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MRHD director

Katie Colling leads nonprofit gaming group

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Chad Pauling, publisher
Dave Dreeszen, editor

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Requests for a free subscription or address changes should be sent to:
Tad Kelson
Siouxland Business Journal
Box 118
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Editorial copy should be sent to:
Dave Dreeszen
Siouxland Business Journal editor
Box 118
Sioux City, Iowa 51102
dave.dreeszen@lee.net

For more information:
Editorial: (712) 293-4211
or 800-397-9820, ext. 4211
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Jesse Brothers, Sioux City Journal

ON THE COVER

Katie Colling, the new executive director of the Missouri River Historical Development, is shown Jan. 16 at the Betty Strong Encounter Center, which MRHD built and operates. Colling suceeded Mark Monson as the director of MRHD, the local nonprofit gaming group.

NEW/FOR LEASE

3001 Singing Hills Blvd

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NEW/FOR SALE

600 Stevens Port Dr, Dakota Dunes

One River Place is a 3-story, 31,000 sf, Class A office building for sale in the Dakota Dunes Business Park. Includes 15 executive suites on the first floor as well as some larger spaces. There have been many building updates plus it is in a great location just off of I-29.

NEW/FOR SALE

370 W Anchor Dr, Dakota Dunes

Two City Centre is a Class A 10,500 sf multi-tenant one story office building in Dakota Dunes with parking at the door. It has an attractive Cap Rate return even though there is some vacancy which could be used for an investor/tenant.

NEW/FOR SALE

350 W Anchor Dr, Dakota Dunes

One City Centre - The Dunes Surgical Hospital occupies all 10,800 sf of this attractive and well kept one story office building giving an investor a triple net lease with minimal management and an excellent return.

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Nick Ohde, Practical Farmers of Iowa

Paul Mugge speaks at a field day on his organic farm near Sutherland, Iowa, on July 17. Mugge is the recipient of the Practical Farmers of Iowa's 2020 Sustainable Agriculture Achievement Award.

Sutherland farmer wins sustainable ag award

JOURNAL STAFF

AMES, Iowa — Practical Farmers of Iowa has selected a Sutherland organic farmer as the recipient of the organization's 2020 Sustainable Agriculture Achievement Award.

Paul Mugge, an organic farmer and longtime on-farm research participant from Sutherland, received the award at a presentation Saturday at the Iowa State Center Scheman Building during Practical Farmers' annual conference in Ames.

The award is given each year to an individual or couple that has shown exemplary commitment to sustainable agriculture, generously shared their knowledge with others, and been influential in efforts to foster vibrant communities, diverse farms and healthy food.

Mugge has been a Practical Farmers member for more than 30 years. He and his wife, Karen, farm 300 acres of certified organic crops. Their rotation consists of corn, soybeans, small grains and some legumes.

The farm has been certified organic since 2001 and features a mature, 17-year-old restored prairie; prairie strips established in 2015; and a beetle bank installed with Xerces Society in 2018.

In 2013, Mugge received Practical Farmers' Master Researcher Award in recognition of his long-term commitment to conducting on-farm research and sharing the results with others. To date, he has conducted 65 on-farm trials – a Practical Farmers record – and hosted 22 field days on his farm over the years.

His most recent field days include two events he hosted last summer exploring his work establishing prairie and beneficial insect habitat, and organic row crop production and mechanical weed control on his farm.

Mugge also served on the Practical Farmers of Iowa board of directors from 1990 to 1998, and has been active in leadership and volunteer roles with many other organizations over the years.

In October, Paul was selected as the recipient of the Leopold Center for Sustainable Agriculture's 2019 Spencer Award, which recognizes farmers, researchers and teachers who have contributed significantly to the environmental and economic stability of the Iowa farming community.

Hardware store to open in former Shopko

Wilmes first to occupy space at shopping centre

DAVE DREESZEN
Business Journal editor

SIOUX CITY – Marketplace Shopping Centre has secured its first tenant for the building that housed the former Shopko.

Gleeson

Wilmes Do it Best Hardware will open a new 30,000 square foot store at Marketplace this spring.

The full-service hardware store, locally-owned by Mike and Gina Wilmes, will be the first to occupy the former Shopko since Marketplace subdivided it for smaller retailers earlier this year.

The Sioux City Shopko closed June 23 after the Wisconsin-based chain went out of business.

The Wilmes family, which has been in the hardware business since 1988, currently own and operate a Wilmes Do it Best Hardware store in South Sioux City. For eight years, they also ran a store on the north side of Sioux City in the former Indian Hills Shopping Center.

Mason Dockter, Sioux City Journal

Wilmes Do it Best Hardware will open a new 30,000 square foot store in the former Shopko building at Marketplace Shopping Centre, shown above last June. The locally-owned hardware store will be the first to occupy the former Shopko since Marketplace subdivided it for smaller retailers.

