



The Reminder

WWW.RIREMINDER.COM

WEDNESDAY, MARCH 19, 2025 | 24 PAGES • FREE • VOL. 70 No. 46

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WARWICK, RI

warwick mall

March 22nd Events!

Safe Kids RI Car Seat Check-Up • 10a-1p

In the Mall Parking Lot near Nordstrom Rack,
get your child's car seat checked for free
by Certified Safety Technicians!

Hop into Spring Kid's Festival • 11a-4p

Presented by We Be Jammin' Events,
shop from over 50 vendors, crafters & small
businesses throughout the mall,
with lots of fun activities!



ROY & COOK

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577 Tiogue Avenue, 2nd Floor
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**MUSEUM PASSES AT THE
COVENTRY PUBLIC LIBRARY**

Did you know you can borrow passes to local museums from the Coventry Public Library? Our museum passes can be picked up from the library at 1672 Flat River Road, and allow free or discounted entrance to museums such as the Nathaniel Greene Homestead, the Paine House Museum, Mystic Seaport Museum, Plimoth Patuxet Museums, and more! Stop by, see our website, or give us a call at 822-6200 for more information. Passes are available on a first-come, first-served basis.

**The Rhode Island
Philatelic Society**
The Oldest Philatelic Society in the United States
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Rhode Island's Largest Annual
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**Saturday
March 22, 2025
9am – 3pm**

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- Free Admission • Free Parking
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- Kids Area with Free Stamps!



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**FAMILY EVENING STORY TIME
AT THE COVENTRY PUBLIC LIBRARY**

On Tuesday, March 18, at 5:30 pm, families with children ages 3-8 can join us at the library for Family Evening Story Time. Children will listen to seasonal stories and songs. Each child will receive a fun craft kit to complete at home! Coventry Public Library, 1672 Flat River Road, Coventry. Registration is required. Please call Youth Services at 822-9102 to register.

**NORTH ROAD TERRACE TENANTS ASSOC.
ARTS & CRAFTS, BAKE SALE & RAFFLES**

The Coventry Housing North Road Terrace Tenants Association (NRT) holding their Arts & Crafts, Bake Sale and Raffles event on Saturday, April 12, from 8 a.m. to 2 p.m. at NRT, 30 Mulhearn Drive, Coventry. This event is open to the public. NTR is also looking for vendors. Vendor tables are \$25.00 each. NRT is requesting that each vendor donate one item for the raffles. Deadline for table reservations is Tuesday, April 1. To reserve a table, please makes checks payable to NRT or North Road Terrace. Mail checks to: Geraldine Lane, Treasurer, 8108 Mulhearn Drive, Coventry, RI 02816. For more detailed information contact: Colleen 401-996-0191.

iii RISLA

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**AARP CHAPTER 2210 TRIP TO
9/11 MEMORIAL & MUSEUM**

AARP Chapter 2210 is sponsoring a trip to the 9/11 Memorial & Museum w/Lunch, Monday, May 12. Begin with a moving visit to the 9/11 Memorial & Museum, then to the vibrant restaurant, Margaritaville Times Square, to enjoy lunch in a tropical-themed paradise. Sit back and relax on a luxury motor coach operated by DATTCO Coach & Tour. Pick up at 7 a.m. from Park & Ride, Hopkins Hill Rd. (Exit 19 off I-95), West Greenwich. Approximate return: 7:30 p.m. \$159/person. Final payment due: Monday, April 14. Contact: Maureen Murphy 401-828-5188 or Anne Brien 401-263-4274.

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Awareness Code: 23705 · Expires: April 13, 2025 · Valid only at: Sharon Costco and Costco.com



CUTEST PET OF THE WEEK

YOUR AD HERE!

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how you can sponsor this space.***

IGGY

This is Iggy!
She loves to give kisses,
play with toys and relax.
She was adopted from
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Deb St. Jean



Want to see your pet in print?

**Email your photos to idaz@rhodybeat.com. Include both your
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Last Will and Testament

Q. What's worse than no will?
A. A poorly drafted one.

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EXECUTIVE OFFICE OF
HEALTH & HUMAN
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STATE OF RHODE ISLAND

PROJECT HAND UP

Project Hand Up is a supplemental program provided for working people and elderly in the community to be able to affordably shop for groceries for a suggested donation. They are located at 15 Factory Street in West Warwick. Suggested donation is \$6 for 3 bags of groceries. HOURS: If you are 60 & older or a Veteran (Veteran Card required), you can shop on any day regardless of your last name. Tuesdays 3-5PM for anyone with the last name that begins with A-K, Thursdays 3-5PM for last names beginning with L-Z & Fridays 3-4:30PM for anyone who missed their shopping day. Picture ID's required, one purchase per family, trunks must be cleaned out to allow for groceries. Please visit projecthandup.net or find them on Facebook for more information.

PASSPORT APPLICATIONS ACCEPTED AT THE WEST WARWICK PUBLIC LIBRARY

The West Warwick Public Library, 1043 Main Street, West Warwick is accepting Passport Applications (DS-11 Forms only) on behalf of the US Dept. of State. Please contact Information Services at 828-3750, Ext. 1 or email ref@wwpl.org to schedule an appointment or for more information. For more information, you can call 1-577-487-2778 or visit travel.state.gov

VOLUNTEERS NEEDED AT GEN. NATHANAEL GREENE HOMESTEAD

The Gen. Nathanael Greene Homestead in Coventry is looking for individuals interested in becoming Tour Guides for the season. The Homestead, also known as "Spell Hall", was built by Nathanael Greene in 1770 and has been authentically restored as a Museum dedicated to his memory. Tour Guides will learn about Gen. Greene, his family, and life in the 18th Century. Experience is not necessary. All information will be provided, and scheduling is flexible. For more information, please email nathanaelgreenehmst@gmail.com Visit us at nathanaelgreenehomestead.org

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COVENTRY

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Sun. 8am-6pm

Prices in effect
**March
19-25**

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MEAT	PREPARED	GROCERY	PRODUCE	
STEAK OF THE WEEK! Bone In Sirloin Strip \$9.95 lb. Regular or Thick Cut Boar's Head Pre-Cooked Bacon... \$3.99 Fresh Throughout the Day Ground Chuck... \$4.99 lb. Tender Boneless Pork Ribs... \$3.99 lb. Shadybrook 93% Lean Ground Turkey... \$4.99 lb. FOR YOUR MEAT PIES!! Fresh Ground Pork \$2.99 lb. Tom's Famous Stuffed Boneless Pork Chops... \$3.99 lb.	Quick and Easy Thin Sliced Pork Cutlets \$2.99 lb. 14-20 oz. All Varieties Bob Evans Sides... \$4.59 Marinated Portuguese Style Pork... \$3.99 lb. USDA Choice Eye Round Roast... \$5.99 lb. Boneless Center Cut Pork Roast \$3.59 lb.	Tom's Famous Fish & Chips \$10.99 lb. Tom's Own Clam Cakes... 6/\$3.99 Lemony Swordfish Francaise... \$14.99 lb. Tom's Spinach and Mushroom Lasagna \$5.99 lb. April's Old Fashioned Pasta Salad... \$4.99 lb. Pulled Chicken Quesadillas... \$3.99 ea. Grilled Jumbo Shrimp or Beef Tenderloin \$19.95 lb. Market Made Roasted Tomato Bisque 24 oz. \$6.99 GOOD MORNING! Jumbo Breakfast Burrito \$3.99 ea.	Kellogg's Special K Cereal All Varieties 2/\$7 Progresso Veggie Classics Soups Excludes Traditional and Reduced Sodium... 2/\$4 Newman's Own Pasta Sauce 24 oz. Excludes Organics... 2/\$5 All Varieties Kellogg's Townhouse or Club House Crackers... 2/\$7 9.6 oz. Folgers Ground Coffee \$4.99 15 oz. Progresso Breadcrumbs... 2/\$5 All Regularly Priced \$5.29 Varieties Carr's Crackers... 3/\$10 14 oz. Success Rice... 3/\$7 Poland Spring 24 Pack Water \$3/\$12 All Varieties Campbell's Cooking Sauces... 2/\$7 All 6-10.75 oz. Varieties Doritos... 2/\$7 All 7-8.5 oz. Varieties Cheetos... 2/\$7 Bounty 6 Double Roll Paper Towel 540 Count \$11.99	WOW!! SAVE OVER \$2.00 LB!! Fresh, Tender Asparagus \$1.69 lb. Florida Grown Green or Yellow Squash... \$1.69 lb. SAVE OVER \$3.00 LB!! Fresh, Cut Pineapple Chunks... \$3.99 lb. California Iceberg Lettuce or Grape Tomatoes 2/\$4 Extra Large California Lemons 4/\$3 SAVE \$1.00!! 3 Pack Fresh Florida Sweet Corn... \$2.99 ea. WOW!! Extra Large California Navel Oranges... \$1.69 lb.
SEAFOOD Wild Caught Haddock Fillets \$9.95 lb. Omega 3 Rich Salmon Fillets... \$12.99 lb. POOR MAN'S LOBSTER!! Fresh Monkfish... \$8.99 lb. BAKE, BOIL, OR FRY!! Jumbo 13/15 ct. Peeled and Cleaned Shrimp \$10.99 lb.	DELI Boar's Head Cracked Peppermill Turkey \$10.99 lb. Deutchmacher Beef Bologna... \$6.99 lb. Boar's Head Honey Maple Ham... \$8.99 lb. Mrs. Ressler's Rare and Juicy Roast Beef... \$10.99 lb. Deutchmacher Liverwurst... \$5.99 lb. Land O Lakes Italian Blend Cheese \$6.99 lb. Kretschmar Olive or P&P Loaf... \$6.99 lb. Boar's Head Vermont Cheddar \$8.99 lb. Kretschmar Off the Bone Honey Ham \$6.99 lb.	DAIRY/FROZEN Florida Natural Orange Juice 52 oz. Varieties 2/\$7 8 oz. Cool Whip Topping... 2/\$4 32 oz. Hood Country Creamer... 2/\$3 All 7 oz. Varieties Cabot Cracker Cuts 2/\$5 All Varieties Philadelphia Cream Cheese Tubs... \$3.99 Yoplait Yogurt All 4-6 oz. Varieties 10/\$6 5.4 oz. Laughing Cow Cheese Wedges... 2/\$7 48 oz. Friendly's Ice Cream... \$4.99 All Varieties Talenti Gelato... \$4.99 All Varieties Klondike Bars... \$4.99 Ben & Jerry's Ice Cream Pints All Varieties \$4.89 Alexia Fries or Rings All Varieties \$4.99	SPECIALTY Blount Chowder or Bisque 30 oz. \$9.95 20 Count Varieties Celestial Teas... \$3.99 10.5 oz. Bookbinder Cocktail Sauce... 2/\$5 5 oz. Alexian Patés & Mousses \$6.99 23.5 oz. Herban Fresh Soups \$7.99	BAKERY Fresh Baked Mixed Berry Pie 26 oz. \$6.99 6.5 oz. Rich's Chocolate or Carrot Cake Slices \$3.59 MUFFIN OF THE WEEK! 4 Pack Cranberry Orange. \$5.99 Table Talk Crumb Cake All Varieties \$5.79

Due to manufacturer's supply issues, some items may be in limited supply. Sorry, no rain checks. *Not responsible for typographic errors. Some items may not be available in all locations.

Looking for The Reminder?



