



W
weekender

INSIDE

It's Winter Games Weekend!

A PLACE FOR EVERYONE

VENUES WORK TO BOOK ALL KINDS OF ACTS

MANY EVENTS THIS WEEK

QUESTION OF THE WEEK

What type of event or act would you like to see more of in Sioux City?



Jared McNett
Online editor/Reporter
mcnett@siouxcityjournal.com
"Just give me a Guided by Voices show and I'll be good."



Earl Horlyk
Staff Writer
earl.horlyk@lee.net
"Currently, I'm into a rock-in' girl group frame of mind. The L.A.-based band The Linda Lindas would totally go over well in Sioux City."



Mason Dockter
Staff Writer
mdockter@siouxcityjournal.com
"It's been a while since Tommy James and the Shondells have been around. They're bound to make a comeback."

Have a question you'd like us to answer? Send it to events@siouxland.net and it may end up on this page.



X @SCWeekender

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The Weekender is published every Thursday by Sioux City Journal Communications, 2802 Castles Gate Drive, Sioux City, Iowa, 712-293-4276, email, events@siouxland.net. The Weekender welcomes unsolicited submissions, but is in no way responsible for their safety, return or publication. Opinions expressed herein are those of the writer(s) and may not reflect the opinion of the Weekender, its management and employees or its advertisers. Please recycle.

Your comments welcome

Have something to say? We'd like to hear it. Seriously. Call 712-293-4276 or email events@siouxland.net

Contributors

Tim Hynds and Jesse Brothers



ON THE COVER: American roots singer Valerie June was one of the up-and-coming artists who has passed through Sioux City's Vangarde Arts. Associated Press photo.

CALENDAR

MUSIC

NMM Live - Rawlins Piano

Trio, 2 p.m., Jan. 28; National Music Museum, 414 East Clark St., Vermillion, S.D. Information: 605-658-3450.

Prairie Winds Jazz Big Band & Swing Dance Concert

6:30 p.m., Feb. 3; Akron Opera House, 151 Reed St., Akron, Iowa. Information: 712-568-2614.

Casey Donahew, 8 p.m., Feb. 10; Hard Rock Casino, 111 3rd St. Information: 712-226-7600.

NMM Live - Andrea Ross & Robbie Erhard, 12 p.m., Feb. 16; National Music Museum, 414 East Clark St., Vermillion, S.D. Information: 605-658-3450.

Sioux City Symphony Orchestra Elgar: Symphony No. 1, 7:30 p.m., Feb. 17; Orpheum Theater, 528 Pierce St. Information: 712-277-2111.

Journey, 7:30 p.m., Feb. 28; Tyson Events Center, 401 Gordon Drive. Information: 712-279-

4850.

NMM Live - Humbletown, 12 p.m., March 1; National Music Museum, 414 East Clark St., Vermillion, S.D. Information: 605-658-3450.

That Arena Rock Show, 8 p.m., March 1; Hard Rock Casino, 111 3rd St. Information: 712-226-7600.

Sam Hunt Outskirts Tour 2024, 7:30 p.m., March 14; Tyson Events Center, 401 Gordon Drive. Information: 712-279-4850.

NMM Live - Molly Haddad & Logan Wadley, 12 p.m., March 15; National Music Museum, 414 East Clark St., Vermillion, S.D. Information: 605-658-3450.

Sioux City Symphony Orchestra Windborne's Music Of Led Zeppelin, 7:30 p.m., March 16; Orpheum Theater, 528 Pierce St. Information: 712-277-2111.

NMM Live - Jason Laczkoski &

Brett Cooper, 12 p.m., March 29; National Music Museum, 414 East Clark St., Vermillion, S.D. Information: 605-658-3450.

Mania - The ABBA Tribute, 7 p.m., March 30; Orpheum Theater, 528 Pierce St. Information: 712-279-4850.

Sioux City Symphony Orchestra Sarah Change And Copland, 7:30 p.m., April 20; Orpheum Theater, 528 Pierce St. Information: 712-277-2111.

Clutch; New World Samurai Tour 2024, 8 p.m., May 17; Hard Rock Casino, 111 3rd St. Information: 712-226-7600.

ART

Sioux City Art Center: Judy Onofrio: Deep Dive, Sept. 21 to Feb. 11; Therman Statom: Novella, Feb. 1 to July 14; Youth Art Month Exhibition:

PLEASE SEE CALENDAR, PAGE 3

COMIC



Calendar

FROM 2

Elementary School Students, Feb. 24 to April 21; ARTcetera 2024, March 22 to April 12; Grant Wood's Corn Room mural, ongoing; Earth-Water-Light, ongoing.

OUTDOORS

Yoga at the Nature Center, 5:30 p.m., Jan. 31; Dorothy Pecaut Nature Center, 4500 Sioux River Road. Information: 712-258-0838.

THEATER

Baby Shark's Big Broadwave Tour, 10 a.m., Feb. 3; Orpheum Theater, 528 Pierce St. Information: 712-279-4850.

Love is a Battlefield, 5 p.m., Feb. 10; WinnaVegas Casino, 1500 330 St., Sloan, Iowa. Information: 800-468-9466.

Jesus Christ Superstar, 7:30 p.m., Feb. 13; Orpheum Theater, 528 Pierce St. Information: 712-279-4850.

Charlie Behrens: Good Old Fashioned Tour, 8 p.m., Feb. 23; Orpheum Theater, 528 Pierce St. Information: 712-279-4850.

Blippi: The Wonderful World Tour, 6 p.m., April 5; Orpheum Theater, 528 Pierce St. Information: 712-279-4850.

