

INSIDE

Zito returns to Siouxland

W
weekender



**HOLIDAY
VISITORS**

Acclaimed group joins symphony for concert

MANY EVENTS THIS WEEK

SIOUX CITY'S FREE READ | DECEMBER 15-21, 2022 | VOL. 24 ISSUE 3 | AT WWW.SIOUXLAND.NET: EVENTS, MOVIE LISTINGS, BANDS & MORE

QUESTION OF THE WEEK

What holiday song will immediately turn you into a Grinch?



Chad Pauling
Publisher
cpauling@siouxcityjournal.com
"All I Want For Christmas Is You!"



Earl Horlyk
Staff Writer
earl.horlyk@lee.net
"Maybe my memories are colored by being terrorized by too many Rankin/Bass stop-motion cartoons as a kid, but 'Rudolph the Red-Nosed Reindeer' is both tedious and disturbing."



Mason Dockter
Staff Writer
mdockter@siouxcityjournal.com
"My pick would be 'Grandma Got Run Over By a Reindeer,' which manages to be insulting to both grandmas and reindeer."

Have a question you'd like us to answer? Send it to events@siouxland.net and it may end up on this page.

W

Weekender
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The Weekender is published every Thursday by Sioux City Journal Communications, P.O. Box 118, 515 Pavonia St., Sioux City, Iowa, 712-293-4313, email, events@siouxland.net. The Weekender welcomes unsolicited submissions, but is in no way responsible for their safety, return or publication. Opinions expressed herein are those of the writer(s) and may not reflect the opinion of the Weekender, its management and employees or its advertisers. Please recycle.

Your comments welcome

Have something to say? We'd like to hear it. Seriously. Call 712-293-4229 or email events@siouxland.net

Contributors

Tim Hynds and Jesse Brothers



ON THE COVER: The classic story of the Little Drumming Boy will get told in a unique way when the award-winning group Brule joins the Sioux City Symphony Orchestra for "Christmas with the Symphony," at 3 p.m. Saturday at the Orpheum Theatre. Brule founder Paul LaRoche, a member of the Lower Brule Sioux Indian Reservation, was recently awarded a Lifetime Achievement Award from the Native Music Awards Association. Photo provided.

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CALENDAR

MUSIC

Mike Zito Band, 8 p.m., Dec. 16; Vangarde Arts, 416 Pierce St. Information: <http://www.vangardearts.com/events>.

Classic Langley Originals and Holiday Favorites, 2 p.m., Dec. 18; Stanley Auditorium, Betty Strong Encounter Center, 900 Larsen Park Rd. Information: 712-224-5242.

Sioux City Symphony Orchestra Christmas With The Symphony featuring Brulé, 3 p.m., Dec. 18; Orpheum Theater, 528 Pierce St. Information: 712-277-2111.

Big, Bad Cash Band - A Tribute to the Man in Black, 8 p.m., Dec. 23; Vangarde Arts, 416 Pierce St. Information: <http://www.vangardearts.com/events>.

New Year's Eve Bash Featuring: The Spazmatics, 8 p.m., Dec. 31; Hard Rock Casino, 111 3rd St. Information: 712-226-7625.

ART

Sioux City Art Center: Nancy Friedemann-Sánchez: Turn of the Sea, Aug. 20 to March 5; Heavy, Nov. 11 to Feb. 12; Camera Club: Greatest Hits, Nov. 17 to Feb. 12; Larassa Kabel: Sojourn, Nov. 17 to Feb. 12; Grant Wood's Corn Room mural, ongoing; Earth-Water-Light, ongoing.

Betty Strong Encounter Center and Lewis & Clark Interpretive Center: Scraposaurs Traveling Exhibit, year-long.

OUTDOORS

Winter Solstice Yoga, 5 p.m., Dec. 21; Dorothy Pecaut Nature Center, 4500 Sioux River Road. Information: 712-258-0838.

Meet a Screech!, 10 a.m., 2 p.m., Dec. 28; Dorothy Pecaut Nature Center, 4500 Sioux River Road. Information: 712-258-0838.

Winter Break Camp, 9 a.m., Dec. 29; Dorothy Pecaut Nature Center, 4500 Sioux River Road. Information: 712-258-0838.

The Mitten, 10 a.m., Dec. 30; Dorothy Pecaut Nature Center, 4500 Sioux River Road. Information: 712-258-0838.

THEATER

Jamie Kennedy, 8 p.m., Dec. 16; Hard Rock Casino, 111 3rd St. Information: 712-226-7625.

