

City of Santa Maria Human Services Guide



The Human Services Guide was created by the City's Community Programs Division. The purpose of this guide is to inform community members about agency resources and programs in the Santa Maria Valley. For more information about an agency's resources, please contact the agency directly.

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Community Programs Division

Address:

Community Programs Division
110 South Pine Street, Suite 103
Santa Maria, CA 93458

Phone: (805) 925-0951 ext. 2118

Email: communityprograms@cityofsantamaria.org

Website: www.cityofsantamaria.org/communityprograms

Housing Resources



Tenant Based Rental Assistance (TBRA) Program

The City administers the TBRA Program to assist qualified, low-income households with security deposit assistance, with \$2,500 being the maximum amount. Program guidelines require the rental unit to be within the Santa Maria, Orcutt, or Tanglewood city limits. Interested applicants must contact a Qualified Referring Agency (QRA) listed below to start the TBRA application process. For more information, contact the Community Programs Division at (805) 925-0951 ext. 2118.

If an individual is currently assigned to a case worker with one of the QRA offices listed below, contact the assigned case worker, or, the listed representative to start the TBRA application process.		
People’s Self-Help Housing Corporation Aracely Barajas (805) 215-6709 www.pshhc.org	Domestic Violence Solutions Carlos Borrayo (805) 964-5245 – Ask for “Housing First Program” www.dvsolutions.org	Housing Authority of the County of Santa Barbara Silvia Garcia Salina Bolden (805) 735-8351 www.hasbarco.org
City Net Denise Sullivan (805) 680-7511 Priscilla Lemmon (805) 698-4573 www.citynet.org	Partners in Housing Solutions Desiree Dominguez (805) 803-1584 www.partnersin housingsolutions.org	CommUnify Mitzi Lucio (805) 538-1760 www.communifysb.org

If an individual **does not** have a case worker with a QRA office, contact the agency listed below to start the TBRA application process.

City Net Denise Sullivan (805) 680-7511 Priscilla Lemmon (805) 698-4573 www.citynet.org
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Housing Authority of the County of Santa Barbara

The Housing Authority functions to build, acquire, own, manage, and maintain residential rental units for persons of extremely low income (less than 30% of area median income), very low income (less than 50% of area median income), and to obtain rental payment assistance for similar households renting in the private market. The Housing Authority is the largest property management organization in the County and provides direct services to applicants, tenants, and private property owners.

(805) 925-4393 www.hacsb.org

People’s Self-Help Housing

This is a nonprofit affordable housing organization with a mission of building homes and providing services to low-income households, families, farmworkers, veterans, and seniors. It also provides supportive services to community members living with disabilities, youth transitioning out of foster care, and the un-housed.

(805) 781-3088 www.pshhc.org

Santa Barbara Community Housing Corporation

This non-profit organization assists low-income individuals, families, seniors, dually diagnosed, and developmentally disabled persons in obtaining affordable housing throughout Santa Barbara County.
(805) 963-9644 www.chcsb.com

Health and Medical Resources



Alliance for Pharmaceutical Access

Alliance for Pharmaceutical Access provides free advocacy services to individuals who are unable to afford their prescription medications and/or diabetes supplies. Patient advocates assist individuals with obtaining affordable to no-cost generic medication directly from pharmaceutical companies. Spanish and Mixteco services available.

(805) 614-2040 www.apameds.org

Santa Barbara County Public Health Department

The Santa Barbara County Public Health Department's mission is to improve the health of the community by preventing disease, promoting wellness, providing education, and ensuring access to all community members. Services include COVID-19 resources, emergency medical services, vital record information, animal services, and more.

(805) 681-5100 <https://www.countyofsb.org/410/Public-Health>

SLO Noor Foundation

This foundation provides free medical, dental, and vision care to all uninsured adults throughout San Luis Obispo County and northern Santa Barbara County. SLO Noor operates weekly primary care clinics in San Luis Obispo and North SLO County as well as a Mobile Health Unit that provides services to women in Santa Maria. SLO Noor also operates a free mobile health clinic for all uninsured adults. Reference the website for the calendar of the mobile health clinic.

