave., South Sioux City. Information: 402-494-7545.

Dungeons and Donna: An Introduction to Dungeons & Dragons, 4 p.m., Jan. 26; South Sioux City Public Library, 2121 Dakota Ave., South Sioux City. Information: 402-494-7545.

Country Dance Lessons, 7 p.m., Jan. 12, 19, 26; Northeast Nebraska Senior Center, 1501 W 29th St., South Sioux City. Information: 712-276-6694.

Saturday Art Lesson, 10:30 a.m., Jan. 14, 21, 28, Feb. 4; Gilchrist Learning Center, 220 Pierce St. Information: 712-279-6580.

Siouxland Discovery Barbershop Chorus Rehearsal, 7 p.m., Jan. 16, 23, 30, Feb. 6; Friendship Community Church, 305 Sergeant Square Drive, Sergeant Bluff. Information: 712-212-3633.

Linedance Classes, 7 p.m., Jan. 16, 23, 30, Feb. 6; Northeast Nebraska Senior Center, 1501 W 29th St., South Sioux City. Information: 712-276-6694.

Submit an event: Do you have an event you'd like to submit to our calendar? Call 712-293-4313, e-mail events@siouxland.net or enter online at www.siouxland.net. Include event date, time, event name, contact name and phone number.

Deadline: Noon the Friday prior to publication. (Early deadlines in effect the week before holidays).

MOVIES

THURSDAY, JAN. 12 - WEDNESDAY, JAN. 18

New movies



PROVIDED

'A MAN CALLED OTTO'

(Rated PG-13 for mature thematic material involving suicide

attempts and language)
Otto is a grump who's given up on life following the loss of his wife and wants to end it all. When a young family moves in nearby, he meets his match

in quick-witted Marisol, leading to a friendship that will turn his world around.

'PLANE' (Rated R for violence and language)
A pilot finds himself caught in a war zone after he's forced to land his commercial aircraft during a terrible storm.

'THE DEVIL CONSPIRACY' (Rated R for strong violent content, some gore and language)
A cult steals the Shroud of Turin for wicked purposes.

'HOUSE PARTY' (Rated R for pervasive language, drug use, sexual material and some language)
A high school student decides to host a house party while his parents are away. A remake of the 1990 comedy "House Party."

'THE PRICE WE PAY' (Rated R for strong horror violence, gore and pervasive language)
After a pawn shop robbery goes askew, two criminals take refuge at a remote farmhouse to try to

let the heat die down, but find something much more menacing.

New DVD releases for this week:

'She Said'
'Vesper'
'The Friendship Game'
'Angry Neighbors'
'Fear the Walking Dead Season 7'

SHOWTIMES

Local Theaters

Promenade 14

924 Fourth St.
712-277-8300

Avatar: The Way of Water 4:15

6:30 7:00 7:30

M3GAN 4:45 7:00 7:30

Road Dahl's Matilda the Musical 4:15

Black Panther: Wakanda Forever 4:00 7:30

Violent Night 4:30 7:10

Puss in Boots: The Last Wish

4:15 4:45 7:15

Whitney Houston: I Wanna

Dance with Somebody 4:15 7:30

www.acxcinemas.com

AMC Southern Hills 12

4400 Sergeant Road
712-276-3062

A Man Called Otto 1:00 4:00

7:00

Plane 1:45 4:45 7:45

The Devil Conspiracy 2:00 5:00

8:00

Avatar: The Way of Water 2:00

4:00 6:00 8:00

M3gan 2:25 4:30 5:00 7:40

Puss in Boots: The Last Wish

2:10 4:45 7:30

www.amctheatres.com

Nearby Theaters

Royal 3 Cinema

33 Central Ave SW., Le Mars, Iowa;
712-564-1778

Avatar: The Way of Water 6:50

Puss in Boots: The Last Wish

7:00

M3gan 7:10

www.acxcinemas.com

Pioneer 3 Theater

110 S. 11th St., Nebraska City, NE;
402-873-6487

M3gan 7:15

Avatar: The Way of Water 6:30

Puss in Boots: The Last Wish

7:00

www.acxcinemas.com

Legacy 3 Theater

712 W Sheridan Ave, Shenandoah,
IA

712-246-2245

Avatar: The Way of Water 6:50

Puss in Boots: The Last Wish

7:00

M3gan 7:10

www.acxcinemas.com

Syphilis is on the rise in Iowa.