We bulk drop Reminders at the following locations every week:

- COVENTRY DROPS**
Cumberland Farms
436 Knotty Oak
Mobil Rt. 117
Coventry Library
Coventry Mart
Ocean State CU
Braza
Olde Theatre Diner
ReMax
Sandy Bottom Rd
Crestwood Liquor
Coventry Senior Center
Cumberland Farms
Tiogue Ave
Tom's Market
Mobil
Tiogue Ave
Walgreens
Ocean State Job Lot
Gentleman Farmer
Woods Tavern
Shell
Village Medical
Coventry PO
Coventry Urgent Care
Stop & Shop
Speedway
Cumberland Farms
- WEST WARWICK DROPS**
Quaker Valley Mall:
Jennings Car Care
Roberts Music
Salon 707
Condesa
Cumberland Farms
Cowesett Ave
Breads-n-Stuff
1669 Main St
Tumble Town Laundry
Main St
Gel's Kitchen
1745 Main St
Laundromat (Cleanery)
Tiogue Ave
Cumberland Farms
436 Knotty Oak
Golden Ridge
Contentment Dr
Housing Authority
Manchester Circle
Shell
642 Washington St
Phenix Square Restaurant
9 Pleasant St
Cumberland Farms
704 Main St
Sunoco
888 Main St
DeAngelis Manor I and II
Wakefield St
Thorpes Laundry
560 Providence St
Sam's Store
119 East Main St
Ray's Poly Clean
1015 Main St
West Warwick Library
1043 Main St
Shell
6 Providence St
Jerry's Market
25 Providence St
Brookside Package Store
1193 Main St
Security Lock
199 Washington St
Cumberland Farms
244 Washington St
Joyal's Liquors
90 West Warwick Ave
Cumberland Farms
295 Legris Ave

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Classifieds

FREE WOOD PALLETS ON-GOING SUPPLY – You pick up. Side of building at 64 Hope Avenue, Hope.

WANTED: Antiques and collectibles. Moving or just cleaning out? We pay more for your old jewelry, glassware, furniture, pottery, clocks, paintings, military items, crocks, post cards, cameras, photos, old coins, etc. For prompt and courteous service call Bill, 821-0381.

CLASSIFIED DEADLINE IS THURSDAY AT 3PM

USE OUR FAX SERVICE to send or receive documents... it's fast, easy, and affordable. Great for sending Insurance Forms, Mortgage Documents, Unemployment Forms, Time Sheets and any paperwork that needs to be received fast. Cost to send: \$3 for 1st page, \$1 each additional page (+tax). Cost to receive: \$.75/page (+ tax). **The Reminder, 1944 Warwick Avenue, Warwick. Phone 821-2216, Fax 732-3110.**

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“RANDOM ACTS OF KINDNESS...” We could all use a little good news to brighten our day... Have you witnessed a “Random Act of Kindness” lately? “The Reminder” would love to hear about it. Please submit your entry in writing and we will print them anonymously on a space available basis. Please mail your “Random Acts of Kindness” (with contact information) to **The Reminder, 1944 Warwick Avenue, Warwick RI 02889** or email your submission to mail@rirereminder.com

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Protect your broom by storing it handle side down. You can purchase wall clips at your local hardware store, and then it'll be off the floor, ready when you are!

The Vision Council offers tips to minimize digital eye strain: Use the 20-20-20 rule: every 20 minutes, take a 20-second break and look at something 20 feet away.

Use a strip of hook and loop tape to secure game controllers to their consoles. This way, you'll never have to go looking for one when you're ready to play.

Fill your sink with soapy hot water as you are cooking dinner. Your dirty pans and bowls can go right in the sink to soak. After dinner, they will be easy to wash.” — E.D. in South Carolina

Make your stainless-steel sink sparkle by buffing it with a few drops of mineral oil and a soft rag, after a good cleaning, of course.

“If a pocket or two on an over-the-door shoe rack has busted, it's not done being useful. You can cut remaining pockets to fit inside your bathroom cabinet. Secure at the top with screws. Place cups in a few pockets to hold cotton swabs or balls, etc.” — W.L. in Washington

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Send your tips to *Now Here's a Tip*, 628 Virginia Drive, Orlando, FL 32803.

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CLASSIFIED AD FORM

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				10 words

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Mail or bring your ad to:
The Reminder
1944 Warwick Ave., Warwick, RI 02889
E-Mail: classifieds@rhodybeat.com Website: www.rirereminder.com

CALL 821-2216

Classified Ad Deadline is THURSDAY AT 3PM

To Place a Novena

Please indicate the prayer to be published, include your initials, and mail or bring to:

The Reminder

1944 Warwick Avenue
Warwick, RI 02889
(401) 821-2216 • FAX: (401) 732-3110

***Novenas can be placed by phone if using a credit card**

- ☐ Prayer to the Blessed Virgin
- ☐ Prayer to St. Jude
- ☐ St. Jude Novena
- ☐ Thanksgiving Novena to St. Jude
- ☐ Novena to the Sacred Heart
- ☐ Other (indicate below or send a photo copy)

Don't Forget Your Initials!

Indicate Initials Here

\$12 per Novena

Please enclose payment

Checks Payable to: BEACON MEDIA RI

Deadline is Thursday at 3 pm for publication in the following Wednesday's edition of The Reminder



The Reminder

Established 1954
Published by Beacon Media RI

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Donna ZarrellaAdvertising Director
Ida ZeccoClassified Advertising

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Donna Zarrella, Suzanne Wendoloski

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THE REMINDER is published every Wednesday. We are not responsible for typographical errors, or the content of ads paid for in The Reminder. We do, however, reserve the right to edit. We will be responsible for errors appearing in ads only to the extent of correcting the same in the next issue. Opinions expressed in articles and advertisements are not necessarily those of the editor. Political ads and/or advertisements expressing an opinion of any type must be submitted at least one week before desired publication date. All copy for this type of ad is subject to the approval of the publisher. Advertisers are asked not to encourage other papers to copy ads from The Reminder.

The Reminder

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Thanksgiving Novena to ST. JUDE

O Holy St. Jude Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ. Faithful intercessor of all who invoke this special patronage in time of need. To you I have recourse from the depth of my heart and humbly beg you, to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return, I promise to make your name known and cause you to be invoked. Say three Our Fathers, three Hail Marys and three Glory Be's. Publication must be promised. St. Jude pray for us and all who invoke your aid. Amen. This novena has never been known to fail. It helped me. Thank you St. Jude for answering my prayers.

RSTP

Coventry Eye Care Associates & Optical Center

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828-2020

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INSURANCE ACCEPTED

PLANTING A WILDER GARDEN AT THE COVENTRY PUBLIC LIBRARY

Join Jim Natale on Thursday, March 20 at 6 P.M. for an insightful talk on creating vibrant, low-maintenance gardens that benefit pollinators and wildlife year-round. Learn how to emulate natural environments like meadows, grasslands, and forests to design landscapes that are easy to maintain, boost biodiversity, attract pollinators, and provide stunning color throughout the year. Coventry Public Library, 1672 Flat River Road, Coventry. Free and open to the public. To RSVP or for more information, call Jessica at 822-9104.

Like us on Facebook

Search for "The Reminder"

SATURDAY GRAB & GO WEEKLY MEALS

Are you or is someone you know an elder in Coventry or West Warwick? St. Vincent de Paul Society is offering a warm meal from their Saturday Grab & Go weekly meals. To schedule a delivery or pick up of a warm meal, please call 828-3090 before 3PM on Wednesdays. If picking up your meal, please go to the OLC School Gym, 445 Washington Street in Coventry, between 11AM-12PM on Saturday.

DO YOU WANT TO LEARN TO KNIT?

If you knit or you would like to learn, join the Knitting Group at the Coventry Senior Center, 50 Wood Street, Coventry. The group meets on Wednesday mornings at 9:30AM. This is a great way to socialize and make new friends.

HOME ENERGY ASSISTANCE PROGRAM (HEAP)

Having trouble paying your heating bill? The Home Energy Assistance Program (HEAP) helps income eligible families pay their heating bills. The HEAP is a Primary Grant that is sent directly to your utility company or fuel provider, and it will be credited on your bill. You don't need to have an unpaid bill, you can either rent or own your home, and must meet current gross income guidelines. Please call 732-4660, Ext. 175 for more information.

ONGOING FOOD DRIVE TO BENEFIT VETERANS

The High 5 Pantry at Flat River Tavern, 2260 Flat River Road in Coventry will have an ongoing Food Drive to benefit local Veterans. Please drop off your non-perishable donations anytime during their normal business hours. Call 407-2121 with any questions.

HOPE LIBRARY HOURS

Hope Library, 374 North Road, Hope, is open on Mondays & Fridays from 10AM-5PM, Tuesdays, Wednesdays & Thursdays from 10AM-8PM & Saturdays from 10AM-2PM. The Library is closed on Sundays. For more information, call 821-7910.

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The Coventry Cares Community Care Clinic Nurses Hours are Monday, Tuesday, Thursday & Friday from 8:30AM-12:30PM with Nurse Jane or Nurse Carolyn. The Clinic is set up at the Coventry Resource & Senior Center, 50 Wood Street, Coventry.

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The Pawtuxet Valley Rotary Club is looking for individuals or businesses who are interested in helping the local communities of West Warwick, Coventry & West Greenwich! For more information please email pvrotaryevents@gmail.com or call 401-589-1321.

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TOWN OF COVENTRY

NOTICE OF APPLICATION FOR A MODIFICATION UNDER 25%

The Coventry Department of Planning and Development has received a Modification Application from Kim Lomastro, concerning a proposed minor subdivision at AP 315, Lot 43, that will require zoning relief for lot frontage. The purpose of this application is to create one (1) new buildable lot that may host a single-family dwelling. The applicant seeks to subdivide the subject lot into Proposed Parcels A and B, both of which would have substandard frontage. Proposed Parcel A would have 271.84 feet of frontage and Proposed Parcel B would have 271.83 feet of frontage. Neither Parcel A nor B will meet the minimum required frontage of 300 feet in the Rural Residential 5 (RR-5) zone. Therefore, the applicant is seeking zoning relief that amounts to a difference of 9.06% from the dimensional standard of 300 feet required per code. Such relief falls within the 25% threshold for being eligible for a Modification Application in the Town of Coventry.

Questions or concerns regarding this application should be directed to Doug McLean, Director of Planning and Development, at dmclean@coventryri.gov. The application and associated plans are available for review at the Department of Planning and Development, 1675 Flat River Road, Coventry, RI 02816. Any objection to this application must be received in writing no later than 4:00 p.m. April 2, 2025. The Modification will be granted if there is no objection to the application within the specified time period.

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What first-time homeowners should know about fertilizing a lawn

Shortly after buying a home, many first-time homeowners recognize how challenging it can be to maintain a property. Many embrace that challenge and refashion their homes to reflect their personalities, interests and tastes.

First-time homeowners may direct the bulk of their attention to decorating the interiors of their homes upon moving in, but the work extends outside as well. Tending to a lawn is a responsibility worth taking seriously, as the American Society of Landscape Architects reports a well-groomed landscape can increase resale value by anywhere from 15 to 20 percent. First-time homeowners may not be thinking about resale value, but it's never too early to prioritize lawn care, which should include routine fertilization. Fertilizing can ensure a lawn grows in lush, green and healthy, but first-time homeowners may want to know a few things prior to taking a spreader for a spin for the first time.