Come From Away, 7:30 p.m., April 24; Orpheum Theater, 528 Pierce St. Information: 712-279-4850.

The Cher Show, 7 p.m., June 3; Orpheum Theater, 528 Pierce St. Information: 712-279-4850.

COMMUNITY

Hearts for TeamMates, 4 p.m., Feb. 2; Cottonwood Inn and Conference Center, 4420 Dakota Ave., South Sioux City. Information: 712-494-2440.

Special Event: HeARTful Valentines, 6 p.m., Feb. 14; Gilchrist Learning Center, 220 Pierce St. Information: 712-279-6580.

Ann Rehan Goebel Foundation Winter Gala, 6 p.m., Feb. 24; South Sioux City Marriott Riverfront, 385 East 4th St., South Sioux City. Information: 712-898-1043.

INFORMATIONAL

The 16 Laws of Communication: 8-Week Program, 12 p.m., Jan. 30, Feb. 6, 13, 20, 27, March 5; 1119 4th St. Suite 218. Information: 712-540-5721.

SPORTING

Sioux City Stampede Rodeo, 7 p.m., Feb. 9, 10; Tyson Events Center, 401 Gordon Drive. Information: 712-279-4850.

Harlem Globetrotters, 7 p.m., March 28; Tyson Events Center, 401 Gordon Drive. Information: 712-279-4850.

Hot Wheels Monster Trucks, 12:30 p.m., 7:30 p.m., May 11; 2:30 p.m., May 12; Tyson Events Center, 401 Gordon Drive. Information: 712-279-4850.

KIDS ACTIVITIES

Ages 10-13 Art Expressions Session: Sculpture (Youth), 4:30 p.m., Jan. 25, Feb. 1, 8; Gilchrist Learning Center, 220 Pierce St. Information: 712-279-6580.

Ages 6-9 Art Explorations Session: Printing & Printmaking (Youth), 4:30 p.m., Jan. 25, Feb. 1, 8; Gilchrist Learning Center, 220 Pierce St. Information: 712-279-6580.

ART CLASSES

Art for the Curious: Textiles with Kelsey Gill, 10 a.m., Jan. 27, Feb. 3, 10; Gilchrist Learning Center, 220 Pierce St. Information: 712-279-6580.

Intermediate & Advanced Watercolor with Glenda Drennen (Adult Painting), 1 p.m., Jan. 29, Feb. 5, 12; Gilchrist Learning Center, 220 Pierce St. Information: 712-279-6580.

Art for the Curious: Drawing & Painting with Katie Olson, 6 p.m., Feb. 15, 22, 29, March 7, 14; Gilchrist Learning Center, 220 Pierce St. Information: 712-279-6580.

Introduction to Pysanky-Ukrainian Eggs with Barb Wurtz, 1 p.m., Feb. 17, 24; Gilchrist Learning Center, 220 Pierce St. Information: 712-279-6580.

Botanical Zen Watercolor with Paula Crandell, 1 p.m., March 9; Gilchrist Learning Center, 220 Pierce St. Information: 712-279-6580.

CONTINUING EVENTS

Breathe Yoga & Meditation Class, 5:30 p.m., Jan. 25, 30, Feb. 1, 6, 8, 13, 15, 20, 22, 27, 29, March 5, 7, 12, 14, 19, 21, 26, 28; Jan. 27, Feb. 3, 10, 17, 24, March 2, 9, 16, 23, 30; Breathe Yoga & Meditation Center, 1551 Indian Hills Dr. Building C. Information: 712-293-4900.

Siouxland Discovery Barbershop Chorus Rehearsal, 7 p.m., Jan. 29; St. Mark Lutheran Church, ELCA, 5200 Glenn Ave. Information: 712-212-3633.

Saturday Art Lesson, 10:30 a.m., Jan. 27, Feb. 3, 10, 17, 24, March 2, 9, 16, 23, 30, April 6, 13, 20, 27, May 4, 11, 18, 25, June 1, 8, 15, 22, 29, July 6, 13, 20, 27, Aug. 3, 10, 17, 24; Gilchrist Learning Center, 220 Pierce St. Information: 712-279-6580.

Country Dance Class, 7 p.m., Jan. 18, 25; First Lutheran Church ELCA, 3601 Dakota Ave., South Sioux City. Information: 712-276-6694.

Saturday Crafting in the Studio, 1 p.m., Jan. 27, Feb. 24, March 23; Gilchrist Learning Center, 220 Pierce St. Information: 712-279-6580.

Imagination Station Open Studio, 10 a.m., Jan. 29, Feb. 26, March 25, April 29; Gilchrist Learning Center, 220 Pierce St. Information: 712-279-6580.

IT'S JUST MORE FUN



CASINO ♦ RESORT

WIN A TRIP
TO HAWAII!

Love
is a
BATTLEFIELD

Saturday, February 10
Doors at 4pm • Dinner at 5pm

\$55
per couple
\$30 single

Enjoy a delicious surf n' turf dinner then get ready for an evening of hilarity.

We'll pick out five couples out of the audience and play the classic TV game show asking questions about your spouse. The couple that knows their significant other the best will win a trip to Hawaii!

We'll giveaway over \$7,500 in cash and prizes!

For more information: visit WinnaVegas.com or call us at 800-468-9466

SUX 6

THE BEST THINGS TO DO IN SIOUXLAND



PROVIDED

Going 'Blynd'?

1 Want to see autocorrect burst into flames? Type in the name of the Sioux City-based band Blynd Ambyssion. Made up of veteran local musicians, this band is coming to Hard Rock Hotel & Casino's Anthem 111 Third St. at 8 p.m. Friday.