Syphilis is a sexually transmitted infection. It is **more common** and **easier to get** than you might think. Early symptoms can include a painless sore or rash, which you may not notice.

Syphilis is **curable** but can lead to **serious health problems** without treatment. It can permanently damage the eyes, brain, heart, and nervous system.

If you are sexually active, make sure that getting a blood test for syphilis is part of your regular health routine.



Find a testing location near you: gettested.cdc.gov

Free & low cost options available.

Learn more about syphilis at ashasexualhealth.org/syphilis.

Public Health
IOWA HHS

SUX 6

THE BEST THINGS TO DO IN SIOUXLAND



PBS

The cast of "On Your Feet," the musical biography of Gloria and Emilio Estefan, perform at the Gershwin Awards ceremony.

Rhythm is gonna get you!

"On Your Feet," the stage musical spotlighting the lives of music superstars Gloria and Emilio Estefan, will be coming to the Orpheum Theatre, 528 Pierce St., at 7:30 p.m. Monday. Will you be "Coming Out of the Dark" while joining a "Congo" line? Probably.

Christmas: The Sequel?

2

How festive do you feel in the middle of January? Well, the folks over at New Stage Players hope you haven't had ho-ho-ho overload. The 3201 Dakota Ave. theater will stage "Away in the Basement: A Church Basement Ladies Christmas," with performances running Thursday through Monday.



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Goin' indie!

3

A quartet of indie acts (Red Maker, Banana Cramps, Court Jester and Asha & Brandon) will hit the stage at The Marquee, 1225 Fourth St., for an evening of easygoing music. Check 'em out, beginning at 8 p.m. Saturday.

Instant 'Replay!'

4

Veteran rock and rollers Replay will bring a classic vibe at am 8 p.m. Saturday concert at Vangarde Arts, 416 Pierce St.



Bejeweled band!

5

Is the Akron, Iowa, band Diamond Avenue the real deal or is it simply cubic zirconia? Find out at DOXX Warehouse Bar, 1219 Fifth St. at 9 p.m. Saturday.



Big Head Todd & The Monsters performed at 2016's Saturday in the Park. JIM LEE, SIOUX CITY JOURNAL

'Monster' Ball!

The Colorado-based quartet Big Head Todd and The Monsters have quietly become an American institution. After all, they've been writing, recording and touring for more than 30 years. See them at 8 p.m. Thursday at the Orpheum Theatre, 528 Pierce St.

ADVICE

ANSWERS FOR ALL YOUR WOES



**TWEEN
12 AND 20**

**ROBERT
WALLACE**

He's the answer I've been looking for, but he has a problem

DR. WALLACE: I've met a great guy who truly loves me, but he has a drinking problem that's pretty concerning. I'm now 20 and I have a daughter who is 2 and will turn 3 in March. He blacks out about twice a month and he's rarely sober for more than two days in a row.

On the other hand, in many ways he seems like the answer to my dreams. The father of my child took off to another state the moment he found out I was pregnant and told him I would have the baby. Back then I was only 17 years old, and the father of my child was 22. This new guy is 24, so he's four years older than I am but he does have a good job and he treats me very well. He also tells me he will adopt my daughter. However, his drinking has caused him to be randomly absent from his work and I'm afraid he'll lose his job if he doesn't get his act together soon.

He wants us to get married in late May and to move in together a few weeks before the ceremony. Do you think if I marry him and we move in together, I can help him make the necessary changes he obviously needs to make? — **Want to Help Him Stabilize, via email**

WANT TO HELP HIM STABILIZE: I think for your sake and especially your daughter's sake that you should concentrate on helping him immediately rather than planning to marry him in May and seeing if you can help him after you've married him.

Since you describe his problem as quite concerning, you can take action to help him "stabilize" right away: Encourage him to seek professional treatment for his affliction. If he refuses to do so now, what would give you the confidence to think he

would magically seek treatment in May or June?