Tommy Davidson, 7 p.m., Jan. 6; Hard Rock Casino, 111 3rd St. Information: 712-226-7625.

COMMUNITY

Hinton Holiday Vendor & Craft Show, 9 a.m., Dec. 17; Hinton Community Center, 205 West Main St., Hinton, Iowa. Information: 712-251-5309.

Winter Break Camp, 7:30 a.m., Dec. 26-Jan. 3; Norm Waitt Sr. YMCA, 604 Riverview Dr., South Sioux City. Information: 402-404-8439.

True Stories + Poetry • Liminal, 7 p.m., Jan. 7; Design West Sioux City, 1014 Design Place. Information: info@allykarsyn.com.

INFORMATIONAL

FLU / Covid19 & Vaccinations Seminar, 5 p.m., Dec. 15; Nebraska Indian Comm College,

South Sioux City Campus, 2605 Dakota Ave., South Sioux City. Information: 605-464-0812.

SPORTING

The Arena Invitational, 4:30 p.m., Dec. 15; 2 p.m., Dec. 16; 9 a.m. Dec. 17; Tyson Events Center, 401 Gordon Drive. Information: 712-279-4850.

KIDS

ACTIVITIES

Decorate Holiday Sugar Cookies, 1 p.m., Dec. 17; Lewis & Clark Interpretive Center, 900 Larsen Park Rd. Information: 712-224-5242.

CONTINUING

EVENTS

Breathe Yoga & Meditation Class, 5:30 p.m., Dec. 15, 20, 22, 27, 29, Jan. 3, 5, 10; 9 a.m. Jan. 7; Breathe Yoga & Meditation Center, 1551 Indian Hills Dr. Building C. Information: 712-293-4900.

Siouxland Discovery Barbershop Chorus Rehearsal, 7 p.m., Dec. 19, Jan. 9; Friendship Community Church, 305 Sergeant Square Drive, Sergeant Bluff. Information: 712-212-3633.

Tangled Yarns, 6 p.m., Dec. 20, 27; South Sioux City Public Library, 2121 Dakota Avenue, South Sioux City. Information: 402-494-7545.

Submit an event: Do you have an event you'd like to submit to our calendar? Call 712-293-4313, e-mail events@siouxland.net or enter online at www.siouxland.net. Include event date, time, event name, contact name and phone number.

Deadline: Noon the Friday prior to publication. (Early deadlines in effect the week before holidays).

MOVIES

THURSDAY, DEC. 15 - WEDNESDAY, DEC. 21

'SPOILER ALERT'

(Rated PG-13 for sexual content, drug use and thematic elements)

The story of Michael Ausiello and Kit Cowan's relationship that takes a tragic turn when Cowan is diagnosed with terminal cancer.

'AVATAR: THE WAY OF THE WATER' (Rated PG-13 for sequence of strong violence and intense action, partial nudity and some strong language)

Jake Sully lives with his newfound family formed on the planet of Pandora. Once a

familiar threat returns to finish what was previously started, Jake must work with Neytiri and the army of the Na'vi race to protect their planet.

'MINDCAGE' (Rated R for violence and strong language throughout)

When a copycat strikes, two detectives ask a top serial killer for help.

'HIGH HEAT' (Rated R for violence and strong language throughout)

When the local mafia shows up to burn down her restaurant, Ana, a chef with a meticulous past, defends her turf and

proves her knife skills both in and out of the kitchen.

'NANNY' (Rated T for some language and brief sexuality/nudity)

Immigrant nanny Aisha, piecing together a new life in New York City while caring for the child of an Upper East Side family, is forced to confront a concealed truth that threatens to shatter her precarious American Dream.

NEW DVD RELEASES

'Smile'
'Ticket to Paradise'
'Lyle, Lyle, Crocodile'
'The Woman King'
'Reacher: Season One'

SHOWTIMES

LOCAL THEATERS Promenade 14

924 Fourth St.
712-277-8300

Avatar: The Way of Water 10:00
11:00 12:00 1:00 2:00 3:00 4:00 5:00
6:00 7:00 8:00 9:00

Black Panther: Wakanda Forever
4:00 4:45 6:30 7:00

Violent Night 4:05 6:15 6:30

Black Adam 4:00 7:05

Devotion 4:00 7:15

Strange World 4:10 5:00 6:45 7:30

The Menu 4:10 7:10

Spirited 4:10 7:15

Black Adam 4:00 7:05

www.acxcinema.com

AMC Southern Hills 12

4400 Sergeant Road
712-276-3062

Avatar: The Way of Water 3:00 3:30
4:00 4:30 5:00 6:00 6:30 7:00 7:30
8:00 8:30 9:00