Detour on Highway to Hell!

3 Rock n Roll Damnation, an AC/DC tribute band, will be returning for a 9 p.m. Saturday show at the Marquee, 1225 Fourth St. Will they be playing "Highway to Hell," "Hell's Bells" and any number of Hell-related songs? Yeah, that would be our guess.



Mo' snow, mo' fun!

2 For the past 44 years, Lake Okoboji has been the site for a variety of wintertime games. This year's University of Okoboji Winter Games is no exception. At various location between Thursday and Sunday, people can fly kites, compete in broomball competitions and, even, take a dunk during a polar plunge.

Adults got to enjoy the frozen ice games that were scattered around the grounds near Arnolds Park Saturday at the University of Okoboji Winter Games. BRUCE R. MILLER, SIOUX CITY JOURNAL



JOURNAL PHOTO BY NICK HYTREK

Musician Cathy Sandage is shown in her Sioux City home.

Shake, rattle & roll!

4 Made up of musicians who've been rocking over for the better part of four decades, Bob Merchant and the Shadows – featuring Cathy Sandage – will be heating up the stage at Vangarde Arts, 416 Pierce St., during an 8 p.m. Saturday show.

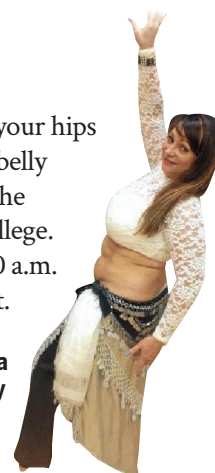
Fun with Roman numerals!

5 Don't ask us why but we always enjoy a good pun involving Roman numerals. Having said that IV Play will be playing at 9:15 p.m. show at DOXX Warehouse Bar, 1219 Fifth St.

Channeling Shakira!

6 Ever wanted to move your hips like Shakira? Learn to belly dance like a pro from the experts at the Yoga College. Enroll in their next class from 11:30 a.m. to 12:30 p.m. Sunday at 508 Fifth St.

Connie Reynolds, owner of The Yoga College, poses wearing her belly dancing garb in her studio



MOVIES

THURSDAY, JAN. 25 - WEDNESDAY, JAN. 31

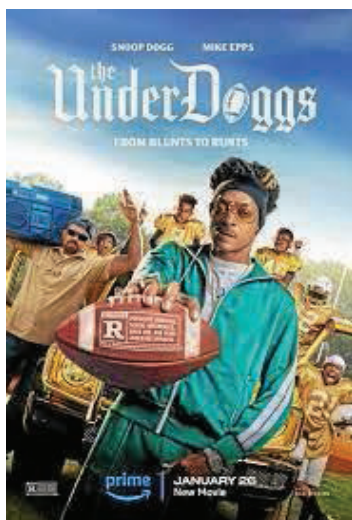


PROVIDED

'American Star'

(Rated R for language and some bloody violence)

An assassin on a final assignment in Fuerteventura, to kill a man he has never met. When his target is delayed, he finds himself drawn to the island, people and a ghostly shipwreck.



PROVIDED

'The Underdoggs'

(Rated R for pervasive language, sexual reference, drug use and some underaged drinking)

Jaycen "Two Js" Jennings is a washed-up ex-professional football star who has hit rock bottom. When Jaycen is sentenced to community service coaching an unruly pee-wee football team, he sees it as an opportunity to turn his life around.



PROVIDED

'Housekeeping for Beginners'

(Rated R for sexual content, language throughout and some teenaged drinking)

Despite never aspiring to be a mother, Dita finds herself compelled to raise her girlfriend's two daughters. As their individual wills clash, a heartwarming story unfolds about an unlikely family's struggle to stay together.



'Cold Copy'

(Rated R for language and some nudity)

An ambitious journalism student falls under the thrall of an esteemed yet cutthroat news reporter whom she's desperate to impress, even if it means manipulating her latest story - and the very idea of truth itself.

PROVIDED

New DVD releases for this week:

'Justice League: Crisis on Infinite Earths. Part One BD'
'Project Dorothy'
'Special Ops: Lioness - Season One'
'Your Lucky Day'