"We are very excited about our newest location at Marketplace Shopping Center," Mike Wilmes said. "We enjoyed a loyal customer base with our old store in Sioux City and now with this new store, we are excited to re-establish those friendships."

The Wilmes are member-owners of Do it Best Corp., an international buying cooperative that supports independent hardware stores, home centers and lumberyards across the US and around the world.

Marketplace Shopping Center, a 255,000-square foot shopping center on the city's north side along Hamilton Boulevard, is anchored by a Hy-Vee store. Since 1962, the center has been locally owned by the Gleeson family.

"Mike and Gina Wilmes have a proven track record of nearly 30 years in the hardware business in our community," said John Gleeson, who is also president of Klinger Companies Inc. "We are thrilled to have this 30,000 square foot home improvement store in our shopping center. We are working with other prospects for additional space that was previously occupied by Shopko."

Shopko, which was founded in Green Bay in 1962, opened its Marketplace store in the late 1970s.

As part of the project to reconfigure the former Shopko space, Marketplace replaced the parking lot in front of the building last year.

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Legal practices merge

Moore and Corbett, longtime Sioux City law firms, join forces

MASON DOCKTER
Business Journal staff writer

SIOUX CITY – A recent merger brought together two of the older law firms in Sioux City.

The merger of the firms, Moore, Heffernan, Moeller & Meis, L.L.P., and Corbett, Anderson, Corbett, Vellinga & Irvin, L.L.P., became effective Jan. 1.

Chuck Corbett, the sole remaining lawyer in the Corbett firm, said the merger took root "a few months" ago.

"Due to some retirements, and attorneys in our office going elsewhere, obviously I was attracted to this firm because of the reputation that it has in the community," Corbett said.

Edward M. Corbett

Louis S. Goldberg

Dan Moore, a Sioux City Council member and the "Moore" in Moore Corbett, said his deep respect for the Corbett practice was partly why he found the combination attractive.

"When I first started practicing law in 1977 in Sioux City, the Corbett, Anderson, Corbett law firm was one of the premier real estate law firms in Sioux City," Moore said. "I aspired to be an excellent real estate lawyer, along with estate planning, and so I admired that firm for a number of years, because they were very good."

Corbett and his paralegal, bookkeeper and secretary moved into the Moore offices on the third floor of the U.S. Bank building, 501 Pierce St. The combined firm specializes in estate planning, real estate, litigation (including vaccine litigation), employment law, business law, education law and general practice.

Jesse Brothers photos, Sioux City Journal

Longtime Sioux City law firms Moore, Heffernan, Moeller & Meis, L.L.P., and Corbett, Anderson, Corbett, Vellinga & Irvin, L.L.P., have merged. Partners Chuck Corbett, left, and Dan Moore, right, are shown Thursday at their office in downtown Sioux City.

VENERABLE FIRMS

Corbett's grandfather, Edward M. Corbett, founded the Corbett firm, the older of the two practices, in 1896.

Born in Jersey City, New Jersey, on Christmas Day 1868, Edward Corbett had a rather Dickensian childhood – both his parents were dead by the time he was 7. He boarded an orphan train to Northwest Iowa, where he was taken in by the Corbett family in Cherokee.

He graduated from Morningside College (then called the University of the Northwest) in 1894, launching a successful practice in Sioux City a few years later.

Edward Corbett died suddenly of a heart attack in Gulfport, Mississippi, en route to a winter vacation to Florida, in January 1940 at age 71; his three sons were lawyers themselves, and were his law partners. The elder Corbett was described in his obituary as "An Orphan Who Made Good."

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Chuck Corbett's father Stanley, one of Edward's sons, joined the firm in 1934, and Chuck joined the firm in 1972.

"For a long time, it was just Corbetts," Chuck Corbett said. His career goes back further than any of the other partners at Moore Corbett.

The Moore part of the firm had a variety of names over the years, changing with the lineup of partners. It was founded in 1926 by Louis S. Goldberg, an attorney and an accountant.

Goldberg was admitted to practice before the U.S. Supreme Court in 1968, in honor of his many years practicing law, and he apparently addressed the Supreme Court in a 1972 case. Like Corbett before him, Goldberg died of a heart attack in 1984 at age 86.

The firm was known as Goldberg & Associates, and it had a stable of lawyers and accountants. Later it was called Goldberg, Mayne, Probasco & Berenstein, followed by several other variations on the name over the years.

A series of area luminaries, including the late Republican congressman Wiley Mayne, have had their names on the firm.

The lawyers and the accountants had to part ways decades ago to accommodate updated ethics regulations.

"We changed that in the mid-1970s, because they did change the rules on it, that you could not have an accounting firm and a law firm combined, so we separated the two firms," Moore said.