(805) 439-1797 <https://slonoorfoundation.org/>

Savie Health

Savie Health is a free health clinic in Lompoc that provides medical, dental, vision, and behavioral healthcare services to children and adults who do not have medical insurance. Services range from vaccines, health screenings, pregnancy tests, mammograms, lab services, x-rays, and more. Spanish interpretation is available.

(805) 743-4776 <https://saviehealth.org/>

Santa Barbara County Department of Behavioral Wellness

This Department is the hub of behavioral health assistance in Santa Barbara County. Services include alcohol and drug use prevention, assisting children, teens, and adults with emotional and mental health challenges, and community engagement.

Office (805) 681-5220 <https://www.countyofsb.org/274/Behavioral-Wellness>

24-Hour-Crisis Response and Services Access Line (888) 868-1649

Transitions-Mental Health Association

Transitions-Mental Health Association (TMHA) is a non-profit organization dedicated to eliminating stigma and promoting recovery and wellness for people with mental illness through housing, community, clinical case management, employment, and family support services.

Central Coast 24-Hour Hotline (800) 783-0607 <https://www.t-mha.org/>

Planned Parenthood

Planned Parenthood delivers high-quality, affordable, vital reproductive health care, sex education, and information to all community members. Services range from emergency contraception, birth control, STD testing, abortions, pregnancy resources, and more. Spanish and Mixteco interpretation services are available.

(888) 898-3806 <https://www.plannedparenthood.org/>

Care Net Pregnancy and Resource Support

Care Net provides free, confidential pregnancy services to community members. Services include pregnancy tests, ultrasounds, parenting classes, post-abortion support, and a baby store.

Office (805) 928-9285 <https://carenetsm.com/>

24/7 Hotline (800) 712-4357

Family Caregiver Support Program

Marian Regional Medical Center operates the Family Caregiver Support Program which addresses the needs and burdens of caregiving an adult with chronic medical conditions. The program is staffed with licensed clinical social workers who provide case management and referrals for counseling services and educational opportunities. Also provided are direct referrals on behalf of the caregiver to other resources in our community, such as respite care, home-delivered meals, home safety modification, transportation, and more.

(805) 332-8590 or (805) 614-2085 www.dignityhealth.org

Teddy Bear Cancer Foundation

This foundation supports families living in Santa Barbara, Ventura, and San Luis Obispo counties that have a child with cancer by providing financial, emotional, and educational support. The programs allow parents to focus on their child's well-being during difficult times.

(805) 962-7466 www.teddybearcancerfoundation.org

Resources for Drug and Alcohol Treatment



Good Samaritan Shelter Recovery Point

The Good Samaritan Shelter's Recovery Point program works together with local agencies to provide supportive services to those who are unable to maintain sobriety on their own. Services include one-on-one counseling, drug and alcohol education, and long-term aftercare.

(805) 346-8185 ext. 408 www.goodsamaritanshelter.org

The Transitional Center for Women and Children

(TCWC) is a residential treatment program designed to provide Substance Use Disorder (SUD) treatment services for women. This program specializes in perinatal services for women who are pregnant and/or parenting with SUD issues.

(805) 925-0315 www.goodsamaritanshelter.org

Project PREMIE

This outpatient program provides Substance Use Disorder (SUD) treatment to women in the Santa Maria Valley. Treatment services include screening/assessments, intakes, groups, individual counseling, telehealth services, care coordination, discharge planning, and aftercare.

(805) 925-0315 www.goodsamaritanshelter.org

Recovery Point Acute Care Detox

A Residential treatment program that is designed to provide Substance Use Disorder (SUD) treatment services for men. The program specializes in detoxification, withdrawal management, and services for men who require a little more supportive services to manage withdrawal symptoms.

(805) 347-3338 ext. 102 www.goodsamaritanshelter.org

The Santa Maria Stabilization Center

A short-term (up to 72 hours) jail diversion program that provides a structured environment to homeless individuals under the influence of drugs and alcohol to sober up and be linked to support services.