SHOWTIMES

LOCAL THEATERS

Promenade 14

924 Fourth St., 712-277-8300

Mean Girls 1:00 1:40 4:00 4:30 :00 7:35 9:15 9:55

The Beekeeper 1:45 4:30 7:15 9:50

The Book of Clarence 1:10 4:05 7:00 9:55

Night Swim 1:55 4:40 7:15 9:40

The Boys in the Boat 12:10 3:50 6:50 9:50

Anybody But You 1:50 4:25 7:40 9:45

AMC Southern Hills 12

4400 Sergeant Road, 712-276-3062

Anyone But You 3:00 5:30 8:00

Aquaman and the Lost Kingdom 3:00 5:50

The Beekeeper 5:20 7:55

The Book of Clarence 3L25 6:20

The Boys in the Boat 3:10 6:15

Mean Girls 5:00 8:00

www.amctheatres.com

Royal 3 Cinema

33 Central Ave SW., Le Mars, IA, 712-564-1778

Mean Girls 7:00

The Beekeeper 7:20

Migration 7:10

www.royal3cinema.com

Pioneer 3 Theater

110 S. 11th St., Nebraska City, NE 402-873-6487

Wonka 7:05 9:45

Migration 7:00 9:35

Aquaman and the Lost Kingdom 6:30 9:30

www.acxcinemas.com

Main Street 7

866 E. 23rd St., Fremont, NE 402-727-8986

www.acxcinemas.com

See website for showtimes

Majestic Theatre

310 Main St., Wayne, NE 402-833-1833

www.majesticonmain.org

See website for showtimes

Coyote Twin

10 E Main St., Vermillion, SD 605-624-3331

vermilliontheaters.com See website for showtimes

Holland Plaza Theater

717 Eighth St. SE Orange City, IA

712-737-8866

Mean Girls 7:00

The Beekeeper 7:25

Night Swim 7:30

The Boys in the Boat 7:15

krullcinemas.com

Main St. 3

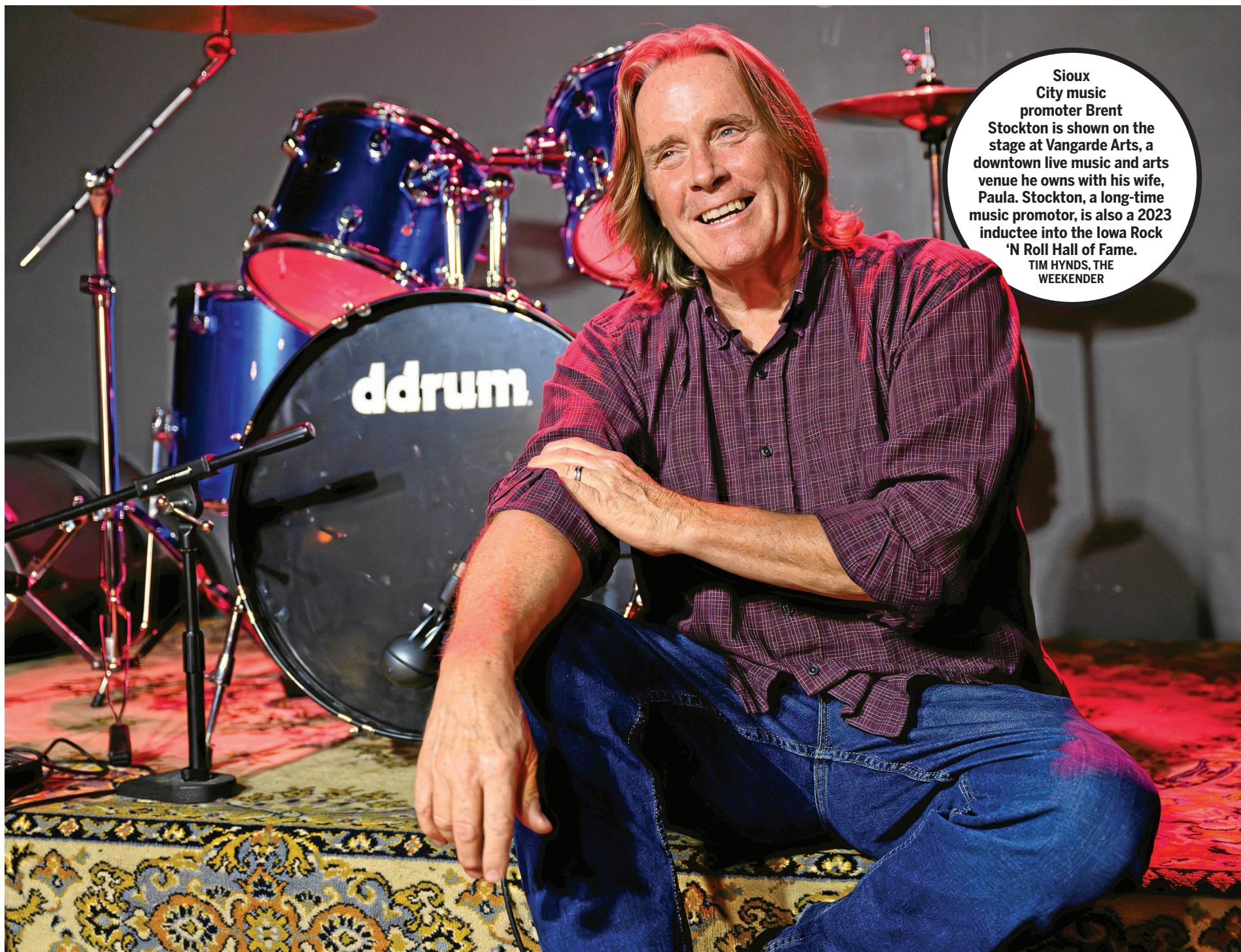
401 Ninth St., Sheldon, IA

Mean Girls 7:00

The Beekeeper 7:25

Night Swim 7:30

krullcinemas.com



Sioux
City music
promoter Brent
Stockton is shown on the
stage at Vangarde Arts, a
downtown live music and arts
venue he owns with his wife,
Paula. Stockton, a long-time
music promotor, is also a 2023
inductee into the Iowa Rock
'N Roll Hall of Fame.
TIM HYNDS, THE
WEEKENDER

Book 'em!

Music promoters shares the secrets of bringing in acts to Sioux City

BY EARL HORLYK

There is seldom a week that goes by when Brent Stockton doesn't get a call from either a performer or a promoter inquiring about booking possibilities at Vangarde Arts.

"Sometimes I'll be fielding three or four calls a day," the director of the 416 Pierce St. nonprofit performance space said with a tired chuckle.

In large part, it is due to the fact that Vangarde Arts has acquired a reputation for bringing in world-class performers and on-the-verge artists to Sioux City for more than a decade.

VENUE FOR WORLD-CLASS AND ON-THE-VERGE ARTISTS

"Entertainers like performing here because we have an audience of dedicated music lovers," Stockton explained. "We're not a bar, so our acts know they won't be competing with a pool table or a loud group of people who are seated right by the stage."

In a facility that can seat up to 90 people, Vangarde Arts thrives on intimate shows.