Though they no longer have CPAs, the firm's overall thrust – the intersection of assets and the law – remains largely unchanged.

Longtime Sioux City law firms Moore, Heffernan, Moeller & Meis, L.L.P., and Corbett, Anderson, Corbett, Vellinga & Irvin, L.L.P., have merged. Chuck Corbett, shown Thursday at his new office at the Moore Corbett Law Firm, has been practicing law since 1972.

240 YEARS' EXPERIENCE

The eight Moore Corbett partners -- Dan Moore, Charles Corbett, Maureen Heffernan, Richard Moeller, Robert Meis, Angie Schneiderman, Karrie Hruska, and Nikki Nobbe, and two associate attorneys, Kaitlin Boettcher and Camille Brown, have a combined 240 years of experience in law.

Each devotes their time to a certain segment, or segments of the law (or "niches" as Heffernan described it). Moeller and Nobbe practice, among other things, vaccine injury law – though Moeller joked that "everything" is his specialty.

"It's actually not anti-vax, it may not be what you think it is at first," Moeller said of the vaccine injury litigation. "It's a federal program to compensate people who have been injured by an adverse reaction to a vaccination, whether it's a flu vaccine, childhood vaccines, those kinds of things."

"And it's certain types of injuries, and there's duration requirements, so it's not just if somebody, you hear people get the flu after the flu shot, that wouldn't be covered," Nobbe added.

Their clients, Moeller said, come in from all around the country – but they don't have to address juries very often, so they can work remotely.

Nobbe is also the newest partner in the firm – as of Jan. 1, the date the merger became official. She's been with Moore for five years.

"It's pretty exciting," Nobbe said.

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Wealth of nonprofit experience

Katie Colling takes reigns as director of Missouri River Historical Development

MASON DOCKTER
Business Journal staff writer

SIOUX CITY – Katie Colling has a lot of experience in the nonprofit sector, and she knows plenty about the funding needs of local charities.

Colling was named executive director of Missouri River Historical Devlopment Inc., in early December. More than a year ago, she retired as executive director of Women Aware, after 27 years with the non-profit agency that serves area families.

After all those years of applying for MRHD grants on behalf of Women Aware, Colling finds herself on the other side of the equation.

"I relate quickly to the organizations that apply (to MRHD) and need money, so the opportunity to be on the other end of the formula, just really appealed to me," Colling said. This is her first time in a leadership capacity with MRHD.

MRHD, a nonprofit, holds the state license for the Hard Rock Hotel & Casino Sioux City. MRHD collects a share of casino revenue and distributes funds to local organizations and communities.

Colling replaces longtime MRHD leader Mark Monson, who is in the process of retiring from the organization he had been involved with since its founding in 1989.

Her foray into volunteering and civic organizations began with the Port of River-Cade shortly after the March 1987 death of her father, John C. Kelly. A former publisher of the Sioux City Journal, Kelly's grandfather, also named John C. Kelly, founded the Sioux City Tribune in 1880.

The younger Kelly was also involved in a number of civic organizations, including the Mississippi Valley Association, the Sioux City Dock Commission, the China Relief Fund, the National Waterways Conference and, of course, River-Cade.

"It was something that my father was heavily involved in," Colling said.

Katie Colling serves in a huge number of capacities in the community: as the chair of the Sioux City Public Museum Board of Trustees; chair of the regional Iowa Legal Aid Advisory Council; a board member of Vangarde Arts; chair of the Woodbury County Board of Adjustment; and a board member of the Kindness Initiative. She's also the treasurer for the League of Women Voters of Sioux City and has been an administrator with the United Way Single Parent Scholarships program.

Katie Colling, executive director of the Missouri River Historical Development, is shown at the Betty Strong Encounter Center, which MRHD finances and operates. Colling recently succeeded Mark Monson as the head of MRHD, a nonprofit that holds the state license for the Hard Rock Hotel & Casino Sioux City.
Jesse Brothers, Sioux City Journal

Sioux City has a wide variety of nonprofit and charitable organizations, which devote their time and resources to everything from animal welfare to women's issues, and from homelessness to education, conservation and the arts. Several of them have funding gaps that MRHD has helped fill, enabling them to do more than they otherwise could.

"I think Sioux City's really blessed, to have a huge crosscurrent of all that here," Colling said.

Once she's settled into her role with MRHD, Colling said she wants to learn more about the needs in Woodbury County's smaller communities.

Though MRHD grants often go to high-profile organizations within Sioux City, they've also helped many of the towns in the county – in September their grants included tens of thousands of dollars to the Hornick American Legion, the Mapleton Fire Department, the City of Sergeant Bluff, the Oto Ambulance, the City of Sloan and the Bronson Fire Department to fund things each of them needed.