(805) 930-1550 www.goodsamaritanshelter.org

Council on Drug and Alcohol Abuse (CADA)

CADA provides behavioral health, substance abuse treatment, and prevention/education services to adults, adolescents, children, and families. Services include an intensive outpatient center, outpatient treatment, mental health therapy, social model detox and residential treatment, and education.

(805) 925-8860 www.cadasb.org

Alcoholics Anonymous (Central Coast 52nd District)

Alcoholics Anonymous is a fellowship of people who come together to solve their drinking problem. The meetings are free and open to all individuals who want to make a change in their lives.

(805) 925-3782 <http://www.aa52centraloffice.org/wp/>

Central Coast Rescue Mission Men's Recovery Program

The Rescue Mission offers a free, Biblical-based, eight-to-twelve-month recovery program for men who are suffering from addiction. Their program offers individual counseling and case management as well as daily classes that include ministry training, anger management, GED studies, Adverse Childhood/Carried Experiences, and religious-based classes.

(805) 614-0220 <https://ccrescuemission.org/>

Legal and Code Enforcement Resources



City of Santa Maria Code Enforcement Division

The Code Enforcement Division enforces the City's ordinances to promote a healthy, safe, and pleasant environment for community members. The division investigates complaints that range from noise, zoning, unpermitted carwashes, substandard housing standards, abandoned vehicles, and more. Visit the Division's website or call for information.

(805) 925-0920 ext. 2420 www.cityofsantamaria.org

California Rural Legal Assistance

This is a nonprofit law firm that provides free civil legal services to low-income residents of California's rural counties. They focus on legal areas of employment, labor, housing, education, and rural health.

(805) 922-4564 www.crla.org

Legal Aid Foundation of Santa Barbara County

Legal Aid Foundation of S.B. County is a non-profit civil law firm that provides services to low-income and vulnerable community members. Services include fair housing legal assistance, legal education and advice, assistance with preparing legal documents, and representation in court proceedings.

(805) 922-9909 www.lafsbcc.org

Fighting Back Santa Maria Valley / Conflict Solutions Center

Recently acquired by Fighting Back Santa Maria Valley, the Conflict Solutions Center is dedicated to creating community-based, peaceful solutions to conflicts that promote social harmony and individual healing. Serving Santa Barbara County, the agency offers compassionate communication, dispute resolution, problem-solving practices, restorative justice, consultation, training, and low cost / no cost mediation services. Services are offered in English and Spanish.

(805) 349-8943 (Santa Maria) www.fbsmv.com/program/restorative-services/

Resources for the Unhoused



Good Samaritan Shelter

The Good Samaritan Shelter provides year-round services and emergency shelter for unhoused individuals. Services include meals, showers, veteran's services, women's services, clean and sober programs, mental health services, and more. The shelter is located at 400 West Park, Santa Maria.

(805) 623-5304 www.goodsamaritanshelter.org

Partners in Housing Solutions

Partners in Housing Solutions (PHS) is a non-profit organization dedicated to helping unhoused families, veterans, and individuals find and retain permanent housing through their network of rental property owners and community partners. Client services include housing navigation, case management, Rapid Rehousing Assistance, and retention tools. Partnering rental property owners receive tenant support and financial safety nets.

(805) 803-1584 www.partnersin housingsolutions.org

City Net

City Net is committed to breaking the cycle of homelessness in the communities we serve by connecting neighbors experiencing homelessness to transformative care and innovative solutions that lead to housing. It provides street outreach and engagement, housing navigation, case management, homelessness prevention, and non-congregate bridge/transitional shelters for its neighbors.

(805) 680-7511 www.citynet.org/santabarbara-county

New Beginnings

New Beginnings is a non-profit organization that provides mental health counseling and housing assistance services to the unhoused, as well as low-income individuals and families throughout Santa Barbara County. Services include counseling, the Safe Parking Shelter and Rapid Rehousing Program, the Supportive Services for Veteran Families program, and life skills parenting and education.