Marrying someone dealing with such a deeply troubling issue that could spill over to affect you and your child is not a wise idea. Seeking to help him right away is a good idea. I recommend that you seek to help him now, and when he truly makes a positive change in his life you can begin to consider a future with him.

We don't like how dad speaks to mom

DR. WALLACE: My sister and I don't like the way our father speaks to our mother. He's often rude and condescending to her.

Our mom is a great cook, and she keeps our home together quite well. She's literally the glue that holds our family together.

We would like to approach our father about this issue because we feel our mom won't confront him. I'm 17 and my older sister is 18 so we are old enough now to be able to speak out about matters like this. However, we don't want to start any arguments either. Do you feel it's best to say something to our father or to just continue to stay silent? — Two Sisters, via email

TWO SISTERS: I do feel you should speak your mind tactfully and respectfully. Perhaps you might seek an opportunity to speak with your father sometime when your mother is not present.

Let him know that your mother said nothing and that you girls are approaching your father on your own behalf. Explain that you love both of your parents, and you want what is best for your family always.

Don't try to trap or demean your father as you speak to him. Start by telling him all the things you like and respect about him and then gradually get to the point of how you'd like to see your father show your mother more respect on a regular basis.

Adult interpersonal relationships can be complicated, and you likely don't know everything that has gone on between your parents. Don't ask for any explanations but be aware that there is much you likely don't know. Simply focus on improving the decorum in your family home and perhaps give your father a hug after you complete this conversation with him.

PRO FOOTBALL CHALLENGE

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Peggy La, displays some of the ingredients that are part of a spring roll recipe that she, "Sioux City Foodie" Adrian Kolbo and Western Iowa Tech Community College culinary program chef Michael Gasaway will make as part of a Siouxland Public Media fundraiser event Friday, Jan. 13, at the Sioux City college's culinary program kitchen.

Food FUSION

International cuisine will be on the menu during inactive 'Sioux City Foodie' program

BY EARL HORLYK

A busy wife, mom and owner of Hong Kong Supermarket, Peggy La doesn't consider herself much of a foodie.

"I know what I know but I'm certainly no expert in food," she explained, inside of the 501 W. Seventh St. grocery store.

In fact, La said it was her husband John Keoasa who is the real cook in the family.

"Even though John is Laotian, he specializes in Cajun food," she said. "I'm Chinese and I'm smart enough to leave John alone in the kitchen."

Yet La does know how to make a mean spring roll. She'll be

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DETAILS

WHAT: "Sioux City Foodie Live," a cooking demonstration as well as a tour of a state-of-the-art culinary kitchen, with Sioux City Foodie's Adrian Kolbo, Hong Kong Supermarket's Peggy La and Chef Michael Gasaway
WHEN: 6 - 9 p.m. Friday
WHERE: Culinary arts kitchen at Western Iowa Tech Community College, 4647 Stone Ave.

demonstrating her culinary acumen during a live radio show featuring Western Iowa Tech Community College (WITCC) Culinary Arts



TIM HYNDS PHOTOS, THE WEEKENDER

Even though she's been surrounded by food her entire life, Hong Kong Supermarket owner Peggy La said her husband John Keoasa is the real cook in their family. However, La will be on hand for a spring roll cooking demonstration as a part of "Sioux City Foodie Live" from 6 to 9 p.m. Friday at Western Iowa Tech Community College's culinary arts kitchen.

Chef Michael Gasaway as well as "Sioux City Foodie" Adrian Kolbo.

"We'll be going live from 6 to 9 p.m. Friday at the (WITCC) culinary arts kitchen on Siouxland Public Media," said Kolbo, who started the Sioux City Foodie blog (facebook.com/siouxcityfoodie) more than five years ago.

Even though he came up with the name of the website, Kolbo doesn't consider himself Sioux City's sole foodie.

"No, there are a lot of foodies out there who are far more knowledgeable than I," he insisted.

Indeed, Kolbo said the original mission of the blog was "to highlight the time-tested, trusted and locally-touted food spots that one might not want to miss."