Identify what the lawn needs before purchasing fertilizer. No two lawns are the same, and that's something to keep in mind when shopping for fertilizer. Even neighboring properties may have different soil needs, so it's imperative that homeowners identify any nutrient deficiencies prior to fertilizing. A simple, inexpensive soil test can reveal what a lawn needs, and such results can help homeowners pick the right



First-time homeowners may not be thinking about resale value, but it's never too early to prioritize lawn care.

fertilizer for their properties.
• **Get a handle on nitrogen needs.** First-time homeowners will undoubtedly come across fertilizers promising to address nitrogen needs in a lawn, but it's important to avoid over-fertilizing with nitrogen. Nitrogen is absorbed quickly, particularly when homeowners remember to water each day after fertilizing. So it's easy to add too much nitrogen, which can lead to the development of thatch that ultimately blocks sunlight, nutrients and water, thus leading to weaker roots and a lawn that looks nothing like the lush, green carpet homeowners are aiming for. Homeowners concerned about overdoing it with nitrogen can utilize a slow-release fertilizer

that gives the lawn time to absorb nutrients and break them down.

• **Apply evenly.** Even application is an important component of successful fertilizing. Many find it easier to apply fertilizer evenly when using a spreader with a granule fertilization product. Spray fertilizers can work as well, but first-timers may find it difficult to apply products evenly when spraying. When using a spreader, read fertilizing packaging instructions carefully to ensure the spreader is on the right setting when starting. If the setting is not correct, you may end up spreading too much or too little fertilizer.

• **Fertilize more than once.** The lawn care experts at Lawn Doctor® note that strategic applications across the seasons will increase the chances a lawn comes in lush and green. Fertilizing more than once between spring and fall is a necessity no matter which type of grass is in the yard, but the timing may vary depending on grass type and local climate. Consult with a local lawn care professional to determine when and how often to fertilize.

Fertilizing a lawn can produce a home exterior homeowners can be proud of, even if they have little or no experience with lawn maintenance.

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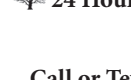
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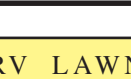
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help reduce your impact on the environment.

Conserve Energy: One of the biggest contributors to climate change is the burning of fossil fuels for energy. Simple steps like turning off lights when you leave a room, unplugging electronics when they're not in use, adjusting your thermostat to save on heating and cooling costs and using energy-efficient lightbulbs and appliances can help reduce your carbon footprint and save you money in the long run.

Save Water: Water is a precious

resource, and it's important to use it wisely. Simple actions like fixing leaky faucets, taking shorter showers, using the dishwasher or washing machine only when full and watering your garden in the early morning or late evening can help conserve water and protect the water supply. You can also install low-flow showerheads and toilets to further reduce water usage.

Choose Sustainable Products: When shopping for household items, look for products made from sustainable materials that are biodegradable or recycla-

ble. Choosing products with minimal packaging or opting for eco-friendly alternatives can help reduce waste.

Grow Your Own Food: If you have the space, consider starting a small garden at home. Growing your own fruits, vegetables and herbs allows you to enjoy fresh, organic produce while also reducing the carbon footprint of your food by cutting out the transportation and packaging involved in store-bought produce.

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PrimeTime



Audiobooks help Rosenberg make good use of his time. Here he listens while drying dishes. Photo submitted by Avis Gunther-Rosenberg

Enjoying the *Performance* of *Audiobooks*

Q & A with editor and writer
Alan Rosenberg

by G. WAYNE MILLER
Ocean State Stories

Thanks for agreeing to do this, Alan. There is a lot to discuss. Let's start by getting into some of your pursuits since leaving *The Providence Journal*, where during a long career you rose to the title of Executive Editor. You are an editor at *SlashGear.com*. Tell us about that.

I hadn't thought about how much fun it would be to edit stories about cars, planes, ships, and other tech stuff before I got the job as a news editor with *SlashGear*. But last week I got to edit stories about a newly commissioned class of Chinese warships; how apps like Google Maps and Waze avoid traffic jams; and why current and former U.S. presidents aren't allowed to drive — among many others. We check all the facts in a story as well as correcting spelling and grammar, so our stories are pretty airtight by the time they're posted. I get to suggest stories, too (the story about the Chinese warships was one of my ideas), and I'm about to start training new writers for the site. So *SlashGear* scratches a lot of itches for me.

A true passion of yours is as a reviewer of audiobooks. Along with other duties, you reviewed them for over 20 years while at *The Journal* — and now at the *Warwick Beacon*, *Cranston Herald*, *Johnston SunRise*, *The Reminder*, and *The Valley Breeze Newspapers*. Why audiobooks?

Partly, it's that they help me make good use of my time — I can listen to a book while driving or taking a walk or dealing with the dishes, which I can't do while reading. But it's more than that. Audiobooks have an extra dimension that print books lack — the performance.

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● ROSENBERG to page 16

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The Past Shapes Your Present

Like spring sweeps away winter’s doldrums, it’s time to open the windows to my memories and let the fresh air in. Our journey through life is like a stone wall, built rock by rock, held together by mortar of recollections and experiences. This column has been 65 years in the making and it’s a validation that the past shapes our present.

Recently, I saw the movie, “Twelve Mighty Orphans.” The film chronicles a Depression-era football team of 12 Texas orphans fighting for respect and recognition after being abandoned by their birth parents. Twelve Mighty Orphans brought me back to a past life.

My sister and I lived part of the winter and spring of 1959 at St. Aloysius Home, an orphanage in Greenville. My mother was hospitalized for an extended time and my father had to keep his job in the plating room of a



MY SIDE OF THINGS

by LARRY GRIMALDI

local jewelry manufacturing shop. My sister and I sat silently in a dimly lit, foreboding office while my father made the arrangements for our admission. We spent weekdays St. Aloysius Home; and returned home on weekends. Every Sunday, we would return to St. Aloysius. It must have been very hard on my father.

My ‘bedroom’ at St. Aloysius was a ward. My ‘closet’ was an olive drab metal locker for my clothes and a few personal items. My most prized possession was a brand-new hockey stick my father had bought for me. I looked forward to playing hockey on the frozen pond in the back of the orphanage. It’s the only fond memory I have of my time there.

Every morning, we were ushered into a cavernous bathroom with a long row of sinks to wash up and brush our teeth under the watchful eyes of the religious sisters. After breakfast, we walked to the school building next door. Often, I was called on to encourage my younger sister to eat. It was evident that the trauma of being in the strange and intimidating surroundings affected her deeply.

The plain brick school building did not resemble the gothic structure that housed our Tyler School in the parish of the cavernous Cathedral of Saints Peter and Paul in Providence. The building at St. Aloysius was not the only thing that was unsettling. I had trouble adjusting to new subjects, new teachers, and the new atmosphere. I felt lost and lonely.

● PAST to page 16

New Beginnings



MY MEMOIRS

by SUSAN DEAN

I remember holding this 8 lb. 2 oz. little being in my arms as I was being wheeled from the delivery room to my hospital room in the old Lying-In, the same hospital where I was born.

Rachel had bright red hair - a surprise since I’m blond and her father has dark brown hair. We thought this baby would be either light or dark or somewhere in-between...but red?

But my grandmother was a redhead - not the bright carrot top that Rachel was - my grandmother’s hair was a coppery auburn shade. And my mother was a strawberry blond. So, I guess having a redheaded baby wasn’t so surprising after all. I remember my grandfather, at 89, holding Rachel for the first time when she was just days old.

He said, “She’s like Lydia - her hair.” Lydia being his wife, my grandmother - who had died six years earlier.

I remember wondering about this little new life - her beginnings. How would her years unfold? What would the world look like as she grew? It was a new beginning for me, too, as I began to navigate motherhood for the first time.

We have another new beginning in our family this year. My youngest daughter, Gretchen, gave birth to a beautiful baby girl - Madeline May-Louise. A lot of thinking went into her name.

Madeline was my aunt’s name. As a child I thought it was so old-sounding and felt sorry for her that she was often called “Auntie Mad” by us - her nieces and nephews - although she was anything but. She was sweet and loving, nurturing and caring - never “mad” in any sense.

My daughters were especially close to Aunt Madeline. She provided a listening ear and gave them sage life advice along with sharing her recipes and cook-

ing tips. Gretchen is an occupational therapist and when Aunt Madeline began to physically fail Gretchen helped her adapt at home. Aunt Madeline was a favorite of mine, too. We shared lunch or dinner often - usually at her apartment where she’d create a fabulous meal and we’d talk for hours. Aunt Madeline died in July, 2021 at age 91. She’s still missed by all of us and is remembered with the purest of love.

Gretchen chose to name her new little one after Aunt Madeline, which makes us all smile - so fitting in every way.

Her middle name, May-Louise, was equally thought out and deliberately chosen. Gretchen’s oldest son, Anthony, was born in May, and it’s also my birth month. Gretchen’s second son, Jack, had a medical emergency this past May at 18 months old, a very scary episode where he was rushed to Hasbro by rescue. Jack spent several days intubated and on a ventilator in the pediatric ICU. He recovered fully and is an active and healthy 2-year-old. May was the month when we were frightened beyond words, but then blessed with a miracle, also beyond words.

May was also my grandmother’s middle name - the same one who passed her red hair down to Rachel. And May was also my great-grandmother’s middle name.

Louise was my mother’s name. My mother died in 1995 when Gretchen was 9. Gretchen remembers her, but didn’t have the time to get to know her as fully as her older sisters had. But she remembers the deep love she felt from her grandmother.

My mother often told me that she didn’t like her name - Louise - and I wondered what she’d think about her great-granddaughter being named after her.

This led me to thinking how Madeline might feel, too.

Since Gretchen was having a girl after having two boys, we decided to give her a small shower - a ‘sprinkle’ - just family and close friends. The night before the gathering I was alone in the house. It was a wintry cold night - all was quiet and still. The doorbell rang - just once. I looked out the window and saw no one - no cars, no Amazon truck, nothing. I opened the front door and looked down the street and it was empty. And there were no footprints in the snow. Why did the doorbell ring?

The next morning I was again alone in the house and in the shower - getting ready for the baby shower. While I was in the shower, I heard a noise and saw that the bathroom door had unlatched itself and opened about three inches. There were no breezes, no reason for this to happen. I wasn’t afraid, but I wondered.

Maybe the doorbell ringing and the bathroom door opening were signs due. Did Madeline and Louise - my aunt and my mother - send me these signs to let me know that they’re tickled pink that my new granddaughter shares their names? My aunt and my mother were close friends for more than fifty years - I can picture them laughing together and concocting a way to communicate their approval. It makes me smile.

March - new beginnings that signal the circle of life - birth, growth, death, and signs of rebirth. From the time of Rachel’s March birth heralding her new life as well as my new beginning into motherhood, to Madeline May-Louise’s start in life, to the signs of the earth waking up. There is assurance that life circles on. Not just through the seasons - but through the generations, too. Signs are everywhere and I see them as the earth physically awakens and I feel them also in my heart. I just have to remember to notice.

Combat isolation, check out your local senior center



Last month I ended this column encouraging you to check out a local senior center as one way to learn more about services available to older adults in Rhode Island. This month, I want to make sure you know where to find one. Not every single city or town in Rhode Island has a senior center, but every single city and town has programming for older adults.

How do I know this? The State of Rhode Island allocates funds for Senior Services Supports through its annual budget and those funds are distributed by the Office of Healthy Aging to 51 municipal and community agencies.

Do you know where your senior center or community center is? You can go on-line to the Office of Healthy Aging website, (<https://oha.ri.gov/>), or call the Aging and Disability Resource Center, 401-462-4444 to find one.