"I really want to go to, for instance, every town's council meeting, and just listen," Colling said. "I think it's easy to equate MRHD with just the Sioux City area, but it's mission is to improve quality of life for the county."

Colling, through her time with Women Aware, has personally witnessed the ways in which MRHD dollars can help individuals with dire needs.

"Every family that we helped, we could see exactly where that MRHD money went, and how it made a difference," she said.

Calling it a career

Doctor Gerald McGowan retires after more than 50 years

DOLLY A. BUTZ
Business Journal staff writer

SIOUX CITY – After 54 years of practicing medicine, Dr. Gerald McGowan was scheduled to see his final two patients on Jan. 30 at the Siouxland Medical Education Foundation's Family Medicine Center.

In a recent interview, the 83-year-old said he was going to miss the people he works with and his patients most of all when he retires. McGowan is proud to have delivered three generations – something he noted that not too many people have done.

"I had a lady the other day send me a note. She told me I had delivered her son who is now 53," he said with a chuckle.

McGowan wanted to be a football coach while attending Heelan High School in Sioux City. But, one day, a nun called him into her room after classes and encouraged him to pursue a career in medicine.

"She says, 'You can be a football coach if you want, but you go be a doctor first. And then if you still want to be a football coach, go for it,'" McGowan recalled. "That's really what said I'm going to do it."

McGowan, who earned his University of Iowa medical degree in 1963, started out as a general practitioner. He had been practicing medicine in Sioux City for only a couple of years when the opportunity to serve his country arose. After joining the 185th Iowa Air National Guard unit, McGowan headed to Vietnam, where he served as a flight surgeon for the 174th Tactical Fighter Squadron from June 1968 to June 1969.

In 1970, McGowan took a test to become a family medicine physician. He has spent most of his medical career trying to increase access to health care for residents of small towns.

"That's kind of always what I wanted to do," he said of family medicine. "I guess nothing else in medical school really excited me more than taking care of people."

In 1974, while building his own practice in family medicine, McGowan led Sioux City's two hospitals and community physicians in founding the Siouxland Medical Education Foundation. The only residency program in Northwest Iowa began a year later in 1975. The residency consists of three years of post graduate study with an approved class of six residents in each year. The program is accredited by the Accreditation Council for Graduate Medical Education and is affiliated with the University of Iowa Carver College of Medicine.

McGowan said he "wasn't unhappy" doing what he was doing, but when approached by Roger Tracy, a now retired assistant dean of the University of Iowa Carver College of Medicine, and asked to be the director of the Siouxland Medical Education Foundation, McGowan agreed to go to Iowa City and interview for the position. McGowan said he was "very surprised" that he got the job.

"I'm not very academic, but I'm a good organizer," he said.

McGowan said a retired psychiatrist, who was working for the American College of Surgeons, came to Sioux City in 1974 and laid out what needed to be done to get the residency program going. He returned the next year, after McGowan had recruited some "good residents" and certified the training program for three years.

Tim Hynds, Sioux City Journal

Dr. Gerald McGowan, founder of the Siouxland Medical Education Foundation, a family practice residency program for physicians, holds a display of photographs of the foundation's first four years of residents at the Family Medicine Center, the foundation's patient clinic in Sioux City. McGowan, a physician for 54-years, is retiring at the end of January.

"We had one second-year and four first-year," McGowan said of the first group of residents. "They were great. We never had any better class than that group. They were just good, smart people."

McGowan said all the doctors in town, including surgeons, internists, pediatricians, ophthalmologists and dermatologists, help train the residents. Since its inception, McGowan said 235 residents have gone through the program. About 60 percent remain in the area, according to McGowan.

"They have a great deal to do with their education. They were and still are very generous about their time and energy, because it does take an effort," he said of local doctors. "It slows them down and so forth when they have a resident with them. They have to stop and teach."

McGowan said his biggest accomplishment is the construction of a $4.5 million, two-story Family Practice Center, which is located just north of the previous center in the 2400 block of Pierce Street. A block of houses between 25th and 26th streets had to be moved for the project, which was completed in 1998.

"We were getting to the point where we couldn't recruit out of a too small of a facility," he said. "This is a wonderful facility."

McGowan said he has seen tremendous changes during his tenure. He said experience used to be the "main key" to practicing medicine, but then evidence-based medicine came along. Evidence-based medicine uses the best available research evidence to care for patients.

"I appreciate the people with big problems and the other physicians who have helped me with those problems, like the surgeons and the cardiologists. They've saved a lot of lives that we couldn't save 44 years ago. I think that's probably the most gratifying thing that I've seen over the years."

What hasn't changed, McGowan said, is the need for physicians. Today, McGowan said most doctors retire between the ages of 55 and 60.