"We always joke that our audience can catch a favorite act on stage and, then, share a drink with them after the show," Stockton said, adding his performance venue is geared toward smaller, more acoustic-oriented performers.

SIZING UP SHOWS FOR BOTH THE ORPHEUM AND THE TYSON

This isn't the case with Emily Vondrak, who as the marketing director for Oak View Group 360, is in charge of booking talent for both Sioux City's Tyson Event Center and the Orpheum Theatre.

"With the Orpheum, we can book shows that can get an audience of 2,000 people," she said, citing the recent engagement of standup comic Joe Gatto ("Impractical Jokers") or the Feb. 3 performance of Nickelodeon's "Baby Shark's Big Broadwave Tour" as examples.

Vondrak also said an ongoing series like Broadway at the Orpheum has been a crowd-pleaser for the venerable 528 Pierce St. theater.

"I'm very excited about the 50th anniversary of 'Jesus Christ Superstar' coming to the Orpheum on Feb. 13," she said.

THE REWARDS OF ROUTING

With an official capacity of upwards of 10,000 people, the Tyson Events Center is designed for larger-scale shows like the Freedom Tour of rock and roll legends Journey, who will be in concert at the 401 Gordon Drive venue on Feb. 28.

According to Vondrak, securing Journey on its 50th anniversary tour came down to



PROVIDED

The Freedom Tour featuring legendary rock and rollers Journey is the type of show that will do well at the Tyson Events Center, according to OVG 360's Emily Vondrak.



PROVIDED

A Feb. 28 concert starring rock legends Journey came about through routing, according to Emily Vondrak, who books acts for both Sioux City's Tyson Events Center and the Orpheum Theatre.

routing.

Routing occurs when a band or an act that is in the Midwest, decides to add an extra show.

"Journey was already playing at an OVG 360 venue," she said. "They added the Sioux City date as a pick-up, midweek show."

CREATING ENTERTAINMENT PARTNERSHIPS

Vondrak also looks toward partnerships with other venues, like Hard Rock Hotel & Casino.

"Sioux City is unique in that we're in between other cities like Omaha and Sioux Falls," she said. "With a diverse selection of performing venues, I think we're becoming more attraction to all types of acts."

Vangarde Art's Stockton nodded his head in agreement. After all, he became a music promoter after being a music fan.

"My wife Paula and I always loved going

out to see live music shows," he said. "We'd attend a show in Omaha and we'd see a handful of other Sioux Cityans at another table."

Then, it dawned on Stockton that there were plenty of local people who were willing to travel a distance to hear music.

"I figured why not create a venue for entertainers in Sioux City?" explained Stockton, who has booked talent for past clubs like The Blues Cellar, The Attic and The Chesterfield Music Club, while continuing to book acts for the annual outdoor Downtown Live summer concert series.

BRINGING QUALITY MUSICAL ACTS TO SIOUX CITY

"I used to tell people I developed Vangarde Arts because I got tired of driving out of town for concerts," he said. "To be honest, that's not far from the truth."

Angela Lambrecht performed with Ultra Violet Fever on the Main Stage during Saturday in the Park at Grandview Park in a 2021 file photo. Ultra Violet Violet also frequently performs at Vangarde Arts. JESSE BROTHERS, THE WEEKENDER



AP

American roots singer Valerie June was one of the up-and-coming artists who has passed through Sioux City's Vangarde Arts.

Over the years Vangarde Arts has played host to such legendary performers as Ray Wylie Hubbard, Johnnie Winter, John Primer, James McMurtry and David Lindley.

It has also provided a venue for rising young talent like Valerie June, Mike Zito and

Shamarr Allen & the Underdaws.

Just as significant are local bands like GhostCat, Ultra Violet Fever and Banana Cramps, who will always have a home at Vangarde Arts.

"It's tough being a traveling act," Stockton said. "I had a performer who came in a few weeks ago. He was amazed that we didn't have a big screen TV right next to the stage."

The musician said that wasn't the case at many nightclubs.

"The poor guy said it wasn't bad enough that he had to compete with pool tables, video games and loud patrons. But he and his band to compete with NFL football," Stockton said, continuing with his story.

However at Vangarde Arts, music always comes first.

"This is why we have acts booked well into the spring," Stockton said. "If you bring in quality acts, audiences will follow."

ADVICE

ANSWERS FOR ALL YOUR WOES



DEAR ANNIE
ANNIE LANE

Lost and found etiquette

Dear Annie: I have a good friend who constantly wants to talk about politics. The problem is that we are on opposite ends of the spectrum. She thinks she's politically savvy. She is not educated or well informed, but she has an opinion on everything. How can I get her to stop talking about politics?
— **Political Mess**

Dear Political Mess: This problem is incredibly common and, unfortunately, has caused the end of many friendships. So know that you are not alone.

It sounds like the odds of having a productive conversation with this friend are low, so try to stay away from political topics altogether. When she brings them up, you can redirect the conversation by, say, asking about her children or inquiring about a recent vacation that she took. You can also try your best to find some common ground — no matter how small or vague — and keep the conversation there. Good luck!

Dear Annie: What is the etiquette for items left behind after a party? Is it my responsibility as a host to find the owners of the items and deliver them? What is an acceptable time frame?

We host several family events during the year at our home, and there are always a few items that our guests leave behind. Sometimes I send out a photo to all guests of the lost and found pile or will follow up individually when I know who the item belongs to. Sometimes I have no idea who it belongs to, and it stays in our garage in a lost and found pile, seemingly never to be claimed.

