



# **january 19th** **Dr. Martin Luther King Jr.** **Day of Community,** **Connection & Commitment**

## **10:00–11:00 AM Mindful & Musical w Miriam Pico**

**The Alluvion, 2nd floor**

Pre-K and young children explore music, rhythm and emotional awareness through the lens of Dr. King's powerful words

## **11:00 AM–2:00 PM Community Artmaking w Laura Adams**

**The Hive, 2nd floor**

Hands-on art projects inspired by Dr. King's teachings. All ages and skill levels are welcome.

## **12:00–2:00 PM FREE COMMUNITY LUNCH**

**Riverside, 1st floor**

A shared meal to nurture conversation, connection, community and commitment

## **2:00–4:00 PM Youth Poetry Slam: “Where We Were, Where We Are, Where We’re Going”**

**The Alluvion**

Bridges poets-in-residence, Joel Fluent Greene and Peace Bell and their student cohort from Northport Public Middle & High School perform original spoken-word creations.

**Roaming musicians: Joe Wilson, Kevin Larose & Jimmy Olson**

**All activities are FREE**

**All ages welcome**

**Commongrounds (414 E. Eighth St.)**

**Sponsored by**