The Menu 3:45

Black Panther: Wakanda Forever
1:00 3:10 6:00 9:25

Black Adam 1:10

Strange World 1:15 4:25 6:55 9:25

Violent Night 1:10 3:15 6:45 9:30

Devotion 1:10

www.amctheatres.com

NEARBY THEATERS Royal 3 Cinema

33 Central Ave SW., Le Mars, Iowa,
712-564-1778

Black Panther: Wakanda Forever
7:00

Devotion 7:10

Violent Night 7:20

www.acxcinemas.com

Pioneer 3 Theater

110 S. 11th St., Nebraska City, NE
402-873-6487

Avatar: The Way of Water 2:00 6:30

Strange World 7:30

Violent Night 7:20

www.acxcinemas.com

Legacy 3 Theater

712 W Sheridan Ave, Shenandoah, IA
712-246-2245

Black Panther: Wakanda Forever
7:00

Devotion 7:10

Violent Night 7:20

www.acxcinemas.com

Main Street 7

866 E. 23rd St., Fremont, NE
402-727-8986

www.acxcinemas.com

See website for showtimes

Majestic Theatre

310 Main St., Wayne, NE
402-833-1833

www.majesticnman.org
See website for showtimes

Coyote Twin

10 E Main St., Vermillion, SD
605-624-3331

vermilliontheaters.com
See website for showtimes

Holland Plaza Theater

717 Eighth St. SE Orange City, IA
712-737-8866

Black Panther: Wakanda Forever
7:15

Father Stu 7:30

Violent Night 7:25

Devotion 7:25

Strange World 7:30

krullcinemas.com

Main St. 3

401 Ninth St., Sheldon, IA
712-342-2344

Devotion 7:30

Strange World 7:20

Violent Night 7:40

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SUX 6

THE BEST THINGS TO DO IN SIOUXLAND

THE (JAMIE) KENNEDY ADMINISTRATION

1

According to IMDB, Jamie Kennedy has done many, many things over the years. But the comedian will always be B-RAD, the world's whitest rapper in the cult movie classic "Malibu's Most Wanted." Kennedy will do his stand-up act at Hard Rock Hotel & Casino's Anthem, 111 Third St. at 8 p.m. Friday. To which we say "Go B-RAD!!"

2

EVERYTHING'S JAKE!

Jake McVey is described on his website as being "a relentless road dog" who "has 250+ dates a year." Is McVey a lady's man? Nah, he's an in-demand country singer and the dates refer to concerts. His next gig will be at 7 p.m. Friday at The Marquee, 1225 Fourth St.

3

EVERYTHING'S JACK (AND MIKE)!

Father and son Jack and Mike Langley (both Iowa Rock n' Roll Hall of Fame inductees) will be performing a program of Christmas classics and originals at 2 p.m. Sunday at the Dorothy Pecaut Nature Center, 900 Larsen Park Road.

HOLIDAY AT THE HOMESTEAD!

4

Take a step back into time when the Adams Homestead and Nature Preserve, 272 Westshore Drive, North Sioux City, presents Homestead Holidays from 5 to 9 p.m. Friday and Saturday.

INDOOR ART WALK!

5

Feh, who wants to walk outside in the cold? That's why the Sioux City Art Gallery (225 Nebraska St.), Gallery 103 and 3 Rivers Art Gallery (600 Fourth St.) and Art SUX (515 Fourth St.) will be hosting a seasonal Art Walk, beginning at 5:30 p.m. Thursday. Give the gift of art this holiday.

YULETIME YOGA!

6

After too many candy canes, are you starting to develop a Santa Claus-like figure? Then, you better head on over to Breathe Yoga & Meditation Center, 1551 Indian Hills Drive, at 5:30 p.m. every Tuesday and Thursday. Lisa and Joanne will be more than happy to ho-ho-ho you to better health.

Syphilis is on the rise in Iowa.

Syphilis is a sexually transmitted infection. It is **more common** and **easier to get** than you might think. Early symptoms can include a painless sore or rash, which you may not notice.

Syphilis is **curable** but can lead to **serious health problems** without treatment. It can permanently damage the eyes, brain, heart, and nervous system.