"Sioux City has so many small, independently owned restaurants that may have a unique cuisine or may have just flown under everybody's radar," he explained.

"I wanted to put the spotlight on them."

When the Sioux City Foodie blog began, Kolbo was able to profile local eateries like Shahi Palace India Grill, Diamond Thai and Pierce Street Coffee Works.

Taking a long hiatus from the site, he decided to give Sioux City Foodie a more timely, post-COVID spin.

"During the pandemic, people became more isolated out of

necessity," Kolbo said. "They couldn't eat at their favorite restaurant yet they continued to miss the food."

At the height of COVID, the sale of cookbooks and home kitchen equipment skyrocketed.

Bringing back the Sioux City Foodie franchise, Kolbo wanted to incorporate a greater DIY aspect.

"Food should be delicious to eat," he reasoned. "But it also can be accessible enough to make at home."

Which is why WITCC's Chef Gasaway will be around for "Sioux City Foodie Live," offering a tutorial on spring roll making.

"I call it cracking the code," Kolbo said. "People will have a better appreciation of their favorite dish if they knew the steps that went into its making."

After that, conversations will start flowing.

"People love talking about food," Kolbo said. "Whether it is talking about our family or a favorite holiday, food has a way of entering the conversation."

Ultimately, that is what Sioux City Foodie is all about.

"We're all foodies, whether we know it or not," Kolbo said. "If you enjoy eating, you're a foodie."

This is a sentiment that La also shares.

Growing up in the grocery industry, she was always surrounded by food.

To better serve her customers, La needed to supply products she was familiar with.

"We sell food product from China, Japan, Korea, Vietnam, the Philippines, you name it," she said. "Our customers demand it."

Over time, La said, she's seen traditionally Asian ingredients like sriracha, Thai chilis and ramen become American pantry staples.

Through the popularity of Korean pop (K-pop) groups like BTS and BLACKPINK, she's also seen a customer base that is becoming younger and trendier.

"As soon as we see an online food challenge like eating spicy (Korean)



A website created by Adrian Kolbo, Sioux City Foodie highlights local food spots and personalities. Kolbo will be taking the format to radio for a special Siouxland Public Media broadcast from 6 to 9 p.m. Friday, live from Western Iowa Tech Community College.

Samyang Ramen, we know young people will be asking for it," La said with a smile.

However as foreign as certain foods can be, there are also plenty of similarities.

"Asians may put different types of ingredients in a spring roll or use different types of dipping sauces," La said. "But if you can fold a burrito, you can also fold a spring roll."

"Different foods from different countries," she continued. "But they are also very similar."

That is also another example of cracking the food code, Kolbo said.

"Once you think about it, food isn't very mysterious," he said. "Around the world, we all eat things that are sweet, salty and savory. Ingredients may differ but the foods have a similarity."

Those are the types of things that Kolbo want people to take away from Sioux City Foodie.

"The main requirement to being a foodie is a love of food," he said.



Peggy La talks about a spring roll recipe that she, "Sioux City Foodie" Adrian Kolbo and Western Iowa Tech Community College culinary program chef Michael Gasaway will make as part of a Siouxland Public Media fundraiser event Friday at the Sioux City college's culinary program kitchen.

The Year in Food

From cat cafes to beer ice cream, Siouxland saw innovation when it came to dining out

BY EARL HORLYK

Is restaurant ownership a dog-eat-dog endeavor?

Not if you ask Megan Thompson, owner of Coffee & Purrs Cat Cafe, a coffee shop at 504 Nebraska St. and one of the quirkiest new members in the Sioux City cafe scene.

Officially opened a few weeks ago, Coffee & Purrs is pretty much what it sounds like. You purchase a latte or frappe in the coffee shop portion. If you're in an especially frisky move, you can walk over to the "cat cafe" part of the business and nuzzle up to one of the kitties-in-residence.

Yeah, we know what you're thinking. A cat cafe, really?

Even though Coffee & Purrs is the first business of its kind in Sioux City, cat cafes have found success in Omaha and Des Moines as well as other parts of the country.

"I thought it would benefit Sioux City a lot," Thompson said of Coffee & Purrs. "The goal for this place is to get more cats adopted out to Sioux City, (while providing them) another safe space while they wait for their 'forever' homes."