(805) 963-7777 www.sbnbcc.org

Crestwood Christian Fellowship

Crestwood Christian Fellowship operates programs to assist the unhoused. First, their laundry program allows guests to wash/dry (1) load of laundry free of charge, and detergent is provided. This service is every Tuesday from 8:00 a.m. to 12:00 p.m. at Lucky Laundry, 809 North Broadway, Santa Maria. Second, their mobile Showers of Blessing program allows individuals to shower and receive meals and supplies. Lastly, their My Home Ministry program provides home furnishings to individuals who recently moved into a home, but do not have the means to furnish it.

(805) 925-7500 www.crestwoodchristian.net

Fighting Back Santa Maria Valley

Fighting Back of Santa Maria Valley operates the Youth and Young Adult Homeless Services Program (YHS) through a Navigation Center to assist unhoused individuals ages 16-24 by connecting them to emergency shelters, housing navigation services, long-term case management and other supportive services. Their Navigation Center offers case management services that assist individuals in getting access to food, substance abuse counseling, job assistance, health services, and more.

(805) 346-1774 www.fbsmv.com

Senior Resources



Elwin Mussell Senior Center

This Center is operated by the City's Recreation and Parks Department and features free and low-cost classes, social events, and informational seminars. Programs include health and wellness classes, musical sessions, bunco, coffee social hours, and more. The center also publishes a free newsletter which contains program information.

(805) 925-0951 ext. 2207 www.cityofsantamaria.org

Central Coast Commission for Senior Citizens / Area Agency on Aging (AAA)

The Commission provides seniors with information, assistance, and referrals regarding senior services. It operates the Health Insurance Counseling & Advocacy Program (HICAP) which provides information about Medicare so seniors can make informed decisions. This program helps seniors understand Medicare, compare supplemental plans, identify cost-effective prescription drug plans for their needs, and file Medicare appeals. In addition, Senior Connection provides free information regarding transportation, legal services, grocery delivery, and home repairs to help seniors find the information they need. It also provides congregate and home-delivered meals to qualifying seniors.

HICAP – (805) 928-5663

Nutrition Program - (805) 925-9554 and press Option #1

Senior Connection - (805) 928-2552 www.centralcoastseniors.org

Community Action Partnership of SLO County, Inc. (CAPSLO)

CAPSLO's Minor Home Repair Program aids low-income seniors aged 60 and over by installing grab bars, handrails, smoke alarms, carbon monoxide detectors, handheld showers, and performing minor home services to increase accessibility. Services are available to seniors throughout Santa Maria Valley.

(805) 541-4122 or 1-800-495-0501 www.capslo.org

CommUnify

CommUnify has a Senior Safe at Home program that provides free home services, such as grab bar installation, exterior/interior handrails, smoke alarm and carbon monoxide detectors, heater safety testing, and slip and fall prevention. To participate, seniors must be at least 60 years old, a renter/owner, and reside in Santa Barbara County.

(805) 617-2897 www.communifysb.org

Community Partners in Caring

Through a network of volunteers, Community Partners in Caring provides free non-medical services to seniors 62 and over, adults with mild disabilities, and individuals with chronic illnesses. Services include transportation to medical appointments, friendly visits/calls, assistance with errands and grocery shopping, and referrals to community resources.

(805) 925-8000 www.partnersincaring.org

SMOOTH, Inc.

SMOOTH provides curb-to-curb transportation for senior residents aged 60 and over in the Santa Maria and Orcutt areas. All vehicles are ADA wheelchair-accessible, and attendants ride free of charge. Senior Dial-A-Ride service is available Monday through Friday from 9:00 a.m. to 4:00 p.m. and can be used for medical appointments, shopping, or quality-of-life outings. Services are very low cost.

(805) 922-8476 www.smoothinc.org

Meals on Wheels Santa Maria Valley

Meals on Wheels is a volunteer-based meal delivery service that delivers nutritious meals five days a week, including holidays, to seniors. All meals are prepared at Marian Extended Care Center Kitchen and subsidized according to the client's income level.