As Rhode Island's older adult population has grown, so has the commitment of the State to these important resources. In 2021, when Governor McKee took office, \$800,000 were allocated to these communities. In each budget he has introduced, he has increased the state's investment. So now, in 2025, \$1.4 million was distributed throughout Rhode Island communities. Additionally, in his proposed budget for next year,



by MARIA CIMINI

Governor McKee recommended another increase to bring that amount to \$1.6 million.

Throughout Rhode Island's 39 cities and towns there are centers where you could join a walking club, take an exercise class, learn how to use the latest iPad, share a meal, gain a new skill, volunteer your time, get support with the questions that you have about aging, or simply enjoy time with friends. Each center is unique, just as each community and each older person is unique.

One of the most important things I've come to appreciate since becoming the Director of the Office of Healthy Aging, is the great diversity within our older adult population and programming, from age ranges to center offerings. Each center mirrors the geographic or cultural community it serves.

At the Cranston Senior Center, you could play chess, talk to a nurse, or hone your ballroom dancing skills.

At the Pilgrim Senior Center in Warwick, you could create sculptures, catch a movie, or learn about Medicare plans.

And at the Johnston Senior Center you could play bocce, plant a garden or go to a blood-pressure clinic. At other centers throughout the state, seniors are recording podcasts, painting with watercolors, engag-

ing in intergenerational programs, discussing current events, and more. These are just a few examples.

Senior Services Supports are also used to ensure that older adults can find connection and supports within their own cultural or faith communities. There are centers serv-

In every community of our state, and across every level of government, there is consensus that Rhode Islanders deserve an older adulthood full of learning, fun activities, shared experiences, and thoughtful, individual supports.

ing Southeast Asians, Spanish-speaking individuals, and African immigrants, as well as LGBTQ+ older adults, veterans, rural Rhode Islanders, and individuals with physical disabilities.

In recent years, the Centers for Disease Control and Prevention (CDC) has identified social isolation and/or loneliness as being as great a risk to health as smoking. We all know after decades of surgeon general

reports and scientific research that smoking can be hazardous to your health. Who would've thought that the act of being lonely could have the same impact?

CDC research shows how common it is to feel a lack of social connection. About one third of the older adults in the US report "feeling lonely," and about one quarter of them report "a lack of social and emotional support." Older adults are particularly at risk of loneliness, and that can increase their risk of heart disease, depression, dementia, and type 2 diabetes.

Older adults in Rhode Island, however, are lucky. In every community of our state, and across every level of government, there is consensus that Rhode Islanders deserve an older adulthood full of learning, fun activities, shared experiences, and thoughtful, individual supports. Governor McKee highlights his dedication to that shared goal through his continued support of the Senior Services Supports funding in the state budget. At the 51 community centers across the state, dedicated staff and volunteers make those experiences possible for older adults every day.

So, this column ends as the last one did. There is a place to get answers to your questions, connect to services, develop new interests, and make new friends – at any age! Pop into your local senior center and discover your community.



Tomato Basil Baked Cod

Ingredients From Dave's Marketplace

- 1 lb. Cod Tenderloin
- 1/4 Cup Parsley, chopped
- 2 Tbsp. Olive Oil
- 6 Fresh Basil Leaves, chopped
- 1 Lemon, juiced
- 3 Garlic Cloves, minced
- 1 Pint Grape Tomatoes, halved
- Salt & Pepper

Directions

1. Preheat oven to 425°
2. Place cod & tomatoes in a baking dish, drizzle olive oil all over. Salt & pepper to taste
3. Bake until fish reaches 145°, about 20 minutes
4. Spoon out tomatoes & place in a separate bowl. Add basil, parsley, garlic & lemon juice to tomatoes. Stir until combined then spoon over cooked cod.

Serve with side dishes from our kitchen

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True stories of yesterday, strong novels of the past and present

Absorbing historical sketches by a writer with Rhode Island roots, the latest novel from Anne Tyler, and two more excellent fictional works are among recent audiobooks.

“The Memory Palace: True Short Stories of the Past”

By Nate DiMeo, read by DiMeo, Jad Abramad, Daniel Alarcón, Betsy Brandt, Carrie Coon, Hrishikesh Hirway, Dominic Hoffman, Rebecca Lowman, Roman Mars, Robin Miles, Ryan Reynolds, Kai Ryssdal and Lili Taylor. Random House Audio, 8¾ hours, \$20.

This beautiful, gentle book by a writer and podcaster with deep Rhode Island roots tells the stories of Americans of the past, as well as tales of DiMeo’s own past.

He lived in Providence in his 20s, in a Federal Hill house owned by his grandmother, who couldn’t stand living there after his grandfather died. His mother had grown up in the house, and it was still stuffed with the artifacts and stories that ultimately led him to a career of storytelling. Things that recalled the now-vanished Cafe Baghdad, which his grandfather owned, or his father’s reminiscence of the day a whale showed up in the Providence River and everyone hurried to see it.

DiMeo, who went to Dighton-Rehoboth High School, also recalls playing tour guide in Providence for his friends, and the day he discovered that the Providence River was being moved to create Waterplace Park, reversing the city’s mistake in covering the river with asphalt after it was no longer needed as a port.

There’s more to intrigue Rhode Islanders, too, including a skeptical look at Roger Williams’ friendship with the Narragansett tribe and a one-sentence tale saying simply that the regional headquarters for Otis Elevator in Providence is one story tall.

(Fact check, longer than DiMeo’s story: Otis currently has its office for Rhode Island and parts of Massachusetts at 9 Rocky Hill Rd. in Smithfield, but before that it was at 175 W. River St. in Providence, according to Otis’ Christine Parnell and Peter Ratigan. Both are, indeed, one-story buildings.)

But the book ranges much farther than the Ocean State, all of it adding dimension to those who lived in the past, making real, three-dimensional beings out of those who

came before us. There’s the discovery of insulin treatment for diabetes, for instance, seen through the

lens of a child who was being starved to deal with the disease — the treatment of choice at the time. And the woman who left her farmer husband and made a life, and national celebrity, creating sculptures out of butter.

There’s also Leo the MGM lion (real name: Jackie), who besides roaring at the beginning of movies was sent on a three-year nationwide promotional tour, doing things lions were never meant to do, like letting a little kid shake his paw. And the odd and mysterious history of Plymouth Rock, never mentioned by the Pilgrims in their extensive diaries, and unknown until a plan to build a wharf over the rock spurred a 95-year-old man to remember (or make up?) a story his father had told him about the Pilgrims landing there.

And much more, from the one-liner about Otis Elevator to tales that last far longer.

DiMeo suffered from a severe thyroid condition diagnosed when he was in high school. His work, he tells us, springs from his recognition that we all will die, and the moments count — and stories can bring them to life.

He and his many narrators capture that tone wonderfully, with understated but purposeful readings that get the most out of every tale.

“Three Days in June: A Novel”

By Anne Tyler, read by J. Smith-Cameron. Random House Audio, 4¼ hours, \$20. Also available via any Rhode Island public library.

Gail Baines is expecting a normal end-of-term Friday at the school where she’s assistant headmistress, leading into her daughter’s wedding weekend, when the headmistress calls her into her office and shatters her world.

The headmistress, Gail learns, is about to retire. A new one has already been hired —



by ALAN ROSENBERG

and she’s bringing her own assistant with her.

Gail, it seems, lacks “people skills.”

In this short, sweet novel by Tyler — Pulitzer Prize-winning author of two dozen novels, including “The Accidental Tourist” and “Breathing Lessons” — we get to know Gail pretty well, and the headmistress isn’t wrong. Gail is pretty oblivious to her ex-husband Max, who unexpectedly ends up staying at her house, and her daughter, Debbie, who has some last-minute concerns about her fiancé. In fact, the more we learn about Gail, the more we learn about the clumsiness of her relationships.

But this isn’t out of nastiness, only a certain tone-deafness. And as the weekend unfolds, she’s a sympathetic character in one of Tyler’s typically well-crafted tales.

Smith-Cameron, perhaps best known for her role as steely corporate executive Gerri Kellman in the HBO series “Succession,” here invests Gail with a warmth that goes a long way toward making her self-absorption both believable and understandable.

“The Best Man’s Ghostwriter”

By Matthew Starr, read by a full cast including Glen Powell, Nicholas Braun, Ashley Park, Lance Bass, D’Arcy Carden, Zach Braff, Debra Messing, George Takei, Neil Flynn and Jack McBrayer. Audible Original, 4½ hours, \$24.95 or free with Audible membership, \$7.95 a month.

Come for the all-star cast, stay for the writing and performances.

The cast includes such luminaries as Park (“Emily in Paris”), Bass (NSYNC), Carden (“The Good Place”), Braff and Flynn (“Scrubs”), Takei (“Star Trek”), McBrayer (“30 Rock”) and Rhode Island’s own Debra Messing (“Will & Grace”).

Holding this all together is the lesser-known but skilled Powell as Nate, paid ghostwriter for any best man who can’t come up with the right things to say about the groom. Now Nate is helping Dan, best

man for a “Jackass”-style web influencer — and trying to figure out why he has no best man for his own upcoming wedding since his best friend, Xavier, dumped him.

Starr’s smart, funny, and eventually heart-felt script makes you care about Nate; his fiancée, Ash (Parker); and Dan (Braun). Along the way, Nate offers lots of good advice for any actual best men who might want some tips.

And among the excellent star-studded performances, don’t miss Rhode Island’s own Messing as Nate’s mother, who can turn the chance to ask one question into three without taking a breath.

“Playworld: A Novel”

By Adam Ross, read by Ross. Random House Audio, 22 hours, \$30.

Griffin Hurt is all of these things: an aspiring high school wrestler; the son of a TV-commercial pitchman who has ambitions to be a Broadway star; and a 14-year-old actor playing Peter Proton in the “Nuclear Family” television series.

Griffin is also the subject of interludes with his wrestling coach that go well beyond the mat, as well as increasingly romantic time spent in the car of a woman who’s both a family friend and 22 years his senior.

This complicated Manhattan life forms the backdrop of Griffin’s coming-of-age story, along with his complex relationship with his brother, Oren; the girl he’s obsessed with, Amanda; and various friends who drift in and out of his orbit. And oh, yes, his parents’ troubled marriage.

Ross handles the story well, never letting its ickier portions get so graphic that they overwhelm Griffin’s confusion and desire to find a way through. His reading, with an amusing Noo Yawk accent for the “older woman,” is among the best author performances I’ve heard.

Alan Rosenberg, of Warwick, is a retired executive editor of The Providence Journal and has been reviewing audiobooks for more than two decades. Reach him at AlanRosenbergRI@gmail.com.

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SAVE THE PENNY—AGAIN

by ELAINE DECKER

Here we go again. Periodically we hear proposals to get rid of the penny. There was a major effort in 2014, and I wrote about it then. President Trump has now officially ordered the U.S. mint to stop producing the penny and I've decided to revisit the issue to remind us of the potential consequences.

The first thought that comes to my mind is still: "Where would that leave penny loafers?" I suppose they'd have to become dime loafers; a nickel wouldn't fit in the slot. Actually, I can't remember the last time I saw someone wearing penny loafers, with or without coins, so I don't see this as a major impediment to discontinuing the penny.

The plans to jettison the penny generally propose rounding sales up or down to the nearest nickel (a so-called 'rounding tax' since so many prices end in 99 cents). Some economists are advocating that the government stop minting the nickel, too. If we also drop the nickel, we'll need to round up or down to the nearest dime. It costs 14.5 cents to make a nickel; a penny costs 3.7 cents, which is twice what it costs to make a dime.