Coffee & Purrs was not the only unique food-related business to open in 2022.

Crumbl Cookies, part of a Utah-based chain, opened at 5822 Sunnybrook Drive, in September 2022.

Known for having a weekly, rotating menu of gourmet cookies, Crumbl bakes such quirky cookies as Confetti Cake, Lemon Cheesecake, Rock Road and a Classic Pink Sugar.

One thing that Crumbl does not have is a beer-flavored cookie, which is good news for Anthony Roark and Nicki Werner, the two masterminds behind Jefferson Beer Supply.

Opened in May 2022 at 202 Main Street in Jefferson, S.D., Jefferson Beer Supply is a craft beer brewery and a taproom located inside a Union County, South Dakota town of 633 people.

Even though Jefferson is a tiny town, both Roark and Werner has big ambitions as well as a sense of humor when it comes to beermaking.

While you can order a conventional beer, Jefferson Beer Supply has also experimented with both beer-flavored ice cream as well as a coffee milk stout beer called the Jefferstone Bru, which is a collaboration between the craft brewers and Sioux City's



TIM HYNDS PHOTOS, SIOUX CITY JOURNAL

Owner Megan Thompson pets a cat Tuesday at Coffee & Purrs, the cat café she opened Tuesday at 504 Nebraska St. in downtown Sioux City. Thompson opened an adjacent coffee shop in a former Subway restaurant and customers can make reservations to enter the cat café to drink their coffee.



Stone Bru co-owner and roaster Nick Topf, left, and Jefferson Beer Supply co-owners Anthony Roark and Nicki Werner are shown at Stone Bru's headquarters in Sioux City.

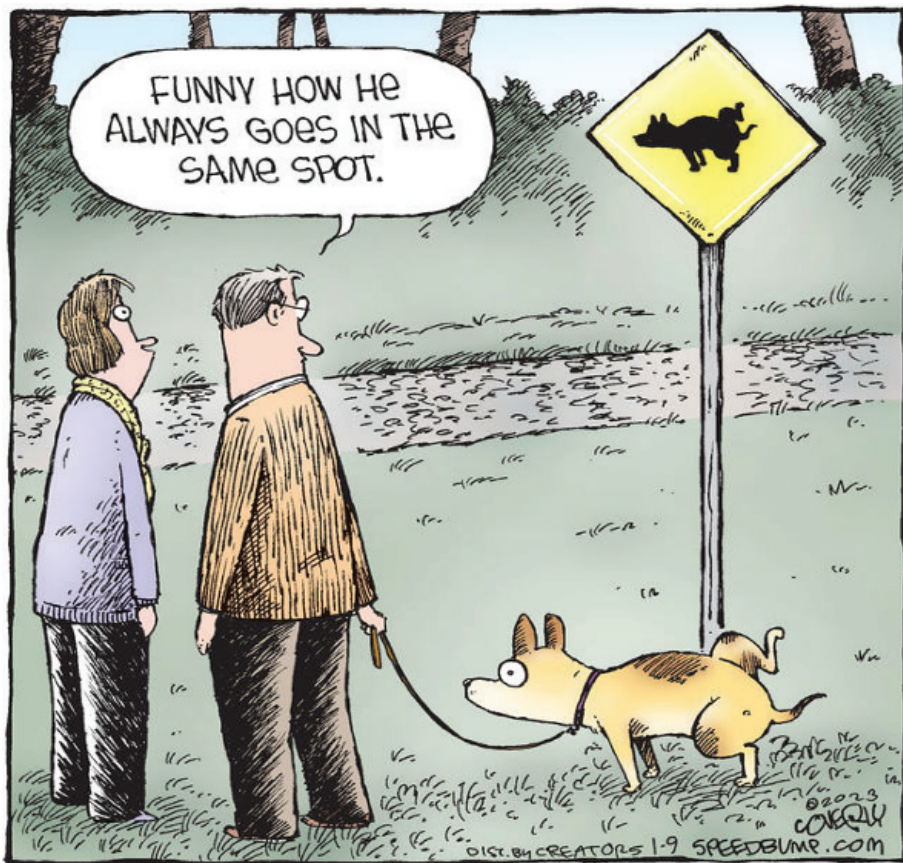
Stone Bru Coffee.