If you are sexually active, make sure that getting a blood test for syphilis is part of your regular health routine.



Find a testing location near you: gettested.cdc.gov
Free & low cost options available.

Learn more about syphilis at ashasexualhealth.org/syphilis.



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Hot Mike!

Legendary bluesman opens up about staying authentic, even after the pandemic

BY EARL HORLYK

Growing up in St. Louis, Mike Zito would follow in the footsteps of such well-known "River City" musician like Chuck Berry, Josephine Baker and T-Bone Burnett.

But for Zito, who started playing guitar at age 5, simply like the way music sounded.

"I taught myself how to play guitar by listening to the music that was around me," he explained.

Since his dad loved big band music, Zito developed an appreciation for brassy beats.

As a kid of the '80s, he was also into the hard rock heroes from bands like Led Zeppelin and Van Halen.

It was only after meeting some professional musicians while working in a music shop that Zito finally honed in on a unique sound.

"When the musicians heard me, they noticed a lot of Johnny Winter and Stevie Ray Vaughan in the way that I'd play," he remembered. "After being introduced to the (seminal record album) 'B.B. King: Live at the Regal,' I discovered I was a bluesman at heart."

Indeed, Zito is now considered to be one of the hottest and most acclaimed bluesmen in the world. Along with the Mike Zito Band, he will be performing at 8 p.m. Friday at Vangarde Arts, 416 Pierce St.

As a musician, he has been lauded for his authenticity.

"I have nothing to hide," Zito said. "It seems my

DETAILS

What: Blues legend Mike Zito and the Mike Zito Band

When: 8 p.m. Friday

Where: Vangarde Arts, 416 Pierce St.

honesty people relate to the most.

He acknowledged authenticity was a byproduct of a life spent on the road.

Now based in Nederland, Texas, Zito was presently in the middle of a performing tour that would take him everywhere from Florida to the Midwest.

He's performed throughout America and, even, branched out globally as a member of the Royal Southern Brotherhood, a "super group" of fellow blues performers.

"You live to be on the road, man," Zito said. "That's where you get your energy."

However, this lifestyle came to a crashing halt during the COVID-19 pandemic

"It wasn't just me," he reasoned. "It was every musician, big and small, as well as people from all walks of life."

During lockdown, Zito played some online shows.

"It was OK at first," he said. "But musicians need to perform to a live audience, not to a computer."

Zito subsequently tried giving private music lessons while questioning the choices he made in life.

Eventually, he came up with a plan by concentrating

on songwriting.

"Songwriting has been something I had previously done under duress," Zito explained. "If I had an album that was being planned, I'd have to switch to songwriting mode while going from gig to gig."

For as long as the pandemic was, it gave him plenty of time to write.

Some of Zito's new material may be found in "Blues for the Southside," a live, double album recorded at St. Louis' Old Rock House.

"It felt so good to be back on the road again after a long hiatus," he said. "It was easy to get back into the swing of things and I was happy to be back on the road."

So, too, was Zito's wife.

"Don't get me wrong, my wife and I have a terrific relationship," he said. "It's just better when I'm not home on a daily basis."

After his current tour, Zito will be hitting the road again in anticipation of the new "Blood Brothers" CD.

Coproduced by legendary musician Joe Bonamassa, "Blood Brothers" will pair Zito with fellow Blues Music Winner Albert Castiglia.

"The album will be released early next year and a tour will follow," Zito said. "Two musicians who are backed by separate bands will be awesome."

That type of musical collaboration is what keeps him going, Zito explained.

"The music keep musicians authentic," he said. "But it is the performance that makes things interesting."