Canada discontinued minting its penny in 2012. Their penny is still accepted as legal tender up there, but I suspect that there aren't a lot of Canadian pennies still in circulation. If you're paying with cash, purchases are rounded to the nearest nickel. U.S. banks won't accept the Canadian penny. Based on recent tariff discussions, I doubt the U.S. government will take any comfort in how successful Canada has been in getting rid of their penny.

Another use for the penny that came to my attention recently was using it to measure the tread on your tires. Insert a penny upside down between two of the treads. If any part of Lincoln's head is covered, your tires are still good. If all of his head is visible, the tread is dangerously worn and you

should replace your tires. You may want to keep a few

pennies stashed away somewhere just for this purpose once they've disappeared from circulation.

Even once we stop minting the penny, the U.S. will continue to lose money minting its other coins. Maybe we should become a changeless society. There are some suggestions to that end floating around, as well as some that we should become cashless altogether and just use plastic or some type



The first thought that comes to my mind is still: "Where would that leave penny loafers?" I suppose they'd have to become dime loafers; a nickel wouldn't fit in the slot.

of chip mechanism. If that happens, you can be sure there will be

plenty for me to write about.

If the potential financial costs to consumers aren't enough disincentive for these proposals (pun intended), here are some emotional ones to consider if we remove 'penny' from our collective conscience.

Getting rid of the penny would be the death knell for the penny ante. Not to get too maudlin, but I still have the tin full of pennies that my late mother used when she played poker

with her lady friends. My mother died in 1995, and the last member of her card group died in 2012 at age 103. Their penny tin lives on, as full as it was after their last game.

The title (and lyrics) of the Beatles' song Penny Lane would have to be changed. Somehow Two-Bit Alley just doesn't have the same ring. And if the nickel also gets discontinued, we won't be able to press that into service to replace "Fifth." Saks Nickel Avenue sounds sketchy anyway.

The expression: "I'm like a bad penny; I keep turning up" would lose its meaning. There would be no good pennies, and pennies in general would no longer keep turning up. I'm not sure how we would replace this. "I'm like a discontinued penny; I keep rounding up" comes to mind (but quickly moves on).

Continuing with expressions consider: "For what it's worth, that's my two cents." Turns out your two cents have actually been worth four cents, but what would it be worth now? Would you be "dropping a dime"?

How about your Penny Valentine? If you sent her roses on February 14, would she become your Dime A Dozen Valentine? Whatever you called her and whatever you sent her, what used to cost a pretty penny would now cost an arm and a leg.

It's all just too sad to contemplate. Tissue, anyone?

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Elaine M. Decker's books include Retirement Downsizing—A Humorous Guide, Retirement Sparks, Retirement Sparks Again, Retirement Sparks Redux and CANCER: A Coping Guide. Her essays appear in the anthologies: 80 Things To Do When You Turn 80 and 70 Things To Do When You Turn 70. All are available on Amazon.com. Contact her at: emdecker@ix.netcom.com



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● ROSENBERG from page 11

Some audiobooks today have “narrators” that are not people but AI-generated. Your thoughts on those?

I’ve only listened to one AI-narrated book, but I wasn’t a fan of it. It was a reasonably good facsimile of a human voice, but then it would mispronounce a word or pause in a strange place, which pulled me right out of the story.

How do you choose your titles?

I look first for Rhode Island authors and subjects. There are a surprising number of Rhode Islanders — both established writers like Ann Hood and newer talents like Vanessa Lillie and Riss M. Neilson — who are being published today. And even non-Rhode Islanders will sometimes pick Rhode Island subjects or settings to write about.

Beyond Rhode Island, I try to pick New England-based books. After that, I’m looking for whatever interests me. History, science fiction, mysteries, literary fiction, actors’ autobiographies — there’s a long list. I figure if I’m interested and enjoy a book, I can convey why potential listeners might like it, too.

Also, I try to pick a diverse set of authors and topics, so anyone in my audience can see themselves reflected in the audiobooks over time.

What schooling and jobs did you have before coming to The Providence Journal?

I went to Northwestern University’s Medill School of Journalism, which had and still has a program that places students in newsrooms around the country. I took an unpaid internship with the Herald-Dispatch in Huntington, West Virginia, which led to a paid internship there, which led to one at the Detroit Free Press. And there I was lucky enough to work with Marty Kohn and Carol Stocker, who both had come to the Free Press from The Providence Journal, and who talked a lot about how great both The Journal and Rhode Island were. And, of course, they were right.

Let’s indulge in a bit of nostalgia about The Projo. You and I were there together for about four decades. Any favorite memories?

Oh, gosh, so many. The Journal’s former bureau in Greenville, where I worked with folks like Frank Prosnitz, Debbie Horne, Peter Gosselin and Gregg Krupa. Wandering around the old Providence police station as a young reporter, getting to know the cops and trying to dig out news. Covering both trials of Claus von Bulow, which involved competing with reporters from all over the world. My years in Features, working alongside unforgettable personalities like Andy Smith, Gail Ciampa and Michael Janusonis, just for starters — and where I got to interview William Shatner and Majel Barrett, and review restaurants along with my wife, Avis Gunther-Rosenberg. And working

● PAST from page 11

Thankfully, my mother came home in May and we went back to Tyler School. I can still feel the gentle spring breezes drifting through classrooms with ancient wooden desks with ink wells bolted to the floors. In retrospect, it was a comforting metaphor for a new start.

Even though many years have passed, my time at St. Aloysius remains a part of my present. My wife and I never wanted our children to be uprooted. We wanted to give them the type of childhood devoid of upheaval. And despite some bumps in the road and the usual childhood ‘crises’ we achieved that goal.

We spent countless hours at sporting and cheerleading events. We were very accessible to them, and they knew that they were safe and secure. To this day, our three children maintain a close relationship although my daughter lives in North Providence, one son is in Las Vegas; and my other son just moved to Vero Beach. Like many parents, we did our best to install in them the characteristics that would serve them well in their lives. We are proud that each of them is a generous and caring person.

We have five grandchildren now. I be-



Rosenberg on his last day in the Providence Journal newsroom while cleaning out my office in November 2020. *Photo submitted by Avis Gunther-Rosenberg*

with my team as executive editor, especially Mike McDermott, Michael Delaney and Whitman Littlefield. I guess it’s really the people I remember most fondly.

What do you see as the biggest problem facing journalism today?

When I became The Journal’s executive editor in May of 2017, I wrote that the news media faced “the hostility of a president who has labeled the news media as the nation’s enemy, and the suspicion of those who think he might be right.” Today, journalists face the same conditions, only more so: a president who now seems implacably opposed to fact-based journalism, and is working hard to undermine it, as well as the open scorn of many of his followers. It’s not clear to me how journalists can break through that scorn so that the information on which people base their decisions is factual, rather than being driven by ideology.

Finally, what advice would you have for young and emerging reporters and writers?

Understand that this is a historically hard time to start out and prepare yourself for a long and winding road in trying to make a living as a reporter. Be ready to work long hours for not much pay, if you’re lucky enough to get a job, and to take photos and shoot videos as well as reporting and writing. Make sure you’re building your own brand as well as burnishing your employer’s, because you might find your job evaporating at any moment. And above all, try to conduct yourself ethically in everything you do. It takes a lifetime to build a reputation, and as we’ve seen so often over the last few years, just one false step or ill-considered social-media post to blow it all away.

lieve that my experiences as a temporary resident of St. Aloysius Home, and my wife, as a member of a large, loving family has inspired us to become an important part of their lives. We have joyfully established a very close relationship with our 21-year-old twin granddaughters and our 15-year-old grandson. We are determined to be the same attentive and caring grandparents to our six-year old grandson and three-year-old granddaughter.

The lessons of the past have melded into the present.

Larry Grimaldi is a freelance writer from North Providence. Larry and his wife Kathy are co-authors of “Wandering Across America,” a chronicle of their cross-country road trip, and “Cooking with Mammie,” a collection of family recipes prepared with their grandchildren. He has also written the anthologies, “50 Shades of Life, Love, and Laughter, Volumes I & II.” The anthologies are a collection of previously published columns, used with the permission of Beacon Communications. For more information, or comments, e-mail lvgrimaldi49@gmail.com or visit fruit-hillpublishing.my.canva.site/

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BY JENNIFER COATES

While New England weather can be unpredictable and erratic, there is no doubt about it, spring is just around the corner. Now that we have made it through the worst of winter and March 21st is on the horizon, we see our lawns and properties from a fresh perspective. Patchy and weed-filled lawns that are emerging from the muddy ground, pesky piles of leaves and random sticks that are tangled in bushes, hedges that are beginning to awaken after a season of dormancy, garden beds that should be mulched as seedlings will soon be planted — all of this, and so much more, awaits you as spring begins to bloom in all its glory.

With so many demands on your time this spring, you do not have to tackle all this yardwork on your own. Now is the time to call in the help of Randy Bodick and his crew at Fresh Perspective Land-

scaping. This dynamic team is hard-working, thorough, and trustworthy. Randy, who incorporated this landscaping business in 2019, has been cutting lawns and tending to customers' properties since he was a young teen. He has worked diligently and steadily to build a base of loyal customers and to earn a reputation as someone who will go above and beyond what is asked of him.

One of the things Randy is most proud of is his commitment to communicating with his customers. When you call him, if he is out on the job, you can be 100% certain that he will return your call within 24 hours. In this competitive market, this respect for your time counts for a lot.

In addition to mowing and spring clean-ups, Fresh Perspective Landscaping offers a broad range of services. These include:

- Thatching and aerating your lawn
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- Debris/brush removal

If you need a one-time clean-up or want to get on Randy's weekly or bi-weekly schedule, now is the time to reach out. There are many advantages to setting up a weekly management schedule with Fresh Perspective Landscape — they are reliable, dependable, detail-oriented, professional and respectful. This is a no-hassle approach to lawn maintenance! No reminders are ever needed — if you ask, it will be done.

Business picks up quickly once the season is in full swing and you will not want to miss the opportunity to work with Fresh Perspective. Randy will come to your home or business to give you a free estimate, so call and book your appointment today.

Many will be happy to know that Fresh Perspective also does junk removal. As Randy says "Just make the call, we do it all!" And he really means it.

Fresh Perspective Landscaping and owner Randy Bodick can be reached at 401-558-8688.



Look for this truck in your neighborhood, then give Randy Bodick of Fresh Perspective Landscaping, LLC a call at 401-558-8688 to schedule your Spring clean-up and weekly contract. Fresh Perspective also does junk removal!

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Cooking Up an Honor Flight

The food was good, the company even better and the cause something everyone believed in. The event hosted by St. Mary's Feast Society in Cranston on Sunday was a pasta, meatballs and chicken dinner for the benefit of the Rhode Island Fire Chiefs Honor Flight Hub.

Beacon Media text and photos by John Howell



Members of the St. Mary's Feast Society lined up to cook and serve the meal to benefit Honor Flight "Charlie" on March 30. *Beacon Media photo by John Howell*



Honor Flight has always been a family affair for the Farrell Family. Their granddaughter Giuliana DaSilva finds a moment to play with a straw. *Beacon Media photo by John Howell*



George Farrell, who originated the RI Honor Flights and continues to coordinate them shared the microphone with WWII veteran and Domenic Giarrusso. *Beacon Media photo by John Howell*



Jane Barletta, wife of retired Providence Fire Chief George Farrell who started the RI Honor Flights sold raffle tickets at Sunday's fundraiser. *Beacon Media photo by John Howell*

Honor Flights rely on generosity to keep taking off

By **BARBARA POLICHETTI**

The best day of their lives.