When I reach out to let people know what was left behind, some will apologize (no apology is needed); some will respond in a way that makes me feel that I should have told them sooner than a few days later; and some still don't initiate arrangements to come pick up the items. Is it on me as the host to deliver items left behind? Should I just assume the guest will contact me if it is important enough to them?
— **Lost and Found**

Dear Lost and Found: Sending one text or email is a nice courtesy, but it certainly is not on you to deliver items that your guests have left behind. If nobody claims the missing item, you can send a message saying, "I will be donating everything that has been left behind at the end of the month, so please claim what's yours!" That way, your guests have a chance to retrieve their belongings and you aren't forced to serve as anyone's storage unit.

An allowance sounded great until I heard the conditions

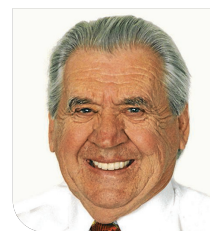
DR. WALLACE: My brother and I are 16 and 17, respectively. My parents were never fans of formal allowances, but when my brother or I needed a few dollars for some reasonable purpose, they would usually give us close to what we wanted, or at least what they felt we actually needed.

But now that my brother just turned 16 during the first week of January, my father said that we would no longer be given random cash for random needs. Instead, he said, we'd now be receiving a formal allowance!

This at first sounded like music to my ears, and I envisioned all the great ways I was going to spend my windfall of cash. After all, my brother and I have been doing chores in our home for years without a formal allowance, so it seemed high time to cash in on all our previous work, plus the ongoing chores we continue doing to this day.

Imagine my surprise when my father outlined the "new" allowance rules! He said that he expected us to get a job outside of the family home and that he'd match any earnings we generated up to roughly \$400 per month, payable up to \$100 per week. By work he included babysitting, doing yardwork for neighbors or simply getting a formal job like bagging groceries at our local supermarket. This means we have to earn money first, before he will give us even one cent! I think this is very unfair! An allowance should be for chores done at home; don't you agree?

And one more rule that I should tell you about: He requires us to open saving accounts at any bank



TWEEN 12 AND 20
DR. ROBERT WALLACE

of our choosing and we have to deposit the "matching" amount of our earnings into the bank to get our "cash" allowance, and we have to leave it there while we are getting an allowance. If we take that money out of the bank, our cash allowance from our parents will end! I complained that he was capping our spending ability, but he said that we only had to bank the "matching limit," which means that if we were to earn, say, \$700 in a month we'd only have to deposit \$400 to get the \$400 allowance so we could either spend or save part or all of the other \$300!

All these rules made my head swim, but my crazy little brother actually liked them! My question to you is, do you think our parents are being fair with us, or are they tricking and manipulating us with their new allowance ploy? — **I Feel Manipulated, via email**

IFeel MANIPULATED: Except for being a bit hard to follow at the first blush, I feel your father is not only being quite generous with the two of you, but he's seeking to build some valuable savings habits for each of you as well.

I'll readily admit that I've never heard of such an "allowance plan" like the one he has proposed to you and your brother. Yet if you think carefully about it, it does have its merits.

Your parents are basically going to double the first \$400 or so per month that you and your brother earn from a local neighborhood job or a formal job at a company in your town. That's great, and the fact that they are going to allow you two to work a few hours every week (so long as you can keep up with your studies) provides an excellent life experience opportunity as well.

You'll both quickly learn the value of a dollar earned, a dollar saved and a dollar spent. I'd be interested to hear from other teens if they like the plan your parents have proposed, or

if they feel it is subpar to a simple, modest weekly stipend.

I REALLY LOVE PIZZA!

DR. WALLACE: Is it bad for a teenager like me to eat pizza for lunch and dinner six days a week? Our family always has a home cooked meal every Sunday evening, but the rest of the days of the week I prefer pizza!

My mom often gets us fast food of some sort or canned soup anyhow, so I told her the other day that I wanted to eat pizza for every afternoon and evening meal except on Sundays, when she cooks us a big, full fancy meal.

But my mom thinks that eating pizza so much is unhealthy. What do you say about this? — **Love My Pizza, via email**

LOVE MY PIZZA: First, let's define what type of "pizza" you're consuming. If you eat very fattening slices of pizza then you'll be almost certain to start to gain more weight than you'd like to.

Pizza with saturated fat-laced meats like sausage will add a lot of fattening calories versus a slice with only a few vegetables on it.

Thin crust pizza can be up to 70 calories per slice lower as opposed to some of the hand tossed or stuffed crust pizzas. So, if you were to eat just a slice or two of "lean" pizza rather than "fattening" pizza, you'd dramatically cut down on your calorie intake. But in any case, eating only one type of food for most of the week is not likely to provide you the overall nutritional intake your body requires.

Your mother's point is well-taken. If you want to have any sort of argument to make back to her, you'll need to be presenting a very lean version of pizza as part of your point. Otherwise, your mother wins this point easily — but she should present you with better and healthier options than simply other fast foods or canned soups.

Free laser shows to dazzle at planetarium

WAYNE, Neb. – The public is invited to Wayne State College's free planetarium and laser shows Friday and Saturday in the Fred G. Dale Planetarium.

The Friday planetarium show "Cosmic Colors" will be at 7 p.m., followed by the laser show "Laser Classic Rock" at 8 p.m.

Saturday's planetarium show "Oasis in Space" will be at 1 p.m., followed by the laser show "Laser Pink Floyd" at 2 p.m.

Every weekend features a new planetarium show about a universe-sized number of topics, including the Solar System, multicultural astronomy, and the search for life in the universe. Audiences can

also enjoy the lights and music of many laser shows presented throughout the season, including Laser Classic Rock, Laser Country, Laser Beatles, and Laser Pink Floyd! Kids Weekend will be held in early February featuring shows specifically for kids that are pre-K to second grade.