PHOTO BY DANYA ARTIMISI

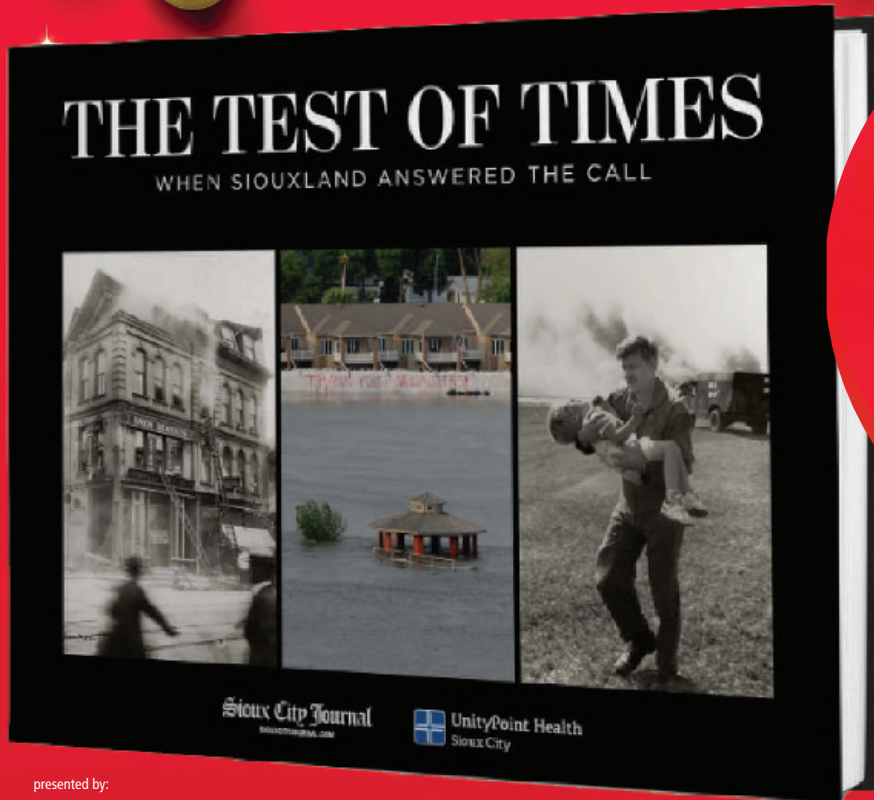
A St. Louis native who is best known for a unique style of down home Gulf Coast blues, musician Mike Zito will perform a live concert at 8 p.m. Friday at Vangarde Arts, 416 Pierce St.



SCOTT LUKES PHOTOGRAPHYLUKES.COM

Blues musician Mike Zito is once again experiencing inner peace. Following a pandemic-related break, Zito is promoting a live double-album during an 8 p.m. Friday gig at Vangarde Arts. In early 2023, he and fellow blues guitar Albert Castiglia will be promoting "Blood Brothers," a new CD coproduced by the iconic Joe Bonamassa.

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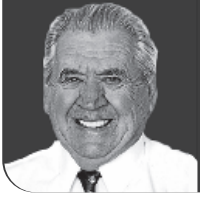
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**TWEEN
12 AND 20
ROBERT WALLACE**

DR. WALLACE: I'm a 15-year-old girl and my mom is a great cook. I've always had an average weight for my age, but within the last six months I've noticed that I'm starting to gain a little unwanted weight. This has caused me to do some research and reading on healthy food, nutrition, calories and all the other things that affect people's weight.

My mom's cooking is indeed a bit fattening, but she does at least balance most meals with salads and vegetables, so it's certainly not all fattening. But I think my main problem is that my mother has a habit of building each family member's plates in the kitchen before she places the plates on the table. Then if anyone wants seconds of a particular item later, she'll return to the kitchen with the pan containing that item, and she'll refill the item as per the request. Mom likes this method as it keeps our table uncluttered, cleaner and better looking. It kind of feels like we are eating in a restaurant

each night, and I mean that as a good thing.

{p data-slot-rendered-content="true"}
But mom's starter portions have too many calories for me, and her rule has always been that we must clean our plates! So, I feel obligated to eat everything on the plate, and even if I don't ask for more, I've already consumed a lot of calories for my small body type. I don't want to hurt mom's feelings, but I feel stuck eating everything even if it does all taste great! — Too Much Food for a Petite Girl, via email

TOO MUCH FOOD FOR A PETITE GIRL: I agree with you on this issue as it exists in your home. Yes, your mother can expect your family to clean each plate, but it makes sense to adjust the portion size of any family member who wishes to do so.

I suggest you offer to assist your mother in the kitchen before a few of your next meals. Tell her that since she's such a great cook, you would like to learn a few of her techniques and cooking secrets so that you can grow up to be a good cook as well. While you're doing this, you can have an open discussion with her about decreasing your portion sizes. Be honest and tell her that you have been gaining a bit of weight lately and that you'd like to adjust your calorie intake, but still take full advantage of all the wonderful dishes that she prepares.

I'M A GOOD STUDENT, WITH ONE EXCEPTION

DR. WALLACE: I'm a good student at school and I get good grades. I pay attention in class, I study hard and I do well. But there's this one area that I've always really struggled in, and I'm going to be facing it again the first week of January: I have to give an oral report in front of the class. Each student is assigned to recap what our class studied and learned in the first half of the year, and we are expected to give a full five-minute speech on our assigned topic.

