



# **PICKING UP THE PIECES:**

## **A Young Widow's Support Group**

A Grief Support Group beginning Thursday evenings,

**August 7<sup>th</sup> - September 4<sup>th</sup>**

**from 6:30-8:30 p.m.**

**Pre-Register no later than Monday,  
August 4th by calling 712-276-7319**

***“Discover a safe place to learn, listen  
and share your feelings.”***

**All Sessions will be held at:**

**Christy-Smith Funeral Homes**

1801 Morningside Ave. - Sioux City

Facilitated by Brenda Zahnley, Director of Bereavement