"We need doctors so bad, especially in primary care," he said. "When I started, it wasn't unusual for doctors to practice until they were 70 or 80 years old. They don't do that anymore," he said. When he started practicing medicine, McGowan said he expected to be practicing for a long time. He recalled another doctor who practiced until he was 90. "The last five years, I haven't worked hard. I haven't been in the hospitals. I haven't delivered babies. I've just been kind of drifting out and doing pilot physicals, which I enjoy doing," he said. "It's time."

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Students, faculty and staff of Bishop Heelan Catholic Schools celebrated the opening of the new O'Gorman Fieldhouse, named in honor of Terry and Mary Lou O'Gorman, with a recent building dedication ceremony. Flanked by Bishop Heelan students, coaches and Chamber Ambassadors, those pictured are Anthony Elias, Heelan athletic director; John Flanery, BHCS president; The Rev. Walker Nickless, bishop, Sioux City Diocese; Mary Lou and Terry O'Gorman with the scissors; Chris Bork, Heelan principal; and Tom Betz, BHCS vice president of advancement.

ChamberAnniversaries

120 YEARS – 1900

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SIOUX CITY JOURNAL
Chad Pauling
Sioux City

95 YEARS – 1925

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Garry Smith
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50 YEARS – 1970

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Sioux City

35 YEARS – 1985

SIOUX RUBBER & URETHANE
Joe Wren
Sioux City

25 YEARS – 1995

CATALYST IT
Aaron Gerdes
Sioux City

JUNE E NYLEN CANCER CENTER
Krista McCullough
Sioux City

SIOUXLAND COMMUNITY FOUNDATION
Katie Roberts
Sioux City

15 YEARS – 2005

IMKO WORKFORCE SOLUTIONS
Keith Hawkins
Sioux City

PLAINS MECHANICAL / PLAINS BOILER
Jeffrey Reinders
Sioux City

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10 YEARS – 2010

CARE INITIATIVES HOSPICE – SIOUX CITY
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Sioux City

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Sioux City

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5 YEARS – 2015

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Mark Vos
Sioux City

The Heritage at Northern Hills, voted The Best Senior Living in the Siouxland's Choice Awards in 2018 and 2019, hosted the Siouxland Chamber's December Rush Hour Connect. Located at 4000 Teton Trace, Heritage has been serving Siouxland seniors for 25 years. It offers independent and assisted living that embraces individuality and encourages independence featuring apartment style living with the perks of a community which include restaurant style dining, activities, classes and clubs, a game room, salon/ barber and coffee shop.

Nicole Garber, sales/ retention manager at First PREMIER Bank/PREMIER Bankcard, was named the 2019 Siouxland Chamber Ambassador of the Year at a recent appreciation lunch held at the Marriott South Sioux City Riverfront. She is pictured with Barbara Sloniker, Chamber executive vice president and Chris McGowan, Chamber president. The annual recipient, selected fellow ambassadors, actively participates in Chamber events, demonstrates committee leadership, and assists with recruiting new businesses and retaining current Chamber members. Garber, who has been an ambassador since 2014, also was awarded the Compass Award, which recognizes the Ambassador with the highest points earned for attendance at Chamber events, planning meetings, and member retention efforts.

ChamberInvestors

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Belle Salon & Spa - Lakeport
Joshua Eden & Sacha Williams
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Theodore's Academy Preschool & Childcare
Chris Ferry
Sioux City

Achieve TMS Central
Rebecca Curran
Sioux City

Sioux Soccer
Alondra Castillo
South Sioux City

Dr. Sadie Arens at Nissen Family Chiropractic
Sadie Arens
Sergeant Bluff

Midwest Welding & Mechanical Academy
Whitney Ingram
Sioux City

Mitchell Hospice House
Susan Macfarlane
Sioux City

Universal Windows Direct of Sioux City
Kevin Rasmussen
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DP Sales
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Sioux City

PunchyMedia, LLC
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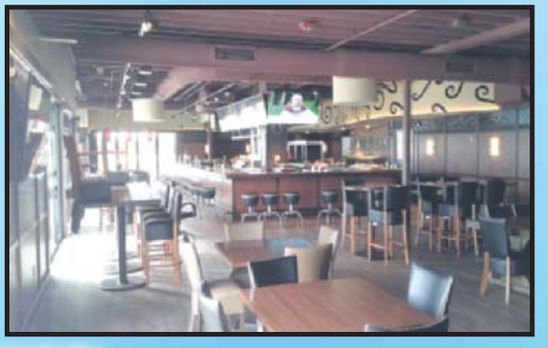

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OnTheMove

Fridh

Fridh to lead Rosecrance Jackson Centers

SIOUX CITY – Following a months long national search, Rosecrance has appointed **Annie Fridh** as the new leader of Rosecrance Jackson Centers, serving Siouxland.