I always get so nervous, and I tend to stammer and hesitate sometimes when I'm reading my report to the class. I also tend to fidget. Will I always be a nervous speaker or is there anything I can do to calm myself down? — Not Good at Giving Speeches, via email

NOT GOOD AT GIVING SPEECHES: My first bit of advice is practice so much that you know your material quite well. In fact, know it so well that you can easily talk about it "off the cuff." Once you practice and study enough to reach this level of mastery of your subject matter, do not write out your speech. That's correct: I am advising you to not write out a word-for-word speech to be read to

your class!

Instead, break your topic down into a handful of points, and then be able to speak on each point for about a minute or so. If you can come up with four to five points, you'll have enough content to give a five-minute speech if you allow a bit of time also for a brief introduction and a summary at the end. For each point, write out a phrase on a notecard and nothing more. This phrase gives you the topic or subject matter, and from there you go on to speak spontaneously as if you were explaining the information to a friend.

This takes practice but is well worth the time! Once you can learn to speak openly, casually and in a knowledgeable way only by using phrases on notecards, your level of confidence will soar! Think for example about a major hobby or interest that you currently have in your life, and imagine you'll have to give a five-minute speech about that hobby. You could easily write out five phrases on five notecards and with a little bit of practice, you could speak well about the subject. Try to do the same for formal speeches you must make, especially those in school.

One final tip is to pace yourself, take your time and even toss in a funny line to lighten the mood for your audience and yourself for a moment along the way. Good luck!



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**DEAR
ANNIE**
ANNIE LANE

You Say Ta-May-Toe, I Say Ta-Mah-Toe

Dear Annie: I used to date a lady from Australia who was taught to hold her fork in the European/continental style. When she came to visit me in Milwaukee, she noticed my American style. She seemed put-off but didn't say anything. We had a pending dinner date with mutual friends, and she thought I would be set straight by seeing how other people hold their forks.

When we gathered together, she was surprised that, "You all eat that way!" We both learned about differences from that point on.

She also was intrigued by my frequent use of wiping my mouth with a napkin. "Australians use it once, at the end of eating." I always saw it as a personal preference. After a while, she confided that she liked my way better. Seems Aussies she knew wiped with sleeves throughout their meals.

Customs and habits can be born by tradition or by physical necessity. There really is no right way or wrong way. Different cultures can have diametrically opposed standards or mores, habits and customs. It's all in perspective. — I Learned From an Aussie

Dear Learned From an Aussie: I love your open-minded perspective on traditions and culture. Learning about others makes life so much richer and deeper. A large percentage of people in the world don't use knives and forks at all. Some use chopsticks while others eat with their hands.

Dear Annie: Your readers have great ideas, so I am writing to ask if any of them can help me solve a dilemma.

What can one give someone who needs nothing? I want to remember my friends at Christmas, but they don't need yet another item. I want something a bit more thoughtful than just a Christmas

card.

What do you suggest, and what do your readers suggest? — Gifts for Those Who Have Everything

Dear Gifts: One of the best gifts you can give to the person who has everything is to give to a charity that they are passionate about. That way, you are giving to those in need while showing your friend that you care about them for the holidays. But I like your idea of asking our readers how they deal with this issue.

Dear Annie: I would like to bring to your attention another possible situation garnered by your solution to the person who wrote to you about the new co-worker who accused another employee of sexual harassment. Your response to the person to leave it up to the human resources department was correct.

But let's imagine that the employee's complaint was, in fact, made up, and it was a cover for poor work performance. If HR wishes to terminate the employee, they might face a retaliation lawsuit from the newer employee because she filed the original complaint. The HR department must tread carefully because terminating this employee will have to be based upon documented poor performance and written warnings, or an untruth on her application or some other issue specific to the employer's business.

The problem here is that while HR is documenting the problems, it will appear to the original employees that they are doing nothing because they cannot legally discuss the personnel problems of the new employee. If this employee has filed similar complaints with previous employers, the current HR department might not be able to document that because of nondisclosure agreements.

Problem employees often create circular legal issues for HR. I know this from experience. I have worked in human resources for 25 years, have a master's degree in HR management, and I am certified as a Senior Professional in HR. — HR Department

Dear HR Department: I always love hearing from professionals in their field. Your letter gives everyone a sneak peek of what is going on behind the scenes in HR.