That's what George Farrell, retired Providence fire chief and chairman of the Rhode Island Fire Chiefs Honor Flight Hub, wants to give every single veteran who takes an Honor Flight to Washington, DC to visit the memorials built to commemorate their service.

Farrell, who founded the Rhode Island hub of the nationwide Honor Flight network, considers it his honor and duty to be responsible for the safe passage of veterans who have served their country. "Their families trust us, and we are prepared," Farrell said last week as he was wrapping up preparations for the next trip which will take place on March 30.

Called "Honor Flight 'Charlie,'" this trip will include two 100-year-old veterans of World War II, six Korean War Veterans, and 13 Vietnam Veterans. As on all honor flights, the guests are accompanied by 'guardians'

and medical staff to make sure the trip is as safe as possible.

In preparation for the flight, Farrell was scheduled to be at the St. Mary's Feast Society in Cranston Saturday, where a special fundraising dinner was being held for the Hub.

Every veteran travels free of charge, and Farrell said that donations, sponsors, and special fundraising events like the dinner at the Feast Society are what make the Honor Flights possible.

He noted that this month's trip is named 'Charlie,' because its primary sponsor is North Providence Mayor Charles Lombardi's charitable fund.

"It's our sponsors and local fundraising events like (the dinner) at the Feast Society that enable us to do this," said Farrell who founded the Rhode Island Hub of the national Honor Flight network in 2012. Since then, the state chapter has conducted 31 Honor Flights and transported 925 veterans to the nation's capital.

"By the time I finish the details for one trip, I'm already planning the next," said Farrell who is known statewide for his passion and tireless work to honor Rhode Island veterans.

The cost of each flight varies, he said, and is often dependent on the price he can negotiate with airlines. If he must charter a flight, the price of traveling can be as much as \$80,000, he said, but he is often able to find commercial flights. The guardians who accompany each veteran, as well as others who assist the non-profit Honor Flight organization are almost all volunteers.

"It's our privilege to travel with these veterans," he said, adding that the organization is well aware of the "unbelievable trust" that veterans' families have in the Honor Flight — trusting the organization to keep loved ones safe on what may be the biggest trip they have taken in years.

"Since America felt it was important to build a memorial to the service and ultimate sacrifice

of her veterans, the Honor Flight Network and RI Honor Flight Hub believe it is equally important that they get to visit and experience THEIR memorial," the organization sates as its official philosophy.

The Rhode Island Hub is one of 128 active Hubs in the country. Founded in 2005, the Honor Flight network states on its website that, to date, it has served more than 317,000 veterans "and counting."

Farrell said it is his honor to attend fundraisers such as the dinner at the St. Mary's Feast Society and that he appreciates the sponsors and individual donors who make the Honor Flights possible. "Sometimes in the past we have large sponsors such as Ocean State Job Lot, and we also have local groups that support us with fundraisers," he said. "We are grateful for all the support we receive."

If anyone is interest in contributing to the Rhode Island Honor Flight Hub, they can visit its website at <https://www.rihonorflight.com>.

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5 Time-Saving Cooking Tips for Busy Families

FAMILY FEATURES

When it comes to sit-down family meals, one thing is for certain: It feels like you never have enough time. With your hectic schedule – full days at school and work, afternoon sports practices for the kiddos and plans with friends on the weekends – preparing a home cooked meal everyone will love can be daunting.

However, that time together in the kitchen and at the table is valuable. It offers an opportunity to bond through shared meals and gives kids a chance to learn life skills, such as measuring ingredients, simple cooking methods and properly seasoning favorite dishes. Dining at home also promotes healthier eating habits like portion control.

By rethinking your approach to home cooking, you can bring back family meals for those special moments together. Call your loved ones together and plan for fresh, homemade recipes with these easy steps.

Plan the Menu in Advance

Thinking about the week (or two) ahead can help avoid last-minute decisions to hit the drive thru. Pick a day – many families opt for Sunday evenings – you can sit down together and schedule meals for the upcoming week. If you can, try and plan dishes little ones can help with so the whole family can get involved. Make sure everyone feels included by allowing each member of the family to pick a recipe for the week. Be flexible and keep in mind plans may change. Try to plan at least one recipe you can make in 30 minutes or less so you can be prepared for the unexpected, and remember to take advantage of hands-off cooking methods like the slow cooker.

Use Ready-to-Cook Ingredients

With fresh, flavorful ingredients from The Little Potato Company, busy families have more options to choose from for meals the whole family will love. For easy and delicious oven-roasted or grilled potatoes, A Little Garlic & Parmesan Oven or Grill Ready Little Potatoes deliver a classic garlic and cheese flavor. Perfect for those seeking plant-based options, they're an easy side to serve with your favorite main courses.



Photo courtesy of Shutterstock



Grocery Shop Online

If the thought of hunting the store aisles for that one missing ingredient keeps you awake at night, online grocery shopping can save you the time and hassle. While meal planning for the week, jot down a list of each ingredient you'll need for those recipes then add everything to your digital cart in minutes. Some stores and services even offer delivery so you can collect groceries right off your front porch. An added bonus: Shopping online means you can mindfully plan your shopping list with groceries you actually need.

Take Advantage of Quick Cooking Methods

On those hectic evenings when you don't even have time to let the oven preheat, look to the microwave for salvation. Combining the sweetness of honey with a little heat from chili, A Little Hot Honey Microwave Ready Little Potatoes provide a pop of flavor that's ready in minutes. Simply heat the potatoes in the microwavable tray for 5 minutes, sprinkle on the hot honey seasoning pack and enjoy. Because they come pre-washed, require no peeling and are small enough they don't need to be cut, you can spend less time in the kitchen and more time around the table.

Ask for Help in the Kitchen

Even the simplest of recipes is bound to require a little work in the kitchen. Make cooking at home a family affair by asking loved ones to help set the table, put away leftovers and wash dishes so you can focus on conversation instead of cleanup.

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Puzzle Page



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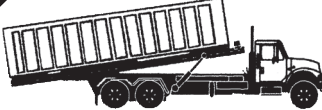


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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

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King Crossword

ACROSS

1 Huck's raft-mate

4 Peeve

8 "Phooey!"

12 Docs' bloc

13 List-ending abbr.

14 Bassoon's kin

15 Dyeing vessel

16 Video-streaming brand

17 Radiate

18 Vulnerable spots

21 Physique

22 Youngster

23 "Taste!"

26 Chaps

27 Brit. sports cars

30 Stretches (out)

31 Polite address

32 Hawaiian coast

33 Speck

34 Aunt, in Mexico

35 Nodded off

36 Cyndi Lauper's "— Bop"

37 Tennis feat

38 Spinning disks used by ceramic artists

45 Latin love

46 Authentic

47 Tic-tac-toe loser

48 Hindu royal

49 Bern's river

50 — carte

51 Journey

52 Dance move

53 Tourist's chart

20 Sweetie

23 "Dilbert" engineer

24 MGM rival

25 Still

26 Soccer's Hamm

27 "The Simpsons" barkeep

28 Econ. statistic

29 Plopped down

31 Western ranges

32 Swiss artist Paul

34 "That'll be — day!"

35 Drag

36 Vegas area

37 Cognizant

38 Fraction

39 Sharif of film

40 Author Morrison

41 Pants part

42 Physical

43 Classic Kinks song

44 Bath bar

DOWN

1 Coffee, slangily

2 Apple since 1998

3 Calc. or trig

4 Red wine

5 "— you so!"

6 Bogus

7 Befuddle

8 Thesaurus compiler

9 Competent

10 Hammer or sickle

11 Gives a darn?

19 Nile wader

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
15				16					17			
18			19					20				
			21				22					
23	24	25				26				27	28	29
30					31				32			
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48					49					50		
51					52					53		

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MAGIC MAZE ● DENNIS THE MENACE

E Q N K H D A X U R P M J G D

A X V S Q N K I H F D A X E V

T Q O M J B T N E H W F C G C

A Y W U R P O E N N A I O L J

H F D B Z S M B R X L D V A T

R Q O M L K M Y Y A T I H H F

D B Z I Y W Y V E O G T R T Q

O N W L K E I L H N B R H R F

D C A Z O X C F F U R W A A W

V U S J R N Q O G I N A O M N

M K J E U S T N U A I H B C F

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: NEXT-DOOR NEIGHBOR MR. —

Alice	Cowboy Bob	Joey	Tommy
Aunt Sue	Gina	Margaret	Uncle Al
Barney	Henry	Martha	Walt
Ben	Hot Dog	Ruff	

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Weekly SUDOKU

Solution time: 21 mins.

6	5	2	3	8	7	9	1	4
5	9	1	3	6	8	2	4	7
4	3	2	1	9	8	5	7	6
2	8	7	6	5	4	3	2	1
7	4	9	8	2	1	5	3	6
1	6	5	4	3	7	2	8	9
9	8	6	5	4	3	2	1	7
3	2	1	9	8	7	6	5	4
8	7	6	5	4	3	2	1	9

Answer

DENNIS THE MENACE

Solution time: 21 mins.

1. ID tag is reversed. 2. Clip is added to lunch box. 3. Leg is moved. 4. Stair railing is different. 5. Foot is moved. 6. Windowpanes are different.

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HOCUS - FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Kids' Maze



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Real Estate

Spring Market is Here!

If you're thinking of putting your home on the market, reach out to me—there are many buyers looking for a home, either single family, condo or multi-family.



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This handy directory lists businesses by category. If you don't see your category, we will happily add it for you.
Call The Reminder at 401-821-2216 for more information.

Save Time with this Recipe for Skillet Lasagna



(Family Features) A warm, cozy meal may seem like a burden to make after busy winter days, but Skillet Lasagna lets you skip the craziness of home cooking with an easy, one-pot solution. Discover more comforting recipes that let you reclaim evenings with loved ones by visiting Culinary.net.

Skillet Lasagna

Recipe courtesy of “Cookin’ Savvy”

Servings: 4-6

- 1 pound ground beef
- 1 tablespoon onion powder
- 1 tablespoon garlic powder
- salt, to taste
- pepper, to taste
- 44 ounces marinara sauce
- 1/2 cup heavy whipping cream
- 1/2 cup ricotta
- 1 1/2 cups frozen spinach
- 9 lasagna noodles
- 1 cup mozzarella cheese
- bread, for serving
- Parmesan cheese (optional)

• In large skillet or Dutch oven, brown ground beef with onion power, garlic powder and salt and pepper, to taste. Drain excess grease. Mix in marinara sauce, heavy whipping cream, ricotta and spinach.

• Break up lasagna noodles and add to skillet. Cover and let set over medium heat 10 minutes. Stir and top with mozzarella cheese. Cover and let set 10 minutes.

• Serve with bread and top with Parmesan cheese, if desired.