Anyone who attends a planetarium show will receive a free pair of solar eclipse glasses.

The planetarium is located on the lowest level of Wayne State's Carhart Science Building. Guests should use the southwest doors to enter. Once inside, go to the stairs at the south end of the building and go down to the lowest level. You

may also take the elevator. Carhart Science and the planetarium are handicap accessible.

Doors open 20 minutes prior to the start of a show and shows generally include a tour of the current night sky, a view of the constellations, and a full dome video.

All shows last about 45 minutes. Those wanting to book a private planetarium show should visit www.wsc.edu/planetarium and click "Contact the Planetarium" to complete the online reservation form. For more information, visit www.wsc.edu/planetarium, or contact Dr. Todd Young, director of the Fred G. Dale Planetarium, at 402-375-7471 or toyoung1@wsc.edu.

Solar Eclipse Talks

With a solar eclipse coming April 8, Dr. Todd Young is offering a presentation to educate various groups and organizations on the science of solar eclipses. If you are interested in having Young present this talk to your group, please contact him directly at 402-375-7471 or toyoung1@wsc.edu. The presentation can be tailored for any age.

In the lobby of the planetarium, solar glasses for looking at the Sun are for sale.

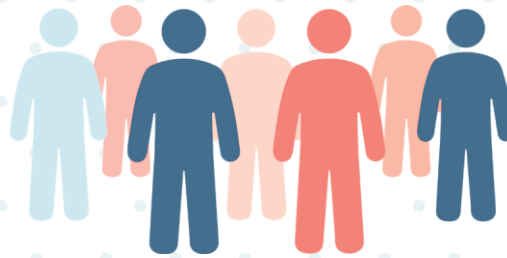
They are \$2 for one pair of glasses or \$5 for three pairs. Never look at the sun without using proper solar glasses.



PHOTO PROVIDED BY WAYNE STATE COLLEGE
The Fred G. Dale Planetarium on the campus of Wayne State College in Wayne, Neb.

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ELECTRIC VEHICLES



**Charging is harder
in a deep freeze, but
a little planning helps**

**Ankita Bansal
prepares to charge
her Tesla on Jan. 17 in
Ann Arbor, Mich.
CARLOS OSORIO,
ASSOCIATED PRESS**

The cold hard truth about EV batteries

TOM KRISHER | Associated Press

The recent frigid temperatures from Chicago to northern Texas made life painful for electric-vehicle owners, with reduced driving range and hours of waiting at charging stations.

In Oak Brook, Illinois, near Chicago, television reporters found Teslas that were running out of juice while in long lines for plugs at a Supercharger station. The temperature hit a low of minus 9 Fahrenheit.

Outside of Ann Arbor, Michigan, Teslas were plugged in at six of eight charging stations last week as the wind howled with a temperature of 7 degrees Fahrenheit. At least one driver was nearly out of juice.

It's well known that EVs lose some of their travel range in the cold, especially in subzero temperatures. Studies found that range loss varies from 10% to 36%.

EVs also don't charge as quickly in extreme cold. Some Tesla owners near Chicago told reporters their cars wouldn't charge at all.

Experts acknowledge that cold weather can be hard for EVs, but they say with some planning and a little adjustment, owners should be able to travel pretty much as normal.

WHAT'S THE PROBLEM?

Inside EV batteries, lithium ions flow through a liquid electrolyte, producing electricity. But they travel more slowly through the electrolyte when it gets cold and don't release as much energy. That cuts into the range and can deplete a battery faster.

The same happens in reverse. Since electrons move more slowly, the battery can't accept as much electricity from a charging plug. That slows down charging.

The problem is that when temperatures plunge, batteries have to be warm enough for the electrons to move. And they have to be even warmer at fast-charging stations like Tesla's.

"Pretty much anything that's a chemical substance slows down when you get to a low temperature," said Neil Dasgupta, associate professor of mechanical and materials science engineering at the University of Michigan. "That's just something that nature has given us, and we have to deal with that."

At a Supercharger station in Pittsfield Township, Michigan, just south of Ann Arbor, the battery in Ankita Bansal's Tesla had only 7% of its charge left. She plugged it in, but the car wouldn't take electricity. Instead, the display said the

battery was heating up. After it hits the proper temperature, it would take an hour and 50 minutes to get to a full charge, the display said.

"I have a long way to go," said Bansal, a University of Michigan graduate student who wanted to get to a full charge because she doesn't have a charging station at home.

HOW TO MAKE IT WORK

Bruce Westlake, president of the Eastern Michigan Electric Vehicle Association, said most EVs are programmed to warm the battery if the driver tells the vehicle's navigation system that a trip to the charging station is coming.

Many of those who think their cars won't charge are new to EVs and don't know how to "precondition" their batteries, said Westlake, who has two Teslas.

"They're just learning," he said. "And Tesla isn't very good at explaining some things."

In frigid temperatures, it can take a half-hour to warm the battery so it's ready to charge, Westlake said. Preconditioning the battery does cost some range, although it's usually only a few miles, he said.

Bansal, who has had her Tesla for only a week, didn't know about preconditioning the car before charging, but she does now.

A few stalls away from her, Kim Burney's Tesla Model 3 was charging just a little slower than it does in normal temperatures. She had driven farther than she thought on a trip to her dentist in Ann Arbor and wanted to get close to a full charge for the rest of the day's travels.

So she told the car she was going to the charging station and it was ready by the time she arrived and plugged it in.