(805) 938-1200 www.mealsonwheelssmv.org

Family Service Agency (FSA)

The agency offers older adults the tools they need to live meaningful, independent, and healthy lives. The services are free to those 60 years and older or caring for someone who is.

- Senior Mental Health provides counseling for individuals, families, and couples with an emphasis on direct, solution-oriented treatment strategies and well-defined therapeutic goals.
English (805) 928-1707 ext. 4228 / Spanish (805) 735-4376 ext. 3802
www.fsacares.org/senior-services/
- Caregiver Mental Health and Support Services helps family caregivers recognize, embrace, and manage their role as a caregiver through individual, family, and/or group counseling.
English (805) 735.4376 ext. 3801 / Spanish (805) 735-4376 ext. 3802
www.fsacares.org/caregiver-support/
- The primary responsibility of the Long-Term Care Ombudsman Program (LTCO) is to investigate complaints made by or on behalf of residents of care facilities. These facilities include nursing homes, residential care facilities for the elderly, and assisted living facilities. Ombudsman representatives advocate for improvements in resident care and work to improve resident quality of life.
(805) 922-1236 www.fsacares.org/long-term-care-ombudsman/

Resources for Disabled Persons



Independent Living Resource Center

The Independent Living Resource Center (ILRC) is a non-profit organization that provides consumer-driven, supportive disability services and advocacy. Its mission is to promote independent living and full access for individuals with disabilities through advocacy, education, and community action. Services include but are not limited to housing navigation, personal assistance connection, independent living skills, advocacy, youth transition, assistive technology, and more.

(805) 925-0015 <https://ilrc-trico.org/>

VTC Enterprises

VTC Enterprises' mission is to assist individuals with disabilities to achieve their life goals through life skills training, job skills training, and employment opportunities. Services take place in various community settings and businesses in Santa Maria and Lompoc.

(805) 928-5000. <https://www.vtc-sm.org/>

Coast Caregiver Resource Center

Coast Caregiver Resource Center (CCRC) provides support services to adult, nonpaid, family caregivers who care for adult loved ones who have brain impairments and/or disabilities. Caregiver services include consultation and education, support groups, mental health counseling, referrals to community resources, and more.

(805) 569-8950 <https://www.cottagehealth.org/services/rehabilitation/caregiver-services/>

OPTIONS Family of Services

OPTIONS is a nonprofit organization dedicated to helping people with disabilities achieve their goals, dreams, and rightful place as full citizens of their communities. We provide residential living services, community integrated services, supported and independent living services, and vocational training services to individuals with head injuries, intellectual disabilities, hearing loss, autism, and other forms of atypical neurology.

(805) 772-6066 www.optionsfs.org

Food, Clothing, and Utility Resources



Santa Barbara County Department of Social Services

The Department of Social Services administers the CalFresh Program which provides low-income people with benefits to buy nutritional food. Benefits are distributed on an electronic card that is used like an ATM card and is accepted at most grocery stores.

(805) 346-7135 www.countyofsb.org

Women, Infants, and Children (WIC)

WIC operates a nutrition program that helps individuals who are pregnant, just had a baby, or have a child aged 5 years and younger. Services include healthy eating education, prenatal nutrition, breastfeeding support, benefits to buy healthy foods, and referrals to community resources.

(805) 346-8450 www.myfamily.wic.ca.gov

Catholic Charities

Catholic Charities provides services to low-income individuals and families. They aid with food, clothing, utility assistance, rent/mortgage assistance, hygiene supplies, and financial assistance to apply for a state identification card. In addition, they offer holiday toy baskets for children.

(805) 922-2059 www.catholiccharities-sbc.org

The Salvation Army Santa Maria Corps

The Salvation Army operates a food pantry to provide emergency food and aid with utility payment assistance to qualified individuals as well as diapers, clothing, and emergency blankets for those in need. The Salvation Army also has seasonal programs like Thanksgiving and Christmas distributions where families and individuals can receive assistance. Hot meals are distributed Monday through Friday from 11:30 a.m. to 12:30 p.m. and the food pantry is open Monday, Wednesday, and Friday from 10:00 a.m. to 2:00 p.m. at 200 West Cook Street in Santa Maria.