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Original 'roots' music

Acclaimed Native American group Brule to perform at Sioux City Symphony Orchestra's Christmas show

BY EARL HORLYK

SIOUX CITY – When the Native American Music Association handed out its prestigious Lifetime Achievement Award to Paul LaRoche on Nov. 21, it was a long time in coming.

Nearly three years, to be precise.

"I was notified about the award in Dec. 2019 and was slated to receive the honor in 2020 but the ceremonies was canceled due to COVID," LaRoche, the founder of the acclaimed Native American music group Brule, explained. "The 2021 ceremonies was also canceled."

Despite of an early-in-the-season snowstorm at its Niagara Falls, New York venue, the 2022 Native American Music Awards – the Native equivalent of the Grammys – went off without a hitch and LaRoche was able to pick up his long-anticipated honor.

"The award may have my name on it," LaRoche said. "It is really something I share with the entire group."

Best known for its unique combination of cultural rock and theatrical instrumentations, Brule will be joining the Sioux City Symphony Orchestra (SCSO) in "Christmas with the Symphony featuring Brule," at 3 p.m. Sunday at the Orpheum Theatre, 528 Pierce St.

With more than one million records sold, Brule is one of the best-known Native American adult/rock music groups in the country. They are also a particular favorite with SCSO audiences.

Which is good news for LaRoche, who has been making music since childhood.



Combining rock music and Native American dance, Brule has performed across the country and around the world.

"I started my first band when I was 15 years old," he said.

Growing up as part of a white, middle class family in Worthington, Minnesota, LaRoche was drawn to bands like Deep Purple and Three Dog Night.

"My wife Kathy and I were part of bands throughout the Midwest back when old ballrooms would still book rock groups," he explained. "That circuit was considered to be the equivalent of the Triple A Baseball when it came to music."

LaRoche even recalled an early appearance in Sioux City.

"We played at a 'Battle of the

Bands' show at your old auditorium in 1973," he said with a chuckle.

"That was nearly 50 years ago. Can you believe it?"

When LaRoche wasn't making music, he worked in the civil engineering field.

However, LaRoche's family had kept a secret from him. He had discovered he had been adopted at birth.

"My wife Kathy was like Ancestry.com long before there was an Ancestry.com," he noted with a laugh. "It was Kathy who discovered my biological family and I was reunited with them (on the Lower



PROVIDED PHOTOS

Back by popular demand, the award-winning Native American group Brule will return to the Orpheum Theatre as part of the Sioux City Symphony Orchestra's "Christmas with the Symphony" at 3 p.m. Sunday.

IF YOU GO

WHAT: Sioux City Symphony Orchestra presents "Christmas with the Symphony," featuring Brule
WHEN: 3 p.m. Sunday
WHERE: Orpheum Theatre, 528 Pierce St.

Brule Sioux Indian Reservation)."

Embracing his Native American roots, LaRoche founded Brule in 1995.

"And it's been a crazy rollercoaster ever since," he said.

It has also become a family affair because the LaRoche's daughter Nicole (a violinist) and son Shane (a guitar player) have joined the group.

Between musicians and dancers, there have been four generations of LaRoche's family involved with Brule.

Though the group still has recording industry execs scratching their chins on occasion.

"By bringing Native American culture to audiences, Brule was pioneering one of America's last original musical genres," LaRoche explained. "Record companies, especially early on, said we love you but we don't know what to do with you."

Like he said, life with Brule has been a rollercoaster ride. There have been many highs as well as a few lows over the course of the last quarter-of-a-century.

In the end, it was a journey well worth taking.

"Brule has performed across the country and in many parts of the world," LaRoche said. "It is always a good time when you get the opportunity share who you are to audiences."

Weekender CLASSIFIEDS

Line Classifieds Rates: \$5.00 a week for 3 lines. 50¢ for each line after that.

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Athletic Trainer: Assist Head Athletic Trainer with the administration of Athletic Training services, operations, staff and facilities. Provides preventative care, evaluation, treatment and rehabilitation of athletic injuries. Work as a member of the Athletic Training staff to supervise the daily operation of the athletic training room, camps, practices and competitions of intercollegiate athletic programs.

Required Qualifications: Bachelor's degree in athletic training or related field; BOC Certified Athletic Trainer; Nebraska licensure for athletic training or eligible to apply.

Salary: Competitive, commensurate with qualifications and experience. Attractive and comprehensive fringe benefit package. Annual Salary range is \$41,902.00 - \$52,378.00.