With more than 25 years of experience and leadership in behavioral healthcare, Fridh currently serves as the vice president of operations at Rosecrance Jackson Centers and was previously the Rosecrance Administrator of Adult Behavioral Health.

She earned her bachelor of science in Family Social Services from Northern Illinois University and her M.S. in Child and Family Services—Marriage & Family Therapy from Northern Illinois University. She obtained a doctorate of psychology from the Illinois School of Professional Psychology at Argosy University.

Last fall, current regional president, Kermit Dahlen, announced his plan to retire in March after a long career in the treatment of substance use disorders.

Under Dahlen's leadership, the former Jackson Recovery Centers grew from a 20-bed adolescent facility to Iowa's largest comprehensive treatment program for adult and youth substance use disorders.

Niebuhr named to MercyOne position

Niebuhr

SIOUX CITY – **Lisa Niebuhr** has accepted the position of foundation development officer at MercyOne Siouxland Medical Center. Niebuhr has more than 20 years of development experience. She served as the development and enrollment management director for Gehlen Catholic School in Le Mars, Iowa, from 2003 to 2020 and worked at the Alzheimer's Association in several capacities from 1996 to 2004. She has extensive community volunteer experience, according to a press release from MercyOne.

She and her husband, Paul, reside in Le Mars and have three children.

Irvin named SNB senior trust officer

SIOUX CITY – **Kyle Irvin** has been named senior trust counsel and trust officer, providing legal oversight and guidance with Security National Bank's wealth management division.

Irvin

Irvin is transitioning from a successful career as partner at the Corbett, Anderson, Corbett, Vellinga & Irvin Law Firm in Sioux City. A licensed attorney in Iowa, Nebraska and South Dakota, Irvin has practiced law for the past 15 years, primarily in the areas of estate planning, probate and trust administration, corporations and real estate. Irvin has been awarded the highest "A-V Preeminent Attorney" standard by the Martindale-Hubbell Peer Review Ratings.

Active in the community, Irvin has served as president of the Siouxland Center for Active Generations and the Siouxland Estate Planning Council and is a board member for Sunrise Manor. He has taught classes as an adjunct instructor at various institutions, including Briar Cliff University, South Dakota State University and the University of South Dakota School of Law.

Fane opens new Dakota Dunes office

DAKOTA DUNES, S.D. — Spencer Fane LLP has announced the opening of a new office in Dakota Dunes.

Crayne

Ryan Crayne, a partner with multiple clients in the Sioux City area and throughout Iowa and South Dakota, will work out of the Dakota Dunes office.

He represents clients in the areas of trusts, estates and taxation, and has experience in both transactional and litigation settings. He is also a Certified Public Accountant.

Crayne is admitted to 10 state bars, including Minnesota, Iowa, South Dakota, Nebraska, Wisconsin and North Dakota.

Griffin joins EFS in client relations

SIOUX CITY – EFS Group Wealth Management recently hired **Brooke Griffin,** of Sioux City, as a client relations specialist.

Griffin

Griffin's primary responsibilities include being the first impression of EFS Group, according to a press release from the investment management and retirement planning firm. She will be in charge of day-to-day scheduling, appointments, meetings and customer service.

Griffin previously worked at Sioux City Community School District and a tax preparer office as a receptionist.

Griffin replaces former client relations specialist **Stephanie Drost,** who was promoted to operations specialist. Drost has been with EFS Group Wealth Management since July 2017.

Fruechtenicht hired at StoneyBrook Suites

Fruechtenicht

DAKOTA DUNES – StoneyBrook Suites has named **Haley Fruechtenicht** the new administrator at its Dakota Dunes assisted living facility.

Fruechtenicht grew up in Eastern Oregon and currently resides in Jefferson, South Dakota, with her husband, Clint, and 6-month old son, Evan. She has served 11 years in the Army National Guard.

She began her military career as a flight medic and later became a medical evacuation pilot, flying Blackhawk helicopters for the Nebraska Army National Guard. She has a bachelor's degree in business administration.

BusinessPeople

UnityPoint announces board of directors

SIOUX CITY – UnityPoint Health – St. Luke's has announced its 2020 board of directors.

Daby

Elected officers to St. Luke's Board of Directors include: **Darin Daby,** chairperson, US Bank; **Craig Berenstein**, vice chairperson, Heritage Bank; **Jim Palmer**, treasurer, Tegra Corporation; and **Barbara Knepper**, secretary, Community Member.

Garrett Smith of American Pop Corn Company and past chair of St. Luke's board of directors will also serve on St. Luke's executive committee.

New members joining St. Luke's board include: **Renee Beaulieu,** TEC-Corp; **Rick Colwell, DO,** Medical Staff President; and **Joseph Kurth, MD,** Family Health Care of Siouxland.