Like Westlake, Burney said EV drivers need to plan, especially in cold weather. The car, she said, will tell you where charging stations are and how much range you have left. "The more you drive it, the more you're comfortable knowing how far you can go and how much to charge it," she said.

Burney said she loses roughly 15% to 20% of her battery range in cold weather, but it gets dramatically worse in cold snaps like the recent one.

THE FUTURE OF CHARGING

In the short run, automakers are likely to come up with better ways to protect battery life and warm them for charging, Dasgupta said. And there are new battery chemistries in development that are more resilient in cold weather.

In the short term, Dasgupta said that as more mainstream consumers buy EVs, and as more automakers enter the market, they'll develop models using existing lithium-ion chemistry that are tailored to colder climates. In some cases overall range might have to be sacrificed a little to get better cold-weather performance, he said.

Millions are being invested in new battery technology that performs better in the cold that will find its way from military, aerospace and undersea applications into electric vehicles, Dasgupta said.

"You can be an EV driver in a cold-weather climate," he said. "Be optimistic and excited about what the future holds, because it's only going to get better from here."

Build a snowman, win prizes

PONCA, Neb. – Let your creative side shine with Ponca State Park's annual Snow Building Contest. If you you can build something unique out of snow, you may have a chance at winning a free night stay in a 4-bedroom mini lodge.

The contest runs now through March 19 and must be built at Ponca State Park, 88090 Spur 26, Ponca, Neb.

Participants are asked to supply whatever accessories will be needed. Snow people can be of any size and awards will be given out for first, second or third place winners.

When complete, participants are asked to submit their photos to lynn.mellick@nebraska.gov.

Car museum coming to Le Mars

LE MARS, Iowa — The Le Mars Art Center will host "That's Amore," a Valentine's Day red carpet fundraising event celebrating 50 years of the Art Center, while featuring the debut of a new one-of-a-kind car museum from 6 - 10 p.m. Feb. 10.

The event will take place at The Garage at 800, 800 Prospect St., SW, which features a collection of classic automobiles, vintage gas/oil and automotive signs and other memorabilia.

The Garage at 800 is owned by Mike and Cheryl Wells, who say the space can be used as a venue for corporate events and other special occasions.

"I love cars and I love Le Mars," said Mike Wells, who added that the car museum will recreate downtown Le Mars in the 1950s, including a Chevy dealership, Standard gas station, the Royal movie theater and more.

The "That's Amore" part of the program will feature live music, dancing and authentic Italian cuisine by Steve Papero and restaurateur Joe Sitzmann.

"That's Amore" will also feature a live auction with proceeds going toward supporting the Le Mars Art

Center and its programs.

For more information about the Le Mars Art Center, go to lemarsart.com. Ticket information on "That's Amore" can be found at eventbrite.com/e/774098097247.

WSC Festival of Honor Bands set for Saturday

WAYNE, Neb. — Wayne State College's Festival of Honor Bands is set return to the campus on Saturday.

The event is scheduled for 4:30 p.m. Saturday in the Peterson Fine Arts Building. The finale for the festival will be in the Ramsey Theatre and admission is \$5.

According to the Wayne State Department of Music, the daylong festival allows for junior high and high school students from Iowa, Nebraska and South Dakota to learn from and rehearse with music clinicians. The clinicians for 2024 are Dr. Randy Neuharth, retired music instructor from Northeast Community College; Todd Cook, instrumental music director at Norfolk Public School; and Michael Genslinger, instructor of music and assistant director of bands at Wayne State.

Students to showcase their talent at concert

High school vocal students from Nebraska and Iowa will showcase their talent during the Wayne State College Honor Choir concert at 4:30 p.m. Feb. 2 in Ramsey Theatre, located in the Peterson Fine Arts Building. Admission is \$5 for adults with free admission for children 12 years of age or under.

The concert features a treble choir and mixed choir. Participants were selected based on auditions from more than 50 schools. Throughout the day, students study technique and practice repertoire for the concert.

The treble choir is conducted by Abby Sheppard, a vocal music teacher at Sioux City East High School. The mixed choir is conducted by Dr. Matthew Armstrong, director of choral activities

at Wayne State, with accompaniment by Shelly Armstrong, Wayne State's collaborative pianist.

Repertoire includes "Heartland" by Gary Fry, a contemporary piece written in the style of pop artist Bruce Hornsby; "A Farewell" by Matthew and Shelly Armstrong with text by Alfred, Lord Tennyson; and "The Call" by Iowa composer Adam Orban with text by George Herbert. The choirs join tenor soloist Dr. Matthew Clegg, vocal instructor at Wayne State, for the finale selection, the famous 19th century Italian piece "Funiculi, Funicula."

For more information, contact the Wayne State Department of Music at 402-375-7359.

Symphony Orchestra to present a concert

CHEROKEE, Iowa — The Cherokee Symphony Orchestra will be presenting its midwinter concert at 4 p.m. Feb. 18 at the Cherokee Community Center, 530 W. Bluff St.

Ted Hallberg, an educator and cellist from Le Mars, Iowa, will be conducting the symphony which is now in its 68th season.

The 50+ piece orchestra will be playing an eclectic selection of timeless classics. It will also feature special guest Eugene Ryoo, an acclaimed Korean-American saxophonist.

Ryoo's performances have taken him to diverse venues in Europe, Asia and North America. He made his Carnegie Hall debut in 2021 as a recipient of the first prize and the Judges' Distinction Award in the American Protege International Coincetto Competition.

Ryoo's accolades include being a winner of the 2023 Artists Presentation Society Competition and Young Texas Artist Competition.

Ticket for the performance will be available at the door. Students will be allowed to attend the concert for free.

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