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EMPLOYMENT OPPORTUNITIES



Licensed Student Counselor:

Provides professional counseling to students on academic and personal matters. Provides individual and group therapy and counseling. Responsible for vocational testing and assessment, program development and evaluation and outreach activities. Consults with academic departments and student affairs departments. May be involved in crisis prevention, or aiding with adjustment problems after a major life event. Maintains confidential records.

Required Qualifications: Master's degree and Mental health practitioner's license in Nebraska.

Salary: Competitive, commensurate with qualifications and experience. Attractive and comprehensive benefit package. Annual salary range is \$44,080 - \$55,099 (0.900 FTE)

Director- Continuing Education & Outreach:

Provides administrative oversight, conducts analytical analysis in the development, implementation, and on-going administration of specialized continuing education and outreach programs. Responsible for overseeing the budget, communication, and instruction for these specialized academic programs. Act as a liaison to the stakeholders in these programs. This position is located at the College Center in South Sioux City.

Required Qualifications: Bachelor's degree and related experience.

Salary: Competitive, commensurate with qualifications and experience. Attractive and comprehensive benefit package. Annual salary range is \$65,280.00 - \$81,600.00

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EMPLOYMENT OPPORTUNITY



Office Assistant II (EBS)

(May perform all the duties of an Office Assistant I, plus the following). This is responsible clerical and reception work of moderate complexity requiring professional discretion in the fulfillment of work responsibilities. Performs varied tasks such as being accountable for a wide range of duties related to student records and information and reception and clerical support for the office or department. Work includes producing reports and documents from rough draft, dictation or verbal instruction, transcribing and distributing meeting minutes and coordinating staff/faculty appointments, meetings and travel arrangements. An employee within this classification is expected to exercise independent judgement in determining work priorities in accordance with departmental policies and procedures. Specific and general instructions are received from an administrative superior with work reviewed in the form of observation, efficiency and accuracy of work produced. Leadership may be provided for other clerical staff.

Required Qualifications: Graduation from Senior High School or equivalent supplemented by general clerical or business coursework and one to two years of clerical experience or any combination of skills, knowledge and abilities that meet these requirements.

Salary Information: Minimum starting salary is \$32,760.00

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Tech/Trades



General Maintenance Technician

Morningside University is accepting applications for the full time position of **General Maintenance Technician**. This position is responsible for general maintenance and repairs for the buildings and grounds.

Responsibilities:

- Maintenance of buildings including minor electrical and plumbing repairs
- Availability to follow the on call schedule as needed
- General Carpentry skills – Repairs to locks, closets, furniture, doors etc.
- General Painting skills- patching and repairing walls, painting rooms of various sizes, maintain painting equipment and inventories of paint and supplies.
- General Grounds maintenance - litter control, salting when necessary
- General HVAC maintenance- coil washing, filter changing, belt maintenance
- Snow removal of sidewalks, driveways and parking lots
- Completion of various maintenance duties and tasks as needed by the work order system

Qualifications:

- Completes work orders in a timely and efficient manner, to the standards set by the University
- Maintains a positive working relationship with students, parents, faculty and staff
- Ability to communicate effectively, both verbally and in writing and work well with others
- Ability to use general tools and equipment
- Ability to lift/carry heavy items

Applications will be accepted and reviewed until the position is filled. Please email your cover letter, resume and three references to employment @morningside.edu.



MORNINGSIDE UNIVERSITY

Plumber-Maintenance Technician

Morningside University is accepting applications for the position of **Plumber – Maintenance Technician** in the Physical Plant Department. This position is responsible for the maintenance and preventive maintenance on the campus as well as assisting in other maintenance projects as necessary.

Responsibilities:

- Plumbing Maintenance
- Repairs leaking faucets and drains
- Auger drain lines
- Boilers cleaned, inspected, monitored for chemicals and safety
- Maintenance of heating valves, traps and radiators
- Pumps packed and greased
- Assures that drinking fountains, bottle fillers and water features are maintained and in good working order
- Preventive Maintenance
- Participates in setting a schedule for needed preventive maintenance
- Completes preventive maintenance according to schedule
- Completion of various plumbing duties and tasks as needed by the work order system

Qualifications:

- Good plumbing skills
- Knowledgeable about industry standards
- Able to follow simple oral and written instructions
- Able to get along with others and good communication skills
- Heavy work may be required at times

Please email a cover letter, resume and 3 references to employment@morningside.edu

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