The board also includes returning members: **Angela Aldrich, MD**, Siouxland Obstetrics and Gynecology, P.C.; **Eileen Barto, MD**, UnityPoint Clinic Family Medicine at Sergeant Bluff; **Dennis Bullock,** Powell Broadcasting; **Mark Carlson, DO,** Anesthesia Consultants, P.C.; **Mike Crone**, Entrepreneur; **Rachelle Karstens,** Briar Cliff University; **Elise Kreisberg,** Greenberg's Jewelers; **Flora Lee,** Northwest Area Education Agency; and **Joy Taylor, MD,** St. Luke's Cardiology Services and Cardiovascular Associates.

Retiring board members include **Lynn Mills**, Shellhammer-Puetz & Associates, and **Steve Shook**, MD, Family Health Care of Siouxland.

Menin installed as Abu Bekr potentate

SIOUX CITY – The Abu Bekr Shrine Temple held its annual installation of officers Jan. 8 at the Abu Bekr Shrine Temple, 820 Nebraska St. Illustrious Sir **Sheldon J. Menin** was named Potentate for 2020. Elected Divan officers for 2020 include **Wayne E. Rieckmann**, Chief Rabban; **Michael L. Pickett**, Assistant Rabban; **Larry W. Davis**, High Priest & Prophet; **Richard D. Porter**, Oriental Guide; **Kent W. Kolbe**, treasurer; and **Alan L. Fagan**, recorder.

Menin

Menin lives in Sergeant Bluff and is a 25-year member of the Abu Bekr Shrine Temple and the Abu Bekr Foot Patrol.

Appointed Divan officers include **Colin J. Ross**, First Ceremonial Master; **Gary D. Janssen**, Second Ceremonial Master; **Jeff B. Zook**, Director; **Dwight L. Dirks**, Marshal; **Jeremy G. Robinson**, Captain of the Guard; **Patrick H. Jensen**, Outer Guard; and **Mark D. Schopke**, Chaplain.

This year's events include the 70th annual Abu Bekr Shrine Circus, April 1-5 at the Tyson Events Center; the Imperial Session in Kansas City, July 4-9; the Midwest Shrine Association Summer Session in Regina, Saskatchewan, Canada, Aug. 12-15; and the Central States Shrine Association Summer Session in Springfield, Missouri, Sept. 2-5.

United Sports Academy celebrated its membership with the Chamber at a recent ribbon cutting. Pictured are Ben Oberle, Bart Connelly, Terry Comstock, Kam Smith, Angie Kristensen and Shane Tritz. The 56,000-square-foot multi-sport training and competition space at 300 Centennial Drive in North Sioux City opened in February 2019. It features basketball courts, volleyball courts, pickleball sports, a 7,000-square-foot health club and performance training center, two state of the art golf simulators and corporate event space with food and beverage.

Community Action Agency celebrated the newest Early Head Start classrooms at Sun Ridge, located on the campus of Western Iowa Tech Community College. Pictured in the front row are Christie Beatty, Early Childhood assistant director; Rachael Ostermyer, Early Childhood director; Tito Parker, chairman, CAA board; Jean Logan, CAA executive director. Pictured in the back row are Terry Murrell, Western Iowa Tech Community College president; and Kim Wilson, CAA chief development officer. Community Action Agency now have 29 Early Head Start and Head Start classrooms across Sioux City.

New member Midwest Welding and Mechanical Academy, 3300 Northbrook Drive, provides superior quality, journeyman-level training, and creates technically skilled and efficient individuals entering the pipe welding profession. Pictured are Whitney Ingram, Gaylon Parker and Travis Papenberg. The academy recently announced maintenance prevention has been added to its offerings, making it a one of a kind academy in the U.S. The school has space for 30 students and graduates have the potential to earn $80,000 to $100,000 a year.

Mike Clausen
HBA President
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SIOUXLAND HOME SHOW • FEBRUARY 27-MARCH 1, 2020

The Home Builder's Association of Greater Siouxland is celebrating the 63rd Annual Siouxland Home Show. We have been presenting this show for over SIXTY years. This event will be held at the Sioux City Convention Center February 27-March 1, 2020. Our show hours on Thursday and Friday will be Noon to 8 pm, Saturday 11 am to 8 pm, and Sunday 11 am to 4 pm.

The Discovery parking ramp (attached to Convention Center by skywalk) will have free parking *during the hours of the home show*. Both parking ramps are free on Thursday & Friday after 5 pm and on the weekend.

The Home Builder's Board of Directors and Home Show Committee would also like to give a big thank you to the sponsors for this year's show. We will once again be giving away hourly door prizes donated by HBA members and Home Show exhibitors. The Grand Prize winner will receive a beautiful picnic table designed by Boatman Tile Company, a grill and meat package. Stop down and see the beautiful remodel of the convention center and visit the exhibitors, some returning and many new, and don't forget to register for the door prizes.