(805) 349-2421 www.santamaria.salvationarmy.org

Foodbank of Santa Barbara County

The Foodbank is a food distribution service that partners with local agencies, schools, soup kitchens, and churches to provide food to low-income individuals. In addition, the Foodbank operates programs that directly provide food to individuals, such as their food pantries, mobile farmer's market, mobile deliveries for seniors, and children after school food programs.

(805) 967-5741 www.foodbanksbc.org

Rescue Mission Alliance Central Coast

This organization serves hot meals every Thursday until 5:00 p.m. while supplies last. Hot meals are served at Santa Maria Foursquare Church, located at 709 North Curryer Street. In addition, they operate an emergency food pantry where people in need can go for groceries and clothing.

(805) 614-0220 www.ccrescuemission.org

CommUnify

CommUnify's Low-Income Home Energy Assistance Program assists those in financial need to prevent utility service interruption or restore disconnected services. Assistance is provided for gas, electric, oil, wood, or propane services. To participate, individuals must be at least 18 years old, a California resident, and be income eligible.

(800) 655-0617 www.communifysb.org

Family Service Agency (FSA)

The agency can assist families with enrollment in programs like CalFresh. It can also refer families to other local food distribution sites.

(805) 928-4150 www.fsacares.org/calfresh/

Youth and Family Resources



Abel Maldonado Community Youth Center

The Abel Maldonado Community Youth Center is a safe and supervised facility where teens can engage in free recreational activities. The center serves youth in grades 7 through 12 (ages 12 through 18). Its free amenities include an arcade, art studio, basketball courts, computer lab, fitness center, and home theater. Additionally, the Youth Center offers employment, excursions, girls' nights, laser tag, leadership clubs, musical lessons, nutrition classes, professional development workshops, self-defense classes, sports leagues, tutoring, virtual reality games, yoga, and youth groups.

(805) 925-0951 ext. 2252

www.cityofsantamaria.org

Santa Maria Public Library

The library provides a safe place for all ages and offers a variety of free classes and programs. Services include computers, Wi-Fi, pre-school story time, makerspace, passport services, homework help, educational classes, and crafting programs.

(805) 925-0994

www.cityofsantamaria.org

Boys & Girls Clubs of Mid Central Coast

Open Monday through Friday after school and all day during summer and school holidays. The Club offers a variety of programs for children and teens. Programs include educational programs, arts, health and wellness, leadership, sports, and more. Kids can build friendships and learn skills in a safe and enriching environment. All children and teens are welcome to become members, and no one will be turned away due to inability to pay fees. Now serving students enrolled in TK/Kinder programs through the age of 18!

(805) 922-7163

www.centralcoastkids.org

Fighting Back Santa Maria Valley

The agency's mission is to partner with all members of the community to achieve resilience against substance use, reduce violence, and promote a healthy and safe environment for our youth and families. FBSMV offers an array of programs dedicated to supporting at-risk youth in academic success, character development, improved family engagement, teen substance abuse education/prevention, and access to resources such as housing, food, and mental health services.

(805) 346-1774

www.fbsmv.com

Children Resource Network of the Central Coast

This network partners with local school districts and agencies to provide free supplies to children throughout San Luis Obispo County and Northern Santa Barbara County. Their community closets provide free clothing, school supplies, and other important resources to infants, children, teens, and families in need.

(805) 709-8673

www.childrensresourcenetwork.org

California Employment Development Department (EDD)

The EDD's Youth Employment Opportunity Program helps at-risk youth between the ages of 15 and 25 achieve their educational and vocational goals. Services include peer advising, referrals to supportive services, education and career coaching, workshops, and employment preparation.

(805) 614-1216

www.edd.ca.gov

Family Care Network

Family Care Network serves children and families that have been impacted by trauma by providing intensive support and services. Programs include behavioral health services, education and professional development, family support resources, and transitional housing resources for foster children and non-minors.

