



NAMIWalks

National Alliance on Mental Illness

**2019 NAMIWalks Greater Mississippi Valley is
Saturday, September 21**

A 5k walk to benefit free family mental health
education and support programs.

Saturday, September 21

Activities 8 am - Step off 9:30 am

Veterans Memorial Park, Bettendorf

www.namiwalks.org/greatermississippivalley

Local Presenting Sponsors:



UnityPoint Health
Trinity

Quad-City
Times
qctimes.com