The Home Builder's Association, in partnership with Western Iowa Tech's Carpentry and Electrical classes, are building another project home in the Woodbury Heights Addition, 724 Brentwood St. The building process is still taking place with our completion date set for mid-late May. This home is for sale so if you're interested in further details, please stop at the Home Builder's booth at the Home Show or call the HBA office at 712-255-3852.

If interested in joining our association, applications are available on our website and at the Home Builder's booth at the show. We have monthly membership meetings where we meet and discuss issues that affect the building industry. We have educational programs, safety training, and share ideas to promote the construction of new homes and remodeling in the Siouxland area. Our website also has a complete listing of our members and a calendar of events and meetings.

For all the latest Home Show information including sponsors, exhibitors, dates, hours, etc. visit our website at www.siouxlandhba.com/home-show. You can also search for us on Facebook at Siouxland Home Show and be sure to "like" our page for news and updates regarding the show. When posting pictures be sure to hashtag #SiouxlandHomeShow.

We hope you enjoy the Home Show and we look forward to serving the Siouxland community.

Mike Clausen, HBA President

712-255-3852 | siouxlandhba.com

Lamb Arts Regional Theatre Managing Artistic Director Russ Wooley and Executive Director Diana Wooley recently hosted a ribbon cutting to share LAMB Theatre's proposed $11.5 million transformation of 625 Douglas Street in downtown Sioux City. The restored building will include a 250-seat thrust theater, a 120-seat studio theater, a smaller cabaret-style theater and two- story atrium, plus classrooms, rehearsal areas and dressing rooms. Since its inception over 40 years ago, 5,500 students have seen free theater performances here, 125 students have received LAMB scholarships, 78 workshops for students and teachers have been conducted, and 17 high school and college interns have earned credit at LAMB.

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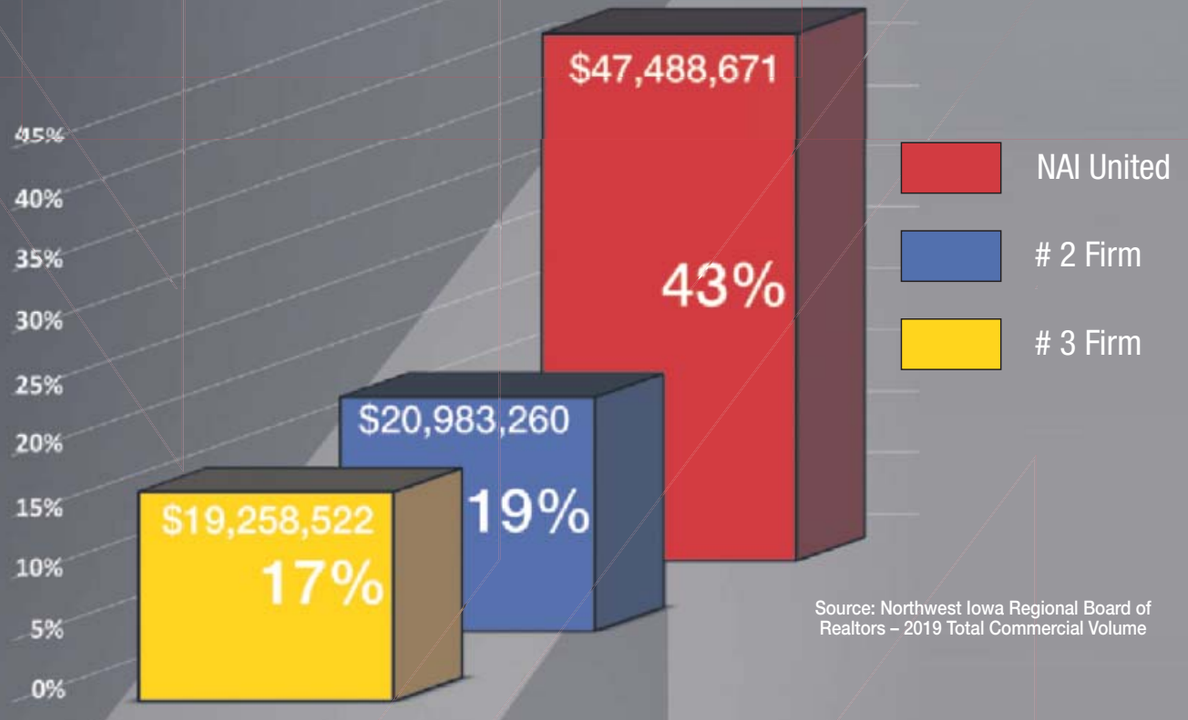

Source: Northwest Iowa Regional Board of Realtors – 2019 Total Commercial Volume

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