(805) 781-3535 www.fcni.org

Family Service Agency (FSA)

FSA helps youth and families navigate challenging and stressful times by offering services and resources such as counseling, youth mentorship, and access to basic needs support.

- The Youth and Family Counseling Program provides a wide array of mental health counseling services that result in positive, long-term improvements for overall quality of life, decreasing the likelihood of high-risk behaviors, and, for students, improving academic success.

(805) 928-1707 www.fsacares.org/behavioral-health/

- FSA's Mental Health Navigator Program assists individuals and families in accessing mental health services.

(805) 928-1707 ext. 4228 www.fsacares.org/mental-health-navigator/

Children Resource and Referral of Santa Barbara County

This organization aims to develop strong and healthy families by providing education, care, and resource systems to children, parents, and caregivers, with an emphasis on low-income and under-represented communities. Services include childcare financial assistance and referrals, family strengthening classes, and resources on how to become a licensed childcare provider.

(805) 925-7071 www.crrsbc.org

Camino Scholars

This education program is operated by People's Self-Help Housing and academically assists over 500 students per year at its onsite learning center. This free program assists students with math and literacy skills and sets students on the path to lifelong learning. The Santa Maria Learning Center is located at Los Adobes de Maria II, 1148 West Boone Street.

(805) 781-3088 www.pshhc.org/education

Grizzly Youth Academy

This Academy is a partnership between the C.A. National Guard and the Grizzly Challenge Charter School. The Academy serves youth between the ages of 15 ½ and 18 who have dropped out of high school or are at the risk of dropping out. This 22-week program offers a highly structured environment that promotes leadership, cooperation, and academic skills while building self-esteem and confidence. Youth may earn up to 60 credits towards a high school diploma.

1 (800) 926-0643 www.grizzlyyouthacademy.org

CALM

CALM is a community-based mental health agency with a mission to prevent childhood trauma, heal children and families, and build resilient communities throughout Santa Barbara County. CALM serves children prenatally through age 21 and their families, in English and Spanish (or family's preferred language). Services include individual therapy, home visitation, parenting classes, postpartum support, group therapy and support, and mental health consultation in early education settings.

(805) 614-9160 www.calm4kids.org

One Community Action

One Community Action has a “Por Vida” responsive youth development and family support program in school districts and other institutions in Santa Barbara County. Por Vida provides wrap-around services through case management, group facilitation, peer-to-peer network support, and opportunities to get involved in the community. The program aims to help students improve their grades and receive a high school diploma.

(805) 694-6949 www.onecommunityaction.org

Safely Surrendered Baby Law

The California Safely Surrendered Baby Law allows a parent or person with lawful custody of a newborn baby to safely surrender the infant within 72 hours of birth, with no questions asked. This law requires the baby to be taken to a public or private hospital, designated fire station, or other safe surrender site and protects surrendering individuals from prosecution of abandonment. At the time of surrender, a parent or person with lawful custody has up to 14 days from the time of surrender to reclaim the baby. Call the toll-free hotline for more information and designated safe surrender site locations.

1 (877) 222-9723 www.cdss.ca.gov/safe-surrender-baby

National Safe Place Network

Designated Safe Place sites provide access to immediate help and supportive resources for youth in crisis. Youth seeking help or sanctuary visit any of the sites listed below or call (888) 723-3808. Youth outside of the city limits may text “safe” and their location (address, city, state) to 44357 for a list of nearest Safe Places. For more information, visit www.nationalsafeplace.org

Abel Maldonado Community Youth Center	600 South McClelland Street, Santa Maria
Boys & Girls Club of Mid Central Coast	901 North Railroad Avenue, Santa Maria
Fighting Back Santa Maria Valley	201 South Miller Street Suite 107, Santa Maria
Santa Maria Public Library	421 South McClelland Street, Santa Maria
Fire Station No. 1	300 West Cook Street, Santa Maria
Fire Station No. 2	416 West Carmen Lane, Santa Maria
Fire Station No. 3	2305 North Preisker Lane, Santa Maria
Fire Station No. 4	2637 South College Drive, Santa Maria
Fire Station No. 5	1670 East Donovan Road, Santa Maria

Resources for Victims/Survivors of Abuse



County of Santa Barbara-Sexual Assault Response Team (SART)

SART is a countywide program that provides care to victims/survivors of sexual assault. Services include forensic medical exams for children and adults, in-person advocacy, counseling, and referrals to other community resources.