Real Estate Transactions

SPONSORED BY



ADDRESS	SELLERS	BUYERS	DATE	PRICE
COVENTRY				
32 Hazard St	Andreoni, Ryan	Karvounis, Lance	2/26	\$410,000
891 Carrs Ln	Tougas, Andrew J and Carr, Robert A	Beck, Mitchell R and Beck, Kate L	2/27	\$480,000
CRANSTON				
11 Bain St	Santos, Andreina	Halley, Nicole M	2/28	\$375,000
1286-R Narragansett Blvd	Dillon, Margaret M	Klipfel, Adam A and Klipfel, Cindy E	2/26	\$900,000
14 Whipple Ave	Rodi, Lisa	Jean, Esmide L	2/28	\$415,000
167 Armington St	Spreiser, Elan J	Payot, Renee and Flores-Perez, Iehsus S	2/26	\$565,000
169 Albert Ave	Ri Hsng & Mtg Fin Corp	Lapierre, Stephen W	2/24	\$1
169 Albert Ave Lot 2158	Ri Hsng & Mtg Fin Corp	Lapierre, Stephen W	2/24	\$1
169 Albert Ave	Lapierre, Stephen W	Smith & Oak Dev Co LLC	2/25	\$589,000
169 Morgan St	Canavan, Tara M and Mills, Phillip	Mills, Isaiah	2/28	\$410,000
17 Loring St	Caramante, Stephanie	Cityview Homes Inc	2/28	\$265,000
175 Hoffman Ave Lot 405	Ragosta, Louis J and Ragosta, Monique D	Relli, Robert	2/26	\$329,000
255 Scituate Ave Lot B	Catanzaro, Anthony	Mayer, Alisha	2/27	\$365,000
44 Delta St	Voller, Ralph M	Libassi, Glenn S and Manchester, Juliana M	2/27	\$400,000
50 Elton Cir	Dominguez, Janice	Chofay, Zachary A	2/28	\$415,000
6 Sweet Corn Dr Lot 6	Rocco J Andreozzi Jr Irt and Andreozzi, Rocco J	Squizzero Ft and Squizzero, Virginia A	2/28	\$560,000
62 Old Spring Rd	14 Prop LLC	Bianco, Philip J	2/26	\$515,000
9 Iroquois Ln	Ri Hsng & Mtg Fin Corp	James J & Cherie A Ferrei	2/24	\$1
95 Ashburton Dr Lot 95	Shemanski Karen T Est and Black, Angela	Costa, Nicole and Costa, Adeline	2/27	\$450,000
956 Oaklawn Ave	Medeiros, David and Lopes-Bueso, Rosendo A	Link, Kimberly A	2/24	\$340,000
EAST GREENWICH				
158 Division St	Oneil, David and Oneil, Samantha T	Allanbrook, Brian and Allanbrook, Kerri	2/28	\$1,300,000
76 Cindynn Dr	Beaudoin, Jason G and Beaudoin, Shelley	Decarli, Kathryn and Decarli, John	2/25	\$1,025,000
98 Division St	Park, Damon and Park, Erica	Gluck, David and Gluck, Jessica	2/28	\$530,000
EXETER				
110 Mail Rd	Lena R Novo RET and Brule, Paul A	North View Farm LLC	2/28	\$1,245,000
125 Stony Ln	Raymond, Katherin M	Chabot, Tyler H and Chabot, Taylor L	2/27	\$558,000
77-A Miskiania Ln	Diuccio, Biagio S and Diuccio, Stephanie S	Miskiania Trail LLC	2/24	\$280,000
JOHNSTON				
16 Mill St	Mccreery, James E	Azylor Build & Design LLC, 3/4	2/28	\$235,000
25 Water St	Benedetto A Broccoli RET and Broccoli, David A	lab LLC	2/28	\$375,000
34 Waveland Ave	Ahem, Colin and Ahern, Elizabeth	Encarnacion, Olga P	2/28	\$480,000

ADDRESS	SELLERS	BUYERS	DATE	PRICE
WARWICK				
1 Lamb Rd	Blais, Elaine M	Compton, Jackson J and Popovic, Sarah Y	2/26	\$430,000
11 Cruise St	Raimondi Jr, Joseph and Raimondi, Bethany	Scott, Jacqueline A and Lai, Timothy H	2/25	\$505,000
1209 Centerville Rd Lot 5	Morgan, Cheryl A and Morgan, Kenneth A	Cleary, Alex E	2/25	\$439,000
127 Bleachery Ct	D&a Prop LLC	Voltaire, Junior	2/28	\$449,000
134 Lindy Ave	Baker, Christopher	Wilkinson, Holly	2/28	\$465,000
147 Grand View Dr	Lamore Jr, Raymond F and Lamore, Lisa K	Liesching, John R and Liesching, Robbyn B	2/27	\$890,500
15 Irene St	Johnston, Scott D and Johnston, Lisa R	Hawkins, Michael and Hawkins, Gay	2/28	\$570,000
19 Elton Ave	Rwr Re Invest Grp LLC	Cannata, Michelle L	2/28	\$399,000
21 Otis St	Resweber, Michael J and Doucette, Nicole	Corkery, Mark S and Rezac, Casey A	2/27	\$390,000
283 Bellman Ave	Lux, Robert and Lux, Norine	Sanchez, Richard S and Castillo, Sylvia S	2/28	\$450,000
299 Palmer Ave Lot 271	North End Rlty LLC	Rodriguez, Justin A and Amadiz, Emmanuel	2/26	\$480,000
299 Palmer Ave Lot 398	North End Rlty LLC	Rodriguez, Justin A and Amadiz, Emmanuel	2/26	\$480,000
325 New London Ave Lot 3B	Discoli, Cheryl	Peters, Gabriel and Peters, Louis	2/28	\$300,000
46 Hagerstown Rd	Santagata, Robert	Monteiro, Tyler and Monteiro, Andreanna	2/28	\$435,000
49 Meadowbrook Ave	Rihdr Inc	Cohen, Matthew A and Lacerda, Sarah R	2/25	\$420,000
53 LloydA ve	Drammeh, Jahou	Faye, Dethie and Leye, Sokhna	2/28	\$425,000
53 Rip Van Winkle Cir	Dispirito, Emilio and Damico, Liana	Rowan, Christopher and Rowan, Christine E	2/26	\$715,000
60 Webb Ave	Frederick Donna L Est and Chappel, Dianne E	Rwr Re Invest Grp LLC	2/26	\$240,000
82 Nolbeth Dr	Amy Rlty	Miller, William S	2/27	\$1
835 Sandy Ln Lot 13	Cmw Prop LLC	White, Caitlin	2/25	\$331,500
85 Amsterdam Ave	Wheaton, Beatrice E	Feeney, Michael	2/26	\$360,000
905 Stratford Ln Lot 905	Cotola, Nicholas J	Altieri, Stephen and Altieri, Melissa	2/25	\$330,000
WEST GREENWICH				
1002 Fish Hill Rd	Andrade, Demetrius	Berlied, Erik and Berlied, Amy N	2/27	\$715,000
2 Pine Grove Ln Lot 2	Relli, Robert J	Gormley, Ilse	2/27	\$550,000
64 Hammitt View Dr	Bourgeois, Susan M	Trowbridge, Heather and Stroer, Andrew	2/24	\$600,000
WEST WARWICK				
1 Kristee Cir Lot 1	Hopkins, James R	Valley, Michael	2/28	\$240,000
101 Scenic Dr Lot 101	Deborah M Santagata RET and Santagata	Deborah M Crowley, Carol	2/28	\$312,250
155 Legris Ave	Rooke, Robert R	Mccaughey, Daniel	2/27	\$437,000
183 Lockwood St	Rombo Robert E Est and Patent, Carol A	Aguiar, Susanne	3/3	\$310,000
212 Lockwood St	Dotson Evellyn A Est and Dotson, Todd L	Wang, Ya W	2/28	\$379,900
25 Park St	David J Magiera T and Magiera, Mark	David J Magiera T and Magiera, Mark	2/27	\$370,000
38 Cowesett Ave Lot 17	Weijlard, Hailey	Minille, Ann	2/28	\$201,500
45 W Valley Cir Lot 45	Residences At West Vly In	Baldassi, Leonard and Baldassi, Mary	2/28	\$457,400
53 W Valley Cir Lot 53	Residences At West Vly In	Lisa B Cohen RET and Cohen, Lisa B	3/3	\$464,954
550 Wakefield St Lot 15,	Vila Nova Realty Dev LLC	Ferreira, Paula C	2/28	\$459,900

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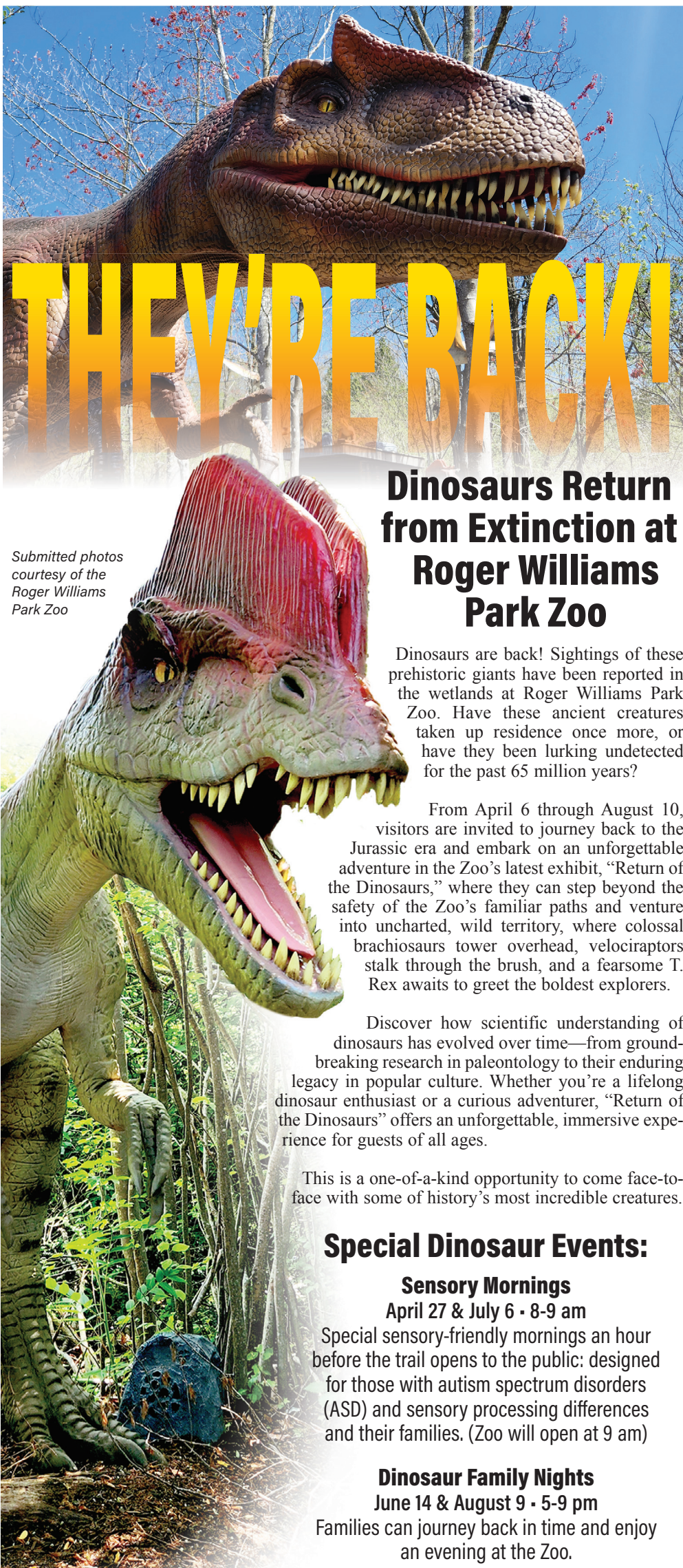
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Entertainment & Events



Dinosaurs Return from Extinction at Roger Williams Park Zoo

Dinosaurs are back! Sightings of these prehistoric giants have been reported in the wetlands at Roger Williams Park Zoo. Have these ancient creatures taken up residence once more, or have they been lurking undetected for the past 65 million years?