Unfortunately, a few restaurants called it quits in 2022.

Los Amigos Mexican Restaurant, a longtime Elk Point, S.D. eatery closed after a more than 20 year run in April 2022.

Similarly, Zort's Prime Time Casino – a popular place for prime rib – cashed out its North Sioux City restaurant – in July 2022.

Madonna Rose Cafe, home of humongous breakfast platters and Indian bread, shut down after a multi-year run while Tony's Pizza – a perennial candidate in the Weekender's Siouxland's Choice Award – closed on Jan. 1, 2023 after more than three decades of business.



MUSKETEERS HOCKEY

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ADVICE

ANSWERS FOR ALL YOUR WOES



DEAR ANNIE
ANNIE LANE

Working Within

Dear Annie: I want to thank you for your response to the man who wrote to you concerning getting closure with the father who had abused him. It was quite helpful to me, as my situation is similar. I struggle daily with guilt at not being able to have a relationship with my parents. My mother was quite abusive to me, and my father did nothing to stop it.

Both of my parents had their own problems, but I find it extremely difficult to forgive them. I did confront my mother, and she apologized, but that did little to heal my pain. Your suggestion to talk to the child who was abused was very helpful. Thank you. — **Getting to Know My Younger Self**

Dear Younger Self: Thank you for sharing your experience, and congratulations as you begin your own journey of healing. Your letter brings up a great point; namely, that unloading our anger and hurt on other people does not lead to ultimate peace. What effects change is working on ourselves. Once you do that, you can have a better understanding as to why your mother was abusive and your father unable to defend you.

Best of luck to you as you repair your relationship with yourself and, eventually, with your parents.

Dear Annie: I visited my son and his family overseas for two weeks in December

this year but left on Dec. 17, so I wasn't there for Christmas. Because I seldom get to give them birthday or Christmas gifts in person, I spent a lot of time, thought and money on gifts for my three grandchildren and was very excited to give these gifts and to enjoy their excitement. I felt (and still feel) very sad, frustrated and hurt when my daughter-in-law refused to let the children open their gifts until Christmas Day.

The reasons she gave were that the children — ages 3, 6 and 9, bright and well-adjusted — would wonder why they didn't get a gift from me on Christmas Day and that she doesn't want them to get too wound up before Christmas. I also did not get to open the gifts they made for me while I was with them. I appealed to my son and his wife several times to reconsider but didn't press the issue because it would have caused tension for the rest of my visit.

Was this rude of them, or am I overreacting? — **Sad and Somewhat Angry Granny**

Dear Sad Granny: I'm not sure if it was rude of the parents so much as it was controlling. Part of the joy in giving gifts is to see the reaction of the people you love. This is especially true if they live overseas and you don't get to see them much. I'm not sure why you couldn't open the gifts they made for you either. If they were made for you, then you should be able to open them anytime and express your gratitude to your grandchildren. Share with your son and daughter-in-law how much it means to you to open gifts face to face. Perhaps they aren't big gift-givers and don't understand the importance for you. And the next time you visit them all, just say that you are bringing your grandchildren presents — no special occasion required.

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Required Qualifications: Graduation from Senior High School or equivalent supplemented by two years of experience as a television engineer or any combination of skills, knowledge and abilities that meet these requirements.

Salary: Competitive, commensurate with qualifications and experience. Attractive and comprehensive benefit package. Minimum starting salary \$3,490.83/month or as determined by the NAPE Agreement.

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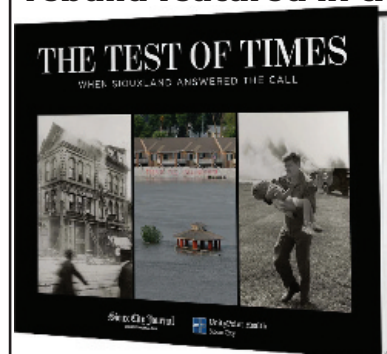
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