(805) 448-7993 www.countyofsb.org/2436/Sexual-Assault-Response-Team-SART

County of Santa Barbara District Attorney Office - Victim/Witness Assistance Program

This program assists victims and witnesses of domestic violence with accessing and understanding the criminal justice system. Victim Advocates are available to provide regular case updates, explain the court process, and provide information on emergency resources.

(805) 568-2400 <https://da.countyofsb.org/da/vwdv>

Domestic Violence Solutions (DVS)

DVS provides safety, shelter, and support for individuals of all genders and families affected by domestic abuse. DVS operates a confidential emergency shelter and provides emotional support, food, clothing, advocacy for medical, legal, and financial resources, housing assistance, and more.

Non-Emergency Calls (805) 963-4458 www.dvsolutions.org

24-Hour Crisis Hotline (805) 964-5245

North County Rape Crisis and Child Protection Center

The purpose of this Center is to reduce vulnerability and incidences of sexual assault, child abuse, and human trafficking by providing education and prevention skills to the community. The Center aims to alleviate the trauma experienced by survivors of these crimes by providing direct services.

Office (805) 922-2994 www.sbcountyrapecrisis.org

24-Hour Crisis Support Line (805) 736-7273

CALM

For over 50 years, CALM has provided evidence-based services that have proven effective in improving the lives of children and families who have experienced trauma. The agency provides individual and family therapy in English and Spanish (or the family's preferred language), resources and referrals, and support for parents to foster children's resilience and recovery from adverse experiences. Treatment plans are tailored to the needs of each child and family.

(805) 614-9160 www.calm4kids.org

Animal Resources



Santa Barbara County Animal Services (SBCAS)

SBCAS is an open-admission shelter with a large selection of adoptable pets. All adopted pets are microchipped, spayed/neutered, and vaccinated. SBCAS also has resources for pet owners which range from pantries with pet food/supplies, training resources, and medical care. If a pet is lost and/or found, SBCAS has resources on its website to report the pet.

(833) 422-8413 www.countyofsb.org

Santa Barbara Humane

Santa Barbara Humane is a non-profit that offers low-cost veterinary care, vaccines, spay/neuter, affordable dog training, pet adoption, and rehoming services for owners who can no longer care for their pets. Humane offers emergency boarding and free pet food/supplies for pet owners in crisis. Financial support is available for all services. Their Santa Maria campus is located at 548 West Foster Road.

(805) 946-4777 www.sbhumane.org

C.A.R.E. 4Paws

This organization provides critical services for pets of low-income, senior, disabled, and unsheltered community members. Programs include mobile clinic services, companion pet assistance, domestic violence support, and education. Critical services include free spays/neuters, assistance with veterinary care, and low-cost vaccines.

(805) 968-2273 www.care4paws.org

Other Helpful Resources



City of Santa Maria Police Department

In the event of an emergency dial 9-1-1. Non-emergency calls may be directed to (805) 928-3781.

www.cityofsantamaria.org/police

Mixteco Indigena Community Organization Project (MICOP)

MICOP is a non-profit whose mission is to support and empower the Indigenous migrant communities on the Central Coast. Programs include indigenous interpretation services, support for survivors of domestic violence, free to low-cost legal immigration advice and representation, assistance with enrolling in health Medi-Cal, and more.

(805) 623-5862 www.mixteco.org

Women's Economic Ventures (WEV)

WEV is a non-profit dedicated to the economic empowerment of women to achieve their financial freedom. WEV is a business resource network for anyone looking to start a business, grow a business, or improve their skills. Services include small business consulting, funding, and financial and professional development classes.

(805) 965-6073 www.wevonline.org