From April 6 through August 10, visitors are invited to journey back to the Jurassic era and embark on an unforgettable adventure in the Zoo's latest exhibit, "Return of the Dinosaurs," where they can step beyond the safety of the Zoo's familiar paths and venture into uncharted, wild territory, where colossal brachiosaurs tower overhead, velociraptors stalk through the brush, and a fearsome T. Rex awaits to greet the boldest explorers.

Discover how scientific understanding of dinosaurs has evolved over time—from groundbreaking research in paleontology to their enduring legacy in popular culture. Whether you're a lifelong dinosaur enthusiast or a curious adventurer, "Return of the Dinosaurs" offers an unforgettable, immersive experience for guests of all ages.

This is a one-of-a-kind opportunity to come face-to-face with some of history's most incredible creatures.

Special Dinosaur Events:

Sensory Mornings

April 27 & July 6 • 8-9 am

Special sensory-friendly mornings an hour before the trail opens to the public: designed for those with autism spectrum disorders (ASD) and sensory processing differences and their families. (Zoo will open at 9 am)

Dinosaur Family Nights

June 14 & August 9 • 5-9 pm

Families can journey back in time and enjoy an evening at the Zoo.

• **LEGO bricks withstand compression better than concrete!** An ordinary plastic LEGO brick can support the weight of 375,000 other bricks before it fails, which would theoretically allow you to build a tower nearing 3.5 km in height, but scaling that up to house-size bricks would prove too cost prohibitive.

• **Giraffes are 30 times more likely to get hit by lightning** than people are.

• **Your brain is constantly eating itself**, in a process called phagocytosis, where cells envelop and consume smaller cells or molecules to remove them from the system. Luckily, phagocytosis isn't painful or harmful, but helps preserve gray matter.

Strange BUT TRUE

By Lucie Winborne

• **Identical twins** don't have the same fingerprints.

• **A comet smells like** rotten eggs, urine, burning matches and almonds.

• **Starfish don't have bodies.** Along with other echinoderms such as sea urchins and sand dollars, their entire "bodies" are technically classed as heads.

• **There are roughly three ginger male cats to one ginger female.** The ginger gene is found on the X chromosome, meaning female cats would require two copies of the gene to become ginger while males need just one.

• **Martial artists who smile** before the start of a match are more likely to lose.

• **At a temperature of 54,000 F**, a lightning bolt is five times hotter than the surface of the sun.

Thought for the Day: "All the art of living lies in a fine mingling of letting go and holding on." — Havelock Ellis

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ARIES (March 21 to April 19) Consider moving beyond the usual methods to find a more creative means of handling a difficult on-the-job situation. Avoid confrontation and aim for cooperation instead.

TAURUS (April 20 to May 20) A seasonal change creates a new look for the outdoors. It also inspires Taureans to redo their own environments, so this is a good week to start redoing both your home and workplace. Enjoy!

GEMINI (May 21 to June 20) A misunderstanding needs to be straightened out so the wrong impression isn't allowed to stand. If necessary, offer to support the use of a third party to act as an impartial arbitrator.

CANCER (June 21 to July 22) A career change offering what you want in money and responsibilities could involve moving to a new location. Discuss this with your family members before making a decision.

LEO (July 23 to August 22) Feeling miffed over how you believe you were treated is understandable. But before you decide to "set things straight," make sure that the whole thing wasn't just a misinterpretation of the facts.

VIRGO (August 23 to September 22) Showing you care makes it easier to build trust and gain an advantage in handling a delicate situation. What you learn from this experience will also help you understand yourself better.

LIBRA (September 23 to October 22) Planning for the future is fine, especially if you include the roles that family members may be asked to play. But don't be surprised if some hidden emotions are revealed in the process.

SCORPIO (October 23 to November 21) Making choices highlights much of the week, and you have a head start here, thanks to your ability to grasp the facts of a situation and interpret them in a clear-cut manner.

SAGITTARIUS (November 22 to December 21) Carrying a torch can be a two-way situation: It can either keep you tied to the past or help light your way to the future. The choice, as always, has to be yours.

CAPRICORN (December 22 to January 19) Your watchwords this week are "focus, focus, focus." Don't let yourself be distracted from what you set out to do. There'll be time later to look over other possibilities.

AQUARIUS (January 20 to February 18) A workplace opportunity might require changes that you're not keen on making. Discuss the plusses and minuses with someone familiar with the situation before you make a decision.

PISCES (February 19 to March 20) Love and romance are strong in your aspect this week. If you've already met the right person, expect your relationship to grow. And if you're still looking, odds are, you'll soon be finding what you want!

BORN THIS WEEK: You approach life in a wise and measured manner, which gives you a competitive edge in many areas.

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by Ryan A. Berenz

1. What two NHL teams combined for 18 major penalties for fighting and 144 total penalty minutes in a March 1997 game dubbed "Fight Night at the Joe"?

2. Outfielder Bake McBride won National League Rookie of the Year honors in 1974 playing for what Major League Baseball team?

3. Gymnast George Nissen invented what piece of sports equipment in the 1930s?

4. What boxer died 10 days after being knocked out by Emile Griffith in the 12th round of their welterweight championship bout in March 1962?

5. Name the World Golf Hall of Famer from South Africa who won the U.S. Open in 2001 and 2004.

6. The Helvetic Mercenaries, Nordic Storm, Madrid Bravos and Panthers Wrocław are among the teams in what European-based American football league that played its inaugural season in 2021?

7. Tight end Pete Metzelaars played in four Super Bowls with the Buffalo Bills but didn't earn a championship ring until he was on the coaching staff of what team?

ANSWERS

1. The Colorado Avalanche and the Detroit Red Wings.

2. The St. Louis Cardinals.

3. The modern trampoline.

4. Benny Paret.

5. Retief Goosen.

6. The European League of Football (ELF).

7. The Indianapolis Colts, Super Bowl XLII champions.

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by Jason Major

A diamond ring from the Moon...? Early on the morning of March 14 North America was treated to a "Blood Moon" total lunar eclipse, where the Moon gets covered in a dark red light as it passes through Earth's shadow. But from the Moon, it's *Earth* that passes in front of the *Sun*—and that's exactly what Firefly Aerospace's "Blue Ghost" robotic lander witnessed from the Moon's surface, capturing this rare "diamond ring" view of Earth's brightly ringed silhouette in front of the Sun.



Credit: Firefly Aerospace



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with the purchase of a beverage!
SUNDAY-THURSDAY ONLY

Not valid at IGGY's Doughboys & Chowder House. Not valid with takeout or online orders (including GrubHub, DoorDash, UberEats) or on holidays. Cannot be combined with any offer. Dine-In ONLY with minimum of 2 guests. Excludes all Lobster and 10oz Filet Mignon. No substitutions allowed. Taxes not included in promotion. 20% Gratuity will be added before discount. No separate checks allowed. One time use only. Must purchase a beverage. Show coupon to team member and provide email or phone number upon ordering. Exp. 4/30/25.

IGGY'S BOARDWALK

Monday - Friday 3pm - 6pm

Restrictions do apply

APPY HOUR

1/2 priced appetizers from a select menu

BUCK & SHUCK

\$1 Littlenecks & Oyster



It's Always Summer at IGGY'S

OPEN YEAR ROUND

WARWICK

AND NARRAGANSETT

IGGY'S SPECIAL
A PURCHASE OF \$30 OR MORE

\$5 OFF

Must present coupon at time of order. Valid for in-store food and beverage purchases only at IGGY's Doughboys & Chowder House. This offer cannot be combined with any other offers. Exp. 4/30/25.

ANY TWO DINNERS

Includes: Chowder or Salad,
6 Clam Cakes & 6 Doughboys

\$39.99 plus tax

Not valid at IGGY's Boardwalk, online orders including GrubHub, DoorDash, UberEats) or on holidays. Excludes lobster. Cannot be combined with any offer. No substitutions allowed. Taxes not included in promotion. Participating locations may vary. Show coupon to team member upon ordering. Exp. 4/30/25.

DOORDASH GRUBHUB Uber Eats

ROCH'S

FRESH FOODS

Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE
TO OUR COMMUNITY SINCE 1954

WEEKLY SPECIALS

PRODUCE

Seedless
Navel Oranges

99¢ lb.

Ready to Eat, Fresh Cut
Watermelon **\$3⁹⁹** lb.

Golden Ripe Sweet
Pineapples **\$2⁹⁹** ea.

Large
Mangoes **\$1²⁹** ea.

Long, Green
Asparagus **\$1⁹⁹** lb.

5 lb. Bag
Round White All-Purpose
Potatoes **\$1⁴⁹** ea.



1 lb. Container
Strawberries
\$1⁹⁹ ea.

BUTCHER SHOP

Roch's
Loaded Burgers **\$6⁹⁹** lb.
Bacon & Cheddar or Bacon & Gorgonzola

USDA Inspected Fresh
St. Louis Style
Pork Spareribs **\$3⁹⁹** lb.

*Fire up
the grill!*

Fresh Grade "A"
Boneless & Skinless
Chicken
Thighs **\$2⁶⁹** lb.



GROCERY

12 oz. / 10 ct.
Starbucks Coffee
Whole Bean,
Ground, K-Cup
\$8⁹⁹



8 oz.
Zatarain's
Jambalaya Mix **\$2²⁹** ea.

16 oz. Assorted Varieties
Ken's Dressing **2/\$5**

.9-3.9 oz.
JELL-O Instant
Gel & Pudding **4/\$5**



2.87-5.12 oz.
Sun Chips,
Funyuns,
Doritos
Canisters **2/\$5**

FROZEN FOODS

14.7 oz. 6 ct.
Outshine
Fruit Bars
\$4⁴⁹ ea.



DAIRY

5.4 oz. Laughing Cow
Wedges **\$3⁴⁹** ea.

7 oz. Cabot
Cracker Cuts **2/\$5**

16 oz. Hood
Heavy Cream **\$3²⁹** ea.

DELI

Genoa
Salami **\$8⁹⁹** lb.

Sandwich
Pepperoni **\$6⁹⁹** lb.

Provolone
Cheese **\$5⁹⁹** lb.

Pesto
Tortellini Salad **\$7⁴⁹** lb.



PREPARED FOODS

Teriyaki
Grilled Chicken **\$8⁹⁹** lb.

BBQ Pork
Baby Back Ribs **\$9⁹⁹** lb.

Roasted
Sweet Potatoes **\$5⁶⁹** lb.

Roasted
Butternut Squash **\$5⁶⁹** lb.

Vegetable
Lasagna Entrée **\$8⁹⁹** lb.

BAKERY

St. Pierre
Belgian Waffles
6 ct. **\$6⁴⁹** ea.



20 oz. Table Talk
Crumb Cake NY Style/
Blueberry **\$6⁴⁹** ea.

Half
Parisian Loaf **\$1⁹⁹** ea.

Triple
Chocolate Cookie **\$1⁷⁹** ea.

Local Market Locations:

Visit us online at
www.rochs.com

West Greenwich

10 ARNOLD FARM ROAD
WEST GREENWICH, RI 02817
401-397-7624

HOURS: MON - SAT: 7AM - 7PM SUN: 7AM - 6PM

Narragansett

1183 BOSTON NECK ROAD
NARRAGANSETT, RI 02882
401-284-2900

HOURS: MON - SUN: 7AM - 7PM

Prices
in Effect
March
19-25